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FIFTH BIENNIAL REPORT

OF THE

State Board of Control

OF

MINNESOTA

Period Ending July 31, 1910

1910
SYNDICATE PRINTING COMPANY
MINNEAPOLIS, MINN.

To the Governor and the Legislature:

Pursuant to the provisions of law, the State Board of Control herewith respectfully submits its Fifth Biennial Report covering the period ending July 31, 1910, together with the reports of the Chief Executive Officers, in whole or in part, under its control.

CHAS. HALVORSON.

P. M. RINGDAL.

CHAS. E. VASATY.

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women. Since that time the board has given further consideration to the subject. As a result we do not care to renew this recommendation. Public opinion would not, we believe, long tolerate even the improved condition which such a building would insure. This is manifest from the popular demand which resulted in the entire separation of the sexes at the State Training School at Red Wing. After further consideration of the subject, we would now recommend the establishment of a separate institution for women offenders. In order to meet the demand for economy, we would respectfully suggest that such an institution could be created with two separate departments, one to be known and used as a reformatory and the other as a prison. While this might not prove a permanent solution of the question, it would at least be a vast improvement over the present situation, and would meet all essential requirements until such time in the distant future as the population of the state would justify the separation of the two departments into two distinct institutions.

HOME FOR THE AGED AND SENILE.

To our recommendation in this connection made two years ago, we firmly adhere. Our hospitals and asylums for the insane have been, and are, and always will continue to be, clogged with this class of cases, for whose care there is no proper provision and who seriously interfere with the proper treatment of the insane, until such time as the two classes shall be separated and each cared for under such conditions as will best serve their respective needs. Under our present practice our alleged insane population is increasing more rapidly than the facilities for their care, enormous as have been the appropriations for that purpose. The overcrowding is now so great that the board finds itself compelled to recommend large appropriations for additional buildings at the Anoka and Hastings asylums in order to relieve to some extent the congested condition of all the state hospitals for the insane. If provision is made, however, for the immediate erection of a home for senile dementia cases, with a capacity of from 500 to 1,000 persons, these appropriations will not now be necessary. Indeed, we are of the opinion that if an institution is developed for the care of all senile cases now charges of the state, or that may become such in the future, our institutions for the insane need not have their capacity increased for some years to come. The expense cannot be avoided. It is merely a question of whether the funds expended shall be used in such a way as to bring the best results to the unfortunate beneficiaries, or whether they shall continue to be expended under a system which falls short of accomplishing the best possible results.

We also repeat our recommendation that such an institution should be made self-supporting by a proper charge made against the respective counties in the first instance; these to be reimbursed from the estates of the patients themselves, from the relatives liable for their care and support under present laws; or, in case of indigency, from the town or city liable therefor.

Should the legislature, after full consideration of the subject, decide to continue the present system, steps should be taken immediately to acquire

a site for a fourth hospital for the insane, located preferably in the north-eastern quarter of the state easily accessible from its most thickly populated districts.

COUNTY SUPPORT OF THE INSANE.

This board has repeatedly called attention to the intolerable condition resulting from the state's present and long-continued policy of assuming the entire expense for the care of the insane. This policy has led to abuses in several directions. To begin with, it results in many commitments of our own people who are not proper subjects and who can derive no benefit from the treatment afforded at hospitals for the insane. While this is wrong from every standpoint, were this the only result there would at least be some satisfaction in knowing that the money taken from the people in the form of taxes was expended for the care of residents of our own state who have at least some semblance of a legal right to such benefits; but the state virtually issues invitations to the residents of other states to send their unfortunate relatives here to be cared for at the expense of the taxpayers of Minnesota under a mistaken belief that the individual citizens and minor political divisions are saving money in the operation. We sincerely hope that the next legislature will put an end to this spectacle. In our judgment the effectual way to do this is to make the counties in the first instance responsible for at least one-half of the cost of maintenance of their patients, with power to reimburse themselves in the same way as recommended elsewhere in senile dementia cases.

DETENTION HOSPITALS.

