

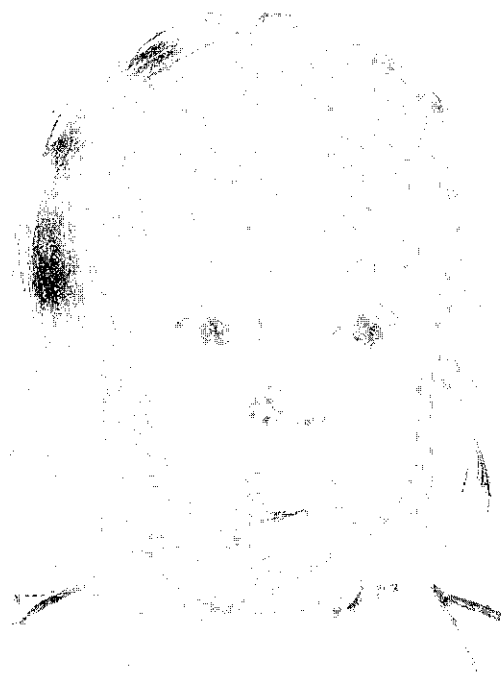
the GOARC
Greater Omaha Association for Retarded Children
608 Barker Bldg. Omaha, Neb. 68102

GAZETTE

JANUARY, 1973 ISSUE

EDITOR: JAN NOVICKI

OUR HOPES FOR 1973 ARE MEANT TO BENEFIT BOTH



THE YOUNG...



AND THE OLD.

OUR MAJOR LEGISLATIVE CONCERNS

1. We are for adequate funding for community based programs.
2. We are for uniform growth throughout our state with regard to community based services. There are many excellent community based programs throughout the state which many people do now know about.
3. We refuse to see the residents at Beatrice State Hospital suffer anymore and so we support improvements at Beatrice State Home. But we also support continued decrease of the population at Beatrice State Home until it reaches 650 residents.
4. We are for having the 4 mile limit removed on Transportation Bill LB690.

GOARC Governmental and Legislative Affairs Committee
Wilma Wills, Chairman

THE THOUGHTFUL WORKINGS OF AN EXECUTIVE DIRECTOR'S MIND



BOB PERSKE

LUNCH PAILS, ALARM CLOCKS AND HUMAN DIGNITY

I have vivid recollections of an incident ten years ago at a neurological unit where 24 middle-aged retarded adult men were transferred to the agency for special neurological studies. They came from an institution for the mentally retarded some sixty miles away. Most of them had been in the institution since childhood. When they arrived at the neurological unit, almost all of them wore toy sheriffs badges

and they had cap pistols strapped to their waist. This was a common practice at the institution where they had been living. The leading physician was perplexed by the fact that grown men would have such items and value them so highly.

After three days of pondering the situation, the lead physician called the men together. He asked all of them to turn in their sheriffs badges and their cap pistols. He told them that as long as they were living at the unit they would be treated like men, and they were expected to behave like men. Then, he did an ingenious thing. As he collected the badges and cap pistols, he gave each man a lunch pail and an alarm clock. The men were thrilled with the exchange. Some of them learned to tell time. (It was a humorous thing to be at their living area early in the morning when each man's alarm clock began to ring.) It was an equal thrill for them to go to breakfast, and while they were eating, their lunch pails were filled. This enabled them to eat their lunch like many of the maintenance men ate at noon. As a matter of fact, many of these men sought out the maintenance people and they started to eat their lunch together.

One can conjecture that the mentally retarded sometimes live up to what you expect. Expect them to be children, and that's what they become. Expect them to be men and they try to live up to it.

Bob Perske

OUR PRESIDENT SPEAKS

Dear Parents and Friends of the Retarded:

I am going to take this opportunity to discuss in greater detail the letter that I wrote to the membership a couple of weeks ago.

The letter that I refer to is the one where I expressed concern about losing some community services.

I received quite a few responses from citizens, even my wife, when I came home the night the letter arrived. She wanted to know "What community services are in danger."

This alarm on her part, and on the part of many of the people who have contacted me, prompted me to explain further my concerns in the area of services.

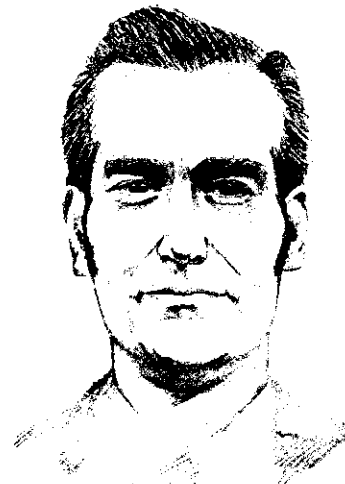
We see many times, when things are going well, how very easy it is to become complacent. We in the ENCOR area who make it a point to follow the progress, know we have something very good going. So what is the next most natural thing to do? Sit back, relax and enjoy the success.

Anyone who has been on this earth very long knows this is a very dangerous thing to do. Anything that is worthwhile in this life, has to be worked on and nurtured to make it better, and more worthwhile.

This is my concern as I hoped to express it to you. Now is not the time to rest on our laurels, we must keep working and looking to seek the best ways to provide for our retarded.

If we are to continue to grow, more volunteers will be needed from the community, and what I was trying to get across was this point -- If you are called upon to help, you know we need you -- Please say yes!

In closing I would like to wish you all, the happiest of holidays and many blessings for the New Year.

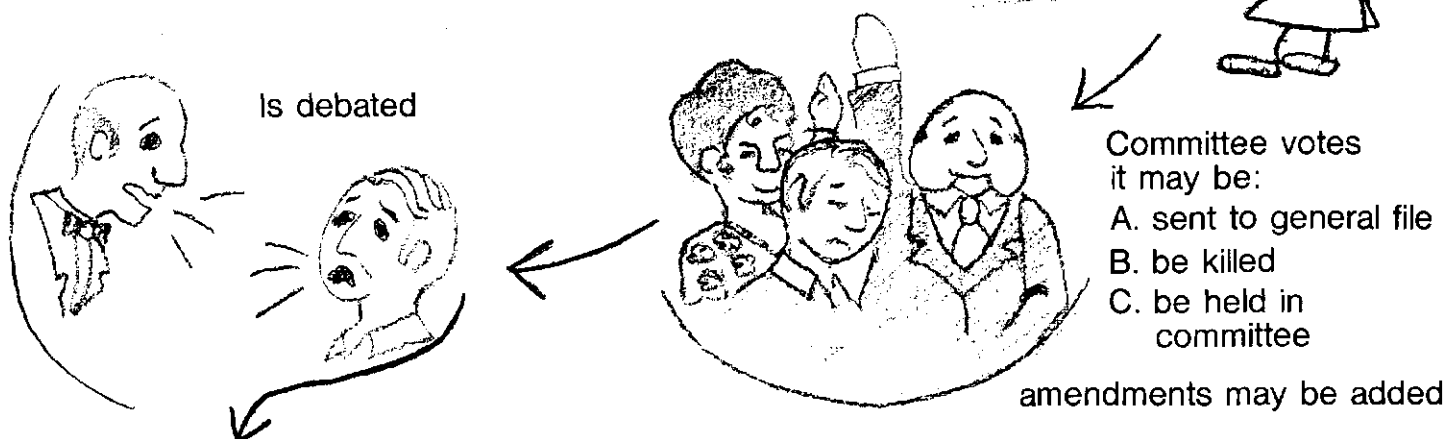


JOE FRIEND

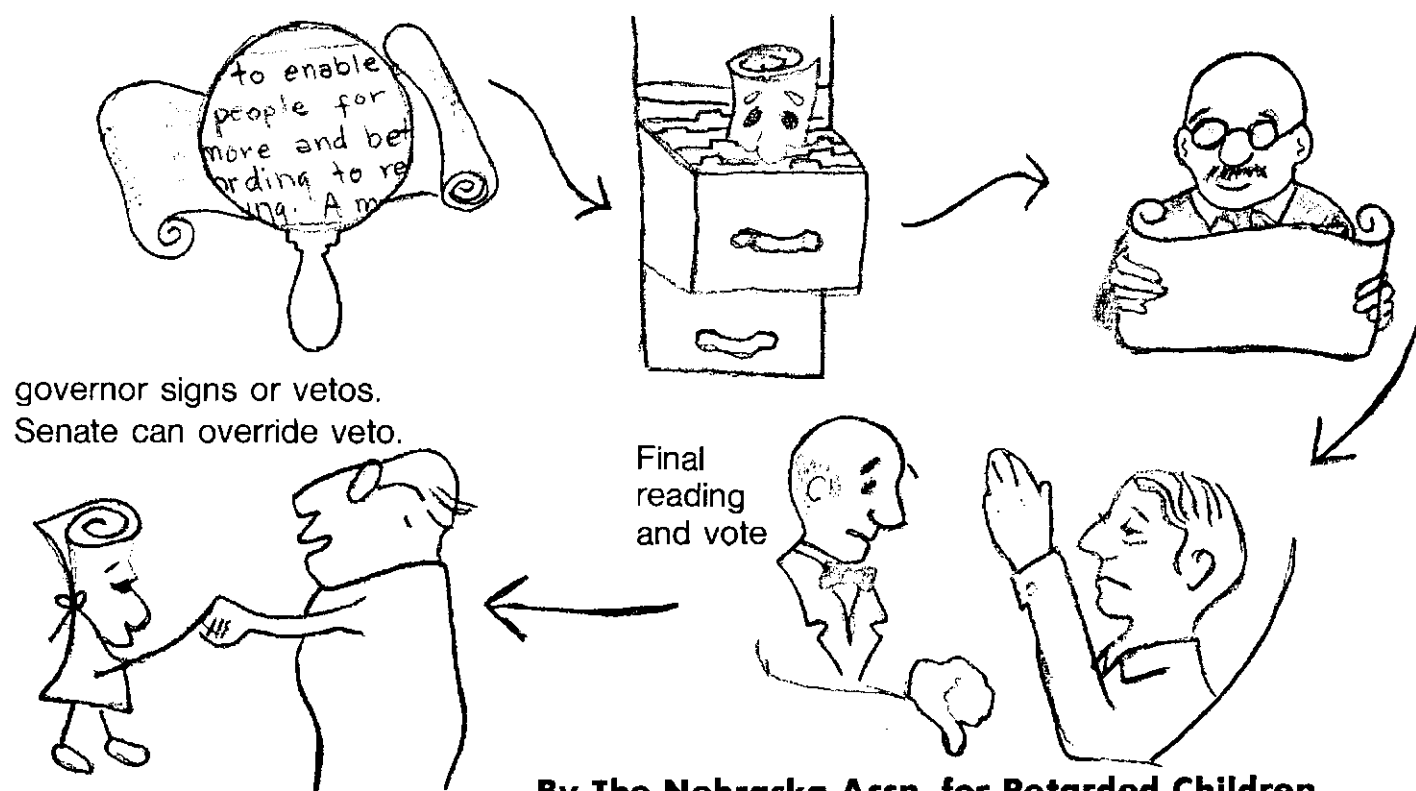
Joseph L. Friend
President
GOARC

How a Bill becomes a Law In The Nebraska Unicameral

Bill is introduced . . . goes to standing committee . . . has public hearing



goes to initial enrollment and review . . . goes on select file . . . goes to final review



By The Nebraska Assn. for Retarded Children
-4-



Family of
The Month

The Hal Lankfords
619 So. 124th

(1968 Photo)

There are six members of the immediate Lankford family (excluding Duchess Samantha and her four kittens.)

Kathie is 18 and a freshmen at Creighton University. She has done lots of volunteer work with the retarded and was active in GOYARC for several years. She's still uncertain about her life's work, but thinks it may well be in some form of special education. She also enjoys modeling.



Bob is 16 and a junior at Burke High. His interests are horses, agriculture and photography. He spends time almost every weekend at the family's farm, and really loves the country life. Bob is active in the Future Farmers of America at school and spends as much time as he can in the graphic arts room developing pictures.

Clay, their mentally retarded boy, is 13 and enjoys quite a busy, happy life thanks to the efforts of GOARC, ENCOR and now Omaha Public Schools. He has been a pioneer in programs for the retarded since they moved to Omaha in 1962. He was 4 years old and just starting to walk when the HELP nursery school was started and he was enrolled in one of the first classes. Mothers had to serve as teachers at first. Hal and Liz served as vice-chairmen for one year at this school. The year that Clay was without a school is one the Lankfords would like to forget. Clay was one of the first to start at the Benson Developmental Center and was there for two years. He is now in his third year of special ed at Dundee School. Clay loves school, his teacher and is learning. He started the YMCA physical development program last summer, and has continued with it three days a week after school. They feel that this program has helped him tremendously and he really enjoys going. Clay has gone to at least one camp every summer since he was 8. His greatest love has always been music. He has a natural ability to somewhat reproduce what he hears on keyboard instruments. They hope someday to find someone who can really help him to channel all this natural ability.



FAMILY OF THE MONTH (CONT)

Peter, 6, is interested in so many things, he's busy every minute. He is in first grade and loves school, particularly reading, art, and math. He also enjoys music and is enrolled in the Yamaha Music School. Peter sings in the St. Luke Methodist Church 1st and 2nd grade choir and is in Indian Guides with his dad. He and Clay attend the same Sunday School class. Santa brought him a pony last Christmas, and he's gotten to be quite a rider.

Hal is a biochemist. He's on the faculty at Creighton University in the department of pathology. He is in charge of the chemistry section of the pathology laboratory at St. Joseph's Hospital. His greatest interest outside his job and family is in his farm. He spends as much time as he can manage out there. He's learned a few things the hard way about farming, but still has planted a few crops. A big moment for the family was when he and Bob came home with the Christmas tree they had chopped down at the farm. "We've had prettier trees, but none that was as special", said Liz.

Liz keeps busy with various activities. She's tried to keep up some form of work with GOARC every year. She's been on various committees (hostess, program, nominating, and telephone). She had a coffee for the Senator and people in her legislative district. Liz sings in the church choir and works once a week in the church nursery. She sings with a group called "Columbian-Crestridge Mother Singers" and has even tried her hand in ceramics this year. She is an active member of a PEO chapter.

The whole Lankford family participates in Honey Sunday every year. Kathi even got a substitute worker for her part-time job at Brandeis so she could sell honey.

"Needless to say, we all love Clay very much. Being very honest, there have been times when he has been such a problem that we didn't see how we'd make it. I sincerely believe that the services offered in the community have the most to do with how well the family can manage. There are so many things that enter into this. First of all, to have your child enrolled in a regular program which is meaningful to him helps his attitude. Secondly, to feel that he is actually enjoyed and appreciated (outside the family) and not merely tolerated helps his family's attitude. And thirdly, having the community more aware and accepting of the retarded makes it easier to take your retardate with you places where you otherwise would feel reluctant."



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A PROVOCATIVE GENERAL MEMBERSHIP MEETING,

THURS., JAN. 4

ON THE GO WITH GOYARC



ARLO BURK

GOYARC has really kept busy. We have had a membership drive and about 80 new people came to our last two membership meetings. At our last meeting, Deb McCollister talked on "What ENCOR Is To You." She is the Administrative Assistant at ENCOR. We would like to give her a special thanks for a very good talk.

We would also like to thank Dr. Robert Brown, principal of Burke High School, for allowing us to finish out the basketball night with pizza in the school. Everyone had a lot of fun.

Recently, I appointed a new vice-president, Judy Pierce. I think she will do a very good job. Also, our new state representative for the state board is Sue Grasso.

Sincerely,
Arlo Burk, President
GOYARC

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HAPPY ANNIVERSARY, ADVOCATES

The GOARC Citizen Advocacy Program is pleased to announce the following advocates have served the retarded for a year or more: Susan Christiansen, Jill Courtwright, Laurie Giles, Cheryl Havekost, Tim and Laura Ryan, Nancy Sholin, Dick Stoll, Frank Tabor, Robin Zagurski and Kathy Zauha.

Since recruiting began in October, 1971, 65 persons have been assigned as advocates. Another 12 are being trained and screened for assignment.

BURGERS SIZZLING ON AN OPEN FIRE

The warmth inside was no match for the cold outside as 24 GOYARC members threw a Christmas party December 3 at the Beatrice State Home.

Jean Bowen, Alice Fuller, Chris Koziol and Gary Muhs directed tree trimming and other decorating. Hamburgers and hot dogs were barbecued outside (Brrrrr!) through the efforts of Mike Zachert, Judy Pierce, John Thode, Arlo Burk and Barbara Jessing, ENCOR Counselor.

Santa and his helper, alias Dana Johnson and Jay Salyers, distributed gifts from each GOYARC visitor. Proteges, guests and GOYARC members worked together to make the party a success.

**'MY TWIN ISN'T
JUST LIKE ME'**

If you have a mentally retarded brother or sister, don't miss the article "My Twin Sister Isn't Just Like Me" in the December issue of Seventeen.

The story was written by Sandra Ann Lambert, 19, who tells of a touching relationship with her twin sister, Susan, who is severely retarded. The Article tells the hard side, as well as the hopeful side. It also says kind things about the National Youth Association for Retarded Children (YARC). Don't miss it.

**"SPOKES" WESTPHAL
PEDALS UP \$220.00**

The hottest thing on two wheels in September's GOYARC "Bike Ride for the Retarded" was Ken Westphal, who turned in \$220. Others who collected more than \$50 from their sponsors: Susan Swancutt, \$105; Ronnalee Nordstrom, \$92; Sandy Kirsh, \$70; Beth Huettnner, \$54; and Tim Meyer, \$51.

Arlo Burk, state chairman for the NebYARC Bikeathon, reported that \$6,000 was collected statewide. Half will support state activities and half remains for use locally. GOYARC thanks all those who supported the 1972 Bikeathon.

SOME OF DEB'S IDEAS

"What is ENCOR to YOU?" was the topic of Deb McCollister's presentation December 10 at the GOYARC General Membership Meeting. Some of her ideas: develop a list of members interested in babysitting (See Page 9); have more activities with the same people (Jean Bowen and Alice Fuller are chairmen to plan a two-month pilot); ask ENCOR to assign more recreation activities to GOYARC.

"SUCH GOOD FRIENDS" HAS PREMIERE

Highlight of the November 26 GOYARC Membership Meeting was the premiere of "Such Good Friends," a narrated slide presentation on GOYARC. The show was created by Mike Zackert and Bob Brinda, both GOYARC members from Boystown, along with Advisor Pat Henry and other youth. It will be submitted for statewide competition sponsored by NebYARC. Purpose of the contest is to develop presentations that will make the public aware of positive approaches to mental retardation. Other entries, not to exceed 15 minutes, are welcome. Contact Helen Zauha, 346-6338.

ATTENDANCE AT GOYARC MEMBERSHIP MEETING NOVEMBER 26 WAS 100!!

NEED A BABY SITTER?

Parents of retarded children who need the services of babysitters may contact the following persons who gave their names at the December 10 GOYARC General Membership Meeting.

Jean Bowen	12815 Morrison	333-4798
Meg Christiansen	5124 North 86th Street	571-4349
Joe Duffy	5303 Spring Street	553-5775
Susan Ellis	9481 Spencer	572-7736
Teri Hammon	4126 North 84th Street	571-1144
Chris Koziol	3627 Emeline	731-7666
Kim Kraft	8781 Templeton	571-3594
Mickey Krupica	3401 North Parker Street	556-4837
Rachelle McPherran	8639 Keystone	571-4856
Susan Miller	8727 Ames Avenue	571-5686
Kris Morin	5120 North 86th Street	571-1568
Jay Salyers	Boystown	333-1111
Melody Schenck	9306 Ames Avenue	572-8633
Rick Shaw	Boystown	333-1111
David Swift	2338 North 70th Avenue	556-1900
John Thode	5113 California	558-4254

GOYARC CALENDAR

December 26-31	GOYARC Sleigh Ride (date depends on snow), Chairman - Suanne Selee, 393-9457.
January 2	GOYARC Pre-Beatrice Meeting at ENCOR, 7:00 P.M. Chairman - Judy Pierce, 572-1922
January 2 - 7	GOYARC Sleigh Ride (date depends on snow) Chairman - Dana Johnson, 731-3898
January 10	GOYARC Steering Committee Meeting, 7:00 P.M. Arlo Burk's, 1005 Palamino
January 13	GOYARC Advocates to Beatrice State Home Chairman - Judy Pierce, 572-1922
January 14	GOYARC General Membership Meeting, 7:00 P.M. Nebraska Psychiatric Institute Auditorium 602 South 44th Avenue
January 21	Bowling - Chairman Tom Jamieson, 551-8422
January 27	Basketball Game - Chairman, Mary Jane Rees, 391-0866
Early February	6-West Movie Chairman - Mark Kling

THE SURPRISE CALL

A One-Minute True-Life Story

By Kathy Gromko

Although ENCOR's Developmental Home program is primarily in the business of finding parents for retarded children, it has made its appeal to the younger set as well. The other day, the department received a call from an earnest 10-year old who wanted to know if anyone had taken "Marty" yet. He saw a picture and story in a local newspaper which convinced him that he needed Marty as a brother.

According to the youngster's mother, he was determined to take Marty home and made the call on his own. He was ready to share his room and even help 7-year-old Marty learn sentences. The 10-year-old just didn't have time to consider the needs of his family.

Well, it isn't everyday that we find such enthusiastic response to our efforts. But Marty still needs a family and maybe a few brothers and sisters with whom to share his love.

Anyone who is interested in finding out more about Marty should call Marsha Honrath at 346-9195.

GENERAL MEMBERSHIP MEETING..THURSDAY, JAN. 4

PRESENTING . . .

A MOST PROVOCATIVE PROGRAM...PLEASE WEAR OLD CLOTHES

(Jeans or Slacks, if possible)



DON'T YOU KNOW
IT'S GONNA
BE
ALL OKAY?

7:00 P.M. Coffee & Donut Social by
Betty Ferraguti and her gang.

7:30 P.M. The Business Meeting led by
President Joe Friend

AND

"That Program" Conducted by Tom Miller
and his pals.

WE'LL SEE YA AT
FIRST FEDERAL SAVINGS AND LOAN
2101 South 42nd

ALL ABOUT ELAINE. . . . by Joan Marcus

Last night, my husband, son and I took Elaine out to dinner. You might ask, "What's so unusual about that?"

It's not unusual, but, as I sat in the restaurant, I thought I was witnessing almost a miracle. You see, Elaine is severely retarded and she lives at ENCOR's Behavior Shaping Unit.

It all goes back to when she was born - nine years ago. A beautiful blonde, blue-eyed doll who was very special from the beginning of her life. But, as the months passed, Elaine didn't begin to walk or talk. Panicky, my husband and I took her to NPI. Then, there was that black day when Dr. Frank Menolascino said, "Severely retarded--malformation during early pregnancy."

My husband wept openly and all I could think of was putting my daughter in an institution. Dr. Menolascino said not to think of anything but keeping Elaine at home. He promised that there would be a school. He had dreams of schools, hostels -- but only dreams!

So, we began. Elaine had occupational therapy at CRI three times a week. Maybe, eventually, she would be able to go to their nursery school.

Then, on her fifth birthday, I received a call telling me that the Benson Developmental Center was opening. It seemed like a miracle the day she started school. As I drove out of the parking lot, I realized that I had never left Elaine anywhere. The back seat seemed so empty!

Three years went by and I kept telling myself that we were making progress. She was toilet trained in the daytime and she tried to feed herself. We were making progress but Elaine was no longer a baby and she had developed self-destructive tendencies. She banged her head against the walls, she broke her bedroom window with her bare hands. My husband, Milton, was constantly "fixing". Elaine pinched herself until her arms and legs bled. She pulled her hair out!

Then, one day, a teacher asked if I would talk to Steve Pew about the newly opened Behavior Shaping Unit. I said "no" and ran blindly from the building. No one would take my child from me. Finally, I realized that my son, Howard, was beginning to resent his sister. We couldn't do things other families did because of Elaine.

On May 3, a Wednesday, Milton and I had a meeting with Steve, Dr. Galloway and Dr. M. We decided Elaine would come to the Behavior Shaping Unit the following weekend. As I packed her clothes, I told myself I was doing the right thing. But, it's one thing to know what's right and another to deal with your emotions. I called Steve and asked if I could bring her the next day. I couldn't prolong it. As I drove Elaine to B.S.U. on May 4, she banged her head against the car window. I cried as I drove because I thought I was letting my daughter down.



ELAINE CON'T

Steve Pew and the staff at B.S.U. were waiting as I drove up. They helped me bring in her things and I left. I felt as if I had left part of my body at 50th and California. I drove blindly for what seemed like hours. At three o'clock that day I had no one to pick up at school. The house seemed so empty.

Last night, Elaine sat at the table with us and ate by herself. Not to mention all the other things she does for herself. She'll always be retarded but she is learning to do things for herself. Things I couldn't teach her because "my love got in the way."

This is kind of a "thank you" letter to Frank Menolascino, Charlie Galloway, Steve Pew---all the people at the Behavior Shaping Unit who I'm sure now love Elaine as much as we do. Yes, our house is still empty but we know now that Elaine will always be our daughter and sister. She just needs a chance to live her own kind of life.

SENATORS ENTERTAINED THROUGHOUT THE CITY

GOARC has come alive with coffees in the homes of many of its members. They've discussed issues. They've also learned a lot of things from the Senators who have been meeting with them. The coffees will continue into the New Year. Coffees have been held at the following homes for the following people:

Senator Savage with Mr. and Mrs. Leighton Goodrich.
Senator Syas with Mr. and Mrs. Allen Gilmore.
Senator Moylan with Mr. and Mrs. Jim Kelly.
Senator Proud with Mr. and Mrs. Jim Swancutt.
Senator Lewis with Paula Little.
Senator Dickinson with Mr. and Mrs. Bob Perske.
Senator Fellman with Mr. and Mrs. Ken Berry
Senator Cavanaugh with Mr. and Mrs. Larry Buswell.
Senator Chambers at the Logan Fontenelle Multi-Service Center.
Senator Stahmer at Madonna School.
Senator Snyder with Mr. and Mrs. Joe Friend.
Senator Goodrich with Mr. and Mrs. Tom Wais.

We are finding out that Omaha has a tremendous bunch of Senators!

MEMORIALS FOR SIX REACH \$1,839.63

The six young men who drowned in the Missouri River at Indian Cave State Park have not been forgotten. The \$1,839.63 received so far is evidence. In a sense, their lives will continue in other lives. The funds are earmarked for Omaha Summer SWEAT program scholarships which allow young men and women to come to Omaha to work, learn and relate with the retarded. The scholarships are fitting memorials for Jesse Barber, John Hogan, Gary Olson, John Purnell, Joe Schultz and Tom Madsen.

FUND TO HELP THE RETARDED

GOARC has received \$150 from friends and relatives of Mary Ann Echtenkamp Casper, daughter of Glen and Betty Echtenkamp and sister of Joan Echtenkamp, a client at Benson Vocational Center. The money will be earmarked for special projects.

From time to time members and friends of GOARC have chosen to send memorials to GOARC in lieu of funeral flowers. It is touching that some people have thought of GOARC even in the midst of grief. Such memorial gifts do much to keep GOARC fighting for the mentally retarded.

GAZETTE NEWS GLIMPSES: SOME NEW SERVICES

ENCOR's South Family Services Office opened December 4 at 1616 Vinton Street with four adult counselors, two developmental home counselors, a children's counselor, a recreational consultant, a psychometrist, and a speech pathologist. The office also provides space for the Cass-Sarpy Family Services. Linda Kopecky, office manager, says "Welcome." (346-9195)

An Education Toy Lending Library has been opened at ENCOR's North Office, 16th and Manderson. Parents can check out educational toys and teaching devices to help their children continue their education at home. One problem: VOLUNTEERS NEEDED to paint, move a sink, install a gas heater and generally spruce up the place. Also needed: donations of small plumbing parts, a gas space heater, paint and some lumber for shelves. Call Louise Wright, Chairman of the Poverty and Mental Retardation Committee, North, 342-1686, or the GOARC office, 346-6338.

Religious nurture classes for mentally retarded persons are being held every Sunday from 9:45 to noon at St. Joan of Arc Church, 78th and Hascall. There are four teachers and plenty of room for more students. Those interested in this nondenominational venture can contact: John Sullivan, 393-2335, or Sister Evangeline, 556-1883.

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A survey questionnaire was sent out about a month ago concerning community based programs and the Beatrice State Home. If you were one of the 700 to receive a questionnaire, please fill it out and return by January 10. If you lost it you can get another one by calling the GOARC office. Marty Hanna, who is conducting the survey, promises to have the results in the February GAZETTE.

PILOT PARENTS STAND READY TO WORK WITH ANY NEW PARENT OF RETARDED CHILDREN.
WE'RE LIKE KOIL.....WE CARE WHEN IT COUNTS.

Need a playpen? If you would be interested in a sturdy, folding, wood playpen in good shape, call Mrs. Charles Schorr, 393-1499.

A WORKSHOP ABOUT GOAL:



**THE GOAL:
LANGUAGE DEVELOPMENT
PROGRAM**

BY DR. MERLE B. KARNES,
PROFESSOR OF EDUCATION,
INSTITUTE FOR RESEARCH
ON EXCEPTIONAL CHILDREN
UNIVERSITY OF ILLINOIS,
URBANA-CHAMPAIGN CAMPUS

SPONSORED BY:

Meyer Children's
Rehabilitation Institute

Saturday, January 27, 1973
9:00 a.m. to 4:00 p.m.
Whitson Hall Amphitheatre
University of Nebraska Hospital

The GOAL: Language Development Program is a basic program of model lesson plans for children three to five years old. Designed and tested over a seven year period, it will help children in kindergarten, day care and nursery schools develop the language skills basic to learning to read. Lesson plans, teacher's guide and supportive instructional materials are included in the program.

There is no registration fee for this workshop, but all participants must fill out a registration form which can be obtained either at the GOARC office or CRI in the Early Education Department.

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BENSON DC PARENTS PACE RECORD CARD SALE

The Parent Group at Benson Developmental Center won the \$5.00 cash award for selling NARC Christmas Cards. A check for \$5.00 is on its way to their treasurer. Congratulations parents.

This year's sales totaled over \$550.00. GOARC received 35% of total sales. Additional receipts are expected from orders processed directly from the manufacturer.

Mrs. Kathryn Serlet wishes to thank all groups, individuals and agencies who purchased cards this year. She said total sales have exceeded previous years and exceeded our expectations. Other agencies which purchased large quantities of cards were the American Red Cross and the Douglas County Hospital.

The breakdown of sales by parent groups which participated in the Christmas Card sales contest is as follows:

Benson Development Parents	\$63.00
CHAP Parents	\$60.70
Sarpy Dev. Center	\$52.80
Benson Vocational Center	\$47.90
CHANCE Developmental Center	\$12.45

THANKS AGAIN FOR YOUR HELP.

**SANTA KEPT BUSY
WITH PARTIES**

Joan and Joe Garro were hosts at a Christmas Party for the families in the Down's Syndrome Interest Group. Garro's and the Tom Wais's are Co-Chairmen. Santa Claus (Joe Garro flew in from his Air Force job in California) was there with all the trimmings.

Benson Park Pavillion was the scene of the Pilot Parents Christmas party on December 3. New parents and their children were also invited. Santa gave stockings filled with candy to all the children and Tom Porter entertained with his magic act. Pilot Parents, who had just finished their training were introduced....Jack and Audrey O'Neill, Helen and George Armstrong, Ken and Sharon Carr, Dave and Sheila Giles, Steve and Carolyn Sogal.

**HAVE YOU SEEN
HORACE EDWARDS?**

Miss Elizabeth Edwards is attempting to locate her brother Horace Edwards. He's 26 years of age and was placed in Omaha from Beatrice State Home, December, 1968. Horace worked at St. Joseph Hospital until June, 1969. His last address was 1613 North 36. Anyone who knows Horace and his whereabouts is requested to call the GOARC office.



**NARC CHRISTMAS CARDS
GET PLAUDITS FROM
COLORADO**

Miss Irene Paulsen, a GOARC member in Denver, Colorado writes: "I'm so glad I learned about these cards. I think they are most attractive, not at all expensive and I feel so much better using them than any I have used before."

- "THERE ARE THREE WAYS THAT ARC'S BECOME COMPLACENT AND INEFFECTUAL.
- 1) WHEN ONE FOCUSES ONLY ON HIS OWN CHILD,
 - 2) WHEN THE ARC IS COMPLETELY PROFESSIONALIZED,
 - 3) WHEN VOLUNTEER WORKERS EXPECT THE GENERAL PUBLIC TO TAKE OVER THE MOVEMENT."

**RECREATIONAL PROGRAMS
ACKNOWLEDGE HANDICAPPED**

Another excellent resolution passed at the NARC Annual Convention in Montreal has to do with a resolution on recreation. The resolution states that all future federally funded recreational projects must consider the needs of mentally retarded persons in the planning. It also considers barrier free architecture so mulitply handicapped persons will have easy access to such recreation.

It is an exciting thing to know that the Government is being influenced to never build any recreational projects without considering the mentally retarded! Anyone interested in the complete resolution can call the office and a copy will be sent to your home free of charge.

THE WHITE HOUSE

WASHINGTON

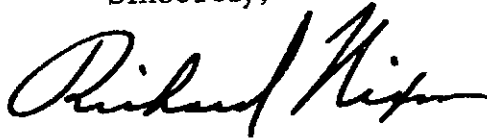
December 7, 1972

Dear Mr. Bynum:

A news article recently came to my attention describing your outstanding efforts to overcome your illness and to establish a successful life for yourself and a place in your community. Your example is indeed an inspiration to all our fellow Americans and this note brings with it my admiration for your courage and my congratulations for your fine achievements.

With best wishes for the years ahead,

Sincerely,



Mr. John Bynum
4910 Chicago Street
Omaha, Nebraska 68132

Editorial Note: This is a result of the recent Sun Newspaper article on John Bynum in their "Man In Action" section.

CALENDAR

JANUARY

- 2 GOYARC Pre-Beatrice Meeting, ENCOR, 7:00 P.M., Chairman, Judy Pierce, 572-1922
- 3 Human and Legal Rights Committee on Developmental Centers, NPI, 7:30 P.M.
- 4 GOARC GENERAL MEMBERSHIP MEETING, 7:00 - Coffee and Donut Social, 7:30 - Business Meeting and Program, First Federal Savings and Loan, 2101 South 42nd Street
- 8 Joint GOARC/NebARC Executive Meeting, GOARC office, 7:30 P.M.
- 9 Sarpy Developmental Center Parent Group Meeting, 7:30 P.M. at the Center
- 9 Human and Legal Rights Committee on Residential Care, 7:30 P.M., 3817 Dewey Avenue
- 10 CHANCE Developmental Center Parent Group, 7:30 P.M. at CHANCE
- 10 GOYARC Steering Committee Meeting, 7:00 P.M. at Arlo Burks, 1005 Palamino
- 11 GOARC GAZETTE DEADLINE, Notify Jan Novicki of all articles today (571-3447)
- 11 Children's Memorial Hospital Parents Group, 7:30 P.M. at the Hospital
- 11 NebARC Legislative Dinner, Cornhusker Hotel, 7:00 P.M., 13th and M, Lincoln, Those planning to attend, call the GOARC office
- 11 North Poverty and Mental Retardation Committee Meeting, 1602 Manderson, 7:30 P.M.
- 13 GOYARC Advocates to Beatrice State Home
- 14 GOYARC General Membership Meeting, NPI Auditorium, 7:00 P.M.
- 15 CHAP Parent Group, 7:30 P.M. at CHAP
- 15 Pilot Parents General Meeting, DMU, 7:30 P.M.
- 16 West Developmental Center Parents Group Pot-Luck Supper at the Center, time to be announced. First Anniversary Celebration!
- 16 GOARC Board of Directors Meeting, ENCOR, 7:30 P.M.
- 17 Madonna School Parents Meeting, 7:30 at Madonna School
- 17 Citizen Advocacy Orientation, 7:30 P.M., GOARC office
- 18 MCRI Parent Group Meeting, 7:30 P.M. at MCRI
- 21 GOYARC Bowling, Chairman, Tom Jamieson
- 23 Human and Legal Rights Committee on Special Education Monroe Junior High School, 7:30 P.M.
- 24 Citizen Advocacy Training Session, 7:30 P.M., GOARC office
- 25 South Poverty and Mental Retardation Meeting, 7:30 P.M., 4724 South 24th Street
- 27 GOYARC Basketball Game, Chairman, Mary Jane Rees
- 30 Sarpy Vocational Services Center Parents Group Meeting, 7:30 P.M. at the workshop
- 31 Citizen Advocacy Training Session, 7:30 P.M. at the GOARC office.

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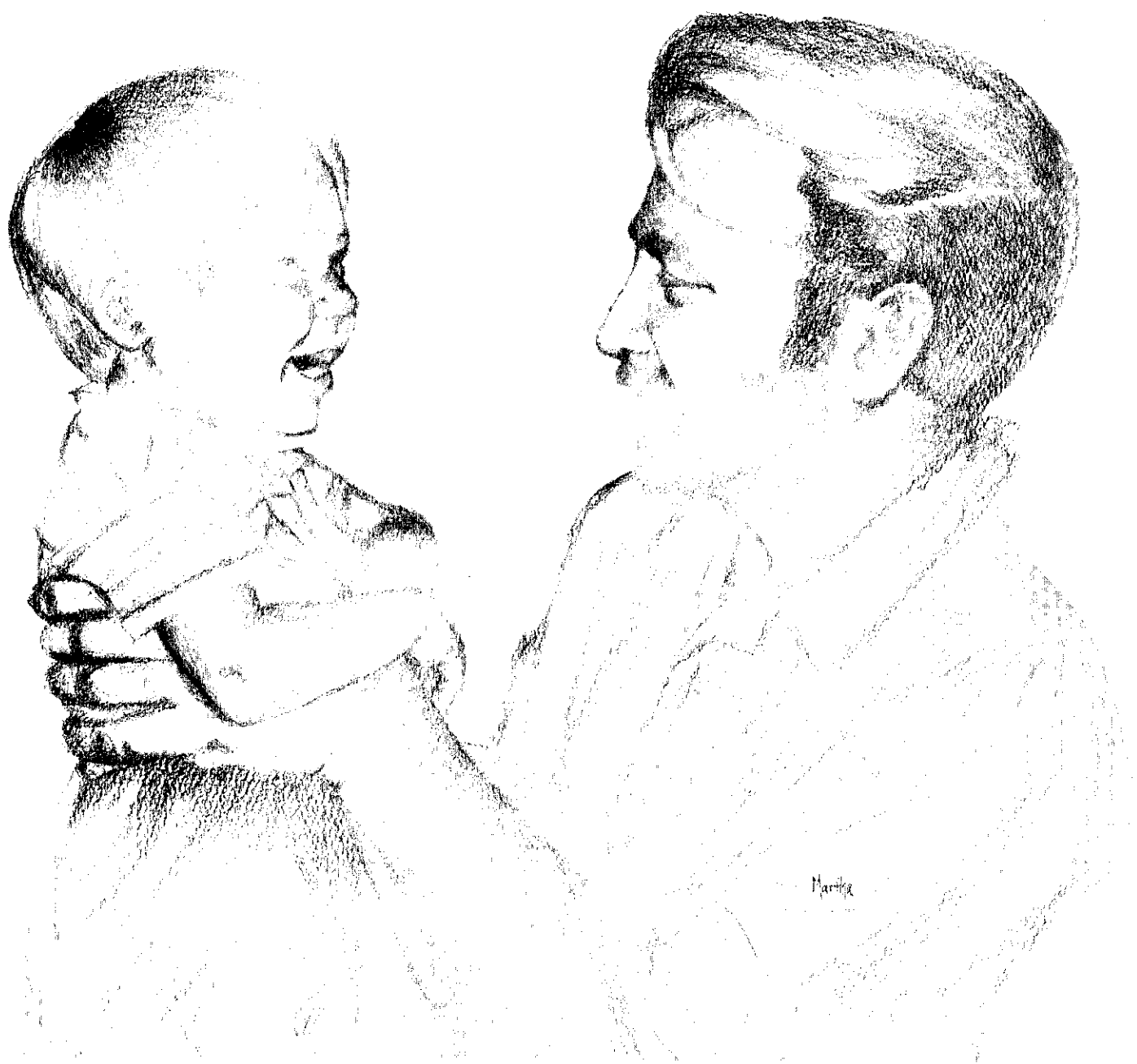
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Greater Omaha Association for Retarded Children
608 Barker Bldg. Omaha, Neb. 68102

FEBRUARY, 1973 ISSUE

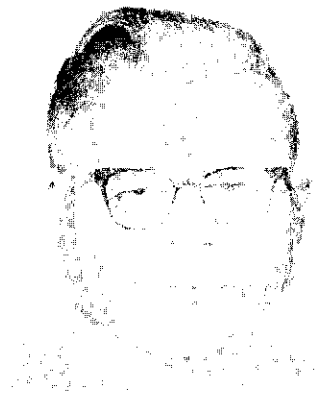
EDITOR: JAN NOVICKI



**ACCEPT ME AS I AM -
ONLY THEN WILL WE
DISCOVER EACH OTHER**

Federico Fellini

THE THOUGHTFUL WORKINGS OF AN EXECUTIVE DIRECTOR'S MIND



BOB PERSKE

A mother once shared a conversation she had with her fifteen-year-old daughter who had Down's Syndrome.

"Mary started to question me about Heaven. So, I tried to tell her what I thought Heaven was like. Then, she asked, 'Will I be retarded when I get to Heaven?' My answer was that she would not be retarded. Everyone would be perfect. Mary thought for awhile. Then she said, 'But how will you know me then?'"

Gosh! We are such smarties. We can communicate a thought or attitude so rapidly that it can race around the world at 186,000 miles per second. But it can take years--maybe never for some--before that thought can penetrate a quarter inch of skull.

How long will it take for society (that's us too) to see:

That a retarded citizen can enjoy being himself...

That he simply doesn't recognize himself as "a tragedy" unless he sees it mirrored in the faces of those around him...

And the warmest love he'll ever know comes from those who love him exactly as he is and don't wait until he becomes what they want him to be before they love him.

It isn't known how long it will take for some. But, when we think about it, each of us do know certain

ENCOR workers,

GOARC parents and Citizen Advocates

GOYARC youth

as well as others

in OPS

CRI

NPI

CHAP

Madonna (Did I name them all?)

who seem to have allowed this concept to sink into their consciousness.

I think these are the most beautiful people in the whole world.
Please God. Let there be more people like this in Greater Omaha!

Bob Perske

OUR PRESIDENT SPEAKS

Dear Families and Friends:

I hope you have noticed on the GAZETTE Calendar the past months, of the many planning meetings and resulting activities that have been initiated by our youth group GOYARC.

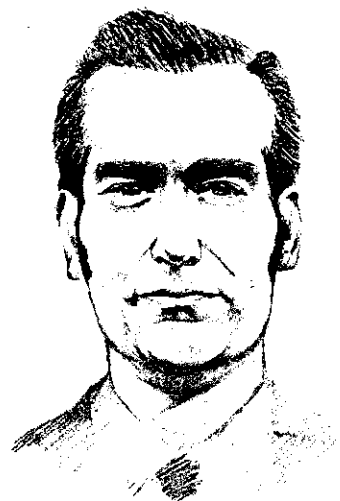
The young people in our organization deserve a lot of credit for the initiative they have shown, for the understanding they show, and for their willingness to spend their time and energies to assist members of our society who are less fortunate.

I have learned a lot about teenagers in the past few years, especially so in my capacity on the police department of our City of Omaha. I have had many, many occasions to speak to young people in our schools throughout the city of Omaha.

At first I felt very defensive, because they were questioning much of what I was saying. Mostly in regards to the "establishment" functions regarding law enforcement.

I soon learned, or they brought to my attention by their questioning, that they have many legitimate questions that are worth evaluating. I also learned that they do not accept the work of an adult, just because he is an adult, as members of my generation tended to do. They seem to have an uncanny sense of being able to see hypocrisy wherever it might exist in our "establishment".

We have a great group of these young people working for us to make our community not only aware of their very valuable presence, but a community where it will be much easier for our retarded relatives and friends to be accepted without prejudice as they should be.

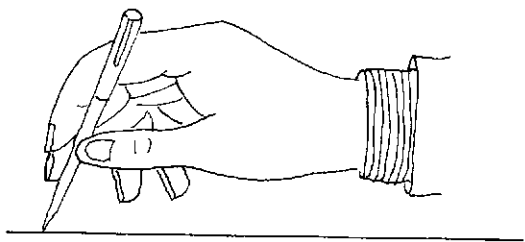


JOE FRIEND

Sincerely,

Joseph L. Friend
President
GOARC

LEGISLATIVE NOTES



HERE'S WHAT'S HAPPENING!

LB92 - A bill to allow payment of actual transportation cost as well as eliminate the four mile limit, introduced by Senator Snyder (Omaha, Dist. 14) Hearing date has been set for 2 P.M. on Monday, January 29.

LB173 - A bill making it mandatory that local boards of education require that all children under 12 years of age have rubella immunization before being permitted to attend public school. Introduced by Senator Maresh (Lincoln).

LB199 - This bill proposes that the Life Safety Code enforced by the State Fire Marshall be taken out of the Statute Books and administered as a regulation. Introduced by Senator Duis (Gothenburg), Chairman of Administrative Rules and Regulations Committee.

Although the NebARC Legislative Committee did not endorse this bill as one of its legislative concerns it is very important to our community programs and we are all watching it progress carefully.

LB207 - A bill to create Central Registry for the reporting of child abuse cases and abuse of incompetent or disabled persons. Introduced by Senator Shirley Marsh (Lincoln).

Now, get out your pencil and paper -- Ready.

For the fiscal year 1972-73 the state allocated \$1,038,204 for community based programs. For the year 1973-74 Governor Exon is recommending \$1,238,204, or an additional \$200,000.

GET SET!

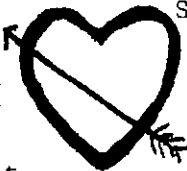
Across the state we need an increase of \$1.5 million based upon actual projected defined needs of community programs. This means the Governor's recommended budget falls \$1.3 million short of what we really need.

Just how serious are we about our community programs?

GO!!! WRITE THAT LETTER TO YOUR SENATOR TODAY URGING THAT HE INSIST ON THE \$1.5 MILLION INCREASE WHICH WE NEED SO BADLY.

ARC MEMBERS AND SENATORS TO MEET FOR DINNER

Members of local ARC's throughout the state of Nebraska will be meeting their Senators for dinner at Lincoln. The Senators are our guests. It's time to sit down together, relax and merely be friendly. No great pushes will be given. It's just our way of getting to know each other.



Any GOARC member who would like to attend this dinner, call the GOARC office, 346-6338, or Wilma Wills, GOARC Legislative Action Committee Chairman, 333-4359.

The dinner will be at:
Cornhusker Hotel
13th and M
Lincoln, Nebraska

Wednesday, February 14, 1973
7:00 P.M. \$3.95 a person

FITNESS CLUB SEARCHING FOR MEMBERS

Money is hard to find these days when ARC's become advocacy organizations. That's true of local ARC's. But it's also true of the State Association.

President Dick Meile has started what he calls "the President's Fiscal Fitness Club". The State Association is entering a period when they are experiencing some of the heaviest demands upon their financial resources. They need donations to the cause badly.

The GOARC Board of Directors voted to communicate with every GOARC member, asking them to give serious thought to NebARC's financial situation at this point in time. Send your donation to:

President's Fiscal Fitness Club
NebARC
140 South 27th Street
Lincoln, Nebraska 68510

PILOT PARENTS OFFER EMERGENCY SERVICE

The good old Pilot Parent gang comes through with another excellent service! Quite often parents from all parts of Nebraska come to Omaha for diagnostic and evaluative appointments for their child. Many times these parents are "newly identified" as mothers and fathers of retarded children.

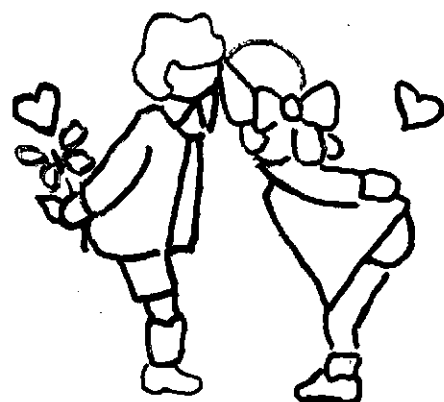
Visiting Nurse, Jane Sherratt experiences this sort of thing quite often. She inquired whether the Pilot Parents would be on call to these parents by coming to the hospital or diagnostic center on short notice to visit and be with them for a short period of time.

The following Pilot Parents are on call to any diagnostic unit, physician or hospital:

Mr. and Mrs. Joe Garro
Mr. and Mrs. Jack O'Neill
Mr. and Mrs. Jack DeMay
Mr. and Mrs. Leighton Goodrich
Mr. and Mrs. David Giles
Mr. and Mrs. Richard Bauer
Mr. and Mrs. George Armstrong
Mr. and Mrs. Stephen Sogal
Mr. and Mrs. Tom Porter

Other Pilot Parents who were not at the last meeting can still sign up for this service.

These parents can be contacted by calling Fran Porter, 451-0564 or Sherry Bauer, 571-7354, the Assignment Chairman. In case they cannot be reached, a call to the GOARC office should be made.



SOME NEW DIRECTIONS IN GOARC COMMITTEES, 1973

The following is a series of trends that are now beginning to take place within the GOARC operation:

1. Increasingly, the real strength of GOARC is being found in creative committee work.
2. Joe Friend and his executives appointed a full range of committees immediately after his election. This was no small job on their part! It is expected that the new executive committee will meet to evaluate, continue and "beef-up" all committees with new volunteers.
3. GOARC's staff main function has increasingly been in the direction of motivating, waiting, pushing a bit, and when creative surges take place, gratify the heck out of these people in a most sincere way.
4. Staff persons are on committees, but their purpose is ex-officio and liaison in nature.
5. There has been a shift in responsibility for committee work in the direction of the committees. They've been allowed to risk their own failure and success. Staff attempt less and less to be the "saviors" of a committee operation when things get critical.
6. Staff and Exec's have attempted to not place one volunteer on too many committees.
7. Staff have only been making official GOARC policy statements (i.e. in press, radio, TV, to governmental officials, at hearings et al) when requested by the President (in emergencies), the Executive Committee or the Board of Directors. It is felt that official policy statements now will be most effective when uttered by volunteer officials and/or committees.
8. Much of the work of the Board of Directors has been to hear committee reports. In some cases, the complete agenda has been committee reports. Generally, this makes for a most interesting board meeting.

**THE NEBARC STATE ANNUAL CONVENTION
IS FRIDAY EVENING, APRIL 27
THROUGH SUNDAY NOON, APRIL 29
AT NORFOLK**

LET'S ALL PLAN TO ATTEND!!!

WOLFENSBERGER SPEAKS THURSDAY MARCH 1ST

Dr. Wolf Wolfensberger has consented to travel to Omaha and speak to the GOARC General Membership Meeting, Thursday, March 1, 1973. It's been a year and a half since this brilliant and deeply serious man has left our midst. He taught us how to "stumble forward" and to learn that the future belongs to those who work and shape it.

GOARC's Program Committee is to be commended for the excellent programs it has had all year. Our attendance continues to climb at these meetings.

Invitations are being sent to all of our Nebraska ARC's inviting them to attend this meeting.

More information regarding the program will be found in the March issue of the GOARC GAZETTE.

Mark March 1 on your calendar now!

This also marks our tenth anniversary!
What a wonderful guy to help us plan our next ten years!

COMMEMORATIVE STAMP FOR MENTAL RETARDATION

The U.S. Postal Service issued a news release, December 30, 1972, announcing a special commemorative U.S. postage stamp for mental retardation. The stamp will be issued soon. It will help publicize that month as National Membership Month.

The U.S. Postal Service receives some 4,000 to 5,000 requests each year for commemorative stamps, but only issues approximately 12 to 15 such stamps. So, we are pleased to have this honor.

Members of GOARC are encouraged to purchase and use this commemorative stamp.

IN THE GO WITH GOYARC

GOYARC members: I would like to announce that we will be having election of new officers in March. All of the new members, and old members, who have paid their dues and have the required hours are eligible to run for office. Nominations will be in February at the General Membership Meeting. Take some time to consider becoming a GOYARC officer. If you're planning voting, you will have to pay your dues as soon as possible.

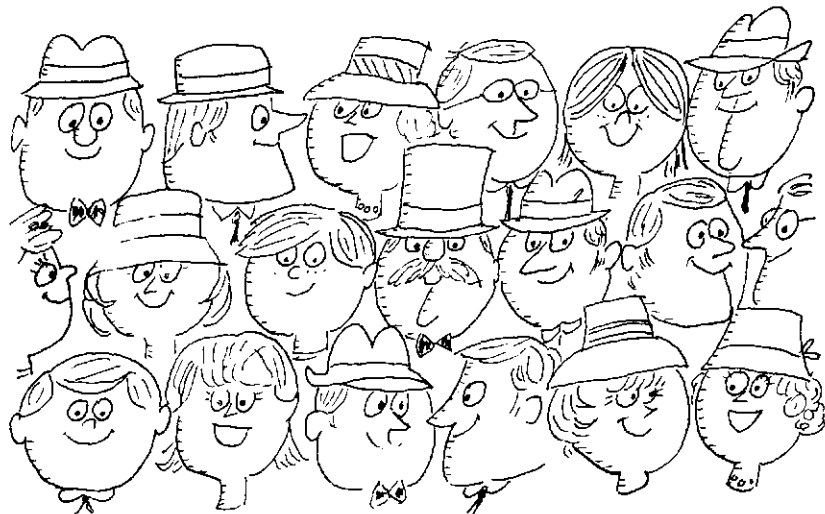
We are forming separate committees that will be an extension of the Steering Committee and you will have a chance to serve on them. I will tell you about them later. We hope this new system will allow you to sign up for as many activities as you want to.

