the GOARC

Greater Omaha Association for Retarded Children
608 Barker Bldg. Omaha, Neb. 68102

# GAZETTE

Editor: Jan Novicki

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JANUARY ISSUE

AGE AND YOUTH:



Age is love Youth beloved

Age is wisdom Youth zeal

Age is faith Youth hope

Age is experience Youth challenge

Age is inspiration Youth aspiration

Age is today Youth tomorrow

Age is what is Youth what can be

HAPPY NEW YEAR FROM THE GOARC TEAM



### THE THOUGHTFUL WORKINGS OF AN EXECUTIVE DIRECTOR'S MIND

I feel a sense of reverence for every mentally retarded person who holds a regular job and is doing well.

He or she may be a dishwasher or a factory piece worker or a janitor

But, he or she had to work so very hard to get where they're at

That dishwasher can experience the same thrill that you or I would have if we owned the restaurant.

That factory worker can have a joy in his accomplishment that we would have if we were the president of the factory board

That janitor can have a pride in his position akin to what we would have if we owned the building.

Many mentally retarded persons are at work and they are thrilled with their jobs.

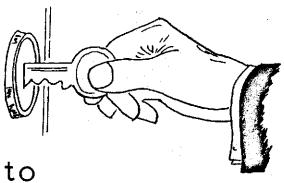
Many other mentally retarded persons are just waiting for their chance......

Bob Perske

THIS IS MEMBERSHIP MONTH

KEEP YOUR EARS PERKED

THERE'S MORE TO POLLOW unlocks the door.



mentally handicapped.

### GOARC-ENCOR CHRISTMAS PARTY HUGE SUCCESS

Just under 400 parents and children enjoyed the first annual GOARC-ENCOR Christmas party held at the City Auditorium on December 19. Mayor Eugene Leahy and his family, along with other county officials and GOARC-ENCOR Directors were introduced. Mike May, of KETV, did a fine job of tying in the program: Tom Porter's magic act; The Can Do Singers and a skit put on by the Teenage Fashion Board of Brandeis. Mr. Dan Lynch, as Santa Claus, passed out the gifts and door prizes. The singing of Christmas Carols was led by Bob Perske.

Tom Porter and Bill Hinze, co-ordinators of the party, said they would like to see next years party even bigger and to include the retarded children in the program. Tom and Bill deserve a lot of thanks for the great job they did in such a short time.

We would like to recognize all the businesses that donated gifts:

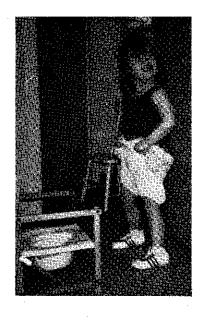
Anacona Brothers Superior Coffee Co. Dominico's Restaurant Lays Arbor Inn J. H. Kenny Central Market Mielson Nursery Phillips Dept. Store 6 West Theatres Hinky Dinky Safeway YMCA Brandeis

- punch
- coffee
- two tickets for dinner
- two tickets for dinner
- life time supply of popcorn
- fruit basket
- live Christmas tree
- large stuffed animal
- 4 tickets
- live Christmas trees
- decorations for the party

### Benson Developmental Center Phyliss Chandler, Director



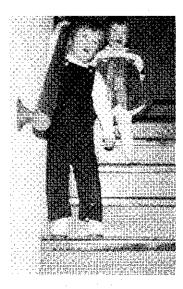
Deanna



One of the requirements for entering the public schools-- and Missy is very proud of herself.



Roddy, Elaine, and Kathy



David and Deanna manage stairs pretty well for their size.



Matthew enjoys the tunnel-----

The youngest child at Benson is 2 1/2 years old and the oldest is 16. The Center's main goal is to prepare the children for entry into the Omaha Public School's Special Ed programs. Phyliss Chandler said "Our challenge is to make steps small enough to be a success."

For those who don't qualify for public school programs, they receive pre-vocational training so that they may go into a workshop.



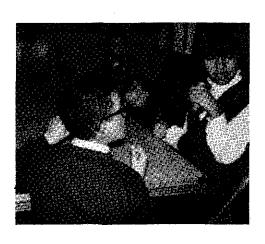
Chris crawls well, but must learn to walk in order to be eligible for the public schools.



Peggy Warren, a teacher at the Benson Center, praises Linda for mastering the zipper.



The children enjoy exercising on the mats.



Everyone enjoys snack time!

### SANTA CLAUS REPORTS TO CITIZEN ADVOCATE PROGRAM

Santa Claus stopped by the Citizen Advocate Office recently to report on his efforts to fill requests for citizen advocates. He turned in the following checklist indicating orders that have been delivered for this Christmas.

A family to visit and perhaps later become a part ox, for a little girl who has none.

A roommate and apartment for a young woman who recently had to leave her home.

A friend with whom to explore the city and her own capabilities for a 30-year-old woman who has never gone anywhere without her parents and was last visited by a friend her age 10 years ago.

A young couple with a variety of interests and hobbies for a man who also has great social energy, a man who spent the majority of his years at the Beatrice State Home.

Two young college women living in their own apartment to share experiences and friencinip with another young woman here from another city who has been having a difficult lonely struggle making it on her own.

A man who likes active sportsmanship, new in Omaha, who wants to get involved with people in his community for another active young man who for much of his life missed out on personal friendship.

A student nurse who has the interest and wants to take the time to get to know a little girl who often spends time in her own private world.

A young wife, who is a good friend but who also can be quite motherly, to encourage a young girl living in a group home in matters of dress and make-up, but who also gives direction in matters of basic health and money management.

A teenage girlfriend for a pretty 15-year-old girl who lives in a foster home, someone to confide in, someone to share what only girls their age can.

A youthful and bright young man whose family lives in Omaha to be a friend and guide for a 15-year-old boy who has lot of energy and potential and is presently living in a group house.

Before he left the office, Santa said he was sorry that he wouldn't be able to deliver all the nice things which he had in store for people by this Christmas. However, he did say that he will be making more deliveries throughout the coming year. So if you or someone you know didn't get their name on the list, call Helen Zauha, Director of the Citizen Advocate Office, at 346-6338.

### PARENTS OF THE MENTALLY RETARDED:

HOW WOULD YOU LIKE TO TALK TO OTHERS

ABOUT THE RETARDED?

There is an increasing number of calls for people to speak at service clubs, schools, churches, and community groups.

It appears that many persons now want to know about the human situation of the mentally retarded and their families.

If you would like to talk about mental retardation to others, you're needed! Call the GOARC office 346-6338.

We'll meet together, we'll plan, and we'll answer requests for all speakers.



### LEARNING DISABILITIES SEMINAR

The Nebraska Association for Children with Learning Disabilities (STAAR Parents of Omaha) is sponsoring a Learning Disabilities Seminar on February 17 and 18. The speaker will be Dr. Sol Gordon, a clinical psychologist, who is a recognized authority on adolescents. He is currently a professor of Child and Family Studies at Syracuse University.

Dr. Gordon will speak at 8:00 a.m., Thursday, February 17, at Children's Memorial Hospital and again that evening at the Little Theatre of Westside High School, beginning at 8:00 p.m. Friday, February 18, Dr. Gordon will address two sessions at Creighton University. He will speak from 10:00 a.m. to 12:00 noon and from 1:00 p.m. to 3:00 p.m. in the Brandeis Student Center. The Seminar is open to all those interested in the child with a learning disability.

### A GET-TOGETHER OF BROTHERS AND SISTERS OF THE RETARDED

IF YOU ARE BETWEEN THE AGES OF 13 AND 18 AND HAVE A BROTHER OR SISTER WHO IS MENTALLY RETARDED AND YOU WOULD LIKE TO MEET WITH OTHER BROTHERS AND SISTERS LIKE YOURSELF; YOU ARE INVITED TO COME TO A SPECIAL MEETING.

WE'LL GET TO KNOW SACE OTHER.

WE'LL TALK.

WE'LL SEE WHAT WE HAVE IN COMMON.

THE MEETING PLACE: GOARC OFFICE, 608 BARKER BUILDING

THE TIME: 7:30 P.M.

THE DATE: TUESDAY, JANUARY 11

IF YOU PLAN TO COME, PLEASE CALL ME AT 346-6338.

 $I^\prime\text{M}$  looking forward to getting to know you and to have you know each other.

BOB PERSKE

### ACTION COMMITTEE TO WORK WITH FREE INNOCULATION CLINICS

The Action Committee on Poverty and Mental Retardation will be working with the staff of the County Health Department on ways in which we can help more people take advantage of the free innoculations that are available. Innoculations are available at two on-going clinics. All types of innoculations are given at the clinics but the committee is giving special attention to the innoculation for measles and rubella because of their relationship to mental retardation.

The measle and rubella innoculations are available to all children between the ages of one and elevan. The clinics are located at 22nd and Clark and 24th and 0.

For more information, please contact Catherine Williams, 345-4025. Health Dept. (Innoculation) 348-7207. GOARC, 346-6338.

### USED MEDICAL AIDS CAN HELP OTHERS

Many persons can benefit from used medical aids. Aids such as hearing aids and glasses frames can be remade or adjusted for other people. Others such as braces cannot be remade.

GOARC is now accepting used hearing aids, glasses frames and other such devices. Items may be brought to the office or picked up by a staff team member. For more information, please contact the GOARC office, 346-6338, 608 Barker Building, 15th and Farnam. This activity is being sponsored by the Action Committee on Poverty and MR.

### NEEDED, ANOTHER INTEREST GROUP LEADER ON DOWNS SYNDROME CHILDREN

Mrs. Mike Sommer has been running a successful interest group for parents of Downs Syndrome Children. In fact, she's been so successful that her group now contains 10 couples... that's all her house will hold...and she has a waiting list of 7 other couples who want to get in.

Any parent who would like to start another interest group, feel free to call GOARC. If you need further information about how Mrs. Sommer's interest group is run, feel free to call her at 572-8938.

ARE THERE OTHER PARENTS WHO WOULD LIKE TO BE FART OF AN INTEREST GROUP? Contact 346-6338.

### PARENTS AND PROFESSIONALS ATTEND A WORKSHOP TOGETHER

One of the signs of the times seems to indicate that parents and professionals are more prone to work on the same team. A good example of this appeared when three professionals and one parent traveled and participated in an important workshop at Philadelphia, December 2 and 3. The workshop was entitled "The Sexuality of the Mentally Retarded". The parent on this traveling team from Omaha was Mrs. Fred Rosendahl. The professionals were Jim Brynes, Tom Miller and Tom Masters of ENCOR. ENCOR is commended for enlisting parents to serve alongside of professionals on specific tasks like this.

### PARENTS FORUM

### A PARENT'S EYE-VIEW OF THE SPECIAL OLYMPICS

"HI LOOK US OVER". THE EXCELLENT FILM ON THE CANADIAN OLYMPICS WILL BE SHOWN.

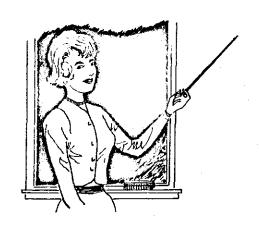
SUE ELLIOTT, REGIONAL COORDINATOR FOR THE SPECIAL OLYMPICS WILL BE PRESENT WITH SOME OF HER ASSISTANTS.

THIS IS A COME-ONLY-IF-YOU-WANT-TO-THING.

ITS DESIGNED TO GET INFORMATION TO ALL PARENTS OF THE RETARDED (AND THOSE WHO CARE ABOUT THOSE PARENTS.) WHETHER THEY ARE MEMBERS OF GOARC OR NOT. FEEL FREE TO BRING OTHER PARENT FRIENDS.

JANUARY 27, 1971
7:30 P.M. AT KOUNTZE MEMORIAL CHURCH, 2650 FARNAM

NURSERY SERVICE FOR YOUNG CHILDREN



### "A REPORT ON SPECIAL EDUCATION"

### THE FIRST GENERAL MEMBERSHIP MEETING OF GOARC IN THE YEAR 1972

Thursday, January 6, 1972

First Federal Savings & Loan

42nd and Frances (by the Center)

Informal social hour - 7:30 p.m.

Program and business meeting - 8:00 p.m.

Mr. Dale Samuelson, Assistant Superintendent of Special Education, will present to the membership the many programs provided by the Omaha Public Schools for our handicapped children. His staff will be there to answer any questions and also any suggestions you may have to improve the education and training of the handicapped.

PLEASE COME AND BRING A FRIEND !!!

### SCHOLARSHIP GRANTS AVAILABLE for CURRENT SEMESTER

Plans to award four scholarship grants of \$250 each to college juniors and seniors who are planning to teach the mentally handicapped were unveiled by Mrs Dean Everitt.

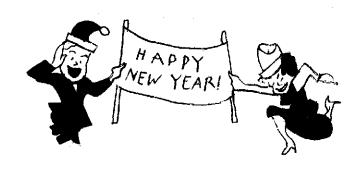
The scholarships are awarded by the Nebraska Association for Retarded Children and are designed to help teachers who plan to specialize in areas of mental retardation.

Applicants must attend colleges with approved courses of study in special education, though they need not be in Nebraska. Deadline for applications of February 25, 1972. Students interested may obtain applications from the Nebraska Association for Retarded Children, 140 South 27th, Lincoln, Nebraska 68510. Scholarships will be awarded at the Annual Luncheon in Omaha on March 24. Winners will be notified in advance.

The scholarships have been made available through proceeds from Nebraska Honey Sunday. co-sponsored annually by the Nebraska Jaycees and the Nebraska Association for Retarded Children.

### PILOT PARENTS -- READY AND WILLING

Around 25 parents heard Mrs. Rose Meile of Lincoln tell of her experiences as a pilot parent at the orientation meeting held December 6. After attending four training sessions in January, the starter group of parents will be on their own. This group has agreed to be pilot parents for one year and if this experiment works they will enlist more parents and branch out into different areas.





### WORKING PARTNERS ---

You and the service agencies!!

Look for performance when you review an agency.

See if it's speedy. Look at the planning.

See if they're normalizing.

Attend your Parent Advisory Committee meetings.

Parent Advisory Groups have a ADVOCACY RESPONSIBILITY!



### ENCOR STARTS A NEW AND EXCITING SATURDAY PROGRAM

Bill Hinze and his recreation staff are very excited about the new Saturday program that will begin sometime in January. The new classes will be held at the Notre Dame Academy but the great news is that there will be bus service! Children will be picked up at different points throughout the city and delivered back to these points in the afternoon. The program will be divided into two groups: Children, 6-11 and teens, 12-16.

Another new program is the Creative Play for 3-5 year olds. ENCOR has purchased many supplies and toys. This will not be a babysitting service for the children, but a program where they will gain many new and different experiences while still having fun.

You will be receiving a flyer with more information soon.

### CALENDAR

| January |  |   |                         |             |  |  |
|---------|--|---|-------------------------|-------------|--|--|
| 5       | CHANCE Developmental Center Parent Group, 7:30 P.M. CHANCE   |   |                         |             |  |  |
| 5       | South Omaha Developmental Center Parent Group, 7:30 P.M. ENCOR   |   |                         |             |  |  |
| 6       | GOARC General Membership Meeting   |   |                         |             |  |  |
| 10      | Pilot Parent Training Session #1, 7:30 P.M., Kountze Memorial Church "New Directions for Parents of the Retarded". (These are now closed sessions. Training sessions for a new group will be later.) |   |                         |             |  |  |
| 10      | Task Force on Residential Care, 7:30 P.M., 3817 Dewey (June  | Vance's Home  | e)                      | •.          |  |  |
| 10      | Citizen Advocacy Orientation, 7:30 P.M. GOARC office   |   |                         |             |  |  |
| 11      | Brothers and Sisters Get-together, 7:30 P.M. GOARC office  |   |                         |             |  |  |
| 12      | Sarpy Developmental Center Parent Group, 7:30 P.M.   |   |                         |             |  |  |
| 13      | Developmental Center Liaison Committee, 7:30 P.M. ENCOR  |   |                         |             |  |  |
| 13      | Poverty and Mental Retardation Committee meeting at Multi-Service Center 2211 Paul, 7:30 P.M.  |   |                         |             |  |  |
| 17      | Pilot Parent Training Session #2, Kountze Memorial Church, 7 "Referral Services for Parents" (These are now closed sessions for a new group will be later.)  | :30 P.M.<br>ons. Train  | ing                     |             |  |  |
| 17      | Citizen Advocacy Training, 7:30 P.M. GOARC office  | ····  |                         | <del></del> |  |  |
| 18      | GOARC Board of Directors, 7:30 P.M. ENCOR  |   |                         |             |  |  |
| 13      | Residential Services Parent Advisory Group 8:00 ENCOR  |   |                         |             |  |  |
| 19      | Madonna School Parent Group, 7:30 P.M.   | 8 8 8   |                         |             |  |  |
| 20      | Citizen Advocacy Training, 7:30P.M. GOARC office   | 4455<br>755<br>755<br>755<br>755<br>755<br>755<br>755<br>755<br>755 |                         |             |  |  |
| 20      | MCRI Parent Group, 7:30 P.M. at MCRI   | WEEN'S  |                         |             |  |  |
| 24      | Omaha Public Schools Spec Ed Parent Group 7:30 3819 Jones  | CAC 02.00   | 9.1                     |             |  |  |
| 24      | CHAP Parent Group, 7:30 at CHAP School   |   | No se<br>Chaha<br>Persi |             |  |  |
| 24      | Pilot Parent Training Session #3, 7:30 P.M. Kountze<br>Memorial Church, "The Human Situation of the Parents"   | \$018   | Hose age                | •           |  |  |
| 25      | Sarpy Vocational Services Center Parent Group, 7:30 P.M.   |   | 601<br>ed el<br>ed el   | ~           |  |  |
| 27      | Westside Community Schools Parent Group 7:30 P.M.<br>Arbor Heights Cafeteria   |   | ill.                    |             |  |  |
| 27      | Parents Forum "A Parents Eye-View of the Special Olympics", 7:30 P.M. Kountze Memorial Church  |   |                         |             |  |  |
|         | 14-  |   |                         |             |  |  |
|         | į  |   |                         |             |  |  |

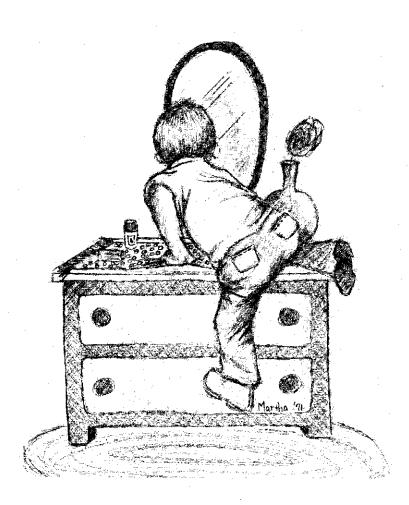
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# GAZETTE

Editor: Jan Novicki

FEBRUARY, 1972



The word for 1972 in mental retardation, we are told, is: NORMALIZATION. . .which means that the goal is to give the retarded a life that is as normal as possible and to allow them to do as many things as they can as normally as they can. But isn't there one place at least where the retarded already have a jump on this program? Isn't it true, you parents, that when it comes to mischief, the retarded child is almost normal? Sometimes, almost ingenious? Some retarded children we know could earn an "A" in creative orneriness. Right?

