

State of Minnesota Department of Human Services

Community Supports for Minnesotans with Disabilities 444 Lafayette Road N St. Paul, Minnesota 55155-3825

Minnesota's

elf Determination Project

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A Developmental Disabilities Project Partnership - Blue Earth, Dakota, Olmsted Counties and DHS

October 13, 1997

Tara Barenok
Governor's Council on Developmental
Disabilities
444 Lafayette Road
St. Paul, MN 55155

Dear Tara,

Thank you for attending the first Strategic Resource Committee meeting for Minnesota's Self Determination Project.

The next meeting will be:

Friday, November 14, 1997 9:30 am - 12:00 pm Eagan Lottery Building Lone Oak Road - County Road 26 Eagan, MN

Our main focus at the next meeting will be to give you an update from each of the county sites and to receive your feedback and ideas on a number of issues. In order to give you some time to think about issues, I have enclosed a questions sheet we will be using.

Since our last meeting we have used the small group ideas to assure we are addressing activities, specialized assistance, and training to support and promote self determination. We appreciated feedback and ideas from your perspective and group(s) you represent.

Please find enclosed:

- ►Agenda for the November 14, 1997 meeting
- ►Small workgroup questions/issues sheet
- ► Minutes from the last meeting (includes wall charting notes)
- ▶ An updated committee list
- ▶Directions to the Eagan Lottery Building

In case of inclement weather, please call 612/296-1146 the morning of the meeting for a voice-mail message. The message will provide information concerning the status of the meeting and whether or not it will be held as scheduled. The message will be available by 5:30 am.

Again, thank you for your willingness to participate. If you have questions, please call me at 612/296-1146.

Sincerely,

Barb Roberts

Self Determination Project Coordinator

Barb Poberts

Enclosures

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STRATEGIC RESOURCE COMMITTEE MEETING November 14, 1997 9:30 am - 12:00 pm Eagan Lottery Building

AGENDA

I. INTRODUCTIONS

9:30 am - 9:45

II. SELF DETERMINATION PROJECT UPDATES - COUNTY PRESENTATIONS

9:45 am - 10:30 am

III. BREAK

10:30 am - 10:45 am

IV. BREAKOUT SESSION

10:45 am - 11:15 am

V. SUMMARY OF BREAKOUT SESSIONS - DISCUSSION AND INPUT

11:20 am - 11:50 am

VI. NEXT MEETING AND WRAP-UP

11:50 am - 12:00 pm

A Developmental Disabilities Project Partnership - Blue Earth, Dakota, Olmsted Counties and DHS

BREAK-OUT SESSION --- STRATEGIC RESOURCE COMMITTEE

From the Breakout sessions at the 8/22/97 meeting the following general themes were generated across all groups: What are suggestions to support self determination principles and the Project?

- ▶ Create opportunities for community and current provider education
- ▶ Create incentive for providers to promote true choice Consumers need opportunities to experience the benefits and risks of decision making
- ► Community support/connections need to increase
- ▶The current system needs to be redesigned

What could make self determination happen from your organization's point of view?

- System redesign
- Quality assurance
- ►Identify and eliminate the barriers
- ▶ Develop consumer satisfaction surveys
- Support mentoring and consumer control
- Support informed decision making and choice
- Eliminate the "boxes" for funding and services

Based on this information, the questions on page 2 will be used at the November 14, 1997 meeting to enhance outcomes and provide direction for activities:

