

## REHABILITATION THERAPIES DEPARTMENT

### June 1961 Monthly Report

During the month of June the Rehabilitation Therapies Department continued to serve the residents of the Faribault State School and Hospital, Aiming at furthering the residents' social adjustment and development, these activities are provided through central and dormitory schedules.

The Recreation Therapies staff in June conducted or assisted at the following central activities:

- 5 Protestant and 3 Catholic Services
- 5 Outdoor Social Dance Programs
- 38 Central Playground Programs
- 5 Women's Intramural Softball Games
- 1 Women Resident's versus Women Employee's Softball Game
- 6 Boys Softball Instruction Programs
- 4 Men's Intramural Softball Games
- 3 Men Resident's versus Visitor's Softball Games
- 1 Men Resident's Out-of-Town Softball Game
- 4 Evening Playground Programs for Mixed Adults
- 2 Special entertainment Programs
- 10 Resident's Picnic Programs
- 75 Dormitory Movie Programs

The entire population of over 3200 experienced the joy of participating; at picnics expressly arranged for each of the various levels and age groups. A total of nineteen picnics were conducted this year, nine during May and ten in June. Of the nineteen picnics, twelve were held in the immediate building areas and seven on the central playground and in the adjacent wooded picnic area. As a feature of their picnic program, five of the children's cottages and four of the infirmary cottages received an hours' bus tour of the nearby lakes. The resident band under the direction of a recreation staff member also entertained at five cottages for the infirm.

In addition to previous carnival games, two new amusements were added to this year's picnics. A novel ring-toss intrigued many, wherein the player sought to ring embroidery hoops over graduated lengths of 2x4 wood secured upright on a 4x5 table. The rules of the game varied dependant upon the skill of the particular group participating. In some instances jewelry was fastened to each wood post and the player was given three chances to ring a prize. Regardless of how the game or rule was altered, a tall and difficult post to ring always had a choice and desired item fastened to it. Surprisingly, the prize was won more often than thought possible! The second game, a duck pond constructed of a tractor tire halved circularly, had in it numbered ducks floating in water. Each participant won a prize upon selection, its value dependant upon the number concealed on the underside of the duck.

Prizes at this year's picnic were again plentiful, each and every picnicker received prizes, and many returned to their cottages gaits laden, thanks to our numerous friends and benefactors. Stocks remaining after last Christmas at the Cedric Adams Gift Center were fine-toothed and sorted for any and all sundry items considered appropriate as picnic prizes. Set aside, these items adequately satisfied the residents seasonal needs, such as sun-tan lotion, sun-glasses, summer apparel, sand-box toys, and so forth.

The Recreation Therapies Department In June after completion of the resident's picnic program, has been concentrating as best it is able, upon a full schedule of summer

central and dormitory activities. The central playground has been a bee-hive of liveliness each week with thirteen playground programs, three evenings of Softball games and two sessions of softball instruction for junior and teen-age boys. A street dance attended by approximately 600 residents is held every Sunday evening in the area north of the warehouse. Dormitory activities are in the main comprised of nature outings in the woods, fishing excursions to the river bordering the institution, roller-skating, and softball.

The Recreation Therapies Department has been short-staffed due to two female vacancies, that of a leader in East Grove Division and a worker in Skinner Division, and the leave-of-absence granted. June 2nd to Mrs. Effie Paquette, patient Activities Leader I assigned to Skinner Division. With heartfelt appreciation the Recreation Therapies staff welcomes the assistance of three students assigned to the department on June 13th. Two of the young ladies, Miss Mary Viitanen and Miss Patricia Donnelly are between them, daily alternating their recreation duties at Cedar and Spruce, both cottages for young girls. Miss Janet Martinson has been designated to work with the Mohawk boys and the Osage infirm men and young boys. Too, the students alternate among themselves on Saturday and Sunday in working with the young children on the Hospital 3rd floor and at Pino Cottage. Two evenings each week the students are in charge at the central playground to conduct and supervise play activities for the women of Daisy cottage and for selected mixed adult groups. The assistance of these young ladies has served admirably in helping to fill the recreative needs in short-staffed areas.

Recently a volunteer group of young men and women representing the St. John's Luther League of Northfield, while visiting at a Sunday evening outdoor social dance, noted the inadequacy of the microphone in use. After inquiry and approval, the group as one of its charitable projects donated a new microphone and standard. The Recreation Therapies staff is most pleased in having the mike. It is more directional and surpasses the old one in all respects. Volunteer group projects, such as that of the Luther League, have contributed greatly to the improvement of recreation facilities and, moreover, have been to the advantage and pleasure of our residents.