Arlo Wolpa and myself attended a State activity called "Admitted For A Day" in which we found out what institutional life really is. There were 13 others that attended at the Beatrice State Home from 7 other cities throughout Nebraska.

Sincerely,

Arlo Burk, President
GOYARC

ANY GOARC MEMBER IS
WELCOME TO ATTEND OUR
GOYARC MEMBERSHIP
MEETING. YOU'VE MADE
US FEEL AT HOME AT
YOUR MEMBERSHIP MEETINGS.
SO....COME BE WITH US!!!!



Arlo Burk, President
And the members of the
Greater Omaha Youth Association

YOUTH IN ACTION

In December GOYARC, with the help of Jane Burrell, sponsored some tours of ENCOR hostels; attended a Burke High basketball game with pizza afterwards; and had a Christmas party for children at Christ the King.

A sledding party was held in early January on the hill near Lewis and Clark Junior High. First United Methodist Church nearby offered a warm up room where the group played some games and had cookies and hot chocolate. Youth advocates travelled to Beatrice taking their protégés off the grounds for lunch and bowling. Other events locally in January included bowling and attending a basketball game. Dr. Charles Galloway spoke at the January General Membership meeting on "How the Retarded Learn".

Future scheduled activities are a skating party, a children's Valentine's party and an older people's Valentine party, a "Sweetheart Dance" at BSH for sometime in February, get-together to go see a movie at 6-West and another sledding party. Keep watching the GAZETTE for further information on these activities. Be sure and come to the General Membership Meetings in these coming months.

Our recent new membership is much appreciated. Hopefully now, GOYARC may be able to increase their activities in many ways and improve their current methods of doing things. Be watching for changes in the way GOYARC is being run. If you have any suggestions, criticism, or even a compliment or two, let us know. Call either Arlo Burk, President at 333-5813; or call me, Tauni Waddington, Public Relations Chairman, 551-5155, and we will help you take action on whatever is on your mind.

Thank you.
Tauni Waddington

-- -- -- -- --

GOYARC CALENDAR

February 4	Six West Movie (adults) Chairman, Mark Kling, 551-3267
February (early)	Sled Ride (as snow permits) Chairman, Melody Schenck, 572-8633
February 9	Valentine Party (children) Chairman, Beth Huettner, 571-4792
February 10	Sweetheart Dance, Beatrice State Home Chairman, Paddy Sherman, 571-2061
February 11	General Membership Meeting Nebraska Psychiatric Institute Auditorium 602 South 44th Avenue, 7:00 P.M.
February 16 or 17	Valentine Party (adults and teens) Chairman, Jay Salyers, 333-1141
February 25	Roller Skate (teens) Chairman, Anne Porter, 572-8391

ATTENTION PARENTS AND GOYARC VOLUNTEERS:
Call Chairmen for reservations or more information.

GAZETTE NEW GLIMPSES

Betty Ferraguti and Liz Lankford are interested in starting a parent group that will focus on recreation services for the retarded in our area. They're interested in working from the advocacy side to obtain such services. If you are unhappy with the recreation programs or have suggestions for future programs please contact:

Liz Lankford, 334-2381 or
Betty Ferraguti, 556-5820

Roberta Kaplan has been hospitalized at Lutheran Hospital. She's in room 708. Many GOARC members will remember those long days and nights with the legislature of 1968. Roberta was always in there pitching, working long hours. All of us at GOARC are pulling for Roberta. Don't forget to send her a card and say a prayer.

Everyday now, new success stories in developmental growth, job achievements and community residential living are being experienced by mentally retarded citizens. Many have come from Beatrice State Home. These experiences need to be shared with us all. Any member, knowing of a successful achievement is asked either to write it in vignette form and send it to Jan Novicki. Or, if writing ain't your bag, telephone it to Jan and give it to her over the phone. The GOARC members are missing an excellent opportunity until many of these deeply rewarding human situations are shared with us all.

Parents from the DMU Advisory Committee met recently with the GOARC Residential Task Force to review progress at that unit. Members of the Task Force have completed another round of visits to the ENCOR hostels and are reviewing a new houseparent manual. The committee has decided to pursue contact with some care homes and room and board residential situations for retarded persons in the Omaha area. Other persons interested in working on this Task Force to improve and maintain quality in residential services should contact June Vance, Chairman, at 346-6662.

The North Omaha Men's Hostel at 3724 Hawthorne Street opened January 2, 1973 with two men...Julius Comerlink from Beatrice and Terry Barker from the community. Both men work at the Benson Workshop. The hostel is still being renovated to provide residence for six men and hopes to be operating at capacity by March 1, 1973. GOARC extends a warm welcome to houseparents, Mike and Kathleen Kane and residents Julius Comerlink and Terry Barker.

Life in the community wins hands down over institutional life, according to three hundred mentally retarded persons surveyed by the Michigan Department of Mental Health. The survey was mailed to retarded persons placed during the last year who have been in the community for at least three months. Parents or guardians of the individuals also received the questionnaire.

Ninety percent of the survey's respondents indicated they were satisfied with their placement and some even made reference to the difficulties of institutional life. The chief complaint of the ten percent who responded negatively was the lack of supportive services in their communities.

Here's your chance to show your appreciation to those people who help make our work for the retarded and their families so successful and gratifying. These awards will be presented at the May 3, General Membership Meeting.



Since the Nominating Committee won't necessarily know your nominee, please include a few remarks.

CATEGORY:

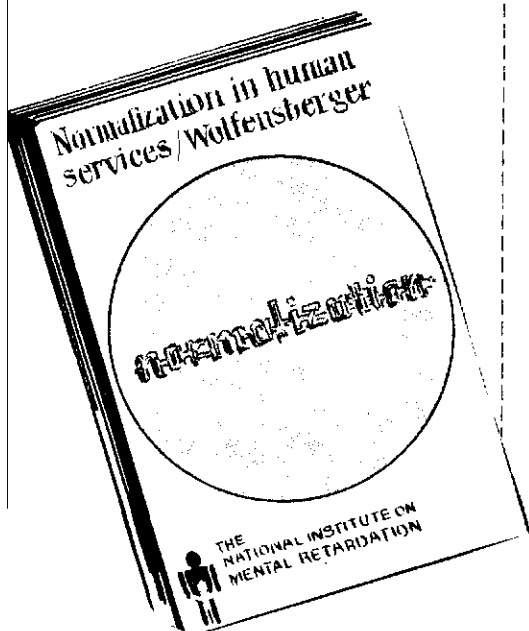
1. Distinguished Service Award _____
2. Parents of the Year _____
3. Outstanding Advocate of the Year _____
4. Organization of the Year _____
5. Citizen of the Year _____
6. Outstanding Progress Award (for retarded person) _____
7. Employer of the Year _____
(Limited to those employers working directly with retarded people)
8. Employee of the Year _____
9. Outstanding Volunteer Award _____
10. Other _____

REMARKS:

Signature

Please mail (preferably) or phone your nominations before March 1, 1973 to:
Judy Berry, 502 Ridgewood Avenue, Omaha, Nebr. 391-0858
Jenny Friend, 2880 Whitmore, Omaha, Nebr. 455-2022
Kathy Lensink, 2427 South 97th Ave., Omaha, Nebr. 393-2280

**WOLFIE'S NEW BOOK IS OFF THE PRESS!
THIS IS MUST READING.**



ORDER FORM

Please send _____ copies of *The Principle of Normalization in Human Services*.
(Cost per copy including postage and handling, is \$8.50 in Canada, \$9.50 outside Canada.
For quantity orders, enquire NIMR).

Name

Street

City Province



Published and Distributed by:
NATIONAL INSTITUTE ON MENTAL RETARDATION
Kinsmen NIMR building York University Campus
4700 Keele Street, Downsview, (Toronto), Ontario

Sponsored by the Canadian Association for the Mentally Retarded

**1973 GOARC NOMINATING COMMITTEE
STARTS CANDIDATE SEARCH**

The 1973 GOARC Nominating Committee is anxious to assemble a slate of officers and directors that will represent a cross section of our area of concern. We are seeking active people interested in furthering the objectives of GOARC. We are interested in individuals who are able to participate in projects benefiting the mentally retarded as well as motivate others to participate.

In order that this committee may give each recommended name the proper consideration, please contact one of the Nominating Committee at your earliest convenience:

Mamie Flowers, 342-3369
Kay Galloway, 558-1115
Allen Gilmore, 453-2441
Betty Ferraguti, 556-5820
Jerry Lenz, 397-7612

The slate of officers and directors will be submitted to the General Membership of the Greater Omaha Association for Retarded Children at it's regularly scheduled meeting, March 1, 1973. Election is conducted at the May 3, 1973 meeting and the two year term of office commences July 1, 1973.

RESULT OF SURVEY

As promised, we have the results of the survey done by Martin Hanna, a graduate student of social work at the University of Lincoln.

Out of nearly 700 hundred questionnaires mailed to relatives of retarded children involved in either community based programs or residing in the Beatrice State Home, approximately 170 have been returned. Despite this small return, at least four families have contacted the Adult Guidance Division at ENCOR requesting more information regarding community based programs and services so that their relative might leave the institution and return to his/her local community.

Question..."If given a chance, and a specialized program to meet specific needs, would you prefer to have your relative living in his own community?" The Beatrice response was 42 yes and 38 no.

Question..."If your relative could be in a special school or work program during the day, could he/she live at home " The Beatrice response was 9 yes and 61 no.

Question..."If community programs were available, would you see any need for future placement of your relative in an institution?" The community response was 6 yes and 72 no.

In listing the kinds of services or programs for the mentally retarded needed in the community both groups indicated similar kinds of things. For example from Beatrice:

vocational training, behavior modification programs speech therapy, hostels, chance for marriage and companionship, home for ill retarded of all ages, much individual attention.

From community people:

day schools for further training and development, hostels, crisis centers, vocational workshops, recreation programs.

PROUD BUT RED FACED PRESIDENT

Joe Friend happened to be talking to Denny Clark, Douglas County Mental Health, and he happened to ask Denny if he knew of a good dentist who understood mentally retarded children. Denny said he'd check into it. A brief time later, Denny called back with the names of three dentists who have been known to do excellent work with the retarded. President Joe asked Denny where he got the names. Denny responded that he got in touch with the GOARC Pilot Parents and they furnished the names from their grapevine!

RENOVATION NEARS COMPLETION

The renovation of the Educational Toy Library, 1602 Manderson, will be completed by February 1. GOARC says many thanks to a splendid gang of executives and craftsman who banded together to do the job. All of them chose to remain anonymous.

The first group of educational toys has been evaluated and ordered by the selection committee headed by Mary Petsche.

Other volunteers are Lydia Renchie and Claire Schwentser.

CITIZEN ADVOCATE STRUGGLES FOR HER PROTÉGÉ

This is the unfinished story of two people, the advocate - a woman in her 20's - and her teenage protégé. The protégé in this case has been out of school since early primary years though her tests show her to be in a borderline range. Her family had experienced frustration early in their efforts to keep her in school and by her adolescence had become secure in their pattern of providing at home.

A friend of the family first referred the girl to the public service system to see what more might be done. Her first counselor began work on the case and then changed jobs. In the meantime the advocate got to know the girl and began to ask the service system about education possibilities. Through her efforts, a private school agreed to take the teenager over the summer. The family however could not pay tuition nor provide transportation. The advocate agreed to pay tuition and once again called on the public service agency to help in solving the transportation problem, but to no avail.

With the approach of fall, the advocate began her efforts again with a third counselor. Finally, space has opened up in the public school system for this teenage protégé. The advocate is working to convince her protégé's parents that their daughter should not miss this opportunity. Also the advocate is pulling with the counselor for transportation either through the public service agency or the Volunteer Bureau.

It is difficult to continue to try for one particular case when disappointment may again be so close. But if everyone involved can get together on this one, a young girl with great potential can be back in school after nearly 10 years.

IT'S NOT AN EASY THING TO BE THE PARENT OF A RETARDED CHILD. BUT, IT'S NOT THE WORSE THING EITHER. IN FACT, IT COULD MARK THE BEGINNING OF A CREATIVE FAMILY LIFE.

PILOT PARENTS ARE PARENTS OF MENTALLY RETARDED CHILDREN "WHO HAVE BEEN THERE". THEY NOW STAND READY TO HELP OTHER PARENTS IN THIS SITUATION.

A TRAINED PILOT PARENT CAN BE CONTACTED BY CALLING THE GREATER OMAHA ASSOCIATION FOR RETARDED CHILDREN, 346-6338.

GOARC EXTENDS SYMPATHY

Karen VanAmpting, 19, died January 18 after a three week illness. Karen lived at the Harney Hostel and worked at MacDonalds Drive Inn at 84th and Dodge. Her advocate, Mary Northram, said she had been attending ENCOR's night school also. Mary found Karen to be a quiet, shy girl who loved pretty clothes, liked to go shopping and was a good cook.

Karen will be missed by all her friends.

GOARC MEMBERS "INSTITUTIONALIZED"

The General Membership Meeting, Thursday, January 4, 1973 was a memorable occasion for all who attended. Thirteen ENCOR clients, youth and adults who were formerly residents of Beatrice State Home and now living successfully in the community, presented an interesting program. The GOARC members were "assigned" to "wards" and the ENCOR clients became the aides. For 40 minutes role-play situations were activited whereby GOARC members learned what it felt like to be an inmate in an institution. One could see the remarkable things that happen when a few authorities exercise super control over a large ward. Some of the members tended to be very careful that they would do nothing wrong. Others, sensing the extraordinary control and lack of freedom, in humorous ways attempted to out-guess the controlling system.

Later, the role-play situation was ended and the ENCOR clients in matter-of-fact ways expressed to GOARC members what it felt like to grow up in a state institution. These clients represented no less than a sum total of 70 years of institutional life.

The ENCOR clients were: Jack Conrad, Terry Deluryea, Roger Tarper, Richard Houlahan, Eddie Stones, Mike Murtaugh, John Hoffman, Laura Lebs, Vera Musfeldt, Albert Musfeldt, Ralph Williams, Bob Fox, Ollie Webb.

All members who attended are grateful to these fellow citizens who gave us something to remember for a long time.

GOARC IS NOW A GOING GANG OF VOLUNTEER PARENTS, CITIZENS AND PROFESSIONALS

What Keeps Us Going?

A great cause: To fight for the rights and dignity of every mentally retarded person and his family, no matter where they live in Douglas or Sarpy County,

And

DONATIONS.

Believe it or not, it's people who watch us work...fall in love with us...and donate to our cause.

We are always open for donations from individuals, clubs, businesses, and anyone else who has caught our sprit and fallen in love with what we're trying to do.

WE'RE ALWAYS OPEN FOR DONATIONS.

OMAHA IMPRESSES GOVERNOR'S WIFE

Mr. Bob Perske
GOARC
Omaha, Nebraska

Dear Bob:

What an incredible time we had with you and ENCOR last week. We are returned with a vision of how things could be, and of how we must go. Thank you.

The participation of the parents and citizens of GOARC was truely impressive. I know that you in Nebraska have moved in a direction to which we are dedicated - convinced of the rightness of our path.

Again my thanks,

Sincerely,
Mrs. Francis W.
Sargent
Governor's Residence
Dover, Mass

LETTERS TO GOARC

A Communication from Wolf Wolfensberger

To the GOARC Membership:

As you may or may not know, Wolf Wolfensberger was in Omaha for a three day series of blitz visits and ideology seminars, Wednesday, January 10 through Friday, January 12...then a few hours Sunday on a return trip from Dallas. In his sensitive way he was concerned for all of his many friends whom he wasn't able to see. And since he was putting in 18-hour days, he was unable to do anything about it.

He asked me to communicate with all of you his regrets that he did not get to visit with you. His concern for you is as great as it always was. So, this letter communicates his warmest regards and his continued wish that the people of greater Omaha will do everything they possibly can to fight for the rights and the dignity of the mentally retarded.

Bob Perske

GOARC:

Please excuse my belated thank you. I really don't know where to begin or just how to let you know just how much we appreciate all the help you gave toward making the Thomas B. Madsen Memorial Conference a great success. The whole staff at GOARC were simply invaluable to us. We couldn't have done it without you.

We have received so many favorable comments about the conference from the five-hundred people who attended from twenty-five states it has made us very proud. In fact, two states, North Carolina and Mississippi are considering doing it again next year.

Phil Roos was fantastic. Without GOARC we wouldn't have had the opportunity to hear him. I think we also presented so many of the great programs going on in Omaha to people across the nation. The delegation from Missouri went home hoping to begin a citizen advocacy program there. This conference may have had more far reaching effects than we had hoped for.

Sincerely
Pat Nolan
Secretary
SCEC, Chapter 711
(Student Council for Exceptional Children)

CALENDAR

FEBRUARY

- 1 Pilot Parent Committee Meeting, 10:00 A.M., Sherry Bauers, 6711 Raymond Avenue
- 5 Human and Legal Rights Committee on Developmental Centers, 7:30 P.M., GOARC office
- 7 Benson Vocational Services Center Parent Group, 7:30 P.M. at the workshop
- 7 CHANCE Parent Group, 7:30 P.M. at CHANCE
- 8 West Developmental Center Mother's Coffee, 9:00 A.M. at the Center
- 8 North Poverty and Mental Retardation Committee Meeting, 1602 Manderson, 7:30 P.M.
- 11 GOYARC General Membership Meeting, NPI Auditorium, 7:00 P.M.
- 11 GOARC GAZETTE Deadline. Notify Jan Novicki of all articles today!
- 13 South Omaha Developmental Center Parent Group, 7:30 P.M. at the Center
- 13 Sarpy Developmental Center Parent Group, 7:30 P.M. at the Center
- 13 Human and Legal Rights Committee on Residential Care, 7:30 P.M., 3817 Dewey Ave.
- 14 J.P. Lord School Parent Group (tentative) 7:30 P.M. at the school
- 14 NebARC Legislative Dinner, Cornhusker Hotel, 13th and M, Lincoln, Nebraska
7:00 P.M., \$3.95 per person
- 15 Human and Legal Rights Committee on Vocational Services, 7:30 P.M., 5703 Military
- 15 MCRI Parent Group, 7:30 P.M. at MCRI. Program: Dental Care for the Handicapped.
- 19 CHAP Parent Group Meeting, 7:30 P.M. at CHAP
- 19 Pilot Parent Meeting, 7:30 P.M. (location to be announced)
- 20 GOARC Board of Directors Meeting, 7:30 P.M., ENCOR
- 21 Human and Legal Rights Committee on Public Attitudinal Change, 7:30 P.M., 5718 A St.
- 21 Madonna School Parent Group, 7:30 P.M. at the school
- 22 South Poverty and Mental Retardation Committee meeting, 7:30 P.M., 4724 South 24th St.
(Commercial Savings and Loan)
- 27 Sarpy Vocational Services Center Parent Group, 7:30 P.M. at the Center
- 27 Human and Legal Rights Committee on Special Education, 7:30 P.M. (location to be
announced)

MARCH 1st - GOARC GENERAL MEMBERSHIP MEETING, 2101 South 42nd Street, First Federal Savings and Loan, 7:00 - Coffee and Donut Social, 7:30 - Business Meeting and Program.

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OMAHA, NEBRASKA 68104

the GOARC
Greater Omaha Association for Retarded Children
608 Barker Bldg. Omaha, Neb. 68102

GAZETTE

MARCH, 1973 ISSUE

EDITOR: JAN NOVICKI



AND IN THE SWEETNESS OF FRIENDSHIP
LET THERE BE LAUGHTER AND SHARING OF PLEASURES.
FOR IN THE DEW OF LITTLE THINGS THE HEART
FINDS ITS MORNING AND IS REFRESHED.

Kahlil Gibran

**GENERAL MEMBERSHIP MEETING
IS MARCH 1ST.
A REGIONAL RALLY**
SEE PAGE 7

THE THOUGHTFUL WORKINGS OF AN EXECUTIVE DIRECTOR'S MIND



BOB PERSKE

Legislative hearings...started again...first hearings of the year...Senator Kennedy's Committee...LB 102, our Senator Savage's bill for the multi-handicapped...LB 92, our Senators Cavanaugh and Lewis...both very serious and tender...sharp guys...and Senator Goodrich... still a whiz at bringing to light misunderstandings and discrepancies...Omaha is lucky!

Professionals testified...they're expected to... they're paid to do it...if things fall through... there's other jobs.

But parents spoke too...those beautiful parents...Joe Friend spoke for the organized membership of his group...the parents in that group really elected themselves a man.

That thoughtful lady from Elgin...Mrs. Uhrenholdt...:

"How many of you with normal children know what it feels like to be asked...

how much you can contribute to your child's educational program?

to write a statement to your local school district for tuition?

to write a statement in order to get transportation?

to write a statement to the county board asking contributions

toward the cost of residence while obtaining education?"

Barbara Zapotocky of Columbus...appears in spite of a personal crisis that some of us knew about:

"These parents are not here to take the state for everything they can. They are only fighting to get what normal kids get."

Mrs. Ira Hollingsworth...spoke on behalf of families in Omaha's low economic sector...then the mother who told how she drives twice a week between North Platte and Omaha so her handicapped child and other children can get an education... parent after parent testifying...small wonder that Senator Schmit responded the way he did:

"My normal children travel all over the state on school buses for athletic events. Maybe we should offer a bill to halt school busing to athletic events until the transportation needs of the handicapped have been fully met!"

But the most moving thing of all was to hear Chairman Senator Kennedy place the highest importance on the testimony of parents! It was their communication that was given the highest value. ("Parents! You keep coming"... "I'm truly grateful to you for travelling so far to speak to us"... "It's you we want to hear from."... and on and on it went.)

How wonderful if GOARC could organize...so that many parents...better than 100... coming to Lincoln in different groups...parents from GOARC at every important hearing...parents who would take just one day off from work to testify at different times during the legislative sessions...SENATOR KENNEDY SAYS IT'S PARENTS HE WANTS TO HEAR FROM...GOARC HAS THOSE PARENTS...IF ONLY WE CAN ORGANIZE TO GIVE THOSE SENATORS WHAT THEY WANT!

Bob Perske, State Capitol, 1/29/73

OUR PRESIDENT SPEAKS

I am the father of a mentally retarded child! It seems strange to me, to remember, just a few years ago, that I would be reluctant to say or write that sentence. I was embarrassed or ashamed because we did not understand this problem. I felt perhaps that my community would blame me somehow.

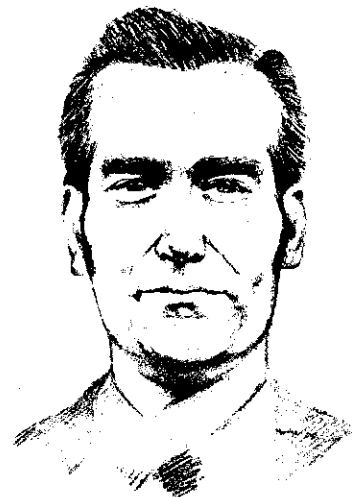
We have come a long way in just a few short years. It is now my belief that a majority of the community are becoming much more aware and understanding of this problem.

I am more concerned now with attempting to educate everyone in the community in regard to this problem, and some of the things that can be done to help give dignity to all, who are made in the image and likeness of the Creator. I mean by this that all of God's human creations have the right to progress in our communities at their own pace, regardless of the "grouping" in which their "intelligence quotient" might place them.

It is also important to let the community know that all retarded persons cannot always live with their own families for a variety of reasons. This does not mean, however, that they should be taken out of our society as we know it, and be forced to live in a society with less dignity than we enjoy.

It is distressing that anyone who could help with this problem, would turn their back, without "first hand" knowledge and "first hand" investigation and not help to expand the opportunities for our retarded than be content to allow things to continue status quo.

I would call upon all of you who read this and agree with what I say here, to attempt to relate to anyone in your community who can help in this matter, the need to have the adequate community services where they are needed, and to assist in expanding these services in the areas where they now exist.

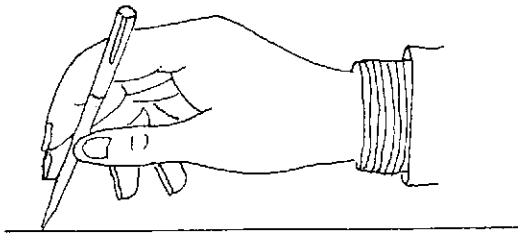


JOE FRIEND

Sincerely,

Joseph L. Friend
President
GOARC

LEGISLATIVE NOTES



HERE'S WHAT'S HAPPENING!

LB 92 - TRANSPORTATION BILL -- We had a good hearing. It's not yet out of committee, but it looks good. This is the bill that erases the four mile limit and also removes the \$400 limitation.

LB 102 - MULTIHANDICAPPED BILL -- This bill was heard before the Public Health and Welfare Committee who voted it to the floor, and is now on General File.

LB 173 - IMMUNIZATION BILL -- Good hearing. There were several Omaha people there to testify.

LB 199 (101 Life Safety Code) -- We changed our minds on this one. We hope to be able to work cooperatively with the State Fire Marshall and others within the Life Safety Code as it now stands. A hearing was held and our desire to cooperate was made known.

LB 207 - CHILD ABUSE BILL -- This bill was heard and is still in committee. We'll let you know how this turns out.

LB 266 - EQUAL OPPORTUNITY BILL -- This bill includes the disabled in the Fair Employment Practice Act. This new, important bill has been assigned to the Labor Committee. No hearing date has been set, but stand by.

LB 311 - OFFICE OF MENTAL RETARDATION FUNDING BILL -- This emergency bill was created when the attorney general gave a ruling which indicated that current funding ratios as applied by the Office of Mental Retardation were not legal. It has been reassigned to the Appropriations Committee. Very little action is needed from us.

Anyone wanting more detailed information can call the GOARC office.

We have asked the parent groups of the different facilities to submit names of people who might be willing to testify on one bill or another before a state legislative committee. We appreciate the response to this and we'll be calling on you in the near future. Stand by for action! If you were missed and would like to testify, please feel free to call the GOARC office.

DONT'T FORGET THE MARCH 1 MEETING!!

Crucial legislation will be discussed.

John Foley, NebARC Executive Director and Brian Lensink, ENCOR, will conduct the program. See page 7 for further details.

FAMILY OF THE MONTH

The Jim Swancutts
3324 S. 107th Ave.

The Swancutts...Sally, Jim, David, Scott, Susan and Sharon. The only member of the family missing is Princess, their German Shepherd.



Jim is a customer engineer with IBM and has served on the GOARC Board of Directors for two years. He likes playing bridge, but the activity he enjoys the most is riding his motorcycle through the woods. He and Sally were Chairmen of the Beatrice State Home Parents Group. Sally said, "With these friends we have traveled through the valley of deep sorrow of losing loved ones, to the mountain tops of great joy in having our children back in community services."

Susan is 13 and in the 8th grade at Valley View Junior High School. She is active in Girl Scout Cadettes, takes piano lessons from Wilma Wills, and is the musician this term in Rainbow for Girls (a Mason-Eastern Star affiliated organization for teenage girls.) Because she is not too athletic, Susan stunned everyone who had signed to be her sponsors for the GOYARC bikeathon last fall by completing the full 40 miles. All pledges were paid and she turned in \$105 to bring her in second high in the Omaha bikeathon. She hopes to join GOYARC soon.

David is one year, one week, one day, and one hour younger than Susan. He was a healthy looking ten pound baby at birth, but "slow" for his size. It was an earth shattering moment, when two years later they were told that "David is mentally retarded". David attended HELP Nursery School for one year but because of his hyperactiveness it was difficult for the teachers to handle him. After professional advice and much soul searching, David was placed in Beatrice in 1965. David seemed happy enough the first four years he was at the home, but when he was transferred to a ward with older boys, that changed. He would cry when he would go back after his weekend visits at home and bumps, bruises, bite marks and his total lack of any type of mental stimulation caused much concern. After years of waiting for a program to be developed that David could go into, the day finally arrived in November of 1971 when they made their last trip to Beatrice to bring David home.



David is shown here with two of his teachers at the Behavior Shaping Unit. In addition to the intensive training he receives there, he also attends the West Developmental Center. It was quite a thrill for his parents when they received his first report card. A speech therapist also works with David and he is starting to have some vocal contact, a miracle his folks only dared dream of.

FAMILY OF THE MONTH (CONT)



"Learning is great at West Developmental Center"



"Hey mom, how do you like my new motor skills?"

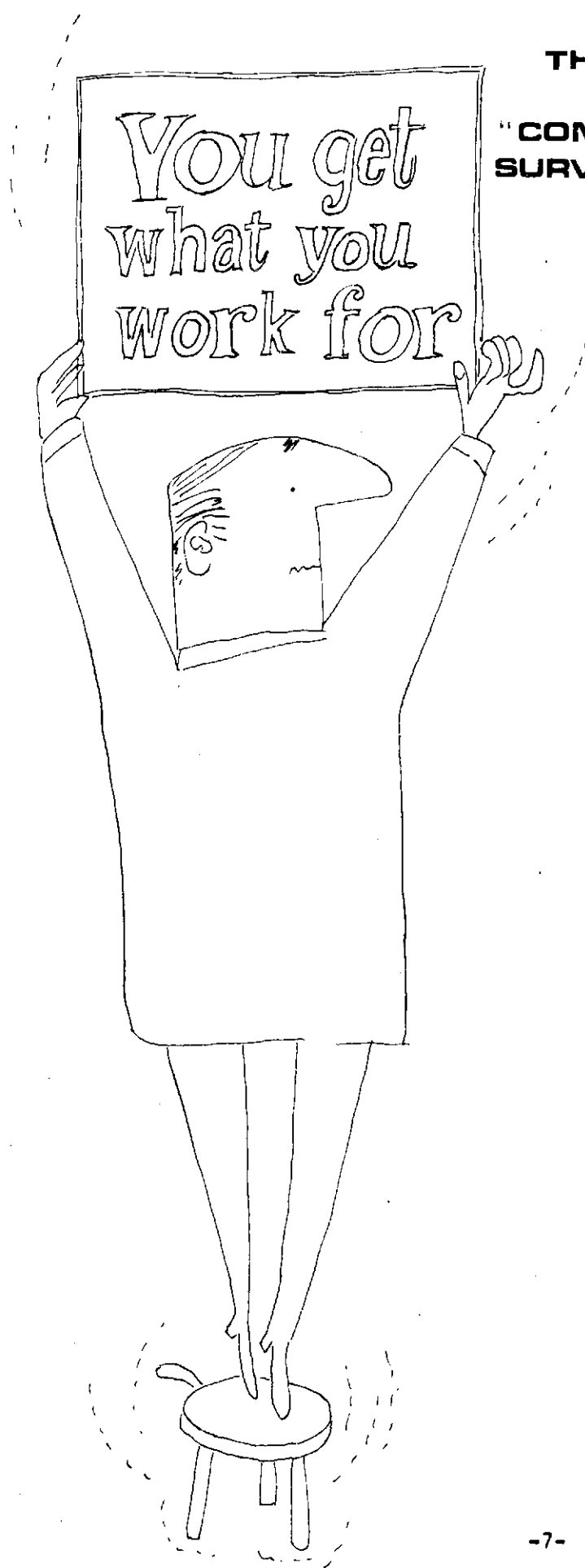
Scott, 10, is a 4th grader at Rockbrook School and is active in Cub Scouts. Howard Cosell has nothing on him for he can recite every professional football player and position in both leagues. Scott has played two years in the football little league.

Sharon, the Swancutt's "afterthought" is 4 and attends nursery school. She is a delight with her quick wit and inquisitive mind.

The whole family helps with Honey Sunday each year. Susan, Scott, and their friends do the leg work while Sharon puts on the labels.

Sally works part time at the Holiday Inn at the front desk and switchboard. She enjoys sewing and working with young people. A past Brownie and Girl Scout leader, she now is Assistant Mother Advisory in Rainbow Girls and is serving on their board. She is active in her sorority alumnae, Alpha Xi Delta and would play bridge at the drop of a hat. She has served on the hostess committee in GOARC and is now in her second year as recording secretary.

Sally says, "As parents who have survived a time when there were no community services and now see the exciting and productive programs that are being offered, we ask that complacency not set in. Just because the programs are here today does not mean they will always be. It would be easy to sit back and let others worry about lack of funding and other situations that might hinder the community services. We need the continuing concern for excellence in our programs and people being ready to help whenever asked. Don't wait for "they" to do it because as hard as you may look you will never find "they" are as concerned or have as much at stake as you and I. God bless the professionals who have the know how and certainly give so much more of themselves than just the required 40 hours a week. We need parents and concerned citizens to become involved in our community programs."



THURSDAY, MARCH 1, 1973

**"COMMUNITY BASED PROGRAMS:
SURVIVAL, STAGNATION OR GROWTH"**

THIS GENERAL MEMBERSHIP MEETING
HAS BECOME A REGIONAL RALLY THIS
TIME. (THE ARC'S FROM WASHINGTON,
DODGE AND CASS COUNTIES WILL BE
WITH US.)

JOHN FOLEY, EXEC DIRECTOR OF NEBARC

AND

BRIAN LENSINK, EXEC DIRECTOR OF ENCOR

WILL PRESENT THE FACTS.

Betty Ferraguti and her "gang" will
have the coffee social.

PLACE: First Federal Savings & Loan
42nd and Center

SCHEDULE: 7:00 Coffee Social

7:30 The Program

ON THE GO WITH GOYARC



ARLO BURK

As President of GOYARC, I recently put before the GOARC Board a request that members of GOYARC become members of GOARC also. Up to now, if any of the youth attended the adult General Membership Meetings, they had to sign in as a guest. This is all changing now. We will have our own name tags and possibly become a voting member of GOARC. This however, may not be reversed, because it clearly states in our by-laws, you must be between the ages of 13 and 25.

Our group has really been moving lately with approximately 800 volunteer hours spent in the month of January. This, we hope, will increase even more as the year goes on.

Some of our activities in the future are a dance, a party with movies, arts and crafts which will go every other week in March and April, and a St. Patrick's Day party for little kids.

Nominations were held February 11 and elections will be March 4th. This will be a very important meeting, so please plan to attend. To be able to vote, you must have paid your dues, so if you haven't paid, bring \$2.50 with you March 4th.

The Nebraska Youth Associations are going to have their own T-shirts with the slogan "Together You and I." If you would like one, please contact me as soon as possible and I may be able to get them on our first order. I'll need names, money and size. The price is \$2.00.

Arlo Burk, President
GOYARC

* * * * *

DR. AMATO SPEAKS TO GOYARC

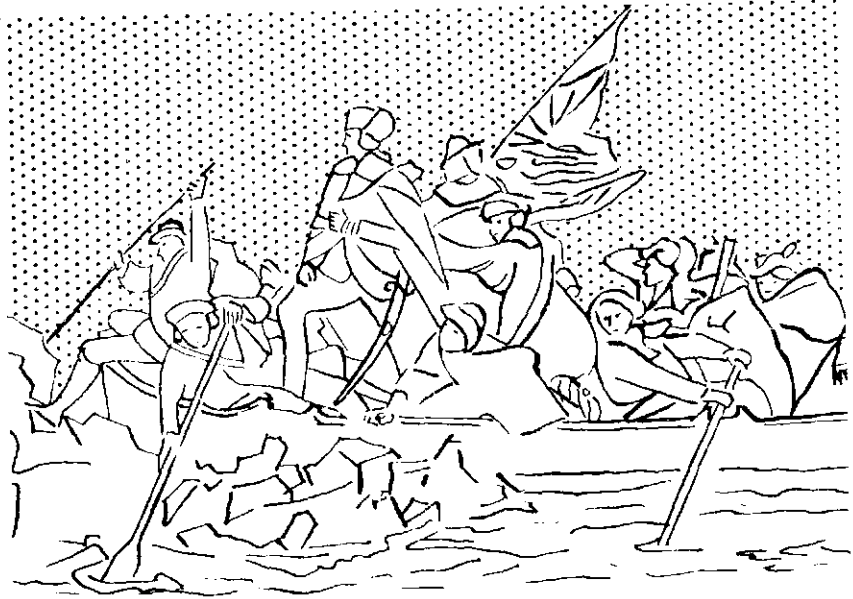
What does heredity have to do with mental retardation? Dr. Stephen Amato, a genetic researcher at the University of Nebraska College of Medicine, explained the connection at the February GOYARC General Membership Meeting. Only about 20% of the cases of mental retardation are a result of physical interference to development, he said. The other 80% are thought to have environmental causes. Dr. Amato used slides to trace the normal development of an unborn baby and explained how genetic irregularities might occur and how they can be detected. His talk stimulated much discussion among the 60 youth attending.

* * * * *

IT'S ALMOST HERE! MARCH 1, 1973

GOYARC ELECTIONS

WHO WILL BE
GOYARC LEADERS
IN 1973?

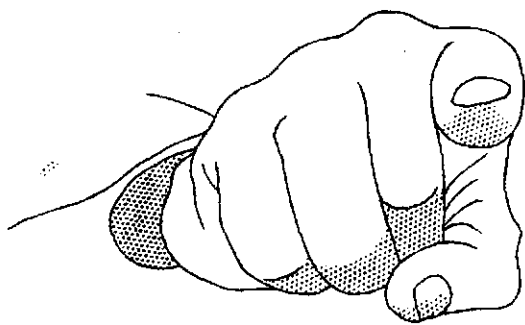


HEAR THE CANDIDATES SPEAK;
VOTE FOR YOUR CHOICE

1ST SUNDAY, MARCH 4
7:00 P.M.
NPI AUDITORIUM

GOYARC SUCCESS DEPENDS

ON
YOU !!



HAVE YOU PAID YOUR DUES?

SUE GRASSO, TREASURER
12503 Pierce, 333-0883

BEHIND EVERY SUCCESSFUL YOUTH GROUP.....


The search for GOYARC advisors was a long but fruitful one. During the past couple months some new adult faces have been present at GOYARC meetings and activities. These adults are assisting the group as advisors, quietly making recommendations and offering other support to officers and committee chairmen.

A GOYARC member recommended the sponsors of her church youth group, Bill and Judy Peterson, who live at 9830 Laurel. This lively, interested couple has since backed up a GOYARC basketball game, bowling, and children's Valentines party. Dave Fisher, another new advisor, first became acquainted with GOYARC after taking a group to the Beatrice State Home for youth advocacy training. Formerly a CYO sponsor, Dave, now a Boystown Counselor, has become impressed with the missions of GOYARC and the possibilities for youth to develop leadership as active members of the group. He and his family live at 1222 Bellaire Boulevard in Bellevue.

Clem Morrow, Pat Henry, and Helen Zauha also continue to stand on call to GOYARC as the members plan and execute activities with and for retarded citizens in the Omaha area.

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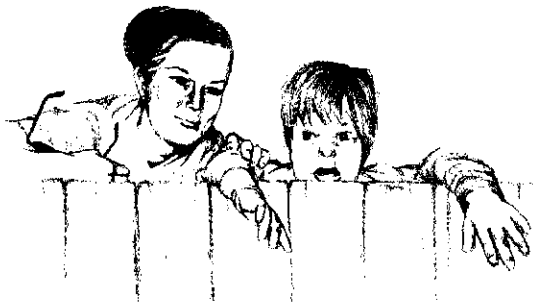
GOYARC MARCH CALENDAR

- 
- March 4 GOYARC General Membership Meeting, 602 South 44th Avenue,
7:00 P.M. Program: Elections
- March - April Arts and Crafts (4 meetings every other Saturday) GOYARC & teens
Chairman: Dana Johnson, 731-3898 (Pat Henry - Advisor)
- March 10 Polka Party, GOYARC and teens and young adults
Chairman: Cindy Hatch, 558-7912 (Helen Zauha - Advisor)
- March 15-17 YARC Regional Convention, Indianapolis, Indiana
- March 17 St. Pat's Party, GOYARC & Children
Chairman: Marion Porter, 572-8491 (Dave Fisher - Advisor)
- March 26 Pre-Beatrice Meeting, ENCOR, 116 South 42nd Street, 7:00 P.M.
- March 31 Movies at Burk's, GOYARC & teens and young adults
Chairman: Arlo Burk, 333-8577 (Bill and Judy Peterson - Advisor)
- April 8 Youth Advocates Visit Beatrice State Home

*Please Note:

Parents and GOYARC Volunteers, call chairmen for reservations and more information on above activities.

WHAT THE HECK IS GOARC? WHY SHOULD I BE A MEMBER?



History

GOARC began as a small group of parents and friends who were concerned about services for their mentally retarded children. Later they fought hard for their children's human dignity and worked hard to help others to see their children as developing human beings like all of us are developing human beings. In 1968, the Governor, so moved by the work of these parents and friends, appointed a Governor's Citizen Committee on Mental Retardation. Here's a few of the things they did in those early days:

Presented a moving report to the Governor on the situation of retardation.

Presented a moving report to the Douglas County Board.

Started a comprehensive program of community based services.

Became the first metropolitan ARC to "spin off" their services to county government. (Eastern Nebraska Community Office of Retardation was born).

Became internationally recognized for what they did.

The Last 1½ Years

But it didn't stop there. GOARC, after the "spin off", has now organized into a volunteer organization with all kinds of advocacy efforts on behalf of the mentally retarded. Here are only a few things done--(many of you can add other things.)

1. Developed an efficient corps of parents who have "been there", working with newly identified parents of the retarded.
2. Developed a committed group of youth who work directly with retarded citizens. (GOYARC)
3. Developed a Citizen Advocacy program whereby citizens become friends and advisors in obtaining services for mentally retarded citizens.
4. Formed five Human and Legal Rights Committees which monitor (1) residential services, (2) vocational training centers, (3) developmental centers, (4) public school special education and (5) a group which works for public attitudinal change in actual critical situations.
5. Developed two Poverty and Mental Retardation Action Committees, to work with low income parents and citizens.
6. Continues to be active in Legislative and Governmental Affairs.

Specific Happenings This Past Year (Others can be added)

1. Resolving problems involved in establishing hostels in the community.
2. Legislative activities: supported Right to Normalization Lawsuit, sponsored district coffees, conducted a Senator's Forum, testified at public hearings.
3. Supported Rubella Immunization Project.
4. Established Educational Toy Lending Library.
5. Established Parents Book Lending Library.
6. Assisted with tours of national leaders visiting Omaha.
7. Formed Dating and Marriage Committee.

BY THE END OF 1973 GOARC WILL HAVE UTILIZED OVER 47,400 VOLUNTEER HOURS ON BEHALF OF THE MENTALLY RETARDED AND THEIR FAMILIES.

....AND WE'VE JUST BEGUN!

JOIN TODAY

ANNUAL MEMBERSHIP	\$ 7.00
SUPPORTIVE MEMBERSHIP	\$ 10.00
LIFE MEMBERSHIP	\$100.00

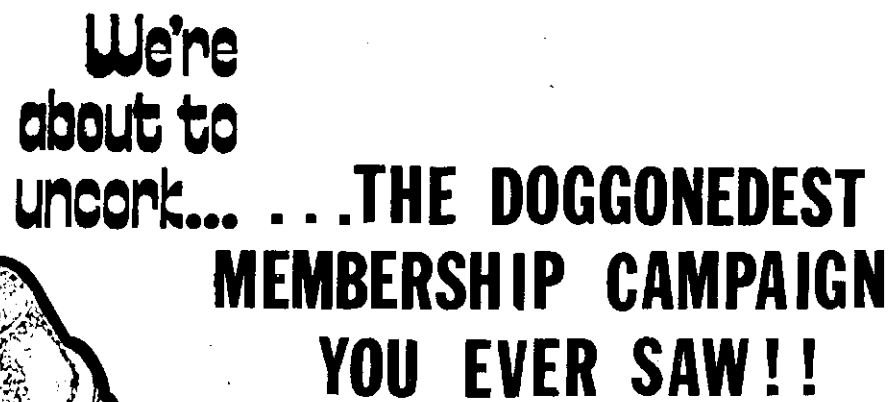
HERE'S THE LIST OF THOSE WONDERFUL GOARC CONTACT PERSONS

They will contact you about your GOARC membership. They are available to you anytime you have a question or situation that GOARC might be able to help you with. They are key people - on call, valued communicators of GOARC's cause for the retarded.

The GOARC Board of Directors: George Armstrong, Leighton Goodrich, Jerry Lenz
 Pilot Parents: Fran Porter
 Citizen Advocates: Laurie Giles, Anne Benson, Pat Nolan
 Poverty and Mental Retardation Committee, North: Louise Wright
 Poverty and Mental Retardation Committee, South: Betty Leibert
 ENCOR Central Office: LaVern Hammer
 ENCOR Central Annex: Jane Burrell
 Family Services, North-East: Lee Anderson
 Family Services, Benson: Kathy Rierden
 Family Services, South: Dick Mann
 Family Services, Cass/Sarpy: Flip Rogge
 Vocational Center, Benson: Carol Krebs, Mrs. Rita Giles
 Vocational Center, Bellevue: Don Moray
 Vocational Center, North-East: Don Davis
 Developmental Center, Sarpy: Eileen Hogan, David Giles
 Developmental Center, Benson: Wally Fague
 Developmental Center, CHANCE: Emerance McNeil, Fran Porter
 Developmental Center, South: Linda Esterling
 Developmental Center, West: Kathy Northam
 Behavior Shaping Unit: Steve Pew
 Developmental Maximation Unit: Larry Rocklin
 Christ Child Center: Mrs. Norman Folda
 NPI: Karen Hoffman
 Children's Rehabilitation Institute: Virginia Johnson
 CHAP School: Martin Mondor
 Madonna School: Frank Kean
 District 66: Mr. and Mrs. George Haecker
 Omaha Public Schools TMR: Rosemary Wais, Joe Garro
 Ralston: Julie O'Brien
 Millard: Mrs. Roger S. Graham
 Capehart: Martin Mondor
 Council Bluffs: Mrs. William Stahley
 Offutt Air Force Base: Martin Mondor, Joe Garro



"We sure do need ya!"



IT STARTS WITH YOU.

GOARC MEMBERSHIP APPLICATION FORM

Name _____

Address _____

City _____ State _____ Zip _____

Phone: home _____ business _____

Occupation _____

Spouse's name _____

Recommended by _____

Relative of a retarded person? yes no _____

If so, his or her relationship to you and age _____

His or her name _____

Please check the appropriate boxes:

Renewal	New Member
<input type="checkbox"/>	<input type="checkbox"/>

Class of membership: ☐ Regular \$7.00

<input type="checkbox"/> Life	\$100.00	<input type="checkbox"/> Supportive	\$10.00
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payment: ☐ Enclosed ☐ Bill me later

Charge to: Bank Americard

Expiration date

Master Charge

Expiration date

Mail to: Greater Omaha Association for
Retarded Children
608 Barker Building
Omaha, Nebraska 68102

GOAL SET: 1,000 + MEMBERS

The GOARC Membership Committee, co-chaired by Margaret Buswell and Dave Giles, set a goal of 1,000 + members by March 31, 1973. The committee also has asked the GOARC Board of Directors to set the pace by obtaining five new members by the March deadline. We will let you know how they did.

Each committee member will be obtaining a contact person who will be asked to canvas their particular interest group to obtain renewals and new members of GOARC.

This lively group has organized in such a way as to make our goal of 1,000 members realistic.

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NEBARC/GOARC REPS ATTEND NATIONAL CONFERENCE

JaWanda King, Louise Wright, Catherine Williams and Clem Morrow attended the National Poverty and Mental Retardation Conference in Dallas, Texas on February 8-10. The purpose of the conference was to develop guidelines for the implementation of programs at the local level.

The group made the following observations:

1. The conference purpose was quite similar to the project proposals adopted by NARC in 1968 therefore an evaluation of existing programs would have been helpful in the pre-planning.
2. Workshop on actual programs would have been much more beneficial than developing guidelines--since guidelines are more effective when developing at the local level.
3. Organization of poor and minorities is not so unique that we need specific guidelines.

POVERTY & MR (CONT)

4. The need to fight for advocacy oriented ARC's just as much as with minority and low income involvements.

5. Each local ARC should submit to NARC Poverty and Mental Retardation program consultant, Alma Mitchell, an evaluation or explanation of existing programs and their future plans.

ENCOR TO WORK WITH PRESCHOOLS

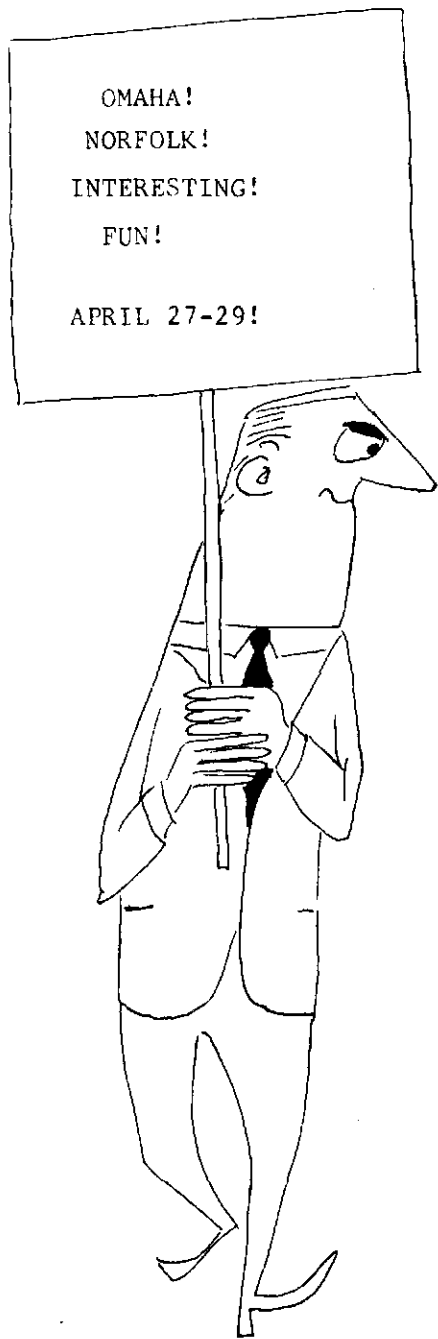
Linda Tarrant, Coordinator, ENCOR Child Guidance, explained the good and exciting news on pre-school integration. Plans have been made to enroll four pre-school developmental center students in the Children's Corner Pre-School at 38th and Dewey, an Omaha pre-school. Two ENCOR teachers will accompany the children and be assigned full time to the Children's Corner.

They will work with the other children and staff at the Children's Corner but will be directly responsible for the Developmental Center graduates precision teaching charts.

"Integration" will be more than an ideology as all children play together and learn together. Experienced staff will be on the spot to offer the delayed children any added support and additional programming they may need.

ENCOR hopes to expand this program to other pre-schools within the area so that more young children may be served.

- - - - -



WOLFENSBERGER AND NEBARC CONVENTION IN APRIL.

FRIDAY, APRIL 27: 7:30 at Kountze
Memorial Church

"GOARC'S FUTURE: THE NEXT TEN YEARS"
Wolf Wolfensberger will speak.

**SATURDAY, APRIL 28, 29 TO
NORFOLK**

THE NEBARC STATE CONVENTION
LET'S ALL GO!

Wolfensberger will speak again along
with many other interesting speakers.

**THIS PROMISES TO BE A GOOD
LONG WEEKEND BOTH AT OMAHA
AND NORFOLK.**

PROGRESS IS THE WORD

Three of ENCOR's developmental home children have graduated from developmental centers to public school classes, all of them during the first part of February.

David, who has been at home on the farm of Mr. and Mrs. Ray Satterfield of Blair for about ten months, is moving from Fremont Developmental Center to trainable classes in Blair public schools.

With some vigorous advocacy on the part of Mr. and Mrs. Louis Filip, their "daughter", Denise, has found a place in a special education class at Park School in Omaha. Denise will even have her own tutor in deaf education.

And last but not least -- Tommy who lives with Mr. and Mrs. Dean Sparr of Omaha will be discovering new horizons at Dundee School. Tommy, who previously lived in an institution, attended Benson Developmental Center for 4 months.

A FAMILY FOR KATHY

"Do you know that on 'my farm' eggs come from chickens, and we make our own butter and bake bread?" This was 14 year old Kathy's reaction after spending a weekend with her present developmental family. They are Jim and Marilyn Pruss who live on a "real" farm with seven of their ten children. The other three are grown and living away from home.

Kathy is more than excited about her new home. She has been in an institutional setting for several years and is happy to be with a family -- especially such a big one. She exclaimed, "They are always so busy. Everyone is running around and doing things!" Having never lived on a farm before, she was a little surprised at seeing where the milk came from. In fact, for a minute she wasn't sure she wanted to drink it.

It isn't hard to see that the Pruss' love children and consider each one of theirs to be very unique individuals. Mrs. Pruss is finishing classes for her teaching certification and has done some work in special education. That's how she became interested in working with retarded children. Mr. Pruss whole heartedly supports their new undertaking.