We believe it is a matter for congratulation that the Detention Hospital has been made a feature in the care of the insane in this state. It marks a step toward the time when hospitals for the insane will be on the same plane in the minds of the public as the general hospitals, simply a place where persons who have a certain malady are to be cared for and cured if possible, not a place where admission involves in the minds of many the idea of disgrace. This feeling that there is something of disgrace in mental affliction is one of the heritages of many years in many lands, when the insane were thought to be accursed and were treated and cared for as criminals. In the arrest, the placing of insane in jail for safekeeping, and their transportation to the hospital by the chief peace officer of the county, the sheriff, is still to be seen a relic of former customs. Those features of the new law covering the Detention Hospital which provide for the admission to the hospital without the forms resembling the trial of the prisoner and the voluntary entrance on the part of anyone who feels himself in need of treatment, are great steps in advance. When all the detention hospitals are established and sufficient time has elapsed to give the general public acquaintance with the results accomplished, it will be found that a wider knowledge of the splendid work that has been and is being done by the state hospitals for the insane will help to eradicate the inherited prejudices. Much has been done in this direction through the system of looking after the paroled insane by reliable and experienced agents, and the work of the detention hospitals will aid materially.

buildings previously built and to form the center with the school buildings as wings. In addition to affording a much needed building for auditorium purposes, it will give opportunity to abandon the use of the old assembly room on the upper floor of the old administration building, which has been a source of danger for many years past. The state is to be congratulated on providing a safe place for these children in which to gather for the necessary school exercises and amusements, and on the fact that a disaster has not occurred through the use of the old assembly hall. The amount of the contract for the erection of this building is \$59,018.

In addition to the above the girls' trades building is being enlarged and rearranged so as to give better facilities for teaching the girls useful hand training. The contract cost of this improvement is \$3,975.

A new oven has also been purchased, at a cost of \$1,450.00, which will be installed in this building in place of the old oven which was worn out.

A new cold storage building has been erected the contract cost of which was \$2,145.

A new refrigerator has been installed therein at a cost of \$1,150.00.

SCHOOL FOR FEEBLE-MINDED, FARIBAULT.

At this institution a large amount of construction work has been carried on partly under contract and partly on state account—the latter being largely of such a character as to make the letting of it under contract impracticable by reason of the fact that it consisted of much tearing out and reconstructing of piping and steam equipment, tunnel construction, etc.—where the labor of inmates could be utilized to good advantage under the direction of a competent superintendent of construction, such as we are fortunate to have at this institution.

The following additions and improvements to the Mechanical Equipment have been purchased under contract:

One water tube boiler.....	\$3,600.00
Three water tube boilers.....	9,917.00
Four chain grate stokers.....	5,795.00
One water softener.....	3,000.00
Boiler feed and vacuum pumps.....	1,090.00
Steam piping, etc.....	1,335.00
Induced draft fan.....	450.00

The total amount expended for improvements of similar character on state account, as above stated, is \$30,803.29.

An addition has been built to the Girls' Custodial Building affording accommodations for one hundred girls. The amount of contract was \$25,740.

A working Girls' Building is now in the course of construction, the contract for the erection of which was let in May, 1910, at a cost of \$38,512.

A Working Boys' Cottage has been built under a contract amounting to \$24,297.

Plans are being considered for one or more additional buildings, or additions to buildings previously constructed, but up to date of this report these have not advanced to a point where a definite report can be made. It is aimed to have these contracted for and completed within the ensuing fiscal year.

STATE PUBLIC SCHOOL, OWATONNA.

The work of grading and building cement walks, for which an appropriation of \$1,000 was made by the 1909 legislature, has been partly carried out. The cost of the work done up to the end of the biennial period was \$786.80. The balance of the work will be done during the ensuing fiscal year.

New plumbing and bathing apparatus for various cottages has been installed under a contract amounting to \$4,171.50.

Additional tunnels, piping, etc., have been provided under a contract amounting to \$6,250.

New furniture, including a piano, has been purchased to the amount of \$1,851.86.

Additional farm implements and stock have been purchased to the amount of \$752.50.

A hot-water pump and two deep well pumps have been purchased.

A babies' cottage has been repaired and sun rooms have been added to the hospital, the contract for this work amounting to \$3,385.

The heating work for the babies' cottage was done under contract for the sum of \$1,560.

STATE TRAINING SCHOOL, RED WING.

The superintendent's cottage, for which an appropriation of \$6,000 was made by the legislature of 1909, was undertaken before the end of the biennial period, and is now in the course of construction. The work is being done by some of the larger boys under the direction of the institution carpenter. It is hoped to have this building completed before the end of the present calendar year.

STATE REFORMATORY, ST. CLOUD.

Under the appropriation for electric wiring and steam service the following improvements have been made:

Rewiring at the institution.....	\$6,344.40
Engine	1,574.00
Generator	1,055.00
Hot water heater for institution.....	457.50
Hot water heater for superintendent's residence.....	180.00
Fittings, connections, electric conduit, etc.....	1,958.89

Administration building: A considerable amount of work has been done on this building during the biennial period. Up to the present time all the labor performed has been by inmates. The tile for the construction of the floors was purchased, and the work of erecting has been, as stated, performed by inmate labor. The amount expended in carrying on the work up to the end of the biennial period was \$14,141.96. The balance of the work under the appropriation made two years ago, being largely interior finish requiring skilled labor, will be let under contract. The plans for this work are rapidly approaching completion, and it is the intention to ask for bids at an early date. The amount appropriated will not be sufficient to complete the building, and an additional appropriation will be required for that purpose.

repairs are made at once. The superintendent of construction who passed the faulty work has been dismissed from the state's service.

