

Self Determination Projects

Purpose Nationwide

- Enhance options for persons with DD to choose
 - Supports
 - Housing options
 - Employment opportunities
- Improve quality of life
- Cost effectiveness

Self Determination Projects

normalization

comm. integration - day program

informed choice

all the states are at diff. levels

formal/informal networks of support

Coke vs. seven-up = **CHOICE**

Self Determination Projects

Purpose Nationwide

- Individuality
- Realizing different ways to support choice/control over lives
- Support change
- Instill creative thinking

Self Determination Projects

Minnesota's Project

- 3 year grant from Robert Wood Johnson Foundation
- \$400,000
- 3 Project Counties
 - Blue Earth
 - Dakota
 - Olmsted

Minnesota's Project

making change - an added layer vs going beyond the status quo

Self Determination

Self Determination

Principles

- Freedom -
 - Planning a life with support rather than purchasing a program
 - Supporting informed choice / decision making
 - Choosing who to plan with

More than checking a box

Self Determination

Self Determination

Principles

- Support
 - Formal and informal resources
 - Assistance for living a life individually chosen
 - Growing/living/working in the community, not in program systems

room for expanding

Self Determination

Self Determination

Principles

- Authority
 - Individualized choice
 - Control over resources to purchase supports
 - Act and communicate

Self Determination

Principles

- Responsibility
 - Acceptance of benefits and risks ✓
 - Accountability for spending public money in ways that assure health and safety and that are life enhancing
vulnerability

Self Determination

Minnesota's Project

Improvement Using Principles

- Management and administration of services
- Service financing and design
- Access to services
- Quality assurance
- Redesigning systems/roles

Minnesota's Project

*more grassroots effort
expanding horizons (if
wanted
not "making" people
self determined*

Minnesota's Project

Role of the Project

- Support change
- Instill creative thinking
- Enhance options to choose
- Bring together ideas and resources

Minnesota's Project

Minnesota's Project

Focus

- Education
- System redesign
- Technical development for individually controlled resources ?

Minnesota's Project

Controlling a budget
- vouchers, etc
individualized

Education Component

- Education and training to support change
- Assure
 - Consumers, their supports and the community receive and understand
 - self determination principles
 - how to apply principles
 - making informed choices
 - person-centered planning
 - quality assurance
 - related topics

Education Component

7\$

Education Component

Materials and Methodologies

- Consumer/audience friendly
- Accessible
- Compliment choice and decision making
- Mentoring and support facilitators
- Self advocacy
- Community connections

Education Component

System Redesign Component

- Support individuality
- Move from regulation based to relationship based
- Informed and supported consumers
- Assurances of health and safety
- Simplification
 - Unbundling for cost effective purchasing
 - Easy access to chosen supports

System Redesign Component

challenging

incentives for change

Purchasing Strategies

- Individually controlled resources
- Individualized purchasing to meet identified needs
- Technical assistance
 - Liability
 - Taxes and fiscal intermediaries
 - Reporting and tracking

Purchasing Strategies

What Will It Take??

- Consumer education
- Consumer self advocacy
- Consumers defining quality and satisfaction
- Reducing regulation
- Training and technical assistance
- "Grass roots" efforts

What Will It Take??

→ experience

What Will It Take?

- Consumer control
 - Funds
 - Purchasing
 - Planning
- Shift and share responsibility
- Establishing working and support networks
- Identifying strengths and challenges
- AND ????????

What Will It Take?

public guardianship