HOSTELS RECEIVE NEW RESIDENTS

Wendell Wills, son of Bill and Wilma Wills, moved into the Cumings Hostel the end of February and will be working at the Benson Workshop.

Jack Pleiss and Jerry McGargill, both back from the Beatrice State Home are living at the Burt Street Hostel.

FREMONT GETS FAMILY SERVICE OFFICE

ENCOR has established a Family Service Office in Fremont in an effort to make the services and programs which ENCOR offers more easily accessible to the retarded and their families. The office will serve both Dodge and Washington Counties by offering the services of an Adult Guidance Counselor, Child Guidance Counselor, Speech Therapist and a Recreation Consultant.

NARC WINS PR AWARD

The editors of PUBLIC RELATIONS NEWS, the international public relations weekly, have voted NARC's 1972 Poster Child ceremony at the White House with President Nixon one of the ten outstanding public relations programs of the year. The ceremony featured a football, autographed by the Cowboys, which the President, in turn, autographed and presented to Kevin Heald, the Poster Child. PUBLIC RELATIONS NEWS cited the event as outstanding in "enlisting support for the country's retarded children and adults".

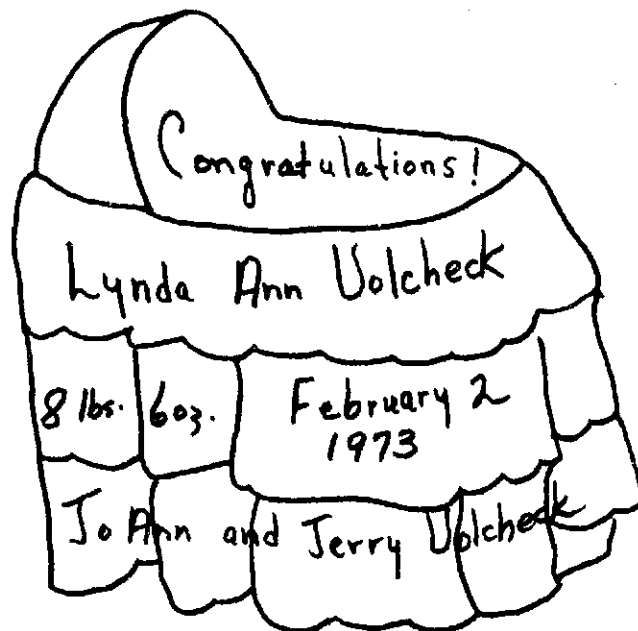
CRISIS HELP EXPANDS, ACCEPTS NONAMBULATORY

ENCOR's Crisis Assistance Service, which offers temporary residential care to the mentally retarded when their families are faced with a crisis, is in full swing after a year and a half in operation. In addition to the hostel at 535 South 35th Avenue, which was established in October, 1971, ENCOR also contracts with private homes. The private homes accommodate the overflow for crisis service and make service to families in Dodge and Washington Counties more convenient. The "crisis home parents" were screened and trained by ENCOR as were the houseparents of the Crisis Hostel.

Both mentally retarded adults and children, nonambulatory and ambulatory, are served in the hostel or a crisis home.

For more information on Crisis Assistance Services, contact Jane Lonnquist at ENCOR, 558-1115.

- - - - -



SAVAGE AND SNYDER GO TO BAT FOR US

It was a strong and kind thing you did, Senator John Savage...drafting LB 102.

And it was a strong and kind thing you did, Senator Duke Snyder, drafting LB 92.

102 shows an excellent concern for the handicapped. 92 will do much to lift that painful four mile restriction that has caused many parents of the mentally retarded a tremendous hardship.

All of us were touched by your concern in drafting the bills, as well as your advocacy at the hearings.

All of us are proud that you are among Omaha's Senators!

- - - - -

WILLS IN DEMAND AS SPEAKER

GOARC's enthusiastic chairman of the Legislative Action Committee has been a busy young lady. She has been presenting the legislative effort of our association to parent advisory groups throughout the city. Those who heard her speak at the Benson Vocational Parent Advisory Group and the Children's Rehabilitation Institute Advisory Group have commented on the clear, interesting and humorous presentation that she made. Wherever she goes, she is successful in enlisting other parents who are willing to travel to Lincoln and testify at Senate Hearings Committees on behalf of the mentally retarded. At the present time, Wilma has two strong loves -- aside from her family. One is obviously her interest in the GOARC legislative effort, the other one is her music students which she faithfully teaches everyday.

GOODRICH AND HIS TIGERS TAKE TO THE ROAD

Leighton Goodrich and the Chairmen of his five Human and Legal Rights Monitoring Committees addressed the Dodge County ARC on Monday, February 5, 1973. Leighton is the Thrust Chairman for these hopeful, hard working groups of people who monitor all kinds of community based services and attitudes toward the mentally retarded.

Going with him to Fremont were Darrel Scholer, Chairman of the Monitoring Committee on Vocational Services; Rosemary Wais, Co-Chairman of Public Attitudinal Change and June Vance, Chairman of Residential Services.

This meeting at Fremont, Nebraska turned on lots of people and helped them to see other ways that their local organization can come alive as an advocacy and monitoring agency.

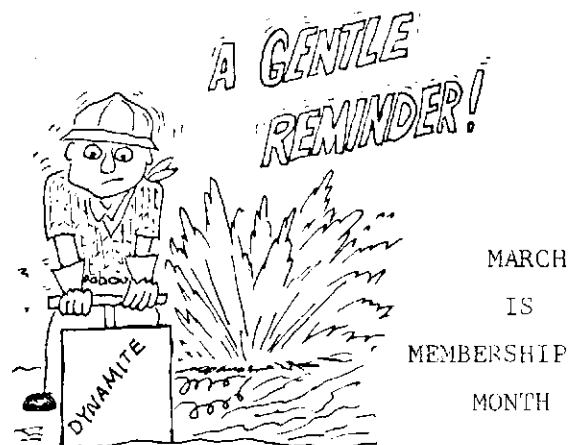
LEWIS TO CHAIR "NEW" WAYS & MEANS

Dick Lewis, who is an avid member of GOARC as a volunteer and serves as Administrative Director of ENCOR has accepted the post of GOARC's newly remodeled Ways and Means Committee. This leadership constitutes the beginning of one more exciting committee under Jerry Lenz, Thrust Chairman for that particular division.

The committee members are every bit as lively and as good as their chairman. They are:

Steve Sogal
Donald Steffen
Ron Sloop
Allen Ribbe
Ken Chittick
Jerry Lenz (ex-officio)
Earl Hurley (ex-officio)

All of us are looking forward to the leadership of this Steering Committee.



GOARC is proud of Aunt Martha, Aunt Lyal, Aunt Leone and Aunt Nell. They all belong to Bob Perske and they've joined GOARC. How about your aunts?

SUCCESS: IT ISN'T ALWAYS EASY

Ralph Williams was raised at the St. James Orphanage. At age 16 he was sent to the Beatrice State Home. Two years later, opportunity knocked! He moved into the Mens Hostel, then located at 5016 California, and worked during the day at the Benson Workshop. A year later he obtained a job at Eppley Care Center in the housekeeping department where he is still employed.

After living in Cluster Apartment, then on up to Counseled Apartments, he finally reached the top by getting his own apartment! Since Ralph has no family with which to share his birthday, each year he sends out invitations to a party in his apartment. He makes no mention of it being his birthday but has cake and punch for his guests. He plans the whole party on his own.

If you've ever planned a trip you know it's not a snap! But, since Ralph loves to travel, he decided to go to California by plane. He made all the reservations, arrived safe and sound, and was met at the airport by a friend. The next year he decided flying was too expensive, so planned his vacation to Washington, D. C. by bus. He stayed with friends in Washington, however they had to work during the day so Ralph went sightseeing by himself.

Ralph is very active in the Omaha Parks and Recreation Drama Club. He was in "Westside Story", was in the cast and also assistant director of "Wizard of Oz", and "You're A Good Man, Charlie Brown". For the latter production he planned the production party for cast and friends.

Ralph can get anywhere in Omaha on a bus, and frequently goes to Des Moines and Lincoln to visit friends he had at the orphanage.



POOL TABLE GIVEN AS MEMORIAL

Just before Christmas, the young men at the hostel, received a pool table from Helen and Joe Schultz in memory of their son, Ron. Many wonderful hours are spent around that table.

YOUNG MATRONS CLUB GIVES DONATION

It is organizations such as the Young Matrons Club who keep GOARC going. Joe Friend recently received a check from the club for \$550.00 to be used to help fund the Lending Library. We at GOARC need clubs such as the Young Matrons to allow us to fund our many activities and programs.

Special thanks are in order to Mrs. Castater, the President, Judy Novak, Mrs. Widstrom, and many other ladies who made it possible.

*Membership renewal
deadline is April 1!!!*

CALENDAR

MARCH

- 1 GOARC GENERAL MEMBERSHIP MEETING, First Federal Savings and Loan, 2101 South 42nd, 7:00 - Coffee Social, 7:30 - Program, "Community Based Programs: Survival, Stagnation, or Growth". Regional Rally.
- 1 Children's Memorial Hospital Parent Group meeting, 7:30 P.M., hospital auditorium
2. DMU Parent Meeting, 7:30 P.M., 502 Ridgewood (Berry's)
- 4 GOYARC General Membership Meeting, 7:00 P.M., NPI Auditorium
- 7 Sarpy Developmental Center Parent Group meeting, 7:30 P.M. at the center
- 7 CHANCE Parent Group meeting, 7:30 P.M. at CHANCE
- 8 North Poverty and Mental Retardation Committee, 1602 Manderson, 7:30 P.M.
- 11 GOARC GAZETTE Deadline. Notify Jan Novicki of all articles today!!
- 13 Human and Legal Rights Committee on Residential Care, 7:30 P.M., 3817 Dewey Ave.
- 13 Sarpy Developmental Center Parent Group, 7:30 P.M. at the center.
- 14 Citizen Advocacy Orientation, 7:30 P.M., GOARC office
- 15 MCRI Parent Group meeting, 7:30 P.M. at MCRI
- 15 Human and Legal Rights Committee on Developmental Centers, 7:30 P.M. (location to be announced)
- 15 Human and Legal Rights Committee on Vocational Training, 7:30 P.M., 5703 Military
- 19 Pilot Parent Meeting (time and place to be announced)
- 20 GOARC Board of Directors, 7:30 P.M., ENCOR Central Office
- 21 Madonna School Parent Group, 7:30 P.M. at Madonna School
- 21 Citizen Advocacy Training, 7:30 P.M., GOARC office
- 21 Human and Legal Rights Committee on Public Attitudinal Change, 7:30 P.M., 5718 A Street
- 22 South Poverty and Mental Retardation Committee Meeting, 4724 South 24th (Commercial Savings), 7:30 P.M.
- 27 Sarpy Vocational Center Parents, 7:30 P.M. at the center
- 27 Human and Legal Rights Committee on Special Education, 7:30 P.M. (location to be announced)
- 28 Citizen Advocacy Training, 7:30 P.M., GOARC office

Special Note: March 14, 15 and 16 - NARC North Central Regional Convention, Indianapolis, Indiana

Shirley Dean
 4724 South 24th #107
 Omaha, Nebraska 68104

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Greater Omaha Association for Retarded Children
608 Barker Bldg. Omaha, Neb. 68102

GAZETTE

APRIL, 1973 ISSUE
EDITOR: JAN NOVICKI



"When do you think is the time to love somebody the most?
When they done good and made things easy for everybody?
Well, that ain't the time at all! It's when he's at his
lowest and can't believe in himself 'cause the world
done whipped him so."

Lorraine Hansberry
A Raisin in the Sun

GOARC'S \$20,000 FUN DAY
SEE PAGE 15
NEBARC ANNUAL CONVENTION
APRIL 28, 29
SEE PAGE 6

THE THOUGHTFUL WORKINGS OF AN EXECUTIVE DIRECTOR'S MIND

MEMORABLE EVENTS AT THE HEARING ON LB 403

On March 5, 1973 many parents and professionals appeared at the hearing on LB 403 (Senator Stahmer's bill which fights for a quality of education for all children regardless of their handicap). Here's some of the highlights of that hearing:

Senator David Stahmer opened the hearing. He stated "All children regardless of their handicap....should receive a quality educational program...we should not merely educate the children for whom it is cheapest and easiest to educate and leave the rest out...."

Barbara Zapotocky: "If LB 403 had been in sometime ago, I'm confident Mike would be home."

Paul Tamisiea spoke of his fear that LB 403 is desperately needed now that federal funding cuts have taken place.

JaWanda King spoke of her experience when her sister was sent home from school. She begged that legislators not let this happen to other children.

John Foley presented minor amendments and suggested that the bill include the severely and profoundly retarded.

Edna Watson told how her daughter was sent home from public school...how CHANCE came to her aid...she's now back in public schools. She feels this bill would save many other mothers from this same sort of heartache.

Judy Berry spoke of successes at the Developmental Maximation Unit and made her plea for the profoundly retarded.

Gertrude Jack also used DMU as an illustration "My son couldn't sit....he lay there all folded up...now he's sitting up and can hold his head up."

Sally Swancutt compared her son's life at Beatrice State Home with the life he now leads in the community and attending West Developmental Center. "If the federal cuts and other legislation for the retarded fall away, many would go back to Beatrice State Home...I couldn't bear that."

Sharon Carr made a plea that the class size never become too large.

Senator Stahmer closed the hearing with some touching statements. "Had I become more knowledgeable too, maybe that lawsuit would have not been needed."

As you can see...it was an eventful day on March 5, 1973 at the State Capitol.



BOB PERSKE

Bob Perske

OUR PRESIDENT SPEAKS

Dear GOARC Members,

It has been a very eventful month since the last issue of the GAZETTE. Our attention has been focused on a number of things that will have a profound effect on the future lives of the mentally retarded who are being served in our communities. The news of projected cut-backs in the Federal funding of community programs is one of the events that started us to work.

We have been working very hard attempting to let our legislators both at the State level and at the National level know how much we need and want the continued progress and expansion of community based services for our retarded.

We have even been able to set up telephone conferences with our Congressmen in regard to our concerns in these matters.

We have had a wonderful response from you, our membership in regard to writing about your concerns in this matter to the National and State legislators, as they indicated to us in our telephone conferences that their mail is running very heavy from people interested in the continued funding of services in the community, for the mentally retarded.

It is my opinion that at this time these men very well know our position, and look upon us, and what we are striving for, in a very sympathetic and positive way.

This does not mean that our job is over. It is actually just beginning. We have to prove to all, that what we are doing is right and deserving of tax monies to assure the continuation of these programs.

The best way you as members of GOARC can do this is by showing your concern by becoming active in our many volunteer committees we have in GOARC and show our elected officials we don't want something for nothing. All of us are willing to work hard as volunteers in our "thorough going advocacy" agency GOARC, to make sure community services are provided for the retarded.

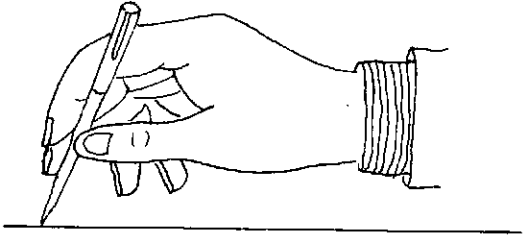
We have many and varied types of committees, no experience needed, just a desire to help in this most worthwhile effort. Call the GOARC office, 346-6338 - get involved with some winners.



JOE FRIEND

Sincerely,
Joseph L. Friend
President
GOARC

LEGISLATIVE NOTES



We want to thank everyone who has supported us in any way in our legislative efforts, be it on the state or Federal level. We have appreciated your responses to our calls for help in Lincoln, whether to testify at a committee hearing or just be part of a group. Don't leave us now, though, for we are definitely going to need

you again when some of these bills come up for vote on the floor.

Here's where we are on some of our Nebraska bills. Just a "thumbnail sketch" will be presented here, but if you would like additional information on any of the bills, contact the GOARC office or any member of the GOARC Legislative Committee.

- | | |
|--------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| LB 92 | (Transportation Bill) This bill is stalled in committee. A letter to your senator might be helpful here. |
| LB 102 | (Multi-handicapped children's bill) This bill is on final reading. |
| LB 173 | (Immunization Bill) Is now on General File. |
| LB 199 | (101 Life Safety Code Bill) We had mixed feelings on this bill at first, but now believe the action to kill the bill by the Public Works Committee is agreeable. |
| LB 266 | (Equal Opportunity Bill) Being held in the Labor Committee. |
| LB 311 | (Office of Mental Retardation Emergency Funding) This bill sponsored by the Appropriations Committee is on General File. |
| LB 361 | (Transfer of the Nebraska Psychiatric Institute) The Health and Welfare Committee holds this bill, but it is not recommended that we take any action at this time. |
| LB 403 | (Handicapped Education Bill) This bill was heard March 5 before the Public Education Committee. If you have not registered your support before, we would like to suggest that you write a letter to Senator Stahmer, sponsor of the bill or write a letter to your own senator. We feel this is one of the more important bills and does deserve our utmost efforts. |

Now, for action on the Federal scene. We get first-hand word that you have been doing your homework. Recently several members of the Legislative Committee talked via telephone to our Washington representation. We were assured they have noticed the increased volume of mail concerning the possibility of severe cuts in federal spending for MR programs. Senators Curtis and Hruska and Representative McCollister are aware of our alarm and said they would be working on corrective and alternative measures to our funding problems. Just in case you have not written, let me strongly urge that you do it right this very minute!

Senator Carl T. Curtis
Senate Office Building
Washington, D. C.

Senator Roman L. Hruska
Senate Office Building
Washington, D. C.

Representative John Y. McCollister
511 Cannon Office Building
Washington, D. C.

You can be sure some of us are working night and day across Nebraska, and indeed, across the nation, to see that these federal cuts do not become a reality for our retarded citizens. Stay watchful and alert to further action!

FAMILY OF THE MONTH

The Jerry Volchecks
9515 Spencer

Jerry and JoAnn have been very active in the Pilot Parent program of GOARC. JoAnn worked hard as Publicity Chairman getting interviews and promo's on radio and television, and sending information about Pilot Parents to anyone who would listen. "There are many rewards being a Pilot Parent, one is the friendship you have with the family you are working with,"

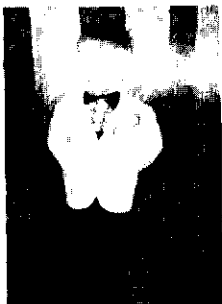
said JoAnn, "and Kent and Margie Zaiger have become our close friends."



Jerry, who has worked for Western Electric for 12 1/2 years, is an Inspector in the cable plant. He and JoAnn are also distributors for Amway.

The Volchecks have worked on Honey Sunday for the past four years. They start months ahead getting their group together and when the last of the honey is sold they have a party and dinner for the volunteers.

(Little) Jerry, age 5, was born while his daddy was in Viet Nam. The doctor told JoAnn right away that Jerry was mongoloid and recommended that he be sent to Beatrice. The army let Jerry come home for a month and in that time they both decided they would keep their baby at home to give him a chance to prove the doctor was wrong. Which he did. Jerry started school at the Benson Developmental Center when he was 2 1/2. When he was 4 he entered the Ames Ave. Montessori School. He is in his second year and really doing great. On Sunday mornings Jerry attends the religious education class for the mentally retarded at St. Joan of Arc. Thanks to their babysitter, Sue Ellis, (who is a member of GOYARC), Jerry has attended many of their activities. One of the proudest moments for the Volchecks was when Jerry was ring-bearer for his Uncle's wedding.



"Ricky, at the age of 3, carried the burden of civilization with determination and a degree of success that is sometimes frightening. Billy is a stocky, blond 2 year old who looks every inch a boy and already seems bent on taking apart anything he can reach." Lynda, born just two months ago, is as darling as a little girl can be.

**LET'S ALL GO TO THE NEBARC CONVENTION IN
NORFOLK**

Schedule:

Friday, April 27 - 8:00 P.M. State Board Meeting
Also sessions on Special Olympics and
Religious Nurture.

Saturday, April 28 - 9:00 A.M. Keynote session:
Brian Lensink will speak on "Normalization"

9:45 - Interesting sessions on program
evaluation, law enforcement, community
program accreditation, policies and
regulations, attitudinal change, and
local ARC improvement.

12:00 - Research Luncheon - Dr. James Eisen

1:45 - More Important sessions:
The ARC's role, membership, recreation,
advocacy, funding

3:00 - Sessions of the rights of the retarded

4:15 - Sessions on service to retarded citizens
and their families

7:00 - Awards and Recognition Banquet
Dr. Wolf Wolfensberger will speak

Sunday, April 29 - 9:30 - NebARC Annual Meeting. All
delegates must attend. Interested members
are invited to observe.

ROOM RESERVATIONS

You may clip this reservation form and send directly to the Villa Inn as
indicated.

TO: Villa Inn
Mrs. Mary Wright
NebARC State Convention
1227 Omaha Avenue
Norfolk, NE 68701

Reservations for nights of April 26 ☐ , 27 ☐ , 28 ☐ ..
Number of persons in party _____. Number of rooms _____.
Names of persons in party: _____

One (1) Room with Queen size bed - \$13.50 ☐ (1 or 2 people)
One (1) Room with 2 full size beds - \$16.50 ☐ (1 or 2 people)
One (1) Room with 2 full size beds - \$16.50 for first 2 people
plus \$3.50 for each additional. Check No. of additional 1 ☐ 2 ☐
If you expect to arrive late, please specify latest time of
arrival _____.

REGISTRATION FORM -- NEBARC ANNUAL CONVENTION

Villa Inn Convention Center - Norfolk, Nebr. - April 27, 28, 29

ADVANCE REGISTRATION:

This entire form is to be completed and returned (postmarked) no later than Monday, April 23rd, in order to receive the benefits of advance registration rates. Each individual and/or couple registering is to complete one of these forms. The completed form, along with a check to cover the registration for the items indicated is to be returned to:

Norfolk Area Association for Retarded Children
P. O. Box 32
Norfolk, Nebraska 68701

NAME (circle) Mr. _____
Mrs. _____
Miss _____

ADDRESS _____
Street Town Zip

I enclose \$ _____ to cover the registration items checked below.
--(These are per individual)

_____ Full registration including Luncheon and Banquet \$15.00
_____ Registration only \$6.50
_____ Research Luncheon \$3.75
_____ Banquet \$5.00

(Registrations at the door will be: Full - \$17.00; Registration only - \$8.50; the Luncheon and the Banquet will be the same as shown above.)

Please check the appropriate items and circle the appropriate responses

_____ I am a state board member and will be attending the board meeting Friday PM
_____ I am/are official delegate(s) to the Annual Meeting Sunday morning.
_____ I am/are alternate delegate(s) to the Annual Meeting.

PARTICIPATION IN MEETINGS

Please check those meetings or sessions which you plan to attend. If a couple is completing this form, check those sessions which each of you will be attending. If both plan to attend the same session, put two checkmarks for that particular session. Consult the convention program for the identification of the numbered sessions.

There will be an approximate limit of 50 persons in each of the numbered sessions. We are hopeful that each ARC will spread its attending members out over the whole range of sessions.

FRIDAY NIGHT - April 27th, 8:00 P.M.

1 _____
2 _____

SATURDAY - April 28th

9:45 - 12:00

3 _____
4 _____
5 _____
6 _____
7 _____

1:45 - 2:45

8 _____
9 _____
10 _____
11 _____

3:00 - 4:00

12 _____
13 _____
14 _____
15 _____

4:15 - 5:15

16 _____
17 _____
18 _____
19 _____
20 _____

ON THE GO WITH GOYARC



Hello! Recently we elected new officers and committee chairmen. I think all of them will be hard working, reliable people in the upcoming year. During this next year we are planning to increase our activities along with our membership. We're looking forward to a lot of continued support from GOARC.

Mike Zachert, Bob Brinda, Mary Jane Rees, and I attended the Regional YARC Convention in March along with about thirty others from Nebraska. State Convention is coming up April 27, 28, and 29 at Wayne State College. If you are a GOYARC member and haven't already sent in a registration form get one from Helen Zauha or me and send it in right away.

I'm still taking orders for Nebraska Youth State T-shirts (cost is \$2.00). Talk to me if you would like one.

Arlo Burk, President
GOYARC

BURK RE-ELECTED AS GOYARC PRESIDENT

At the March General Meeting, Arlo Burk was re-elected president for the coming year. Judy Pierce will again be vice-president, and Sue Ellis was favored for GOYARC secretary. Other officers elected were Mary Jane Rees, treasurer; Beth Huettner, calling and transportation chairman and Bob Brinda will serve as public relations chairman. The seven board members who will serve on the GOYARC steering committee are: Mike Fontenot, Connie Giddens, Mark Kling, Cindy Hatch, Tim Neylon, Jay Salyers and Lori Wolpa.

GOYARC PRODUCES WINNING SHOW

Mike Zachert and Bob Brinda developed a slide show for GOYARC entitled "Such Good Friends" which they presented to the State Youth meeting in Grand Island.

(continued)

ADVOCATES ATTEND BSH CHURCH SERVICES

Thirty GOYARC members travelled to the Beatrice State Home in February. They left Omaha on Sunday the 25th at 6:00 a.m. in order to attend church services with their protégés in the BSH gymnasium.

After church all worked in molding clay and painting murals. Pierce Nowlin and Robin Zagurski merit a special thanks for supplying materials used. The next visit is planned for Sunday, April 8.

"DAMNATIONS" PLAY AT GOYARC DANCE

On February 24th, a Valentine Teen Dance was held at the Boystown Library. Sue Ellis, Larry Davis, Jay Salyers and Rick Shaw were in charge of the dance which featured a combo called "Damnations". The combo was great. Winners of a dance contest, Larry Davis and

(continued)

SLIDE SHOW

WINS FIRST (CONT)

The show won first place in the media contest. Plans are now being made for showings across Nebraska and Indianapolis. Anyone desiring a showing should contact Bob Brinda at 333-1111 or Helen Zauha at 346-6338.

SPECIAL OLYMPICS TO HAVE CHEERLEADERS

Hi! I'm the chairman of a brand new state-wide YARC sponsored program. We have planned Pep Clubs and Cheerleaders all over the state in conjunction with Special Olympics. There are three main purposes for this Cheerleading Program.

1) to provide the Special Olympics teams with an established cheering section to back them, 2) to provide a chance for participation in an athletic event that requires little or no athletic skill or coordination, 3) to integrate retarded and non-retarded persons in a unified group with a common goal, that of spirit, fun and enthusiasm.

All GOYARC members, retarded persons (both participants and non-participants in Special Olympics), and parents of the retarded can be members of the Pep Club. We will have many cheers and exercises to perform at local Special Olympics events and at the State Meet. There will be a State competition of Pep Clubs in May.

The first meeting of the Special Olympics Pep Club was held Tuesday, March 27, at Burke High School at 7:00 P.M. and every other week thereafter. Meet just inside the front doors. Any retarded person and their families are welcome to come. Be sure to wear something easy to move in. We'll see you there.

Lori Wolpa, Chairman
S.O. Cheerleading
333-7693

GOYARC DANCES (CONT)

Carol Jones, were crowned King and Queen for the evening. Thanks to the fathers of Mary Jane Rees and Chris Peterson, there were pink, white and red carnations on all the tables along with burning Hurricane Lamps which gave a soft hue to the whole room.

A Polka Dance was held in March at the Creighton Prep gymnasium with a live three-piece polka band. Cindy Hatch and Tom Jameison hosted this dance. Though a bit skeptical at first, everyone seemed to find out that the polka is lots of fun and tends to wear a person out.

A Barn Dance is planned for April!

DESK NEEDED FOR LIBRARY'S USE

Everybody is thankful for the volunteers who rebuilt the Toy Library. The renovation has been completed with beautiful contrasting spring green adjustable shelves, paneling, and a gold rug. Now, a desk and chair is needed for library use. Anyone can donate the items by calling the GOARC office

The library, opened March 15, is planning an open house sometime in May. Visitors are most welcome at 1602 Manderson. The hours are Tuesdays and Wednesday 10:00 A.M. to 5:00 and Saturday 10:00 to 4:00.

GOYARC CALENDAR

March 29 GOYARC Steering Committee Meeting, 7:00 P.M.
2015 South 86th Avenue

March 30 Arts and Craft Ongoing Activity (teens)
Advisor - Pat Henry
Chairman - Dana Johnson, 731-3898

April 8 Youth Advocates visit Beatrice State Home
Advisors - Helen Zauha and Dave Fisher
Chairman - Connie Giddens, 558-5249

April 10 GOYARC Special Olympics Pep Club, Burke High School
122nd and Burke Street (see article)
Advisor - Judy Peterson
Chairman - Lori Wolpa, 333-7693

April 14 Arts and Craft Ongoing Activity (teens) see above

April 15 Easter Egg Hunt, GOYARC and Children
Advisor: Bill Peterson
Chairman: Melody Schenck, 572-8633

April 15 GOYARC General Membership Meeting
Nebraska Psychiatric Institute Auditorium, 7:00 P.M.
Program: Special Olympics

April 21 Arts and Crafts Ongoing Activity (teens) see above

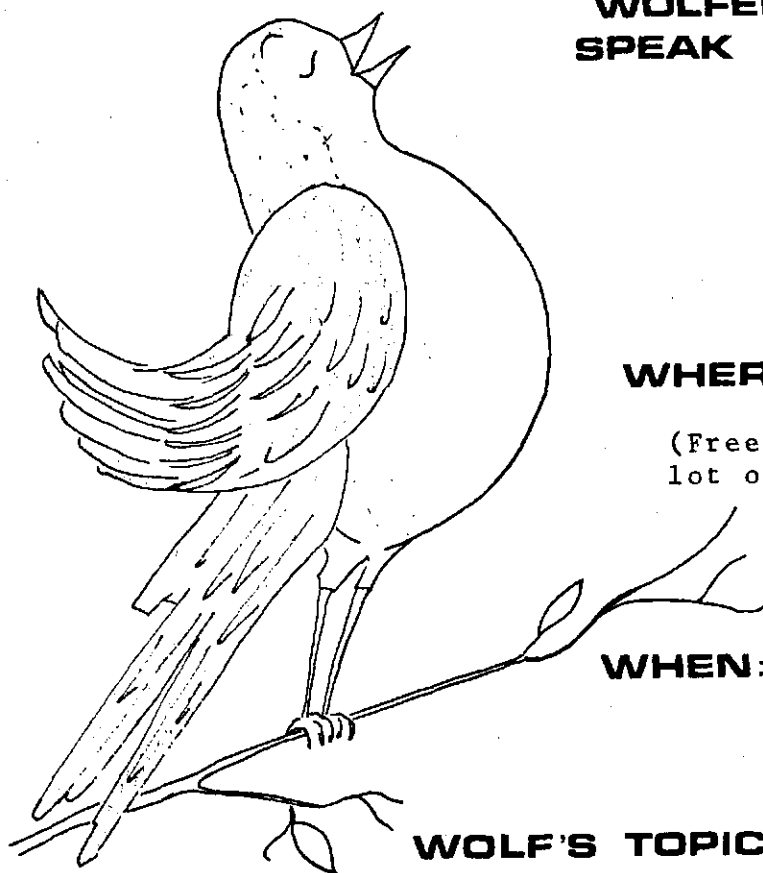
April 24 GOYARC Special Olympics Pep Club (see above)

April 28 Barn Dance, GOYARC and Teens and Adults
Advisor: Clem Morrow and Dave Fisher
Chairman: Kristy Kelly, 397-1054

- - - - -

Edna Watson says many thanks to all those who signed the petitions asking that Federal funds not be cut back for community programs. The petitions were sent to our representatives, in Washington - Senators Hruska, Curtis, Representative McCollister, Philip Rutledge, HEW and President Nixon.

**WOLFENSBERGER TO
SPEAK IN OMAHA**



WHERE: Kountze Memorial Church
2650 Farnam
(Free parking in Kountze Parking
lot on Dodge Street north of church)

WHEN: Friday, April 27, 1973
at 7:30 P.M.

WOLF'S TOPIC: STAGES IN THE EVOLUTION OF
ASSOCIATIONS FOR THE RETARDED.

(His address will be basically the
same as his presentation at Norfolk
the next evening.)

THIS IS ONE OF THE
FEW TIMES WE'LL HAVE
TO HEAR THIS FUTURISTIC
CRUSADER FOR RETARDED
CITIZENS. DON'T MISS
HEARING OUR FRIEND AND
FORMER OMAHAN!

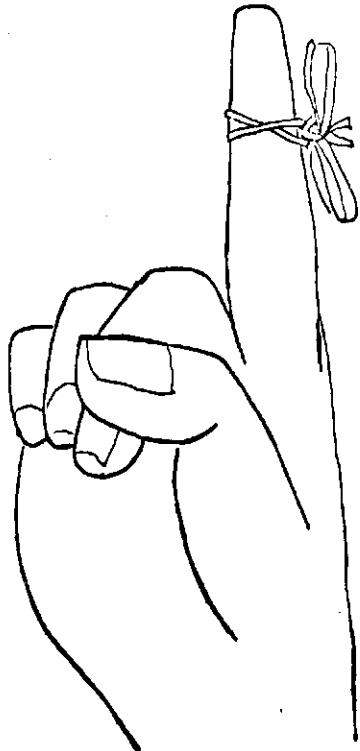


MARK MAY 3 ON YOUR CALENDAR!

IT'S OUR ANNUAL

AWARDS AND ELECTION

NIGHT!



Come early. Music and food.

All Awards are surprises!

YOU MUST BE THERE TO WIN.

Short business meeting. Election of officers.

Then we turn them loose!

- - - - -

SOULFUL DINNER AT CHANCE

The mothers of CHANCE are planning a soul food dinner Saturday, April 14, 11:00 A.M. - 6:00 P.M. at CHANCE, 1702 Grace. The dinner is being planned to raise funds for CHANCE parents specific assistance fund.

Tickets are \$1.50 per dinner. Come and bring the family to help us make this event a success.

Menu will include:

- Southern fried chicken
- Chitlings
- Greens
- Black-eyed peas
- Potato salad
- Cole slaw
- Corn bread
- Sweet potato pie
- Chocolate cake
- Choice of beverage

To learn more about this event, contact Mrs. Linia Gude, 556-2932, Mrs. Eddie Felix, 455-0497, Mrs. Liddie Renchie, 453-8750 or Mrs. Louise Wright, 342-1686.

GOARC NEWS GLIMPSES

ARE YOU MOVING? The GOARC GAZETTE is sent out by bulk mail. Therefore, it will not be forwarded or returned to the office. When you move, call the GOARC office. Then, your GAZETTE will follow you to the new address.

NEW RECREATION CONSULTANT FOR ENCOR

Harry Naasz, who received his Master's Degree in Guidance and Counseling from UNO, has filled the position recently vacated by Sue Filipczak. He will be directing the Recreation and Leisure Time activities in both Sarpy and Cass Counties. Mr. Naasz will be working out of the office at 1616 Vinton - 346-6229.

ENCOR VOLUNTEER FOR MARCH

Marion Kavares, of 6904 Oak Plaza, has been named ENCOR's Volunteer of the Month. She has volunteered well over 100 hours at the West Developmental Center assisting in classroom procedures, eating and other self-help skills.

ENCOR SEEKS VOLUNTEER CONSULTANT

ENCOR is seeking a very special volunteer---someone who can coordinate all the Sarpy County volunteers. The individual filling this unpaid position would recruit, screen, train, place, and follow through on all volunteers in the ENCOR programs in the Sarpy County area. This Volunteer Consultant will be involved in many different aspects of social service and will participate in a rigorous training program. Anyone interested may call Diane Kratochvil at 558-7746.

KAPPA KAPPA GAMMA DOES IT AGAIN

The girls from Kappa Kappa Gamma are having another design show May 3-6. The proceeds again will go to GOARC. We certainly hope their show will be as successful as last year. More information will be available in the May GAZETTE. Advanced tickets can be ordered through the GOARC office. Thanks again, Kappa Kappa Gamma!

LOUIE FERRAGUTI, SIGN PAINTER PAR EXCELLENCE COMES THROUGH!

Have you seen it yet? The beautiful GOARC Membership display in the window of the Kilpatrick Building? (On Douglas, just west of 15th). There's flamboyant banners, and life size characters from the cartoon, "Love is..." It makes a person feel that parents of retarded persons can do anything when they put their mind to it. All of us are proud of Louie. Don't miss your chance to drive by and see his masterpiece.

WHEN WOMEN GET THEIR HEADS TOGETHER....WATCH OUT!

The new Federal regulations were published. They were painful. Then.... Leanna Skarnulis gets this idea. Martha Perske got it too. So did 35 other housewives. The telephones start buzzing and better than 600 persons send in their donations. \$1400 was raised in order to purchase a large advertisement in the World Herald. This is one more situation that proves the GOARC gang has really got it!

STAFF, PARENTS AND FRIENDS OF BDC DO A TOUCHING THING

Mary Rutlege, the cook at Benson Developmental Center, passed away February 4th. She worked at the Center from March 1969 until her recent illness. It was obvious to everyone that Mary cared deeply about the children in the Center and showed her concern through many extra "little" things she did for everyone. In the midst of the grief of her loss, the staff, parents and friends of the Center elected to send a check for \$38 as a memorial to their cook, Mary Rutledge.

LIFE INSURANCE NOW AVAILABLE

The unexpected has happened at last. Your child can now have life insurance. The Guardsman Life Insurance Company is the only company in the nation with previous experience in insuring groups similar to GOARC and ENCOR.

They have come up with the following program for you:

<u>Plan</u>	<u>Annual Premium</u>	<u>Age</u>	<u>Face Amount</u>
20 Pay Life	\$70.00	0-21 Inclusive	\$2,500.00
20 Pay Life	70.00	21-30 Inclusive	2,500.00
<u>Down Syndrome Classification</u>			
20 Pay Life	\$35.00	0-30 Inclusive	\$1,000.00

The above rates are based on the participation of at least 300 individuals. The program provides security and savings for your child. The savings grows each year for twenty years and then the plan is paid up.

If you look into life insurance for your child you will discover that it is practically impossible to obtain. However, if your child is able to qualify for standard life insurance, on an individual basis, this will be taken into consideration and everything humanly possible will be done to secure it for him.

For more information, contact:

Lewis A. Doane
809 S. 75th St.
Omaha, Nebraska
391-7030

RADIO STATION TO PRESENT AN INDEPTH FORUM

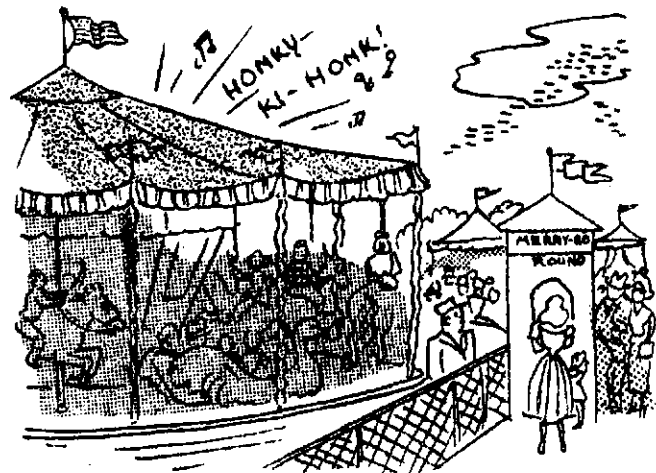
An indepth study of Mental Retardation, covering all aspects of this particular human situation will be aired over Radio Station KRCB. This continuing series will begin March 25. It will be aired from 8:00 to 9:00 A.M. on KRCB AM (1560) and again at 7:00 to 8:00 P.M. on KRCB FM (98.5). The programs are:

MARCH 25 Pre, Para and Post-Natal, plus Early Childhood Causes.
APRIL 1 Continuation of Part I
APRIL 8 Early Childhood to School Age.
APRIL 15 Education of Trainables.
APRIL 22 Education of Educables.
APRIL 29 Community Services (Social, Recreation, Housing).
MAY 6 Pros and Cons of Institutions.
MAY 13 Legislation.

(Program schedules subject to change in case of additional programs).

Many Omahans will be participating in this series on Community Based Services for the retarded.

**GUESS
WHAT
WE HAVE
IN STORE
FOR YOU?**



**GOARC TO HAVE
"FUN DAY AT PEONY PARK"**

WHEN: Sunday, May 6, 1973

ACTIVITIES: Rides, Art Auction, Music,
Bring your own picnic

Sometime in April each member will be asked to sell blocks of \$1.00 tickets. We hope you will sell them to your friends, neighbors, and relatives. Many local service and fraternal organizations will also be asked to participate and sell blocks of tickets. We are estimating \$10,000 profit for GOARC. So, help us reach that goal!



WE ARE PROUD OF THE DEVELOPMENTAL HOME PARENTS IN OUR REGION

To date, there are 12 splendid families who have opened their doors and hearts to a foster retarded child. They've been intensely screened by Marsha Honrath and Kathy Gromko. They now have a retarded child as a regular member of their family.

Of all of the parents of the mentally retarded, these are some of the greatest. They chose to raise a mentally retarded person in their family.

In the future months, GOARC will be looking for many ways to honor these parents. The Board of Directors unanimously voted to give each set of parents a complete regular membership in GOARC for the first year free of charge. These parents are:

Erland and Rose Andersen
Gene and Alice Bishop
Wilford and Darlene Card
Louis and Martha Filip
Frank and Barn Aurneisen
Louis and Paula Hyland
Bill and Pat O'Donnell
Charles and Elsie Phifer
Raymond and Edith Satterfield
Dean and Enid Sparr
Mr. and Mrs. Frank Koderer
James and Marilyn Pruss

In the meantime, Kathy Gromko and Marsha Honrath are searching for other developmental home parents they can screen and train for one of the most noble reasons that we know.

LOUANN OLSSON ASSISTS CA PROGRAM

LouAnn Olsson, 5019 1/2 California, has joined the GOARC Staff. A graduate of the University of Nebraska, with a degree in Family and Child Development, LouAnn has had experience in directing programs for the Belmont Community Center in Lincoln. She is married to Roger Olsson, a medical student at the University of Nebraska.

Primarily LouAnn assists Helen Zauha in coordinating the GOARC Citizen Advocate Program which now hosts 65 relationships between advocate volunteers and their retarded protégés. Plans are being made to increase this number.

Thanks to Dr. Menolascino for his advocacy in behalf of this growing GOARC Program and a warm welcome to LouAnn.



HERE'S THE NOMINATED OFFICERS FOR 73-74

Jerry Lenz, Mamie Flowers, Kay Galloway, Allen Gilmore, and Betty Ferraguti have now come forth with this years nominating committee report. The elections will be held at the May General Membership Meeting, May 3, 1973.

President	Joe Friend
Vice-President	Jack DeMay
Second Vice-President	Betty Ferraguti
Recording Secretary	Judy Berry
Corresponding Secretary	Allen Gilmore
Treasurer	Ed Skarnulis

Board Members (July 1, 1973 to June 30, 1975)

Steve Sogal	Norman Stava
Martin Mondor	June Vance
Edna Watson	Laura Lebs
Mary Clark	Jack Conrad
John Pleiss	Brian Lensink
Charles Schorr	Jane Sherratt
Jane Lonnquist	Paul Pearson

A Board Member for the one year term July 1, 1973 to June 30, 1974

LaVern Hammer

These nominations will be presented at the May 3rd General Membership Meeting. Nominations will also be received from the floor.

- - - - -

LENDING LIBRARIES OPEN

Need a book on how to feed your mentally retarded child, or more information about cerebral palsy? The lending libraries have them! And many more. The books are placed at the Centers and are rotated every two months. The libraries are located at:

- West Developmental Center - 96th and Pacific
- Benson Developmental Center - 6319 Maple
- South Developmental Center - 4622 Monroe
- Sarpy Developmental Center - 1910 Franklin (Bellevue)
- North Service Center - 16th and Manderson
- Madonna School - 2537 North 62nd Street
- Behavior Shaping Unit - 5016 California
- Main Library at GOARC

The hours for the libraries are the same as each Center except for the North Service Center - Tuesday and Wednesday, 10-5.

SUCCESS: IT ISN'T ALWAYS EASY

Laura Lebs and John Hoffman
were united in marriage
on March 3
at St. Margaret Mary Church



But first things first.

John Hoffman and Laura Lebs met at the Beatrice State Home where they had lived since childhood.

At Beatrice, the story of boy-meets-girl usually ends right there. And this one might have, too, except for the fact that John and Laura were able to leave Beatrice and move to Omaha.

John was placed in a job at Veterans Hospital. Laura went to work at a nursing home.

According to a friend, John's landlady helped him a great deal in overcoming the everyday problems of starting a new life as a working man.

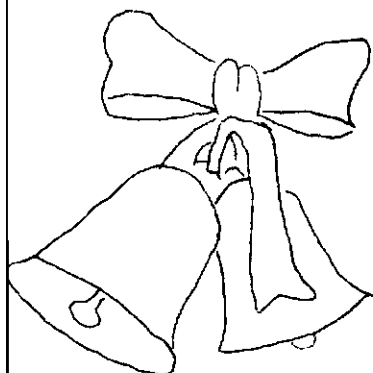
Laura, too, had some problems at the nursing home where pay was low and conditions weren't the best. ENCOR placed her in a class where she learned home-making skills, and later got her a job at St. Joseph Hospital. She still works there.

Meanwhile, John and Laura took advantage of the many ENCOR recreation programs. They became better and better friends.

After going steady for about a year, John and Laura became the first couple to take marriage counseling provided by ENCOR.

On March 3, with many of their new friends and members of ENCOR looking on, John and Laura were married at St. Margaret Mary Church.

Then, Mr. and Mrs. John Hoffman flew away to California for a honeymoon.



**FEDERAL GOVERNMENT SHAKES THINGS WITH
NEW REGULATIONS AND GOARC PULLS
A RALLY. . . .**



**WE PACKED
'EM IN AT FIRST
FEDERAL.**

**MARCH 1ST
WAS A MEMORABLE
NIGHT!!**

ENCOR SEEKS \$6.4 MILLION, BUT CUTBACKS POSE PROBLEMS

About 350 persons from the five ENCOR counties heard ENCOR Executive Director Brian Lensink outline a \$6,440,718 expansion budget for 1973-74 at the March GOARC meeting.

But, Lensink pointed out that federal cutbacks in social services will make it difficult to raise that amount, which is almost twice the budget for the current year. He said that \$2,146,637 is needed to replace expected losses in federal funds.

If the money isn't appropriated by other government units, Lensink said, as many as 440 children and 230 adults now served by ENCOR could be affected.

Lensink urged the audience to write their congressmen asking for:

1. Repeal of new social service regulations scheduled to go into effect April 15.
2. Removal of limitations on private funds used to match federal dollars.
3. Exemption for mentally retarded citizens in new welfare income guidelines.
4. Earmarking of special revenue-sharing funds for mental retardation.

or their state senator asking for:

1. Full funding of ENCOR's state budget request of \$1,233,698.
2. Full funding of state community programs request of \$2,686,597.
3. Use of state revenue-sharing money for mental retardation purposes.

Although painting a rather dark picture with his budget figures, Lensink said that ENCOR is optimistic that funds will be obtained to continue and expand programs for the mentally retarded in the ENCOR area.

Many persons at the meeting wrote letters to their congressmen and state senators.

Among the visitors was mayor candidate Ed Zorinsky. He said that the turnout, which filled the First Federal auditorium, amazed him. He said that when he realized the scope of the concern for the mentally retarded that he wrote his congressman a letter, too.

LETTERS TO THE EDITOR



Dear Editor:

Bill and I wish to thank those persons who met with us recently concerning Wendell's placement. When dedicated people like Dr. Menolascino, the Jim Carters, staff from Behavior Shaping Unit, from Benson Workshop and from the central office get their heads together to ponder the future of just one retarded individual, it restores our faith in mankind and reaffirms our belief in the ENCOR philosophy.

Bill and Wilma Wills

"WHERE DO THE CHILDREN PLAY?" CHANNEL 3 KMTV ISSUES 73 PROGRAM SUNDAY - 12:00

The date for the showing had not been set by printing time, so watch the TV program schedules so you don't miss it. County-Commissioners P.J. Morgan and Dan Lynch along with GOARC President Joe Friend, will discuss federal fund cuts and the effects on community based programs.

LENSINK, LYNCH GO TO WASHINGTON

No stone is being left unturned in our battle to keep Omaha's community services alive. Brian Lensink, Executive Director of ENCOR and Dan Lynch, Douglas County Commissioner, met in Washington with Rep. McCollister, Philip Rutledge, Director of Social and Rehabilitation Service, as well as members of Caspar Weinberger's HEW staff.

They had an hour and a half meeting when they only expected twenty minutes. Lee Terry of Channel 7 was also there. All gave excellent presentations... some of it was on video tape.

It was obvious that the congressional delegation from Nebraska was very much in favor of continuing and strengthening the community based experience in Nebraska. They now need our letters of thanks. Other letters will need to go to Mr. Weinberger and Mr. Rutledge, since this is very much an administrative problem.



CALENDAR

APRIL

- 4 Sarpy Developmental Center Parent Group, 7:30 P.M. at the center
- 4 Benson Vocational Services Center Parent Group, 7:30 P.M. at the workshop
- 4 CHANCE Parent Group, 7:30 P.M. at CHANCE
- 10 Benson Developmental Center Parent Group (Norma's class), 7:30 P.M. at the home of Mr. and Mrs. Hansen, 4806 Charles
- 10 Human and Legal Rights Committee on Residential Care, 3817 Dewey, 7:30 P.M.
- 10 South Omaha Developmental Center Parent Group, 7:30 P.M. at the center
- 12 North Poverty and Mental Retardation Committee, 1602 Manderson, 7:30 P.M.
- 15 GOYARC General Membership Meeting, 7:00 P.M., NPI Auditorium
- 16 CHAP School Parent Group, 7:30 P.M. at CHAP
- 16 Pilot Parent Meeting, DMU, 7:30 P.M.
- 17 GOARC Board of Directors Meeting, 7:30 P.M. at ENCOR
- 18 Human and Legal Rights Committee on Public Attitudinal Change, 5718 A Street, 7:30 P.M.
- 18 Madonna School Parent Group, 7:30 P.M. at the school
- 19 Human and Legal Rights Committee on Developmental Center, 7:30 P.M., NPI
- 19 Human and Legal Rights Committee on Vocational Training, 7:30 P.M., 5703 Military Avenue
- 24 Human and Legal Rights Committee on Special Ed, 7:30 P.M., location to be announced
- 24 Sarpy Vocational Services Center Parent Group, 7:30 P.M. at the Center
- 26 South Poverty and Mental Retardation Committee, 4724 South 24th (Commercial Savings), 7:30 P.M.
- 27 WOLF WOLFENSBERGER SPEAKS! KOUNTZE MEMORIAL CHURCH, 2650 FARNAM, 7:30 P.M.
- 28,29 NEBRASKA ASSOCIATION FOR RETARDED CHILDREN'S ANNUAL CONVENTION, NORFOLK, NEBRASKA

MAY

- 3 MARK IT ON YOUR CALENDAR! GOARC ANNUAL AWARDS
AND ELECTIONS NIGHT, First Federal Savings and
Loan, 2101 South 42nd, 7:00 - coffee, 7:30 - mtg.
- 5 Regional Special Olympics, Berquist Stadium,
a.m. & p.m., exact time schedule to be announced
- 12 Madonna School Luau, Holiday Inn, 72nd & Grover,
Authentic Hawaiian menu, 6:30 - cocktails, 8:00-
dinner, \$15.00 per person

- 22 -

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Greater Omaha Association for Retarded Children
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GAZETTE

MAY, 1973 ISSUE
EDITOR: JAN NOVICKI

PLAY IS A CHILD'S WORK



**OUR NEW DEVELOPMENTAL TOY LIBRARY
HAS ITS OPEN HOUSE**

**SUNDAY, MAY 20, 2:00 - 4:00 P.M.
1602 MANDERSON**

**WHEN HOME IS SCHOOL
AND SCHOOL COMES HOME. . .**

**GOARC FUN DAY AT
PEONY PARK IS SUNDAY,
MAY 6.
SEE PAGE 11**

THE THOUGHTFUL WORKINGS OF AN EXECUTIVE DIRECTOR'S MIND

Karen Kelly, Thrust Chairman of our Action Committees, and I teamed up to speak at the luncheon meeting of the Omaha clergy some weeks ago. Both of us gave a presentation about changing attitudes toward the retarded as well as how ministers could develop an advocacy stance on behalf of the mentally retarded citizens in their communities. We felt we did a good job. But I left the meeting struck by something else that happened.

At the closing of the meeting, a pastor was asked to give the benediction. In it he said:

"If we are anything less than our best
selves we have sinned in thy sight."

How about that! Right on the spot, this thoughtful pastor alluded to a theology for developmental human beings. The end quotation was that everybody should develop into the best self they possibly could. To be anything less than that would be sinful.

...And then I thought of certain mentally retarded citizens...Close friends I know who want so much to be their best selves...to develop...to achieve... but there are still certain people who through prejudice and misunderstanding set limits on them and keep them from having the chance.

Bob Perske

GOARC GRIEVES THE LOSS OF ERIN BERRY

All of us who are members of the GOARC family have been saddened by the loss of Erin Berry, daughter of Ken and Judy Berry, at the Developmental Maximization Unit on Tuesday, April 10, 1973. Those at DMU who worked with Erin were crushed. She had been coming along so well. Services were held Friday, April 13 at All Saints Episcopal Church.



