



State of Minnesota
Department of Human Services

Community Supports for Minnesotans with Disabilities
444 Lafayette Road N
St. Paul, Minnesota 55155-3825

Minnesota's
Self Determination Project

A Developmental Disabilities Project Partnership - Blue Earth, Dakota, Olmsted Counties and DHS

August 5, 1997

Colleen Wick
Governor's Council on Developmental Disabilities
300 Centennial Building
658 Cedar Street
St Paul, MN 55155

Dear Colleen,

Thank you for your willingness to participate as a member of Minnesota's Self Determination Project Strategic Resource Committee. The first meeting will be:

August 22, 1997
9:30 am - 12:00 pm
Eagan Lottery Building - (Directions enclosed)
Lone Oak Road - County Road 26
Eagan, MN

The purpose of the Strategic Resource Committee is to bring together stakeholders in order to share information about the Project, provide a forum for input regarding Project activities and to assist with developing support frameworks for self determination principles.

The membership representation of this committee consists of advocates, provider organizations, consumers, and consumer organizations, DHS staff, local county project site staff, developmental disabilities support organizations, community business persons, health care representatives, school transition coordinators and legislators.

To give you an overview, the Project's semi-annual report and a general question and answer sheet are enclosed. If you have questions, please give me a call at 612/296-1146.

Again, thank you for your willingness to participate.

Sincerely,

Barb Roberts
Self Determination Project Coordinator

Minnesota's Self Determination Project

A Developmental Disabilities Project Partnership - Blue Earth, Dakota, Olmsted Counties and DHS

STRATEGIC RESOURCE COMMITTEE MEETING MINUTES

August 22, 1997

9:30 am - 12:00 pm

Eagan Lottery Building

Attending:

Mary Jean Babcock, Tara Barenok, Marge Brchan, Milt Conrath, Lee Ann Erickson, Ted Erickson, Katherine Finlayson, John Hastings, Skip Lecy, Linda Leiding, Bruce Nelson, Gerry Nord, Lynn Noren, Darlene Olson, Polly Owens, Barb Roberts, Jim Tausch, Tom Ruff, Diane Spague, Janet Wassman, Rhea Wassman

PURPOSE

The purpose of the Strategic Resource Committee is to bring together stakeholders in order to share information about the Project, provide a forum for input regarding Project activities and to assist with developing support frameworks for self determination principles

INTRODUCTIONS

Committee members were introduced. The willingness of committee members to participate and assist with the Project is appreciated.

SELF DETERMINATION PRESENTATION

Barb gave an overview of the Project. Information was presented on the purpose of self determination projects nationwide; Minnesota's Project focus; summary of the principles; education component, system redesign component, and technical development for individually controlled resources.

BREAK-OUT SESSIONS

Small groups met to address several questions and to provide information on newsletters or communication mediums that the Project might be able to use. Attached are the wall charting notes from the groups.

WALL CHARTING NOTES - Break-out session

Minnesota's Self Determination Project
Strategic Resource Committee Meeting - 8/22/97

Questions Addressed:

1. What are ideas and/or suggestions you have to support self determination Principles and Minnesota's Self Determination Project?
2. From your organization's or your own perspective, what is needed to make self determine happen for persons with developmental disabilities?

(Red Group)

IDEAS/SUGGESTIONS

To Support Principles of Self Determination

- Most Self-Sufficient
- How is information disseminated?
- Information Needed
 - Workable at all levels (*grassroots*)
 - Provider, consumers, systems
 - How to make information useable
E.g., "DHS" What is it, What does it do?
- What do consumers know right now?
- How do we create level understanding of information?
- How do we support, expand, enhance information for providers in moving toward Self Determination for consumers from caretaking framework?
- Balance between broad/information dissemination and limited participation opportunities.
- What are the real and perceived barriers to use of information?

FROM YOUR ORGANIZATION TO WHAT MAKES SELF DETERMINATION HAPPEN?

- DHS • Identify Real barriers within regulation while maintain consumer protection.
- Avoid paternalism, but provide safety, support.
 - QA-How can we identify Quality Assurance? - How do we provide atmosphere that supports Quality Assurance and Self Determination?