Altogether about sixty acres of land have been cleared of wood which has been used for fuel. After repeated attempts to let the grubbing by contract at a reasonable figure, the board undertook the experiment of having some of it done by day labor. The cost proved prohibitive, partly because of the number of stumps per acre and partly because of the nature of the soil, which proved very stony. At this time steps are being taken to provide the institution with a stump puller and an extra horse, which it is hoped will result in more satisfactory progress than has heretofore been made, and at a cost which will bear some reasonable proportion to the value of the land when cleared.

So far all the milk used at this institution has been bought and transported from a distance. The cost attached is large as milk is a feature of the diet of the Sanatorium for Consumptives. The sanatorium land is well adapted for dairying purposes, and a barn will be erected during the coming fall, and a start made on a good herd of cows.

HOSPITAL FOR INDIGENT, CRIPPLED AND DEFORMED CHILDREN.

As per authority granted by Chap. 37, G. L. 1909, the board has caused the old Maternity Building, so called, located on the site of the above-named institution, to be removed. The place occupied by it has been added to the children's playground.

An open-air sleeping cottage has been constructed for the use of tubercular children. It is a light affair, the frame being constructed of angle iron, and the walls of ordinary wire fly screen. The cost of the improvement was \$550.00.

In connection with the institution there is now being erected on the state's property at Phalen Park a sanatorium and school building, in accordance with the provisions of Chap. 130, G. L. 1909. The amount of the contract for its erection was \$48,265.00. It will have capacity for the proper housing and instruction of fifty children.

It being necessary for convenient access to the building, as well as to make possible connections with the City's water system, that the street in front of the institution should be graded, negotiations with the city of St. Paul were entered into with a view to having this work done.

The title to the land along one side of the proposed improvement being vested in the state and a part of that on the other side being the property of an educational institution, neither subject to taxation, we were advised that the taxing power of the city under its charter was not sufficient to meet the requirements. It being obvious that the building, being erected, could not be made use of without water and convenient road connections, the board, on the advice of the Attorney General that it possessed the authority to meet the state's fair share of the expense, paid into the city treasury of St. Paul, the sum of \$1,115.00, the same being its share of the amount of the grading contract. According to the statement of the City Water Board the cost of water main is \$1,238.00. We recommend that an appropriation of this latter amount be made to reimburse the city of St. Paul for its outlay for the benefit of the state in this connection.

The boulevard on the northeast side of the property, between it and Phalen Park, has also been graded by the city. We recommend that the city of St. Paul be reimbursed for half the expense which we are advised by the St. Paul Park Board amounts to \$419.50.

The opening of the new building will necessitate a larger appropriation for support than heretofore made for this institution.

STATE NORMAL SCHOOLS.

At the State Normal School at Duluth, a girl's dormitory has been erected and turned over to the management. The amount of the contract was \$53,664.

A building of the same general character has been completed at the State Normal School at Moorhead, the amount of the contract being \$64,145.

At the State Normal School at Winona a dormitory has been contracted for at a cost of \$59,875. This is to be completed by March 1, 1911.

STATE UNIVERSITY.

The ladies' dormitory, for which the legislature of 1909 appropriated funds, is being erected at a contract price of \$85,940. The building is to be completed by September 1, 1910.

Steps were being taken by this board to contract for the heating plant for which the last legislature made appropriations amounting to \$150,000, when a communication from the Attorney General advised us that this was a matter wholly in the hands of the board of regents of the university, and one with which this board had no concern. The matter was consequently dropped.

UNIVERSITY FARM, ST. ANTHONY PARK.

A contract has been let for the erection of a ladies' dormitory at a cost of \$40,861. This building is to be completed by October 4, 1910.

NORTHWEST EXPERIMENT STATION, CROOKSTON.

At this institution two new buildings are in course of construction, a girls' dormitory and a library, assembly, drill hall, and office. The former was contracted for at a cost of \$23,064 and the latter at a cost of \$37,489. Both are to be completed by September 1, 1910.

In addition there have been erected a water tower and tank, which were contracted for at a cost of \$2,365. The appropriation for the purpose was only \$2,000. The board of regents of the university supplied the balance of the funds needed.