OUR PRESIDENT SPEAKS

Dear Parents and Friends,

During the past month the awards committee has been working on a very difficult task. They have been attempting to pick persons from our organization who are deserving of awards for their devotion to raise the status of our mentally retarded in a variety of ways.

This has been very difficult for us because we can think of so many people who are deserving. How do you pick out one person who is more deserving than the rest of the candidates?

We are making our selections knowing that there are many who will not be receiving an award, who are deserving. There have been so many hard working dedicated people this past year.

I would like to encourage the entire membership to come to the May General Membership Awards and Election Meeting. We are planning a different type of entertainment, and I hope it will be enjoyable to all.

Sincerely,

Joseph L. Friend
President
GOARC



Editors Note: Look for the regular features, "Family of the Month", and "Success: It Isn't Always Easy" in next month's issue.

WEST BRANCH YMCA SUMMER FUN CLUB DOES IT AGAIN

Many GOARC members are aware of the excellent Summer Fun Club held at the West Branch YMCA last year. It's going to happen again. This year there will be two programs:

"TEEN PROGRAM" (Eight weeks of swimming instruction, crafts, nature study, physical fitness and group games)

"KIDS PROGRAM" (Eight weeks of swimming instruction, crafts, outdoor fun, physical fitness and group games)

The session will begin June 18 and end August 10. It will be held Monday through Friday from noon til 4:00 P.M.

One attractive ingredient is that many opportunities for socialization with "normal" peer groups will be carried out. This integration has proven to be most important so it will be carried out wherever possible.

The cost for the entire program, including camping is \$50.00 per child.

THERE WILL BE MENTALLY RETARDED CITIZENS WHOSE MOMS AND DADS CANNOT AFFORD THE \$50.00 PER CHILD. What an excellent way to help the cause... by donating a \$50.00 scholarship.

For further information, contact Martha Filip, 393-3700.

"WHERE DO THE CHILDREN PLAY?" ON KMTV, SUNDAY, MAY 20

The date has now been set for the showing of "Where Do The Children Play?" on KMTV (3). It will be shown on the "Issues 73" program, Sunday, May 20, at 12:00 noon.

This excellent presentation done by the National Association for Retarded Children was filmed in Omaha. So, don't be surprised if you see lots of familiar things and people.

Immediately after the film, County Commissioner P.J. Morgan, County Commissioner Dan Lynch, and a GOARC member, Jim Kelly, will discuss the film as well as our hopes for the retarded in the Greater Omaha area. Terry Forsberg will be the moderator for this program.

This is the film we've all been waiting to see. Don't miss it! Tell your neighbors to watch too!

(See the film at noon....Attend the Toy Library Open House, at 2:00.)



**THEY'LL BE GIVING
IT ALL THEY'VE GOT
AT THE**

**REGIONAL
SPECIAL
OLYMPICS,**

SATURDAY, MAY 5, 10AM.-2 P.M.

**NORRIS JR HIGH
2235 SOUTH 46**

**HERE'S YOUR CHANCE TO COME AND
ROOT FOR THEM!**

COUNT DOWN

During the month of March we have been able to reduce the number of adult residents from the ENCOR region in Beatrice State Home to 345. Adults who came home are:

Robert Sturek - returned home
George Sanders and
David Wooten - returned to the Burt Street Hostel.
Karen Serafini - returned to the Harney Hostel.

In the month of March we reduced the number of children from the ENCOR region to 73. Faith Hessig was placed in a developmental home.

ON THE GO WITH GOYARC



Hello!

I just sent in my Presidential report to State and I thought I would just say a few things that I included.

To start out with our membership has increased from 46 to an ever increasing number past 75. This should continue to increase as we contact more schools in the area. The number of youth advocates at Beatrice last year has risen to 40 with even more becoming interested.

We started out last year with about three or four one-shot activities a month, mostly with teenagers. Now we are having about five one-shot activities monthly and two or three on-going activities at least twice a month.

GOARC has changed its by-laws to state that any member of GOYARC may join GOARC and be a member in full standing for \$1.00. Our by-laws also read that any member of GOARC (under 25) may join GOYARC for \$1.00. We hope that many young people will take advantage of this unique membership exchange. All of this is due to a hard working steering committee; without them we couldn't have done it. Our new officers also have started right off working really hard and by the end of this year I'm hoping we can double our services and membership.

Well, that's all for now.

Arlo Burk
President
GOYARC

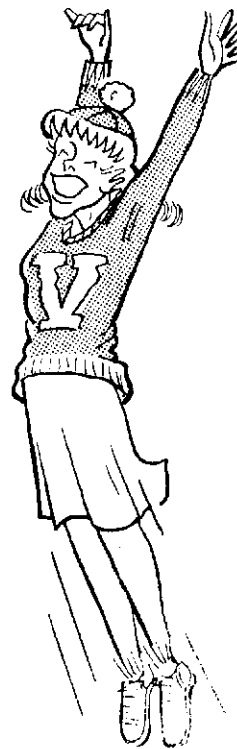
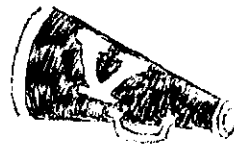
CHILDREN'S SAINT PATRICK'S DAY PARTY

The Leprechauns of GOYARC met for a children's party at the Boystown Library on Saint Patrick's Day. There was the traditional lime kool-aide to celebrate. It was such a beautiful day that everyone soon gave up on the indoor games and headed for the dairy farm. The young calves needed to be fed and the kids held a big plastic "baby bottle" for them. Even though it was a Saint Patrick's Day Party, the calves seemed to like the milk much better than our green kool-aide.

GOYARC MEMBER ORIGINATES NEW IDEA

Something new! This year GOYARC has been doing something new. GOYARC, under the direction of Lori Wolpa, has been holding a Cheerleading Clinic at Burke High School on every other Thursday night to prepare a cheerleading section for the Special Olympics. With this support our Special Olympics team has even a better chance to bring home some ribbons.

Dave Blume, State Special Olympics President, announced at the April General Membership Meeting that he has referred information on the new program to Eunice Kennedy Shriver for special recognition.



MOVIES AT ARLO'S

Teens and volunteers watched "Laurel and Hardy" and "Spanky and Our Gang" movies, Saturday afternoon in late April, at Arlo Burk's house. The movies would have been a little boring without the goodies and extras supplied by Arlo. We all enjoyed his pin-ball machine and pool-table, ping-pong table, etc., and, of course, his refrigerator. We're all looking forward to more "Movies at Arlo's."

GOYARC ON-GOING ACTIVITIES

A group of young people meets for an activity. Usually, however, the same group does not get together again. To change this situation, GOYARC has tried something new. A small group of teens and young adults planned more than one event together.

The group met at Boystown on one of few sunny Sundays this past month. It was a great day for a hike, and that we did. The idea was to gather things along the way to later make into art projects. The group leaned on Kathy Lincoln, a UNO Special Education student, who coached them on how to make dried milk weed, corn, pop cans, and the like into something neat. Gary Cratty's mosaic flowers were the stand outs.

The same group met again at Montclair Pool for Friday afternoon swimming. Water basketball and keep-away were part of the program. We ended with Pepsi and chips to tide everyone over til' supper at home.

GOYARC ACTIVITY CALENDAR - MAY AND JUNE

May 5	Special Olympics, Berquist Stadium, 10:00 a.m. to 2:00 p.m. Chairman: Arlo Burk, 558-5813
May 6	Dance at Peony Park, 7:00 to 10:00 P.M. Chairman: Mary Jane Rees, 391-0866
May 7	Pre-Beatrice Meeting, ENCOR Conference Room, 7:00 P.M. Chairman: Connie Giddens, 558-5249
May 12	50's Dance (Teens and Young Adults) Chairman: Suanne Selee, 393-9457, and Sue Ellis, 572-7736 Advisor: Pat Henry
May 13	General Membership Meeting, Nebraska Psychiatric Institute, 7:00 P.M.
May 19	Royal's Baseball Game (Courtesy Burger King) Chairman: Jay Salyers and Kristy Giddens, 558-5249 Advisor: Pat Henry
May 20	Youth Advocates Visit Protégés at BSH Chairman: Connie Giddens, 558-5249 Advisor: Helen Zauha
May 27	Zoo Trip (Children) Chairman: Beth Huettner, 571-4792 Advisors: Peterson's
May-June	Special Program (Dating with Retarded Couples) Chairman: Judy Pierce, 572-1922 Advisor: Sherry Schreiber
June	Softball Team (on-going) Chairman: Tim Neylon, Cliff Penny and Frank Pycha, 333-1111 Advisor: Dave Fisher
June 10	Picnic with Games (Children) Chairman: Tom Jamieson, 558-4538, and Marian Porter, 572-8491 Advisor: Clem Morrow
June 23-24	Car Wash (Teens) & Party planned with proceeds Chairman: Mike Fontenot, 333-1111 ext. 324, and Teri Hammon, 571-1144 Advisor: Peterson's
June 26	Swim Party (All ages) Chairman: Paddy Sherman, 571-2061, and Pierce Nowlin, 333-1111 ext. 324 Advisor: Helen Zauha



Mike Wais

**IN OMAHA THIS EVENT
WILL NOW HAPPEN
AGAIN AND AGAIN.**

(Some years ago it would have never happened.)

ON A SUNDAY IN APRIL.....

AT ST. THOMAS MORE CHURCH.....

62 CHILDREN CELEBRATED FIRST

COMMUNION.....

MIKE WAIS WAS ONE OF THEM.

THANK YOU FATHER NORMAN PARR AND FATHER

MEL MERWALD

FOR EXTRA TIME,

TENDER PATIENCE

AND YOUR CARING HEARTS.

- - - - -
COOPERATIVE CA VENTURE

Hanscom Park United Methodist Church, Reverend Don Marsh, Pastor, has launched into a Christian Advocacy endeavor. They are seeking individuals within their congregation to form helpful one-to-one relationships with elderly, physically handicapped, and mentally retarded persons. In addition, some may serve only in crisis situations. The GOARC Citizen Advocacy Coordinators, on a cooperative basis, have been training a group of these advocates who are interested in the retarded. After being matched with retarded individuals in their church or part of town, these advocates will continue to meet together around their group chairman to offer support and suggestions to one another. The GOARC Program will be on call to mediate needs of these advocates.

Hanscom Park United Methodist is not new to progressive social action in behalf of the retarded. In the 60's this church hosted the HELP Nursery School.

CITIZEN ADVOCATES DO CARE

Advocates speak out for the rights of their retarded protégés. In these uncertain times of funding and program cuts, they are becoming even more involved in the lives of their friends. These close, meaningful friendships are making a lasting impression on the protégé, his family, friends, teacher, and counselor.

There are 61 advocates in expressive and instrumental relationships. They are making a difference in the lives of 59 protégés because they care.

Let's not forget that advocates do make a difference. By caring what happens in the program, we, as GOARC membership can enhance the lives of the protégés. If you know an advocate pat him on the back!!

NARC OJT TRAINING PROJECT GETS APPROVAL

Howard Laudent, NARC Field Coordinator was in the Omaha area April 11-12 and discussed the On the Job Training Project with staff personnel from GOARC, ENCOR and Goodwill. He indicated that Federal funding for OJT of the work-ready mentally retarded, is available again this year through the Labor Department Grant to NARC. The program allows employers acting under an approved subcontract, reimbursement for their time and effort in providing training and supervision of each trainee accepted for employment on a basis of 50% of the compensation paid for the first 160 hours of training and 25% for the second 160 hours. Each trainee must be paid not less than \$1.60 per hour.

Any employer, large or small is an eligible employer. Prospective employers interested in participating can call the GOARC office or ENCOR Vocational Director.

GOARC AND KEEP OMAHA BEAUTIFUL JOIN HANDS

Through the efforts of Mrs. Mary McGrath, one of our parents, we now have an account with Keep Omaha Beautiful. GOARC members can help the ecology of our area plus make some additional money for GOARC by bringing materials amounting to 100 lbs. or more, of cans, glass, paper and aluminum to the collection center, 1824 S. 20th Street, and giving our account number A0309. Every 4 months a check will be sent to GOARC based on what has been credited to our account.

So members, you can help to Keep Omaha Beautiful and GOARC at the same time.

HERE'S YOUR CHANCE TO FLY TO LAS VEGAS

In conjunction with the Hilton Hotel Golf Tournament, May 19 and 20, the UAL Clipped Wings Club is selling chances, with some of the proceeds to go to GOARC and Madonna School. First Prize in accommodations for two for three nights in Las Vegas, round trip fare paid, plus \$200 spending money. Second prize is a 1973 RCA color portable TV.

All members interested in helping the Clipped Wings to sell chances should call Judy Hall at 572-0733. Drawing will be May 20 at the Hilton Hotel.

Nationally, the Clipped Wings have served as one of the most loyal and helpful backers of Associations for Retarded Children. We already know that airline hostesses must be beautiful. When they become "Clipped Wings" they're even more beautiful. We are most grateful to Judy Hall and her colleagues!



GOARC FUN DAY

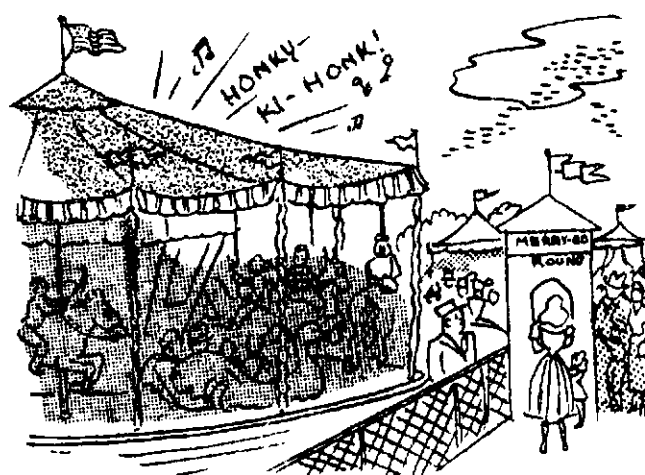
AT PEONY PARK
IS ALMOST HERE

MAY 6

SELL THOSE TICKETS....

SEE
YOU
THERE !!!

2 - 10 P.M.



KNOW YOUR CANDIDATES. Take this copy with you to the Election meeting, May 3rd.
Nominations may be made from the floor.

OFFICERS

Pres. JOE FRIEND--Child in Douglas Co. Mental Health Hostel. Pres. 1972-73.

V. Pres. JACK DEMAY--Child in Spec. Ed. District 66. Board Member 6 yrs.
 Chairman of Spec. Ed. Task Force. Past Personnel
 Committee Chairman.

2nd V.P BETTY FERRAGUTI--Children in Dundee and Madonna Schools.
 Board Member 2 years. Ed. Task Force. Chairman,
 Hospitality Committee.

R. Sec. JUDY BERRY--Board Member 3 years. Legislative, Residential, and
 Awards Committee.

C. Sec. ALLEN GILMORE--Child in Benson Developmental Center. Board Member
 3 yrs. Vocational Services Task Force. Past Member-
 ship Committee Chairman.

Treas. ED SKARNULIS--ENCOR, Director of Family Resource Services Division.
 Treasurer GOARC, 1972-73.

According to the By-laws, the Board of Directors should represent all geographic,
economic, and other relevant factors. Also, it must be at least 50% parents.

PARENTS

STEVE SOGAL --Child in West Developmental Center, Ways and Means Committee,
 Pilot Parents, Chairman, West Developmental Parents Group.

MARTIN MONDOR --Child in Chap School. Membership Committee. President of
 Chap Parents Group.

EDNA WATSON --Child in TMR class at Lake Elementary, Legislative, Program,
 and Poverty and MR Committees. Board Member, 1968-1970.

MARY CLARK --Child at DMU.

JOHN PLEISS --Child in Burt Street Hostel. Treasurer of GOARC 3 years.
 Residential Services Committee. President, Beatrice State Parents.

CHARLES SCHORR --Child in Childrens Corner Pre-School. Board Member 2 years.
 Legislative Committee.

NON-PARENTS

NORMAN STAVA --Northwestern Bell Computer Programmer. New Chairman of Honey
 Sunday. Participated in painting hostels and creative play-
 ground.

JUNE VANCE --1st President of Douglas Sarpy Co. Assoc. for Retarded. Currently
 Chairman of Residential Committee and Corresponding Secretary.

(cont)

PAUL PEARSON --Children's Rehabilitation Institute, Director. Board Member
4 years.

JANE SHERRATT --Visiting Nurse who works with families with physically and/or
multiply handicapped children. Board Member 2 yrs. Pilot
Parent Advisor.

LAURA LEBBS HOFFMAN -- St. Joseph's Hospital Housekeeping Dept. Participated in
January GOARC meeting. Interview for book comparing
institutional life to community life.

JACK CONRAD --Bishops Cafeteria, Dishwasher. Participated in January GOARC
Meeting

JANE LONNQUIST --ENCOR Child Guidance Coordinator for 2 years.

BRIAN LENSINK --ENCOR Executive Director. Board Member for 2 years.

ONE YEAR TERM

LAVERN HAMMER --ENCOR Household Management Specialist. Child in TMH, District 66.
Former Houseparent.

PRESENT BOARD MEMBERS

	Children's Affiliation
Leighton Goodrich	--TMH, District 66
Karen Kelly	--West Developmental Center
Ray Mohatt	--Benson Developmental Center
Tom Porter	--Chance Developmental Center
Bill Willis	--Benson Workshop
Louise Wright	--Chance Developmental Center

Non Parents:

Sister Mary Evangeline	--Director of Madonna School
Mary Flannigan	--Director Christ Child Society
Margaret Krusen	--Psychologist ESU
Earl Loschen	--Resident, NPI
Pat Wagner	--Junior League
Gerald Taylor	--CPA
Mark Kling	--GOYARC Representative

FOR THE  Ladies

KAPPA KAPPA GAMMA INTERIOR DESIGN SHOW

Those wonderful ladies from Kappa Kappa Gamma are having another Interior Design Show on behalf of the mentally retarded in the Greater Omaha Area.

WHERE: College of St. Marys

WHEN:	May 3	10 A.M. - 6 P.M.
	4	10 A.M. - 10 P.M.
	5	1 P.M. - 10 P.M.
	6	1 P.M. - 6 P.M.

The design displays that Kappa Kappa Gamma sponsors have been famous throughout the area. Miss Karlyn Kuper, Brandeis; David M. Rice, David M. Rice, Inc.; and John R. Rippey, Jr., Key Antiques and Interior of Brownville are just a few of the designers that will be represented.

If you've never been to the Kappa Kappa Gamma Design Show you've missed something in life. It may inspire you to redesign some of your own rooms. The show is full of ideas!!

Tickets are \$2.00 at the door or in advance by calling the GOARC office or Mrs. Robert Felsburg, 334-8875.



A COP
AND
A COMMISSIONER
WILL LEAD A SURPRISE
GENERAL MEMBERSHIP MEETING
THURSDAY, MAY 3

IT'S ANNUAL AWARDS AND ELECTION NIGHT
AT FIRST FEDERAL SAVINGS AND LOAN.
WE'VE CHANGED THE TIME, SO DON'T FORGET
TO COME AT 7:00 P.M. (not 7:30 or 8:00)

OUR MC's:

Joe Friend, Omaha Police Capt.
and GOARC President

Dan Lynch, Douglas County Commissioner
and member of ENCOR Board

ALSO - -

Jerry Lenz will conduct the election.

Betty Ferraguti and her gang will be in charge
of a social hour after the program.



**THOSE WHO CARE
FOR RETARDED PERSONS**



**CARE WHAT HAPPENS
IN THE LEGISLATURE.**

NORTH GALLERY OF LEGISLATURE FILLED TWO DAYS IN A ROW

On Monday, April 16, the legislature entertained a motion to accept Governor Exon's "very bare bones" budget and adjourn for the year. NebARC's John Foley sounded the alarm. The next day (Tuesday, April 17th) and the day following (Wednesday, April 18th), the north gallery was filled with persons representing the mental retardation cause. Those attending were GOARC members and GOYARC members from Omaha, many Benson Vocational Center people attended (it was noted that the Benson Vocational group was the most polite and well-mannered group of all). Some GOYARC members had a chance to visit briefly with the Governor. The next day they showed their excellent slide show of the work they're doing with the mentally retarded to Omaha Senators during their lunch hour. Immediately after that, they were invited to show it to the department heads in the State Department of Labor Building. Many youth and adults visited with their Senators.

Whether the Governors budget is voted quickly and they adjourn or whether the legislature stays in session for their full term, one can't be sure at this writing. But, after the night letters, the attendance in the gallery, the personal visits with Senators and the showing of the slide presentation, our government officials will be very much aware of the strong but respectful concern that those who advocate for the mentally retarded possessed in these most critical days.

Almost all of the Senators we met during these crucial days were open. They listened. The Omaha Senators were obviously proud of the youth work being done on behalf of the retarded in Omaha and Senator Syas suggested that Governor Exon see the film. Senator Stahmer offered \$100 for one of the drawings in the film.

ENCOR TO TRY AGAIN IN BELLEVUE

The Bellevue Planning Council voted to approve "conditional use" of a home at 2808 Washington as a hostel for six children. All members of the Council voted in favor with the exception of one member who abstained. The approval advances the decision to the Bellevue City Council meeting that will be held Monday, May 14 at 7:30 P.M.

Executive Director, Brian Lensink gave a clear and concise presentation of plans for the ENCOR Hostel. But, there was organized opposition. Their plea--as usual--was not that they were against retarded children, but they felt:

"The older people in the block should be given consideration"

"Bad incidents could be provoked"

"Place them on the edge of town"

"If this is a pilot project, why make us guinea pigs?"

Happily, many neighbors testified they wanted the hostel in their block and most of these indicated they accepted their obligation "to make Bellevue a better place for all human beings."

GOARC NEWS GLIMPSES

BURGER KING NOT ONLY DISHES OUT HAMBURGERS, BUT TICKETS TOO

Because of the generosity of Burger King many of our people will receive free Royals baseball tickets. Citizen Advocates, GOYARC, the Hostels and Pilot Parents will be attending the games during April and May. Thanks also to Wally Orwall.

SECOND MOTHERS COFFEE FOR PILOT PARENTS HELD

A coffee for pilot parents and their piloted parents was held March 28th at the home of Karen Kelly. More coffees are planned, hopefully on a monthly basis. The Pilot Parent group is hoping to take a trip to Beatrice in May and to attend some baseball games.

COURT BACKLOG SLOWS LAWSUIT

The lawsuit against the Beatrice State Home is still alive, but it has been delayed by a backlog in district court. Judge Warren Urbom ruled that the case has merit and that he will hear it. He has denied a state motion to dismiss the suit.

LEGISLATORS TO STUDY 200 MENTALLY RETARDED PERSONS

A most significant amendment was made to LB 259 (the Budget Bill). The agency shall randomly select 200 mentally retarded persons within it's jurisdiction, including those at Beatrice, Hastings, Norfolk, and the various community programs, to ascertain the development and progress made over a period of one year. A report on the findings shall be presented to the Governor and Legislature no later than October 15, 1974. This amendment came from the desire of the Budget Committee to find out if the needs of persons at the Beatrice State Home are really being served and to find out if those in community services are developing better than those in institutions. This could be a most interesting study.

GEORGE ANDERSON GOES INTO A PROFESSIONAL TRACK CAREER

Our own George Anderson, teacher at CHANCE, has made a decision that we're all proud of. He's going into professional track. George, a real speedster for Southern University, won the AAU National 100-Yard Dash Championship in 1965. He also finished second in the 100 Meters in the United States-Russian Track duo. All of us will be pulling for George Anderson!

ADVOCATES BUILD PROTÉGÉS CONFIDENCE

A 16-year-old mildly retarded boy is introduced to a young married couple with a little son. Together they take a trip to the mountains...the first time out of the state for the boy. They have him over for meals, go to ball games and spend time with his family too. This protégé, who enjoys children, helps the couple with their little boy when they are together. The boy's father respects the advocates and the brothers and sisters look at him in a new light based on his ability to make and keep friends like these. He develops a new air of confidence, enough to take over a paper route and even do the collecting.

CALENDAR

MAY

- 1 Benson Developmental Center Parents (Norma's Group), 7:30 P.M. at the home of Mr. and Mrs. Thode
- 2 CHANCE Parent Group Meeting, 7:30 P.M. at CHANCE
- 2 Sarpy Developmental Center Parent Group, 7:30 P.M. at the center
- 3 GOARC GENERAL MEMBERSHIP AWARDS AND ELECTIONS NIGHT, 7:00 P.M., FIRST FEDERAL SAVINGS AND LOAN, 2101 SOUTH 42nd STREET
- 3 Kappa Kappa Gamma (KKG) Interior Design Show, College of St. Mary's 10 a.m. - 6 p.m.
- 4 KKG Show, 10 a.m. - 10 p.m.
- 5 REGIONAL SPECIAL OLYMPICS, 10 a.m. - 2 p.m., NORRIS JUNIOR HIGH, 2235 SOUTH 46th Street.
- 5 KKG Show, 1 p.m. - 10 p.m.
- 6 GOARC FUN DAY AT PEONY PARK!!!! 2 - 10 p.m.
- 6 KKG Show, 1 p.m. - 6 p.m.
- 7 Madonna School Annaul Cadillac Luncheon - 12:00 noon, Ross' Steak House, \$100 per ticket
- 8 South Omaha Developmental Center, 7:30 P.M. at the center
- 9 Human and Legal Rights Committee on Developmental Centers (tentative), 7:30 P.M., NPI
- 10 North Poverty and Mental Retardation Committee, 1602 Manderson, 7:30 P.M.
- 11 Madonna School Picnic, Benson Park
- 12 Madonna School Luau, Holiday Inn, 72nd and Grover. Authentic Hawaiiin Menu, 6:30 P.M. - Cocktails, 8:00 P.M. - Dinner, \$15.00 per person
- 12 Pilot Parents Trip to Beatrice
- 13 GOYARC General Membership Meeting, 7:00 P.M. at NPI
- 15 GOARC Board of Directors Meeting, 7:30 P.M. at ENCOR
- 16 Human and Legal Rights Committee on Public Attitudinal Change, 5718 A Street, 7:30 P.M.
- 21 CHAP School Parent Group meeting, 7:30 P.M. at CHAP
- 22 Human and Legal Rights Committee on Special Education, 7:30 P.M. (location to be announced)
- 22 Human and Legal Rights Committee on Residential Care, 3817 Dewey, 7:30 P.M.
- 22 Sarpy Vocational Services Center, 7:30 P.M. at the workshop
- 23 Human and Legal Rights Committee on Developmental Centers (tentative), 7:30 P.M., NPI
- 24 South Poverty and Mental Retardation Committee, Commercial Savings, 4724 So. 24th, 7:30

JUNE

- 1 & 2 State Special Olympics at Kearney, Nebraska

Nonprofit Org.
U.S. Postage Paid
Omaha, Neb.
Permit No. 109

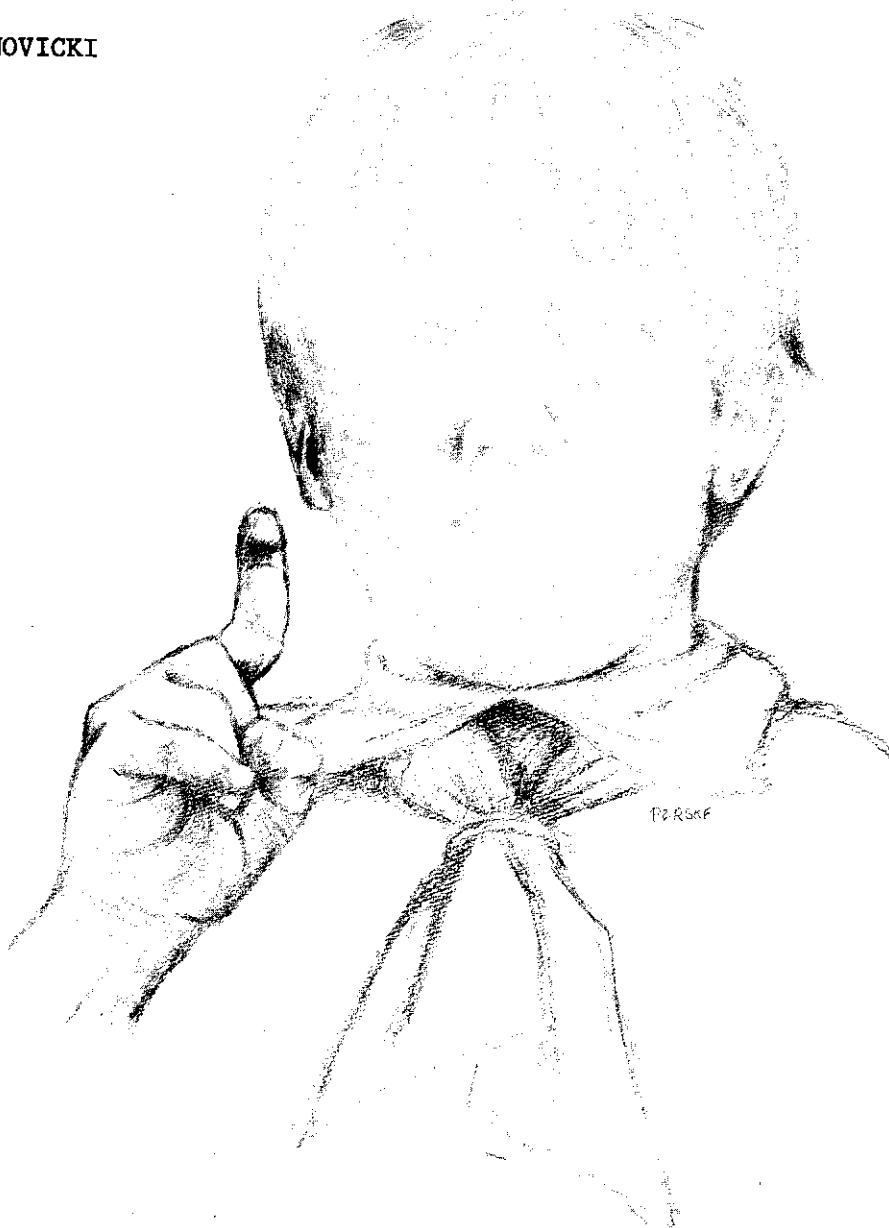
ST. LOUIS, MO.
JUL 10 1964

the GOARC
Greater Omaha Association for Retarded Children
608 Barker Bldg. Omaha, Neb. 68102

GAZETTE

JUNE, 1973 ISSUE

EDITOR: JAN NOVICKI



**"... ALL CHILDREN IN THE STATE OF
NEBRASKA REGARDLESS OF
PHYSICAL OR MENTAL CAPACITY
ARE ENTITLED TO A MEANINGFUL
EDUCATIONAL PROGRAM."**

**SENATOR DAVID STAHMER
(IN LB 403)**

THE THOUGHTFUL WORKINGS OF AN EXECUTIVE DIRECTOR'S MIND



A few years ago, a mother went to visit her son at Pennhurst State School on Thanksgiving Day. Upon her arrival, she was told that her son was dead - he had passed away a few days earlier. The staff stated they sent a telegram but it had been returned undelivered and so they assumed the mother was "not interested". The mother obtained a court order so she could find out what happened to her son. It was discovered that a process had begun to sell the body to a medical school. The cause of death listed on the death certificate was "mongolism and pneumonia". After further investigation, it was ascertained that her son did die from pneumonia. But, they failed to mention that the pneumonia was the result of being severely burned by the radiators on his ward. It was this event that disturbed the membership of the Pennsylvania Association for Retarded Children to the point they learned how to use the courts.

For years they worked hard with the legislative system and the executive system. But, they learned there are three ways a person or a group in this society can correct the care, treatment and attitudes toward his fellow man. They began to see the value of working in the judicial system.

Many members in that association have learned that there is something healthy to be gained from being able to "present evidence" and "state a case" before an impartial man who can hear both sides, give his best thinking to all the evidence and render a decision. The whole process is done with comparative calmness and respect.

The Nebraska Association for Retarded Citizens has now chosen to use the judicial system. Attorneys, Bruce Mason and Marcia Burgdorf quietly work at preparing a case on behalf of mentally retarded citizens in this state. Those entrusted to answer the charges are quietly preparing their defense. Both sides will be heard by an impartial judge. A court decision will be rendered. And, at this point in time, no one really knows what the final decision will be. But, we'll be watching. And, no matter what the final decision, it is my strong belief that all of us will have a greater respect for the courts of our land and the judicial system it represents.

Bob Perske

OUR FAVORITE COWBOY SPEAKS

Dear GOARC Members:

I want to look back over the events of the past month, and make a few comments on some of the things that impressed me.

The awards night program was beautifully different and I enjoyed my part in it.

And even yet, I still feel that we were not able to recognize all the people who should receive it. During the past year that I have been president, I can think of many people who have spent an enormous amount of time and energy working for GOARC on various task forces. Many have enhanced and given life to the ideals we represent.

The visit by Wolf Wolfensberger at a special meeting of the GOARC Membership was well attended considering many of our members were in Norfolk.

The turnout at the Annual NebARC Convention April 27th, 28th and 29th was very impressive. It is obvious more and more people throughout the State of Nebraska are becoming aware that we are an active movement and are more willing to participate in this mission for retarded citizens.

Our GOARC membership I am optimistic will soon reach 1,000. This means many more people in the community are aware of our good work, and I feel we are going to accomplish great things this coming year.



Sincerely,

Joseph L. Friend
President
GOARC

ENCOR WINS IN BELLEVUE

Finally! That one word pretty much sums up how we at ENCOR feel about the victory that took place in the Bellevue City Council Chamber on Monday, May 14th. On that day we were granted a Conditional Use Permit which allows us to set up a children's hostel at 2608 Washington Street in Bellevue for six mentally retarded children. No child can be under five years of age or over sixteen. The council vote was 7 to 1 in favor of the one year permit.

One of the main differences between the quest for a hostel in Bellevue in the past and this successful attempt seemed to be the difference in neighborhood participation. As always there were those people who were opposed to the hostel site, but there was also a group of very beautiful people supporting the proposal. This group was led and organized by one of those beautiful people, Fran Headley. Fran is not a member of GOARC, not an ENCOR employee, she has no real vested interest in seeing ENCOR get a hostel, other than an interest in people and a belief that mentally retarded people are people and are just as entitled to rights and privileges as is anyone.

Fran spent literally days visiting ENCOR facilities, then canvassing her neighborhood, talking to her neighbors, and telling them about ENCOR and the various programs run by ENCOR.

It is very difficult to put into words how much Fran helped us and how warm we that met her feel about her. Fran Headley was crucial in her quest for the ENCOR hostel. She exemplifies a person who believed in something and backed her belief with action. (An almost unbeatable combination).

All that we can say is, thank you Fran, we love you.

There were others: County Commissioner Norman Magnusson stated, "We are our brothers keeper. I believe in liberty and justice for all." Bob Everett: "Everybody is talking about who's normal. I'm lost for the word normal. I believe they should be given a chance to prove themselves for one year."

The following Councilmen voted approval for the permit:

Robert Everett
Ray Lind
Monroe McCann
Dr. Frank Semin
Bruce Sorensen
Inez Boyd
Allen Ellerbroek

OUR PEOPLE AT NORFOLK - - NEBARC STATE CONVENTION



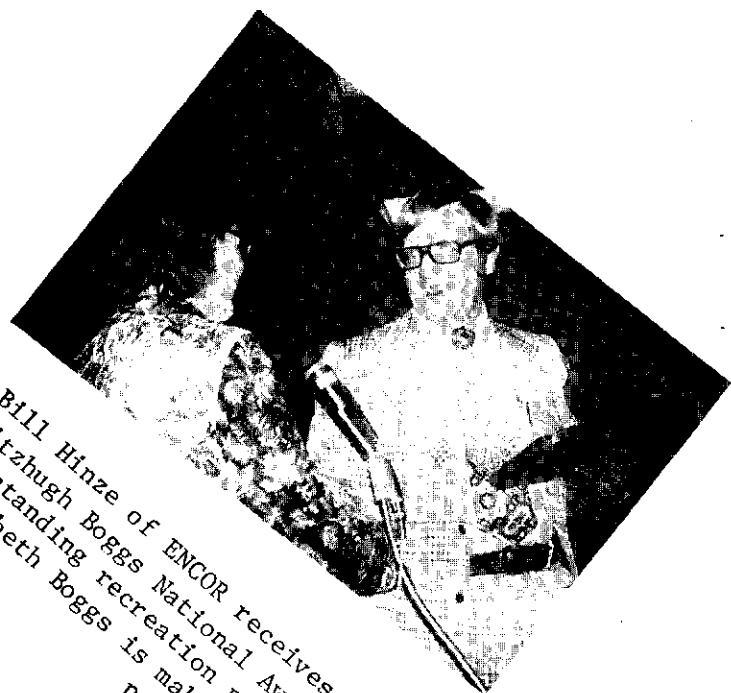
Our Lawyers - Bruce Mason
and Marcia Burgdorf



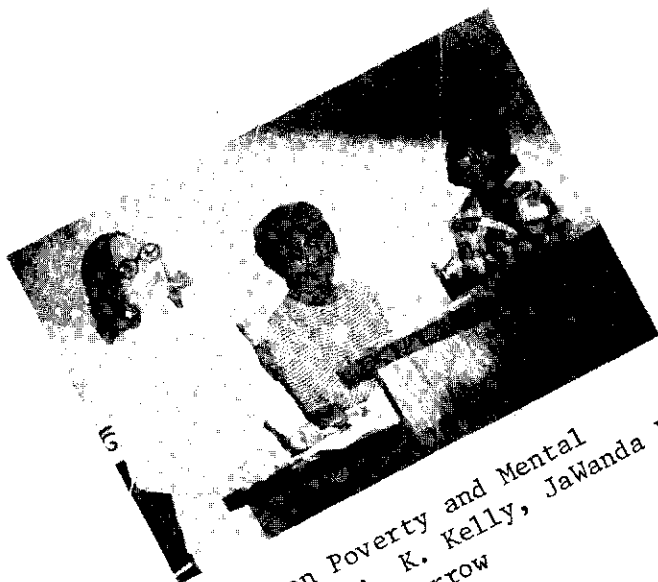
Panel on Pilot Parents:
Lenz, Coyne, Porter, Bauer



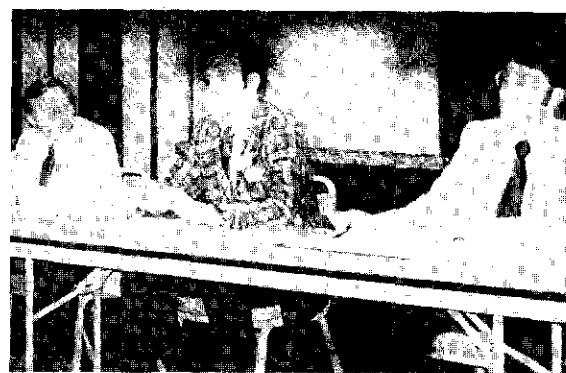
Fred Rosendahl of Omaha takes
over as NebARC's Treasurer
from George Barker



Bill Hinze of ENCOR receives the first
Fitzhugh Boggs National Award for the
outstanding recreation program. Dr.
Elizabeth Boggs is making the
presentation.



Panel on Poverty and Mental
Retardation: K. Kelly, JaWanda King,
C. Morrow



Ray Depa of WOW-TV speaks about
attitudinal change

GOARC ANNUAL AWARDS

ORGANIZATION OF THE YEAR - Christ Child Society, Mary Flannigan accepting.
(Mary Flannigan is the Director of Christ Child.
She lives at 4830 California.)

EMPLOYER OF THE YEAR - McDonalds, Homer Cronk accepting
(Homer Cronk is the Manager of the 82nd and Dodge
McDonalds. He lives at 11209 Harney.)

OUTSTANDING PROGRESS (Person in Community Programs) - Willie Lee Luster
1618 Corby

EMPLOYEE OF THE YEAR (Working directly with retarded) - Margaret and Larry
Buswell, Houseparents at 3646 Burt Street.

DISTINGUISHED SERVICE - Lisa Lewis, Sun Newspaper, 1346 S. 121 Plaza

OUTSTANDING VOLUNTEER - Kathy Ronk, 2017 Benson Garden Blvd. #11
(Kathy prints the GAZETTE and other material)

PARENTS OF THE YEAR - Mr. and Mrs. Joe Schultz, 3065 So. 45th Street

CITIZEN OF THE YEAR - Jerry Lenz, 1724 No. 105th Street

ADVOCATE OF THE YEAR - Laurie Giles, 1328 Bluff Street #9

SPECIAL AWARDS FOR SPECIAL SERVICE:

Wilma Wills, 3616 So. 114th Street
Edna Watson, 3824 No. 17th Street
Tom Miller, 2109 Bancroft
Commissioner Dan Lynch, 8115 No. 37th Street
President of GOARC, Joe Friend, 2727 Sharon Drive
New Award created this year - Worry Wart Award, Bob Perske
Executive Director of GOARC, 2929 So. 117th Street.

**OUR TENTH ANNIVERSARY AND
ANNUAL AWARDS NIGHT. . . .**

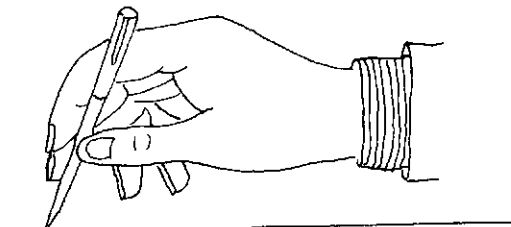


**WAS AN EVENING WE WON'T FORGET
FOR A LONG TIME!**

LEGISLATIVE NOTES

The legislature is very close to adjournment.

Legislative bills not dealt with during this session will be carried over until next session beginning in January. At this point LB311 is on E & R and 311A is advanced to select file; LB 403 is being amended to strip the fiscal impact for the first year of inactment. We are hopeful but not particularly optimistic that LB 92 and LB 403 will be passed this session.



Bills passed by the legislature and receiving the Governor's approval are LB 102 (multi-handicapped), LB 173 (Immunization), LB 207 (child abuse), and LB 266 (Equal Opportunity).

Quoting John Foley, our NebARC Executive Director, from the Legislative Action News: "I must point out to you that the Federal Regulations are out on Social Service funds for Community Programs. It seems that adult services are in no difficulty but children's programs are in trouble. The way it seems now, parents whose income is below \$5,526 will not need to pay for services for their mentally handicapped child. Parents whose income is below \$8,596 but above \$5,526 will be put on a fee schedule to be determined by the Welfare Department. Parents whose income is above \$8,596 will need to pay the full cost."

"This is an area of vital importance. It is necessary to secure state funds to replace federal funds. It is too early to determine exactly the impact of federal changes. ENCOR gave me an estimated loss of \$900,000."

"You should be writing to Governor Exon expressing your concern."

Back to "my own words" now. In closing, I would like to thank each of you for all the help from the very beginning of our efforts right through this situation. You've written letters, you've made telephone calls, you've hosted or been to coffees, you've attended a legislative session when asked, and WE THANK YOU! I wish to thank also the members of my legislative committee. You've been a tremendous help!, all of you, but I want to offer special thanks to Judy Berry, Tom Miller, Carol Steffen and Edna Watson. You've been GREAT!

Wilma Wills (the Turtle)
Legislative Chairman

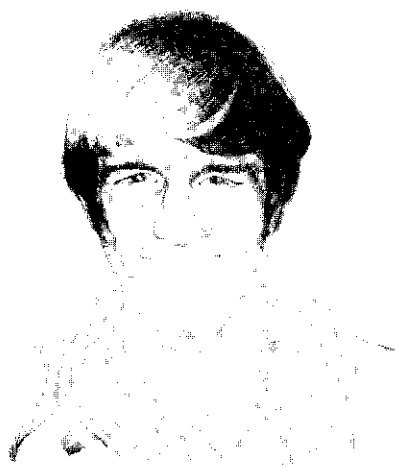
NEW CITIZEN ADVOCATES ASSIGNED IN MAY

Mary Waller
Nancy Hagan
Dan Hobbs

Dave Jensen
Mary Hagan
Marsha Geske

WE WELCOME YOU TO THE PROGRAM

ON THE GO WITH GOYARC



Well, another month has passed, and a very busy one at that. We have gotten our state T-shirts. They say on the front "Together You and I", which I feel says what our youth group really is -- together anyone, no matter who they are, sharing good time together. But, I think it's more than that. We're learning all the time along with teaching others, not as fortunate as we, about the good things in life.

Summer's coming up and the youth group will be out of school. Because of this, we should all work that much harder. Many people will be on vacation, but when you're here, let's do all we can since the retarded are that way 24 hours a day.

I would also like to thank all those people for their work in making our local Special Olympics the success it was. I feel that we should have an excellent team showing at the State Special Olympics.

Arlo Burk
GOYARC President

ACTIVITIES WITH PURPOSE

Mary Kay Forsgren, Director of the West Branch YMCA's Fun and Fitness Program, spoke at the May GOYARC General Membership Meeting. She stressed the need to set goals for activities with the retarded and to expect good behavior and performance from all program participants. She talked about her experiences with "Y" programs. GOYARC members present plan to draw on the ideas she presented in their own activities.

OMAHA YOUTHS ELECTED

Twenty-seven GOYARC members attended the 6th Annual State Conference of the Nebraska Youth Association for Retarded Children which was held at Wayne State College, April 27-29. Nearly 200 youth from YARC units across the state participated.

Election of state officers was held. Arlo Burk was elected 1st vice-president and Lori Wolpa will serve as secretary.

Workshops were offered to provide the delegates with updated background and knowledge to help the retarded.

ON THE GO WITH GOYARC (CONT)

GOYARC ASSISTS SPECIAL OLYMPICS

Special Olympics in Omaha was a great event even though it was postponed a week because of the weather. Arlo Burk, as parade marshall, led 28 GOYARC volunteers in marching with the teams and helping with field and track events.

The Burke High Band and Color Guard played for opening ceremonies. McDonalds' furnished hamburgers for all contestants.

State Special Olympics, to be held June 1 and 2 in Kearney, will be attended by a GOYARC cheering section as well as other local contestants. All are welcome to attend.

- - - - -

GOARC NEEDS PHOTO DEVELOPER

We are hoping to create a slide show on the GOARC Citizen Advocacy Program. So far the cost has been prohibitive. This would be a great volunteer project for someone with photography skills. If you know a professional or amateur photo developer, let us know.

WILLS AND ROSENDAHL TAKE STATE OFFICES

Bill Wills, veteran state president and always interested in state ARC affairs, has been nominated and elected as GOARC's representative to the State Board. Fred Rosendahl has been elected to the office of State Treasurer. He replaces George Barker.

- - - - -

GOYARC DANCES GOING OVER BIG

In April, Bill Jennings and Kristy Kelly coordinated a Barn Dance in the Boystown Library. Dave Fisher was the advisor. It started at seven o'clock and by the time seven-thirty rolled around, everyone was dancing to western and rock music provided by Mike Fontenot and his stereo. Everyone had loads of fun.

The May 50's dance, coordinated by Susan Ellis, was attended by over 60 people. Once again the Boystown Library was the scene of the dance. In fact the library has become one of the swingiest places to be in Omaha.

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NEBARC CHANGES NAME

Nebraska Association for Retarded Citizens...that's what NebARC will be known as from here on out. The new name was voted in at the Annual Meeting in Norfolk, Sunday, April 29. For years, the Associations have been lamenting the fact that their names included children only. There are many adult retarded citizens. Therefore, the name has now been changed.

It is understood that NARC will be considering a name change, too. National Association for Retarded Citizens is one of the options. However, another would end with "Retarded Children and Adults". Then NARC would be known as NARCA.

What will be GOARC's move?

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**IT WAS A COLD AND WINDY DAY. .
THAT SATURDAY WE HELD OUR
SPECIAL OLYMPICS, BUT. . .**



**WHAT TOOK PLACE WAS WARM AND
ENTHUSIASTIC**

**STATE SPECIAL OLYMPICS . . . JUNE 1-2
KEARNEY, NEBRASKA**



FRIDAY, JUNE 1.....Registration
Clinics
Banquet
Parade and Opening Ceremony
Dance

SATURDAY, JUNE 2.....Track and Swim Events

**LET'S ALL ROOT THEM ON
TO VICTORY!!!**

NEWS BITS FROM ENCOR

Dona J. Trull of 11612 Camden has assumed her duties as teacher in the middle classroom (ages 4 1/2 to 9) at Benson Developmental Center. She filled a position previously held by Mary Carapella.

Linda and Dan Daniel have been hired to be the houseparents at the Crisis Assistance Unit. Linda formerly worked with the Lancaster Office of Mental Retardation and as a supervisor for the adult training hostels.

The Men's Hostel in Blair has new houseparents, Sherri and Grant Andersen.

CITIZEN ADVOCATE GROUPS

An ever increasing number of advocates makes it hard for advocates to meet each other. To help advocates know each other, small groups have been formed around a leader. There are 10 groups that will meet regularly for discussions on problems and idea-sharing. Four groups of advocates have adult protégés, three have children and three have adolescents.

Each group can arrange to have activities involving their protégés and also other groups of advocates. If professional advice is needed a resource person can be invited to speak to them.

Sharing ideas and problems with other persons is often a crucial part in continuing a relationship. Newly assigned advocates will find it easier to build a friendship with a retarded person when they get ideas and encouragement from other advocates.

Chris Muise, a former Citizen Advocate in Omaha, has been hired by the Tallahassee, Florida ARC. She will be the secretary for the Florida State Citizen Advocate Program.

OHIO "MAKES IT" WITH REVENUE SHARING

Governor Gilligan has allotted \$7,000,000 for mental retardation services in his state. In his announcement, Governor Gilligan stated the money would be used in the following ways:

- For education and training of school age children "regardless of the nature or degree of their handicap".
- For "providing more services at the community level".
- For moving training centers and workshops out of "church basements and converted warehouses into modern, adequate training facilities."
- For making it possible that "the mentally retarded person remain in his own community".

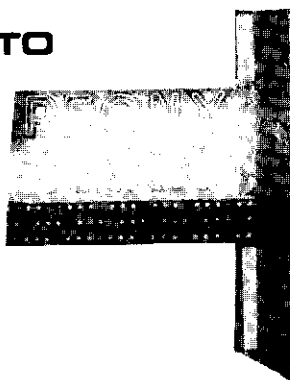
We don't know whether Governor Gilligan has an "island" or not but he does have a heart for the mentally retarded. It's good to hear that one governor chose to earmark a portion of revenue sharing on behalf of retarded citizens.

DIGNITY AND DEHUMANIZING

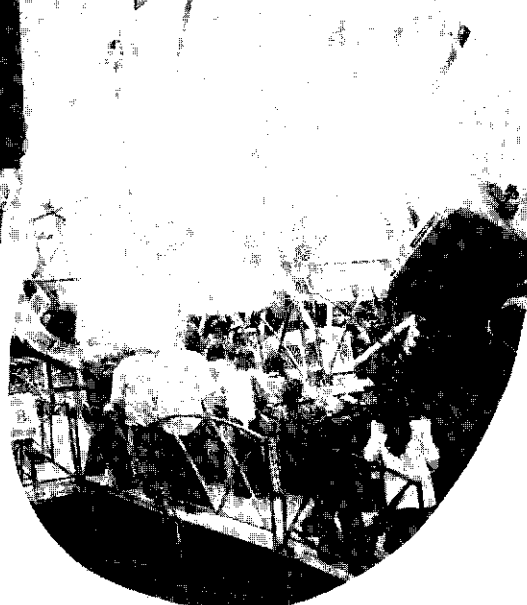
I'd help make you feel more worthwhile,
if I didn't feel so worthless myself.
It would be good to let you know I care about you,
if I wasn't worrying about how you or others might interpret any intentions.
You've really got a lot of talent which I'd like to see you discover and develop except you might come out the winner and I hate to lose.
Each time I see the possibility to help you discover dignity in your life----
my need to dehumanize you gets equally strong!

