This model of Person-Centered Planning is based on the following truths.

- 1) Humans are spiritual, emotional, mental, and physical human beings.
- 2) All human beings are unique individuals.
- 3) Identity formation is a ongoing activity that begins at conception and ends at death.
- 4) All humans have the same spiritual, emotional, mental, and physical needs which are satisfied in a culturally-specific manner.
- 5) All human beings have the same inherent rights.
- 6) A sense of self is necessary to communicate preferences and/or to make decision.
- 7) Skills, information, and emotional freedom support the capacity of the individual.
- 8) Actions, thoughts, and feelings are value-based.

The following wheels produce a descriptive framework to discuss the supports and services human's may need. This descriptive approach is culturally competent because it does not prescribe how the supports are to happen. The Individualized Plan is culturally appropriate if the consumer/family does have control of amount and type of support plus providers and support staff. The competitiveness created with the consumer/family in control of the dollars will push agencies to become culturally competent to remain in business.

In communities where institutionalized oppression has a stronghold and/or where diversity is viewed as wrong, families will hesitate to purchase the supports they need or receive supports which create harmful environments.

In answering the twelve questions posed by the four Person-Centered Planning wheels which produce a generic template that would apply to any human.

An Individualized Plan would:

- 1) List any additional skills, more information, or further steps to create an emotionally safe environment for the individual.
- 2) List as present levels of performance; proficient skills, acquired information, components to creating an emotionally safe environment that are in place.
- 3) The remaining items would be the individual's needs.
- 4) Prioritize the individual's needs.
- 5) Decide which needs will be addressed under the plan.
- 6) Decide the manner in which the needs will be met.
- 7) Evaluate the plan according to "Does The Plan" wheel. Make adjustments as necessary.
- 8) Complete the Periodic Review.
- 9) If progress is not being made to meet the objectives of the plan, evaluate the planning process according to "Problem Solving: Staffing, Implementation, Goal and Objectives" wheels and make the necessary adjustment.

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Person Centered Planning

Spiritual Quadrant

What Individual SKills does 15 capable the individual E of forming F quality relationships need to communicate preferences with other andlor to make individuals and decisions pertaining the systems operating in his her to his/her relationships? What will allow What information I the individual to does the individual N feel good about need to communicate! Communicating preferences and/or preferences and/or to make decisionsm make decisions pertaining to pertaining to her/his his/her relationships. relationskips?

Person Centered Planning

Emotional Quadrant

EIndividual What IS CAPABLE SKills does of accepting the individual his/her need to communicately reality/ /preferences and/or circumstances. make decisions pertaining to his/her reality/circum stances? What will allow What information the individual does the individual P to feel good about communicating need to communicate? preferences and/orm preferences andfor make decisions making decisions pertaining to pertaining to his/her his/her reglity/ reality/ circumstances? circum stanceum

Person Centered Planning Mental Quadrant

EIndividual What SK: 11s does I IS CAPABLE /the individual heed to communicate learning concepts preferences and/or and/or make decisions acquiring pertaining to his/her information. learning and/or acquiring information? What information What will allow does the individual the individual to feel good about communicating preferences and/or need to communicates preferences and/orm make decisions his/her/earningN pertaining to making decistions pertainingto and for acquiring on his/her/earning information? s and for acquiring In formation?

Person Centered Planning

Physical Quadrant

Individual What SK: 11s does IS CAPABLE the individual of providing/ need to communicate L utilizing housing, food, clothing, preferences and lor 5 make decisions and mental, pertaining to his/her physical, and physical needs? dental care. I E What will allow Whatinformation of the individual to I feel good about does the individual need to communicate R o teer y m N communicating preferences and lor preferences and lor making decisions making decisions F making decision pertaining to pertaining to his/her his/her physical physical reeds? needs?

Consumer-controlled Housing

Individual Communicate II Individua preference of SF 15 capable of controlling make decision his/her own regarding serve/Im Recognize that rence of ALL housing options are not all housing options are housing of ALL housing options.

Not all housing options. housing choice. Discuss/observe/ experience

Consumer-Controlled Budgets

CommunicateII eference Individual preference is capable andlor plan a budget, Keep controlling spending within his/her own the budget, revise budget. as neccessary. m Recognize that Discuss/observe/ experience budgets are comparative limited, consist, purchasing, financial of discretionary investing, and non-discretionary purchasing and pay ment items and methods. are flexible.

Consumer Education and Support

Individual E 15 capable Advocacy, Leadership, participating e ross in consumer-Cultural driver system SKills. of services and supports. Discuss/observe/ EM Sense of Self experience OTI Mentorship Legislated Emotionally rights, Funding streams safe environ ments procedures, N Grevience

Consumer-Controlled Type and amounts of Supports

CommunicateI Individual preference and/or identifys F is capable of controlling Supports to satify the type and his/herneeds, determineamount amounts of of support needed, his/her supports. revise as neccessary. Types of supports of types of supports

To satisfy the ATE and the amount

Individual's OF supports is

needs Discuss/observe/I Recognize that E based on the needs of the individual, m and that one's needs eusvary over one's Lifespan.

Consumer-Controlled Providers and Support STAFF

Communicater Individual preferences is capable and/or describes of choosing his/her needs, service select agency that providers satisfics needs, ders and Support and staff, change provider, otaff, agency Staff. as neccessary Recognize that Discuss/observe/ experience even though providerand credentials and skills are, critical, they "f:+" and agencies that n do not describe provider and staff provide services E and supports of temperment and theindividual attitude. needs.