#### FROM THE THOUGHTS OF THE EXECUTIVE DIRECTOR



There are mant things I would like to communicate to the parent/professional/citizen membership of GOARC but there is only one thing I can write about now. It has to do with the loss of Miss Shirley Ortmeier.

In any organization, there are people in our midst who are regular, steady, pleasant and far from loud. We take these stabilizing persons for granted...until all of a sudden when they are gone.

Many of you have never known Shirley. But, then I sense you did know her through the steady, regular publication of the Gazette which she and Linda Lund worked together to produce for our editor. You may have a warm picture of "that voice" answering on the office phone systems. Shirley's touch was involved in almost every mailing you have received for the past 9 months.

History tells us that members of certain Indian tribes were great ones for giving descriptive names to those they cared about. If this was our practice, I suspect the descriptive name that her staff colleagues might have given her could have been "Quiet Strength".

To those of us who were part of her working world, it seems a senseless waste that the life of this productive twenty-year-old young lady had to be stopped in that automobile collision, Friday evening, January 14. (It is incomprehensible to those in the world of her relatives too, for she was travelling with two friends to celebrate the Fortieth Wedding Anniversary of her mother and father.)

It's no secret. Life in the GOARC office gets intense. We Work... think...produce...tabulate...call...type...print...and mail. It's our part in helping GOARC to be organizationally and financially powerfully in the battle to give new life to every retarded person and their family in Douglas and Sarpy Counties. But, we do not like losing this young colleague. The working life of the GOARC office will go on but we hate going on without her.

Some members have wanted to give a memorial on behalf of Shirley. The Executive Board, at their meeting January 18, established a Shirley Ortmeier Memorial Fund. The Memorial will be used on behalf of retarded children.

Bob Perske

### HERE'S ANOTHER LOCAL FILM WORTH SEEING

CHANCE has produced "What Makes Sammy Run." Another new film is entitled "The Madonna Story". The script was written by Sister Mary Evangeline. Narration was by Walt Cavanaugh of KFAB. Larry Wegener did the excellent color photography. If your group would like to see it, it can be booked by calling the Madonna School, 556-1883.

### MANY, MANY THANKS...

\_ \_ .. . . .

The GOARC Staff would like to express their appreciation for the help that some of our members have given us with an overload of brochure-folding and envelope-stuffing. Thanks to: Mrs. H. C. Cratty, Mrs. Jean Lacy and Mrs. Donald Daup. Also, as always, we are grateful to those two ladies who take time out every month to help put these pages together for you...Mrs. Leighton Goodrich and Mrs. Jack DeMay.

The target date for the opening of the new hostel in Blair is February 1. This hostel will be for young ladies. ENCOR is also scouting Cass and Sarpy Counties for hostels.

ENCOR has been submitted by NPI for the annual Hospital and Community Services award granted by the American Psychiatric Association!

### S THE PILOT PARENT COMMITTEE JINXED?

t has been noted that of the parents on the Pilot Parent Steering Committee, namely Fran Porter, Karen Kelly, JoAnn Volcheck, Sarah Andrade, and Sherry Bauer, three have had their sons in the hospital. They were Dana Porter, Jimmy Kelly, and Jerry Volcheck. At the last committee meeting, there was much humor about this fact.

YOU ARE CORDIALLY

INVITED

TO THE OPEN HOUSE

OF THE

FREMONT DEVELOPMENTAL

CENTER

TUESDAY, FEBRUARY 8

7:00 P.M.

### "I's IN THE MILL"

The Midwestern Premiere of "Fiddler on the Roof", scheduled for the Admiral theater on March 15, will be a benefit for ENCOR. Watch the March GAZETTE for more details.

Mr. Jim Londay has returned from Ft. Wayne, Indiana to be Supervisor for the South Omaha Vocational Workshop Services.

### ENCOR RECREATION

CREATIVE PLAY

For: Children under 5

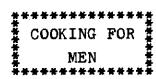
When: Saturdays, 9-11 a.m.

Where: Kountze Memorial Church

2650 Farnam

Cost: \$3.00 for 12 weeks

This is a specially designed program to offer your child as much mental and physical stimulation as possible. Each child will have his own volunteer and will be provided with a variety of experience each week. To enroll your child, please call: Marsha Honrath, 558-1115.





Are you tired of eating the same old food week after week? Join our class and find new worlds of food delights.

When: Sunday, Jan 16 thru April 2 6:30-8:30 P.M.

Where: 503 N. 85th Street

Cost: This will depend on each individual lesson.

Call Marsha to enroll.

### MADONNA SCHOOL DISCUSSED ON RADIO KFAB

A delightful presentation of the mission of Madonna School was presented Sunday evening, January 2, 1972. Sister Mary Evangeline was historial and inspirational when she discussed the amazing story of how the Madonna School came to be on "Board of Inquiry", KFAB, 8:05 P.M. and 10:00P.M. with Walt Cavanaugh. Every parent of the mentally retarded in the Omaha area has a right to be proud of this spunky Sister of Mercy who spearheaded one of the city's important programs for the mentally retarded. She did it on enthusiasm and little money. The members of GOARC cannot help but root for Madonna School and cheer them on.

HERE IN OMAHA.

THIS NEXT YEAR COULD BE ONE OF OUR BEST!

PLEASE DON'T LET YOUR MEMBERSHIP LAPSE.

 $\frac{\text{PLEASE INTEREST ANOTHER PARENT, PROFESSIONAL OR CITIZEN}}{\text{IN JOINING.}}$ 

If you haven't done so, fill out this blank and return it immediately.

YOU ARE NEEDED IN OUR FIGHT FOR THE RIGHTS AND DIGNITY OF EVERY MENTALLY RETARDED PERSON IN DOUGLAS AND SARPY COUNTY.

|                         | GOARC MEMBERSHIP A      | N FORM        |   |
|-------------------------|-------------------------|---------------|---|
| Name                    |                         | Date          | New<br>Renewal  |
| Address                 |                         | Relative of   | a retarded person?  |
| City                    |                         | His or her r  | elationship to you  |
| State                   | Zip                     | His or her n  | ame   |
| Telephone (home)        | (bus.)                  |               | chools and facilities   |
| Occupation              |                         | he or she at  | tends   |
| Service and Fraternal C | lub Membershi <b>ps</b> |               |   |
|                         |                         | Annual member | rship \$7.00<br>hip \$100.00                                    |
| Spouse's Name           |                         |               | hip \$100.00<br>eater Omaha Association                         |
| Spouse's occupation     |                         | for<br>       | r Retarded Children<br>3 Barker Bullding<br>aha, Nebraska 68102 |

#### "FEATURING"

### The New

### West Omaha Developmental Center

The West Developmental Center, located at 9416 Pacific Street in the Sunset Hills Baptist Church, opened on January 3, 1972. It is the sixth such center in the ENCOR System of Services. Viola Moeckle is the head teacher.

This center is licensed to accomodate 25 full-time youngsters between the ages of 18 months and 16 years. When the program officially began operation it started with 12 youngsters.

The goal of this Developmental Center along with the other 5 Centers is to prepare each child for some higher form of social education. The curriculum is geared to each child's needs to meet this goal. The staff or the West Center work toward the development of self-help skills and lesser skills necessary for entrance into a higher form of special education.

The Center provides a five day per week program with extended hours. Some children come as early as 7:30 A.M. and leave as late as 5:30 P.M., if their parents are both employed. Children may be included in full-day or part-day classes, depending on their individual needs and the needs of the parents. Children receive training in gross motor skills, fine motor coordination, self-care, personality development and socialization. There are no fees or tuition for this program.



### NEW BOWLING PROGRAM

A new bowling program started Tuesday, January 25 for youths in the 8 to 16 age bracket. They will bowl every week at Leisure Lanes, 48th and L, from 3-5 P.M. You can't beat the price...two lines plus shoes for 80 cents. Participants and volunteers are needed!

COVER

For the last three issues we have been featuring drawings by Martha Perske, and stories by Larry Novicki (the Gazette is now a team effort). Martha's talent for capturing the beauty of the retarded will continue and we thank her for letting us share it with you.

### POVERTY & MENTAL RETARDATION COMMITTEE by Catherine Williams

There was a beautiful turnout for the committee meeting
held January 13 at the
multipurpose center. There
were some new visitors and
two new parents from CHANCE.
Speaking of new people, sometime soon we will have a workshop on North 18th Street with
Mr. Virgil Chandler as Director.

ALL PARENTS: As you know, Rubella is an unborn child's worst enemy. It can be a crippler, and a killer. Those of you who have not had your vaccination against German measles, mark your calendar for the following dates: Benson Developmental Center - Feb. 16 1-3 p.m. West Developmental Center - Feb. 17 9-11 a.m. South Developmental Center - Feb. 17 1-3 p.m. Sarpy Developmental Center - Feb. 23 1-3 p.m. CHANCE and Parent Child Center - Feb. 24 time to be announced

Please go to the places that are closest to you.

### SKI TRIP BIG SUCCESS

Ten clients and five staff members of ENCOR spent three fun filled days in January on the stopes of Hidden Valley. Colorado. The young people did some skiing as well as tobagganing, and had such a good time that they all want to go back soon.

### RETIRED PEOPLE CAN HELP

Do you know of any retired persons who would like to sit with a retarded child in a hospital once in a while? The parents who must stay with their children often need to be "spelled" for an hour or two. If there are retired persons willing to do this kind of work, call the GOARC office, 346-6338.

#### HELP A BOY BECOME A MAN

Volunteer help is needed to organize and staff new Cub and Boy Scout units under ENCOR sponsorship. Professional training is available through the Boy Scouts of America for all volunteers. The staff at ENCOR cannot make these programs as successful as they might be without your help. Please contact Jim Johnson, ENCOR Recreation, 558-1115, for further information.

### SETTEMAT CHILDRENS PROGRAM CHANGE

The Saturday Childrens Program location has been changed from Notre Dame Academy to the University of Nebraska at Omaha. This is a 12-week program planned for a staged advancement in the areas of physical and creative development. The program will start January 29th at 10:00 a.m. Please contact Sue Elliott, ENCOR Recreation, 558-1115, for further information.

### YOU CAN HELP WITH LEGISLATION

Several legislative bills supported by GOARC and NebARC have been carried over from the last session of the legislature. Two are presently up for consideration and deserve your support. LB 690 contains numerous provisions relating to handicapped children. Needed is an amendment to increase the present \$200 limitation on transportation. Contact or write your state senator supporting the bill with an amendment increasing the transportation allowance. LB 774 is a bill which would permit parents to send 3 to 5 year old educable or trainable mentally retarded children to shoool for special training and education. The bill would obligate the schools to accept such children during the important formative years. This is a bold new approach which deserves support.

As additional bills of concern to GOARC are before the legislation for action, we will advise of status and recommend a position to take on such proposals.

Bill Higgins Chairman, Legislative Affairs Committee

### NEWS FROM BURT STREET HOSTEL

Gary Olson is a new resident...

Jack Conrad is employed with Bishops...

A New Years Eve party was held at the home and everyone had a ball...

Mr. and Mrs. Kurt Rheinheimer, assistant houseparents, visited...

relatives in Baltimore and Philadelphia over the holidays...

#### CHANCE PARENTS BEGIN SEWING CLASS

CHANCE Parents Tuesday morning coffee hour will be extended to include a sewing class. The elass will begin January 25, at 10:00 a.m. All interested parents are urged to attend. The class will last approximately one hour and there is no fee for the lesson.

Susan Christensen will be completing her student teaching this semester. Congratulations, Susan!

CHANCE expresses sincere thanks to the following for donating toys and food for the children's Christmas parties: Telephone Pioneers, Marine Corps, Louis Market, Bristol Market, Bedford Market, Super Duper Market, and Harolds Market.

We are happy to announce that Mr. Kripal is out of the hospital and back at work again.

Congratulations to Mr. and Mrs. Chappell on their new son.

### ENCOR HAS NEW ANSWERING SERVICE

In ENCOR'S attempt to be available to parents and clients at all times, we have begun using an answering service for evenings, weekends, and holidays. The answering service will provide a menas for someone to reach an ENCOR staff member in emergency by simply calling the central office number - 558-1115. The answering service will then contact the appropriate staff member, so that the problem can be attended to.

### RUBELLA DATE SET FOR ENCOR DEVELOPMENTAL CENTERS

The Action Committee on Poverty and Mental Retardation is working with the staff of the Health Department and ENCOR on ways in which we can help more people take advantage of the Rubella innoculation.

The following dates have been set for the innoculations of the children in the Developmental Centers.

February 16 Benson 6319 Maple 1-3 p.m. February 17 West 9416 Pacific 9-11 a.m.

February 17 West 9416 Pacific 9-11 a.m. February 17 South 4622 Monroe 1-3 p.m.

February 23 Sarpy 1910 Franklin 1-3 p.m.

February 24 CHANCE and Parent

Child Center time to be announced

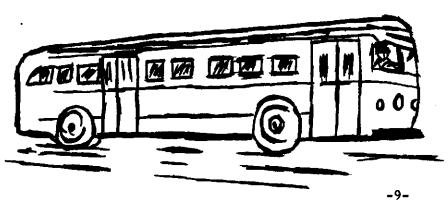
The centers will be open to <u>all</u> parents. So encourage your friends and neighbors to take their children to the center most convenient for them. The Rubella innoculation is available to all children between the ages of one and eleven. There is no fee for the innoculation.



As a result of expectant mothers having rubella during the 1964-65 epidemic an estimated 20,000 to 30,000 infants were born with severe birth defects. These included cataracts of the eyes, heart defects, deafness, liver damage, bone malformation and physical and mental retardation.

As a crippler and killer of unborn babies, rubella has probably claimed more victims in recent years that polio, regular measles, mumps, chicken pox and scarlet fever put together.

Health officials expect the next rubella epidemic in the U.S. during the early 1970's. Have your child vaccinated today and help us STOP RUBELLA.



### ENCOR BUS EXPANDS

The newly acquired '66 Chevrolet School
Bus has already begun covering its route
between Blair and Fremont. The bus which
leaves Blair at 7:15 a.m. takes people
to the Vocational Service Center,
Fremont Branch and the Fremont Developmental Center and returns to Blair around
4:45 p.m. In addition, when the bus is
not doing this run, it will be used for
recreation and other activities.



### PARENTS, PROFESSIONALS AND INTERESTED CITIZENS...

DR.

SOL

GORDON...

WILL BE IN OMAHA!!!!

DON'T MISS THESE TWO EXCELLENT FORUMS AT

WESTSIDE HIGH SCHOOL, LITTLE THEATRE

87th and Pacific

"THE SEXUAL AND AFFECTIVE FUTURE OF THE MENTALLY RETARDED"

8:00 P.M. WEDNESDAY, FEBRUARY 16, 1972

"THE SOCIALIZATION OF THE CHILD WITH LEARNING DISABILITY"

8:00 P.M. THURSDAY, FEBRUARY 17, 1972

As many of you know, Jim Brynes, Margaret Rosenthal, Tom Masters, and Tom Miller attended Dr. Gordon's workshop on the "Sexual Future of the Mentally Retarded" some weeks ago at Philadelphia and returned with excellent reports.

Dr. Gordon was initially sponsored by the Nebraska Association for Children with Learning Disabilities (STAAR). GOARC is grateful to the NACLD for allowing to have Dr. Gordon speak on Wednesday night.

Dr. Gordon received his Ph.D. from the University of London in 1953. Currently, he is professor of Child and Family Studies in the College of Human Development at Syracuse University. He is reknown for his work on the socialization of the mentally retarded and the child with learning disabilities.

### JANUARY CITIZEN ADVOCACY HURLICHTS

by Helen Zauha

Sixteen advocates have been assigned to retaided individuals in the Omaha community as of January 192. During this last month an additional sixteen new people applied to be considered for citizen advocacy and are undergoing training. These parties e include high school students, single working people, and couples interested in being foster parents.

In this article a particular relaticiship between an advocate and protégé is featured. This feature relationship is between Laurie Giles, a 25-year-old working mother with a 5-year-old son, and Nancy Hammans, who is 20 years old are in training at the Belle-

vue Vocational Services Center.

Laurie and Nancy met each other last November at the Crisis
Assistance Unit where Nancy and her sister, Sally, were staying temporarily after leaving their mother's house, while waiting for other
living arrangements to materialize. Laurie, her son Rusty, and Nancy
went out together to a movie. Later Nancy went over to their apartment in Bellevue to spend time over a weekend making Christmas cookies.
Since everyone got along well, plans were soon made for Nancy to share
Laurie's two-bedroom apartment. Early in January, Laurie helped Nancy
move her things in. (Sally who works at the Holiday Inn had already
moved into a staffed apartment close to work in Omaha.)

Nancy now lived in Bellevue within walking distance of the workshop where she will continue training at least another year. She and Laurie have done some shopping together since this is the first time Nancy has lived in an apartment. Choosing her first set of colored sheets proved an early decision-making task for Nancy. With Laurie's help, she is also building up a basic warrobe through catalogue comparison buying. She recently prepared her first solo meal in the apartment for Laurie and Rusty and is working on making wall decorations for her own room.

Laurie plans to help Nancy set up and manage her own checking account. These two roommates are also going to join in an effort to lose inches through both diet and an exercise program.

It is good to see a mutually beneficial relationship such as this one on its way. Many new horizons will ben for both in 1972. And as for Rusty, Laurie's son, there is another "guide-counselor" and friend on hand. Laurie says there is more of a family atmosphere now that Nancy is living with them.

The Nebraska Association for Retailed Children has received a grant under the Developmental Disabilities Act of 1970 for a State Citizen Advocacy Office. This state office will work to implement other Citizen Advocacy Programs like tose sponsored by CARC in Lincoln and GOARC here in Omaha, programs with will implement relationships like the one above between Nancy and Vaurie, elsewhere across Nebraska.



### NORTHCENTRAL REGIONAL CONVENTION

THE OMAHA HILTON MARCH 24, 25, 26

YOUR HOST: GREATER OMAHA ASSOCIATION FOR RETARDED CHILDREN

### REGISTER NOW:

| NAME   |
|--|
| ADDRESS  |
| UNIT(Please specify if you are an officer, board or staff, local or state)   |
| Registration Fee (to be paid in advance, deadline - March 15) \$6.00 (Registration Fee at the Conference will be \$8.00)  Banquet, Sat. Eve. March 25                                    |
| Registration for 1 day   |
| I enclose(Check or money order payable to NACR North Central Conference)   |
| Mail to: Registration, 1972 Regional Conference National Association for Retarded Children c/o Greater Omaha Association for Retarded Children 608 Barker Building Omaha, Nebraska 68102 |
| HIGHLIGHTS OF THE 3 DAY CONVENTION   |
| Friday: Meetings for Exec. Directors, State Presidents and Vice Presidents.  NebARC State meeting, tours, and General Session.   |
| Saturday: Local Presidents & Vice Presidents, Parent Training, Child Develment many other sessions, and in the evening is the Awards Banquet.  |
| Sunday: Workshops (Religious Nurture, Recreation, Parent Counseling) General Session.  |
| Since our ARC is host for this convention, we should all try to attend at least part of the convention.  |



WE'LL MAKE BEAUTIFUL MUSIC TOGETHER!!