Duane Parker

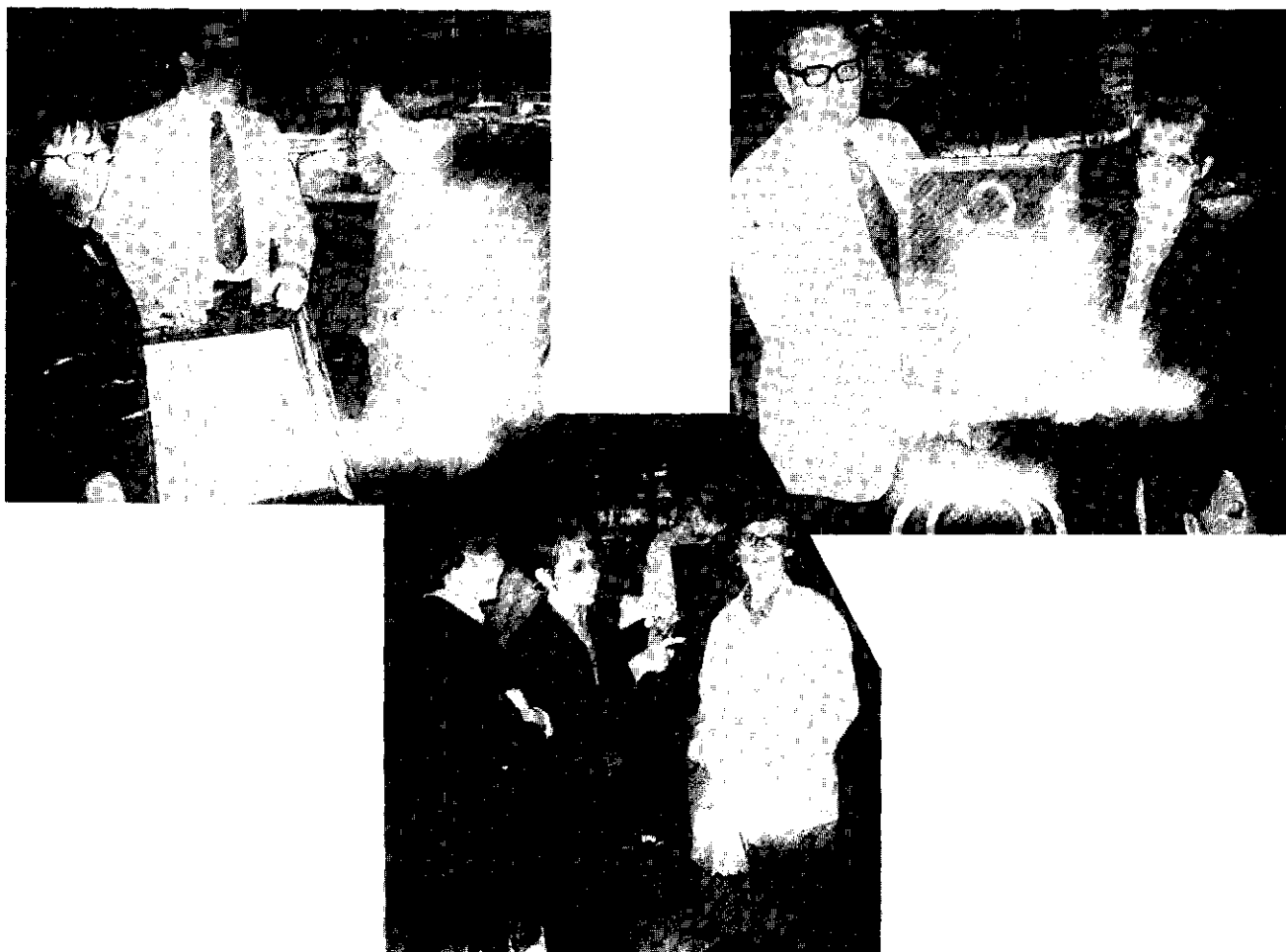
**OUR SPIRITS REFUSED TO
BE DAMPENED AT**



**AFTER ALL . . .
WHAT'S A LITTLE RAIN
WHEN THE GOARC FAMILY
GETS TOGETHER!**



IN LOUSY WEATHER....A FEW DARED TO VENTURE TO THE ART AUCTION.



Mayor Gene Leahy came as auctioneer. But it was postponed and will be held June 10th at Peony Park (viewing 1:00 - 2:30, auction at 2:30 sharp). Gene Leahy will be unable to attend on that date, so the new Mayor, Edward Zorinsky has agreed to be our auctioneer.

SUN CAPTURES ADVOCACY

Thanks to Mrs. James Selee's efforts, the West Omaha Sun Newspaper featured an article on two Citizen Advocates. Mrs. Selee's pride in her daughter, Suanne, and another advocate, Cindy Hatch, prompted her to call the Sun Editor. As a result, the Sun sent a reporter to interview Suanne and Cindy and and their two proteges, Connie Lueck and Kay Moller.

Due to their marvelous reporting the Sun Newspaper has made many readers aware of Citizen Advocacy and how it works. Our thanks to both the Sun Newspaper and Mrs. Selee for their advocacy.

ATLANTA ARC FILMS ADVOCACY

A film crew from Atlanta, Georgia, came to Omaha to film local programs for the retarded. They concentrated on ENCOR's residential services and developmental homes and GOARC's Citizen Advocacy Program.

Anne Benson and Dorothy Brown were filmed in one of their many activities together. Thanks to Anne and Dorothy, Atlantans will have a better idea about what Citizen Advocacy is.

ORIGINATOR OF LEKOTEK VISITS OMAHA

Karin Junker, Ph.D. originator of the Lekotek (Toy Library) concept visited our Library on May 14th and 15th. Karen created the idea some ten years ago in Stockholm, Sweden. She stated that the ground was prepared -- the opportunity to create something positive from the feelings which grew of a stock of letters on a desk. A tiring heap -- as those things always make us tired, which seem to be unanswerable. Most of the letters came from parents of mentally retarded children.



Karin discusses parent orientation
with Clem and Denna

Many of the parents had not been given a definite diagnosis. Some mentioned older children and the problem of "over protection" could be sensed between the lines.

"All of the parents had one thing in common-- the feeling of dissatisfaction with not being able to do something for their child-- the inability to occupy the child. There were playthings in the house perhaps-- but the way to use them with the handicapped child, in a meaningful way, was unknown.

A way had to be created to activate the retarded child, as well as his parents, in the home. A way to work more directly with the child's teacher and his school program."

Karen was enthused with our beginning. She emphasized that many of the teaching tools are rather expensive and are not meant to be bought by the individual family but to be used in schools or other professional situations. Therefore, there is a great need for professional knowledge from the service agencies so that parents can use the toys to the extent of their possibilities.

Karen also stressed the importance of getting to know the family and as much about the child's handicap as possible. Therefore, the training and guidance should focus on the individual child and his family.

After a tour and discussion about the library, Karin told the group about the test that she has developed -- BOEL, a contact test for screening of selective attention in infants. She emphasized the danger of inactivity to the handicapped person and all too often we surrender, and give the child just some toy although adding nothing to the different phases of the child's development. "The success of the library depends largely on the intimate cooperation of teacher, parent, counselor, and other persons concerned with the 'special need' of the child."



Professional involvement a must.
Counselor Billie Cook and Dr. Junker.

Karin started the Lekotek with a few volunteers and \$3,000. Today she operates more than fifty Lekoteks with a budget of more than \$150,000.



Goodbye - Good luck!
Vickie and Karin

**LETTERS
TO
GOARC**

Dear friends,

We would like to thank all
of you for your helpfulness
and expressions of sympathy
the past few weeks.

We appreciate your friendship
and kindness.

Ken and Judy Berry

GOARC:

My deepest appreciation and
most sincere thanks to all those
who sold tickets for Fun Day at
Peony Park and also to those
who bought tickets.

Joan Garro

Mr. Joe Friend
President, GOARC

Dear Joe:

During my approximately two years experience with the Developmentally
Disabled, I have found GOARC to perform an advisory and advocacy program
that has been not only a great education for me in seeing the role of
parents and concerned individuals acting in those roles, but also a personal
satisfaction in seeing the growth of these citizens due to your organization's
efforts in their behalf.

There is a limit to how far a "professional organization" can go in providing
services to the Developmentally Disabled. This is where an advocacy program
such as this can add so much more for the full development of the potential
of these individuals.

I heartily congratulate you on your work to this date, and fully support
the development of your Advocacy Program as proposed.

Sincerely,

Chuck Schafer, Coordinator
Developmental Disabilities
Department of Health
Lincoln, Nebraska

WANTED: BABY SITTER

A babysitter is needed for a 15-year old retarded
girl living in the Westridge area. An older per-
son would be appreciated. Call 397-6189 for
further information.

CALENDAR

JUNE

- 1 & 2 STATE SPECIAL OLYMIPCS, KEARNEY, NEBRASKA
Friday - Registration, Clinics, Banquet, Parade and Opening Ceremony, Dance
Saturday - Track and Swim Events
- 6 Sarpy Developmental Center Parent Group, 7:30 at the center
- 6 Human and Legal Rights Committee on Developmental Center, 7:30, location to be announced
- 6 CHANCE Parent Group, 7:30 at CHANCE
- 9 GOYARC Picnic, Chairmen: Tom Jamieson, 558-4538, Marian Porter, 572-8491
- 10 Pilot Parent Picnic, Elmwood Park Pavillion, 2:00 - 6:30
- 10 GOYARC Dance at BSH
- 11 GOYARC General Membership Meeting, 7:00 at NPI
- 12 Human and Legal Rights Committee on Residential Care, 3817 Dewey Ave., 7:30
- 13 Benson Workshop Parent Group, 7:30 at the workshop
- 14 North Poverty and Mental Retardation Committee, 7:30 at 1602 Manderson
- 19 GOARC Board of Directors, 7:30 at NPI
- 20 Human and Legal Rights Committee on Developmental Centers, 7:30, location to be announced
- 20 Human and Legal Rights Committee on Public Attitudinal Change, 7:30 at 5718 A Street (tentative)
- 21 Human and Legal Rights Committee on Vocational Services, time and location to be announced
- 23 GOYARC Car Wash, Chairmen: Mike Fontone, 333-1111 ext 324, Teri Hammon, 571-1144
- 24 GOYARC Car Wash
- 26 GOYARC Swim Party, Chairmen: Paddy Sherman, 571-2061, Pierce Nowlin, 333-1111 ext. 324
- 28 South Poverty and Mental Retardation Committee, 4724 South 24th, 7:30

Nonprofit Org.
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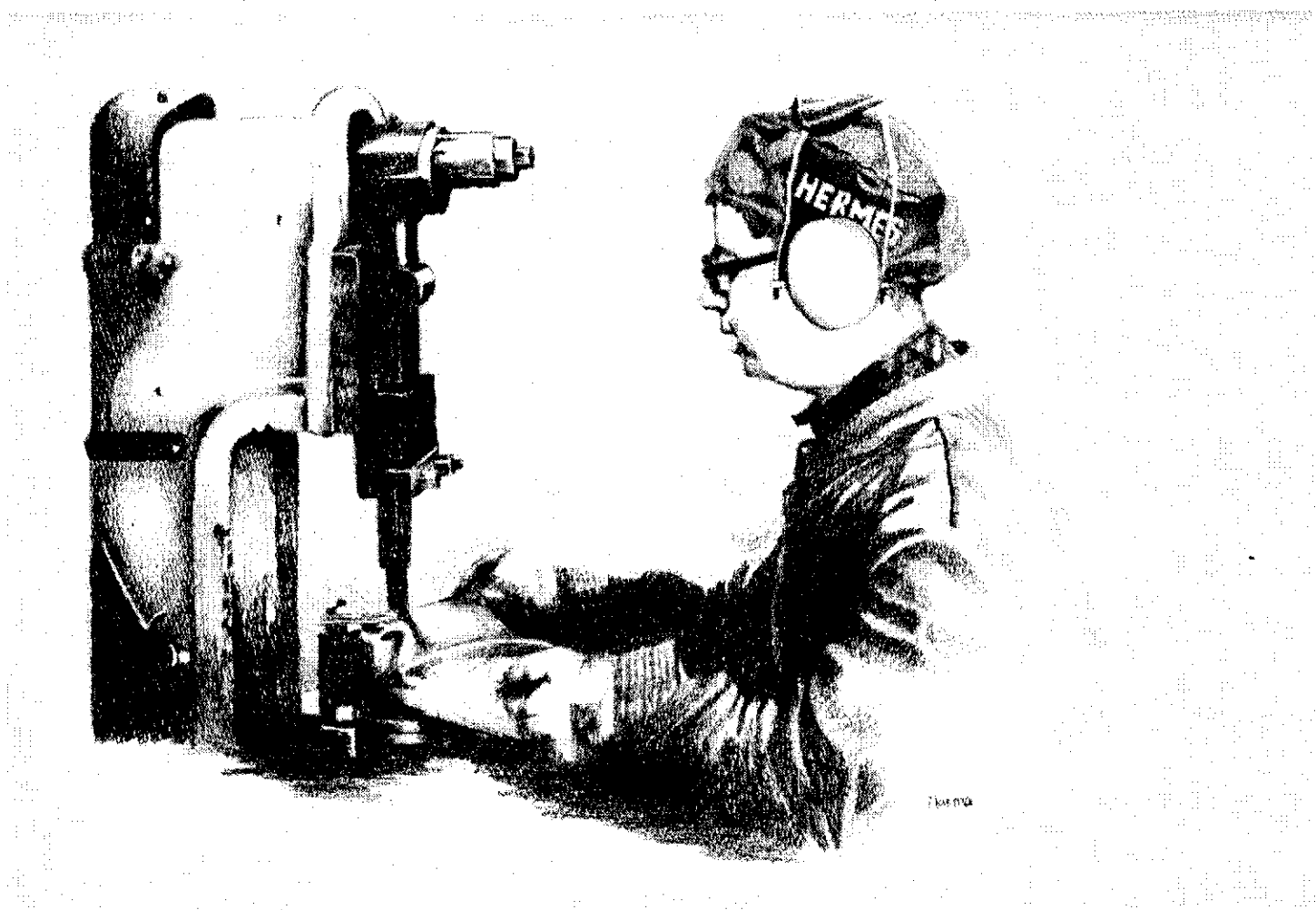
the GOARC
Greater Omaha Association for Retarded Children
608 Barker Bldg. Omaha, Neb. 68102

GAZETTE

JULY, 1973 ISSUE

EDITOR: JAN NOVICKI

THE NEW ADDITION IS COMPLETED AT ENCOR'S NORTEAST VOCATIONAL CENTER...



**COME AND SEE IT. OPEN HOUSE
SUNDAY, JULY 15**

SEE PAGE 17

THE THOUGHTFUL WORKINGS OF AN EXECUTIVE DIRECTOR'S MIND



A DEATH NOTICE FOR THE FUTURE

There's something intense going on just now in the Omaha Area when it comes to mental retardation. The ENCOR/GOARC Thrusts have been something to observe:

The inspired islands of teamwork...
The moxy of professionals and volunteers...
The audacity to keep trying new things...
The healthy controversies that have been stirred...
The way government officials have paid attention to our movement...

like a brilliant fire.

And yet, ENCOR will die...and so must GOARC.

Volunteer advocacies and professional advocacies must give away the things for which they fought. For example:

Hostels are great; but now we know there are living arrangements for retarded citizens that are better.

Developmental centers have been tremendous; but there's nothing like rubbing elbows with all kinds of students in a public school.

Counseling of mentally retarded citizens and their parents must someday cease to be the domain of a certain few specialist counselors and pilot parents; it must be a skill possessed by all helping professionals and volunteers.

The excellent focused administration cannot last. It must give itself away piece-by-piece to the logical mainstream administrations of the community.

ENCOR/GOARC thrusts are at best a brilliant flash of light--a brief blip--on the heretofore multithousand-year-old timeline that records neglect and segregation of retarded citizens.

It's there...then it will be gone!

But that's OK. Level-headed philosophers have been forever telling us that those who really made their life-in-the-present count were those who weren't afraid to predict their inevitable end: their death.

BUT THE FLASH WE'VE MADE--IF ITS NOT A FLASH IN THE PAN--COULD REALLY COUNT. IT COULD FORCE SOCIETY TO TAKE A SOCIAL SOMERSAULT!

Before the flash, there was little more than bondage, segregation and institutionalization for retarded persons in our state. After it, there could be the acceptance of mentally retarded citizens as members-in-full-standing in the human race.

...So professionals and volunteers...get ready for the death of our movement...It will come...But in the meantime, let your light shine in the battle for dignity and acceptance of the friends with whom we share and work.

Bob Perske

OUR PRESIDENT SPEAKS

Dear Parents and Friends:

How GOARC appears to me as I start my 2nd year as your President:

GOARC is Bob Perske worrying for us and about us, and influencing us with his never ending energy, and constantly, gently prodding us to activate every resource we can muster to attain goals.

GOARC is Leighton Goodrich with the wisdom that tells us redirection is needed, where it is needed, and with the courage to stand up and let his feelings be known in a strong but kind way.

GOARC is Jerry Lenz and the members of his Ways and Means Committee, who meet weekly, and never lose their enthusiasm in spite of the set backs in our plans after many hours of hard work.

GOARC is Wilma Wills and her Legislative Committee, speaking very sincerely and from the heart, and certainly influencing many people; people who have also spoken out in our behalf, after being contacted and won over by Wilma and her amazing group.

GOARC is Karen Kelly inspiring her Volunteer Action committees with quiet, intelligent leadership, and complimented by her husband Jim, who listens a lot, but when he does have something to say everyone stops and listens.

GOARC is Ken and Judy Berry accepting another Ad Hoc Committee Chairmanship, and continually amazing all by their innovative and structured approach on each one, by surpassing the last success with a new even more successful conclusion.

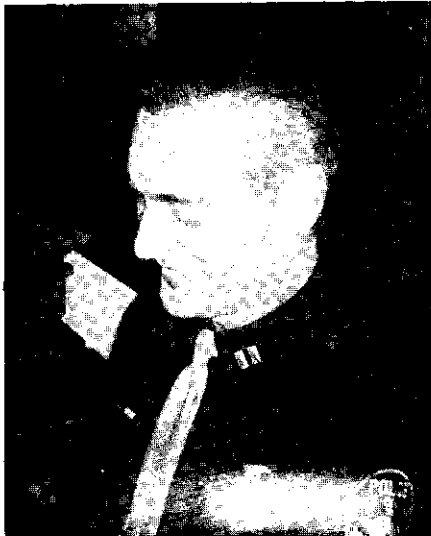
GOARC is Martha Perske, Kathy Lensink, Leanna Skarnulis, and other wives of our professional leaders, getting together and initiating action on their own to further the cause of GOARC.

GOARC is many of the staff of ENCOR putting on the GOARC hat, and accepting work on non-conflict of interest committees, these people include Brian Lensink, Ed Skarnulis, Tom Miller, Jim Byrnes, Shirley Dean and Dick Lewis, this is but to name just a few.

GOARC is Edna Watson, Catherine Williams, and other members of the Poverty and Mental Retardation Committee who very proudly and courageously have made known the cause and goals of GOARC in the poverty areas of our city.

GOARC is the GOARC staff - Earl Hurley, Linda Lund, Kim Clark, Nancy Serlet, Clem Morrow, Helen Zauha, often working many more hours than they have to, but never complaining, always cheerful and smiling.

GOARC is Tom and Fran Porter and the Pilot Parents questioning themselves, wondering if they can do better and more work, attempting to find ways they can improve on their splendid past performances.



(continued on next page)

PRESIDENT SPEAKS (CONT)

GOARC is June Vance, GOARC's "George Washington" or "first president", who is constantly bubbling with the same enthusiasm she had when our organization was born.

Finally GOARC is the "parent" organization, watching with sincere concern and pride at their growing "ENCOR". So proud when ENCOR achieves a milestone in its life. Quick to praise for achievements, and sincerely questioning when this type of action is needed.

I have named names of people who come to mind as I am writing. At this point I know full well there are many others in our organization who have worked just as hard as the people I have mentioned. Next year such an article as this will have new names.

I don't believe I have enough space in this column to name all who have contributed so much. Keep reading your GOARC GAZETTE. Chances are I'll get to you yet.

This is the way I see GOARC at this particular time, and honestly, I am very proud to be one of you.

Sincerely,

Joseph L. Friend
GOARC President

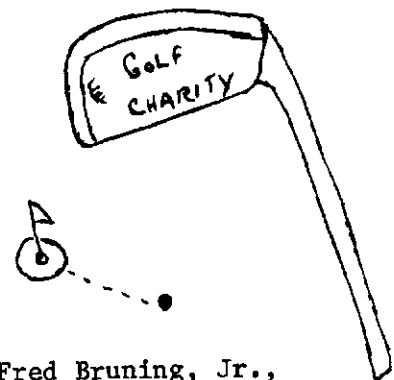
TO OFFICE HELPERS: A GREAT BIG THANKS! (AND A CRY FOR HELP!)

For a number of years, Caroline Goodrich and Helen DeMay have volunteered many hours of their time each month to help the GOARC office staff assemble the GOARC GAZETTE. These ladies although involved in other programs of GOARC, have graciously come down to the office to assist us each month. We have also been fortunate to have, since March, Grace Christensen, a retired woman from Northwestern Bell, volunteering approximately 50 hours a month at the office assisting in the bookkeeping and accounting. Some newer volunteers have been Jeanny Supancic and Sharon Urban who have been assisting in collating the GAZETTE and other administrative tasks.

This article is a tribute to all of these women for their assistance and devotion to assisting the staff when called on. We would like to augment the volunteer office staff by soliciting interested members who could possibly help us in addressing envelopes, typing cards and assembling the GAZETTE monthly. If you can spare some time during the month to assist the office staff please call Earl or Linda, 346-6338.

THIRD ANNUAL BIG FRED'S CHARITY OPEN NETS MORE THAN \$13,000

by Lynette Melcher



Three years ago Bob Carlson, owner of Mr. Kellys, and Fred Bruning, Jr., of Big Fred's Pizza Garden, started the charity golf tournament to assist a friend who had suffered an eye injury. "We had so much fun putting it on", said Carlson, "that we decided to have one the next year with proceeds going to the Martin Luther Home in Beatrice to help build their gymnasium and swimming pool."

The next year the Developmental Maximation Unit received \$8,000 to furnish wards and purchase physical therapy equipment.

Big Fred's Open reached its maximum this season...480 golfers. Counting \$25 individual entry fees, the minimum donation to charity possible was \$12,000, but extra contributions from organizations enabled the figure to top the \$14,000 mark. Funds were appropriated to Martin Luther Home and School in the amount of \$5,200 for gymnasium equipment and to the Nebraska State Special Olympics in the sum of \$5,000. The recipient of the remaining \$3,500 was the Madonna School of Omaha. Arrangements were also made for 200 retarded children to play golf at a Putt-Putt Golf Course which donated a full day to the activity. Meals and snacks were given to the youngsters by local food organizations. Young retarded adults from 16-18 were responsible for running the program for the children. Each youngster received a golf shirt and trophies were given to various schools which had retarded children playing.

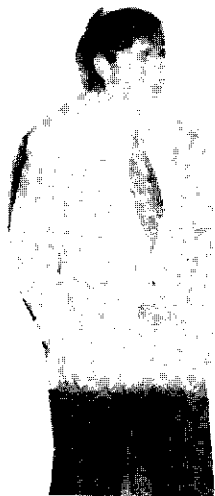
Organizers of the tournament have encouraged other Nebraska communities to join them in a common effort each year on the last Monday in April to help better the cause of mentally retarded children in the state. Disbursement of proceeds from each open would remain in the hands of the sponsoring community.

(Editors note: Bob Carlson has a son attending the Martin Luther School in Beatrice. We think these men are the greatest for their efforts in helping the retarded all over the state.)

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**OUR TOY LIBRARY
IS IN
OPERATION . . .**



**AND IT STARTED WITH
AN EXCELLENT OPEN
HOUSE ON MAY 20,
1602 MANDERSON**

ENCOR HAS MANY RETARDED CITIZENS READY FOR WORK

At this point in time there is a tremendous need for work station openings (e.g. stations like Loziers, Holiday Inns etc.) as well as competitive independent employment. Steve Redick, ENCOR's Placement Coordinator, has been moving through this town looking for job situations for our retarded citizens who are now ready to go. He needs your help. Anyone knowing of a job opening for an individual person or an organization willing to develop a work station is asked to call Steve Redick immediately at 558-7746.

This ENCOR thrust needs the backing of volunteer parents, volunteer citizens and volunteer professionals who will use their "radar" to find jobs for those who are ready to go to work.

Steve is looking for leads. He's willing to do the work and follow them up himself. But he needs people like you to point them out to him.

THANK YOU, PASTOR JOHN RINDE

Reverend John Rinde, of Holy Cross Lutheran Church, called the GOARC office and communicated his concern for a young man residing at the Beatrice State Home. This man, when home on leave, seeks out the pastor and they do things together around the church. As the friendship grew, Reverend Rinde wondered if there could be a place for this young man in one of the ENCOR community based facilities. He was referred to Sylvia Ever, counselor in the Adult Guidance Service. Now, it appears that this man will be living in Omaha in the near future. The pastor has volunteered to work with the relatives and to continue his helpful friendship.

How about that! Here's a "citizen advocate" who pressed himself into action even without training.

MEMBERS INVITED TO TRAIN WITH ENCOR STAFF

Every two months, ENCOR produces a 3-day training session for all their new staff. The training program includes the following:

1. presentations on normalization
2. presentations on the developmental model
3. the history of Nebraska services to the retarded citizens
4. the evolution of ENCOR's system of services
5. an intensive tour of ENCOR programs in the Omaha vicinity (one full day taken for this).

This orientation has been valuable as a "philosophical" introduction for new ENCOR staff. Now, interested citizens and parents of the retarded are invited to train with these professionals for 3 days.

Beverly Kripal and Joan Garro were involved in the last 3-day training session. It is hoped the next session will have a large number of parents and citizens on board. Deb McCollister, Administrative Assistant, of ENCOR is in charge. The next session is scheduled for early July. Call Deb at 558-1115.

Much of the early strength of our services to the retarded came about when citizens, parents and professionals trained together. This needs to be revived. Deb would be thrilled to have you on board at the next session.

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TO STUDY IN SWEDEN



Celeste Alston, 1972 SWEAT student will study in Sweden this summer. (GOARC has awarded Celeste a Hiltene Fund Grant to pay for her round trip transportation.)

"SWEAT was a well planned and informative program. I wish that all people could benefit from a similar experience. I wish to express my deepest gratitude to GOARC for sponsoring me in this exchange program."

Celeste is presently a sophomore at Swarthmore College, Swarthmore, Pennsylvania. She is the daughter of Mrs. Charles Alston, 3001 N. 30th.

Celeste left for Sweden June 15.

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ENCOR'S VOLUNTEER OF THE MONTH

In Doug Corbin, son of Mr. and Mrs. Douglas Corbin of 2701 Maple, ENCOR has found a young man of exceptional talent and maturity. The 17 year old Creighton Prep senior has found a way to share his talent and his love of music in a surprisingly innovative manner.

An accompanist for the choir of St. John's A.M.E. Church, he has been writing musical arrangements for the Omaha Park and Recreation Summer Playhouse since his freshman year at Creighton Prep. He will study music next fall at Drake University. In his work with ENCOR, Doug has taught a young man to play the guitar.



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PICNIC WITH GIRLS CLUB

Saturday, June 9th, the Kellom Girls Club and the Kings and Queens Club invited Citizen Advocates and their proteges to Dodge Park for a picnic. There was food galore and the advocates and proteges had a great time.

The Kings and Queens Club wants to plan on a social get-together with advocates and their adult proteges. Hope there will be as good a turnout for the next picnic.

WE'RE GONNA MISS THE KELLY'S

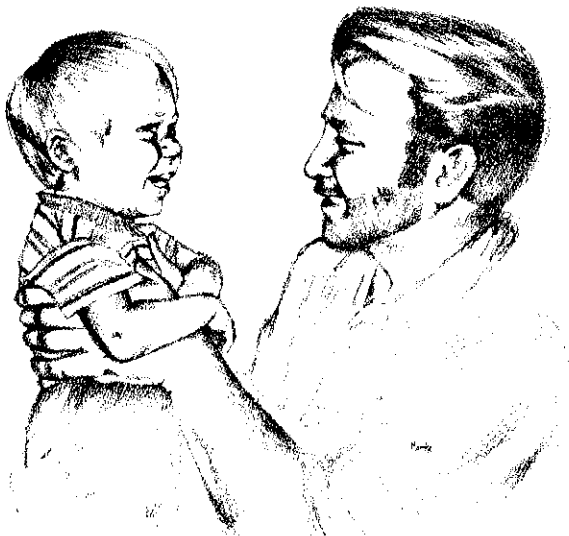
People come to town. They work hard in the GOARC cause and mission...and then they often have to leave. Jim Kelly, Construction Manager at the Fort Calhoun Nuclear Power Plant, will be moving to New York. They've been in our community 4 years. But when Karen, Jim and Mark leave, they're leaving behind a tremendous list of achievements on behalf of the mentally retarded in the greater Omaha community. Here are only a few that can be recalled at a moments notice:

1. Karen held many demonstrations in the care and training of multiply handicapped mentally retarded children, using her own son, Jimmy, in the training relationships.
2. She serves as Thrust Chairman of all GOARC Action Committees.
3. Jim and Karen were Pilot Parents.
4. Karen worked on the funding grant, organized a committee, and carried out an excellent Lending Library for parents.
5. Karen is a member of the GOARC Board.
6. Karen is a member of the State Office of Mental Retardation Advisory Board.
7. Jim served as Vice-Chairman of the NebARC Human and Legal Rights Committee.
8. Their son Mark, served as member of GOYARC Steering Committee.
9. Mark served as youth representative to the Board of Directors.
10. Mark served as a youth advocate at the Beatrice State Home.
11. Jim, seeing the need and on his own initiative, pulled together a crew of workmen who remodeled and refurbished the GOARC Toy Library.
12. Before leaving, Karen set into motion a "File on aides for Parents of Retarded Persons" which will be placed in every physicians office in the area.

These three people worked hard...with little direction...with lots of good sense and energy. They also exhibited a healthy audacity about the fact that they're going to do everything they can to change society's mind about public attitudes toward the mentally retarded.

All of us will miss the Kelly's.

Their new address will be: 18 Dolphin Lane
Northport, Long Island
New York 11768





Have We Got Books For You!

GOARC'S LENDING LIBRARY IS NOW IN OPERATION!

There are 400 editions and thousands of pamphlets...

More are on order.

These books and pamphlets cover a wide array related to the human situation of mental retardation and developmental disabilities.

THESE BOOKS CAN BE CHECKED OUT AT EIGHT GEOGRAPHICAL LOCATIONS

- | | |
|----------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|
| 1) Behavior Shaping Unit
5016 California
Omaha, Nebraska 68132
556-1863 | 2) Benson Developmental Center
6319 Maple Street
Omaha, Nebraska 68104
551-9205 |
| 3) Sarpy Developmental Center
1910 Franklin
Bellevue, Nebraska 68005
291-4283 | 4) South Omaha Developmental Center
4622 Monroe
Omaha, Nebraska 68117
731-0521 |
| 5) West Developmental Center
9416 Pacific
Omaha, Nebraska 68114
393-8088 | 6) ENCOR North Services Center
16th and Manderson
Omaha, Nebraska 68110
451-1773 |
| 7) Madonna School
2537 North 62nd
Omaha, Nebraska 68104
556-1883 | 8) GOARC Office (Main Library)
608 Barker Building
15th and Farnam
Omaha, Nebraska 68102
346-6338 |

This Lending Library has been made possible through the work of many volunteers headed up by Karen Kelly and Jenny Friend, while the actual cost for the books was covered by a grant from Chuck Schafer and the Nebraska Developmental Disabilities Agency.

If you would like a list of the books, call the GOARC office and it will be sent to you.

YOU NOW HAVE A PRECIOUS OPPORTUNITY TO READ AND LEARN AS NO OTHER CITY HAS!

GOYARC JULY CALENDAR (Wow. Those youth are really moving!)

June 26	Swim Party (all ages) Chairmen: Paddy Sherman, 571-2061 Pierce Nowlin, 333-1111 ext. 324 Advisor: Helen Zauha, 346-6338
June 30	Advocates visit BSH (those unable to go during week) Temporary Coordinator: Marian Porter, 572-8491
July 2	Softball Team (guys & girls) Chairmen: Sue Ellis, 572-7736 Barb Miller, 571-3392 Advisor: Dave Fisher
July 7	Picnic Lincoln and Omaha YARC's and retarded Chairman: Mary Jane Rees, 391-0866 Advisor: Pat Henry
July 8	GOYARC General Membership Meeting
July 9	Tour ENCOR Facilities Coordinator: Mark Moon, 291-5661
July 9	Softball Game (guys & girls) Chairmen: Paddy Sherman, 571-2061 Marian Porter, 572-8491 Advisor: Dave Fisher
July 11	Advocates Visit BSH (those able to during week) Temporary Coordinator: Marian Porter, 572-8491
July 13	Outdoor Dance Chairmen: Beth Huettner, 571-4792 Mike Zackert, 333-1111 ext. 324 Advisor: Dave Fisher
July 19	Softball Game Chairmen: Beth Huettner, 571-4792 Melody Schenck, 572-8633 Advisor: Dave Fisher
July 22	Fontenelle Forest Hike (teens) Chairmen: Anne and Marian Porter, 572-8491 Advisor: Clem Morrow
July 24	Putt-Putt Golf (any age) Chairman: Vicki and Kristy Kelly, 397-1054 Advisor: Helen Zauha
July 26	Softball Game Chairmen: Pierce Nowlin, 333-1111 ext 324 Co-Chairman: Teri Hammon, 571-1148 Judy Pierce, 572-1922 Advisor: Dave Fisher
July 28	Zoo Trip (children) Chairman: Bob Brinda, 333-1111 ext. 326 Co-Chairman: Alisa Chapman, 391-0719 Advisor: Bill & Judy Peterson

ON THE GO WITH GOYARC



The Omaha youth group is not letting up this summer. We're having more activities per month than ever -- 6 activities in June, 11 in July. If any youth wants to be an activity chairman, contact Judy Pierce, 572-0155. If you want to participate in one of the activities, contact the chairman of that activity.

The State Youth Association for Retarded Children has changed their name to the Nebraska Youth Association for Retarded Citizens. If cleared by GOARC, we will change ours also, unless, of course, there are many objections from the youth group. If there are any comments, contact me to discuss them.

From now on, if you plan to go on Beatrice trips and just don't show up on the day of the trip, there will be a \$3.00 fine for your seat reservation. Right now the State youth group pays for our transportation to Beatrice. But, they will only pay if you are there. If you are not, then GOYARC has had to pay your fare.

National Convention will be held in Idaho for 5 days in August. The cost will be around \$90.00 including everything. If you would like more information, contact me in the near future.

That's all for now.

Arlo Burk, President
GOYARC
333-5813

AWARDS TO GOYARC VOLUNTEERS

Eighteen GOYARC members were awarded Invisible Circle Pins for earning 150 or more points through direct or indirect volunteer service benefiting the retarded over the last year. Receiving pins were the following: Bob Brinda, Larry Davis, Susan Ellis, Mike Fontenot, Connie Giddens, Sue Grasso, Don Gregory, Cindy Hatch, Beth Huettnner, Dana Johnson, Tim Neylon, Pierce Nowlin, Judy Pierce, Suanne Selee, Mary Jane Rees, Mike Zackert, Jay Salyers, and Mark Kling.

Points are gained by attending meetings, recruiting members, serving as an officer or on a committee, participating in activities with the retarded and selling honey on Honey Sunday. The meaning of the half-circle pins awarded is clear in this inscription:

"The invisible circle keeps them out
Their difference causing others to doubt
But our willing hands are helping them win
We're opening the circle and boosting them in."

Congratulations to these young people in their work with the retarded!!

YOUTH ADVOCATES BUSY AT STATE HOME

A group of 27 youth advocates visited their friends at Beatrice State Home on May 20 for an all-day picnic and games. Thanks to Fuch's Machinery company for their \$50.00 donation for lunch.

Another group of GOYARC youth took a bus to attend an outdoor dance at BSH on June 10, to open the volunteer season. Residents were so welcoming and friendly that everyone had a good time. We are looking forward to taking a combo down with us sometime this summer for another outdoor dance. If you know of a combo that might be interested in playing, please call Connie Giddens, 558-5249.

Two more trips to BSH are planned for the near future. One on Saturday, June 30, and another on Wednesday, July 11. The mid-week trip will give advocates a chance to see what their proteges do at BSH on an average summer day -- classes, recreation, meals, etc.

GOYARC PROGRAM FIRES DISCUSSION

Sue Ellis' program committee engineered a valuable discussion among GOYARC members at their June General Membership Meeting. The question centered on "How GOYARC Activities with the Retarded Can Be Improved."

Short skits were performed showing some situations between volunteers and the retarded.

Bridget Moylan Brown, former GOYARC and NebYARC President, was present at the meeting as a resource person. Many good ideas were presented to improve interaction with the retarded.

CHRISTMAS IN JULY! ALREADY?

The office has just received the 1973 Christmas Card Selection and there are some beautiful cards again this year.

We have ordered the brochure/order form and expect them in July or August. At that time, in order to reduce costs and expenditures, we will prepare one bulk mailing to all members and friends of GOARC and ask them to send their pre-paid order to the card manufacturer direct.

Let's make GOARC's Christmas bright by buying NARC Christmas Cards. We receive 35% of the cost of cards.

JOHNNY COMES MARCHING HOME

Much excitement was generated when Johnny Palmer, 14, returned to Omaha after living many years at the Beatrice State Home. It took 1 1/2 years of hard work, but Lori Wolpa's protege thinks it was worth it. Johnny is living at the hostel.

ADVOCATES IN THE NEWS

Gary Neid has been working out with his protege, Dave, several times a week. Not only does Dave get into shape, but so does Gary. What a great idea for some of the other advocates whose protégés might have a weight problem.

Roseann Moskowitz and her husband have been transferred from Omaha. After several years of not being in school, her protege, Beth, got into Northwest High. Roseann did a lot to coordinate her school entry with Beth's parents, the school system, and ENCOR counselor. She plans to correspond with Beth and to continue contact.

Laurie and Tim Ryan spent one Sunday planting their garden. They had some help too. Their two sons and their protégé, Kathy, put the seeds into rows--they think! What a great way to teach a child the wonders of growth. It will be great fun for the boys and Kathy to watch the plants grow, and reap the harvest too.

Pat Nolan and her family are moving to Lubbock, Texas, next week. She has been the advocate for Rose and Kathy. Rose and Kathy live in a staffed apartment and Pat has done a lot to help them along. She has spent time tutoring them and helping them work out their problems. Pat plans to visit Rose and Kathy when she vacations in Omaha and also plans to correspond. She has interested some of her other friends in the two young women.

Do you know any people who would like to be Citizen Advocates? We have the names of 200 retarded persons who need them. Advocates, parents and friends are our best source of referrals. Many have sent new people our way. If you have a friend who has hinted that he or she might be interested or know of someone who would make a good advocate, send us their name and address.

HAS YOUR PROTEGE EVER. . . .

(taken from the 1st Citizen Advocate Newsletter)

- ...planted a garden?
- ...flown a kite?
- ...been to a carnival or parade?
- ...helped you correct school papers?
- ...typed his name?
- ...called you on the phone?
- ...combed your hair?
- ...helped you change oil or vacuum your car?
- ...cleaned an oven or defrosted a refrigerator?
- ...watched a TV special with you?
- ...made mud pies?
- ...decorated a cake?
- ...been to the races?
- ...windowshopped in the Old Market?
- ...been to a concert?
- ...seen a cow or a pig?
- ...ridden a bike or been on a boat?
- ...played marbles?

HAVE YOU. . . .

- ...met your protégé's parents, counselors or teachers?
- ...ever had your protégé over for dinner?
- ...done something with your protégé in the last week?
- ...make plans for something special this summer with your protégé?
- ...ever taken a picture of your protégé?
- ...ever gone to church with your protégé?

THANK YOU - - -

MAYOR ZORINSKY



AND

DEE LUND



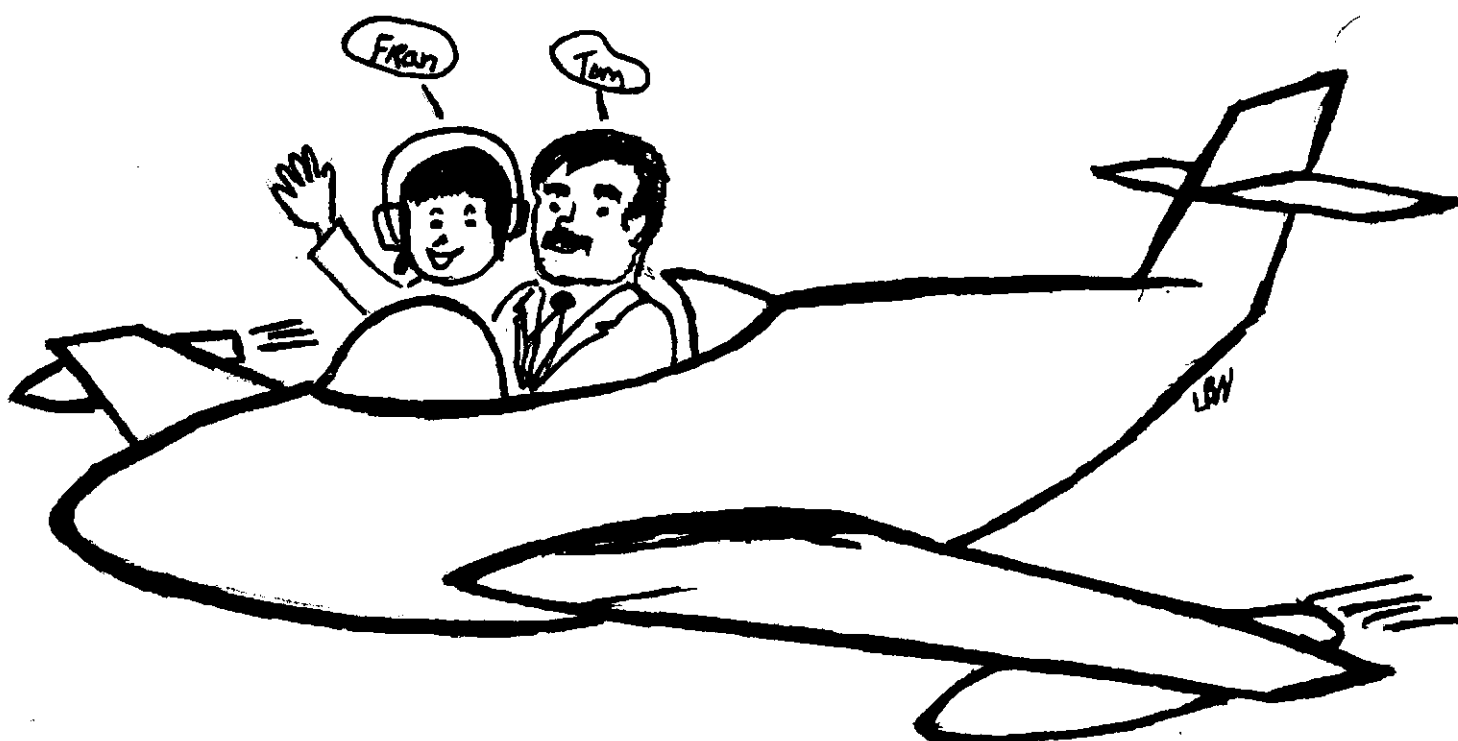
FOR MAKING OUR 1ST ANNUAL ART AUCTION A SUCCESS!

WE MADE \$ 964.00AND JUST WAIT 'TIL NEXT YEAR.



IT WAS HELD AT PEONY PARK ROYAL GROVE ON SUNDAY, JUNE 10.

NATURALLY, ALL OF US ARE PROUD OF THAT WAYS AND MEANS "GANG".



NO!....They're not taking flying lessons. They're Pilot Parents.

Pilot Parents are really getting around. They have had 53 referrals since the program was formed last January. The ages of the new referrals range from two days to 29 years. They have had two mother's coffees, two family picnics, a Christmas party, and countless individual get-togethers. Read about their last picnic in next months GAZETTE.

Congratulations to all the Pilot Parents and the good job they are doing.

You Are Invited To Northeast Vocational Center's Open House

2 - 4 SUNDAY, JULY 15



Northeast Vocational
Center



Jim and evaluator
Dennis Adams



Joe and Activity Trainer
Emma Jones

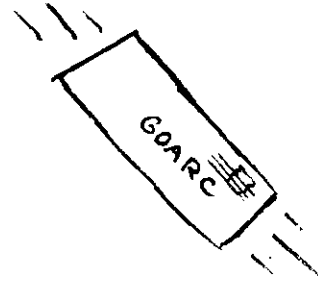
The Northeast Vocational Center is one of ENCOR's five Vocational Centers. The Center is located at 1531 North 18th and is serving persons from the Northeast area.

The Workshop Director, Gus Shoffner, stated that--"persons have been placed on jobs since the Center opened and that it is presently serving twenty-four persons."

The Northeast Vocational Center will be hosting its Open House, Sunday, July 15th from 2:00 p.m. - 4:00 p.m. Speakers for the Open House will include - Mayor Edward Zorinsky, Ernest Chambers, and P.J. Morgan. GOARC's President, Joe Friend will preside.

Hope to see you there, Sunday, July 15, from 2:00 - 4:00.

**LETTERS
TO
GOARC**



Mr. Joe Friend:

We deeply appreciate and are justly proud of the Annual Organizational Award given the Christ Child Society by GOARC. The work done with and for the mentally retarded children in our city by so many proves the humanitarian concern of many good citizens of Omaha.

As programs are developed, Christ Child will always sustain the efforts for the retarded. We commend you for your interest and trust you will continue in your concern for this mutual care of ours.

Sincerely,
Marie Folda
Christ Child Society

Dear GOARC Staff:

I would like to thank GOARC for printing the schedule for KRCC's series dealing with Mental Retardation. The article was helpful in promoting the program. I would also like to thank Rosemary Wais and Joan Garro for the complimentary letter they addressed to the station. I am planning on doing future programs and I definitely won't forget GOARC.

Sincerely,
Mike Irwin

Dear Bob:

Keep up the good work. Keep sending me the GAZETTE. Keep up your courage because you are doing lots of good. Tell Miss Novicki so, too.

Sincerely yours,
Karl Menninger, M.D.
The Menninger Foundation
Topeka, Kansas

Mr. Bob Perske:

On behalf of the staff at the State Office of Mental Retardation, I want to extend our heartiest congratulations to you and GOARC, Clem Morrow, the DD agency, ENCOR and all others involved in working to establish the Developmental Toy Library. The library is indeed a fantastic and important venture in helping developmentally disabled children.

Our sincere wishes go to all concerned in making the Developmental Toy Library a success.

Sincerely,

Linda Rutz
Public Educator
Office of Mental
Retardation

- - - - -

CALENDAR

JULY

- 2 Human and Legal Rights Committee on Developmental Centers, 7:30 P.M.,
515 North 41st Avenue
- 6 Benson Parent Group Bake Sale (Sidewalk Sale Days in Benson). Proceeds
for Workshop. Anyone interested in contributing baked goods or for more
information, contact Arlene Lee at the workshop, 558-3121.
- 10 South Omaha Developmental Center Parent Group, 7:30 P.M. at the Center
(tentative)
- 10 Human and Legal Rights Committee on Residential Care, 7:30 P.M.,
3817 Dewey Ave.
- 10 Human and Legal Rights Committee on Special Education, 7:30 P.M. at the
ENCOR Central Office
- 11 Sarpy Developmental Center Parent Group, 7:30 P.M. at the Center
- 11 CHANCE Parent Group, 7:30 P.M. at CHANCE
- 12 North Poverty and Mental Retardation Committee meeting, 7:30 P.M.
at 1602 Manderson
- 13 Human and Legal Rights Committee on Nursing Homes, 11:45 a.m.,
515 North 41st Avenue
- 15 Northeast Vocational Services Center Open House
1531 North 18th Street, 2-4
- 16 Pilot Parent Meeting, 7:30 P.M., DMU
- 17 GOARC Board of Directors Meeting, 7:30 P.M. at NPI Research Conference Room
- 18 Human and Legal Rights Committee on Developmental Centers, 7:30 P.M. at
ENCOR
- 19 Human and Legal Rights Committee on Vocational Training, 3134 No. 78th,
7:30 P.M.
- 24 Human and Legal Rights Committee on Special Education, First Federal Savings
and Loan, 111 North 84th Street, 7:30 P.M.
- 26 South Poverty and Mental Retardation Committee meeting, 4724 South 24th,
7:30 P.M.

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OMAHA, NEBRASKA 68131

the GOARC
Greater Omaha Association for Retarded Children
608 Barker Bldg. Omaha, Neb. 68102

GAZETTE

AUGUST, 1973 ISSUE

EDITOR: JAN NOVICKI



**"WHEN HANDICAPPED CHILDREN ARE
SEGREGATED FROM 'NORMAL' CHILDREN
IN PUBLIC SCHOOLS, BOTH ARE DEPRIVED
OF ONE OF THE RICHEST LEARNING
EXPERIENCES THEY COULD EVER HAVE
IN THEIR GROWING YEARS."**

RICHARD SCHILLER

SEE PAGE 17

THE THOUGHTFUL WORKINGS OF AN EXECUTIVE DIRECTOR'S MIND



In Flight From Nashville to Omaha
July 24, 1973

Gosh!
The presses are running...
Perske, Martha and Perske, Robert: New Directions
For Parents of Retarded Persons is being printed
at Abingdon Press.
They told me they are running 15,000 copies.

Spent one of the most interesting days of my life
at the publishing house.

Did some conferring with editor, Florence Lund. She's become something special
to Martha and me.
I got to see the "Van Dyke" of the forthcoming book (the master proof).

Then there were meetings with the business manager...Conferred with a director
of publicity...Spent time in the art layout department (Martha would have
been in her glory in this division)..Worked on biographical material...
signed papers.

They told me they've decided to print it in paperback with a sales price of
\$1.95. Publication date and publicity are scheduled October 1. But, the
first copies will be ready in about three weeks.
...its all hard to believe.

.....

It's been a long time coming...
I wrote the manuscript once back in 1971...It didn't click. So, it was
decided to do it again.
I wrote it the second time in 1972...It still didn't sing. So, we told the
publisher "Not Yet."
It was completed the third time during the early months of this year.

Abingdon decided to place it for early printing...Not sure whether its that good,
or the folks in Nashville became afraid we'd change our mind and try for a fourth
manuscript.

.....

Now that its coming out, both Martha and I hope its a helpful book for parents.

Can't figure out why I get so hooked on parents of retarded persons...
They come in all sizes, shapes and degrees of force.
Yet, they face a rigorous obstacle course in life because of the retardation
in their child.
Some master the obstacles and one can be fascinated by their personal growth
in the process.
Others have a rougher obstacle course and not as much to give in mastering it.

It has been a hope of mine to write something that would help parents be winners in
this specific human situation of their lives and make a richer life because of it.

Well, Martha's and my part of the work is done...
Nothing left to do but sit quietly and wait to see what happens.

OUR PRESIDENT SPEAKS

Dear Parents and Friends:

It certainly was a heartwarming event! If you didn't make it, I'm sorry you missed it. I am speaking about the Open House at the North Omaha Vocational Services Center at 1531 North 18th Street. I wish everyone could have been there to appreciate some of the things we, who were in attendance, observed and heard.



We were fortunate in having in attendance and speaking for our local governing bodies: Mayor Ed Zorinsky of the City of Omaha, Dan Lynch, Chairman of the County Board who presided at the meeting, County Commissioner P. J. Morgan, Municipal Judge Elizabeth Pittman and some other important folks. All of these dignitaries spoke of their very positive feelings in regard to our community programs.

The one thing that impressed me most, and shows that our philosophy is being put into action, is that the clients from this workshop were greeting people as they came in. They did it with a firm and friendly handshake as well as giving them a tour of the facility that they obviously take much pride in. I am certain that there were people present who may not have known who the clients were in the midst of that crowd.

This is what we are all about! This was normalization in action.

Sincerely,

Joseph L. Friend
President
GOARC

**THE SWEAT GROUP IS ON BOARD
AND "SWEATING" FOR MENTALLY
RETARDED CITIZENS**



SWEAT means Summer Work Experience and Training in MR.

THOSE INVOLVED IN "SWEAT" FOR THE SUMMER OF '73 ARE:

Robin Bergersen, Omaha	Joni McLaurine, Omaha
Kathy Bratetic, Wausa	Kathy Moles, Seward
Judy Clemmer, Fremont	Rob O'Neil, Omaha
Helena Fagerberg, Sweden	Kim Rauhut, Omaha
Tom Hansen, Bellevue	Inger Sedin, Sweden
Ronda Hunt, Omaha	Sue Smith, Omaha
Peggy Neibrugge, Omaha	John Erickson, Fremont
Linda Harr, Ralston and Karen Hoffman, Omaha are their leaders.	

BEFORE THIS SUMMER ENDS THEY WILL HAVE:

1. Attended 136 hours formal training
2. Worked 160 hours in ENCOR facilities
3. Spent 24 hours as a resident at Woodward State School, Woodward, Iowa
4. Worked 120 hours each at a camp at North Platte

BY THE SUMMER'S END:

THEY WILL FEEL TIRED...BUT FULFILLED.
AND WE WILL FEEL VERY PROUD OF THEM!



OUR GOARC FAMILY IS MOVING!

**THE NEW ADDRESS:
140 SOUTH 40 ST.
OMAHA, NEBR 68131**

WANNA HELP US GET READY?

If you have carpenter, plumber, electrical skills, call us.
We plan to do the work in August.

WANNA HELP US WITH SOME MATERIALS?

We need:

- 34 - 2 x 4 x 10'
- 2 - Wooden doors, standard type
- 19 - Panels of sheet rock, 8 x 4
- 5 - Florescent fixtures
- 1 - Folding door, 8' x 15'
- Framing and trim material for woodwork.

If you have excess materials, call GOARC.

WANNA HELP US MOVE?

We need lots of people to help us pack, haul and unpack.
Last week in August is target date for moving.

**DMU CELEBRATES
FIRST BIRTHDAY**

On Sunday, August 5, 1973 at 2:00 P.M., the Developmental Maximation Unit will celebrate its first birthday. GOARC members are cordially invited to attend. DMU has had a remarkable history of development during this "first year of life". If you haven't gotten to DMU yet, by all means make it on their birthday.