- LIC
- Funding streams verses service parameters
 - Can this information and access be simplified?
 - Allow both Risks and Benefits of Decision making for consumers occur.
 - Eliminate System Barriers
 - Get past "judgement" of decisions
 - "Informed" choice verses "good enough" choice.
 - Move away from institutionalized dependency.
 - Recognize experience is necessary to learn.
 - Need to recognize we all make "bad" incorrect, less than best-interest decisions.
 - Need checks and balances between "living" and "system" becomes a barrier.

(Green Group)

IDEAS/SUGGEST

TO SUPPORT SELF DETERMINATION

- Strategic Resource Communication, be spokes people/advocates for self determination throughout the state and within their communities.
- Interface function with 'housing people' in the counties.
- Education and information on housing options for individuals with disabilities, families, providers.
- Keep avenues open for 'generic' community organizations.
- Educate and involve them.
- Allow people to make 'real' choices. Communication among teams needs to be better.
- No rules.
- Expand Community connections.
- Parent/guardian education/support regarding individuals making choices/decision.
- Build conflict resolution/negotiation skills.
- Public education about 'new' use of public dollars. Benefits/risks of people having choice.

WHAT IS NEEDED FOR YOUR ORGANIZATIONS PERSPECTIVE?

- Focus on customer satisfaction TQM (Total Quality Management) factors built in.

- More system changes
- General community support.
- DHS needs input to enact change.
- Actively exploring system redesign and partnering strategies (minds and dollars).
- 'De-programing Teams'
- Compare choices made by support people with those made by individuals we support.

(Yellow Group)

GENERAL SUGGESTIONS

- Get more people involved.
- Continue trend and make more tangible.
- Need to get consumer input "What do people want?"
- Total awareness to regional differences.
 - Assessment of why "it" doesn't work.]
- Increasing education
- What do you want on the menu?
 - Do we really want a menu?
- Common Sense
- Let go of "control"
- Limitations on choice will be there. Ex. Can't spend without limits.
- Responsibility
 - Consumer budgeting vs program budgeting.)
- Dollars controlled "in pockets of consumer".
- Consumers need information and we assure that we have given them the information.
- Need information base.
 - What's there to buy?
- **Liability Issues**
 - Risk verses responsibility
 - Consumers hire people they trust.

- Public concerned about "use" of public funds.
- Need quality enhancement.

AGENCY/ORGANIZATION/SELF PERSPECTIVE

- 1) Balance of risk/benefits
 - Not another welfare reform activity - and only a budget perspective.
- 2) Supporting mentoring and facilitating
 - Building for success
- 3) Move beyond compliance to rules and compete to meet needs.
 - Assure health and safety
- 4) Choices may look the same - which is ok.
 - realization
 - create process
 - to explore something new
- 5) Need an assessment of status quo
 - Real and perceived barriers
- 6) Information for "all"
- 7) Track the money flow
- 8) Consumer control to choose and arrange supports.
- 9) Invest in technology

FROM YOUR AND/OR YOUR ORGANIZATION'S POINT OF VIEW, WHAT ARE SPECIFIC OUTCOMES YOU WANT TO SEE THAT PROMOTE SELF DETERMINATION PRINCIPLES?	WHAT ARE ACTIONS OR ACTIVITIES THAT YOU AND/OR YOUR ORGANIZATION COULD TAKE TO PROMOTE THIS OUTCOME?	WHAT TYPE OF INFORMATION OR SUPPORT DO YOU AND/OR YOUR ORGANIZATION NEED TO PROMOTE THIS OUTCOME?

Minnesota's
Self Determination Project

A Developmental Disabilities Project Partnership - Blue Earth, Dakota, Olmsted Counties and DHS

DIRECTIONS TO THE EAGAN LOTTERY BUILDING

Eagan Lottery Building
Lone Oak Road - County Road 26
Eagan, MN
Phone: 612/456-5454

From North

Go South on Interstate 35E
Exit at Lone Oak Road - Exit 98
Turn left (east) onto Lone Oak Road
Cross Lexington Avenue (traffic light) and it is the large grey building with blue trim on the right.
There is a sign that says Minnesota State Lottery on the west side of the building.

From South

Go North on Interstate 35E
Exit at Lone Oak Road - Exit 98
Turn right (east) onto Lone Oak Road
Cross Lexington Avenue (traffic light) and it is the large grey building with blue trim on the right.
There is a sign that says Minnesota State Lottery on the west side of the building.

