

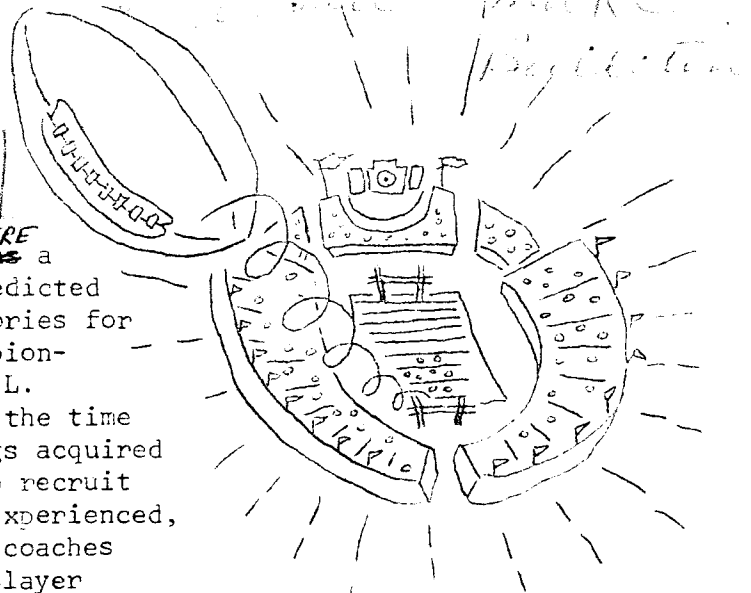
FARIBAULT STATE HOSPITAL VS.

THE MINNESOTA VIKINGS

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Past MARC President

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MARC  
Bulletin*

Nine years ago, the Minnesota Vikings <sup>WERE</sup> ~~was~~ a new expansion team which the experts predicted would taste many more defeats than victories for many years, and might never attain championship status. Today the Vikings are N.F.L. champions and may be world champions by the time you read this article. Why? The Vikings acquired a new coach, Bud Grant, who proceeded to recruit assistant coaches who were successful, experienced, and well-educated and trained men. The coaches retained the best, old and experienced player personnel and recruited new outstanding players. Of most importance, the coaches and players were strongly unified and motivated to become winners and not losers.



For many years, Minn.ARC and MARC and many parents whose retarded children resided at Faribault helped fight many battles for Faribault with the greatest hope in their hearts for championship status, but rather, tasted many more bitter defeats than victories. For too many years, Faribault's fans in the Governor's office, Minnesota Dept. of Public Welfare, the State Legislature, Depts. of Health and Education, the U of M and other colleges, and parents and tax-payers would not pay the price of admission to see it play, let alone field a championship team. As a result, although Faribault has had in the past some outstanding coaches and player personnel, it has never had enough of either, let alone a proper residential stadium or enough shoulder pads, footballs and other equipment, to outfit the coaches, player-staff, or residents.

This may come as a shock to you, but the Faribault coaches think it can become a champion, and so do a number of us of MARC who recently spent an exciting and thrilling Saturday morning and afternoon at the Faribault stadium listening to and talking with some of the coaches and top player personnel and seeing the residents in action.

What has happened at Faribault? Well, it first hired a new coach, Dr. Roger Johnson, a winner, who proceeded to recruit and hire some very talented and extremely successful assistant coaches such as Harold Gillespie, Hospital Administrator; Eric Errickson, Program Director; Bill Saufferer, Director of Training and Personnel; Orville Berg, Director of Rehabilitation; 8 new doctors; 3 new psychologists; and a physical therapist (the first in Faribault's history). Dr. Johnson has also recruited and hired some part-time consultant coaches in the fields of medicine, neurology, psychology and psychiatry, from the U of M, Vets and other hospitals and from private clinics.

Next, the coaches, who believe in winning and not losing, realize that every player-employee at Faribault needed to be equally motivated and also trained to execute some new plays. Faribault now views films and TV as do the Vikings; Faribault spends many hours in study and training and at their skull sessions discusses only what must be done and what Faribault can do for the individual residents, and never discusses what Faribault can't do for the retarded. Faribault has instituted a new day activity center program throughout most of its stadium. It isn't what it should be, but what an improvement over what it was! I saw a young man a few years *(more)*

## FARIBAULT STATE HOSPITAL VS. THE MINNESOTA VIKINGS (cont'd)

ago who was a a "biter" living in Dakota Building. A few weeks ago I saw this young man well groomed and actively participating in a day activity center program. The answer for this young man was program.

Faribault will no longer accept baby-sitting and care-taking as its primary responsibilities. Rather, its goal is proper programming in a home-like atmosphere for each resident. Although the staff will readily and honestly admit there is still too much socially non-acceptable behavior among its residents, nevertheless there has been a decrease in anti-social behavior, and more and more of its residents are now being taught to tie their shoes, bathe, dress, talk and walk.

Although Faribault has received several federal grants, the H.I.P. grant is probably the most exciting. Faribault took about 12 profoundly retarded girls from Holly Cottage and placed them in one cottage with a rather large, professionally-trained staff. We saw these girls well behaved, groomed and dressed, and eagerly participating in a day activity center program.

Faribault has also employed approximately 10 of its former residents as full-time workers at the institution. Each must and does live off campus. It was really thrilling to see your and my dear friend, Peter Smith, who together with another former resident, had just completed furnishing an apartment in the city of Faribault. Peter was eagerly looking forward to the following Monday and his new job at Faribault State Hospital. We also saw a number of talented, young, part-time employees, some housewives and college students, working with the young boys and girls on a one-to-one and very small group basis. We saw one building in particular where the residents made all of their own Christmas decorations without any help from the staff. The decorations may not have been quite as artistic, but the pride and satisfaction among the Daisy ladies was thrilling to see.

Although the Faribault stadium is still old and antiquated and in need of substantial renovation, if you haven't met the new coaches and player personnel at Faribault, do so. They want to meet you. They want you involved in what they are doing and what they want to do. They desire your support at the Faribault and tax-paying gates. They are winners -- not losers. Faribault is on the road to a championship team. It can't lose if you and I give it the much-needed fan support it so richly deserves. If the Vikes did it in 9 years, let's help Faribault do it in 6!

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### FEBRUARY IS MEMBERSHIP MONTH



MARC MEMBERS ARE REMINDED THAT  
FEBRUARY IS MEMBERSHIP MONTH.

DURING FEBRUARY, YOU WILL BE  
ASKED TO RENEW YOUR MEMBERSHIP  
AND TO RECRUIT A NEW MEMBER FOR  
THE ASSOCIATION.

WATCH FOR THE FEBRUARY ISSUE OF  
THE MARC "TIMES" -- A SPECIAL  
MEMBERSHIP ISSUE!