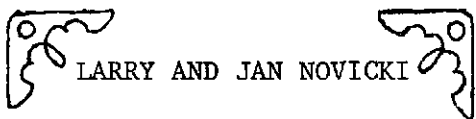
They want ya there!

There will be a ceremony at 2:00.

**ST. TIMOTHY'S COMES
THROUGH FOR GOARC**

The congregation of St. Timothy's Lutheran Church gave a donation of \$136.76 to help GOARC continue their fight for the rights of retarded citizens. This is not a new thing with this particular congregation. This fellowship, under the leadership of Pastor Wallace Setterlund, has been most concerned for what happens to persons who happen to be mentally retarded.

By the way, St. Timothy's will soon be moving into a new church. It's that beautiful round building on Dodge Street just east of Westroads (9300 W. Dodge Rd.) Betcha they'd be happy to have folks like us drop in and worship with them.



LARRY AND JAN NOVICKI

PROUDLY ANNOUNCE THE

ARRIVAL OF THEIR

FOSTER SON....



TOM COGAN.



**HALO CLUB AIDS
TOY LIBRARY**

The Developmental Disabilities Agency has been most generous in making possible a grant for the purchase of developmental toys and equipment. The next problem was to find matching money in the amount of \$414.25. Mrs. Karen Harville, an official with the Halo Club, the benevolent organization of Mutual of Omaha, called for some appointments with Bob Perske and Clem Morrow. An orientation session and a tour of the Toy Library was given to a group of officials. The next thing we knew, the Halo Club sent the matching funds. Their \$414.25 made possible a \$4,000 grant from Developmental Disabilities!

Every time we get into trouble, there seems to be some people out there who are really pulling for us.

**COUNCILMEN ON
CRASH PROGRAM**

An automobile crash that is. Here's how it happened. Friday, June 22nd was a most interesting day. Wilma Wills, Government and Legislative Affairs Chairman, had worked up a program of having the Omaha City Councilmen as GOARC's guests in an intense tour of ENCOR facilities. City Councilmen gave their morning to the cause--a most gracious thing on their part. So, GOARC and ENCOR people moved rapidly and efficiently from one facility to the next.

Then it happened. Councilman Steve Rosenblatt and John Miller and GOARC President Joe Friend were traveling together to the next facility in Steve's car. Another car smashed into them. There was minor damage to the car. Joe Friend put on his police hat, swung into action immediately, taking notes and filling out the report right in the car. Hardly a second was lost in the tour. Thank goodness for Joe, our cop. If he had not been there, the police cruiser would have come out and we would have lost Steve Rosenblatt and John Miller for the morning.

**THANK YOU MAYOR ED ZORINSKY
BOB CUNNINGHAM
BETTY ABBOTT
JOHN MILLER
STEVE ROSENBLATT**



FOR FINDING TIME IN YOUR BUSY SCHEDULE TO MEET, TRAVEL AND LEARN
ABOUT OMAHA'S COMMUNITY BASED SERVICES FOR RETARDED PERSONS.

The council persons toured and discussed mental retardation,
Friday, June 22. Mayor Zorinsky did the same on June 29.

**CITIZEN ADVOCACY
IS FUNDED!!**

GOARC received a grant recently from the Rehabilitation Services Administration of the Regional Department of Health, Education and Welfare to fund it's Citizen Advocacy Program for the coming year. This grant will supply three positions - two coordinators and a secretary to keep the program on the move and growing.

A doubling of the present 75 relationships is hoped for within the next year bringing the number of retarded persons with citizen advocates in Omaha up to 150. Also Youth Citizen Advocates from Omaha who visit proteges at the Beatrice State Home will be given more support in their relationships.

A special thanks is extended to both ENCOR and NPI for the staff contribution each made over the first year and one-half of program operation. These supporters share in GOARC's celebration on receiving the vote of confidence represented in this CA grant

**ATTITUDINAL CHANGE
COMMITTEE**

CONGENIAL, INFORMAL, OPEN, DISCUSSION, AND DEDICATED. These are the attributes of the members of the Attitudinal Change Committee, and the types of meetings that are held each month. One comment that was over heard, "I enjoy coming to this kind of meeting because it is so relaxing." Regardless of the informality of the small group, true progress has been made and hopefully will continue.

**ENCOR HIRES NEW
COORDINATOR**

ENCOR announced the recent appointment of Carol Dennison as a Coordinator. She will be responsible for coordinating the visits of out-of-state as well as Nebraska professionals, volunteers, and parents to the ENCOR System of Service. Mrs. Dennison is filling a position previously held by Jane Burrell.

**CLIPPED WINGS DONATE
TO GOARC'S MISSION**

GOARC was the happy recipient of \$120 from the Clipped Wings raffle on a trip to Las Vegas.

President Judy Hall and her organization have a remarkable track record helping retarded persons in our community.

**GOARC RECEIVES FUNDS IN
MEMORY OF MILTON GOODRICH**

A Memorial Fund was set up in memory of Milton L. Goodrich of Berkeley, California. Milton was the brother of our own hard-working Leighton Goodrich. It's a touching thing that people in the midst of bereavement attempt to make a good thing out of it by such memorials as these.

Evidently, all of Leighton's relatives know of his enthusiasm and the fighting nature he possesses when it comes to helping mentally retarded citizens.

VOLUNTEER HOURS FOR THE MONTH
OF JUNE:

1,610

ANOTHER SUCCESS STORY FROM ENCOR'S DEVELOPMENTAL HOME PROGRAM

During the month of June, two long-term placements were made. Eleven year-old Jimmy is with a couple who discovered him through the Omaha World-Herald column for children who need homes. They said when they saw his picture, he was the child they wanted! He now has a home with a 16 year-old "sister" and two "brothers", 15 and 12.

Another 11 year-old, Tony, who has resided at the Beatrice State Home for eight years, spent an adventurous weekend visiting his new family before he moved in with them. He had been playing in the yard with one of the four children when suddenly he was not in sight. He wanted to check out the new neighborhood. But when he got more than a couple of blocks away, he realized that he was lost. However, there was a police station in the area and he decided to go in "because policemen help little children." Since Tony didn't know his new address, he got to ride in a cruiser car until his developmental mother, who was frantically searching the neighborhood, spotted him. After the experience he said, "I'm going to be a policeman when I grow up."

There are at least five other children who need homes soon. If you are interested or know someone who is, please tell them about our program or contact us at the ENCOR South Family Service Office.

Editor's note: I heartily recommend it. And so does our whole family!!

NEW DIRECTOR OF TRANSPORTATION

ENCOR has announced the appointment of a new Director of Transportation, Ron Lamb. Ron, an Omaha resident, was previously employed by Continental Trailways. In his position as Transportation Director, Ron will be responsible for conveying ENCOR clients to Omaha public schools and to ENCOR programs over the 5 county area. Ron and his wife, Nancy, have a very interesting hobby. They are folk singers and have been entertaining in the Omaha area for three years. They will resume this activity in September after the birth of their first child.

PILOT PARENT GOES BACK TO SCHOOL

On June 29, Fran Porter and Shirley Dean were guest speakers to a group of students at UNO. They spoke for an hour and a half to the Sociology class conducted by Prof. Nye. The class consisted of lawyers, medical persons, social service workers, etc. Fran and Shirley discussed the current programs and gave them pamphlets and literature on Pilot Parents, ENCOR, and GOARC. This was a good opportunity for us.

Thank you Fran and Shirley.

WE SALUTE JONI BAILLON !

SHE NEVER STOPS WORKING FOR POSITIVE PUBLIC ATTITUDE
CHANGE TOWARD RETARDED CITIZENS.

HER 12:30 P.M. SHOW ON KMTV IS FOREVER FILLED WITH
SUCH PROGRAMS.



Here are glimpses of a show done on Normalization and
Developmental Homes with Edith Satterfield, Kathy Gromko
and Bob Perske

THANK YOU JONI AND KMTV!!

(Our children think Dr. San Guinary is lucky to have a
teammate like you.)

TEENAGERS...ALERT

THERE'S ONE MORE MONTH IN SUMMER TO GO...

ARE THERE TEENAGERS IN THE NEIGHBORHOOD?...

YOUR RELATIVES?...OR ANYONE ELSE YOU KNOW IN THE NEIGHBORHOOD WITH
NOTHING TO DO. (OR ARE YOU A TEENAGER NEEDING SOMETHING TO DO?)

WORK WITH THE RETARDED AT ENCOR.

VOLUNTEER YOUR SERVICES IMMEDIATELY.

THEY NEED YOU.

CALL DIANE KRATOCHVIL AT ENCOR, 558-7746

(WHY DON'T YOU JOIN THE GREATER OMAHA YOUTH ASSOCIATION FOR RETARDED CHILDREN
AT THE SAME TIME. ARLO BURK AND HIS GANG NEED 'YA. CALL THE GOARC OFFICE,
346-6338.)

ENCOR BEGINS COUNTDOWN ON REGION'S RESIDENTS STILL AT BSH

Happiness is a home address. And, ENCOR's darn well going to work at proving it.
This month we rejoice in welcoming back the following citizens:

Tony Lathan to a developmental home,
Harold Hurley to the Fremont Men's Hostel,
Richard Ahlman to the Burt Street Men's Hostel,
Barbedo "Johnny" Palmer to the Cumings Adolescent Hostel (how about that,
Lori Wolpa and all you GOYARCer's who pushed for this one?),
Richard and Robert McClarty to the Hawthorne Men's Hostel.

Cass County has only 16 residents left at Beatrice State Hospital. Washington
has only 9. We're pulling for Washington and Cass County to be the first
counties in the state of Nebraska who have no retarded citizens in an institution.
Douglas County has the most...but they're in there working.

The following is the box score for our 5 county region:

<u>COUNTIES</u>	<u>UNDER 16</u>	<u>OVER 16</u>	<u>TOTAL</u>
Cass	2	14	16
Dodge	4	18	22
Douglas	53	291	344
Sarpy	10	8	18
Washington	1	8	9
Hastings R.C.	5		5
TOTAL	75	339	414

OFFICIAL FROM GHANA VISITS OMAHA

Jacob Wellbeck of the Ghana Broadcasting Corporation, and recipient of the Rosemary Dybwad Award, visited Omaha last month. He's an active member of the newly formed Ghana Voluntary Association for Mentally Retarded Children (formed in 1968). His main duty is to begin programs that will shape positive public attitudes toward mentally retarded persons. And, that's not an easy job in a new country that has many taboos against those who are found to be retarded. He related how "bad luck" is often expected to follow the parents as long as the child remains with them. For this reason, many of the mentally retarded are abandoned "on the streets, at the river or at a mental hospital."



In spite of the incongruities between the care and treatment of the mentally retarded in Omaha and those in Ghana, Jacob and those with whom he conversed showed the same common advocacy spirit. GOARC, ENCOR and Omaha was happy to travel and work with this splendid man, who wants so much to change the public attitudes toward the mentally retarded in his country.

"PILOTED PARENTS" SUFFER THE LOSS OF THEIR CHILD...BUT THE PILOT PARENTS STAND CLOSE

Our GOARC family is saddened by the loss of Karen Zaiger, the daughter of Kent and Margie Zaiger who passed away July 8th. Karen was 17 months old. Karen had serious physical problems to which she finally succumbed. Throughout this time, Pilot Parents Jerry and JoAnn Volcheck stayed very close.

One of the most touching things happened when the Zaigers -- in the midst of their grief -- stated they wanted all memorials to go to GOARC and specifically to the Pilot Parent cause.

The Zaigers spoke warmly of JoAnn and Jerry Volcheck. ("That JoAnn is quite a gal...on days when I was feeling low, this person with all of her bounce and vigor could cheer me up and make life worth living again.")

It's obvious that through the Pilot Parents assignment the Zaigers and the Volcheck's have found a rich friendship that will continue.

Those who know the Zaigers and would like to give a memorial in Karen's name to GOARC, may send it directly to the GOARC office. But, rest assured all funds from this memorial will be earmarked for Pilot Parents!

Karen Zaiger

Born - February 11, 1972
Died - July 9, 1973

When we think of Karen we see a beautiful little angel. Her daddy called her "silly baby." She would beam so when he did. She had so much love to give to all she touched. Her parents, grandparents, Pilot Parents and even her babysitter have gained from her being.

We have never seen a more devoted mother than Margie Zaiger. She knows why God gave Karen to them and she knew she would not get to keep her long. She poured a life-time of love into 17 months.

Our deepest sympathy goes out to Kent and Margie Zaiger.

Your Pilot Parents and friends,

Jerry and JoAnn Volcheck

* * * * *



Participants in the Pilot Parents program had a pot luck picnic at Elmwood Park Pavilion on June 10, 1973.

GOYARC CALENDAR

- * August 5 Sunday School, 9:00 - 9:45 a.m. (children)
 12 Kountze Memorial Lutheran Church, 2650 Farnam
 19 Call Mary Jane Rees, 391-5437, for transportation and
 26 information.
- August 8 Roller Skating Party (any age)
 Chairmen: Teri Hammon - 571-1144
 Sue Ellis - 572-7736
 Advisor: Dave Fisher - 291-7047
- August 12 General Membership Meeting, 7:00 P.M.
 Commercial Savings and Loan, 45th and Dodge
- August 16 Douglas County Fair (teens)
 Chairmen: Paddy Sherman - 571-2061
 Teri Hammon - 571-1144
 Advisor: Bill & Judy Peterson - 493-1079
- August 19 Youth Advocates Visit BSH
- August 24 Masquerade Party (adults)
 Chairmen: Dana Johnson - 731-3898
 Rick Johnson - 344-0216
 Advisor: Pat Henry - 397-3315
- August 28 Six West Movie (teens)
 Chairmen: Rachelle McPherran - 571-4856
 Christie Giddens - 558-5249
 Advisor: Helen Zauha - 346-6338

* See story and pictures on page 16.

- - - - -

BULLETIN -- BULLETIN -- ADAM 12 AND COHORTS HAVE STRUCK AGAIN!!

You hear a lot about the police department of Omaha. But this is one time we would like to shout their praises all over town. The Fraternal Order of Police, Omaha Lodge #1, contributed \$300.00 to GOARC's mission!

Every time you see a police car, you know they're riding in our corner.

Thanks a million, F.O.P.!

ON THE GO WITH GOYARC



We're at the close of another month, still very active. One thing has happened now that will slow us down for the moment. Helen Zauha will have to give her full time to Citizen Advocacy as stated in the grant just received. At present she is our liaison to the GOARC office. If we needed help sending something out, she would be there. She also did a lot of footwork tracking down people or items we needed for meetings. Third, she would always be there giving a little push when people slowed down. She will be dropping

out as advisor in a month. Bob Perske, Pat Henry and myself are trying to come up with the best solution to our problem. If there are any suggestions, feel free to call me.

It's the middle of the summer. A lot of people are on vacation. Those that are here should not let up on a steady program during the summer or it will be harder getting started this fall.

Keep up the good work.

Arlo Burk, President
GOYARC

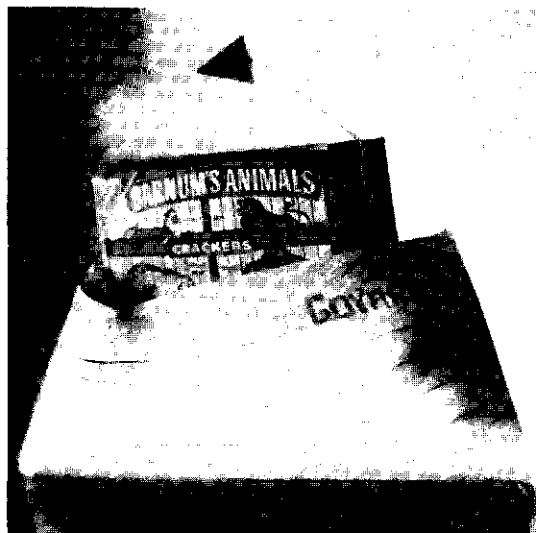
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ECLIPSE ON FRIDAY THE THIRTEENTH

The band, the crowd, and the storm clouds were all there for GOYARC's Outdoor Summer Dance. But the rain held off and the dance went on. So the Youth Group had good luck and a good time on this past Friday the thirteenth.

"Eclipse" provided the music. In fact, the band even encouraged some of the guests to join in. Clayton Lankford gave their organ a workout.

About 45 teens and young adults attended the dance held in the parking area outside the Boys Town Warehouse. The same group will meet at Fontenelle Forest July 22nd, and maybe again this summer for a dance.



NOAH'S YARC

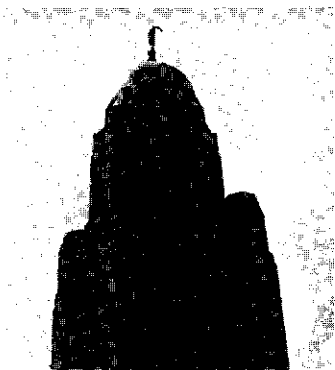
God made a lot of neat things, and a number of GOYARC members are up early on Sunday mornings to tell about this. Last Sunday's class of 6 children listened to God's work of creation and talked about the animals he made. There was even a box of animal crackers to illustrate the point and later provide a snack.



The Sunday School for young children has been one of the most original programs attempted by the Youth group. Mary Jane Rees has had the idea and the persistence to bring the program about. GOYARC Advisors, Bill and Judy Peterson, agreed to help her with the curriculum and the teaching techniques. They even volunteered Muffy and Jeff, their daughter and son, to be part of this first class. From the beginning, help has also come from Chris Peterson, a friend of Mary Jane and now a new member of GOYARC.

The Sunday School class meets every Sunday morning at 9 in the basement of Kountze Memorial Lutheran Church. The church is located at Harney and the Interstate. Rides are pooled so that all can come. The class still has room for a number of children. Parents are asked to call the GOARC office (346-6338) or Mary Jane Rees (391-5437) for more information or to enroll their son or daughter.

There is no sleeping in on Sunday mornings for the GOYARC youth and their students. But there is a good time together and a lot to learn with Bible stories, coloring books, and songs. Even animal crackers can teach us about one another and a common Father.



STATE: SEPT. 2 IS DATE FOR SPECIAL EDUCATION

School districts are legally bound to either offer special education programs for handicapped children or to contract for the programs starting Sept. 2, the State Justice Department ruled Monday.

The opinion, written by Assistant Atty. Gen. Harold Mosher, was prepared in response to Stanley L. Hawley, deputy state commissioner of education.

Mosher said the maximum a district may spend for the special education programs for the handicapped is its regular per pupil cost, plus its state aid for the handicapped child.

In support of conclusions reached in his opinion, Mosher noted that LB 403, which was passed by the 1973 Legislature amended several statutes dealing with special education for the handicapped.

Part of LB 403 goes into effect on July 1, 1974, but other sections become operative before then, including provisions for educating the handicapped during the upcoming school year.

It follows from a reading of the new law, Mosher said, that in the absence of a federal grant or the receipt of funds from an outside source, the most that a district can spend for the special education programs is its regular per pupil cost plus its state aid for the handicapped.

Mosher said the special programs may be provided by any school district, by contracting with another school district or a combination of districts, an educational service unit or a combination of such units, the local or regional office of mental retardation, or any program operated by the state, or any combination thereof.

(Taken from July 24, 1973 Omaha World Herald)

**LETTERS
TO
GOARC**

Bob Perske
GOARC

Dear Bob:

Let me take a moment to tell you how much ENCOR appreciated your efforts to help us gain a Conditional Use Permit for a much needed Bellevue Children's residence. As you probably know, this was granted by a 7 to 1 vote; clearly the way for us to proceed with the necessary financial arrangements. We only have a few more hurdles before the first child can actually "be in residence".

It appears that whenever the "chips are down", GOARC and it's stalwart membership are in there, fighting all the way. Where would we be if it weren't for you; not in Bellevue, that's for certain.

Again, thank you so much for taking a stand on this important matter. Hoping for your continued support in the months to come.

Sincerely,

Judie Rasco
PR Director, ENCOR

- - - - -
NBC NEWS
Rockefeller Plaza New York, New York

Dear Mrs. Rosemary Wais:

In answer to your recent letter, it was the alumni association of the Detroit Tigers who raised money for the Special Olympics Program.

As for other athletes involved in Special Olympics work, I have done several interviews on the subject in recent months for NBC's Monitor. Among those I have talked to are George Foreman, Carl Erskine, Rafer Johnson, and Mrs. Eunice Shriver. I don't know whether or not these Monitor shows were carried in Omaha.

Good luck in your worthwhile work.

Sincerely,

Joe Garagiola

(Letters continued)

LETTERS TO GOARC (CONT)

Mrs. Debbie McCollister
Administrative Assistant
ENCOR

Dear Deb:

I read with considerable pleasure that ENCOR is not only providing regular three-day training sessions of good content to it's new members, but that parent-staff coeducation is resuming. This is a most gratifying revitalization of communication and unity, and deserves dissemination to the other Nebraska systems. Congratulations on this other element of dynamism with ENCOR!

Sincerely,

Wolf Wolfensberger

Dear Bob:

Thank you for sharing with me your new three year plan for GOARC. I believe you have organized it in a very practical manner which is administratively feasible. It should be easy to solicit the help of your membership and the community at large.

I would like to suggest that you try to build in some form of an evaluation or tracking system. So often these goals and objectives do not have any means by which one can track the progress and determine at a later period, where you stand and what you have achieved.

Keep up the good work.

I would appreciate hearing from you about the progress being made in the greater Omaha area.

Sincerely,

Fred Krause
Executive Director
President's Committee on Mental Retardation

Mr. Joseph Friend
President, GOARC

Dear Mr. Friend:

I appreciate having your very nice letter. As you know, there has been language inserted in the debt extension bill to take care of the Social Services, including the mentally retarded until the first of the year. Unfortunately, this legislation is tied up in the Cambodian controversy by an amendment so we cannot predict the ultimate outcome.

You may be assured I will keep on trying. These people have my sincere interest and it is my feeling that there will be some further action taken by the Senate Finance Committee in this regard.

Sincerely yours,
Carl T. Curtis, U.S.S.

CALENDAR

AUGUST

- 1 CHANCE Parent Group Meeting, 7:30 P.M. at CHANCE
- 2 Benson Workshop Family Picnic, Cooper Farm, 3:00 P.M.
- 3 Human and Legal Rights Committee on Nursing Homes, 7:30 P.M. at Mulligan's,
515 North 41st Avenue
- 5 ENCOR DMU First Birthday Celebration, Douglas County Hospital, 2:00 P.M.
- 5 Benson Developmental Center Parent Group Picnic, Benson Park, 4:00 P.M.
- 8 Human and Legal Rights Committee on Developmental Centers, 7:30 P.M.
Benson Vocational Services Center, 6001 Military (tentative)
- 9 West Developmental Center Mothers Coffee Hour, 9:00 A.M. at the center
- 9 Human and Legal Rights Committee on Vocational Training, 7:30 P.M. at
Scholer's, 3134 North 78th Street
- 9 North Omaha Poverty and Mental Retardation Committee, 7:30 P.M. at
1602 Manderson
- 14 Human and Legal Rights Committee on Special Education, 7:30 P.M.
location to be announced
- 17 Human and Legal Rights Committee on Nursing
Homes, 7:30 P.M., 515 North 41st Avenue
- 20 Pilot Parent Meeting, 7:30 P.M., location to be
announced
- 21 GOARC Board of Directors Meeting, 7:30 P.M. at
NPI, Research Conference Room
- 23 South Omaha Poverty and Mental Retardation Committee
Meeting, 4724 South 24th Street, 7:30 P.M.
- 28 Human and Legal Rights Committee on Special
Education, 7:30 P.M.

SEPTEMBER

- 6 GOARC'S FIRST GENERAL MEMBERSHIP MEETING OF THE
YEAR! 7:30 P.M., FIRST FEDERAL SAVINGS AND LOAN,
2101 South 42nd Street. MARK YOUR CALENDAR AND
PLAN TO ATTEND!
- 8 GOARC Board of Directors Retreat, Camp Hitchcock,
9:00 a.m. - 3:00 p.m.

CHANCE PARENT GROUP
 4922 KENNEDY BLVD
 OMAHA, NEBRASKA 68104

Nonprofit Org.
 U.S. Postage Paid
 Omaha, Nebr.
 Permit #109

the GOARC
Greater Omaha Association for Retarded Children
608 Barker Bldg. Omaha, Neb. 68102

GAZETTE

SEPTEMBER, 1973 ISSUE

EDITOR: JAN NOVICKI



**"WE ARE AT THE POINT NOW WHERE WE SEE
NOT WHAT A HANDICAPPED PERSON HAS LOST,
BUT WHAT HE HAS; NOT WHAT HE CAN'T DO,
BUT WHAT HE CAN DO."**

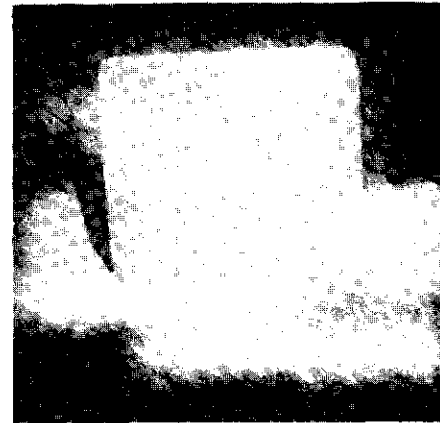
**DR. LEONARD MAYO
MAYO CLINIC**

**LET'S ALL GO TO OUR FIRST
GENERAL MEMBERSHIP MEETING
OF THE YEAR, THURSDAY
SEPTEMBER 6!!**

THE THOUGHTFUL WORKINGS OF AN EXECUTIVE DIRECTOR'S MIND



On May 31, 1972, I walked with my friend, Edna Watson, through the graveyard of Beatrice State Home. Actually, it was the city graveyard but this area was set aside from the rest. Here were acres of tombstones with only numbers on them. There were a few special stones with names on them. These were obviously placed among the myriads of numbered ones by other than the State of Nebraska.



Edna took some pictures with her camera. Later, she gave me a photo of marker #2641.

2641 who were you?
When did you live?
When did you die?
How was your life?

Somewhere there may be a record about you...It may tell what somebody told someone else how they saw you and your folks...It may tell about the condition of your teeth...Your brain, heart and lungs...And if something was wrong with your kidneys...It may tell how someone thought you thought...And how others thought you "functioned"...There may be critical incident reports...That tell of crises you may have had...The number of applications of bacitracin to a sore...The times you might not have been a good patient...When you "acted out"...or failed to show "appropriate behavior".

But, how was your life?...Did your mother love you?...Were there special individuals in your life?...What'd you see when you looked outside yourself...What joys and pains did you grasp "out there?"...Could you have been helped to experience more?...And what accomplishments did you have?...What new dawns reached your mind?...Could you have been helped to achieve more...But, most of all, could I have called you by your name?...Why does your stone have a number and not a name?

2641 who were you?
When did you live?
When did you die?
How was your life?

Bob Perske

OUR PRESIDENT SPEAKS

Dear Parents and Friends:

What inspires volunteers? I have been asking myself that question quite frequently of late. I suppose there are many reasons why a volunteer works hard. But doesn't there come a time when they feel they have accomplished their objective, and then move away to another challenge?

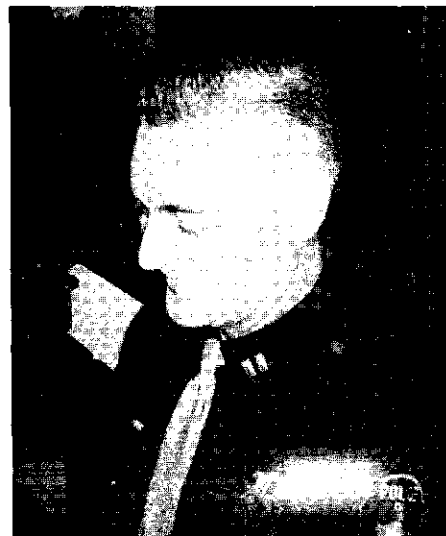
In my evaluation of the many, never tiring, constantly motivated volunteers in GOARC, I find, or feel possibly the reasons they continue with never tiring zeal, is that we are constantly faced with new challenges or problems.

I see in the GOARC volunteers when they are called together, whether it be in an executive committee meeting, or one of our action committee groups, a strong feeling of togetherness. In spite of this bond I have observed many times in sessions where differences of opinion will arise. These differences are discussed openly and very candidly. The thing that strikes me, is that when the meeting is over and differences are resolved, the very people who have had the differences of opinion seem to be closer as a result.

I feel the respect these volunteers have for each other is motivated by the thought that each volunteer is working for one thing: The rights and dignity of the mentally retarded. As I have stated many times, "When two people get together and constantly agree on everything, only one of them is thinking!"

Sincerely,

Joseph L. Friend
President
GOARC



GOARC'S NEW PHONE NUMBER

556-1180

DICTAPHONE NUMBER

556-7189

**CONGRATULATIONS
CLEM MORROW
On Your Promotion !**

Clem will leave for Arlington, Texas,
after September 21 to become NARC's
Coordinator for Poverty and Mental
Retardation.



**CLEM MORROW NIGHT
WEDNESDAY, SEPTEMBER 19
7:30 - 10:00 P.M.
NEW GOARC OFFICE
140 SOUTH 40**

This will be our first celebration in our new office.

Hope to see you all there!!

ANOTHER MOUNTAIN CLIMBED

We are sharing our recent vacation with you for several reasons - we are so proud of Susan's performance - and hope it will help others, who like us, often planned their vacations around the retarded child.

Jack and Helen DeMay

8/9/73

Early this year our family sat down together to discuss vacation plans. We all agreed that we would like to spend several days again on a ranch in Colorado and also felt an over-nite backpacking trip up the mountains would be a new experience for all of us.

Jack and I were very apprehensive about our 14 year old mongoloid daughter, Susan, not being able to have the stamina to endure what we felt could be some rough going. After much discussion we decided to go through with our original plans since Susan has no heart condition or physical handicap other than what is normal for most mongoloids.

On the morning of July 27th, the "inexperienced backpacking DeMay Family" started their trip up the mountains. All went well for several hours, then Susan began to complain about her feet hurting and having to carry the backpack. We would reassure her that she was doing a good job and that our feet hurt us too and we wish we didn't have to carry the packs either, but it was our sleeping and eating equipment and we needed all the things we brought along.

We continued to go further up when Susan began to ask how much further and we would say just a little way. After a while she disgustingly said "you told me a little further a long time ago".

The sixth mile of our trip was quite difficult - the air was harder to breathe, the path became steeper, narrower and rockier and by this time our packs were beginning to feel like a ton. We decided to pitch camp along the Cascade Falls instead of going on further as planned. We all helped set up the tents and started a campfire. Did some fishing to no avail and ended up eating our freeze-dried supper. After dark we sat around the fire and talked. Jack brought out campfire surprises for all of us. They were especially appreciated since Dad was carrying the heaviest pack even without them. We finally crawled in our tents and sleeping bags and called it a day.

To our surprise Susan was up at the crack of dawn sitting on a rock overlooking the falls and enjoying the sunrise and view. She wanted to go fishing so she, Bev and Dad went further up the falls. About a half-hour later she came back to camp as pleased as punch because she caught a fish "all by myself". It was too small for a meal so we decided to fry it and use it as an appetizer.

Shortly after noon, we broke camp and started our hike back down the mountain, which was much easier going. When we finally spotted our car, it never looked so good to the "bushed 5".

After getting settled at the ranch Jack and I talked about our trip up the mountains and feel what a wonderful experience we all would have missed had we decided not to go because of Susan.

To the amazement of all of us she performed superbly despite her complaints. Although she did not like all the walking, she did enjoy the camping, views, fishing, wild flowers, small ground animals, being able to drink the water right from the creek and even taking 40° foot baths in the creek. She did say the sound of the falls kept her up all night, but we have our doubts about that.

Suprisingly after reaching the ranch, Susan along with Bev and Mark, was ready to go exploring to see if any changes had been made from the previous year while Mom and Dad rested their eyes and feet.

This trip really showed us how much we overprotect and under estimate her. Our children "can do" if given a chance.

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LOOK WHAT VOLUNTEERS ARE DOING AT BENSON DEVELOPMENTAL CENTER!

Last month 309 volunteer hours (and 15 minutes) were given in volunteer time to the Benson Developmental Center.

Diane Kratochvil states that when volunteers go to work at the developmental centers, they turn out to be people who stick it out. There's something about our developmental centers that draws volunteers to work directly with the retarded in this particular setting.

Wanta volunteer yourself? Call Diane Kratochvil, ENCOR, 558-7746.

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YOUTH ADVOCATES IN THE NEWS

GOYARC's youth advocates met their proteges from the Beatrice State Home (BSH) in Lincoln where they spent the day, Sunday, August 19. A field trip of this kind was a first thanks to cooperation from BSH. The group visited the Children's Zoo in the morning, ate sack lunches together and toured the State Capitol Building.

Sylvia Evers, ENCOR Counselor, met with the youth advocates recently and explained her job of helping persons over 16 to come home from BSH. She told the group that all together there are 414 persons at the home from the ENCOR area, (73 are children, the rest are adults). She suggested that youth advocates contact her and help her to know more about their proteges. She can then better understand what their service needs are.

NOTES FROM OUR CITIZEN ADVOCATES

RIGHTS FOR THE RETARDED*

As a group, the mentally retarded have long been treated outside the law. They have been denied rights and have had other people acting upon or for them illegally.

They were not protected by the rights which we take for granted. Such rights as the right to contract, make a will, use the courts, marry, be a parent, obtain license, vote, education and services, freedom of movement, and freedom from assault.

This situation seems all the more intolerable when we remind ourselves of the three principles underlying the human rights of all citizens in a democratic society! Namely these are:

1. Positive Presumption - every citizen has same rights.
2. Due Process - rights can be restricted only if good reason is shown at a fair hearing.
3. Instrumental Protection - society has the duty to promote the exercise of rights.

No longer should any citizen be treated arbitrarily. We should all be watchful that each of us enjoys a full measure of meaningful living.

FEATURE FILM ON CITIZEN ADVOCACY

The National Association for Retarded Children is doing a feature film about Citizen Advocacy to be used by all the States. The Omaha and Denver programs were selected to be included in the film.

A pre-filming crew met many advocates and their proteges the first week in August. They will be back in September to do the actual filming and they plan to use segments about our advocates in the film. The 14 minute film will be available in October. We'll look forward to showing it at a GOARC general membership meeting.

Special thanks to the advocates, proteges and their families for providing the producers with a great view of Citizen Advocacy!

WELCOME TO NEW CITIZEN ADVOCATES

Jane Addeman	Bob & Karen Smith
Nori Arkwright	Diane Snelling
Laura Barton	Shirley Spoustal
Stan Brown	Lee Straughn
Nancy Cox	Mary Weddingfeld
Nancy Frost	Allen Wilson
Lori Peterson	

*Much of the information here was derived from a talk in Toronto, June, 1973, by Paul Voget (attorney).

ADVOCATES FOR ADVOCATES

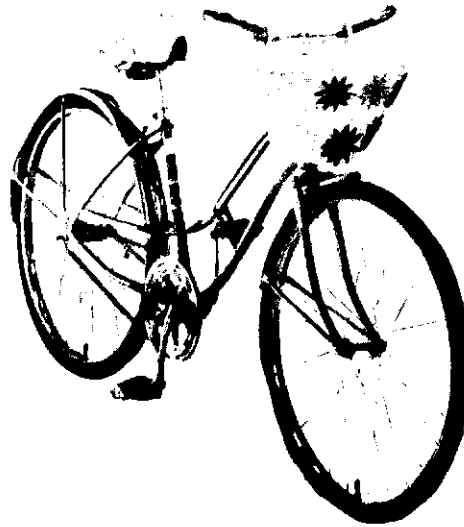
An Advisory Committee has been formed to further strengthen the GOARC Citizen Advocacy Program and to enhance the effectiveness of advocate - protégé relationships. Ten people involved with the program, the retarded, and the community at large have volunteered to meet monthly and to give their support to advocates and program coordinators. In addition to consulting on problems and program directions, they will serve to make the community better aware of advocate efforts in behalf of their proteges.

Listed below are the Citizen Advocacy Advisors and the concerns which they represent:

Ken Berry, Ph. D.	Psychologist - Nebraska Psychiatric Institute
Bonnie Finley	Protégé
Joe Friend	Captain - Omaha Police Force
Saundra Kourey	Advocate, Special Education Teacher Omaha Public Schools
Rev. Don Marsh	Minister - Hanscom Park United Methodist
Bruce Mason	Attorney-at-Law
Debbie McCollister	Administrative Assistant - ENCOR
Peg Taylor	Community Leader
Dianna Waggoner	Counselor - District #66
Louise Wright	GOARC Parent, Poverty and Mental Retardation Committee

Any person who has a question or suggestion for a particulare advisor, or the whole advisory committee, should call Helen or LouAnn at 346-6338.

GOYARC
BIKEATHON
FOR THE RETARDED

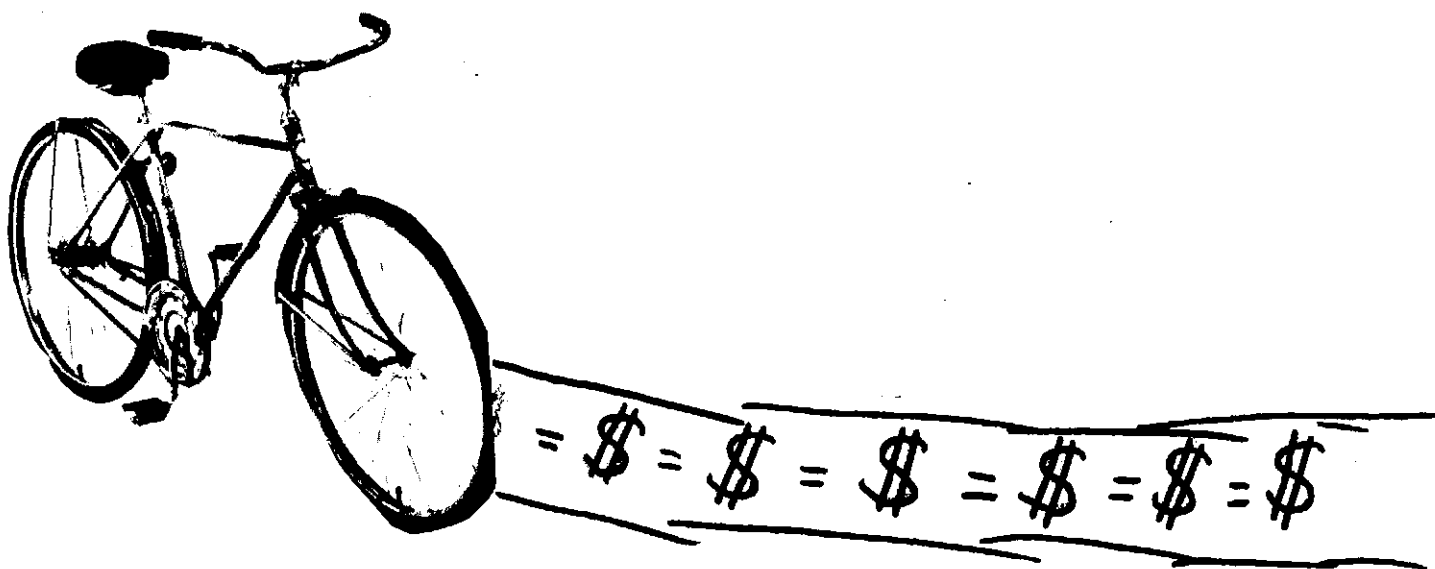


CAN YOU RIDE?
CAN YOU SPONSOR A RIDER?
CAN YOU HELP PUBLICIZE?

OCTOBER 13, 1973

PROCEEDS WILL BE USED TO PAY FOR TRANSPORTATION OF YOUTH ADVOCATES
TO VISIT THEIR PROTEGES AT BEATRICE STATE HOME EVERY SIX WEEKS.
PRESENTLY THERE ARE 35 GOYARC MEMBERS WHO ARE YOUTH ADVOCATES.

CONTACT VICKIE KELLY, CHAIRMAN, FOR MORE INFORMATION, HER NUMBER
IS 397-1054.



GOYARC CALENDAR

September 9 General Membership Meeting, place to be announced.

September 15 Bowling Party
Chairman: Jenny Lippold - 556-9199
Jay Salyers - 333-111 (ext. 324)
Advisors: Bill & Judy Peterson - 493-1097

September 22 Party
Chairman: Arlo Burk - 333-5813
Terry Hammon - 571-1144
Advisor: Dave Fisher - 291-7047

September 28 Football game
Chairman: Sue Ellis - 572-7736
Pierce Nowlin - 333-1111 (ext. 324)
Advisor: Pat Henry - 397-3315

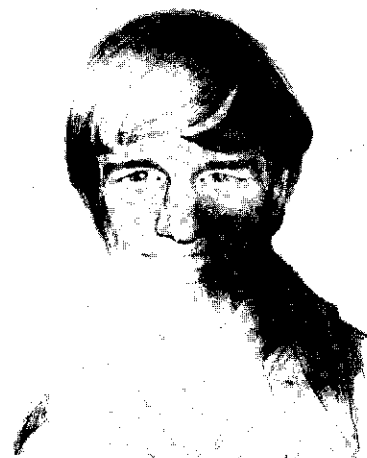
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LATE NEWS FLASH:

**OUR YOUTH GANG NAMED
TOP YOUTH GROUP IN THE
NATION AT THE NATIONAL YOUTH
ASSOCIATION FOR RETARDED
CHILDREN'S CONVENTION AT
BOISE, IDAHO.**

CONGRATULATIONS, GOYARC !!

(More details next month.)



ON THE GO WITH GOYARC

Summer is almost over. Most people are coming back from their vacations and getting ready for a new school year. GOYARC is planning to have a lot more activities involving everyone. We are going to need help from everyone to make this year the best ever. Not just from the youth volunteers; we need you parents and other GOARC members to help in sending more young people to activities, assisting with transportation, sponsoring activities, etc. If any of you would like to help, please call me at 333-5813. If I'm not there, you can leave a message and I'll get back to you. Earl Hurley is now the person to contact at the office if GOYARC members need something done. His number is 556-7189. Put on it

"Attention Earl Hurley."

At our next General Membership Meeting we are going to elect a few new board members. Any young person interested in doing more work for the retarded, or just getting a little more involved, please come and run for an office. There also will be free refreshments.

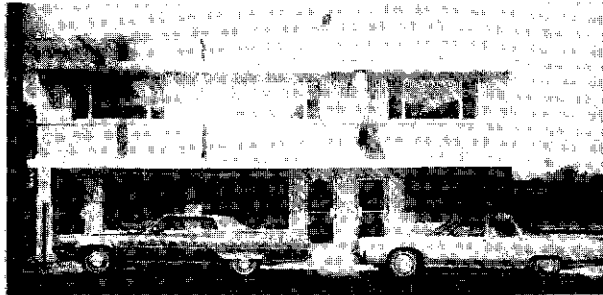
Have a good month.

Arlo Burk, President
GOYARC

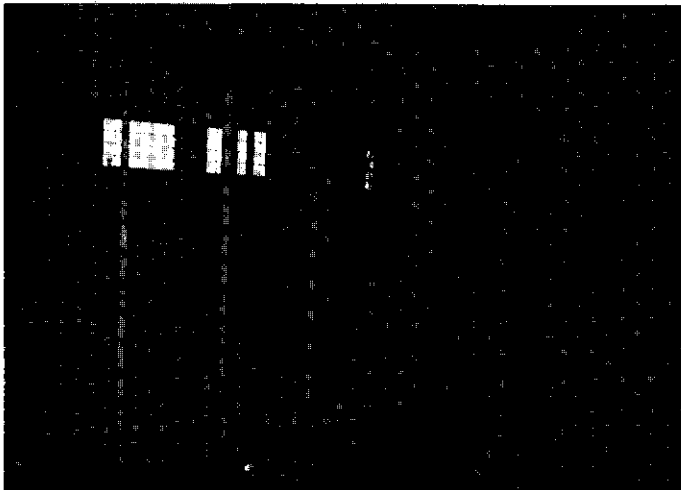
BOB BRINDA ATTENDS NATIONAL CONVENTION

Bob Brinda, GOYARC Public Relations Chairperson, attended the National YARC Convention, which was held in August in Boise, Idaho. He took with him the GOYARC slide program titled "Such Good Friends" to present at the convention. Bob is a junior at Boystown High School and is from Portland, Oregon.

BOY, HAVE THEY BEEN WORKING !



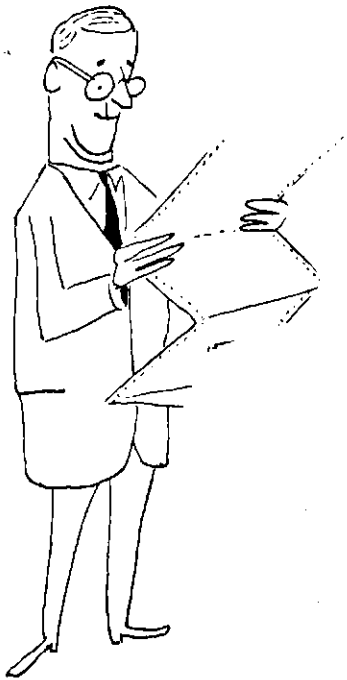
GOARC's new home



Norm Stava and Jerry Lenz have really been going at it to get our new location into shape. These two have been working in their spare time to build some partitions to make our new home more useable. We sure are proud to have members like Norm and Jerry who have really been turned on to assisting our Association. Thanks, Norm and Jerry!

VOLUNTEER HOURS

Approximately 1800 volunteer
hours have been expended during
the month of August, 1973.



COURT SESSIONS WILL BEGIN SOON.....

COME HEAR OUR LAWYERS SPEAK.....

**FIRST GENERAL MEMBERSHIP
MEETING OF THE YEAR**

First Federal Savings & Loan

42nd & Center

Thursday, September 6

ATTORNEYS BRUCE MASON AND TOM MOSER

IN A PRESENTATION:

"MEET YOUR LAWYERS"

7:00 P.M. - 7:30 P.M. - Coffee Social

7:30 P.M. - A brief business meeting

8:00 P.M. - Tom & Bruce will speak

Coffee & Socializing afterwards

SEE YOU THERE !



HE'S A WINNER --ALONG WITH THE NOVICKIS

If you missed Editor Jan's humble announcement in last month's Gazette, a red haired 12 year-old named Tom has found a new home with none other than Larry and Jan Novicki and their four children.

It came about, in part, as a result of Jan and Larry's dedication to GOARC and the Gazette. In June, a story and picture was submitted to the Gazette concerning Tom's need for a long-term home. From the picture, Jan realized that she knew this young man from her own son's participation in the Special Olympics, and the Novickis began to seriously consider adding another member to their family. Mark, Lori, Jay and Wendy had the entire neighborhood excited before Tom even visited!

Tom is now a part of the activity and warmth that the whole family radiates. And there is one less child who needs a home. The ENCOR Developmental Home Program is gratified to have the Novicki's as their 15th developmental home. A drawing of Tom is on the front cover.

(Our Editor, Jan, had no jurisdiction over this article. We chose to do it...and we're glad we did.

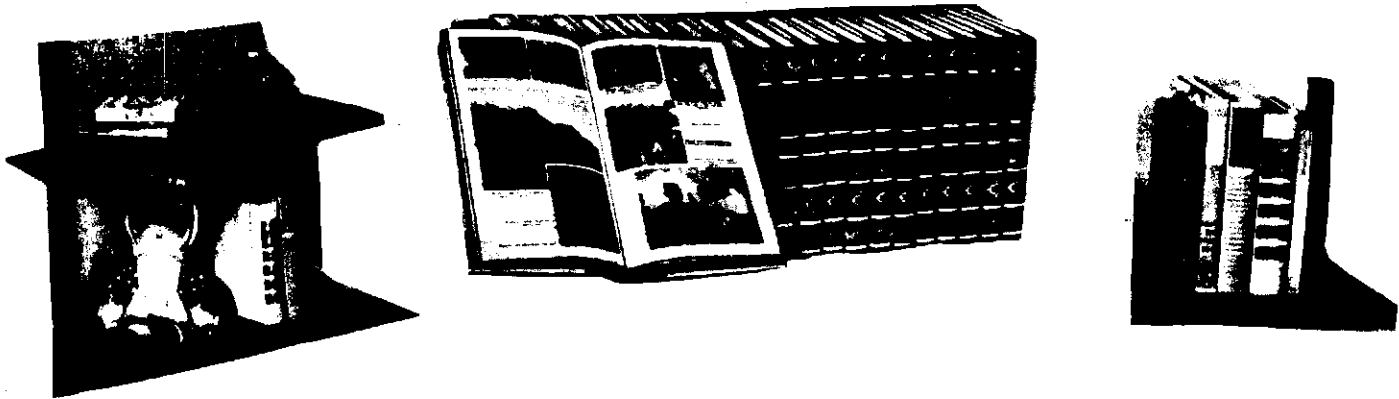
The GOARC Staff)



CONGRATULATIONS TO NANCY SERLET ON HER GRADUATION FROM OFFICE TRAINING

Nancy has learned to operate all the office machines, and has become a very good receptionist. She will now go out on her own to obtain employment.

Best of luck, Nancy! You will be missed.



BOOK REVIEWS

from your library committee

Now that the library is in full swing, we feel that our readers should get a short review on our books. We will try every month to get at least one maybe two books reviewed for you. If any one has read a book they are impressed with, please call the GOARC office or Jenny Friend (455-2022) and give us a short synopsis. We'll really be grateful for your help.

Jenny Friend
Library Chairperson

TOMMY Author: Uwe Stuecher
A treatment Study of an Autistic Child

This small interesting book of some 46 pages follows a course of treatment for an 8 year old autistic child named Tommy. The book gives his history and development up to the time his treatment begins. The treatment is taken step by step and presented in an easily read manner. The interesting thing about the treatment, from a parent's point of view, is that the family is gradually brought back into Tommy's life (Tommy was hospitalized for the treatment) and other relationships with therapists, aids and nurses were diminished so skillfully that after 22 weeks of therapy Tommy was dismissed.

WORLD OF NIGEL HUNT Author: Nigel Hunt

Story of an 18 year old moderately retarded English boy - only child of his parents. Nigel's father has written parts of the book. Nigel recalls some of his experiences. His father tells of his early childhood. Interesting reading; not necessarily a teaching book but insight to loving, caring family life.

"CEILING IS STILL WAITING"



Jolene is 11 years old. Until August 6, 1972, most of those years were spent lying in a hospital bed in Beatrice State Home. Lying in bed affords no view of the world but the ceiling. The same shadows falling on the same water marked plaster. Nothing changed. Three times a day, someone fed Jolene. Several times a day someone changed her diaper. You see, there was no time to teach Jolene not to soil herself. There was no time to teach her how to feed herself. There was no one to look at, nothing to do. Her only past time was gnawing at her knuckles. Her knuckles became raw. Since this made Jolene liable to infection, her hands were tied to her crib sides. We mustn't have infection. Nothing to see, nothing to do. No one.

Then one day in August last year, someone lifted Jolene from her bed. Someone put her in an ambulance. A different ceiling! Someone carried Jolene to a brightly colored room. The eyes which had never focused perceived a series of blurs. Brightly colored forms flicked by. Voices came again and again to Jolene. Gentle hands lifted her head. Her eyes began to linger on faces. She heard her name: "Jolene, can you see me?"

Every morning, someone lifted Jolene from her bed and dressed her in a pretty dress. No more "breakfast in bed." No more ceilings. Unused muscles grew stronger. Braces supported her body; loving strengthened her spirit. She walked. A red rockingchair was added to her world. A teddy bear took up residence in her arms.

When she tired, she did not lie back and drift away unnoticed. Someone came and held her. The world with its sights and sounds became real.

What would happen to Jolene, Jennifer and Keith without ENCOR's Developmental Maximation Unit. Well, that ceiling is still waiting.

Glenda Staff

**DEVELOPMENTAL MAXIMATION UNIT
HAD THEIR FIRST BIRTHDAY,
SUNDAY, AUGUST 5.**



**WHAT A YEAR THEY'VE HAD.
CONGRATULATIONS, DMU!**



Have you seen the new film

"CRY SORROW, CRY HOPE"?

Well, the Pilot Parents and their piloted parents did. Dr. Menolascino recommended the film and was there for any questions and comments. There were out of town guests also.



ENCOR counselors were enlightened on August 16 concerning the Pilot Parent program. Shirley Dean, Fran Porter, Sherri Bauer and Gigi Schorr were guest speakers for the three hour session. Gigi shared some of her experiences dealing with a few of her piloted parents. The foursome let the counselors know what problems come with being new parents of a retarded child and how the counselors can help. The Pilot Parent group are hoping to get more referrals from ENCOR. A great big "thank you" goes out to Shirley, Fran, Sherri and Gigi.

Bill Goodrich, son of Mr. and Mrs. Leighton Goodrich, took part in the cornerstone laying ceremony of St. Timothy's Lutheran Church on August 12. Bill's contribution for the cornerstone was the "Good News for Modern Man" Bible. Wallace Setterlund is the pastor. Well done, Bill!

**STEVE PEW
SAYS....**

Steve and Vicki of ENCOR are offering classes in behavior analysis and precision teaching to parents.