From East

Take 494 West to Interstate 35E South
Go south on Interstate 35E
Exit at Lone Oak Road - Exit 98
Turn left (east) onto Lone Oak Road
Cross Lexington Avenue (traffic light) and it is the large grey building with blue trim on the right.
There is a sign that says Minnesota State Lottery on the west side of the building.

From West

Take 494 East to Interstate 35E
Go South on Interstate 35E
Exit at Lone Oak Road - Exit 98
Turn left (east) onto Lone Oak Road
Cross Lexington Avenue (traffic light) and it is the large grey building with blue trim on the right.
There is a sign that says Minnesota State Lottery on the west side of the building.

Minnesota's

Self Determination Project

A Developmental Disabilities Project Partnership - Blue Earth, Dakota, Olmsted Counties and DHS

STRATEGIC RESOURCE COMMITTEE MEETING

August 22, 1997

9:30 am - 12:00 pm

Eagan Lottery Building

AGENDA

I. INTRODUCTIONS

9:30 AM- 9:45 AM

II. SELF DETERMINATION PROJECT PRESENTATION

9:45 AM- 10:30 AM

III. BREAK

10:30 AM - 10:45 AM

IV. BREAKOUT SESSION

10:45AM - 11:15 AM

- ▷ IDEAS/BRAINSTORMING TO SUPPORT SELF DETERMINATION PRINCIPLES
- ▷ WHAT DO CONSUMERS AND STAKEHOLDERS NEED
- ▷ COMMUNICATIONS HANDOUT

V. SUMMARY OF BREAKOUT SESSIONS

11:15 AM - 11:45 AM

VI. NEXT MEETING

11:45 AM - 12:00 PM

- ▷ TOPICS
- ▷ MEETING DATE AND TIME

Minnesota's
Self Determination Project

A Developmental Disabilities Project Partnership - Blue Earth, Dakota, Olmsted Counties and DHS

COMMUNICATIONS AND OUTREACH SURVEY

Minnesota's Self Determination Project continues to look for ways to provide information to persons with developmental disabilities, their support networks, and the community.

DOES YOUR ORGANIZATION HAVE A NEWSLETTER OR A MEDIA METHODOLOGY TO REACH PERSONS WHO MIGHT BE INTERESTED IN MINNESOTA'S SELF DETERMINATION PROJECT?

_____ YES _____ NO

If YES,

WOULD YOUR ORGANIZATION BE INTERESTED IN HAVING SELF DETERMINATION PROJECT INFORMATION SUBMITTED TO YOUR ORGANIZATION FOR DISTRIBUTION?

_____ YES _____ NO

If YES,

Name of Organization _____

Address: _____

Contact Person _____

Phone Number: _____

Deadlines for material submission: _____

Other pertinent information: _____

Please return your "yes" responses and/or direct your questions to:

Barb Roberts, Self Determination Project Coordinator

DHS

444 Lafayette Road

St. Paul, MN 55155

Phone: 612/296-1146

FAX: 612/282-3787

Minnesota's Self Determination Project

A Developmental Disabilities Project Partnership - Blue Earth, Dakota, Olmsted Counties and DHS

DIRECTIONS TO THE EAGAN LOTTERY BUILDING

Eagan Lottery Building
Lone Oak Road - County Road 26
Eagan, MN
Phone: 612/456-5454

From North

Go South on Interstate 35E
Exit at Lone Oak Road - Exit 98
Turn left (east) onto Lone Oak Road
Cross Lexington Avenue (traffic light) and it is the large grey building with blue trim on the right.
There is a sign that says Minnesota State Lottery on the west side of the building.

From South

Go North on Interstate 35E
Exit at Lone Oak Road - Exit 98
Turn right (east) onto Lone Oak Road
Cross Lexington Avenue (traffic light) and it is the large grey building with blue trim on the right.
There is a sign that says Minnesota State Lottery on the west side of the building.

From East

Take 494 West to Interstate 35E South
Go south on Interstate 35E
Exit at Lone Oak Road - Exit 98
Turn left (east) onto Lone Oak Road
Cross Lexington Avenue (traffic light) and it is the large grey building with blue trim on the right.
There is a sign that says Minnesota State Lottery on the west side of the building.