EXAMPLE: Form consumer co-ops that develop and implement consumer controlled support services EXAMPLE: Assess interest from consumer self advocacy organizations and people in the neighborhood organization people in the neighborhood organizations and worked in communities 2. Need to know of	EDOM VOUR AND/OR YOUR	WILL A REACTIONS OR ACTIVITIES 1222	WHAT TYPE OF INFORMATION OR SUPPORT DO YOU AND/OR YOUR ORGANIZATION NEED TO PROMOTE THIS OUTCOME?
EXAMPLE: 1. Develop person centered approaches curriculum that providers use as part of their staff training curriculum 2. Develop a consumer resource guide that recognizes provider efforts to promote consumer choice and self determination principles. The guide can be used by consumers when planning and purchasing supports. EXAMPLE: EXAMPLE: Create a provider focus group that serves to brainstorm on methodologies that can promote self determination principles and will promote self determination principles and/or use person centered approaches training curriculums for their staff. 2. Create criteria for including providers in a resource guide for consumers when planning and purchasing supports. EXAMPLE: Talk to legislators and advocacy groups about the benefits of self determination and the need for flexibility and produce a resource guide for consumers. EXAMPLE: Need assistance from Project staff to organize materials/input and produce a resource guide for consumers when planning aund/or use person centered approaches training curriculums for their staff. 2. Create criteria for including providers in a resource guide that is used by consumers when planning and purchasing supports. EXAMPLE: Talk to legislators and advocacy groups about the benefits of self determination and the need for flexibility and produce a resource guide for consumers and/or use person centered approaches and/or use person centere	EXAMPLE: Form consumer co-ops that develop and implement consumer controlled support	Assess interest from consumer sen advocacy organizations and people in the neighborhood for developing consumer support co-ops by	1. Need information on how co-op models have formed and worked in communities 2. Need to know of community business resources that could volunteer their time to assist with training and mentoring to establish
by rayising Minnesota statutes to include line the service delivery system.	1. Develop person centered approaches curriculum that providers use as part of their staff training curriculum 2. Develop a consumer resource guide that recognizes provider efforts to promote consumer choice and self determination principles. The guide can be used by consumers when planning and purchasing supports. EXAMPLE:	brainstorm on methodologies that can promote self determination principles and will create incentives for providers to develop and/or use person centered approaches training curriculums for their staff. 2. Create criteria for including providers in a resource guide that is used by consumers when planning and purchasing supports. EXAMPLE: Talk to legislators and advocacy groups about the self-determination and the need for flexibility	Need assistance from Project staff to organize materials/input and produce a resource guide for consumers EXAMPLE: Need written handouts and supporting facture the benefits of self

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October 14, 1997

Colleen Wieck Governor's Council on Developmental Disabilities 300 Centennial Building 658 Cedar Street St. Paul, MN 55155

Dear Colleen,

The next meeting of the Strategic Resource Committee for Minnesota's Self Determination Project for Persons with Developmental Disabilities will be:

Friday, November 14, 1997 9:30 am - 12:00 pm Eagan Lottery Building Lone Oak Road - County Road 26 Eagan, MN

Our main focus at the next meeting will be to give you an update from each of the county sites and to receive your feedback and ideas on a number of issues. In order to give you some time to think about issues, I have enclosed a questions sheet we will be using.

We have used last meeting's small group ideas to assure we are addressing activities, specialized assistance, and training to support and promote self determination.

We hope you will be able to attend this upcoming meeting. Your feedback and ideas are important. If you have questions please give me a call at 612/296-1146.

Please find enclosed:

- ▶ Agenda for the November 14, 1997 meeting
- ►Small workgroup questions/issues sheet
- Minutes from the last meeting (includes wall charting notes)
- ► An updated committee list
- ▶Directions to the Eagan Lottery Building

In case of inclement weather, please call 612/296-1146 the morning of the meeting for a voice-mail message. The message will provide information concerning the status of the meeting and whether or not it will be held as scheduled. The message will be available by 5:30 am.

Again, thank you for your willingness to participate.

Sincerely,

Barb Roberts

Self Determination Project Coordinator

Barb Roberts

Enclosures

A Developmental Disabilities Project Partnership - Blue Earth, Dakota, Olmsted Counties and DHS

BREAK-OUT SESSION --- STRATEGIC RESOURCE COMMITTEE **NOVEMBER 14, 1997**

From the Breakout sessions at the 8/22/97 meeting the following general themes were generated across all groups:

What are suggestions to support self determination principles and the Project?