The course will consider:

1. How our behavior affects the way our kids behave.
2. Techniques for changing our child's behavior.
3. How precision teaching is an invaluable tool for parents.

The first class . . . Monday, Sept. 10 at 9:00 a.m. The classes will continue on every Monday through the 4th of November. The class size: not less than 10 and not more than 20.

Call Steve Pew or Vicki Wales, (556-1863) immediately.

Also, and evening class 5:30 p.m. - 7:00 p.m. is in the works. Call if you would be interested in a class at that time.

If neither is agreeable with you . . . call and let Steve and Vicki know when would be a good time for you.



**TO HELP PARENTS
DEVELOP SKILLS IN
BEHAVIOR MANAGEMENT.
(VICKY WALES SAYS
IT TOO)**

CONGRATULATIONS, SWEAT STUDENTS, ON YOUR GRADUATION !

This year's SWEAT program was packed. It contained a two week orientation of films, reading assignments, tours and visitations of facilities and services for the retarded, a 24 hour commitment to the Woodward State School in Woodward, Iowa, and weekly lectures and discussions. The SWEAT students were counselors at a one week camp for the mentally retarded in North Platte, Nebraska, co-sponsored by the North Platte Jaycees and Mrs. Jaycees. Each student was also assigned to two work placements in the ENCOR and GOARC services in Omaha and Fremont, so that all areas of services for the retarded would be experienced. One of the programs main focuses were weekly supper seminars, which were held in the homes of various civic and professional leaders in the field of mental retardation.

1973 SWEAT students from Omaha are Robin Bergersen, a Westside High School senior, Ronda Hunt and Jani McLaurine, North High School graduates, Robert O'Neil, a sophomore at Prescott College, Prescott, Arizona; Kim Rauhut, a Creighton University student; and Susan Smith a Nebraska Wesleyan senior. Students participating from Bellevue were Judy Clemmer, a graduate of Bellevue High School and Thomas A. Hansen, a University of Nebraska at Lincoln senior. Studying from outstate were four Nebraska Wesleyan students. They are: Kathleen Bratetic, Wausa, Nebraska; Peggy Lee Niebrugge, Auburn, Nebraska; Kathy Moles, Seward, Nebraska and John Erickson, Fremont, Nebraska. This year the program again included two exchange students from Sweden. Inger Sedin, a teacher in a ward for the retarded, and Helena Fagerberg, a graduate of the University of Gothenberg. Both are residents of Gothenberg, Sweden. Two 1972 SWEAT graduates are in Sweden this summer, studying Swedish services for the retarded as part of the exchange program. They are: Celest Alston and Scott Christopher.

YOUNG MEN MAKE IMPRESSION ON BLACK HILLS

Mr. and Mrs. John Pleiss and 3 grandchildren made a recent tour of the Black Hills. Included in the itinerary was a trip to Hills City, South Dakota, home of the 1880 Steam Train which makes 3 daily round trips to Custer. Being former railroad people, they talked to the train conductor about the Black Hills tour taken a month or so ago by the Burt Street group which also included this train trip. The conductor recognized a picture of their son Jack and spoke of how excited he got and how well all the young men behaved. He said he would like to have them back again sometime.

GOARC'S NEW ADDRESS:

140 S. 40th St.

CALENDAR

SEPTEMBER

- 4 Human & Legal Rights Committee on Vocational Training, at Gilmores 5511 North 57 Avenue, 7:30 P.M.
- 5 CHANCE Developmental Center Parent Meeting, at CHANCE, 7:30 P.M.
- 6 GENERAL MEMBERSHIP MEETING, First Federal Savings and Loan, 2101 South 42nd Street, 7:30 P.M.
- 7 Developmental Maximation Unit Parent Meeting, at DMU, 7:30 P.M.
- 8 GOARC Board of Directors Retreat, Camp Hitchcock, 9:00 A.M. to 3:00 P.M.
- 11 Human & Legal Rights Committee on Special Education at the new GOARC office (140 South 40 Street) 7:30 P.M.
- 12 Human & Legal Rights Committee on Developmental Centers, with parents and committee members, at ENCOR central office, 7:30 P.M.
- 13 West Developmental Center Coffee hour for mothers 9:00 A.M. at the center.
- 13 Citizen Advocacy Advisory Committee Meeting, GOARC's new office (140 South 40 Street) 5:30 to 7:30 P.M.
- 13 North Poverty & Mental Retardation Committee meeting, 7:30 P.M. at 1602 Manderson
- 14 Human & Legal Rights Committee on Nursing Homes, 11:45 A.M. at 515 North 41 Avenue.
- 17 Chap Parent Meeting at Chap School, 7:30 P.M.
- 17 Pilot Parents Meeting at Developmental Maximation Unit, 7:30 P.M.
- 18 GOARC Board of Directors Meeting, 7:30 P.M., NPI Research Conference Room.
- 19 Reception for Clem Morrow, the new GOARC office (140 So. 40 St.) 7:30 to 10:00pm
- 19 Madonna School Parent Meeting at the Madonna School, 7:30 P.M.
- 19 Human & Legal Rights Committee on Public Attitudinal Chance, 7:30 P.M., at 5718 A Street.
- 25 Sarpy Vocational Center Parent Meeting, 7:30 P.M., at the workshop
- 25 Human & Legal Rights Committee on Special Education, First Federal Building, 111 North 84 Street, 7:30 P.M.
- 26 West Developmental Center Parent Meeting at Sunset Hills Baptist Church 7:30 P.M.
- 26 Human & Legal Rights Committee on Developmental Centers at 7:30 P.M. Place to be announced.
- 27 South Poverty & Mental Retardation Committee, 7:30 P.M., at 4724 South 24 St.
- 28 Human & Legal Rights Committee on Nursing Homes, 11:45 A.M., at 515 North 41 Avenue.

**WOW! DON'T MISS THESE EXCELLENT
TV PRESENTATIONS**

CRY SORROW, CRY HOPE

MONDAY, SEPTEMBER 10, 7:00 P.M.

"PBS (Public Broadcasting Service) Special of the week series" --- repeats Wednesday, September 12 at 10:30 p.m. -- a family struggles to cope with the knowledge that their 3 year old son is retarded. Based on a true life-story, written by a parent of a retarded child. The boy's father finally seeks the counsel of Ramsey Clark, who also is the father of a retarded child.

BECAUSE THEY DON'T PROTEST

FRIDAY, SEPTEMBER 21, 8:30 P.M.

A sensitive treatment of the mentally retarded produced by WBZ-TV Boston (Westinghousehouse Broadcasting Commerical) --- footage shot at Beatrice, spotlighting ENCOR Omaha programs and comparing the ENCOR system with existing conditions in the State of Massachusetts. Submitted by WBZ for the National DuPont Award for TV documentary.

TEACH ME HOW A FLOWER GROWS

WEDNESDAY, SEPTEMBER 26, 9:00 P.M.

A poignant, moving story of the only State Residence School in Nebraska for the trainable mentally retarded ---- the Nebraska State School at Cozad.

THE MUSIC MAKERS

FRIDAY, SEPTEMBER 28, 8:30 P.M.

Produced by the Iowa ETV network featuring Sioux City retarded children's band.

**ALL ARE ON NEBRASKA'S
E T V STATION, CHANNEL 12.**

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Omaha, Nebraska 68104

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GAZETTE

**ABINGDON PRESS ANNOUNCES
THE PUBLICATION OF....**



**WOULD YOU LIKE
AN ADVANCED COPY?**

SEE PAGE 16

**GOYARC'S BIKEATHON
ON SAT. OCT 6 IS A
BIGGIE...COME HELP
(SEE PAGE 7)**

THE THOUGHTFUL WORKINGS OF AN EXECUTIVE DIRECTOR'S MIND

THE WORDS OF 5016 CALIFORNIA STREET



"You did fine, Timmy."
"C'mon Billy.
Go through there, Billy.
Now, over the top.
Now, go under.
Easy now.
Way ta go, Billy!"
"Your turn, Sally."

Thank you 5016 California Street,
For words spoken under your roof.
No other words spoken
On behalf of retarded persons
could be so welcome.

.....

Agh!
Mental retardation experts talking...
Words striking the tympanum...
One at a time
Sometimes triple
Big words
Clinical words
Thoughtful words
Pressure words
Angry ones
Phony ones too
Words aimed to impress
Words used to describe
Words that manipulate and control.

826 pounds of words
Have pounded my ears today.

Why does a guy do it?
Why leave one's self vulnerable to such shovels full?
There's something inside that says...
One has got to listen.
One must learn to select
to let some pass...
to catch others...
roll them around in the mind...
and send back a response (Hopefully a helpful
one.)

There's something inside that says...
If one can persevere words of experts and respond...
Other roofs in our town,
May shelter such words as...

"You did fine, Timmy."
"C'mon Billy.
Go through there, Billy
Now, over the top
Now, go under.
Easy now.
Way ta go, Billy!"
"Your turn, Sally."

OUR PRESIDENT SPEAKS

Dear Parents and Friends,

Our heartiest congratulations are in order for the Greater Omaha Youth Association for Retarded Children.

They were named the top youth group in the nation at the National Youth Association for Retarded Children's Convention at Boise, Idaho, which was held in August.

We have every right to be proud of this accomplishment by our young members, although I can't really say I am surprised at this honor which was bestowed on GOYARC. They are a very dedicated, zealous group of young people who I am sure will continue to bring honor to us by their hard work and positive attitudes.

This honor was due to fine leadership in our youth group, and much effort by all members of GOYARC.

So, congratulations again and a big "thank you" to GOYARC for winning this honor for the greater Omaha area!

Sincerely,

Joseph L. Friend
President
GOARC



P.S. The GOYARC Youth will be on the move again soon. Their Bide-A-Thon will take them through 40 miles of the greater Omaha area on Saturday, October 6th. Parents and other GOARC members are needed to man the check-points, serve the snacks, and look out for the safety of the riders. Can you help them? Please call Sue Ellis (572-7736) or Vicki Kelly (397-1054). More information at the GOARC office.

Citizen Advocacy FOR A RETARDED PERSON



HOW A CITIZEN ADVOCATE DIFFERS FROM OTHER VOLUNTEERS.

- volunteers to person
- knows person's family and staff workers
- expresses own opinion
- primarily with one person
- out in the community
- long-term relationship
- no set hours
- plans own activities
- acts as private person

HOW TO GET A CITIZEN ADVOCATE FOR A RETARDED FRIEND, RELATIVE OR CLIENT.

- call GOARC Citizen Advocacy Coordinators at 556-1180
- describe the retarded individual's needs and interests
- suggest the type of advocate needed
- keep coordinators informed of changing or continuing needs

HOW TO ASSIST A CITIZEN ADVOCATE TO HELP THAT RETARDED PERSON.

- cooperate with him as he seeks to get to know and understand the retarded individual
- listen to his views and ideas on what the retarded person might need remembering that he is trying to selflessly speak for someone who may not be able to speak for himself
- possibly make suggestions to the advocate on what he might do to help
- remember his primary loyalty is to the retarded individual so he should not be expected to do the work of a professional or parent
- value and respect the relationship which the advocate and the retarded person build up between them
- contact Citizen Advocate Coordinators (556-1180) if there are questions and let them work to mediate concerns

PILOT PARENT HELPS TO KEEP CHILD OUT OF INSTITUTION

A baby arrived in this world with a handicap, diagnosed as Downs Syndrome. The doctor told the young family to put the baby in an institution. Their first child! They were torn and confused. This is where a friend of mine, a Pilot Parent, stepped in with the referral.

The referral was received on Monday night, she contacted the family on Tuesday, spending three hours with them. They laughed, they cried. After the couple saw her retarded youngster and all his many accomplishments, and the love of the other sisters and brother in the family, a new light came into their eyes. Up to this point they had been told Beatrice was their only answer--now they were questioning this. My friend expressed her wish to care for their baby rather than institutionalizing her. The young mother cried in disbelief not realizing anyone else could care so much. There came much understanding in this communication, and on Wednesday afternoon, my friend received the news that they had decided to bring their daughter home to live. The comment from this young, teenage mother was "I realized they could learn and they were really human beings. As soon as I made the decision, I knew it was the right one because I had such a wonderful feeling." September 12th will long be the day to remember for this very happy family.

Signed,

A Friend of a Very Good Friend

PARENT/STAFF RETREAT PLANNED

The Action Committees on Poverty and Mental Retardation are planning a parent/staff retreat for Saturday, October 13, 10:00 a.m. - 3:00 p.m. at Camp Brewster, Bellevue. The purpose of the retreat is to get new ideas and suggestions so as to set new goals and priorities for the committees, to give parents and staff an opportunity to express their views on working with low income and minority parents and to help parents and staff better understand the roles of GOARC and ENCOR.

More than 50 persons plan to participate. The program will include a 15 minute video tape done by Senator Chambers, a slide presentation entitled "Profiles on Poverty in Nebraska" and short talks from parents and staff of GOARC and ENCOR. Lunch and transportation will be provided. If you would like to participate or learn more about the retreat, contact Billie Cook at the GOARC office.

MARVEL BYRNES -- ENCOR'S VOLUNTEER OF THE MONTH

Mrs. Jim Byrnes, of 7517 Grover Street, has volunteered over 100 hours of her time at the Developmental Maximation Unit since May. Even though Marvel's husband, Jim Byrnes, Director of ENCOR Vocational Services; is already highly involved in ENCOR, Marvel wanted to do something also, and Jim suggested D.M.U. The involvement expanded even more. Marvel's daughters, Laurie and Donna became interested in their mother's volunteer work and have also been working at the unit. ENCOR has become a family affair.



Mrs. Byrnes volunteers 3 days a week, usually from 8:00 a.m. to 1:00 p.m. She exercises, feeds and plays with the children. Marvel, the mother of five children, has also been involved with GOARC fund raising.

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PEW AND CHANCE PUT IT TOGETHER

A Behavior Analysis and Precision Teaching class initiated by CHANCE parents is being held at ENCOR's North East Family Office, 16th and Manderson, each Tuesday from 9:30 a.m. - 11:00 a.m. The class is expected to run for 8 to 10 weeks with special emphasis on individual projects that parents want to work on with their child. There are 15 members enrolled in the class.

Early classes dealt with: what is undesirable behavior, what is reinforcement and how to use it, and how children control their world. Present emphasis is on "putting it together". The October class will go further into precision teaching and how to incorporate it into the parents projects.

If you are interested in joining this class or starting one in your area, call Mrs. Eddie Felix, CHANCE parent at 455-0497.

- - - - -

Moving??

Let us know

Bulk mail is not forwarded.

We don't want you to miss your chance to read the

GOARC GAZETTE

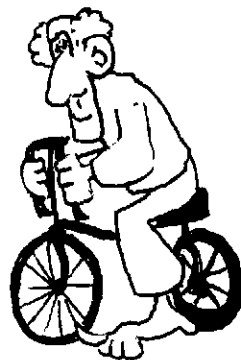
Tired of TRUCKIN'?

Come Ride with Us!!!



BIKE-A-THON

GREATER
OMAHA
YOUTH
ASSOCIATION FOR
RETARDED
CHILDREN



(DON'T FORGET
YOUR BIKE!!!)

Come ride with us on Saturday, October 6th. Registration opens at the pool in Elmwood Park at 8:00 that morning, and the riders will move out on their 40 mile round trip at 9:00. In between, there will be a number of check points at which your route cards will be validated. Please bring a sack lunch. There will be snacks along the way and a "sag wagon" to pick up the bikes and bikers that just won't make it all the way.

Before the Bike-A-Thon there's a lot of work to do. That is the time to ask your friends, neighbors, and relatives to sponsor your ride at any rate from a nickel per mile on up. These sponsors will pay the rider for the miles he covers with all that money going to support Youth volunteer projects of GOYARC in Beatrice and Greater Omaha.

Do you need a pledge sheet? Call Sue at 572-7736, Vicki at 397-1054, or Pat at the GOARC office, 556-1180. Please ask your parents to sign it giving their permission for you to ride. There are many sponsors willing to back your ride on behalf of volunteer services with the mentally retarded, but they first have to be asked by you. Bring the pledge sheet with you when you're ready to ride on October 6th. See you then.

ON THE GO WITH GOYARC



ARLO BURK

As everybody probably already knows, GOYARC won the "#1 YARC IN THE NATION" award for "indirect services" to the retarded. I would like to congratulate and thank everyone in GOYARC for the work they have done to make this possible.

The Omaha youth have set up programs and committees that other groups in the state are following up with. Our group has the largest number of people holding offices than anywhere in the state. We also have the largest number of members. These are just a few things that make our group what it is.

Keep up the good work and always strive for better ways of doing things.

That's all for this month.

Arlo Burk
President GOYARC

- - - - -

GOYARC CALENDAR

- | | |
|------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| October 6 | Bike-A-Thon (all ages)
Chairperson: Susan Ellis - 572-7736
Advisor: Pat Henry - 397-3315 |
| October 10 | Local deadline for Traveling Art Show
Chairperson: Jim Healey - 556-7745
Advisors: Dave and Bridget Brown - 397-8023 |
| October 20 | Halloween Dance (teens and young adults)
Chairpersons: Marian Porter - 572-8491
Cary Pflanz - 333-1111
Advisors: Bill and Judy Peterson - 493-1097 |
| October 27 | Hay Rack Ride (teens and young adults)
Alternate date, November 3rd
Chairperson: Tom Jamieson - 558-4538
Paddy Sherman - 571-2061
Advisor: Dave Fisher - 291-7047 |
| October 31 | Trick-or-Treat (children)
Chairpersons: Jenny Lippold - 556-9199
Don Gregory - 333-1111
Advisors: Dave and Bridget Brown - 397-8023 |

THANK YOU COLONEL MONROE COLEMAN FOR THE
SERVICES OF CAPTAIN ED JANKOWSKI AND SIXTEEN
OF HIS MEN FOR HELPING US MOVE.(ALSO-JIM MULLIGAN)



Believe us!...We've never been moved so fast...Thanks to you, we were
moved in a matter of hours on Sunday and the staff was back at their
desks on Monday morning.

CA COORDINATORS WORK TOGETHER IN STATE

Several ARC's across Nebraska are starting Citizen Advocate programs to get people in the community actively involved with the retarded. The NebARC Citizen Advocacy Committee including the Pilot CA Program Director in Lincoln, Mrs. Leola Novak, and the Omaha area coordinators, Helen Zauha and LouAnn Olsson, is planning a workshop for new coordinators, youth advocacy coordinators and other interested persons. It will be held Saturday, October 6 in Grand Island.

Speakers and panel discussions are scheduled to compare ideas and progress, but particularly to give ideas to new people on implementing a Citizen Advocate Program. This is one of the first workshops, nationally, giving coordinators a chance to compare notes.

NEW ORGANIZATION FOR "IN-BETWEEN" CHILDREN

Multiply handicapped children often fall into the "in-between" zone of public responsibility. Their handicaps are too severe for regular schools to consider and yet do not fit into programs of agencies geared to specific handicaps.

The problems of our "in-between" children will need to be solved by closer cooperation among agencies of many types. The challenge is to establish new and effective interagency services, legislation and community programs. What is needed must come from us - the parents.

A golden opportunity to make your wishes known will be available at the organizational meeting at Nebraska Parents of the Multi-Handicapped to be held on Saturday, October 6, 1973 at the First United Methodist Church in Kearney, from 1 to 4 o'clock. The speakers will be Dr. Francis Colgan, Director of Special Education for Nebraska and Mr. Robert Dranery, Asst. Director

(con't on page 11)

SOCIAL SERVICE REGULATIONS LOOK HOPEFUL

New modifications regarding Social Services monies just hit the press the week of September 10th. Overall, they appear to be quite favorable for the mentally retarded citizen. Our letters and comments to our Congressmen and to Caspar Weinberger, Head of the Department of Health, Education and Welfare, paid off during March and April.

Top priority for the Adult Services Program under the newly modified regulations requires states to establish a plan for prevention of institutionalization. Of particular importance is a newly defined service, Special Services for the Retarded, under which regional programs for the retarded individual will most probably be funded.

Each state can establish an additional financial disregard for the mentally retarded person who is a potential recipient of Welfare. The state will have to determine in the near future the financial eligibility requirements for retarded children. Parents of retarded children could have quite an impact on this point! You will be notified of further developments and of areas in which you can participate in making these latest regulations beneficial for all of Nebraska's retarded citizens.

TREATS FOR TEACHERS AND STUDENTS

Several mothers of CHANCE school held an ice cream social--homemade ice cream and cake---for the teachers and students at CHANCE school on September 28th.

FLASH!

ABC Sports may have had the battle of the sexes between Billie Jean King and Bobby Riggs. But GOYARC has the re-match: a bike race between Joanie Kirk and Eddie Hudson of WOW-TV and radio. And you'll see it live and in fall colors at the GOYARC BIKEATHON on October 6th.

**ORGANIZATION
FOR CHILDREN
(CONT)**

of Rehabilitation Services.

They will outline the educational and vocational services available at present and want to know how to plan for your child's needs in the future.

Friends, relatives and neighbors are welcome. Child care provided.

**PILOT PARENT
MEETING CHANGED**

The regular monthly meeting of the Pilot Parents and their Piloted Parents will be held in the GOARC conference room, 7:30 P.M., on October 23. Note the change!

Dr. Terry Myers, Clinical Geneticist at Childrens Hospital, and Dr. Terry Kolbeck, OB-Gyn, will be the speakers.

Please use the parking in the rear of the building or the on street parking, not the Admiral Theatre or McDonalds parking lots.

**STUDENT RECEIVES
HONOR GUARD**

On the day that Roderick Wilson graduated from CHANCE to the NE Vocational Center, he didn't go alone. His teacher, Dorothy Jones, along with his whole class walked him down to the workshop. After touring the workshop, they resumed their classes back at CHANCE.

**HIGGINS MEMORIAL
FUND PRESENTED TO
GOARC**

A check in the amount of \$125.00 was presented to the GOARC Board of Directors as a memorial to Dr. William P. Higgins of Albion, who died on August 30. Dr. Higgins' son and daughter-in-law, Bill and Jeanne, have been active members of GOARC for many years.

Bill stated that this check "represents a number of memorial donations by friends of my father-- he was very interested in the activities of the Association and ENCOR.

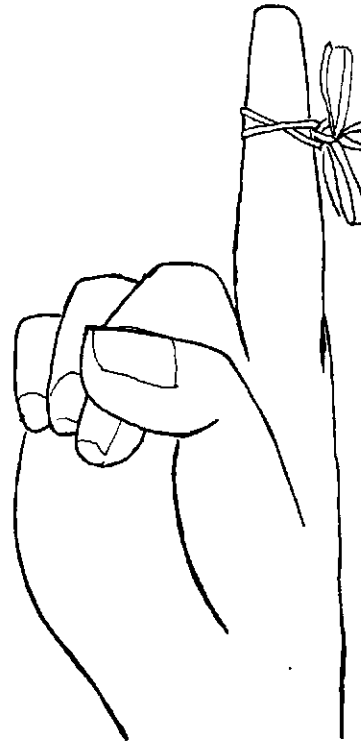
**DID YOU KNOW...THAT THE GOARC
BOARD MEETINGS ARE OPEN MEETINGS.**

THE BOARD WELCOMES VISITORS.



We meet on the third Tuesday of each month at the GOARC office, 140 South 40th...now that we're in our new office...we've got room for you!

**THE NOVEMBER GENERAL
MEMBERSHIP MEETING
WILL BE THE 2ND THURSDAY
(NOV. 8) INSTEAD OF THE
1ST THURSDAY !**



IT WILL BE HELD AT WHITSON HALL, UNIVERSITY OF
NEBRASKA MEDICAL CENTER (42nd & Dewey).

A BIGGIE IS PLANNED!!

- - - - -

Mrs. Art Butler, whose four year old son is in the South Developmental Center, was talking to ENCOR's Recreational Consultant, Jim Johnson, regarding recreation for younger children. He told Mrs. Butler that if she could round up eight young retarded children he would be willing to start a new program in the area surrounding the South Developmental Center. Interested?? Call Mrs. Art Butler, 734-2331.

- - - - -

"I.Q. TESTS HAVE NOTHING TO DO WITH HUMAN WORTH."

AWARD RECIPIENT FROM SWEDEN STUDIES SERVICES



We were honored to have Birgit Hogberg of Sweden in our midst. She, her husband and two children have been houseguests of Brian and Kathie Lensink. Birgit is the Director of Care, Vasterbotten County, and her study of the ENCOR Services was financed by the Rosemary Dybwad International Award Committee. On Monday, August 27th, she gave a presentation entitled "Birgit Talks Back". She had many complimentary things to say about the services she visited. But, she also offered some suggestions:

"You need more activities for daily living in your programs. (e.g. showers, kitchens, room cleaning, clothes washing.)"

"I wish more of my parents would work to change attitudes toward retarded persons as you do."

"I strongly suggest that you consider hostels in apartments. They have closer neighbors. Emergency help is closer. In many of our hostels the staff goes home at 10:00 p.m. This is much better than having houses as hostels."

"Most of our Hostels and our "foster" homes are 5-day programs. The staff are seen as skilled staff and not as parents. Then the person who is retarded returns to their own home on the weekends or to another family who is trained to assume a parent's role." Parents are not threatened by the 5-day program.

"We have a law that says we have to know who the mentally retarded are as early as possible. Therefore, we are working hard on 'early intervention.'"

- - - - -

TO PARENTS OF PERSONS WHO ARE RETARDED

If you feel your family system has successfully
adjusted toward understanding and accepting your
retarded child...

If you feel you would now like to help newly
identified parents of retarded persons...

YOU'RE A RIPE CANDIDATE FOR THE NEW PILOT PARENT TRAINING GROUP.
You would need to commit yourselves to attending sessions on the
following Wednesdays: October 31, November 7, November 14, Novem-
ber 28, and December 5.

Call Fran Porter - 451-0564

or

Sherri Bauer - 571-7354

ENCOR RECEIVES GRANT FOR INTEGRATED PRE - SCHOOL

It happened! Charlie Galloway was notified from Washington that ENCOR has received full funding for the first year of this very important grant. The grant is to provide an opportunity for integration of "non-delayed" children with "developmentally delayed" children in normalized educational settings. (e.g. pre-school and early education centers.)

It came as a surprise to Camie Allen, Tom Miller, and Charlie Galloway who had worked on this grant at Christmastime. They were hopeful. Nothing happened. They thought it was forgotten. Then it came!

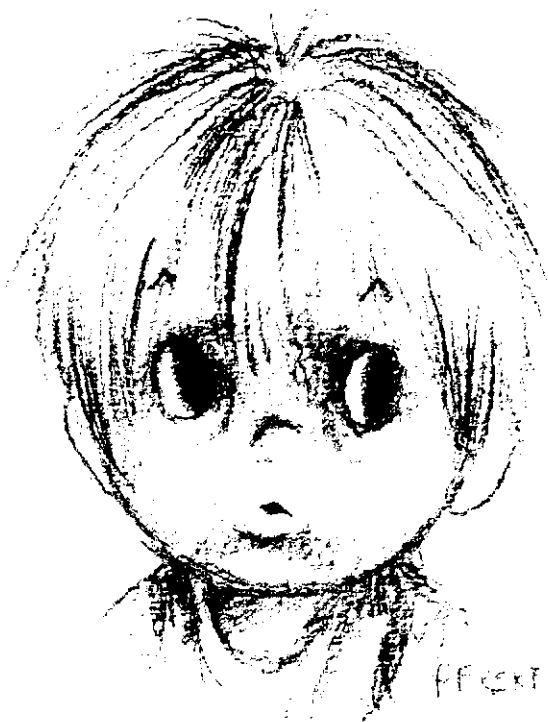
So, here is an example of how Christmas can come in September for ENCOR.

ANOTHER SUNDAY SCHOOL FOR THE MENTALLY RETARDED

September 16, 1973 was the first Sunday School held for the mentally retarded children, pre-school to Jr. High. The classes are held at Beautiful Savior Lutheran Church located at 90th and "Q" Street. If you are interested and would like more information about the Sunday School, contact Mr. Jim Grice at the church office, 331-7376. The class begins at 9:00 a. m. every Sunday morning.

ENCOR IS IN AT BELLEVUE!

On Friday, August 24, 1973, at the hearing to determine whether the lease could be signed for the Bellevue Children's Residence, the court sustained our motion to drop the case. The lease has been signed, and the furniture moved in. The houseparents have a key, and things are ready to roll. The hard work and long hours were well worth it!



It's That Time Again! "HONEY SUNDAY"

REMEMBER TO MARK YOUR CALENDARS FOR:

NOVEMBER 18, 1973

We hope to surpass all past sales efforts and we
need your help.

Manpower Chairmen are:

Fran Porter/Gertrude Jack	NE	451-0564/451-6093
Sister Mary Evangeline	NC	558-2849
John Nordick	NW	422-2235
JaWanda King	SE	731-6494
Joe Garro	SC	558-0384
Mike Rock	SW	556-9254
Gary Taylor	West	334-2339

GIVE THEM A CALL IF YOU HAVE AN AREA YOU WISH
TO WORK IN.

NEW FACES AT GOARC



Billie Jean Cook



Pat Henry

CONGRATULATIONS!

Billie Cook joins the GOARC staff on October 1, to coordinate the Poverty and Mental Retardation Program. For the past 4 1/2 years she was Child Guidance Counselor for ENCOR. She has also worked as Caseworker with Family and Child Services in Omaha and as a Children's Counselor at Hillcrest Center for Children in Bedford Hills, New York.

Billie is originally from Birmingham, Alabama. She received her BA degree from Miles College in Sociology and is presently working on her Master's in Guidance and Counseling at Creighton University.

She is married to John Grady Cook and they reside at 4205 Camden Ave., Omaha.

Pat Henry is already a familiar face around GOARC, particularly for his volunteer work with GOYARC over the past year. He has recently agreed to become part-time staff to further facilitate GOYARC's activities.

Pat originally from Cleveland, Ohio, worked as a counselor and caseworker at Boystown for the past 5 years. He is also pursuing his Master's in Social Work at the University of Nebraska at Omaha.

- - - - -

FOR AN ADVANCED COPY OF NEW DIRECTIONS FOR PARENTS OF PERSONS WHO ARE RETARDED SEND \$2.50 TO GOARC (140 South 40th, Omaha, 68131). Your copy will be placed in the mail. (If you request it, Bob and Martha will autograph your book).

GOARC has received wholesaler's privileges. ALL PROFITS FROM THE SALE OF THIS BOOK BY GOARC WILL GO AS A DONATION TO THE NEBRASKA ASSOCIATION FOR RETARDED CITIZENS (NebARC).



September , 1973

Dear GOARC member,

Plans are well underway for this years Honey Sunday campaign on November 18. Our budget demands a minimum unit sales increase of 25% and we are confident that we can do it. But we do need the help of every GOARC member, and here is where you can have a stake in the campaign's success.

We plan to print an 18" x 22" poster designed for outdoor use similar to those seen in political campaigns. The poster will be yellow with the words "Honey Sunday is November 18" printed in large black letters. And, since the campaign is aimed at residential areas, we need this advertising in every neighborhood.

For your part we are asking "Will you take a poster, provide a stake, and put a sign in your yard the week before Honey Sunday?" And even better do you have a friend or neighbor who would also put up a sign to help our publicity?

If you can help please call the GOARC office at 556-1180 and let them know the number of posters you can place. Distribution of the posters will be about a week before Honey Sunday and we will provide those arrangements later.

Thank you in advance.

Gene Bier
Publicity Chairman
Honey Sunday

All Omaha proceeds will benefit the Greater Omaha Association for Retarded Children and the Madonna School for Exceptional Children

608 Barker Building

Omaha Nebraska 68102

Telephone 346-6338

DESIGN SHOW NETS BIG PROFITS FOR GOARC

Two organizations pulled together to carry out one of the most exciting design shows that Omaha has ever known. This past year Mary Ochsner of Kappa Kappa Gamma and Richard L. Babcock, a member of the American Institute of Designers (and a famous designer in his own right) served as co-chairman.

It is interesting to note that many of the GOARC folks attended the show and some of the designs were copied and can now be found in their homes.

The proceeds from this Interior Design Show was given to GOARC in order to help our organization fight for the rights and the dignity of retarded persons in our area.

Three lovely ladies came to the GOARC office and presented the check for \$1,500 to our president, Joe Friend. Left to right is Ruth King, Co-Chairman; Joe Friend, Mary Ochsner, Co-Chairman and Dixie Clark, President of Kappa Kappa Gamma.



JAMES AND ANITA LORING TO SPEAK IN OMAHA

The world famous husband and wife team of James and Anita Loring will be presenting a seminar on, "Enhancing the Life of the Multi-Handicapped Adult" in Omaha at the Holiday Inn, 72nd and Grover on Friday, October 12.

Registration starts for this all day seminar at 8:30 a.m. and will end at 5:00 p.m. A rich presentation of lectures and seminars have been planned by the Lorings who are now serving as joint secretaries for the International Cerebral Palsy Society.

Don't miss it. For further information call Anne Marie Mulligan at 551-4577.

WEST BRANCH YMCA CONTINUES PROGRAMS

BOYS AND GIRLS, 6 THROUGH 18 WILL BENEFIT FROM A MULTI-FACETED PROGRAM OF:

SWIMMING
GAME SKILLS
PHYSICAL FITNESS
PERSONAL CARE

THE PROGRAM, NOW UNDER WAY, RUNS FROM SEPTEMBER 17 THROUGH DECEMBER 21 WITH THREE DAYS OF SPECIAL CHRISTMAS HOLIDAY ACTIVITIES.

THE SPARK PLUG BEHIND THESE EXCELLENT PROGRAMS IS MARTHA FILIP, WHO ALSO HAPPENS TO BE ONE OF ENCOR'S DEVELOPMENTAL HOME PARENTS. GOARC IS TOUCHED AND DEEPLY GRATEFUL FOR MARTHA'S AND THE WEST BRANCH Y'S INVOLVEMENT. GOARC IS ALSO GRATEFUL TO GEORGE REID, THE GENERAL EXECUTIVE WHO IS WORKING TO DEVELOP SIMILAR PROGRAMS AT ALL YMCA AGENCIES IN THE GREATER OMAHA AREA.

REGIONAL ASSOCIATION MAY BE COMING

The presidents of all ARC's in Region VI have voted unanimously to begin discussions toward organizing as a regional Association. They seek to work toward organization in such a way that their collective power can be drawn together as one unified force while at the same time the separate subgroup identities would be preserved.

If all ARC's voice approval, the ARC President's in Region VI will meet together on the 4th Thursday of each month to discuss individual components of reorganization and resolve them one by one. Minutes of the discussion will be presented to each ARC for their approval. Any ARC has the right to opt out at any time during this preparatory year.

GOARC PARENTS WORK WITH GOYARC YOUTH

The Goodrich's, Schultz' and Pleiss' are familiar faces to GOARC members, but they were new to the Youth group when they spoke at a General Membership meeting during the summer. It was nothing formal -- the parents sat in a group with the volunteers and told of their children and the difference they have made in their families.

(continued on next page)

PARENTS WORK WITH GOYARC (con't)

Leighton and Carolyn Goodrich answered a question they have frequently been asked. "Certainly it was a shock for them to learn that their son was retarded." But they pointed out that too much is made of this. All families have to face their share of problems - some are minor and yet some problems are even more serious than having a retarded child. Bill has brought a lot of happiness to their lives and that is the part that is so often overlooked.

John and Josephine Pleiss shared the worry they had as their son, Jack, came home from Beatrice last year. But all of that melted away as they have seen Jack grow and change at the Burt Hostel. The youth were amused and inspired by stories told by Joe and Helen Schultz of Jack's early adventures with the Omaha taxi's and his first trip home with a flower on Mother's Day.

Joe and Helen Schultz had to leave early that evening. They wrote a fine letter telling us that they would be back. We hope to take them up on their promise.

Thanks parents!

LETTERS TO GOARC

Dear Bob,

Say, you've got a bunch of great volunteers! You know that I'm sure, but I want to reaffirm it to you. I've received a handful of letters of appreciation for some comments I shared in a sermon this summer. The Attitudinal Change Committee is sure on the ball. I should respond to each of them, but I guess you will get the word around to them. Thanks Bob! More especially to Debby Becks who gave me the sermon that I simply shared.

Sincerely,

N. Dwain Acker, Minister
North Side Christian Church

Dear GOARC members,

I have a friend who loves to go fishing. He works at a restaurant downtown -- gets off at 3:30 in the afternoons -- has all day Saturdays off. If anybody needs a fishing buddy, call me and I'll introduce you to my friend.

Sincerely,

Bob Perske
556-1180

CALENDAR

October

- 2 GOARC Executive Committee Meeting, 7:30 P.M. at the GOARC office
- 3 Sarpy Developmental Center Parent Group Meeting, 7:30 P.M. at the Center
- 3 CHANCE Parent Group Meeting, 7:30 P.M. at CHANCE
- 3 Human and Legal Rights Committee on Public Attitudinal Change, 5718 A Street
7:30 P.M.
- 4 Benson Developmental Center Parent Group Meeting, 7:30 P.M. at the Center
- 6 **GOYARC BIKE-A-THON**
See page 7 for details
- 8 Madonna Council Card Party and Boutique, First Federal of Lincoln, 2101 South 42nd St.,
11 - 3. Tickets, \$2.50
- 9 South Omaha Developmental Center Parent Group Meeting, 7:30 P.M. at the Center
- 9 Human and Legal Rights Committee on Special Education, GOARC office, 7:30 P.M.
- 9 Human and Legal Rights Committee on Residential Care, 3817 Dewey, 7:30 P.M.
- 10 Lending Library Committee, 10:00 a.m. at the GOARC office
- 11 Citizen Advocacy Advisory Committee,
5:30 P.M. at the GOARC office
- 11 North and South Poverty and Mental
Retardation Committees, 7:30 P.M. at
16th and Manderson
- 13 Poverty and Mental Retardation Retreat
Camp Brewster
- 15 CHAP Parent Group Meeting, 7:30 P.M. at
CHAP School
- 16 GOARC Board of Directors Meeting, 7:30 p.m.
GOARC office
- 17 Madonna School Parent Group Meeting,
7:30 P.M. at Madonna School
- 18 Human and Legal Rights Committee on
Vocational Training, 7:30, 3134 No. 78th
- 19 Human and Legal Rights Committee on Nursing
Homes, 515 North 41st Avenue, 11:45 a.m.
- 21 Youth Advocates Visit Beatrice State Home
- 23 H & LR Committee on Special Ed, 7:30 P.M.
First Federal Savings and Loan, 111 No. 84
- 23 Pilot Parents Meeting, 7:30 P.M., GOARC
- 26 Human and Legal Rights Committee on
Nursing Homes, 515 North 41st Avenue, 11:45
- 30 Sarpy Vocational Center Parent Group,
7:30 P.M. at the workshop
- 31 New Pilot Parent Training Sessions Begin

1984 OCT 27 4:00 PM
 GOARC, INTERNATIONAL
 1000

Nonprofit Org.
 U.S. Postage Paid
 Omaha, Neb.
 Permit No. 109

the GOARC

140 South 40th Street
Omaha Nebr. 68131

GAZETTE

NOVEMBER, 1973 ISSUE

EDITOR: JAN NOVICKI



**A BETTER WORLD BEGINS WHEN...
AN AGENCY EXEC, A GOVERNOR,
AND A TEACHER SHARE A COMMON
CONCERN FOR...**

ONE YOUNG LIFE.

**NOVEMBER MEMBERSHIP
MEETING TACKLES LB 403
(IT'S THE 2ND THURSDAY)
SEE PAGE 9**

THE THOUGHTFUL WORKINGS OF AN EXECUTIVE DIRECTOR'S MIND



As a child...
I had this gnawing feeling...
That I was the dumb one on my block.
(It's awful to feel "retarded").

Then it came...
Like a breath of fresh air...
That everybody is dumb.
(Only they won't admit it.)

So we bluff...
We look and talk so knowledgeable...
Yet we know so little.
(Our world is such a mystery.)

And we get uneasy...
Over those we label "retarded."
Such vain repulsion.
(As if we're not all members of the
dumb human race.)

If we recognized...
Our own dumbness...
"Retardation" wouldn't be any big deal.
(Then, we might understand and accept us.)

Bob Perske

"The beginning of learning comes when one dares to admit he doesn't
know anything."

Socrates

"Mental Retardation is a status we bestow upon certain people."

Jane Mercer

"Eight million citizens were recently cured of mental retardation.
They were cured precisely at the time when the American Association
on Mental Deficiency decided that the "range of mental retardation"
only extends to those with I.Q. 69 instead of -- as they stated
earlier -- I.Q. 85."

Gunnar Dybwad

"Nobody has a particular I.Q. They are assigned an I.Q. by someone
else."

Gunnar Dybwad



A SEARCH FOR THE BEST GOARC OFFICERS TO BE FOUND

That's right. The nominating committee is looking for persons to be nominated as the best officers of 1974-1975.

They are:

President
1st Vice President
2nd Vice President
Recording Secretary
Corresponding Secretary
11 board members

Do you have someone you want to nominate? Call any of the following nominating committee members:

Jenny Friend - 455-2022
Norm Stava - 339-0543 or 422-8535
Ray Mohatt - 553-7919
Jane Lonnquist - 558-1115 or 455-1006
JaWanda King - 731-6494

POVERTY AND MENTAL RETARDATION RETREAT A BIG SUCCESS

It was an all day affair, Saturday, October 13 at Camp Brewster. Thirty persons attended. They worked hard; they discussed; they listened to presentations and they recreated together. Some of the things that happened were:

A discussion on the Supplemental Security Income for the Aged, Blind and Disabled which goes into effect January 1, 1974. Roy Ness from Omaha's Social Security office spoke.

An intense discussion on LB 403, the Right to Education Law. JaWanda King and Edna Watson led the discussion.

Mrs. Jessie Gauff was a most able chairman and kept things moving. Representatives from the Walthill Community Center of Winnebago were present and active with citizens from Omaha.

The group got to see the other side of Gene Loftis, an Adult Counselor and Lee Anderson, a Recreation Consultant, both from ENCOR. Gene is a professional singer. He sang folk songs and lead the group in singing them, too. Lee Anderson can really blow a trumpet!

OUR PRESIDENT SPEAKS

Dear Parents and Friends:

So many beautiful things have happened during the past month I'm having a hard time deciding which one to report first.

Governor J.J. Exon visited us during the past month, and we had an opportunity to tour him through the West Developmental Center and the Developmental Maximation Unit. The Governor impressed me as being a warm friendly person, and seemed genuinely interested in what he saw, and also seemed interested in the ENCOR clients he saw, as the drawing on the front page of the GAZETTE will attest. I'm sorry the Governor could not spend a little more time with us, but he was pressed for time, and had to go to another meeting before we could show him all we wanted to.



We were also honored with the presence of four members of the Omaha Public School Board of Education for a tour of ENCOR facilities: Mrs. Dorothy Beavers, Mrs. Maurice Frank, Leo Hoffman and Fritz Stanek. Also along on this tour with them were Dale Samuelson, Director of Special Education, Omaha Public Schools, and Dick Galusha, Principal of J.P. Lord School. Also Barney Geiger, lobbyist for Omaha Public Schools.

It was obvious to me that they were genuinely impressed with what they saw, starting with the "Early Learning Center" at 99th and Fort, where "retarded" children are being integrated in classes with "normal" children. I was also impressed and felt that they shared our philosophy on normalization.

I guess you might say the frosting on the cake was the letter I received from Dr. Phillip Roos, Executive Director of National Association for Retarded Children, that apprised us that we have won first place in the "Civitan International" awards, as being the outstanding ARC in the country. Now we are in company with our splendid GOYARC, who won the same laurels in the National Youth Association. This is an achievement which we can all be proud of, and I wish to thank all of the dedicated and hard working volunteers and professionals in our organization who made it possible.

Sincerely,

Joseph L. Friend
President
GOARC

FEATURE

FEATURE

FEATURE

FEATURE

FAMILY OF THE MONTH

Mr. and Mrs. Don Grimm
9206 Hickory
Omaha

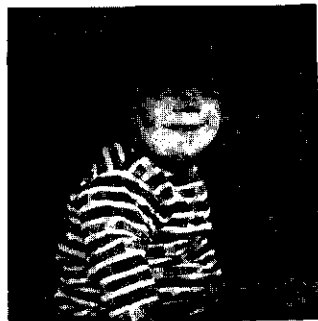


We would like to welcome the Don Grimm family to our new series of "Family of the Month".

Don is employed by Super Markets Interstate and is also a member of the U.S. Army Reserves. That explains why they haven't had a family vacation in four years. His sparetime activities consist of gardening, bowling and all spectator sports.

Janie, an unemployed housewife, likes decorating and sewing when she can find the time. Their three children keep her quite busy.

Mary Michele, 5 years old, is enrolled at Sunset Hills School. On Saturday mornings she takes swimming at Westside High School. Her 3 year old sister, Jennifer, can be a big help to Mom when she wants to, but like all 3 year olds she's on the go all the time.



"Christopher, 22 months, is our retarded child. He was 12 hours old when we were told that he was Downs Syndrome, but our pediatrician, Dr. Robert Murphy, also told us, that he would walk, talk, and do everything else that our girls could do except that he would be slower doing them. From the very start we have had nothing but positive statements and actions from everyone concerned - the doctors, Visiting Nurses, Pilot Parents, GOARC our family and friends."

"Today he is walking, climbing and chattering a mile a minute. He is not enrolled in any school program yet but that will come later. He loves music and is an avid fan of Sesame Street."

"We were lucky enough to be the first piloted parents. Chris was about five months old when we first had contact with Lila and Don Schafer. Through watching their Kevin, we knew again that Chris would walk and talk and that we were not alone. Pilot Parents has meant a lot to us. From that very first visit we knew that we had friends in Lila and Don who understood and cared. Many times we have called upon them with problems and they have managed to put them into perspective for us. Somehow the problems didn't seem as big after talking it over with them. Now that we are going on to be Pilot Parents we only hope that we can convey to someone else that they are not alone and that

THE FAMILY OF THE MONTH (CONT)

they do have friends who care and can help. Kindness and honesty are the biggest qualities of Pilot Parents and we know from experience that together they can change a potentially bad situation into something beautiful and productive."

- - - - -

STATEMENTS HEARD SURROUNDING ONE CA RELATIONSHIP

PERSON WHO IS RETARDED: "My friend Roger is coming over to see me tonight. I'm going to take him out to eat. Boy will he be surprised!"

PARENTS OF PERSON WHO IS RETARDED: "Our son seems to be older and more responsible since he first met Roger. He's done things with Frank we had previously thought impossible."

SPECIAL EDUCATION TEACHER: "One of my student's friends, Roger, stopped by after class to see what our class was working on. We are practicing making change with play money. He suggested using real money in a restaurant situation and in fact is going to get some of his other friends together to go out with the class. I hadn't thought other young people would be interested."

NEIGHBOR: "The retarded boy next door seems to have a lot of nice friends. He must be a pretty decent lad. He has done a lot of growing up lately."

ADVOCATE'S FAMILY: "At first we didn't know what Roger was getting into though we didn't try to stop him. Now we see that what he has done is just make another friend who we all enjoy and who is always welcome in our family activities."

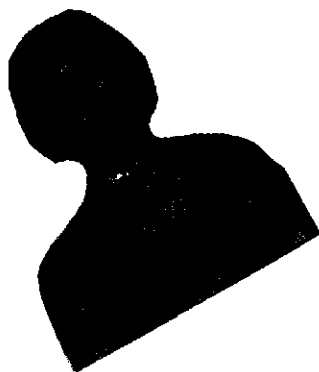
ADVOCATE'S FRIENDS: "We sort of admired Roger when he told us of his friendship with a person who's retarded. We thought it was fine for him but not for the run-of-the-mill person. He pulled us in though. All of us know his friend now and do things with them occasionally. A couple of us have become advocates to individuals too."

ADVOCATE (Roger): "At first I thought it might be work to get to know and understand a person who is retarded. But I have come to enjoy my new friend just as I do my other friends. He does as much or more for me than I do for him. I have found that lots of other people want to become involved too."

This is real Citizen Advocacy and Public Attitudinal Change all in one thriving relationship.

DON'T MISS DOING YOUR PART ON HONEY SUNDAY. NOV. 18
THE GOAL IS SET FOR HONEY SUNDAY
28,500 UNITS
IN OMAHA

THESE ARE OUR LEADERS



THEY NEED YOUR HELP! CALL THE MANPOWER CHAIRMAN NOW IN THE AREA YOU WISH TO WORK.

HERE ARE THEIR NUMBERS:

Fran Porter/Gertrude Jack	NE	451-0564/451-6093
Sister Mary Evangeline	NC	558-2849
John Nordick	NW	422-2235
JaWanda King	SE	731-6494
Joe Garro	SC	558-0384
Mike Rock	SW	556-9254
Gary Taylor	West	334-2339

EVERYBODY IS NEEDED FOR HONEY SUNDAY, NOV. 18!

DIRECTORY IN THE MILL FOR RELIGIOUS SERVICES

Lots of things are happening in churches with regard to the mentally retarded. What is happening in your church? Is there a Christian Advocacy Program underway? Do you have special religious classes operating? Are there special focus involvements with certain retarded citizens?

The staff in the GOARC office plans to compile a directory of all these activities. This list will be available on request. Send your information to:

Bob Perske
140 South 40th
Omaha, Nebraska 68131
(556-1180)

DON'T LET US LOSE YOU

If you move, the GAZETTE will not be forwarded. Call 556-1180 and let us know what your new address is.

ANOTHER THREE DAYS!

ENCOR has scheduled another "Volunteer, Parent and New Staff Orientation" for November 5,6,7. Any GOARC member is invited to attend this 3 day introduction to mental retardation, normalization, the ARC movement and overview of ENCOR services. Call Deb McCollister at 558-1115. Your participation widens the scope of new ENCOR staff members.

YOUTH ARC TRAVELING ART SHOW WILL BE ON DISPLAY AT THE CROSSROADS NOVEMBER 7-10

THOMAS TO HEAD BEHAVIOR SHAPING UNIT

ENCOR announced the appointment of R. Dean Thomas of Wauke, Iowa, as Director of ENCOR's Behavior Shaping Unit. He previously served as a teacher of the mentally retarded at the Woodward State Hospital School in Woodward Iowa.

Mr. Thomas succeeds Steve Pew who recently assumed the new responsibility of Director of the ENCOR Department of Program Development and Training.

ENCOR COUNSELING PROGRAMS REVAMPED

No longer will counselors "go-between" parents and the staff working with a client. This has proven expensive and unrealistic. It has often kept the parents from working closely with the staff actually involved with their child.

Under the new program counselors will work with parents and clients on specific situations which are assigned and contracted for. That is, contracts will spell out what the counselor is to do, for how long, how it might be done, etc. These contractual counseling services can be gained by calling "Central Inquiry", another new ENCOR counseling program (see page 13).

This new counseling project is expected to be more efficient. Counselors will be less prone to be "in the way" and more available for meaningful counseling projects that will be contracted for.

For further information, call "Central Inquiry" at 556-7515.

Are separate facilities
going to be used for special
ed kids?

Are some of our really good
teachers going to be forced to
step aside for "certified teachers"?

**OUR GENERAL MEMBERSHIP
MEETING WILL TACKLE**

LB 403

(THE RIGHT TO EDUCATION LAW)

Thursday, November 8

Wittson Hall
(University of Nebraska
Medical Center
42nd and Dewey)

7:30 P.M.

Come for coffee at 7:00 P.M.

**NOTICE CHANGE
IN DATE & PLACE**

ASK YOUR QUESTIONS OF STATE AND LOCAL
PUBLIC SCHOOL LEADERS:

**DALE SAMUELSON, SPECIAL ED
OF OMAHA PUBLIC SCHOOLS
DR. FRANCIS COLGAN, DIRECTOR OF SPECIAL
ED, STATE DEPT OF SPEC ED
& OTHER SCHOOL OFFICIALS FROM
BELLEVUE & DISTRICT 66**

Are public schools going to
provide money for Developmental
Center Services?

How can we help regular teachers and the
student bodies to understand and accept their
handicapped schoolmates?



Ray Depa - WOW-TV

Rain-soaked
Bike-A-Thon
participants

Mike Rivers -
WOW Radio



Jonnie Kirk wins race!

54 RAIN-SOAKED KIDS, RODE 40 MILES TO RAISE \$1,600.

WOMEN'S LIB WON AGAIN AS JONNIE KIRK, OF WOW-TV, PEDALED HER TRIKE OVER THE FINISH LINE AHEAD OF MIKE RIVERS, WOW RADIO.

MCDONALD'S FURNISHED LUNCH.

A BIG THANK YOU TO PETERSON'S, BURK'S, HAMMON'S, PAT HENRY & MCDONALDS.....

AND THE GREAT BUNCH OF KIDS WHO PARTICIPATED!!

HOW NO.1 SHAPES UP

GOARC recently was cited by Civitan International as the outstanding association for retarded children in the nation. The award was to be presented to GOARC President Joe Friend October 31 at the NARC annual convention at Anaheim, California.

Thus, GOARC joins GOYARC (see last month's GAZETTE) as the nation's No. 1 teams in their field.

No. 1. That is a phrase that has really been overworked, especially here in Nebraska. What does it mean? What can it mean?

It can
look like
this.....