From West

Take 494 East to Interstate 35E
Go South on Interstate 35E
Exit at Lone Oak Road - Exit 98
Turn left (east) onto Lone Oak Road
Cross Lexington Avenue (traffic light) and it is the large grey building with blue trim on the right.
There is a sign that says Minnesota State Lottery on the west side of the building.

Minnesota's Self Determination Project

A Developmental Disabilities Project Partnership - Blue Earth, Dakota, Olmsted Counties and DHS

STRATEGIC RESOURCE COMMITTEE

Breakout Session

8/22/97

Self Determination Project - Breakout Session Questions

1. What are ideas and /or suggestions you have to support self determination principles and Minnesota's Self Determination Project (i.e. activities, specialized assistance, training or support for identified groups, etc)
2. From your organization's or your own knowledge perspective, what is needed to make self determination happen for persons with developmental disabilities?
3. How can the Project use established communication links? If you have a newsletter or periodic flyer, would your group be willing to let the Project submit articles, or provide Project updates? If yes, please fill out the communications information form in the folders and return at your earliest convenience.

Minnesota's Self Determination Project

A Developmental Disabilities Project Partnership - Blue Earth, Dakota, Olmsted Counties and DHS

STRATEGIC RESOURCE COMMITTEE MEETING MINUTES

August 22, 1997

9:30 am - 12:00 pm

Eagan Lottery Building

Attending:

Mary Jean Babcock, Tara Barenok, Marge Brchan, Milt Conrath, Lee Ann Erickson, Ted Erickson, Katherine Finlayson, John Hastings, Skip Lecy, Linda Leiding, Bruce Nelson, Gerry Nord, Lynn Noren, Darlene Olson, Polly Owens, Barb Roberts, Jim Tausch, Tom Ruff, Diane Spague, Janet Wassman, Rhea Wassman

PURPOSE

The purpose of the Strategic Resource Committee is to bring together stakeholders in order to share information about the Project, provide a forum for input regarding Project activities and to assist with developing support frameworks for self determination principles

INTRODUCTIONS

Committee members were introduced. The willingness of committee members to participate and assist with the Project is appreciated.

SELF DETERMINATION PRESENTATION

Barb gave an overview of the Project. Information was presented on the purpose of self determination projects nationwide; Minnesota's Project focus; summary of the principles; education component, system redesign component, and technical development for individually controlled resources.

BREAK-OUT SESSIONS

Small groups met to address several questions and to provide information on newsletters or communication mediums that the Project might be able to use. Attached are the wall charting notes from the groups.

WALL CHARTING NOTES - Break-out session

Minnesota's Self Determination Project
Strategic Resource Committee Meeting - 8/22/97

Questions Addressed:

1. What are ideas and/or suggestions you have to support self determination Principles and Minnesota's Self Determination Project?
2. From your organization's or your own perspective, what is needed to make self determine happen for persons with developmental disabilities?

(Red Group)

IDEAS/SUGGESTIONS

To Support Principles of Self Determination

- Most Self-Sufficient
- How is information disseminated?
- Information Needed
 - Workable at all levels (*grassroots*)
 - Provider, consumers, systems
 - How to make information useable
E.g., "DHS" What is it, What does it do?
- What do consumers know right now?
- How do we create level understanding of information?
- How do we support, expand, enhance information for providers in moving toward Self Determination for consumers from caretaking framework?
- Balance between broad/information dissemination and limited participation opportunities.
- What are the real and perceived barriers to use of information?

FROM YOUR ORGANIZATION TO WHAT MAKES SELF DETERMINATION HAPPEN?

- DHS • Identify Real barriers within regulation while maintain consumer protection.
- Avoid paternalism, but provide safety, support.
 - QA-How can we identify Quality Assurance? - How do we provide atmosphere that supports Quality Assurance and Self Determination?

- LIC
- Funding streams verses service parameters
 - Can this information and access be simplified?
 - Allow both Risks and Benefits of Decision making for consumers occur.
 - Eliminate System Barriers
 - Get past "judgement" of decisions
 - "Informed" choice verses "good enough" choice.
 - Move away from institutionalized dependency.
 - Recognize experience is necessary to learn.
 - Need to recognize we all make "bad" incorrect, less than best-interest" decisions.
 - Need checks and balances between "living" and "system" becomes a barrier.

