

Institution Menu for week of Nov. 17
Dietitian: Miss Enid Boyes

FARIBAULT STATE SCHOOL AND HOSPITAL
FARIBAULT, MINNESOTA

Day	Thurs. Nov. 17	Wed. Nov. 18	Thurs. Nov. 19	Fri. Nov. 20	Sat. Nov. 21	Sun.
Fruit	*Orange Juice	*Blended Juice	*Orange Juice	*Stewed Prunes	*Orange Juice	*Kadon *Plu *Rice *Far *Grap
Cereal	*Wheatos	*Wheat Flakes (Farina)	*Farina	*Whole Wheat	*Oatmeal	
Eggs and/or Meat	*Soft Cooked Egg	*Bacon	*Apple Oatmeal Coffee Cake	*Soft Cooked Egg	*Parsin Coffee Cake	
Toast and Butter	*Toast and Butter	*Toast and Butter	*Toast and Butter	*Toast and Butter	*Toast and Butter	*Toas *Coffee
Coffee and Milk	*Coffee and Milk	*Coffee and Milk	*Coffee and Milk	*Coffee and Milk	*Coffee and Milk	
Soup			*French Onion Soup			
Meat or Fish	*Salmon Loaf	*Roast Beef	*Veal Pattie	*Baked Cod w/ Creole Sauce	*Beef Stroganoff *(Ground Beef)	*Porc *Bal *Masi
Potatoes	*Parsley Creamed	*Steamed w/ Gravy	*Steamed	*Steamed	*Spaghetti *(Mashed)	
Vegetable	*Mixed Vegetables *(Peas)	*Harvard Beets *(Spinach)	*Mashed Rutabagas	*W.K. Corn *(Tomatoes)	*Lettuce, Spinach, Cauliflower	*Tomat
Salad	*Lettuce, Turnip, Carrot w/ French	*Sliced Dills		*Celery Sticks		
Bread and Butter	*Bread and Butter	*Bread and Butter	*Finnish Bread and Butter	*Bread and Butter	*Bread and Butter	
Dessert	*Orange Tapioca	*Chocolate Ice Cream	*Vanilla Pudding	*Peach Crisp *(Pureed Peaches)	*White Cake w/ Coconut Icing	*Panc
Milk	*Coffee or Milk Cr. of Split Pea Soup	*Nectar	*Tea or Milk	*Coffee or Milk	*Cocoa	*Coff Cr. C
Main Dish	*Bologna Sliced Cheese	*Jambalaya *(Rice)	*Bacon *(Mashed)	*Vegetable Casserole *(Mashed)	*Fritjoles *(Rice)	*Ham S *Sav *(Maf *(Cra
Vegetable	*Potato Chlps *(Cheese Rarebit)	*Mex Beans	*Baked Potato *(Ground Beef)	*Beets *(Cottage Cheese)	*Cole Slaw	
Salad		*Fruit Slaw	*Lettuce, Peas, Chinese Cabbage w/ French Dress.	*Sunset Salad		
Bread and Butter	*Bread and Butter	*Bread and Butter	*Bread and Butter	*Rye Bread and Butter	*Bread and Butter	
Dessert	*Apple Pie	*Prune Cake w/ Mocha Icing	*Pear Halves	*Parsin Rice Pud.	*Apple (Sauce)	*Pear *Coc *Milk
Milk	*Milk	*Milk	*Milk	*Milk	*Milk	

*Indicates infirmary menu

Reminder -- Check each item for adequacy. ✓ adequate; + too much; - too little; include how much you received if too much meal.

Record your refrigerator temperature before breakfast and after supper on the menu. Return the menu to the dietitian at the