D O N ' T

FORGET!!

SEND YOUR MEMBERSHIP IN TODAY!!!

### CALENDAR

### February

- 2 Benson Voc. Services Center Parent Meeting, 7:30 P.M. at the center
- Benson Dev. Center Parent meeting, 7:30 at the center.
- 7 Pilot Parnet Training session, Kountze Memorial Church, 7:30 P.M.
- 8 OPEN HOUSE Fremont Developmental Center, 7:00 P.M.
- 9 Sarpy Dev. Center Parent meeting, 7:30 P.M. at the center.
- Poverty and Mental Retardation Committee, Multi-Service Center, 7:30P.M
  - Madonna School Parent Meeting, 7:30 P.M.
  - 16 1-3 P.M. Rubella Vaccine Benson Dev. Center, 6319 Maple
  - 8:00 P.M. Dr. Sol Gordon, Westside High School, "The Sexual and Affective Future of the Mentally Retarded."
  - 17 MCRI Parent Meeting, 7:30 P.M.
  - 17 9-11 A.M. Rubella vaccine, West Dev. Center 9416 Pacific
  - 17 1-3 P.M. Rubella vaccine, 4622 Monroe, South Omaha Dev. Center
  - 17 8:00 A.M. Dr. Sol Gordon, Childrens Memorial Hospital
  - 8:00 P.M. Dr. Sol Gordon, Westside High School, "The Socialization of the Child with Learning Disability"
  - 18 10:00-12:00 A.M. Dr. Sol Gordon 1:00-3:00 P.M. - Dr. Sol Gordon-Brandeis Student Center
  - 23 1-3 P.M. Rubella vaccine, Sarpy Dev. Center 1910 Franklin
  - Rubella vaccine, CHANCE and Parent Child Center time to be announced
  - Westside Community Schools parent meeting, Arbor Heights Jr. High, 7:30 P.M., 8601 Arbor
  - Omaha Public Schools parent meeting, 7:30 P.M. 3819 Jones
  - 28 CHAP School parent meeting, 7:30 P.M. at the school
  - 29 Sarpy Voc. Services Center Parent meeting, 7:30 PM. at the workshop

STITULE DEAD CALC. CHARA, MEDINASKA CALC.

Nonprofit Org.
U.S. Postage Paid
Omaha, Neb.
Permit No. 109

the GOARC

Greater Omaha Association for Retarded Children
608 Barker Bldg. Omaha, Neb. 68102

# GAZETTE

Editor: Jan Novicki

APRIL ISSUE



A JOB

in itself need not be monumental.

If it challenges a man and gives him a chance to prove his worth, to pay his way and allows him to say:

"I've done it!"

Then all mankind profits.

Larry B. Novicki



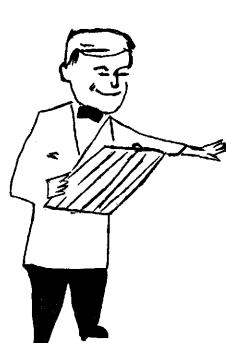
We are trying to make the GOARC GAZETTE better each time. A paper that will keep you informed of what's going on; new things being done for the retarded; how you can help; or get help. We are always glad to get letters from you whether it be praise, criticism or a problem. If you have any suggestions as to special features please send them to: Jan Novicki

Editor GOARC GAZETTE

9635 Sprague
Omaha, Nebraska 68134

(Jan's protrait compliments of Doug Knutzen, Omaha World-Herald cartoonist.)

### THE THOUGHTFUL WORKINGS OF AN EXECUTIVE DIRECTOR'S MIND



### A Gentle Protest on Behalf of a Friend

Within the living staff of each life, There's a direction, And a speed.

A roadmap of growth...

And a rate of growth...

Is coded into every human life.

I have mine...
You have yours...
I have a friend named Tom (retarded).

I can't be you, You can't be me, Neither of us can be Tom (retarded).

The three of us can never be
Willie Mays, Robert Hutchins, Maudie Frick;
Grandma Moses or Colonel Sanders. (Who cares?)

I just want to be the best me (According to my code),
You just want to be the best you (According to your code);
Tom (retarded) seems to want something too,

My life longs...
To fulfill something coded deep within me...
I'll fight you if you block this urge.

Your life longs...
To fulfill the code of growth in you...
Let no man keep you from your course!

Tom's life cries out...

But, I can't seem to figure out what he wants...

He's retarded you know.

Bob Perske

# THE GOARC SECOND ANNUAL AWARDS NIGHT IS COMING THURSDAY, MAY 4

ON THIS LAST GENERAL MEMBERSHIP MEETING BEFORE SUMMER

WE SEEK TO HONOR

CITIZENS

EMPLOYEES

AND ORGANIZATIONS

WHO HAVE DONE AN EXTRAORDINARY JOB OF BETTERING THE LIVES OF THE RETARDED IN OUR COMMUNITIES.

### NOW IS THE TIME TO SEND THOSE NOMINATIONS.

SEND TO:

GOARC AWARDS COMMITTEE
608 BARKER BUILDING
OMAHA, NEBRASKA 63102

WANT TO HELP EARL HURLEY IN HIS EFFORTS TO INTEREST FOLKS IN GOARC?

Are there any GOARC members who belong to or know personally friends in any civic or service organizations such as:

Sertoma Toastmaster
Eagles Rotary
Knights of Columbus Jaycees
Kiwanis Masons
Lions Optimist
Elks VEW

American Legion Moose or any other Fraternal/civic organizations.

You can "turn him on" by calling the GOARC office 346-6338 and letting him know. (Earl has speech\*\*\* willing to travel.)

### ACTION COMMITTEE ON POVERTY AND MR PLANS TRIP TO BEATRICE

Among the many activities being planned by the Action Committee is a trip to Beatrice on March 22. Representatives from the committee will meet with the Social Services Director, Michael McElravy to discuss Foster Home Care and the population at Beatrice that might benefit from this service. The meeting will be followed by a tour of the home.

Lawrence Graham, State Director of Welfare, will be in Omaha on April 4, 1972 for a tour of ENCOR's facilities and a luncheon meeting with representatives from the Action Committee and ENCOR.

The Committee is very proud to have been represented at the following activities and meetings in March:
Regional Welfare Rights - Louise Wright
Catherine Williams

The Group - Edna Watson

Poverty and Mental Retardation - Clem Morrow

Catherine

Williams

Dr. Rugel
School Board Meeting - Catherine Williams
Pilot Parent Banquet - Louise Wright

### PUBLIC ATTITUDINAL CHANGE FOR THE RETARDED IS HAPPENING

At times it may happen rapidly. At other times, it may happen slowly but sarely. Here's a new gain that may not be felt right away. But in time, it will. On December 20, 1971, the United Nations General Assembly adopted the statement Declaration of General and Special Rights of the Mentally Retarded. This statement was first produced by the International League of Societies for the Mentally Hand capped. It was adopted with on! a few minor changes in the text. The title has been changed to read Declaration on the Rights of Mentally Reta ded Persons.

Those parents and volunteers who for years have been fighting for the rights and the dignity of the mentally retarded have a right to feel a quiet joy in this healthy recognition of the mentally retarded by the United Nations.

### BURT STREET HOSTEL

Mr. and Mrs. Kurt Rheinheimer are now houseparents at the Cuming Street Hostel. Everyone was sorry to see them leave, but wish them well.

Charles Traster is now employed at Floor-Brite, Good luck, Chuck,

The young men helped Gary Olson celebrate his birthday.

Visitors were from Colorado, Ohio, and Iowa.

### LET'S PULL TOGETHER FOR ADVOCATES!!

Some people don't realize what great citizen advocates they could make for a retarded person. These potential advocates are your neighbors. They work with you. They go to school with you. You could encourage them to contact the Citizen Advocate Program, or you could call Helen Zauha at GOARC and she can contact them about becoming citizen advocates.

Perhaps you know a retarded person, maybe your own son or daughter, who needs friends outside of or in addition to his family. More referrals are needed right now especially of young retarded children.

If you have particular competencies in areas of psychology, law, speech development, etc., and would like to consult with individual or groups of advocates, please tall the Citizen Advocate Program. There are opportunities to encourage and help support advocates and their retarded friends.

Thirty-four advocates aged 15 to 45 are presently getting to know and like their retarded proteges. These relationships are not accomplished single-handedly. Parents, teachers, counselors, other advocates, as well as the Citizen Advocate Program assist in helping new citizen advocates build their friendships.

Call 346-6338 if you can help the Citizen Advocate Program in any way. Community acceptance for the retarded depends on people like you.

### GOSH !!!

HAVE WE BEEN WORKING HARD ON MEMBERSHIP!!!

March is over. We are still trying to reach our goal of 550.

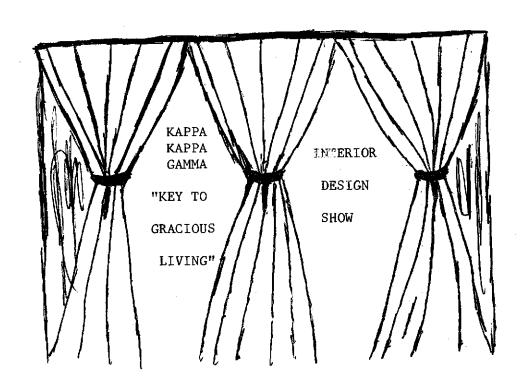
At present the membership is 335 families and individuals.

Please call in the names of any potential members you know of.

We'll do the work. Letters will be sent. Phone calls can be made.

(Please don't be afraid to speak for yourself, John Alden.)





WHERE:

College Center College of St. Mary's 72nd & Mercy Road Omaha

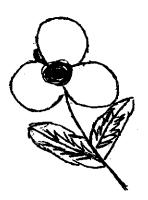
WHEN:

April 20, 21, 22, & 23, 1972

Call GOARC office (346-6338) for tickets. Price: \$2.00 each.

ALL PROCEEDS GO TO GOARC

LET'S SUPPORT THE KAPPA SHOW!



WE THINK KAPPA KAPPA GAMMA IS

SWELL FOR BACKING OUR

EFFORTS FOR THE

RETARDED AND THEIR

FAMILIES.

LET'S GO TO IT !!!



### A TOUR OF CHAP SCHOOL (Children Have A Potential)

by Jan Novicki

The CHAP program got its beginning from the Air Force. A parents discussion group was formed by Mrs. Thomas Powers and Mrs. Curtis LeMay in 1959 and out of this grew the first class for retarded children. The program was started at Offutt Air Base and spread throughout the Air Force.

An Air Force officer is assigned to the CHAP program. He helps incoming families find facilities for their handicapped child.

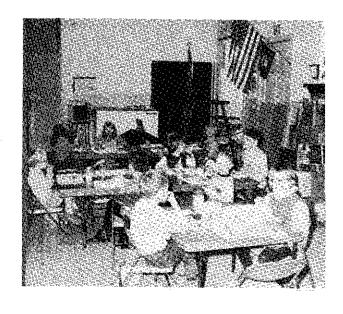
At the present time the school is housed in an old building on the base. But by the time this GAZETTE goes to press, they hope to be in their new building at Gregg Road in Bellevue. Mrs. Donna Hettick,

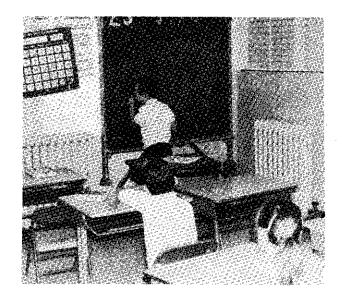
head teacher, said the new building is designed for 80-100 children. It will have a gym-cafeteria combination, home living area, shop and crafts area in addition to the regular classrooms. This will enable a much broader curriculum.

CHAP is part of the Bellevue Public School System. The 42 students come from Bellevue, Papillion, Plattsmouth, LaPlatte, and Weeping Water districts. Transportation is furnished by the school district. Mr. Ralph Neumann is principal, Marty Koolen is Director of Special Services.

 $\mbox{\sc CHAP}$  has the distinction of being one of the few public schools in the state to take preschoolers.

The Bellevue school district has provided funds for personnel and auxiliary personnel to travel to different parts of the United States to gain ideas and information on facility design and curriculum for the trainable.





Requirements for entry in the CHAP, school are the same as for other public schools...children must be toilet trained and be

ambulatory. CHAP's youngest student is 3 and the oldest is 15. School is from 9:15 a.m. to 3:30 p.m. The program consists of self-care skills, social development, perceptual motor development, and language and arithmetic (how to use money, writing their name, etc.) They have a good phys ed program as well as a full time speech therapist. Teachers are Mrs. Mary Kurtz, Mrs. Stephanie Cain (speech therapist), Mrs. Sue Abbott (phys ed), and teachers aids: Mrs. Flora Bradshaw, Mrs. Joan Spain, Mrs. Myrna Kramer, Mrs. Marusa McReynolds, and Mrs. Faye Morton.



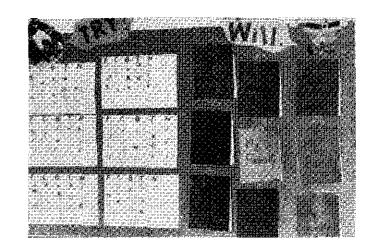
Approximately 35 volunteers from Offutt Family Service Bureau help with CHAP. These volunteers receive credit hours for their service.

The CHAP Parents Group meets the 4th Monday at the school.

The Mother's Club, made up of mothers from CHAP, volunteers and other interested people, have money-making projects to sponsor summer camp programs on a half-day basis. This is not limited to just CHAP but includes the Beatrice State Home as well.

The Bellevue school district provides a summer school for CHAP.





# SPECIAL OLYMPICS IS COMING

BOYS AND GIRLS ARE TRAINING.
COACHES ARE PUSHING.

300 - 400 ARE EXPECTED FROM 5 COUNTIES.

THE BIG DAY IS MAY 13 (TRACK & FIELD)
MAY 6 (BOWLING TOURNAMENT)

WHAT A THRILL IF YOU'RE IN THE STANDS AT GEORGE NORRIS JUNIOR HIGH CHEERING THEM ON!!

CALL SUE ELLIOTT: 558-1115

## GUESS WHAT FIELD CLUB SCHOOL HAS DONE?

Mrs. Vera Bender's Transition class sent 15 individual art drawings to the Nebraska State ARC Christmas card contest for 1972 and three members of her class came away with 3 or the 4 prizes. The three winners' art drawings have been sent to the National contest in Washington, D.C. Their drawings may be on the NARC Christmas cards for 1972. The three winners are:

lst Place Nebraska State -Gary Utterback 5117 N. 23rd Street

2nd Place Nebraska State -Edith Brown 4402 Evans

4th Place Nebraska State -Diane Mitchell 3422 Seward

Gary, Edith and Diane, we are pulling for you in the National contest in Washington, D.C. (We're proud of you too, Mrs. Bender.)

#### HEY GOLFERS, TAKE NOTICE

BIG FRED'S is sponsoring a golf tournament, Monday, April 24 as a benefit for ENCOR. The sign up time at Benson Golf Course is 8:00 a.m. with tee off's every 7 minutes. The \$20 green fee includes a box lunch, beverage, and stag dinner and cocktails at Mr. Kelley's. House of Pies is donating pies, Pepsi is providing the drinks, and hamburgers are being donated by Burger King. Approximately 240 golfers can be accomodated and about half have signed up, so call Judie Rasco at ENCOR today!

#### OFEN HOUSE FOR BLAIR

The Women's Hostel in Blair will hold an open house on Sanday, April 16. Everyone is invited.

#### NOWH HOSTS VIRGIL CHANDLER

program entitled "UMOJA", meaning friendship and unity, will be broadcast Sunday, Aril 30 on KOWH Radio at 12 mon. Participants, speaking about the new North Omaha Workshop, will be Virgil Chandler, Director, Catherine Williams, and John McGee.

## THAP MOTHERS -- THEY CAME THROUGH WHEN HELP WAS NEEDED

One kid didn't have the cash to go on the skiing trip to Colorado. The rest were going. CHAP Mothers sponsored the ski trip for this one retarded 14 year old in the ENCOR program.

You mothers sure have been working hard and your efforts are certainly appreciated.

#### GOYARC'S HARD WORK PAYS OFF!

One-hundred-and-thirty young people from twenty-seven different schools in the Omaha area attended a special meeting hosted by the Greater Omaha Youth Association for Retarded Children, March 7 in the Crossroad's Auditorium. A GOYARC Organizational Committee had worked over a month on this effort to attract new membership.

Dr. Frank Menolascino opened the special meeting with an informative introduction to mental retardation. A major highlight of the evening was the premiere of a moving slide presentation showing activities of GOYARC members with retarded children and young people. (This presentation will be shown by GOYARC at shoools in the future, perhaps to the GOARC membership also.)

Lori Wolpa, a sophomore at Burke High and GOYARC member, gave a rousing speech following the slides. These are some excerpts from her talk:

"The mentally retarded have been victims of stereotype brought on by centuries of ignorance and superstition. . In recent years some people have realized how wrong institutionalization has been and that the attitude of society must change. . .

How can a handful of people working against the majority of society help the thousands of retarded? We need action people to go out and accomplish. Especially it is important for youth to getinvolved. Youth itself represents change. Our job is to bring about a great change in social thinking toward the mentally retarded while at the same time helping individual retarded persons to learn and have fun."

Over one-hundred youth who attended this special meeting are now pursuing orientation and training in activities with the retarded in order to qualify as members of GOYARC. The next GOYARC General Meeting will be held April 9th.

MADONNA PARENT TO HEAD SOUTH OMAHA COMMITTEE ON POVERTY AND MENTAL RETARDATION

Mrs. Frances Cubrich will head the South Omaha Committee on Poverty and Mental Retardation. Frances is a member of the Madonna Parent Advisory group and a mother of two children.

The first meeting will be a combined meeting with the North Omaha Committee. The meeting will be held April 13, 1972, 7:30 P.M. at the Logan Fontenelle Multi Service Center.

Frances and her two sons reside at 2916 South  $18\,\text{th}_{\circ}$ 

#### MADONNA SCHOOL BENEFIT

HAWAIIAN LUAU

SATURDAY, MAY 13, 1972

HOLIDAY INN NEW BALLROOM

72nd & Grover

Centerpiece Suckling Pig Ice Carving

#### WOW, WHAT A MENU!

Relish trays all pickle

Tossed Garden Greens

Trays of Fresh Pineapple

Trays of Coconut

Snowball Bananas

Trays of Sugar Grapes

Melon Basket

Strawberry Tray

Nasi Goreng

Barbecue Ribs in Hoisin Sauce

Shrimp Tempura

Chicken Subgum

Papaya Chiffon Pie

COCKTAILS:

6:30 - 7:30 p.m.