(Green Group)

IDEAS/SUGGEST

TO SUPPORT SELF DETERMINATION

- Strategic Resource Communication, be spokes people/advocates for self determination throughout the state and within their communities.
- Interface function with 'housing people' in the counties.
- Education and information on housing options for individuals with disabilities, families, providers.
- Keep avenues open for 'generic' community organizations.
- Educate and involve them.
- Allow people to make 'real' choices. Communication among teams needs to be better.
- No rules.
- Expand Community connections.
- Parent/guardian education/support regarding individuals making choices/decision.
- Build conflict resolution/negotiation skills.
- Public education about 'new' use of public dollars. Benefits/risks of people having choice.

WHAT IS NEEDED FOR YOUR ORGANIZATIONS PERSPECTIVE?

- Focus on customer satisfaction TQM (Total Quality Management) factors built in.

- More system changes
- General community support.
- DHS needs input to enact change.
- Actively exploring system redesign and partnering strategies (minds and dollars).
- 'De-programing Teams'
- Compare choices made by support people with those made by individuals we support.

(Yellow Group)

GENERAL SUGGESTIONS

- Get more people involved.
- Continue trend and make more tangible.
- Need to get consumer input "What do people want?"
- Total awareness to regional differences.
 - Assessment of why "it" doesn't work.
- Increasing education
- What do you want on the menu?
 - Do we really want a menu?
- Common Sense
- Let go of "control"
- Limitations on choice will be there. Ex. Can't spend without limits.
- Responsibility
 - Consumer budgeting vs program budgeting.
- Dollars controlled "in pockets of consumer".
- Consumers need information and we assure that we have given them the information.
- Need information base.
 - What's there to buy?
- **Liability Issues**
 - Risk verses responsibility
 - Consumers hire people they trust.

- Public concerned about "use" of public funds.
- Need quality enhancement.

AGENCY/ORGANIZATION/SELF PERSPECTIVE

- 1) Balance of risk/benefits
 - Not another welfare reform activity - and only a budget perspective.
- 2) Supporting mentoring and facilitating
 - Building for success
- 3) Move beyond compliance to rules and compete to meet needs.
 - Assure health and safety
- 4) Choices may look the same - which is ok.
 - realization
 - create process
 - to explore something new
- 5) Need an assessment of status quo
 - Real and perceived barriers
- 6) Information for "all"
- 7) Track the money flow
- 8) Consumer control to choose and arrange supports.
- 9) Invest in technology

Minnesota's
Self Determination Project

A Developmental Disabilities Project Partnership - Blue Earth, Dakota, Olmsted Counties and DHS

DIRECTIONS TO THE EAGAN LOTTERY BUILDING

Eagan Lottery Building
Lone Oak Road - County Road 26
Eagan, MN
Phone: 612/456-5454

From North

Go South on Interstate 35E
Exit at Lone Oak Road - Exit 98
Turn left (east) onto Lone Oak Road
Cross Lexington Avenue (traffic light) and it is the large grey building with blue trim on the right.
There is a sign that says Minnesota State Lottery on the west side of the building.

From South

Go North on Interstate 35E
Exit at Lone Oak Road - Exit 98
Turn right (east) onto Lone Oak Road
Cross Lexington Avenue (traffic light) and it is the large grey building with blue trim on the right.
There is a sign that says Minnesota State Lottery on the west side of the building.

From East

Take 494 West to Interstate 35E South
Go south on Interstate 35E
Exit at Lone Oak Road - Exit 98
Turn left (east) onto Lone Oak Road
Cross Lexington Avenue (traffic light) and it is the large grey building with blue trim on the right.
There is a sign that says Minnesota State Lottery on the west side of the building.

From West

Take 494 East to Interstate 35E
Go South on Interstate 35E
Exit at Lone Oak Road - Exit 98
Turn left (east) onto Lone Oak Road
Cross Lexington Avenue (traffic light) and it is the large grey building with blue trim on the right.
There is a sign that says Minnesota State Lottery on the west side of the building.

