



## Minnesota Department of **Human Services**

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**DATE:** 5/10/2006

**TO:** County Contacts, Advocates and Disability Organizations

**FROM:** Cathy Anderson, Policy Lead  
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**SUBJECT:** Recent Changes and Clarifications to Waiver Amendments  
1. Transitional Services  
2. CDCS Services  
3. CAC Waiver

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The Department of Human Services has recently received notification of several changes and clarifications of the CAC, CADI, and MR/RC waiver amendments from the Centers for Medicare and Medicaid Services (CMS).

The changes and clarifications described below are **effective immediately**.

For further information, please refer to Disability Services Program Manual (DSPM) at [www.dhs.state.mn.us/dspm](http://www.dhs.state.mn.us/dspm) or contact:

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### **1. TRANSITIONAL SERVICES:**

#### **New Transitional Services Under MRRC and CAC Waivers**

Transitional Services is a new service under the Mental Retardation and Related Conditions (MRRC) and Community Alternative Care (CAC) waivers. This service has been in effect in the Community Alternatives for Disabled Individuals (CADI) waiver since October 1, 2005. It has been submitted for approval for the Traumatic Brain Injury (TBI) waiver.

Transitional Services covers items, expenses and related supports that are necessary and reasonable for a person to transition to their own home from one of the following licensed settings.

- Adult foster care home
- Family and group foster care
- Hospitals
- Intensive Rehabilitation Treatment and Rule 36 settings
- Nursing Facilities

More information is available in the DSPM



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### **Clarification of Transitional Services Provider Qualifications under CAC, CADI and MRRC Waivers**

Transitional Services policy now provides clarification regarding the roll of vendors in providing services. It also identifies county agencies as a provider of transitional services and gives examples of the different instruments counties often use which qualify as a purchase of service instrument and maintain the audit trail for the purchase of goods and services. When counties are the enrolled Medicaid provider, they are often purchasing one time items from vendors which are not enrolled Medicaid providers.

### **2. CDCS SERVICES:**

#### **Fitness and Exercise Programs available through CDCS under CAC, CADI, MRRC, and EW waivers and AC**

Under CDCS, coverage for fitness and exercise programs are allowable for adults when it is necessary and appropriate to treat a physical condition or improve or maintain the individual's physical condition as identified in the plan of care and monitored by an MHCP-enrolled physician.

#### **Clarification of Prescription and Over the Counter Medications through CDCS under CAC, CADI, MR/RC, and EW Waivers and AC**

Under CDCS, all prescription and over-the-counter medications, compounds, and solutions, and related fees including premiums and co-payments are unallowable expenditures. CDCS funds cannot be used to pay for these medications, fees, or co-payments.

### **3. CAC WAIVER:**

#### **Changes to coverage for prescriptions and over the counter medications under the CAC Waiver**

Prescription and over-the-counter medications, compounds, and solutions, and related fees including premiums and co-payments are no longer covered under the CAC Waiver and are considered to be unallowable expenditures.