}5

DINNER: 8:00 p.m.

RESERVATIONS:

393-1849 391-3863

TICKETS ARE \$12.50 each (Donation)

#### NOMINATIONS FOR OFFICERS AND BOARD MEMBERS OF **GOARC**

Qualifications of the following candidates were reviewed with thought in mind of maintaining a fair and adequate representation of all geographic, economic and other relevant factors, and to insure a Board of Directors with equal representation of parents of retarded and non-parents. Attention was also given to the possibility of introducing a "fresh approach" and further development of leadership.

These officers will be elected at the May 4 General Membership Meeting. Be familiar with the candidates and their qualifications before you vote,

#### NOMINATION FOR OFFICERS

President First Vice President Second Vice President Recording Secretary Corresponding Secretary Treasurer

(Parent) Mr. Joe Friend (Former Jaycee) Mr. Jerry Lenz Mr. Bill Higgins (Parent) (Parent) Mrs. Sally Swancutt Mrs. June Vance (First Pres. of GOARC) Mr. Ed Skarnulis (ENCOR Family Service)

Term of office: July 1, 1972 to June 30, 1973

#### NOMINATION FOR BOARD MBERS

The following individuals are nominated for two year Board positions:

Mrs. Judy Berry Parent Mr. Allen Gilmore Parent Mr. Leighton Goodrich Parent Parent Mrs. Karen Kelly Mr. Ray Mohatt Parent Mr. Tom Porter Parent Mr. Bill Wills Parent Mrs. Louise Wright Parent

Sister Mary Evangeline Director of Madonna School Christ Child Center Miss Mary Flanagan

Miss Linda Glenn

Mrs. Margaret Krusen

Dr. Earl Loschen Mr. Gerald Taylor ENCOR Psychologist at ESU #3

MD at Nebr. Psychiatric Institute Jaycee's past member of the Governor's City governing committee on Mental

Retardation

Mrs. Judd Wagner

Junior League

Term of office: July 1, 1972 to June 30, 1974

The following individuals are nominated for one year Board positions:

Mr. Chardes Schorn Mrs. Ruby Huebner Mr. John Bynum

Parent

Director of Spec. Ed in District 66 Former resident of Beatrice State Home now employed at the University Hospital.

-14-

(continued on next page)

#### PRESENT BOARD MEMBERS WITH A REMAINING YEAR TO SERVE

Mr. George Armstrong Mr. George Barker Mrs. Sharon Bauer Mr. Jack DeMay Mrs. Betty Ferraguti Mr. John Pleiss Dr. Aaron Armfield Mr. Brian Lensink Mr. Norm Magnusson

Mr. Steve Olsen Dr. Paul Pearson Miss Jane Sherratt Parent

Immediate Past Pres, & Parent

Parent Parent Parent Parent

Special Ed at Omaha University

ENCOR Director

ENCOR Governing Board from

Sarpy County

J**aycee** CRI

Visiting Nurse Association

Term of office ends June 30, 1973,

Respectivilly submitted,

#### NOMINATING COMMITTEE

Mr. Robert Clark
Mr. Gus Dillon
Mrs. Genny Friend
Mr. Leighton Goodrich
Mrs. Wilma Wills

#### CAN WE HELP YOU?

IF YOU ARE A NEW PARENT OF A RETARDED CHILD.

WE'RE AVAILABLE - -

CALL FRAN PORTER - 451-0564

SHERRY BAUER - 451-3158

OR THE GOARC OFFICE - 346-6338

THE PILOT PARENTS

#### MCFAYDEN FORD - YOU HAVE COMPETITION!!

The Anitque Car Committee, Mr. Ray Mohatt and Jerry Lenz, wish to thank the following for their help in manning the booths at Crossroads and Southroads when the antique car was on display:

Mrs. Harlan Cratty Mrs. Mike Larkin Mr. and Mrs. Bill Wills Mr. and Mrs. Leighton Goodrich Mr. and Mrs. Thomas Welborn Mr. and Mrs. Tom Porter Mrs. Ben Kripal Mrs. James Kelly Mr. and Mrs. Allen Gilmore Mrs. Bonnie Stewart Mrs. Dorothy Beshler Mrs. Charlotte Bishop Mrs. M. T. Montgomery Mr. George Otterson Mr. and Mrs. C. Hipp Mrs. William Higgins Mr. and Mrs. Glen Mrs. Echtenkamp Mrs. Betty Hays Mrs. Helen Pate Mrs. Jane Dudyeka Mrs. Anne Parker Mrs. Esther Ehrhardt

Mrs. Alice Rife Mrs. Judy Hall Mrs. Lucille Langdon Mrs. Gennie Friend Mrs. Marie Bucchino Mrs. Sandy Johnson Mrs. Addie Gustofsen Mrs. Lorgen and Noreen Heise Mrs. John Adams Mrs. Betty Ferraguti Mrs. Cople Mr. Jim Swancutt Mr. Joe Schultz Mrs. Charlotte Barker Mr. Dan Schafer Mrs. June Vance Mrs. Daly Mr. Phil Merlin Mr. Joe Gana Mrs. Julie Dreher Mrs. Coral Gleason Mrs. R. L. Kilker

A special thanks is also given to all of the parents and friends and Barber Shops who sent in for tickets and took the time to sell them. To date we have collected \$3,034,00.

You people are great for responding and giving your time on such short notice! It makes us feel good to know there are people like you.

## IMPORTANT NOTICE:

Our friends at ENCOR are preparing their County Budget for the coming fiscal year.

THEY DELIVER A WIDE RANGE OF IMPORTANT SERVICES TO MANY OF OUR RELATIVES AND FRIENDS.

THESE COUNTY PROGRAMS ARE IMPORTANT.

IF WE DON'T HELP THEM AND SUPPORT

THEM -

NOBODY WILL!!!

IF YOU'RE INTERESTED IN SERVING ON A TASK FORCE THAT MONITORS SUCH DELIVERY SERVICES CALL GOARC.

# PARENTS: ARE YOU AWARE OF SPECIAL INCOME TAX RULINGS?

The following is a check list of things you may or may not know about:

1. Deductions For Residential Care
Cost of room and board for dependents in State Institutions is
now exempt if parents provide more than 1/2 of his support.

This ruling now extends beyond institutions and is appropriate regardless of age.

2. Medical Care & Transportation Costs
Taxpayers may deduct as medical expenses, medical care and treatment in the institution to in the home which exceeds 3% of the adjusted income.

Cost of transportation for medical care is deduct ble.

Cost of transportation to special schools for the handicapped is deductible. If person can't travel alone, the cost of the person traveling with him is deductible too.

- 3. Home Child Care Expenses Under new ruling \$600/year\$ is allowed for actual expense paid for care. If 2 or more qualify the maximum is \$900. This deduction is only for enabling the taxpayer to be at work.
- 4. Medical Deductions for Dependents Living at Home Medical expenses for handicapped dependents who are employed, these are still deductible.

The cost of attending a sheltered workshop  $\underline{may}$  be deducted as medical expense. (This could be worth checking into.)

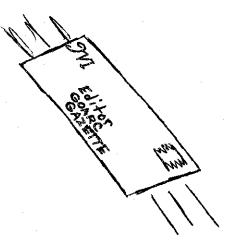
For further information, call GOARC 346-6338. A photo copy of a more expanded statement will be sent free of charge. (We're happy to help.)

Jan Novicki Editor

LETTERS

TO

**GOARC** 



GOARC GAZETTE

Dear Jan,

Your article on Madonna was "superb". Our parents really loved it and the children all think they have "made it". The poem was so dear. I'm proud it was on the cover of "our" story.

> Gratefully, Sister M. Evangeline

Mr. Robert Perske, Director GOARC 608 Barker Building Omaha, Nebraska

Dear Mr. Perske,

I wish to express my thanks to the Greater Omaha Association for Retarded Children for their cooperation in our recent Measles/Rubella campaign.

It was our pleasure to be associated with GOARC in a joint effort to combat these diseases.

Very truly yours,

James F. Speers, M.D. Health Director Douglas County

Jan Novicki Editor GOARC GAZETTE

Dear Editor,

Maybe someone can explain to us why there is such a turnover of houseparents in the hostels. Especially, why do they take from one hostel and put them in another. I would think this would be very hard on the children as well as the young men.

A concerned parent

#### CALENDAR

| April |  |   |  |
|-------|--|---|--|
| 3     | South Omaha Developmental Parent Group Meeting, 7:30 P.M.  |   |  |
| 5     | Benson Vocational Services Center Parent Group Meeting, 7:30 P.M.  |   |  |
| 6     | Benson Developmental Center Parent Group Meeting, 7:30 P.M., 6319 Maple  |   |  |
| 9     | GOYARC General Membership Meeting Auditorium, Nebraska Psychiatric Institute 7:00  |   |  |
| 10    | Special Olympics Steering Committee, 5:30, ENCOR   |   |  |
| 11    | Task Force on Residential Care, 7:30 P.M., 3817 Dewey Avenue   |   |  |
| 12    | Sarpy Developmental Center Parents, 7:30 P.M.  |   |  |
| 12    | CHANCE Developmental Center, 7:30 P.M.   |   |  |
| 12    | Citizen Advocacy Orientation, 7:30 P.M. at the GOARC office  |   |  |
| 13    | Poverty and Mental Retardation, 7:30 P.M., Logan Fontenelle Multi-Service<br>Center (combined North Omaha and South Omaha Committees)  |   |  |
| 17    | Citizen Advocacy Training, 7:30 P.M. at the GOARC office   |   |  |
| 17    | Pilot Parents Continuing Training Session, Madonna School, 7:30 P.M.   |   |  |
| 18    | GOARC Board of Directors, 7:30 P.M. at ENCOR   |   |  |
| 18    | Millard Public Schools Special Education Parent Group, Willa Cather School, 7:30 P.M.  |   |  |
| 19    | J. P. Lord - Special Event - "Spring Festival" - 7:00 P.M. at the school   |   |  |
| 19    | Madonna School Parent Group Meeting 7:30 P.M.  | Madonna School Parent Group Meeting 7:30 P.M. |  |
| 20    | "Key To Gracious Living" - Interior Design Show sponsored by Kappa Kappa Gamma<br>Alumnae Association, College Center, College of St. Mary, 10:00 am - 6:00 pm   |   |  |
| 20    | Citizen Advocacy Training, 7:30 P.M. at GOARC  |   |  |
| 20    | MCRI Parent Group Meeting, 7:30 P.M.   |   |  |
| 21    | KKG Interior Design Show, 10:00 A.M 10:00 P.M.   |   |  |
| 22    | KKG Interior Design Show, 1:00 P.M 10:00 P.M.  |   |  |
| 22    | Youth Advocates travel to Beatrice   | ·   |  |
| 23    | KKG Intérior Design Show, 1:00 P.M 6:00 P.M.   | CHARL BALL STOR                               |  |
| 24    | Omaha Public Schools Special Education Parent Group Meeting, 7:30 P.M., 3819 Jones   |   |  |
| 24    | CHAP Parent Group Meeting, 7:30 P.M. at CHAP   |   |  |
| 25    | Omaha Public Schools Special Education Parent Group Meeting, 7:30 P.M., 3819 Jones CHAP Parent Group Meeting, 7:30 P.M. at CHAP Sarpy Vocational Services Center Parent Group Meetin 7:30 P.M. Task Force on Special Education, Madonna School, 7:30 |   |  |
| 25    | Task Force on Special Education, Madonna School, 7:30  |   |  |
| 27    | Westside Community Schools Parent Group, 7:30 P.M. Arbor Heights Junior High School  | D U   |  |
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# GAZETTE

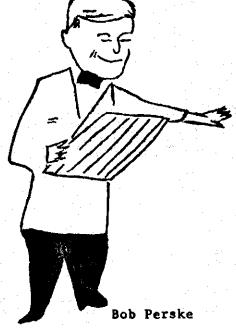
Editor: Jan Novicki

MAY ISSUE



The Crisis Assistance Home is looking for families that would be able to take a child for short periods of time, sometimes at very short notice. The child would be there for two days to no longer than a month. The family must love children, be willing to work with a child and then be prepared to give it up. The Crisis Unit also needs homes for non-ambulatory children. Due to the fire code, the Crisis Unit can not take them. If you would like to become foster parents, you have the assurance that ENCOR would give you all the help and support that you'd need. Marsha Honrath, 558-1115, is ready to answer your call.

# THE THOUGHTFUL WORKINGS OF AN EXECUTIVE DIRECTOR'S MIND



Everybody's talking about normalization these days. In fact, our Executive Director was requested to produce a definition of it for the Governor's Citizen Committee. It makes sense to publish his memorandum in this month's column. Even though its a bit longer than usual, it is hoped that his proposed definition will be helpful to all members of GOARC.

TO: The Governor's Citizen Committee on Mental Retardation

RE: A Proposed Definition of Normalization

The principle of normalization shall be defined as the use of means that are as culturally normative as possible to elicit and maintain behavior that is as culturally normative as possible, taking into account local and subcultural differences.

This definition is not original with the author of this memorandum although he served on one of the committees that helped to shape it. The above definition is listed as l.l.l.l. of the Standards for Residential Facilities For The Mentally Retarded (p.1). It has now been accepted by the AAMD, APA, CEC, UCP and NARC, the initial sponsors of these standards.

#### A Rationale For the Definition

1. What is culturally normative for a particular community.

 Expectations that a mentally retarded person should attempt to function commensurate with or within the limits of a specific community's culture.

3. The implication that no retarded person be expected to function at a level he can never achieve nor to behave in a manner that is sure to be irresponsible or impossible. On the other hand, it does imply that a mentally retarded person be given the opportunity to risk himself since all human growth and development involves the taking of risk in life. But, this risk should be seen as a calculated risk or a prudent risk. For this reason, the words "as possible" are introduced into the statement at two different points within the same sentence. (The original arguments regarding this basic definition involved a much wider range of persons with a greater diversity of view points than those held by members of our Citizen's Committee. For this reason it is expected that this definition of normalization could be acceptable to all in our committee.)

A Historical Statement Regarding the Definition
This definition has been inspired by the following documents:

continued on page 5

## DEFINITION OF NORMALIZATION (CONT.)

- The Declaration of General and Special Rights of the

  Mentally Retarded which was adopted by the International
  League of Societies for the Mentally Handicapped and more
  recently adopted by the United Nations General Assembly with
  only a few minor word changes.
- 2. Policy Statements on Residential Care produced by the National Association for Retarded Children.
- Residential Services for the Mentally Retarded: An Action Policy which was produced by the President's Committee on Mental Retardation.

This definition of normalization is seen as the third positive phase of the modern movement in our society regarding the mentally retarded. Parents and some professionals began the movement in the period 1960-1966 with what was called the human dignity vs. dehumanization period. These new attitudes helped those working in the field of mental retardation to see the mentally retarded as developmental human beings with a roadmap and rate of growth like all human beings possess. This second period (approx. 1965-1968) helped many see their way clearly to develop the normalization principle (1968 to present). The normalization principle does open many new avenues which tend to guarantee human and civil rights of the mentally retarded which have been here-tofore denied.

The beautiful thing about the normalization principle is that it produces a two-fold benefit. It allows a mentally retarded person to develop himself as close to what is culturally normative as possible. But, the principle also allows members of a particular community to stretch their level of toleration and work to accept mentally retarded persons in their midst as they are able. It therefore supports (1) positive growth and development of a mentally retarded person struggling to live as normally as possible in the community. On the other hand (2) it fosters a positive attitudinal change on the part of the community for the mentally retarded in their midst. It means the removal of any limits that would keep a retarded person from developing to the fullest of his potential in a community. It also means the removal of society's propensity to segregate, colonize or institutionalize a retarded person when he could realistically "make it" in the community.

Here's hoping this definition of normalization and a brief explanation of it will be helpful to the cause.

Bob Perske



# WE NEED YOU IN THE STANDS ON MAY 13 CHEERING FOR OUR KIDS!!

THE SPECIAL OLYMPICS LOCAL MEET WILL BE HELD AT NORRIS JUNIOR HIGH, MAY 13, 9:00 A.M.

So far Bellevue High, North Bend High, Plattsmouth, CHAP, Madonna, Gretna, Omaha Public Schools, ENCOR and District 66 have participants registered for this meet. It's going to be a biggy.

A lot of you parents may be watching your kids go on to the State Meet in Lincoln May 26 and May 27.

IT'S FUN FOR THEM AND IT'S FUN FOR YOU!



# KIDS ARE HAVING A BALL

by Jan Novicki



These are just a few of the kids practicing for the Special Olympics. Every Saturday morning at 9 a.m. they line up for the "warm up" drills, except for a few shy ones. Dividing into age groups, they then take off for either the practice field to try their arm at softball throwing, or to the gym for broad jumping, racing and high jumping.

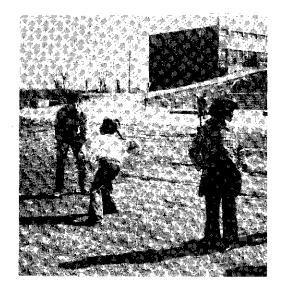
Watching these kids practice gives the parents quite a thrill too. (They don't even have to be your own to get excited.)

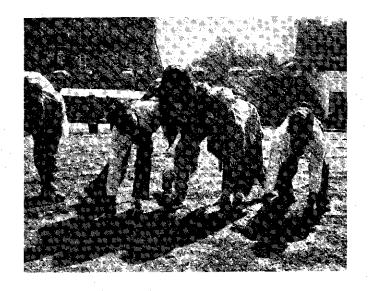
I get very loud at Little League baseball games, what will the local meet be like?

Creighton Med students, TMH teachers as well as some parents are giving a lot of their time to help these kids do their best come May 13.

Don't let them down---spend a rewarding day at Norris Junior High cheering our kids on to Lincoln.







## GOYARC CONTINUES TO BUILD

The Greater Omaha Youth Association for Retarded Children has been working to build interest among Omaha area young people in working with and for retarded youth and children. Meetings held in March and April were well attended.

Programs have featured Dr. Frank Menolascino with an introduction to Mental Retardation and Brian Lensink speaking on "Institutionalization vs. Community Services for the Retarded." "What Makes Sammy Run?", the much lauded CHANCE presentation, will be shown at the May meeting.

Activities with the retarded for these interested young people have included the following: one-to-one advocacy relationships; visit to the Beatrice State Home; assisting with ENCOR recreation programs, such as Creative Play, Bowling, Physical Development, Golf Tournament, etc.

# CALLING ALL GOYARC MEMBERS

#### GOYARC GENERAL MEMBERSHIP MEETING

When:

Sunday, May 14, at 7:00 P.M.