MINNESOTA'S SELF DETERMINATION PROJECT
STRATEGIC RESOURCE COMMITTEE MEMBERS -NOVEMBER 1997

Mary Jean Babcock
ARC Suburban
1526 E. 122nd Street
Burnsville, MN 55337
612/890-3057

Tara Barenok
Governor's Council on Developmental Disabilities
300 Centennial Building
658 Cedar Street
St. Paul, MN 55155

Marge Brchan
DHS - Consumer and Family Support
444 Lafayette Road
St. Paul, MN 55155
612/296-2274

Karen Courtney
Dakota County - Self Determination Project
Dakota County Community Services
161 N. Concord Exchange - Suite 400
South St. Paul, MN 55075
612/552-3046

Lee Ann Erickson
Rt. 2 Box 186
Sherburne, MN 56171
507/764-6894
Parent and advocate

Katherine Finlayson
DHS - Guardianship
444 Lafayette Road
St. Paul, MN 55155
612/296-2168

David Sherwood Gabrielson
DRS
390 N. Robert St.
St. Paul, MN 55108
612/296-9150

Page 2

Ella Gross
Institute for Minority Development
310 East 38th Street
Minneapolis, MN 55409
612/824-1125

John Hastings
DHS
444 Lafayette Road
St. Paul, MN 55155
612/296-6963

Ann Henry
Legal Advocacy for Persons with Developmental Disabilities
430 1st Avenue North, Suite 300
Minneapolis, MN 55401
612/332-1441

Debra Kildahl
Minnesota HomeCare Association
1711 W. County Road B
Suite 209N
St. Paul, MN 55113
612/635-0607

Skip Lecy
ACR Homes
2055 Rice Street
St. Paul, MN 55133
612/488-9991

Linda Leiding
MRCI Mankato
15 Map Drive
Mankato, MN 56001
507/386-5642

Laura Kelly Lovdahl
DHS - Licensing
444 Pine St.
St. Paul, MN 55155
612/296-8849

Page 3

Troy Mangan
DHS - Demonstration Project for People with Disabilities
444 Lafayette Road
St. Paul, MN 55155
612/297-5885

Dan McCarthy
DHS - Strategic Projects Coordinator
444 Lafayette Road
St. Paul, MN 55155
612/296-2136

Steve Monson
Opportunity Partners
500 Opportunity Court
Minnetonka, MN 55343
612/938-5511
(MinnDACA)
612/647-9200

Bruce Hall Nelson
ARRM
26 East Exchange Street
Suite 503
St. Paul MN 55101
612/291-1086

Gerry Nord
DHS- Demonstration Project for People with Disabilities
444 Lafayette Road
St. Paul, MN 55155
612/297-3828

Lynn Noren
RISE
8406 Sunset Road
Spring Lake Park, MN 55432
612/362-4403

Page 4

Darlene Olson
DHS - Consumer and Family Support
444 Lafayette Road
St. Paul, MN 55155
612/215-1813

Polly Owens
Olmsted County - Self Determination Project
Olmsted County Community Services
2116 Campus Drive SE - Suite 22
Rochester, MN 55904
507/287-2629

Trish Reedstrom
Blue Earth County - Self Determination Project
Blue Earth County Human Services
Government Center
P. O. Box 3526
Mankato, MN 56002
507/389-8459

Barb Roberts
DHS - Self Determination Project
444 Lafayette Road
St. Paul, MN 55155
612/296-1146

Sue Stout
Minnesota Nurses Association
1295 Bandana Blvd. N.
Suite 140
St. Paul, MN 55108
612/646-4807

James Tausch
Ombudsman's Office for Mental Health and Mental Retardation
1235 Highway 293
Cambridge, MN 55008
612/689-7155

Page 5

Tom Ruff
CIP
1600 NE Broadway Street, Suite One
Minneapolis, MN 55413
612/362-4403
(SILS Assoc.)

Diane Sprague
Minnesota Housing and Finance Agency
400 Sibley Street - Suite 300
St. Paul, MN 55101
612/296-2257

Jane Wells-Lawrence
CIP
1600 NE Broadway Street, Suite One
Minneapolis, MN 55413
612/362-4437

Janet Wassman
429 State Street - Apt. 204
Mankato, MN 56001
507/345-1542
Parent and advocate

Colleen Wieck
Governor's Council on Developmental Disabilities
300 Centennial Building
658 Cedar Street
St. Paul, MN 55155
612/296-9964