- ► Consumers need information
- ▶ Create opportunities for community and current provider education
- ▶ Create incentive for providers to promote true choice
- ▶ Consumers need opportunities to experience the benefits and risks of decision making
- ► Community support/connections need to increase
- ▶The current system needs to be redesigned

What could make self determination happen from your organization's point of view?

- System redesign
- •Quality assurance
- ► Identify and eliminate the barriers
- ▶Develop consumer satisfaction surveys
- ► Support mentoring and consumer control
- Support informed decision making and choice
- Eliminate the "boxes" for funding and services
- ► Invest in technology

Based on this information, the questions on page 2 will be used at the November 14, 1997 meeting to enhance outcomes and provide direction for activities:

FROM YOUR AND/OR YOUR ORGANIZATION'S POINT OF VIEW, WHAT ARE SPECIFIC OUTCOMES YOU WANT TO SEE THAT PROMOTE SELF DETERMINATION PRINCIPLES?	WHAT ARE ACTIONS OR ACTIVITIES THAT YOU AND/OR YOUR ORGANIZATION COULD TAKE TO PROMOTE THIS OUTCOME?	WHAT TYPE OF INFORMATION OR SUPPORT DO YOU AND/OR YOUR ORGANIZATION NEED TO PROMOTE THIS OUTCOME?
EXAMPLE: Form consumer co-ops that develop and implement consumer controlled support services	EXAMPLE: Assess interest from consumer self advocacy organizations and people in the neighborhood for developing consumer support co-ops by hosting a "town meeting", gathering interest inventories, and developing an action plan.	EXAMPLE: 1. Need information on how co-op models have formed and worked in communities 2. Need to know of community business resources that could volunteer their time to assist with training and mentoring to establish a business co-op.
EXAMPLE: 1. Develop person centered approaches curriculum that providers use as part of their staff training curriculum 2. Develop a consumer resource guide that recognizes provider efforts to promote consumer choice and self determination principles. The guide can be used by consumers when planning and purchasing supports. EXAMPLE: Create flexibility for employment services by revising Minnesota statutes to include flexible rate structure.	training curriculums for their start. 2. Create criteria for including providers in a resource guide that is used by consumers when planning and purchasing supports. EXAMPLE: Talk to legislators and advocacy groups about the need for flexibility.	EXAMPLE: Need written handouts and supporting factua

ACO 10/8/97

OCT 20 1997

In Attendance: Linda Soifetcus, Dan Reed, Bob Hafdahl, Tom Alf, Cliff Poetz, Kerry Burak, Bruce Nelson, Lynne Megan, Susan Warwick. Visitor — Barb Roberts.

Barb Roberts - DHS

Self Determination - Presentation

- 17 States working with grant recent National Conference.
- Consider how to participate What do we have to offer? Consider:
 - "Un-bundle service"
 - "Menu-driven by the consumer"

In Minnesota-

- Focusing primarily on Waivered Services. At current time most "usable" service
- "Do things differently..."
- \$400,00 grant for 3 years with matching mechanisms state and county \$'s. Looking to use consultants to support project.
 - Self Advocacy
 - Individual Supports

Self Determination – 3 Components

- 1. Education Needs to happen for consumer, their family, the community
- 2. System Redesign
- 3. Technical Development for Individually Controlled \$s.

Etc. Info:

- Dakota County Working on the "checkbook" model
- Consider liability issues (Committee of S.D. project is working with the issue(s))
- Dan "consider developing model after a trust"
- Service manager who will this person be?
- Consumer as the employer allowing choice- whether or NOT they want to be the employer
 - ? Fiscal Intermediary status, etc.
- Olmsted County looking to take 90% of current spending with the remaining 10% to go into a "risk pool."
- Project is still small. At the end of 3 years 200 individuals are projected to be a part of the project.

Lynne- discussed with the ACO group – study to find all \$'s in the system.

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