Place:

Auditorium, Nebraska Psychiatric Institute

602 South 44th Avenue

Program:

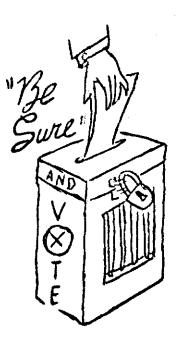
ELECTION OF OFFICERS

(Hear what the candidates plan

for GOYARC)

"WHAT MAKES SAMMY RUN?"
(See what happens when people

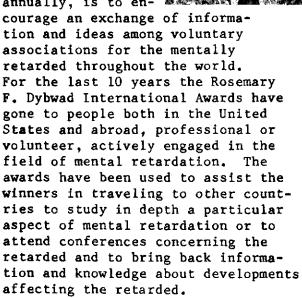
care)



#### BRIAN LENSINK GIVEN TOP AWARD

In 1963 the NARC established the Rosemary F. Dybwad Award.

The purpose of these awards, given annually, is to en-



This year, the 10th annual Dybwad International Awards will go to 6 individuals; 3 from the United States and 3 from abroad. Brian Lensink, Executive Director of ENCOR is one of the three United States recipients of this award and will travel to Sweden to study under Dr. Karl Grunewald. This is the first time that the Dybwad Award has been given to a Nebraskan and is also the first time that this award has been given to someone in community services for the mentally retarded.

While in Sweden, Brian will study the service delivery system and the way it is administered in Sweden. Brian and his family will leave sometime in November for a month's stay.

Some of the other Dybwad International Award recipients who have applied their expertise in the state of Nebraska are: Wolf P. Wolfensberger, and Robert Perske.

#### SOMETHING TO PONDER

The fight for the rights and dignity of every mentally retarded person in our communities has only begun. The hardest job we've ever had is still staring at us. The mechanism that quietly but powerfully attempts to "put away" the mentally retarded is all around us. It is so easy to let our whole effort slide back into it.

If we ever lose our thrust for community programming, we will have lost a great thing. WE MUST KEEP THE PRECIOUS PROCESS OF CHANGE ALIVE IN OMAHA! Plan to do everything possible to support this effort. We need your active and full support.

# SOUTH OMAHA POVERTY COMMITTEE TO HOLD FIRST MEETING

Five parents have agreed to serve on the South Omaha Committee on Poverty and Mental Retardation. Mrs. Mary Ann McGrath, Mrs. Eileen Chappel, Mrs. Betty Leibert, all CHANCE parents and Mrs. Frances Cubrich, Madonna parent, and Mrs. Sharon Urban, J.P. Lord parent. The first meeting has been planned for May 18, at Commercial Savings and Loan, 4724 S. 24th.

Several of the parents attended the North Omaha Committee meeting on April 12th.

Mrs. Frances Cubrich, Chairman of the committee said the first meeting will be an orientation session to finalize the committee's objectives and to inform the group of upcoming plans and projects.

# SECOND TRY FOR HOSTEL IN BELLEVUE FAILS DUE TO OPPOSITION FROM SOME NEIGHBORS

GOARC and ENCOR will try again, despite two straight defeats, to establish a hostel for six small mentally retarded children in Bellevue.

Brian Lensink, Executive Director of ENCOR, said: "We'll try a new approach."

The latest approach failed because of opposition from some persons who live in the neighborhood where the hostel was proposed.

Bellevue parents of the mentally retarded had organized into teams of two, and these teams visited each of the 23 homes surrounding the house ENCOR sought to purchase as a family-like home for the six retarded children. These GOARC-sponsored parent groups attempted to explain about the home and help the neighbors understand and accept retarded children.

Eleven neighbors signed letters stating they would be glad to



have this "family" in their midst. Some stayed neutral. The rest were vehemently opposed.

Those opposed appeared at a Bellevue Town Hall meeting April 16. Some of their statements:

"We're for ENCOR and the mentally retarded, but why our neighborhood?"

"Why should they be in the community when we have the best institution in the nation?"

"Our property valuation will go down."

"The house is not suitable for such a group."

"How come the parents were sent out? Why did the professionals hide behind them?"

Lensink responded to each question and allegation, but when it appeared that his efforts would not change the minds of the vocal opponents, Sarpy County Commissioner Norm Magnusson, who is also chairman of the ENCOR board, ended the meeting by stating:

"ENCOR will not purchase this home. ENCOR will not go into a neighborhood where it is not wanted."

## PLANNING AND BUDGET COMMITTEE

GOARC has received notification that the following people will serve on the planning and budget committee for Health and Rehabilitation Services of which GOARC is a member.

All GOARC Planning and Budget Conferences will be held before the following people:

Mrs. Bruce H. Stafford, Chairman Spencer E. Brader William E. Clark John D. Coe, M.D. William H. Heavy Victor G. Meyers Mrs. Lloyd M. Stephenson

They will attempt to learn all they can about GOARC. Any members of GOARC who know the members of this committee are encouraged to visit together.

#### RAY OF HOPE FOR EVEN THE MOST SEVERELY RETARDED

This is the beginning of a crowning hope that ALL mentally retarded can be served in the community. We have watched County Commissioner Dan Lynch go to long lengths to see that ENCOR's Developmental Maximation Unit is opened even when state funds have been denied. Shouldn't all of us who have our loved ones at home see the significance of this event? All GOARC should be very much interested in DMU. We should stand ready to help in any way we can.

#### AFTER THE BIG TRACK EVENT...MADONNA SCHOOL'S LUAU?

For all who will root and cheer for the contestants at the Omaha Special Olympics, plan to spend the evening at the Holiday Inn Ballroom. That fantastic dinner will start at 8:00 p.m. but you can come for cocktails around 6:30 p.m. Tickets are \$12.50 each.

Sister Mary Evangeline has promised to wear her new Mu Mu!

# NEBARC ESTABLISHES HUMAN AND LEGAL RIGHTS INVESTIGATION COMMITTEE

At the recent NebARC annual convention a mandate was issued to establish a seven member statewide Human and Legal Rights Committee, under the auspices of the NebARC. The Chairman of this Committee is Linda Glenn of ENCOR. Other people serving will be: Robert Perske, Executive Director of GOARC; John Foley, Executive Director of NebARC Michael McMunty, Methodist minister from Kearney; Gerald Moser, President Adams-Clay County ARC in Hastings; Rudolph Borck, Vice President of the Dodge County ARC in Fremont; and, Tom Burns, Vice-President Norfolk Area ARC.

HELP WANTED:

Unique or innovative ideas for raising funds! If you have some terrific ideas or just any ideas, call Earl Hurley at GOARC.

#### LINDA GLENN TESTIFIES AT WILLOWBROOK

Linda Glenn of ENCOR has been in New York City where she was requested to testify as an "expert witness" by the American Civil Liberties Union. Linda visited NYC facilities for the mentally retarded and toured Willowbrook with Dr. Robert Kugel and Dr. Phillip Roos. Linda testified as to the adequacy of available programs. She has previously testified at the Alabama trials where the state was found at fault. This is but one more step towards the assurance of civil rights for all people.

# NATIONAL HEALTH

"National health insurance ignores your children," says Michael J. Harrington, U.S. Congressman from Mass., as he discusses the inequities in the proposed national health insurance bills as they pertain to the disabled in THE EXCEPTIONAL PARENT article "Here We Go Again." (Feb./March issue)

With health care one of the major political issues of the coming year, Congressman Harrington says that parents have a unique opportunity now to get needed help for their physically and mentally handicapped children by informing legislators of the needs and problems of adequate home care, custodial care and education.

Harrington co-sponsored the Kennedy-Griffiths bill (a major overhaul of the entire health care system designed to make the government the insuror and to pay for the costs of medical care from employer and employee taxes) but feels it is only a start in the right direction since it doesn't cover long-term chronic illness.

The House Ways and Means Committee finished hearings on the various national health insurance proposals and has begun to write its own national health insurance bill. The Senate Finance Committee will then consider the subject and report out a bill to the Senate.

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# HEALTH INSURANCE (CONT.)

The Congressman says in part:

"As individual parents of disabled children, your most effective tool in influencing legislators is your own experience. Let them know the emotional and financial difficulties you face.

Make very clear to your Congressman and Senators that you want your children covered under any national health insurance program considered and passed by the Congress.

Write also to Congressman
Wilbur Mills, Chairman of
the House Ways and Means
Committee, and to Senator
Russell Long, Chairman of
the Senate Finance Committee.
These two men will have the most
influence over the contents
of national health insurance
because they chair the committees
considering the legislation.

The contribution you have to make in this effort is very important. I cannot stress enough how much your experiences can affect the outcome of legislation."

#### ANTIQUE CAR RAFFLE

Over 4,000 tickets were sold in Omaha for the antique car raffle. Statewide sales totaled over 14,000. Mrs. Ella Jackson of Beemer, Nebraska, won the Grand Prize, a 1931 Pontiac. The other prize winners were:

Roland Miller, Culbertson, Nebr.
shotgun
Tjark Riemann, Wymore, Nebr.
groceries
Cynthia Whittington, Lincoln, Nebr.
dinner for 2
John Rice, Lincoln, Nebr.
dinner for 1

A special thanks to all those who helped make this project a success.

Jerry Lenz and Ray Mohatt

#### PILOT PARENTS GETTING APPROVAL

The Pilot Parent Committee received this letter from an Omaha dentist.

Dear Fran and Shirley,

We are very happy to place the brochures of GOARC in our waiting room, and think this is a great idea of yours. In fact you might supply us with some more in the future if you would drop them in the mail every couple months. Thank you and we hope this Pilot Project takes hold for the children.

#### BLIND RETARDED MAN NEEDS A COMPANION

This 62 year old man lives with his sister who must work during the day. There is a need for someone who is willing to spend time with him during the day. At present a person comes into the home to be with him on four days. On one day of the week, he's left alone. Anyone who knows of a person who's interested in helping

# MAN NEEDS COMPANION

to make this man's life happier, feel free to call 731-8747 (after 6 p.m.). His address: 6926 S. 48th.

#### DO YOU KNOW OF A BABYSITTER?

A working parent is looking for someone to stay with her four-year-old mentally retarded child during the day. Someone permanent, affectionate and reliable is needed. The mother is willing to consider someone who can come in or someone with whom she might be able to leave her child. The address: 4168 Valleyview Avenue. The phone: 731-7169. Feel free to invite any interested friends or neighbors to call this number.

# GENERAL MEMBERSHIP MEETING

MAY 4, 1972 COFFEE: 7:30 P.M. MEETING: 8:00 P.M.

> FIRST FEDERAL 42 & CENTER

#### AN EDITORIAL: WE'LL TRY AGAIN IN BELLEVUE

ENCOR, with the help of GOARC and others, wants to have a family-type home in Bellevue for retarded children. Twice it has tried, and twice it has failed. It will try again.

It isn't so much that GOARC wants this home, but that Bellevue needs it, that new efforts will be made.

We were proud of the parent teams for their attempts to educate the neighbors about the proposed hostel. We were proud of GOARC's Earl Hurley and ENCOR's Jim Marquiss for mobilizing the parent teams. We were proud of Brian Lensink for facing a hostile group honestly and calmly and for responding to each statement and accusation coolly. We were proud of Commissioner Magnusson when he closed the hearing with a timely and forceful statement: "ENCOR will not go into a neighborhood where it is not wanted."

Those who were present at the Bellevue Town Hall meeting April 16 saw in its rawest form what was either outright prejudice or downright ignorance.

GOARC Executive Director Robert Perske noted that of all the statements made by opponents of the hostel, not one person said:

"We are afraid of the retarded." or "We don't like the retarded."

Yet, Perske believes this is what some of them wanted to say.

Clearly, this indicates that a new approach must be made to attempt to overcome these attitudes, whether they be based on prejudice or lack of knowledge of the retarded.

So, this joint parent-professional (GOARC-ENCOR) operation failed. But, we'll work together and try again to find a neighborhood in Bellevue that will accept six small retarded children.



## LETTERS TO GOARC



GOARC 608 Barker Building Omaha, Nebraska

Dear Mr. Perske:

Enclosed please find a check in the amount of twenty-five dollars which is given in the name of Dr. Kenneth Berry of Nebraska Psychiatric Institute. This is given as a token of appreciation for the excellent work he did as a leader in the March American Psychological Association Division 16 Workshop.

I trust you will use it any way you see fit to benefit the retarded child.

Sincerely,

Geraldine Nesvan, Director Psychological Services Omaha Public Schools

Mr. Robert Perske GOARC

Dear Bob:

It was a real pleasure to participate in the North Central Regional Conference. This was, without a doubt, one of the outstanding conferences of recent years. I know that you and members of your Association contributed much to its success. Thank you for your kind hospitality and your many courtesies. I would appreciate it if you would share my gratitude with members of your Association.

With all best wishes.

Cordially,

Philip Roos, Ph.D. Executive Director

A similar letter was also received from Mr. Robert Jensen, President of NARC.

letters continued on next page

# LETTERS TO GOARC (CONT.)

Mrs. James Swancutt 3324 S. 107th Avenue Omaha, Nebraska

Dear Mrs. Swancutt:

Thank you for your letter. I very much appreciate knowing of your own experience. I have been hearing about the Eastern Nebraska Community Office of Retardation. Indeed, they have written to me personally.

We will be in Omaha briefly for the primaries, and our producer, who makes all decisions on programming for TODAY, will look into the possibility of featuring ENCOR at that time. I will keep your letter and information for his file.

Most sincerely,

Barbara Walters NBC News New York

Jan Novicki Editor, GOARC GAZETTE

This inspiration came to me during the convention. I would like to share it with you and the members.

In this stained-glass world color floods a barren room; raising songs in silent worlds, because the sun I never knew began to shine.

--Sister M. Evangeline

#### DID YOU KNOW

#### WE HAVE

# 19 LIFE MEMBERS?

## WE THINK THEY ARE GRAND!

Boland, George B. Elkhorn, Nebraska 68022

Chapman, Mrs. G. C. 514 Harrison St. Papillion, Nebr.

Coordes, Mr. and Mrs. C. S. 801 S. 52nd St. Omaha, Nebr.

Daly, Mr. Leo A. 8600 Indian Hills Dr. Omaha, Nebr.

Everett, Mr. R. Stanton Kansas City, Missouri

Gallagher, Mrs. Paul C. 8405 Indian Hills Dr. Omaha, Nebr.

Goodrich, Mr. and Mrs. Leighton 7637 Springfield Dr. Omaha, Nebr.

Grodinsky, Mr. William 3000 Farnam Omaha, Nebr.

Hildreth, Mr. and Mrs. Rober 3619 S. 97th Omaha, Nebr.

Kaplan, Mr. and Mrs. Lazar 617 N. Fairacres Rd. Omaha, Nebr.

McBride, George Springfield, Nebr.

McBride, Mr. and Mrs. Glenn Springfield, Nebr.

Menolascino, Frank J. NPI Omaha, Nebr. Newman, Mr. and Mrs. Albert 207 S. 92nd St. Omaha, Nebr.

Newman, Julie M. 220 N. 62nd Omaha, Nebr.

Peterson, Charles Jr. 6611 Underwood Avenue Omaha, Nebr.

Welsh, Mr. J. Leroy Omaha, Nebr.

Wolf, Mr. and Mrs. Samuel N. 307 S. 92nd Omaha, Nebr.

Faulhaver, Mrs. Mame Thedford, Nebr.

## HELP! HELP! HELP!

We've lost the film "Hi, Look Us Over". (Special Olympics). If you know the whereabouts of the film, please contact the dum-dum who lost it....Linda at GOARC.

#### CALENDAR

#### May

- 1 Pilot Parent Committee Meeting, 10:00 A.M. at JoAnn Volchecks, 9515 Spencer
- 1 Special Olympics Steering Committee, 5:30 P.M., ENCOR
- 3 CHANCE Parent Group Meeting, 7:30 P.M. at CHANCE
- GOARC GENERAL MEMBERSHIP MEETING, 7:30 P.M. Coffee Hour, 8:00 Meeting First Federal 42nd and Center
- 5 J.P. Lord Parents "Teacher Appreciation Dinner", Nasr's, 6:30 P.M.
- 6 Special Olympics BOWLING 9:00 Leisure Lanes, 50th and L
- 8 Special Olympics Steering Committee, 5:30 P.M. at ENCOR
- 8 Larry Verschurr speaks on Montessori Techniques for the retarded, 7:30 P.M. at 9270 Ames Avenue
- 9 Task Force on Residential Care, 7:30 P.M., 3817 Dewey Avenue
- 10 Pilot Parent Mothers Forum and Coffee, 10:00 A.M., Sherry Bauers, 6711 Raymond Ave.
- North Omaha Poverty and MR, 7:30 P.M., Logan Fontenelle Library, 2211 Paul Street

-18-

- 10 Sarpy Developmental Center Parents, 7:30 P.M. at the center
- 11 HONEY SUNDAY Steering Committee, 12:00 2:00 at GOARC
- 12 Ways and Means Committee, 12:00 noon at GOARC
- 13 Special Olympics TRACK, FIELD, AND SWIMMING MEET George Norris Junior High School
- 13 Madonna School Luau, cocktails, 6:30; dinner, 8:00
- 14 GOYARC Membership Meeting, 7:00 P.M., NPI Auditorium
- 15 Pilot Parents Training Session Madonna School 7:30
- 16 GOARC Board of Directors Meeting, 7:30 P.M. at ENCOR
- 17 Madonna School Parents, 7:30 P.M.
- 17 Citizen Advocacy Orientation, 7:30 P.M. at GOARC
- 18 South Poverty and MR, 7:30 P.M., Community Rm, 4824 S. 24th
- 22 CHAP Parents Banquet and Meeting, 6:30 P.M. at CHAP
- 22 Citizen Advocacy Training, 7:30 P.M. at GOARC
- 23 Task Force on Specail Education, Madonna School, 7:30
- 25 Citizen Advocacy Training, 7:30 P.M. at GOARC
- 30 Sarpy Vocational Services Center parents, 7:30 P.M.

CHARA, MEGRANA ANI

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# the GOARC Greater Omaha Association for Retarded Children 606 Barker Bldg. Omaha Neb. 66102 GREATER STATE GREATER GOARC GREATE

JULY, 1972 ISSUE

EDITOR: Jan Novicki



DID YOU KNOW THAT MANY TEENAGERS ARE NOW GOING PLACES AND DOING THINGS WITH MENTALLY RETARDED FRIENDS. WANNA BE PART OF THIS GRAND GANG.....JOIN THE GREATER OMAHA YOUTH ASSOCIATION (GOYARC)..

CALL 346-6338

#### THE THOUGHTFUL WORKINGS OF AN EXECUTIVE

#### DIRECTOR'S MIND



Bob Perske

It is altogether possible that the courtroom will be a familiar place for those who fight for the rights and dignity of the mentally retarded. Our eyes have been opened to the rich developmental possibilities that can be the retarded's when they are allowed to live in situations as normal as possible. And, as eyes have been opened, the mentally retarded are no longer seen as objects of charity. Now we see them as citizens with rights. And, the courtroom is the place where an American citizen is expected to win and insure such inalienable rights that are his.