On Sunday evening, June 18, outdoors in the area between Fern and Rose cottages, the Roving Unit of the Minneapolis Aquatennial presented a highly entertaining variety program. The spectators were especially impressed by the musical-comedy acts.

One hundred and twenty male residents were privileged to attend a softball game at Bell Field featuring the world famous "Four man Softball Team" as guests of the Faribault Knights of Columbus on June 19th. Before the game the pitcher and star of the club purposely went out of his way to visit with the residents. After the game he thanked everyone for attending and then gave special recognition to our men stating "and especially to the one hundred and twenty men sitting in the bleachers." This attention was, of course, well received by our men. Such public recognition may possibly have awakened the spectators from the community to the normality of our residents' interests and needs.

Mr. Casey Knobel, a novice magician from White Bear Lake, appeared on stage at Rogers auditorium on June 26. Both the morning and afternoon audience was spellbound by Mr. Knobel's clever presentation of magic tricks, and speculation still abounds as to his methods of trickery! Every resident not on a work assignment attended the Monday program.

On Sunday, June 25th, a very special treat was made possible by the Military Order of Cooties, Pup Tent #14 of Minneapolis when our mens' and womens' softball teams, the Allstars and the Staters, saw the New York Yankees play the Minnesota Twins. The Cooties provided the bus, tickets, treats at the game and a delicious turkey dinner for the group.

On June 27th at the regularly scheduled evening Softball game conducted at the central ball field, the Faribault V.F.W. team was defeated by our patients', Allstars, 19 to 6.

Mr. Jerry Johnson, patient Activities Leader I assigned to Sunnyside Division, was on military leave with the National Guard Unit from June 10 through June 23.

was on vacation.

Mrs. Kennedy's two classes for younger schoolgirls have been combined for the summer because many of the girls are on vacation. The remaining class session is used for sewing rags and surplus material to be used for weaving rugs. One girl who has

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to having surgery on her hand and now works \_\_\_\_ activities which will give exercise to this hand. \_\_\_\_ is also scheduled in Occupational Therapy, and the two programs are closely correlated to give her the necessary activities to aid in rehabilitation.

The following items were completed in sewing classes: two blouses, two pair pajamas, two aprons, one jumper, one dress and one progress bag. One girl, \_\_\_\_, was recently added to one of the sewing classes. She shows promise of doing very good work and is progressing rapidly. Previous experience in sewing was limited but she shows interest as well as above average skill and should eventually be able to perform all the steps required in making a garment without assistance.

Beginning June 12, Miss Luch Pfab, a student in the Gustavies program began working with Handicrafts and O.T. Since she had no previous crafts experience, she spent approximately two days learning a number of basic crafts and reading pertinent material on Handicrafts and Occupational Therapy. She now assists in both of these areas. When the second student begins work in July, the two will be responsible for setting up a word handicraft program along with other activities.

In Industrial Therapy school boys were utilized on half day basis for the purpose of weeding in the garden. Meetings are continued in the Hospital kitchen on a weekly basis: and seem to be getting the desired results. Forty Lake Owasso details dropped from roll due to transfer to Cambridge jurisdiction.

The barbering service gave 325 shaves and 1860 haircuts. The cosmetologists gave 487 haircuts, 80 permanents and 144 finger waves in June. For the past seven months one of our barbers has daily clipped the neck of Gerald Demhof of Huron. This patient is subject to boils and as these boils heal, unless the hair is kept short, they become infected. The Charge Aide of the building made this request with the approval of the Division Physician.

In-service training for the month include: June 7 - Case review abstracts and discussion of an article on recreation; June 18 - Mr. Saufferer-new nay scales; June 14 - Case review abstracts, new admits; June 21 - Case review abstracts, new admits; June 27 - Mr. Krafve--Administrative services; June 28 - Case review

In Occupational Therapy the enrollment is now 22. This includes 12 patients with physical disabilities, 9 who are psychiatric or behavior problems and one who is working on speech. No patients were discontinued during the month. Of those seen, three are post-surgery and one is referred for evaluation. All of these are relatively-short term patients. Others in the group should have a long term rehabilitation program. Many of the patients who are now seen are working with adaptive equipment made in O.T.

A new tricycle has been added and we recently acquired a barber's chair through a volunteer group. The base of this chair will be used in constructing an adjustable standing table.

On June 12, Miss Blon and Mr. Berg met with Mrs. Haugh and Dr. Bruhl to discuss future treatment plans for Occupational Therapy patients in their buildings. On June 20, at