A No. 1 can look like an exclamation mark. How 'Bout That! a Gee Whiz! a Look At Us! an Ain't We Great!

Or
like
this.....



Something like a harpoon. A sharp barb. Something one could use to jab at others. We're better than you are. You can't show us anything.

Or
like
this.....



A solid block, fat with pride. Its flat top signifying we're reached the top and can't get any higher. Note that it faces backward and appears to rest smugly on a base of past accomplishments.

Or, maybe
it could be
like this....



A No. 1 with two sides. It points backward with justifiable pride. But, it points forward, too, toward more challenges. It has a solid base of accomplishments. Perhaps, most important, the two-sided No. 1 points upward, meaning there is room to go higher. The shape of an arrow signifies that there is a target. The target is equal opportunity for all citizens to develop to their full potential. The arrow hasn't reached the target yet.

Congratulations to all members and staff who helped GOARC to be No. 1.....hopefully a two-sided No. 1.

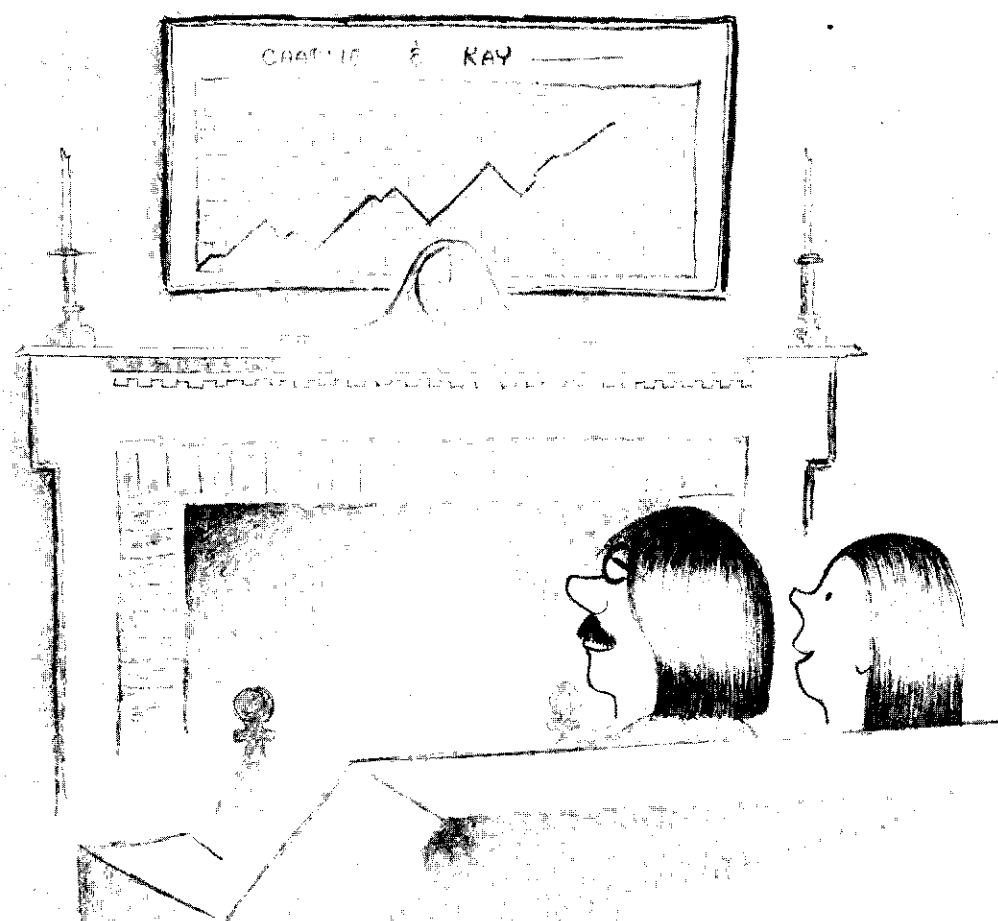
BRUCE KAI TO DIRECT NEW ADOLESCENT PROGRAM

Recently, Dr. Charles Galloway announced the appointment of Bruce Kai to direct the adolescent education program. He stated:

"This new service will be provided to those of our young developmental clients who are roughly between the ages of 12 and 17. The purpose of the program is to provide an age-appropriate setting and educational plan during transition from childhood into adulthood. It is important, I believe, to publicize the fact that the actual movement toward realizing the program is primarily attributable to the GOARC Task Force related to this area and to the ENCOR teachers who have worked with this age group in various settings, both developmental and vocational."

Bruce has been well known as an outstanding teacher of older youngsters at South Developmental Center. Many of the skills he developed at South Developmental Center have been shared with other units throughout the city.

Congratulations, Bruce! We're proud of you.



"WE'VE HAD OUR UPS AND DOWNS, CHARLIE, BUT
OVERALL IT'S BEEN A GOOD MARRIAGE."

PRECISION TEACHING IS CONTAGIOUS.

COMMEMORATIVE POSTAL STAMP IS OUT

On October 13th, the United States Postal Service announced the issuance of a special commemorative stamp honoring the National Association for Retarded Children and it's more than 1500 local units.

On this stamp will be the message, "Retarded Children Can Be Helped". The stamp will be available to the public early in 1974. Watch for it.

PARENTS AND TEACHERS APPROVE OF "NEW" CHANCE

On October 4th, the CHANCE Developmental Center had an Open House. The parents had an opportunity to meet with their child's teacher. But, they also saw the new improvements which have been badly needed.

The interior of the building has been repainted, with each room done in a different color. Another happy addition was the installation of window shades which match the color of the walls.

The building also has a new burglar alarm system. Now, the staff and children have a better atmosphere in which they can work and develop.

DISTRICT 66 EXPLORER PROGRAM NEEDS VOLUTEER

A volunteer is needed to work with Junior High age special education students of the District 66 school system. If you have some time available and are interested, call Kent Benson, 341-2086, Metro Explorer Program of Boy Scouts.

ENCOR BEGINS "CENTALIZED INQUIRY" SYSTEM

Did you have to make unnecessary phone calls to get needed services for your child? Wouldn't it have been comforting to know that you could have made just one, yes one call to acquire information in applying for these services. Now you can!

There's a new procedure for admission into ENCOR services. "Centralized Inquiry" will be made up of two counselor aids who will receive and answer all calls regarding ENCOR services or information about other agencies. A child or adult in the community will only have to make one phone call to obtain information about ENCOR.

The number to call is 556-7515, the people at this telephone number are supervised by Dick Mann. The official starting date of "Central Inquiry" is November 15.

A LITTLE PRAISE FOR SOME FAITHFUL TEENAGERS

For five years, Kathy Novak, Ann Champion, Diane Smolski and Melinda Stolinski have been covering the Hanscom Park area for Honey Sunday. When Mrs. Arthur Stolinski asked them for this year, they eagerly accepted. Mrs. Stolinski thinks they are a great group of teenagers and very deserving of recognition.

PILOT PARENT SCOREBOARD			
	ERRORS	HITS	RUNS
A 15 yr. old child, never before in school, is now enrolled in special ed. class.	0	1	
Papers already signed for Beatrice - parents decide to try it at home first.	0	1	
20 new piloted parents join GOARC.	0	1	2
A little retarded boy gets to meet God in special religion class for the retarded.	0	1	
"Brag about your child night" is shared by 3 pilot parent couples and their piloted parents.	0	1	1
Parents stop getting the run around from their doctor and get much needed medical help and schooling.	0	1	
Parents from outstate find moral support for the day while their daughter is being evaluated.	0	1	2
TOTAL	0	7	5

Audrey O'Neil and Joan Garro spoke to the class of Dr. Armfield's at UNO on the evening of October 3. The women told about their experiences of having a retarded child.

Dec. 2
2:30-4:30
Dundee
Presbyterian
Church
Pilot Parent Christmas
Party

It Was A Good Day Friday, October 5



When Omaha School Board Members:
Mrs. Dorothy Beavers, Mrs. Maurice Frank,
Mr. Leo Hoffman, Mr. Frank Stanek

And OPS Staff:
Mr. Dale Samuelson, Mr. Dick Galusha, Mr. Barney Geiger

Visited ENCOR's Developmental Services.

.....It could mark the beginning of something creative.

THANK YOU FOR TAKING TIME TO VISIT!

CINDY NEEDS A FAMILY!

Cindy is a twelve year-old who has a very real need -- the personal attention of a small family setting. She is moderately retarded and has lived at an ENCOR hostel for three years. Cindy's housemother says she has made notable progress, but she still has trouble socializing and expressing her emotions to others. She needs a consistent relationship with a family.



ENCOR is seeking a developmental home for Cindy where she can live and grow to adulthood. Developmental parents raise a retarded child as one of their own, but they receive a monthly living expense and medical bills are covered.

For the past two years, a young couple has been involved with Cindy in GOARC's Citizen Advocacy program. They feel she talks more freely now than when they first knew her and she is using sentences. They admitted, "It takes her awhile to warm up to people, but she loves to be praised. She needs someone who can spend time with her."

Cindy's brown eyes gleam with delight when she is with "Bingo" -- her new puppy. She also likes to play on the piano in her free time. During the school year, she attends a special education class in the public schools.

Of Cindy's need, her counselor says, "She should have parents who are experienced with children and who are patient, but persistent in helping her relate to others." She could benefit from brothers or sisters who are near her age.

If any reader is interested in finding out more about Cindy and the Developmental Home Program, they should call the South Family Services Office at 346-9195.

CITIZEN ADVOCACY PICNIC HELD

A picnic at Elmwood Park on September 29 marked the culmination of planning over a months time by three Citizen Advocates and their proteges. These six people--Bonnie Finley, Roberta Kauth, Sandra Kourey, Gary Neid, Nancy Serlet, and Dave Swift--spent an afternoon deciding the details and making plans for the picnic. They invited other participants in the program and interested persons, and even arranged for press coverage.

Though the 29th was a chilly and damp day, spirits were high. Everyone had a great time eating, playing games and singing in the area of the park Pavillion. All hoped that there would be many more group activities such as the picnic and that other GOARC members will be able to join in the fun too.



TWO LOVELY LADIES MEET

"We'll get together to remember the good times and maybe even do some crying together." These were parting words from GOARC's most senior Citizen Advocate, 71-year old Ruby Nielsen, as she clasped the hand of her new friend, Elizabeth, 50. Elizabeth is living on the Chronic Care Ward at Douglas County Hospital.

Both women have three grown children and both have lost their husbands. Ruby lives with her daughter-in-law within walking distance of the Douglas County Hospital. She looks forward to the talks and times she will be spending with her new friend. Ruby hopes to help Elizabeth get up on her feet so that she may someday be able to visit her own daughter and two sons.

CHANCE TO HAVE ANOTHER HAPPY REUNION

One of the happiest times in the Omaha community happens on Thanksgiving Eve when all former students and their parents attend the CHANCE Reunion. This year it will be held at the Northeast Vocational Center on November 21, from 4:30-7:00. It's a touching thing when former students, staff, parents and friends all come together. When they get together, one can see how important the CHANCE Developmental Center has been to the lives of many citizens who have moved on and developed beautifully in our community.

Notify Edna Watson, Chairman, at 455-5024 or call the Center at 346-5000 not later than November 15th if you plan to attend.

LETTERS TO GOARC

Katrineholm, Sweden
10/1/73

Dear Everyone,

I'm glad to be able to go on supporting your work among retarded people. Being with you last summer (she served as a SWEAT student) make me realize how very important our work is, and I try to go on working with your spirit here in my country. I'm a counselor for the mentally retarded here in my district - with a school, a workshop and persons living at home. I make a lot of home calls - I enjoy my work very much.

This summer I was glad to see Celeste Alston and Scott Christopher here. They spent some time with me, and I had the opportunity to show them some of the services we have.

My English could be better but I hope you understand.

Take care.

Sincerely,

Kristina Bylin

LETTERS TO GOARC (CONT)

Dear Mr. Perske:

This letter is to thank you for taking time out of your busy schedule to assist the Training Unit of the Administrative Services Bureau, Omaha Police Division, with the training session recently conducted.

The interesting manner in which the program was presented was most enlightening, and will reflect most favorably on the Omaha Police Division.

I am sincerely grateful for your efforts.

Yours very truly,

Richard Andersen
Chief of Police
and Joe Friend

Editors Note: Bob gave a series of talks to the Police Academy for new police trainees, on the mentally retarded in the community.

- - - -

Dear ENCOR all,

Love letters are a pleasure to write but present difficulties of adequate expression. This is such a letter. It is sent as an attempt to express our love for all of you and our appreciation for what you have done for David.

From David's first day at Benson through his stay at West and the Children's Corner, we have been most impressed with the dedication and concern for the retarded shown by the teachers and administrative staff of ENCOR.

You have been a source of inspiration and encouragement to us and we want you to know that to the Schorrs you are truly included among God's beautiful people. We are sure that He is pleased with you.

With our love,

David's family

October 12, 1973

CALENDAR

NOVEMBER

*Human and Legal Rights Committee on Vocational Training will be attending individual Benson workshop parent meetings in the month of November.

- 1 GENERAL MEMBERSHIP MEETING POSTPONED TO THE 8TH!!
- 2 CHANCE Parent Meeting, Mrs. Gudes, 1212 North 33rd, 10:00 a.m.
- 5 Pilot Parent Committee Meeting, 7:30 P.M. at GOARC
- 6 Pilot Parents Training Session, 7:30 P.M.
- 6 GOARC Executive Committee meets with NebARC and CARC Executive Committees, Lincoln Center Building, Lincoln, 7:30 P.M.
- 7 Human and Legal Rights Committee on Developmental Centers, 7:30 P.M., location to be announced
- 8 GOARC GENERAL MEMBERSHIP MEETING
7:00 - Coffee
7:30 - Meeting

NOTE CHANGE IN DATE AND PLACE

Wittson Hall, University of Nebraska Medical Center
42nd and Dewey

- 8 Citizen Advocacy Advisory Committee meeting, 5:30 P.M. at GOARC
- 12 Human and Legal Rights Committee on Nursing Homes, 11:45 a.m., 515 North 41 Ave.
- 13 Human and Legal Rights Committee on Special Education, 7:30 P.M. at GOARC
- 13 Pilot Parent Training Session, 7:30 P.M. at GOARC
- 15 Poverty and Mental Retardation Committee Meeting, 7:30 P.M. at GOARC
- 18 HONEY SUNDAY --- EVERYBODY HELP!!!!!!!!!!!!!!
- 19 Pilot Parent General Meeting, 7:30 P.M. at GOARC
- 19 CHAP School Parent Meeting, 7:30 P.M. at CHAP
- 20 GOARC Board of Directors Meeting, 7:30 P.M. at GOARC
- 21 CHANCE Reunion, Northeast Workshop, 4:30 - 7:00 P.M.
- 21 Human and Legal Rights Committee on Public Attitudinal Change, 7:30 P.M.
5718 A Street
- 22 WE'VE BEEN STRUGGLING....BUT WE HAVE MUCH TO BE THANKFUL FOR!
- 26 Human and Legal Rights Committee on Nursing Homes, 11:45 a.m., 515 North 41 Ave
- 27 Human and Legal Rights Committee on Special Education, 7:30 P.M. at GOARC
- 27 Pilot Parent Training Session, 7:30, GOARC
- 29 Benson Developmental Center Parent Group, 7:30 P.M. at the Center

Nonprofit Org.
U.S. Postage Paid
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Shirley Dean
4842 Sahler #107
Omaha, NB 68104

the GOARC

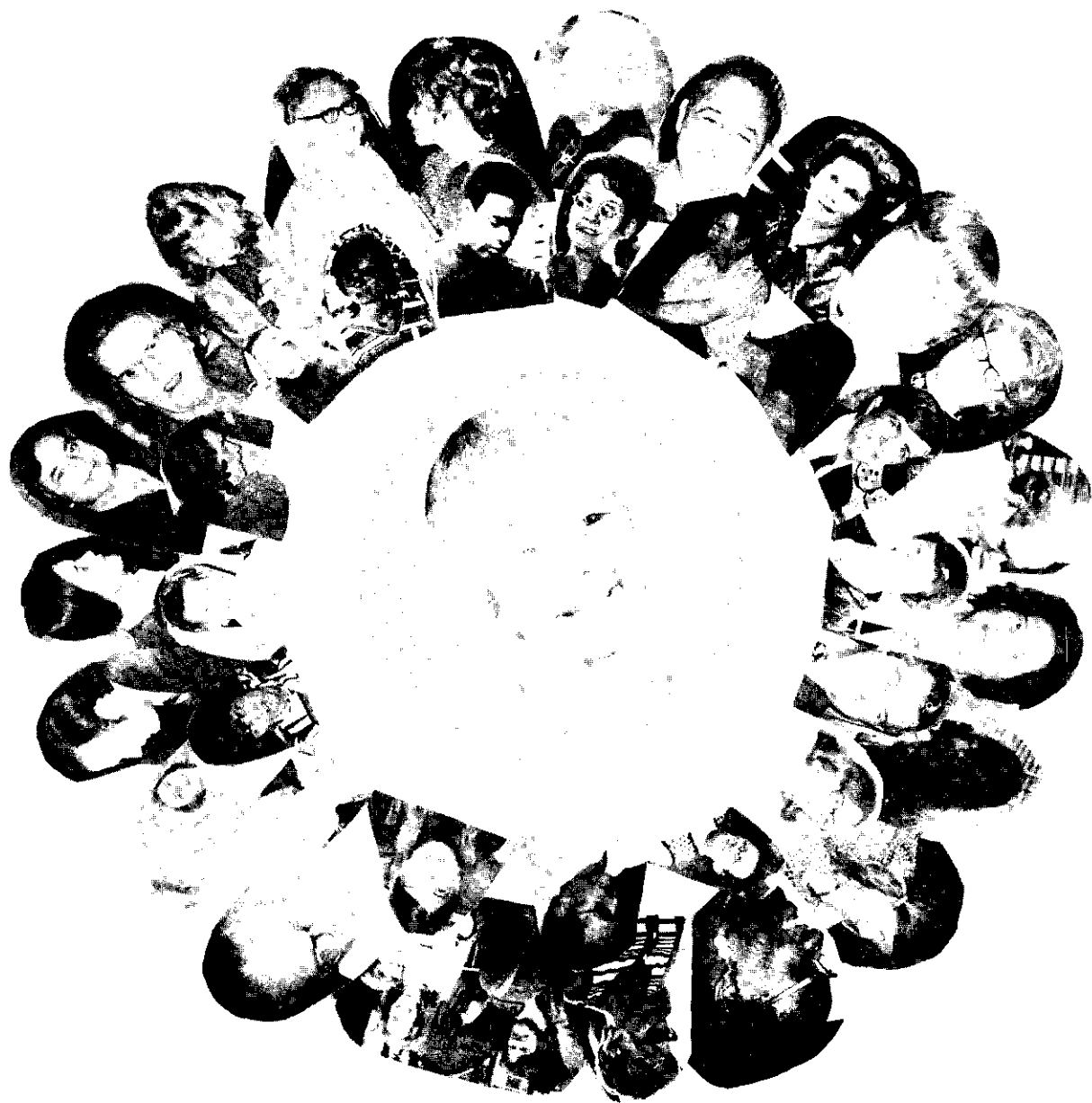
140 South 40th Street
Omaha Nebr. 68131

GAZETTE

DECEMBER, 1973 ISSUE

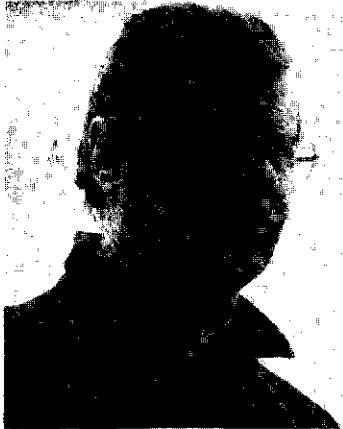
EDITOR: JAN NOVICKI

EVERY CHRISTMAS GETS BETTER...



**...BECAUSE MORE FOLKS CARE ABOUT
WHAT HAPPENS TO RETARDED CITIZENS
AND THEY'RE DOING SOMETHING ABOUT IT.**

THE THOUGHTFUL WORKINGS OF AN EXECUTIVE DIRECTOR'S MIND



There's that haunting question again. Keeps coming up. Wish it would go away...but it won't: "What will happen to my daughter (or son) when I'm gone?"

After listening to folks it is learned that some parents make wills. The guardianship is passed to brothers, sisters, other relatives and close friends. That's fine. Many citizens with retardation develop and take responsibility for themselves. That's fine too. But some citizens with retardation don't have such arrangements. Some parents lose interest in their children. Some retarded citizens don't have relatives and friends to come forth as guardians.

Who will come forward to represent as guardians...

Those who are unable to determine where they'll live,
Those who are not able to sign a contract, not even for their own surgery,
Those who are not able to manage their own money?

As I listen to concerned persons in this organization it has been pointed out that those who do sign on as guardians for another person aren't necessarily the most qualified and interested in the job. Often these persons are...

Bank personnel who seldom have contact with their charge,
Institutional and welfare agency personnel who come and go,
Attorneys who have never met the person they represent.

Who could come forward as the most genuine and concerned guardian in our area?
Some of our people think that this organization's Board of Directors should sign on as guardian to every retarded citizen in our area who needs one.

The idea that our Board of Directors sign guardianship papers tends to rattle this exec's mind at first. Later some adrenalin is released. Its a scary thought. But after thinking about it...

There's no other party--without vested interests--as concerned for the rights and dignity of retarded citizens.

The Board of Directors is ultimately responsible to see that advocacy relationships and attitudes of various kinds are initiated on behalf of retarded citizens. Even various types of volunteer advocates will come and go. Programs will change but the board is in the best position to decide and direct new emerging programs.

It's my hunch that the Board of Directors, accepting such a heavy responsibility as signing guardianship papers, would have the opportunity to come alive in a new way and make sure that programs surrounding their charges were darned good ones.

That's quite a thing some folks have suggested. It's a fresh idea. I wonder if it would work?

Bob Perske

OUR PRESIDENT SPEAKS

Dear Parents and Friends of the retarded:

Recently at the NARC Convention held in Anaheim, California, I met a delegate to the Convention from Minnesota. As a matter of fact, I feel certain every delegate in attendance will remember this man. His name is Peter Smith.

Pete made it a point to meet and talk to every delegate he could. Early in the morning he would be standing near the busy Coffee Shop greeting people, and saying, "Vote for 'Citizens'". Pete's objective was to get the National Association for Retarded Children to change their name to National Association for Retarded Citizens.



For all who are not aware, this was the fifth year which this matter was brought to the National Convention, and most veterans of this particular "war" felt this issue would be shelved for the fifth time. Pete kept insisting this is the year we will change it.

The morning of the plenary session, when this business came to the floor, Pete was one of the first speakers to take the floor. Now Pete is not, I am sure, to be considered articulate, but he stated very simply -- in about a minute and a half -- what some learned colleagues might take a half hour to say. Pete caused many delegations who were committed to vote for other titles, to re-caucus. Enough minds were changed by Pete. He did it through his statement on the floor, and by his constant personal electioneering during the days prior to this meeting. The name was changed to "National Association for Retarded Citizens".

This happened despite the fact that the National Association's Committee on Name Change, recommended another title.

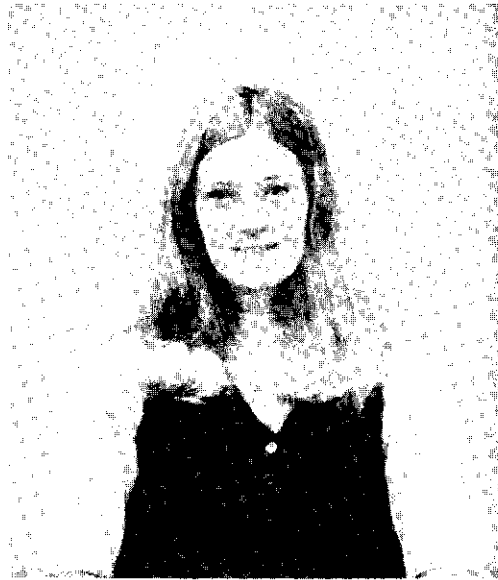
This may not seem significant to you who did not have the pleasure of meeting Peter Smith. Peter Smith spent some 30 years in an institution, because he was termed "mentally retarded". Peter Smith was born without arms, and with other physical deformities. If you could have seen Pete this day making his plea, and watched him persuade delegates, you would agree, Peter Smith was beautiful!

He accomplished what many "normal" people had been unable to do for four years. Whether you agree with the name change or not, you have the right to say "Congratulations, Pete, on your accomplishment."

Sincerely,

Joseph L. Friend
President
GOARC

KATHY RONK...YOU WILL BE MISSED



Kathy Ronk has been behind the scenes printing every GOARC GAZETTE...every GOARC brochure...free of charge...quite often on her own time...utilizing the Central National Life Insurance Company's printing presses. And what's more, she's been doing it for better than 3 years and she has saved our agency thousands of dollars.

Now, Kathy is moving to another position and she'll not be able to do our printing anymore. We'll miss this hard-working, thoughtful and most loveable young lady.

But, we're grateful for the service she rendered. And, we're grateful for Kathy's supervisor, Tom Fitzpatrick of the Central National Life Insurance Company, Medical Arts Building, for allowing Kathy to use those presses on our behalf.

Such long volunteer hours...always ready to help...sometimes working late at night for the cause of mentally retarded citizens. We'll miss Kathy Ronk!



BILLY GOES TO SCHOOL

Billy Craig Williams has just proven to everyone that a goal can be reached if you receive lots of love and hard work.

Billy is attending Lake School, and according to his mother, Mrs. Catherine Williams, has had no problems in adjustment. The staff at the CHANCE Center will miss Billy but is proud of his accomplishment.

FEATURE

FEATURE

FEATURE

FEATURE

FAMILY OF THE MONTH

Mr. and Mrs. Darrel Scholer
3134 North 78th
Omaha



The Scholer's and their six children have lived at their present address for 10 years. You might call it an acreage since that's how much land they have; and they really believe it when it comes time for mowing.

Darrel and Pearl have all their children, except Dan, in Omaha. Kris is married and has one little girl, Cathie is a surgical technician at Clarkson Hospital. Tom, an ex-marine, works for the Hartford Insurance Co., and Dan is stationed with the Army in Colorado. He surprised his parents by showing up for Thanksgiving dinner. Mary is a sophomore at Northwest High School and Mark, who is 10, is in his 2nd year at Madonna School.

Pearl, like all the other mothers, works enthusiastically for Madonna School. She made boutique items and sold tickets for their style show and boutique held November 29 at St. Mary's College. Mark made his debut as a model that evening.

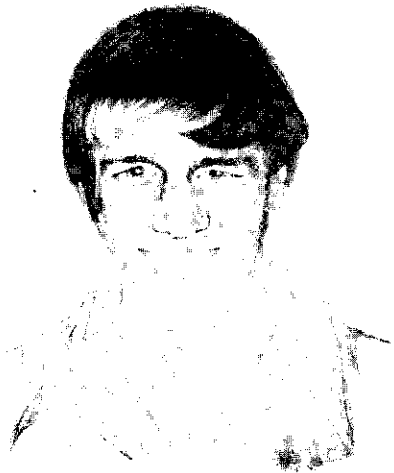
Before entering Madonna School, Mark attended Fontenelle and Dundee. He has been a participant in the Special Olympics, going to Kearney last spring, and also enjoys the "Y" program. He and his friend, Andy, who lives next door, spend hours riding their "wheels", playing with their cards, trucks and building in the sandbox.

Darrel, who has been a Product Engineer at Western Electric for 17 years, has been very active in GOARC and the TMH PTA. He is chairman of the Vocational Workshop Committee of the Human and Legal Rights Committee; is past President of TMH PTA; and is presently a representative to the Special Education Advisory Committee.

Summertime is swintime at their neighborhood pool. It's also a time for softball...Darrel has coached Mary's team for four years and had champions two years in a row.

This past summer the family headed westward, spending a few days in the Colorado mountains then on to California. Mark tried his hand at fishing but didn't catch a thing.

A family that loves him and friends and neighbors who care, have helped make Mark a happy, loveable boy.



ON THE GO WITH GOYARC

I'm back. Sorry I missed a month for writing this article. But, so many things did not happen, I just couldn't. This last month we got a better start, though. Our Traveling Art Show was a great success. We had a quiz at our General Membership meeting on mental retardation. Everyone did surprisingly well. We participated in State-wide Dance and Career Day.

Total hours spent for the retarded by the youth went into the thousands this month. In the upcoming month, there's a vacation at the end, but the first half of the month is full with activities. We're planning on having a lot of the new members attend.

Thank you.

Arlo Burk, President
GOYARC

- - - - -

YOUTH ADVOCATES HAVE BIG DAY AT BEATRICE

It was a big day at Beatrice, Saturday, October 21, according to Bob Brinda. They, with their advisor Pat Henry and under the leadership of their coordinator, Connie Giddens, met their proteges at Beatrice State Home and went off on their own outing together.

"After picking up our proteges, we boarded the bus and headed for a small park about a mile from the home. Then Connie, with help from everyone else, organized a major hike. Everyone was given plastic bags and we went out hiking around and collected leaves and branches and pine cones and anything else that was neat. At the end of the hike we planned to make a collage of our new found treasures. It was such a nice day out playing football, swinging and just talking. Later we had a hot-dog roast. Jenny Lippold's protege, Martha, had a birthday and Mike Fontenot made a cake. Of course, someone had to sit on it in the grass. We really had a lot of fun."

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GOYARC TRICK OR TREAT NITE

BOO!

GOYARC's Trick or Treat nite consisted mostly of great treats. A group of clowns, angels, bunnies and other Halloween surprises went from house to house with youth volunteers. Then back to GOARC for games and snacks. Even the lights went out, and a witch appeared to tell scary stories by candlelight. If you need tricks or treats, call GOYARC's Christie Giddens and her advisor on that project, Dick Lundquist. They found plenty on Halloween.





GOYARC's Traveling Art Show was a great success. Jim Healy's parents were probably among the most pleased to hear that. Not only was their son the Art Show Chairman, but once the show was over they would have a chance to have him home long enough to celebrate his 16th birthday. Jim had turned 16 almost a week earlier but had spent that night and several others with GOYARC members Larry Mora, Mike Kleist, and Rick Duffer framing the art and preparing the work for display at Crossroads. The group did take a few minutes out that night to share a pizza (complete with birthday candles) with their hard-working advisor, Bridget Brown.

But their job was not the toughest. The assignment of judging the best art pieces to become part of the Nebraska Art Show which will travel the entire state fell on five judges. Thanks to Councilman John Miller, Stan Ostmeier, Jim Bauman, Bob Perske, and GOARC's resident artist, Martha Perske, for volunteering to take that task.

Dave Brown's crew finally tabulated winners from the ballots cast by the public and by the judges. Winning pictures in categories of creativity, color, texture and the like were honored with ribbons. These awards were made by the Girl Scouts in Susan DeMay's troupe. Thanks to Susan and to Jamie Knott, Colleen O'Hara, Sharon White and Beth Dawson. They were the stars of the show on Saturday afternoon and that is a tribute to their leaders, Mrs. Helen DeMay and daughter Bev.

Congratulations to the Special Ed kids and teachers of District 66 and Omaha Public!

- - - - -

**OMAHA WAS THERE...
AT DISNEYLAND**



**WE WON THE
OUTSTANDING ARO
IN THE NATION
AWARD.**

(around the clock)
Joe Friend, Clem Morrow,
Gus Shoffner, JaWanda King,
Frank Menolascino, Billie
Cook, Jenny Friend

**DR. FRANK IS
ELECTED SR.
VICE - PRESIDENT.**



**AND YOU CAN CALL
US CITIZENS!**



**MINNIE & DONALD
BARRY SULLIVAN, ROSS MARTIN, JOANNA PFLUG, ROSIE GREER**



MICKEY

MEET OUR BOOKIES....



Tony and Jenny Supancic have been handling and packing orders for Bob and Martha's book in their own home. (Whew it's a big job.)

Have you purchased your copy yet?

FILL OUT THE BLANK

TO: GOARC
140 South 40th St.
Omaha, Nebraska 68131

Please send _____ copy (ies) of NEW DIRECTIONS FOR PARENTS OF PERSONS WHO ARE RETARDED by Robert and Martha Perske.

Enclosed find check for \$_____ (\$2.50 a copy)

Send to: Name _____

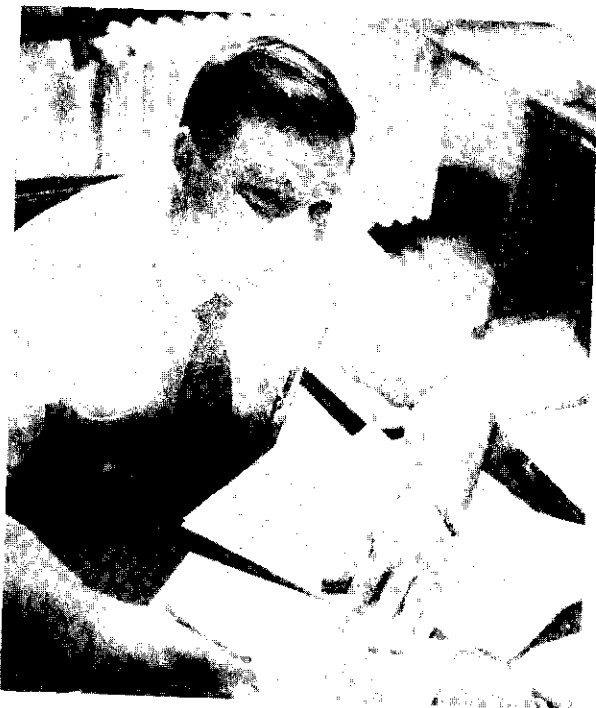
Address _____

City _____ State _____ Zip _____

ALL PROFITS GO TO THE NEBRASKA ASSOCIATION FOR RETARDED CITIZENS

LB 403 is a state law that requires all school districts to provide free education for all handicapped children regardless of degree of handicap. The law has not been funded. Rules and regulations to make it work are now being written. YOU CAN: learn about the law...write your state senator to urge full funding...find out if there are any rules and regulations that should be changed or added...through GOARC, you can get your ideas to the State Board of Education and to your senator.

EARL HURLEY TO FEDERAL SERVICE



GOARC's Administrative Director, Earl Hurley has been offered and has accepted a position as Safety Specialist with the U.S. Department of Labor. He will be terminating his service with GOARC on Monday, January 14, 1974.

Earl has been a hard working staff person who has always had the interests of retarded citizens uppermost in his mind. He has been responsible for our finances and supervision of our office force. He has served as staff liaison for our thriving membership campaign and two Honey Sunday campaigns. In addition to this, Earl has been staff person for the Ways and Means Committee, Task Force on Special Education as well as the Task Force on Vocational Services. He has been GOARC ambassador to the Bellevue area. Public attitudes toward retarded citizens has undoubtedly improved because of his efforts and those he has teamed with in Bellevue.

All of us at GOARC rejoice that this successfully retired Air Force Captain has a chance to move back into an important position with the Federal Government. And, we are grateful for his better than two and a half years service with GOARC. We will miss this man.

Poverty and Mental Retardation Committee Represented at the NARC Convention in Anaheim

The Poverty and Mental Retardation Committee was represented at the National Association for Retarded Citizens Convention in Anaheim by Mrs. Jessie Gauff, JaWanda King, Steve Corliss and Billie Cook. There were workshops, addresses and special sessions dealing with education and employment of the mentally retarded and the relationship of poverty to mental retardation.

It was a working convention and gave everyone an opportunity to be exposed to other groups and to learn we are all working toward a common goal...providing services to the mentally retarded and low income families.

Also attending the Convention from GOARC were Bob Perske and Joe Friend.

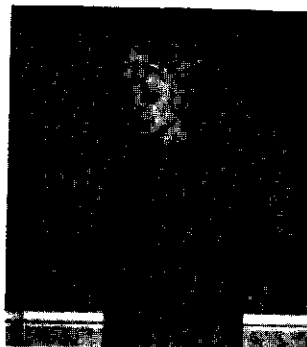
Mrs. Gauff will be giving a report to the committee at their next meeting.

WHAT A GENERAL MEMBERSHIP MEETING !!...Nov. 8



**Dr. Francis Colgan, State Director
of Special Ed; and Jack Crawford,
OPS Special Ed Department**

**David Stahmer,
State Senator**



**Ruby Huebner, Director of
Special Ed, District 66**

GAVE US ALL NEW HOPE AND FAITH
IN LB 403 WHICH LEGISLATES THAT
ALL HANDICAPPED CHILDREN WILL
HAVE A QUALITY EDUCATION PROGRAM.

(Wonder what's in store for the
January General Membership Meeting?)



DR. FRANCIS COLGAN SPEAKS AT GENERAL MEMBERSHIP MEETING

The members of GOARC and GOYARC were thrilled with the warmth, the spirit and the enthusiasm of Dr. Francis Colgan, Director of Special Education, State Department of Education. Many of the members are still quoting some of the statements he made at Wittson Hall on November 8, with regard to Nebraska's Right To Education for the Handicapped Law (LB 403). The following are some of the things he said:

"All the pieces are there. If we fail now it will be because of the blunders of management."

"Nebraska should be called the T-bone state. The most intense population is on the eastern border and along Interstate 80. Therefore, services are not equal across the state."

"With LB 403, we can now move from running a 'bounty base' program."

"Let's put the money in the educational program and not in the cost of residences."

"We have 3 years to implement this bill. And, we need to gain on it each year."

"This is a law and it's going to be implemented."

"We're averaging more than 4 meeting sites in different school districts each day."

"We must use the services already there. To not use them would be a cop-out."

"State Board approval of a program is what counts...Not that all those in existing programs must be certified."

"This business of the ticket myth has always bothered me. Instead we need to look at the competencies. That's what counts."

"I'm not a missionary and evangelist...I'm a manager and an administrator."

"Omaha needs to fight for the development of a resource center out-state. I need your help. An out-state resource center at...say Central City would be excellent. Then, what's done at this small city resource center can be replicatable in other small cities of which Nebraska has many."

Senator David Stahmer responded to Dr. Colgan's statements. He reinforced what Dr. Colgan said and added a few of his own:



(continued on next page)

SENATOR STAHMER'S RESPONSE (con't)



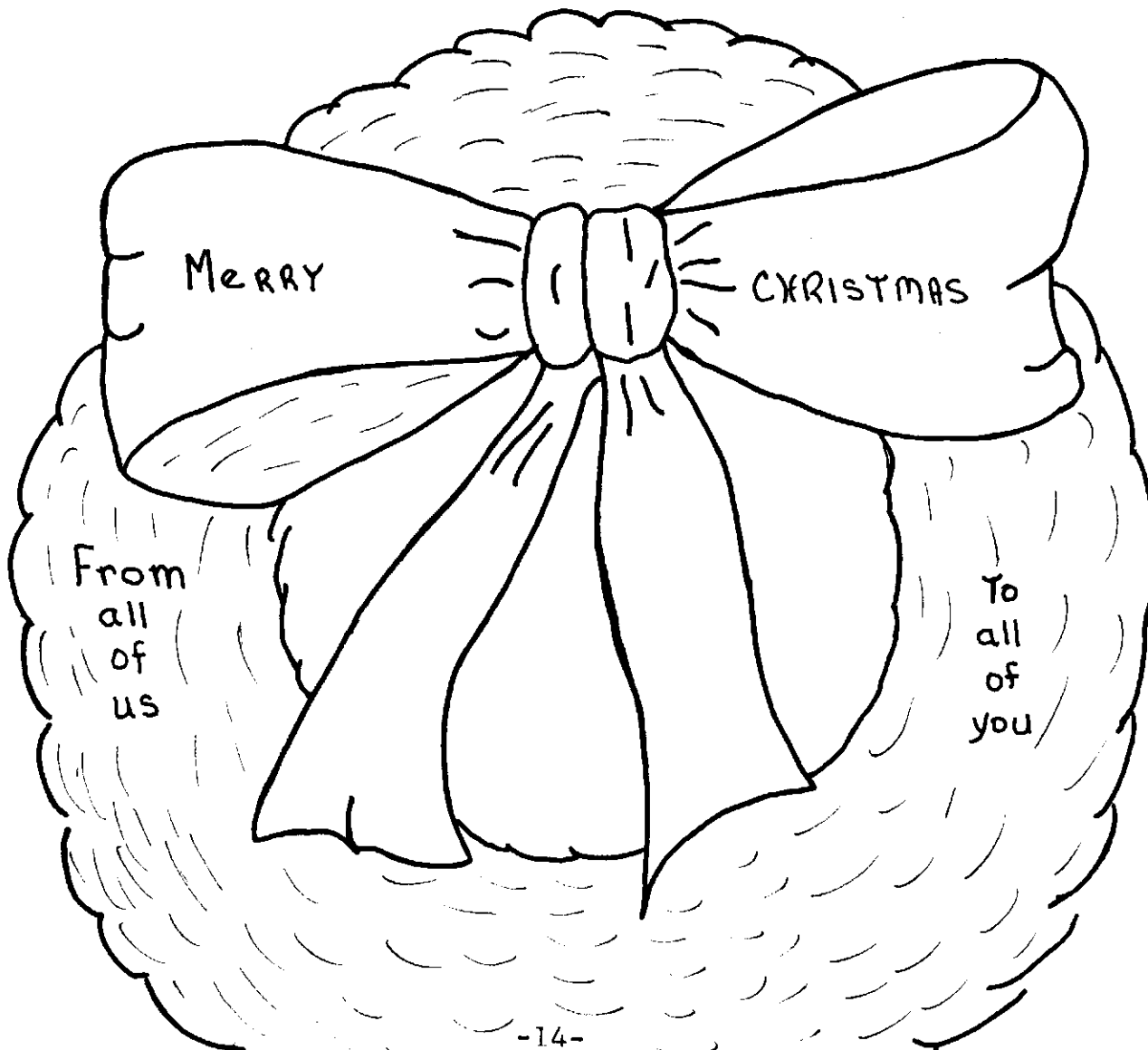
"I'm pleased with the way Dr. Colgan is working at implementing LB 403."

"If parents ever find that their children are not getting their rightful educational services...I think they should bring a lawsuit..."

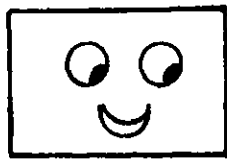
"I'm thrilled with what those young people at ENCOR are doing. If only everybody could see what I've seen."

"I'm not running for re-election...but I want to do everything I can to support LB 403."

"And, since I'm not running for re-election, it's easy to tell you that you need to support your Senators. There is a pay raise bill coming up...they work hard...you should support it. This is one way of getting qualified candidates to run."



THE ADVOCATE ADDITION



**CITIZEN
ADVOCATE**

+



**IMPAIRED
PERSON**

=



**TWO FIRST CLASS
CITIZENS**

WHAT IS AN ADVOCATE FOR?

"To advocate" means "to be for." A citizen advocate volunteer is for one handicapped individual's having the best opportunity possible to live and grow.

He actively helps his protégé toward a full experience of these three things:

1. Humanity -- understanding and acceptance as a person.
2. Citizenship -- participation in society's rights and responsibilities.
3. Development -- continuing growth to greater competency and independence.

(cont. GOALS)

5. We need whole families to be advocates to persons who have none.

You can help to meet the needs of 250 individual retarded people who we now know about. Join us in our goal of giving them representation and personal acceptance in 1974!

ANNOUNCING: A new book, Citizen Advocacy and Protective Services for the Impaired and Handicapped, edited by Wolf Wolfensberger and Helen Zauha (GOARC's Citizen Advocacy Coordinator), is now available. Purchase price is \$8.50. GOARC also has some copies to loan.

CA GOALS FOR 1974

It is only December, but it's time to assess our program for the New Year. Advocates now number 90 (1/3 are under 18 years old; 2/3 are over 18, though mostly between 18 and 30 years). 66 women are advocates compared to 24 men.

In 1974 we see definite needs to grow in the following areas:

1. We need men. Many teenage guys and boys need advocates!
2. We need minority advocates. Right now there are only 5 non-white participants.
3. Older advocates are needed. Only 8 advocates are over 30.
4. Guardians, conservators and adoptive parents are needed by some adults and children with limited spokespersonship and long-term need.

(cont. next column)

NO ADVOCATE IS ALONE

Everyone can help give support to handicapped persons and make sure they get a "fair shake" in the community. Parents, professionals, and interested people--all are needed directly by the handicapped. These advocates need to help each other too.

Advocates have been coming together in the GOARC CA Program lately. Program Advisors met with Advocate Leaders of Small Groups to exchange viewpoints and needs. Also newly assigned advocates met with new recruits to match hopes and experiences. Advocates throughout the city have been hearing from the Group Leader in their areas to share ideas and concerns.

MEMORIAL GIVEN IN HONOR OF ROGER SCHOLL

On October 25, 1973 Roger Scholl, son of T/Sgt. and Mrs. Bernard Scholl passed away. He was an active student at CHAP School in Bellevue. The Parent Teacher Group, wishing to remember Roger, sent a donation to GOARC in his name. It was a kind thing they did in that these funds will now be used to help other children who are retarded.

ST. JOAN OF ARC DOES IT AGAIN

Once again this year, St. Joan of Arc is offering a special Religious Education Program for the mentally retarded children in our community. The program is open to all ages and denominations. The children use the JOY MAGAZINE which has weekly messages and worksheets that your child will work on in class and bring home for you to reinforce during the week. The program also incorporates film strips and records; as well as art crafts.

Parents may bring their child any time between 9:45 and 12 noon, leaving them in the care of four professional teachers and six aids. If anyone wishes to discuss the program contact John Sullivan, 393-2335 or 556-1883.

ENCOR'S ADOLESCENT EDUCATION CENTER OPENS

The Adolescent Education Center opened it's doors, at 5016 California to 25 students on November 30. Bruce Kai, Director, states the students will receive training in self care, gross motor, language, social and academic development. There are eight staff members who will be work-

EDUCATION CENTER (con't)

ing with the students to help them reach their goals.

The program developed out of a dream by interested parents, Charlie Galloway, John McGee, ABLE Staff and developmental center teachers.

Good luck to Bruce and staff.

"ZERO REJECT" IS NEW WATCHWORD

Dr. Thomas Gihool, the brilliant young lawyer who spearheaded the Pennsylvania Association for Retarded Children's "Right to Education" lawsuit, pointed out that advocates for the handicapped must struggle to reach "zero reject" in each school district. Zero reject takes place when all children regardless of their handicaps, have a quality education...the doors of the public schools are open to them...so that never again will doors be closed in their face.

COMMITTEE PRODUCES BOUND COPY OF LETTERS

On the first of last month, Rosemary Wais and Joan Garro, Co-Chairpersons of the Public Attitudinal Change Committee brought to the office a bound copy of all letters sent during the year by their committee. It's a thick book! It's neatly bound. It contains letters to government officials, professionals and others who made negative statements regarding persons who are retarded. It also contains many letters of commendation and respect to those writing hopeful statements about mentally retarded persons in radio, television and newspapers. All in all, it's something every member should see. It's now on file at the GOARC office. By all means, come in and see this excellent bound edition of letters.

THE EXCEPTIONAL PARENT

HAS BEEN RECOGNIZED AS THE BEST MAGAZINE
FOR PARENTS PRODUCED.

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I am affiliated with the Greater Omaha Association for Retarded Children.

My name is _____

Address _____ City _____ State _____ Zip _____

Closer Look is the "password" that places parents of handicapped children on a select special mailing list from Washington, D. C. The National Special Education Information Center is doing everything possible to send pertinent and critical information to parents of handicapped children. It's a beautiful idea, because it assists parents to know how to procure educational services for their own child.

Every parent of a handicapped person and interested citizens, are eligible to receive special mailings related to special education.

Would you like to be on their mailing list? Send a letter to:

CLOSER LOOK
P. O. Box 1492
Washington, D. C. 20013

You'll be amazed at the current information you can receive that will sharpen your wits about the right to education for all handicapped persons.

THE AWARDS COMMITTEE IS MEETING ALREADY!

Awards Night will be May 2, 1974 at the GOARC General Membership Meeting. The Awards Committee has begun planning for this special event. You can help by making nominations for the following award categories:

1. Organization of the Year _____
2. Employer of the Year _____
3. Outstanding Progress (Person in Community Programs)
 - a. Adult (over 16) _____
 - b. Youth (under 16) _____
4. Employee of the Year (working directly with retarded)

5. Distinguished Service _____
6. Outstanding Volunteer _____
7. Parents of the Year _____
8. Advocate of the Year _____
9. Outstanding Youth Member _____

Please include any remarks which would be helpful to the committee.

Send (or phone) your nominations to:

Glenn and Phyllis Chandler (Co-Chairpersons)
11612 Queens Drive
Omaha, Nebraska 68164
Phone: 572-0905 or
558-7746 (Phyllis' office)

ADMINISTRATIVE CHANGES IN ENCOR'S RESIDENTIAL SERVICES

ENCOR's Residential Services Division is making some unique changes in it's administrative structure. In order to supply a more professional approach and be more responsive to the citizens we serve, the following changes are being made:

- The Residential Departments (adults, children's and apartments) will be replaced by geographic areas. Thus, services will be supplied by geographical area instead of by age or architectural type.
- More competitive salaries are being offered to insure quality staff.
- Houseparents will be assuming some new responsibilities which will require closer contact with the local ARC and parents.
- Amount of staff hours will be increased for more coverage and support.
- The housefather as well as the housemother will be hired and both will be salaried.
- Upgrading of the position of the houseparent and taking a more professional approach towards Residential Services will provide a more responsive residential program.

LETTERS TO GOARC

J. JAMES EXON
GOVERNOR



STATE OF NEBRASKA
LINCOLN 68509

October 19, 1973

Mrs. Joan Garro
4256 "A" Street
Omaha, Nebraska 68105

Dear Mrs. Garro:

I wish to apologize for not responding sooner to your kind and thoughtful letter of October 9, 1973. Needless to say, because of the pressure of affairs here, I am badly behind in my correspondence.

I was so very much impressed with my tour and I enjoyed meeting you and Donu.

It always strikes me that those of you who have mentally retarded children are so sympathetic to all of the needs of others.

The mentally retarded person that I spoke about now lives in Indiana, although they lived in Omaha when I knew them best. This was a girl who is now 31 years of age and has always been at home.

When this girl was very young, I used to spend a great deal of time with her and I have always been much impressed with the mentally retarded since they seem to be more affectionate than perfectly normal children. I guess God gave all of us some special qualities regardless of impairments.

Once again, I enjoyed meeting you and all of the other dedicated workers who are doing so much for these children.

Sincerely,

J. James Exon
Governor

JJE:ah

J. JAMES EXON
GOVERNOR



STATE OF NEBRASKA
LINCOLN 68509

November 15, 1973

Joseph L. Friend
President, GOARC
140 South 40th Street
Omaha, Nebraska 68131

Dear Joe:

Thank you very much for sending me copies of the GOARC Gazette.

Once again I thank you for the great job that you are doing for our less fortunate in the Omaha area.

Sincerely,

J. James Exon
Governor

JJE:hw

Dear Editor:

A pilot parent is someone who always has time to listen no matter how busy her day is. She keeps babies in their homes where they belong.

Marge Sobczyk

DECEMBER

- 2 Pilot Parent Christmas Party - Dundee Presbyterian Church, 5312 Underwood
2:30 - 4:30 P.M.
- 3 Pilot Parent Committee Meeting, 7:30 P.M. at the GOARC office, 140 So. 40th
- 3 Ad Hoc Committee on LB 403, 7:00 P.M. at GOARC
- 4 South Omaha Developmental Center Parent Group, 7:30 P.M. at the Center
- 4 Final Training Session for Pilot Parents, 7:30 P.M. at GOARC
- 5 CHANCE Parent Group Meeting, 7:30 P.M. at CHANCE
- 8 Benson Developmental Center Christmas Party, 8:00 P.M. at Mr. and Mrs. Pat Jung's,
9442 Brownley Drive
- 10 Human and Legal Rights Committee on Nursing Homes, 11:45 A.M. at GOARC
- 11 Human and Legal Rights Committee on Special Education, 7:30 P.M. at GOARC
- 11 Citizen Advocacy Advisory Committee Meeting, 5:30 P.M. at GOARC
- 12 Human and Legal Rights Committee on Developmental Centers, 7:30 P.M.
location to be announced
- 13 Poverty and Mental Retardation
Committee, 7:30 P.M. at GOARC
- 14 Benson Vocational Center Christmas
Party, 7:30 P.M. Benson Park
- 15 GOYARC Christmas Party, 1:30 P.M.
at GOARC
- 17 Madonna School Hibernian Luncheon
Ranch Bowl, 12 noon
- 18 Sarpy Developmental Center combination
Class Reunion, Xmas Party and parent
meeting, 7:00
- 18 GOARC Board of Directors, 7:30 P.M.
GOARC office
- 18 Sarpy Vocational Center meeting &
Xmas Party, 7:30 P.M. at workshop
- 19 H & LR Comm on Public Attitudinal
Change, 7:30 P.M., 5718 A Street
- 20 CHAP Christmas Program, 7:30 P.M.
- 25 HAVE A VERY MERRY CHRISTMAS!!!!

JIM MARQUISS
ENCOR
116 SOUTH 42nd
OMAHA, NEBRASKA 68131

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