The Pennsylvania Case dealt with the right to education. The Alabama Case fought for the right to treatment. The Tennessee Case fought for the right to not have to work for little or nothing. The Willowbrook Case is fighting for the right to not be treated like an animal...so it seems. Other cases will spring up. It can be expected that there will be a case fighting for the retarded person's right to live in a community setting. There may even be a case fighting for his right to normalization. Each case seems to be setting a precedent that other cases can build on. Each case has brought tremendous teaching and learning to society in general.

But, one can learn that when the ARC wins a case, that doesn't end it all. The opposition doesn't roll over and play dead. The fight for funds to back up the court ruling must continue. So, the battle goes on. But the amazing thing is that members of ARC's are getting over their self-conscious jitters about "taking something to court". They are beginning to see that courts are there for this purpose; that it is the judge's rightful duty to sit on the bench, to listen to all the facts and make an honest judgement. In short, the ARC's are beginning to believe in the court systems and to use the courts is a normal healthy, and natural way of democratic life. The ARC's surely ought to believe in the courts of our land. They haven't lost a major case. But, that's what learning about normalization does. Because of it, the courts are becoming a familiar place.

As I am starting my first month as President of GOARC, I am finding that we are working hard getting the different committees organized that we need for the purpose of moving ahead and accomplishing meaningful objectives for the coming year.

I truly believe that in the past we have been leaving too much of the work up to the GOARC professionals.

I think the professionals should be relied upon for the expertise they can bring us, and to do the specific work they were hired to do.

This brings me to the point I am attempting to make. The members of GOARC, through our task force committees, and our board of directors will be setting our sights on goals we hope to attain, and attaining these goals by volunteering our own time and effort to make sure these goals are attained.

We have dedicated professionals who will implement the directives of the board. These professionals have shown dedication, as I am aware of the many hours (over 40) they contribute without the benefit of time and a half.

I would like to be able to show them how much the GOARC membership appreciates them, by having you call the GOARC office, 346-6338, and volunteering to become involved in one of the committees we are planning. Becoming a part of an organization that is on the move, and accomplishing something.

If you call the GOARC office, and leave your name, I will contact you and be willing to discuss the various committees and what they will be doing.

I would like to close by saying we need you! If you, who have close relatives and friends who are retarded, do not assist by volunteering your time and energy; how do you expect others in the community, who are not as close to the problem, to open their minds, hearts and resources to further our cause?

GOARC President

#### OMAHA MAKES PAGE 1 IN NEW YORK TIMES

A rather lengthy article in the Sunday,
June 11th edition of the New York Times
is headlined, "NEW HOPE FOR THE RETARDED:
A COMMUNITY APPROACH." It speaks of the
Omaha services as a "quiet metamorphosis
that is slowly changing the whole approach
to treating mental retardation." This
community service is then contrasted with
institutional services (eg. Willowbrook,
Partlow, Sunland and Beatrice.) Many
statistics are given to justify community
services as well as a description of how
local government can get involved. The
following are some notable quotations
from the article:

"The new approach...is based on a theory that the best way to treat the retarded is to treat them normally, to let them live out their lives in a real home situation on a real street in a real town, with special schools, special job training, special attention. It is a community approach."

"Dr. Frank Menolascino, an advisor to the Omaha program says, "Today, we are in a truly exciting time..on the threshold of providing truly normalizing programs and expectations for the mentally retarded."

M.E. Wyant, the superintendent of Beatrice State Home says: "I have to admit we're (Beatrice State Home) little more than a custodial place."

"Such wards constitute a self-fulfilling prophecy," said Dr. Philip Roos. "You're sent to one of those places as a child. It decides right off that you can't be helped, either because there simply isn't enough money, time and staff, or because you're simply too handicapped. So for 10, 30, 50 years you rot on a ward, looked upon as subhuman and therefore treated as subhuman, dressed in a smock, fed mush bombarded with tranquilizers to make up for the lack of money, time, staff, and space. Then one day you die and someone recalls: "There never was any hope for poor old Joe...never any expectations."

#### NEW YORK TIMES (CONT)

(Amy person who would like to read the complete article should call the GOARC office, 346-6338. A photocopy will be mailed.)

#### CONGRESS TO CONSIDER COMPREHENSIVE EDUCATION FOR THE RETARDED

Congressman Edward Koch and
John Brademas have introduced
a bill in the U.S. House of
Representatives aimed at providing
a comprehensive education program
for the severely and profoundly
retarded. H.R. I5034 appears
to have stemmed from the shocking
expose of Willowbrook in New
York City and the subsequent
knowledge that "it has been
demonstrated that even the most
profoundly retarded respond to
comprehensive programs if reached
early in their childhood."

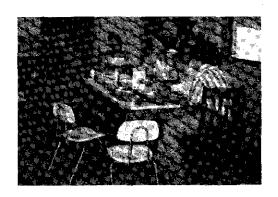
The bill takes into consideratio.
(1) innovative model programs,
(2) comprehensive education
programs and (3) inservice
training for parents and teachers.

This bill and the initial proceedings are on file in the GOARC office. Any person interested can call the office and a photocopy will be in the mail.

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#### TASK FORCE ON RESIDENTIAL CARE

June Vance, Chairman Judy Berry Mary Flannigan Joe Friend Leighton Goodrich Bill Higgins John Pleiss Bill Wills Helen Zauha



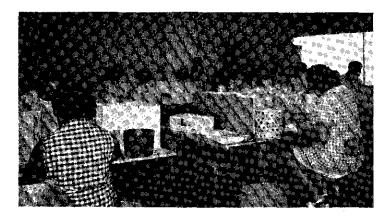
FEATURE

The Task Force on Residential Care is just one of the many important committees of GOARC. It's purpose is to monitor the ENCOR hostels and other facilities for 24 hour care. Through their surveillance they hope to foster improvements in problem areas and to commend those with merit. Each committee member visits all the facilities and makes a report of his findings.

On June 15, 1972, the Task Force was host to the Douglas County Commissioners for a tour of the ENCOR facilities.

Helen Zauha briefs Commissioners Hassett and Cavanaugh on the Behavior Shaping Unit. They were told that children at the home range in age from 8-18. These children are brought from the Beatrice State Home, where in most cases, they have not had any educational programs. The purpose of the Behavior Shaping Unit is to get the children toilet trained, gain family type relationships, and in general, get them ready for school or workshops.





At the Benson Workshop the Commissioners got a first hand look at what fine work these young people can accomplish.

John McGee, Director, explained that their work day is very similar to that of a business downtown.

#### RH BLOOD DISEASE

#### NOW COMPLETELY

#### **PREVENTA BLE**

In the May, 1972 NARC Action Together paper, it was reported that the RH disease can occur only if the mother is RH negative and her baby inherits RH positive factors from the father. Because of this difference in blood factors, the mothers body can develop antibodies against the babies blood and thus produce the disease known medically as Erthroblastosis Fetalis. Fortunately the incompatibility does not seriously endanger the first child born to negative-positive parents. However, late in the first pregnancy, some of the babies blood begins to leak through the placenta membranes and large quantities may enter the mothers blood stream when the placenta separates during birth. Her body begins manufacturing antibodies but not until long after the baby is safely out on his own. The antibodies will be there however, to threaten all future offspring with RH disease.

After two years of testing, news of a new vaccine made medical headlines. In the following years, it became apparent that while we had the means at hand, we were not taking advantage of the opportunity to completely eliminate this particular cause of such handicaps as mental retardation and cerebal palsy. The vaccine apparently was not being used effectively or wasn't even available to many women who needed it in the first seventy-two hours following the birth of their first RH positive child, or following a miscarrage or abortion. The tragedy of non-use is reflected in the fact that vaccine is not effective after the mother has already developed antibodies. Thus, if she chooses to have more children, she faces the danger of the heartbreak of stillborn infants or babies with brain damage. What's being done? California has made a law requiring all hospitals to which maternity patients may be admitted, to comply with the regulations requiring the determination of the RH blood type of maternity patients and the reporting of RH disease of a newborn as provided under their special codes. We are hoping this will be one of Nebraska's legislative actions.

Anyone seeking more detailed information, telephone GOARC. A photocopy of the article will be sent upon request.

THE PILOT PATENT GARAGE

SALE HAS BEEN CANCELLED.

HANG ONTO YOUR ITEMS OR

LOOK FOR NEW ONES....IT

MAY BE COMING IN THE FALL.

# FELLOWSHIP IN THE MAKING

Pilot Parents and their new families will have a potluck picnic on Monday, July 24, beginning at 6 P.M. at the Cooper Farm. In case you're wondering where it is..... 8705 Mormon Bridge Road.

#### DONATION APPRECIATED

\_ \_ \_ \_ \_

The Goodfellows, of the Omaha World Herald, donated \$1,000 to the Sarpy County "Outdoor Classroom".

# MAKE IT WITHOUT THAT WILD ITALIAN?



Things will be quiet. Something will be missing. A warm, big-hearted aggressive guy named Dr. Frank Menolascino will not be sitting on the GOARC board for the first time in better than eight years. At first, if just won't seem right.

But, Frank has been working long hours for the National Association for Retarded Children as Chairman of the Committee on Research and as Member-at-Large on the NARC Board of Directors. Those who are close to Frank know how he spends many late hours answering letters--cries for advice and help--from all over the U.S. So, its

understandable why this hopeful and expansive guy must set limits on himself at one spot in order to serve effectively elsewhere.

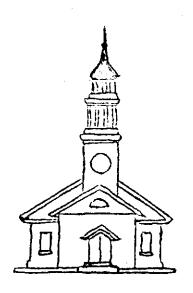
All board members know that Frank is the only guy who can stomp all over you verbally, but you still feel his love and respect for you at the same time. He has an uncanny way of fusing strong aggressive creativity with tenderness and affection.

Some great men have sat on our board. There was that "wild German" named Wolfensberger and that articulate legislative commando named Clark. They, like Frank, have served and then moved on to other important challenges. But, the board is a better board because they served on it and the board seems to refuse to give up the traditions these men have helped to initiate.

#### THANKS ST. TIMOTHY'S LUTHERAN CHURCH

GOARC members thank you for your very kind donation.

We are grateful to you for your Christian concern for the boys and girls, men and women, who happen to be retarded.



IN OMAHA, THERE ARE MANY MENTALLY RETARDED PERSONS WHO ARE NOW TRYING TO "MAKE IT" IN THE OMAHA COMMUNITY. A CITIZEN ADVOCATE COULD MAKE THE DIFFERENCE Call Helen Zauha, 346-6338, Citizen Advocate Coordinator

# AVAILABLE

FOR

A film strip and tape cassette on "A Model Law For the Education of Seven Million Handicapped Children" is available to use. This film strip was reviewed by the Special Education Task Force and all members agreed that it should be shown and seen by all parents of retarded children. It is an excellent film produced by the Council on Exceptional Children. GOARC has purchased a copy. This program is available for use by the many parent groups in the area. Only equipment required is film strip projector and cassette recorder. Call GOARC office to reserve this interesting program. Feel free to audit the film and then book if for the summer or fall.

USE

#### SWEAT - 1972

The time has come again for the seventh annual SWEAT program to begin. SWEAT stands for Summer Work Experience And Training in regard to mental retardation. The program gives students between the ages of 16 and 21 a chance to become more acquainted with the field of mental retardation. This is done through lectures, film viewing, touring and work assignments over an eight week period. Also included is a SWEAT directed week long camp in North Platte in August.

SWEAT is funded by HEW (Health, Education and Welfare) and other Nebraska organizations including ENCOR, GOARC, AND UofN Medical Center.

The coordinator of this years program is Karen Hoffman. She was a SWEAT student in 1969. Also through the program she studied and worked in Sweden for the year 1970-71. Her assistant coordinator is Karen Krejci, who will be directing the camp in North Platte.

#### SWEAT (CONT)

This year SWEAT will have 15 students, including two from Sweden. The students are:

Susan Sturges, Omaha
Nancy Neary, Omaha
Kristy Haman, Omaha
Celeste Alston, Omaha
F. Scott Christopher, Lincoln
Michael Crawford, Lincoln
Marion Curlile, Broken Bow
Charles Huston, Broken Bow
Cynthia Bornemeier, Murdock
Linda Finley, Ord
Jeanne Schaaf, Beemer
Christy McLaughlin, Council Bluffs
Sandi Brouhard, Harlan, Iowa
Kristina Bylin, Sweden
Anna Monika Nelsson - Tagg, Sweden

This years program began June 19 and will terminate on the 18th of August. All of us at GOARC are proud to have them working for the mentally retarded.

## LETTERS GO A LONG WAY

A letter from former GOARC President Leighton Goodrich to U.S. Rep., Michael J. Harrington D-Mass., appears in the June-July issue of Exceptional Parent magazine. The Goodrich letter outlines some of ENCOR's programs. Rep. Harrington plans to introduce two pieces of legislation in Congress which would provide for full coverage for mentally and chronically ill persons under a proposed national insurance program. Action on the legislation is expected next year. Letters from other GOARC members to their congressmen will help in pushing this valuable legislation through Congress.

### GOYARC HAS SUCCESS WITH GOLF

Tauni Waddington, publicity
Chairman for GOYARC, was chairman of an afternoon at PuttPutt Golf (90th and Center) on
June 15. Seventeen retarded
teenagers along with seventeen
GOYARC members attended and
played good games.

Prizes were given by Putt-Putt Golf to those present receiving the four best scores. Gill Goodwin won 5 free games in first place. Joyce Whitley came in second and got three free games. Julie Daly walked away with 3rd place and a six-pack of coke. Steve Welborn, coming in fourth received a Putt-Putt "friend-maker."

GOYARC members are planning other activities in coming weeks in which they will include their retarded friends. Among these are: attending a movie; a roller skating party; and an afternoon at Ray's Lakes in Valley, Nebr.

# GOYARC TAKES COMBO

Thirty-six members of the Greater Omaha Youth Association for Retarded Children visited residents at the Beatrice State Home for the mentally retarded, Sunday, June 11. To highlight the visit, GOYARC sponsored a combo dance at which the Omaha group "Brew" played. About 300 people danced or listened to the music.

Before the dance, GOYARC members and their retarded friends went bicycling, walking, or played games. Some painted murals for the dance. Others toured the institution and spent time on playgrounds with people from some wards.

#### GOYARC (CONT)

GOYARC is interested in having more youth from the Omaha area join them in visiting the nearly 150 children and young people who are also from Omaha, but now live at the Home. Visits are made every six weeks. Adults who are interested in driving youth to Beatrice and touring the State Home are also needed and welcome. For more information on GOYARC and the Youth Advocacy Program at the Beatrice State Home, please call 346-6338.

#### PARENT HELP NEEDED

The Special Education Task Force is looking for interested parents to work in this vital area. Some tasks the group is working on now are:

Comparing Nebraska State laws with a Model Special Education law.

Establishing direct liaison with each school district's Special Education Division within Sarpy and Douglas Counties to handle problems concerning educating, and transporting the retarded that may occur within that school district.

Interested in Special Ed for the retarded? Call Jack DeMay at 391-7499 or Earl Hurley at GOARC. We'd be glad to have you.

### PENNSYLVANIA ARC GOES ON A "CHILDHUNT"

The recent Federal Court Ruling that guarantees a free public education to every retarded child in the state between the ages of 6 and 21 proved to be a landmark victory for this state association. But, they're not stopping there. The local associations throughout the state are now training and equiping ARC members with posters, handbooks and identification buttess as they launch out to find the 50,000 retarded children in their state who have heretofore been denied a free public school education.

Thomas K. Gilhool, chief lawyer in the landmark case has repeatedly driven home his basic statement, "education is theirs by right...not by chance...nor by grace." Now, the ARC members are carrying this message to the families where the retarded have been denied education and they are similtaneously notifying the local school officials of each specific case within that school district.

GOARC has managed to receive a limited amount of fact sheets on the Pennsylvania case which explain this civil action in brief and precise words. A copy can be sent to you by calling the office and requesting it.

### NORTH POVERTY REPS SPEAK TO HOME LEAGUE

Catherin Williams and Edna Watson spoke at the June meeting of the Home League Organization at 2571 Meredith Avenue. They discussed the role of GOARC and showed a slide presentation on ENCOR services. The Home League is an organization sponsored by the Salvation Army.

# ANOTHER COMMUNITY SERVICE SPRINGS UP

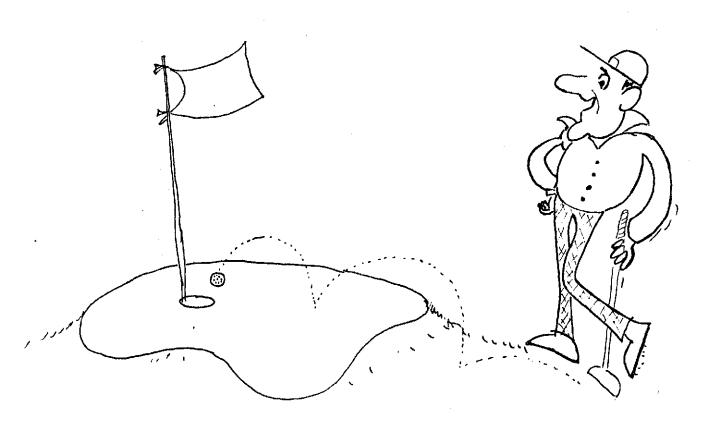
The North Vocational Services Center, 1531 North 18th Street, opened June 15 with 9 trainees. Within two weeks the number of trainees will increase to 15-20. Virgil Chandler, director said the eventual capacity will be 70. They are being kept busy with a contract from Tip Top.

### "THE OUTDOOR CLASSROOM" NEEDS FINANCIAL HELP

In last months GAZETTE you were told how the Sarpy Developmental Center's "Outdoor Classroom" would improve the children's physical development as well as their mental coordination, but most important it would be an educational play environment.

The cost to construct this "outdoor classroom" is \$10,000. Presently, no funds are available to meet this very special need. You can help. The need is great.

| ddress            |                |
|-------------------|----------------|
| duless            |                |
| would like to con | ntribute \$    |
| o the special OUT | DOOR CLASSROOM |
| ROJECT OF ENCOR.  | Send to:       |
| utdoor Classroom, | Box 178.       |
| ellevue, Nebraska | 68005          |



The grass is automatically greener\_\_\_\_soooo your editor is taking off this month to find out where. Not a golf course I hope, but some beautiful camping place nestled at the foot of a mountain. Any mountain will do! The August GAZETTE will be put out by none other than Bob Perske and friends. HAVE A GOOD SUMMER.....see you in September.

Jaπ

# SOCIAL WORKER AVAILABLE TO CARE FOR RETARDED CHILD THIS SUMMER

Miss Carol House, a social worker with two years experience at an institution (Beatrice State Home) and the last year in community service (Columbus Opportunity Center) is interested in being available as a care person to a retarded child while the parents go on vacation. She is willing to live in at the child's home in the Omaha area. Her availability for such service is between July 5 and the end of August. Miss House plans to live in Omaha in order to further her education in the fall. She states, "I just want to be of help to some parents who might need me for a time this summer."