BUILDINGS AND IMPROVEMENTS FOR WHICH APPROPRIATIONS ARE RECOMMENDED.

NEW PRISON, STILLWATER.

As directed by the legislature of 1905, Chap. 25, Sec. 1884, R. L. 1905, the board prepared sketch plans of the proposed new prison which, to-

SCHOOL FOR THE DEAF, FARIBAULT.

BILL OF FARE FOR THE WEEK ENDING OCTOBER 25, 1909.

BREAKFAST.	DINNER.	SUPPER.
	Tuesday, October 19.	
Oatmeal, bread, butter, potatoes, toast, coffee, sugar, milk, syrup. Lunch, 10:10—Sugar cookies.	Liver, potatoes, gravy, bread, syrup, rice with milk and sugar.	Cold meat, left overs, fried potatoes, bread and butter, prune sauce, milk.
	Wednesday, October 20.	
Oatmeal, bread, butter, potatoes, toast, coffee, milk, sugar. Lunch, 10:10—Crackers and cheese.	Roast beef, mashed potatoes, gravy, bread, mustard pickles, syrup, cocoa pudding with milk and sugar.	Fried potatoes, bread, butter, syrup, left overs, peach sauce, milk.
	Thursday, October 21.	
Oatmeal, bread, butter, potatoes, toast, coffee, sugar, syrup, milk. Lunch 10:10—Fruit cookies.	Beef stew, potatoes, gravy, sliced onions, bread, baking powder biscuits and syrup.	Potatoes with onions, left overs, graham and white bread, butter, syrup, apricot sauce, milk.
	Friday, October 22.	
Oatmeal, milk, sugar, bread, butter, toast, potatoes, coffee. Lunch, 10:10—Crackers and cheese.	Roast beef, potatoes, gravy, mustard, bread, baked beans, cucumber pickles, syrup.	Left overs, potatoes, biscuits, butter, prune sauce, syrup, milk.
	Saturday, October 23.	
Oatmeal, milk, sugar, bread, butter, potatoes, toast, coffee.	Beef hash, potatoes, kraut, bread, syrup, corn meal pudding with milk and sugar.	Potatoes, left overs, bread, butter, syrup, spiced sauce, ginger bread, milk.
	Sunday, October 24.	
Oatmeal, milk, sugar, coffee, bread, butter, potatoes, toast, coffee.	Roast veal, potatoes, gravy, baked beans, beets, bread, butter, cream pie.	Fried potatoes, left overs, bread, butter, syrup, fruit cake, milk.
	Monday, October 25.	
Oatmeal, bread, butter, potatoes, toast, coffee, syrup, sugar. Lunch, 10:10—Crackers and cheese.	Veal stew, potatoes, gravy, cabbage, bread, syrup, bread pudding with sauce.	Fried potatoes, creamed toast, biscuits, butter, syrup, left overs, apple sauce, milk.

Cooking school dishes distributed each day for dinner.

SCHOOL FOR THE FEEBLE MINDED, FARIBAULT.

BILL OF FARE FOR THE WEEK ENDING DECEMBER 27, 1909.

BREAKFAST.	DINNER.	SUPPER.
	Tuesday, December 23.	
Farina, milk, sauce.	Mutton roast, gravy, potatoes, beets, pie, cheese.	Buttermilk, hominy, syrup.
	Wednesday, December 22.	
Wheat, milk, sauce.	Pork roast, gravy, potatoes, onions, taploca pudding.	Potato soup, rusks, ginger bread.
	Thursday, December 23.	
Oatmeal, milk, sauce.	Irish stew, potatoes, vegetables, Indian pudding.	Macaroni and tomatoes, cake, tea.
	Friday, December 24.	
Farina, milk, sauce.	Codfish, creamed potatoes, cabbage, rice pudding.	Buttermilk, corn mush, syrup.
	Saturday, December 25.	
Wheat, milk, creamed dried beef, oranges.	Turkey, gravy, stuffing, white potatoes, sweet potatoes, peas, celery, pickles, cranberry sauce, mince pie, cheese.	Oyster stew, crackers, sweet rye bread.
	Sunday, December 26.	
Rice, milk, baked beans.	Beef roast, gravy, potatoes, rutabagas, gelatin pudding.	Coffee, bread, sauce, tea.
	Monday, December 27.	
Oatmeal, milk, potatoes.	Beef roast, gravy, potatoes, parsnips, bread pudding.	Split pea soup, rocks.
Cereal coffee for breakfast and dinner daily. Bread and butter for breakfast and supper. Gravy is used in place of butter for dinner.		