Any parent who is interested is encouraged to contact and negotiate with:

Miss Carol House Tilden, Nebraska 68781 Phone: 402-368-5608

Or contact the GOARC office.

Editors note: The following story was written by Daniel Keyes. It is taken from the book FLOWERS FOR ALCHBON, Bantam Books, 757 Phird Avenue, New York, N.Y.

#### PROGRIS RIPORT - MARTCH 4

I had a test today. I think I faled it and I think mabye now they wont use me. What happind is I went to Prof Nemurs office on my lunch time like they said and his secertery took me to a place that said psych dept on the door with a long hall and alot of littel rooms and he had some wite cards with ink spilld all over them. He sed sit down Charlie and make yourself cumfortible and rilax. He had a wite coat like a docter but I dont think he was no docter because he dint tell me to opin my mouth and say ah. All he had was those wite cards. His name is Burt. I fergot his last name because I dont remembir so good.

I dint know what he was gonna do and I was holding on tite to the chair like sometimes when I go to a dentist onley Burt aint no dentist neither but he kept telling me to relax and that gets me skared because it always means its gonna hert.

So Burt sed Charlie what do you see on this card. I saw the spilld ink and I was very skared even the I got my rabits foot in my pockit because when I was a kid I always faled tests in school and I spilld ink to.

I tolld Burt I saw ink spilld on a wite card. Burt said yes and he smild and that maid me feel good. He kept terning all the cards and I tolld him somebody spilld ink on all of them red and black. I that that was a easy test but when I got up to go Burt stoppd me and said now sit down Charlie we are not thru yet. Theres more we got to do with these cards. I dint understand about it but I remembir Dr Strauss said do anything the testor telld me even if it dont make no sens because thats testing.

I dont remembir so good what Burt said but I remembir he wantid me to say what was in the ink. I dint see nothing in the ink but Bert sed there was picturs there. I couldnt see no picturs. I reely tryed to see. I holded the card up close and then far away. Thin I said if I had my eye glasis I coud probaly see better I usully only ware my eyeglassis in the movies or to watch TV but I sed maybe they will help me see the picturs in the ink. I put them on and I said now let me see the card agan I bet I find it now.

I tryed hard but I still coudnt find the picturs I only saw the ink. I tolld Burt mabey I need new glassis. He rote somthing down on a paper and I got skared of faling the test. So I tolld him it was a very nice pictur of ink with pritty points all around the eges but he shaked his head so that wasnt it neither. I asked him if other pepul saw things in the ink and he sed yes they imagen picturs in the inkblot. He tolld me the ink on the card was calld inkblot.

Burt is very nice and he talks slow like Miss Kinnian does in her class where I go to lern reeding for slow adults. He explaned me it was a raw shok test. He sed pepul see things in the ink. I said show me where. He dint show me he just kept saying think imagen theres something on the card. I tolld him I imaggen a inkblot. He shaked his head so that wasnt rite eather. He said what does it remind you of pretend its something. I closd my eyes for a long time to pretend and then I said I pretend a bottel of ink spilld all over a wite card. And thats when the point on his pencel broke and then we got up and went out.

I dont think I passd the raw shok test.

#### LETTERS TO GOARC

P. J. C. C.

L'earthir, We had a carnival inour neighborhand recoutly and with to contribute the money earned to the Returded Children's assoc.

Holly Roberts Sum James Roberts

Andy Donaghy
Mile Donaghy
Kather Plan

Dear Bob and Mr. Friend,

Please extend my gratitude to all of the members of your association for honoring me at the annual Awards Night. Short of a Pulitzer, there is no award I would rather have. Compared to the other honorees who've done so much for the retarded, I feel very unworthy of this honor. May the coming years bring success aplenty for the association and better lives for the retarded.

Thank you again.

Sincerely,
Mary McGrath
World Herald

GOARC and the Special Ed Task Force:

We have received the school assignment for our son. Needless to say, we are not very happy. Not with the school or the teacher, but the distance we will have to travel to get there. We live in the northwest end of town and his school, Central Grade, is downtown. There is no parking along Dodge Street.

We have contacted the Special Ed department and were told there is no room in

### LETTERS TO GOARC (CONT)

schools closer to this area. Granted, our schools in the Northwest area are crowded, but in the past two years three protables have been brought in to help eliminate this.

If they can do this for our "normal" children, why can't this be done for our retarded children?

Mrs. Larry Novicki

# OMAHA LOSES Linda Glenn

Linda Glenn, Director of Research and Planning for ENCOR, will be departing Omaha sometime in July for the University of Kansas. She is taking an educational leave of absence to study for her Ph.D.

Linda, who was former assistant to Dr. Wolf Wolfensberger, has fought tremendously hard for the retarded. She has testified all over the country in their behalf. Linda is not only brilliant, but a great gal to work with. She will be missed by the retarded as well as all who worked with her. We wish her the very best.

# "THE MOUNTAINS ARE GREAT"

That's what seven young adults from ENCOR's facilities had to say about their Colorado camping trip. Jim Johnson and four other staff members accompanied the group. They left Omaha at 6 a.m. on Friday, June 16 and by 5:30 p.m. had their camp set up in Glacier Basin campground. The young people helped with the cooking, went on hikes, and enjoyed the campfires at night. It was a great experience for them but all agreed it was too short. They returned home late Sunday night.

# ONLY 383 TO GO FOR 1,000!

Membership is now at 617.

Do you have a friend who would like to become a member of GOARC?

VETERAN PARENTS STAND AVAILABLE TO BEFRIEND AND VISIT WITH ANY NEW PARENT OF A MENTALLY RETARDED CHILD.

Call Fran Porter - 451-0564 or Sherri Bauer - 571-7354

of the PILOT PARENT CORPS.

#### SPECIAL ED INTERESTS

#### CANDIDATE

Norma Pattavina who won in the May primary for Omaha School Board, is the daughter of the William Pattavina's. They have a retarded child and have been members of GOARC for nine years. Norma is very interested in Special Education.

# MICHAEL LAMONTIA, DIRECTOR OF PUBLIC INSTITUTIONS SOUNDS ALARM

Shortly after the Nebraska Association for Retarded Children activated their Human and Legal Rights committee, Mr. LaMontia, Director of Public Institutions, called an emergency meeting of the staff at the Beatrice State Home. Permission has been granted to print his speech.

Fellow employees -

Thank you for re-arranging your schedules on such short notice so that we may talk about a subject most important to us all--the Beatrice State Home and the Department of Public Institutions.

What I have to say today does not come under the heading of "earth shaking revelations," but rather reflects some of my feelings and exposes the cause of some of my pent-up emotions and anxieties as regards our department.

The last time I visited the Beatrice State Home to address this group, was on the occasion of your Annual Awards Presentation. I was extremely impressed by the number of people that had devoted their lives to the care of our mentally retarded. It grieves me to have to stand before you now, and apoligize for the extremely small but vocal group of pseudo-authorities in the field of mental retardation who have contributed little, if anything, to the care of our mentally retarded, but who today stand before the citizens of this state and threaten them with the full fury of their new toy-the Alabama Landmark Decision. I, for one, resent the fine work of this great State of Nebraska, being compared to the apparently non-existent programs of the State of Alabama. The crime that we are allegedly committing is that we are depriving our children of their civil rights by incarcerating them, and not giving them adequate programs and training. The alternative to what we are giving them could be a large percent of our children being ordered released by the court. Released to return home to what? If this was the parents' desire or considered to be the best alternative by the parents, there isn't anything to stop them from taking the children home now. Another case of our vocal minority twisting the law to suit their private desires. They can legalize all they want, but I doubt that our founding fathers had this in mind when they wrote our Constitution and Eill of Rights.

The obvious question on your mind, is who are we talking about? Who are these people? Fortunately, or unfortunately, these are some of the same people that the State of Mebraska is paying to do a job in the field of mental retardation. These are paid representatives of some of our State and local Mental Retardation Associations; they are paid employees of some of our local residential programs. I'm wondering why—if Nebraska's programs are in such bad shape, then what are these people doing running around Alabama and the Lord knows where else, passing themselves off as experts on problem solving, but now admitting they are failing to adequately maintain a good program in their own area? As dark as this picture looks, my friends, it is more than adequately offset by the hundreds of outstanding, dedicated people that will insure proper balance to the program and prevent its undermining and destruction.

### LAMONTIA (CONT)

In the days and months to come, you will be bombarded with charges and countercharges regarding the constitutional violation of the rights of these children that you daily love, care for, and protect. These charges will be made by and testified to by several authorities on the subject. Their credentials will include such documentation as "I visited the home twice last year, and observed you giving these poor children nothing but food, love, clothing, love, school, love, training in daily living skills, and love." Their primary charge will be that you are depriving these children of a normal life. By their standards they may be right. It may be abnormal, in their society, to want to be protected and loved. Maybe my family is also deprived, because I have obviously wasted a whole lifetime making them feel loved and protected.

The one question most often asked lately by the news media, and others, deals with my opinion on, "Should the Beatrice State Home be closed". There is only one logical answer. Yes, I would like to see it closed if the reason for its existence could be eliminated. I'm sure in God's good plan for this universe that such a miracle will one day come to pass. But that isn't today, and so we live life as it exists, in this time, and this place.

The State Plan, which was drawn up a few years back, calls for a population in the 700's by, I believe, 1974, or thereabouts. Without a doubt, this is an impossible plan. Let's concede, however, that the goal is realistic. It's still a far cry from closing the campus with 700 plus children still here. My suggestion is we continue to strive towards better care for our kids, and not yet start looking for new employment.

Let us look now at some realities of life. In the past several years, the mental retardation funding from the people of Nebraska, has been outstanding by comparison to the many states in the union. There is no indication, that our people want to do any less in the future. One must keep in mind, however, that our State Governing bodies must deal in Financial priorities. Contrary to some popular beliefs, the state financial Bucket is not bottomless.

I'm sure that all of you, have by this time, been exposed to the multi-philosophies of treating the retarded. The most controversial issue today, is institutionalization versus the residential care program. Institutions are well aware of the advantages offered by the residential care program, and feel that the two programs complement one another. Many in the residential program feel that mere acknowledgement of an institution's existence is a mortal sin. Fortunately there are many well-trained men and women who are not hung up by guilt complexes, or whatever, that add the stabilizing effect to the residential program.

I have had occasion to visit some of our residential programs. I can assure you all is not utopia. Some are excellent programs and very expensive to operate; others are not quite so good, but equally expensive. There is a definite question in my mind whether the people of this State will ever attempt to allocate sufficient funds to maintain all residential programs. I cannot even guess the total cost, but the annual figure, I'm sure, would be astronomical.

I had a discussion yesterday with a person very knowledgeable in the field of mental retardation. This person was quite concerned, and wanted to talk about the residential program, taking the profoundly retarded into their program. I agreed that this was a wonderful thought, and should be pursued immediately after they took the hundreds from nursing home programs and trained them first. As I looked back on my days as a nursing home operator, I remembered, the mentally

### LAMONTIA (CONT)

retarded transferred to my home, as being quite able to handle the present training and placement programs. Why then are they continuing to be hid out, and not trained in the residential program? Fortunately some have been, but with over 1000 transfers the ones trained can't be a drop in the bucket, compared to those still in nursing homes. There is an unanswered question here somewhere. Could it be that programming these placements, would slow down the destruction of the institutional concept?

I think it's important to note, that the situation or chain of events I'm pointing out, is not applicable only to the Nebraska area, but on a national level. Two rather provocative articles have appeared in the past few months -- one from the New York area and written by Dr. Anthony M. Graziano. His Ph.D. is in Clinical Psychology from Purdue University. The doctor, references the community Mental Health program and states, "The vision of a community mental health program, that would provide more comprehensive services for more people, has been impelled not from within our profession, but by the same humanitarian movement that in recent years, demanded draft reform, an end to the Viet Nam war, and recognition of civil rights for minority groups." The effect of this was largely a change in rhetoric, the realities of mental health service have changed very little. He goes on to point out that change is based on political pressure. The response is seldom based upon public need, as revealed by professional experience. This, my friends, is a doctor talking, one who is involved in the business he speaks of. Let me quote you a couple of interesting remarks from his paper. (GOARC was unable to obtain this.) I could go on and on, but I think I've conveyed Dr. Graziano's point.

From the other side of the country we hear from California. The title of their publication is called "Where Have All the Patients Gone?" A good question. As the story goes there are more and more people seen and cured, so our institutions will shortly be out of business. Where are these "cured" people at? A lot of them are functioning extremely well on the outside; however, the emptying of thousands and thousands of beds by curing the patient is pure fantasy. Again look to your nursing homes, board and room homes, and, even worse, your flop houses. Yes, we are told, that flop houses are better than a well-run institution, because it embraces normalization. Flop houses may be normal to some, but it's hardly a worth-while goal to strive for.

The crowning remark to this conversation was, "Yes, I heard Beatrice State Home pushed a lot of MR's out into nursing homes." Beatrice State Home-that's like saying, "They"--an unidentifiable non-entity. When you put it into that text, no one has to take the blame. Let's look at the truth. Policy of this magnitude is not made at institutional level. It comes from the level of the central office at the Department of Public Institutions, with the concurrence of the Governor's office. Let's look back to those hectic days, and who was formulating policy. If you were to check the records, I'm sure you would find that "they" and "Beatrice State Home" are, for the most part, the vocal minority that still exist, as the current purported authorities on mental retardation in our state. You will also find every move being made by a committee action, it's difficult to identify or pinpoint blame.

#### LAMONTIA (CONT)

I can remember my first real encounter with committee action. I'm sure most of you can too--the closing of the MR ward at Kearney TB Hospital. % was told by my advisors that I mustn't attempt to handle the problem without committee action. What I was being told is -- don't ever make a decision that you can be held accountable for. I guess I was too dumb to understand what I was being told, because when the committee failed to act, I performed a feat later descirbed as a unilateral decision. It was an unpopular move, because it established a precedence in DPI. Directors were expected to make decisions, not take a popular vote of the happy majority, and hide behind it.

In closing, I'd like to just touch on three items. First, I want you all to know that I'm extremely proud of this Beatrice State Home, and the job that you are doing. I'm proud of your maturity, in holding your tempers and continuing to do your jobs, while people are baiting you into a discussion that could in no way add to the support or care of our kids.

Secondly, please refuse to get upset by some of the newspaper articles that appear. For the most part, our reporters do their very best to report the news and not construct it. This, however, is not always true. I will continue to do my best to protect your interest and the interest of our children. Believe that I intend to fight violently anyone or any group, that tries to use our children, or our programs to further their own interests.

Third and last, our Beatrice Chapel -- it's unreal that anyone could detest this home so much, that any new construction on it's campus, could be violently opposed, even if it is a house of worship. I ask that you all continue to support and encourage the construction of this chapel. As you note from this article, "Exon Backs Chapel For State Home."

With thousands of citizens, the Governor of this great state, J.J. Exon, myself, you and I'm sure, the Good Lord, all working together for this Chapel, it must surely be a successful venture.

#### CALENDAR

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| 18         | GOARC B | oard o | f Dire  | ctors,    | 7:30   | Р.М.,  | ENCOF | ł       |        | •        | æ.  | ब्ह्य                                  |
| 24         | Pilot P | arents | Famil:  | y Picn:   | ic, Co | oper F | arm,  | 6 - 9   | P.M.   | ,        |     |  |
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QUIET THIS SUMMER MONTH!

HAVE A HAPPY SUMMER !! U.S. Postage

# the GOARC Greater Omaha Association for Retarded Children 608 Barker Bldg. Omaha, Neb. 68102 TELETTE

AUGUST, 1972 ISSUE EDITOR: JAN NOVICKI



WE REMEMBER...



JESSE BARBER

JOHN HOGAN



TOM MADSEN



THIS ISSUE IS DEDICATED TO THE MEMORY OF SIX MEN WHO DIED AT INDIAN CAVE STATE PARK,



RON SCHULTZ

JOHN PURNELL

# THE THOUGHTFUL WORKINGS OF AN EXECUTIVE DIRECTOR'S MIND

Many have wondered what goes on inside the people of Omaha that makes them work so hard at helping their mentally retarded to achieve a full life in their own community. Those who wonder might have found the answer by observing the actions of these Omahans these past two weeks. They would have seen that...

There's something calm and content within us when those we care about develop to the point of doing things better than they ever did before.

But, there's something that cries out within us when that development is stopped.

Six splendid young men had come so far in developing according to their own vital roadmap and rate of growth which was coded into each of them.

Even this long 4th of July weekend marked a new high in their group achievement of a good life. Together with the other men of the Burt Street Hostel they had developed

into avid campers. Now, they elected to camp at Indian Cave, Nebraska's newest, most primitive and controversial state park. They were having the time of their lives together when the tragedy hit. This was camping better than they had ever done before. And when the undertow of the Missouri River caught one man, how great an achievement it would have been if the others would have been successful in saving him! How very proud of them we would have been. We do know that others would have been saved if they had not made attempts to help.

So now we grieve. But, there is action in our grief.

6 times mortuaries and churches have been packed with retarded citizens, close friends, community workers with the retarded, parents of the retarded and citizen advocates...Comrades in suffering.

Unbelievably splendid relatives of the lost men attended their own loved one's service on one day and then day after day attending the other services as well.

ENCOR staff--many of them--making a pilgrimage to each service and sharing in the suffering....I've never seen so many professionals function like that before!... So sensitive, so very much with the rest of us.

That fellow camper who was hospitalized for shock. Nevertheless he made his pilgrimage with the rest of us.

Mr. and Mrs. Jim Kelly's, Mr. and Mrs. Joe Schultz's and Dr. Frank Menolascino's sensitive and helpful articles in the Omaha newspapers.

President Joe Friend's strong but kind statement to press and radio which put an end to the bureacratic blame placing that began to ensue.

Our minds are filled with other actions observed. But these are recorded to prove our calm joy in their healthy development and our corporate grief when this development was stopped. BUT EVEN IN OUR GRIEF, OMAHANS HAVE BEEN ACTIVE, DOING WHATEVER WE CAN SO THAT ALL OF US WILL REMEMBER JESSE BARBER, JOHN HOGAN, TOM MADSEN, GARY OLSON, JOHN PURNELL, AND RON SCHULTZ.

#### OUR PRESIDENT SPEAKS

Dear GOARC Members and Friends of the mentally retarded:

We in the GOARC, and ENCOR area have just passed through a time in our lives we would like to forget. Our Creator has called back into himself 6 people who will remain in our memories for a long, long time. This happened in a way that is thought to be terribly tragic by all of us. I am speaking of the accidental drowning of 5 ENCOR clients, and one ENCOR staff member.

In spite of the tragedy of this occasion, I have seen, and learned things about people that has reinforced my faith in mankind. These things of which I speak, I do not feel would have occurred a few years ago. I saw many parents of retarded persons suffering in anguish and weeping as if their own were the one who had drowned. I saw professionals from ENCOR, and GOARC weeping as though they had lost a member of their own personal family. I also saw people from outstate Nebraska including at least one professional from Beatrice State Home, he too wept unashamedly, obviously feeling a personal loss.

These events and the reactions of the various people, to this tragedy as I have observed, have shown me a tremendous strength and family like loyalty among all people interested in the retarded. When one of our own is suffering—we all suffer.

Now we must address ourselves to the task of continuing, in the cause we are committed, to continue striving for a normal, dignified, meaningful life for the retarded in our communities.

Joseph L. Friend President GOARC



A lover of independence, 17-year-old Jesse liked to walk after work, and sought to be treated as an adult. He liked all foods. Jesse had his own TV, stereo, and bowling ball and enjoyed using these possessions. Jesse attended ENCOR Recreational activities and was involved in a psysical fitness program. A hearty looking young man, Jesse has been described as having a "cheery and friendly appearance."

### JESSE BARBER SEARCHED FOR INDEPENDENCE AND ADULTHOOD

Jesse was born in Omaha on January 11, 1955. He had a twin brother Charles; two other brothers—Aubrey and Gary; and a sister, Denise (now Mrs. Ronald Bechtold). His father died when he was 10 years old.

Living with his family at 347 North 35th, Jesse attended several schools in the Omaha area. He spend one year at Central Grade School, went to the Opportunity Center between 1965 and 1967, and attended Mason from 1969 to 1971. Jesse began training at ENCOR's Benson Vocational Services Center in 1971. In last May of this year, Jesse moved into the Men's Hostel at 3646 Burt Street.









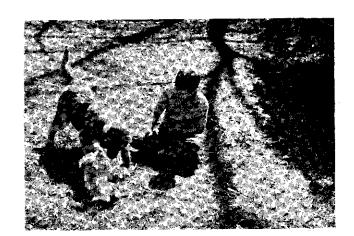
### STUDENT OF LIFE, JOHN HOGAN RELISHED NEW EXPERIENCES

John was born in Omaha on January 17, 1952, the first child of John and Bonney Hogan. He had a younger sister, Mary Jane; and two younger brothers, Thomas and Bruce. John's father is a truck driver and the family lives at 2416 Avenue "J" East.

John stayed at home with his family and enjoyed visiting with friends and neighbors until entering ENCOR's Benson Vocational Services Center at age 18. This training program was brought to the Hogan family's attention by GOCA and a caseworker in the neighborhood. John was seen by the ENCOR staff to be one of the most challenging of trainees with great potential. The Center's staff first worked with him one-to-one shifts. He was surprisingly cooperative and quick to learn. In May of 1972, John's work program was preparing him in janitorial skills.

Late in 1971, John entered the Men's Hostel on Burt Street in order to allow for more training time. He got along well and progressed further in this social environment.

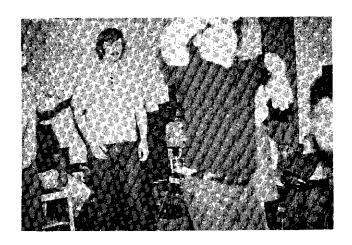
Peony Park was a favorite place for him-he didn't miss a ride. He had a particular love for animals, and an enjoyment of sensory things-new sights, smells, movements, and textures. His interest in the world around him made John a lovable and enjoyable person.



# TOM MADSEN COMMUNICATED WITH EVERYONE TO HIS FULLEST MEASURE

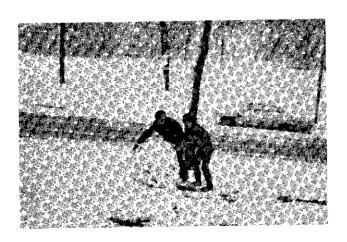
Tom was born in Omaha on September 20, 1951, to Gladys and Stanley Madsen. He had one older sister, Diane (Mrs. Jim McDonald), and a younger brother, Rick. After his mother's death in 1963, Tom helped with the family.





Tom attended Westgate Grade School, Arbor Heights Junior High, and Westside High School, where he graduated in 1969. During his senior year at Westside, he became interested in special education and decided to choose it as his college major. Tom was a junior at UNO and President of the UNO Chapter of the Student Council of Exceptional Children for which he was planning the conference for this fall.

In 1971, Tom participated in the SWEAT Program (Summer Work Experience and Training in mental retardation). While in this program, Tom spent time working with the Citizen Advocate Program in Lincoln. Mrs. Novak, the coordinator, wrote of Tom: "He had an exceptional ability to communicate with people, and in working with handicapped as well as advocates, and staff." Tom also worked at the Men's Hostel while in the SWEAT Program. In the fall he became a Houseparent Assistant there.

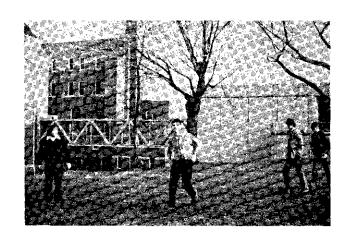


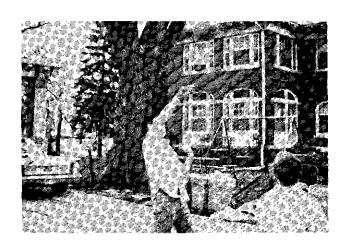


Dr. Wolf Wolfensberger recently wrote, "Tom... came to represent the finest SWEAT tradition through his many involvements in retardation, his dedication and the leadership he developed..."

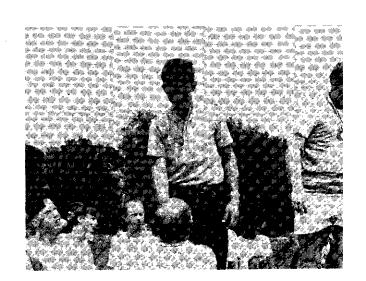
Tom was outgoing, a lover of people, and dedicated to his work at the hostel. There were no limits to his generosity and the giving of himself. He would have done his best for anyone.

# SUCCESS BROUGHT SMILES TO GARY OLSON'S USUALLY SERIOUS FACE









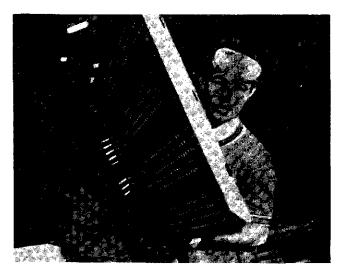
Gary was born in Gordon, Nebraska, on February 27, 1953, to Gerald and Barbara Olson, who already had on daughter, Andrea (now Mrs. Andrea Hargan of Idaho Falls, Idaho). Gary also had two younger sisters (Bobbie Jean and Geraldine) and five younger brothers (Carl, Tim, Dick, Tom, and Alan).

Between 1961 and 1965, Gary attended school in Springfield, Nebraska, and Tara Heights in Papillion. He spent the next four years at the Beatrice State Home, returning in 1969 to live at 6148 Evans with his father, who is self-employed as a carpenter. At home, Gary walked to work at the Benson Vocational Services Center (ENCOR). In January of 1972, Gary still attending the workshop moved into the Men's Hostel at 3646 Burt Street.

Gary, a quiet serious person, was noticeably proud whenever he did something well, like raising his work production and winning a bronze medal in the softball throw at the State Special Olympics. He especially liked jigsaw puzzles, playing catch and bowling. Like everyone, he enjoyed having people talk to him. An ENCOR staff member described Gary as "a very well-mannered young man...quite reasonable."

# JOHN PURNELL TOOK PRIDE IN HIS MANLY ACCOMPLISHMENTS

John was born in Omaha on July 2, 1950, to Thomas and Betty Purnell. He was the fourth of their 11 children including four sisters, Mary (now Mrs. Thomas Kluesner of Dubuque, Iowa), Patricia, Kathryn, and Margaret; and six brothers, Micha and Thomas (of Wisconsin), Gregory (of Dubuque, Iowa), Robert, George, and James. John's father works as a government meat grader and his mother is a registered nurse with the Visiting Nurse's Association.





John's family moved to Iowa, when he was young, where he attended a special education class. The family moved back to Nebraska and between 1967 and 1969, John attended the normal training programs at the Martin Luther Home in Beatrice. In 1969 according to his family's wishes, John came back to Omaha to enter the Men's Hostel at 5016 California and the Benson Vocational Services Center. By mid-1971 John was on work placement to Lozier's. There he ran a six foot continous-belt sanding machine and was responsible for the shelf-sanding area.

Outside work--man's work--is what John preferred. The first to volunteer for any lifting--John was "strong as an  $\infty$  and liked to prove it."

John was very family-minded and looked forward to playing football with his brothers and to go fishing with his father. He had exposure to many things and like all young people listened to rock and roll music, discussed it with others, and enjoyed dancing. John was a quiet, and composed person who was fun to be around.



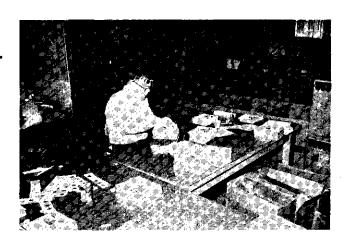


### GREGARIOUS RON SCHULTZ LOVED BEING AROUND OTHER PEOPLE

Ron was born in Omaha on December 21, 1953, to Joseph and Helen Schultz. His father was an employee of Cudahy. He had an older sister, Judith (now Mrs. Samuel Tomaszkiewicz), and an older brother, Gary. As a youngster, it has been said, Ron would do things for his brother and sister that he would not do for anyone else.

After attending the GOARC Opportunity Center for two years, Ron went to live at the Beatrice State Home between 1962 and 1970. The staff at the Home came to describe Ron as "a helpful person...one of the best behaved, with a nice disposition and personality...a mature young man." Ron's family visited him weekly and refer to the date June 19, 1970, as "the happiest day in the Schultz family's life." That is the date when Ron came back to Omaha to reside at the Men's Hostel at 5016 California and to









train at the Benson Vocational Services Center (ENCOR).

Ron was an energetic, outgoing young man who showed enthusiasm for every person, every experience, every day. He loved being around other people and was noted for his smile and warmth. An avid bowler, Ron bowled with his parents, on an ENCOR team, and with members of the workshop. He saved all his score sheets, raised his average from 33 to 140, and won a trophy in the ENCOR Bowling League for high score of the week. Ron was also proficient at table tennis and liked pitching horseshoes, playing softball, pool, putt-putt, camping, golf and cooking out. He was a regular patron of "King's"--his favorite place to eat.

# TOM MADSEN COMMENTS ON SWEAT

"Tonight is my last night living in the Howe Hostel. You can't imagine what's going through my mind. I can remember two years ago when I was a senior in high school and decided to go into special education.

I can remember the remarks, 'Don't you find it depressing?' or 'Doesn't it take a lot of patience?' "

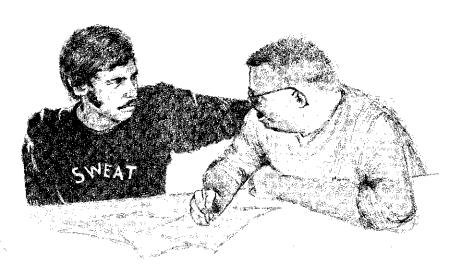
"My past 9 weeks in SWEAT (Summer Work Experience and Training in Mental Retardation) have been the most meaningful and the greatest experience I have ever obtained. During the program besides the first two weeks of film, tours, and lectures, I worked in Lincoln in the Citizen Advocacy Office where I did follow-up, attended recreation nights - and meetings under the direction of Mrs. Leola Novak. I worked at GOARC with the Youth Group under the direction of Homer Mann. I lived in a hostel. I worked on the glossary for Dr. Wolfensberger's Monograph. I toured the Nebraska facilities and spent the week at the JAYCEE Camp for the Retarded at North Platte."

"I have learned more in the last 9 weeks than I have in my first two years in college. I'm no different from anyone else. All you have to do is open your heart, have knowledge of mental retardation, understand the problem and have the desire to do something."

"It's amazing what's being done for the mentally retarded right here in Omaha. But just think how much more we can do."

"What really impressed me the most is the people involved, these dedicated people who took out of their own time, time to explain and show us the field."

"No, it doesn't take a lot of patience, and it isn't depressing. It just takes dedicated people like Dr. Wolfensberger, Dr. O'Dell, Karen Hoffman, and all those who have contributed to the SWEAT Program who don't search for glory, but just give a DAMN!!!"



# Nebarc Sends Lieport To Governor Exch

An emergency meeting of the Nebraska Association for Retarded Children was held at Grand Island Saturday, July 9, for the purpose of hearing a report of the seven person Human and Legal Rights Committee on conditions at Beatrice State Home. Chairman, Linda Glenn read a lengthy report of the committee's findings who had been able to see many parts of Beatrice that the average visitor never sees. A long list of specific violations were read from the report as well as excerpts from letters written to the committee by parents having children in the home. After much discussion, the NebARC board voted 22 to 5 to accept and carry out the report and its recommendations. Within the report are the following words:

"This committee has found as indicated in the body of this report that there is substantial grounds for litigation. But, in the hope there is a spirit of cooperation and good faith, we recommend that Governor J. James Exon be given 30 days to respond to our requests. If no action or only token action is taken by the State of Nebraska after 30 days the only avenue remaining is to establish the rights of the retarded as for any citizen—through the courts."

President Richard Meile announced that John Foley and Mike McMurtry delivered the full report to Mr. John Sullivan, Administrative Assistant to the Governor Tuesday, July 11.

President Richard Meile Further announced the resignations of Linda Glenn, Bob Perske and John Foley. Glen Daugherty has now been appointed chairman in place of Miss Glenn. Perske and Foley have been replaced by Leighton Goodrich and James Kelly both of Omaha. Now, all members of the seven man committee are parents of the mentally retarded except for Mike McMurtry who is a Methodist Minister. Perske, Glenn and Foley are being retained as technical consultants to the committee.

Highlights of the report are as follows:

- -The appointment of an independent seven man commission to monitor all institutional and community programs for the retarded. Such a commission was appointed by Judge Johnson in the Alabama case after litigation. It was hoped, the governor would activate such a commission without benefit of litigation.
- -The immediate transfer of 300-400 higher functioning retarded persons to community services and the immediate activation and funding of community services to receive them since they should have never left the community in the first place.
- -After the 300-400 that the commission feels should be transferred

# NebARC (CONT)

immediately to the community, BSH staff will not be diminished but will be reassigned to offer better developmental care for those who remain at BSH at this point in time.

- -Cease all new construction at BSH. (This does not effect the new activities building now under construction nor the All-Faiths Chapel which is to be constructed with donated funds.)
- -Removal of the Office of Mental Retardation (OMR) out from under the Department of Public Institutions.
- -Placing the BSH education staff directly under the State Department of Education.
- -Other items recommended: normal moveable toilet seats, partitions and accessible toilet paper; parents invited to program planning conferences; establish a place and the right to privacy for all residents; the sign "PATIENTS" removed from a toilet in the laundry and resident workers will use same toilets as employees from the community; Infirmary I and II (holding 96 retarded persons) be broken into 10 different units in 10 different rooms; monthly meetings between BSH social workers/counselors and community based, social workers/counselors; 24 hour notification of any resident being transferred for medical reasons; air conditioning in all areas where residents reside; there are many statements on relaxed and homelike dining, personal grooming, regimentation, haircut styles, normal developmental experiences, etc.

GOARC HAS A FEW COPIES OF THIS REPORT (200 pages including the appendix). THESE ARE AVAILABLE FOR LOAN FOR TEN DAY PERIODS. FEEL FREE TO CALL 346-6338.

# MEMORIAL FUNDS INSTITUTED FOR THE SIX MEN

At this publication deadline, a memorial has been activated to receive funds for The Thomas Madsen Memorial Scholarship which will underwrite the expenses of SWEAT students.

Another fund honoring all six men is being received. The GOARC Board of Directors will decide on how these memorial funds will be used. (Suggestions are invited by board members and President Joe Friend.)

FEEL FREE TO SEND MEMORIAL DONATIONS TO:

GOARC 608 Barker Building Omaha, Nebraska 68102

# MANY OTHER STATEMENTS HAVE COME TO GOARC

There are so many words that have been said. It is impossible to print them all. The following are excerpts:

"I know there is not much one can say nor much one can do, but... Some say there is a plan, a map of each life. This plan is made by God..."

Louise Wright

"Larry has wanted to be an electrical engineer. But, since we started working and living with the retarded, Larry has discussed the possibility of starting all over with his college curriculum and going into a field where we can work with the retarded...

It's a miracle that we both are alive. Larry cannot swim and had he been at the scene he probably would be gone and it's only through God's grace that I made it back safely...

Now we're houseparents with a daughter and 5 guys that we need and need us.

Finally, a sincere thank you for your concern and compassion these past days. Let's continue giving this type of love and understanding to our retarded friends."

Margaret Buswell, Burt Street Houseparents

(Editor's note: Larry Buswell was away picking up supplies when the tragedy happened. All of us who know Larry well are certain he would have been lost. Margaret managed to move out with a long stick to help pull Tom Hagel out of the undertow. In doing so, she was caught in the undertow. So, then Tom had to yell at Margaret to keep fighting as she barely made it back to shore. All of us have been touched by the way these houseparents have pulled the remainder of their household together while at the same time making their pilgrimage to the funeral services of their men who were lost.)

"Because of all the love and care your son was given, once again you will be given "grace" to accept the great loss..."

Mrs. Joe Garro

"As parents of a retarded child in ENCOR programs, we want to give our vote of confidence to that organization. While the drownings of the five young men and their escort was an undoubted tragedy, we and other parents of the retarded realize that accidents of this sort will happen to anyone at anytime. Rarely will we see an exhibition of love and devotion as shown by the staffer, Tom Madsen, who gave his own life.

The usual reaction in this type of circumstance is callousness, the same type that allows the Beatrices and Willowbrooks and other institutions to fester and the same type that allows the public to ignore the plight of the children there, despite expose after expose.

# STATEMENTS (CONT)

The young men were at least leading close to normal lives and were enjoying opportunities never experienced by the retarded still entombed in institutions."

James P. and Karen Kelly

"The last two years of Ron's life (at the hostel) had been the happiest."

Mr. and Mrs. Joe Schultz

"What the IQ figure does not tell is the individual's need to be part of the mainstream of living. His perception may be blunted by his retardation, but he can still experience the defection attendant upon being left out of meaningful enrichment activities...

ENCOR was founded upon the compelling belief that every human being must be given the opportunity to work towards his own developmental maximation..."

Dr. Frank Menolascino

# TOM'S CLASSMATES AT UNO SEND STATEMENT

"If you fail children you fail life". These words were the core of Tom's ideals. They exemplify his very life and death.

The University of Nebraska at Omaha Chapter of Student Council of Exceptional Children is presently the host of the 1972 National Conference of S.C.E.C. to be held in November (16, 17, and 18). Actually Tom was it's host, he gave it it's start and it's life...UNO's SPED shares this loss in relation to ENCOR and our personal loss of Tom, a president, a leader, and friend. When we think of Tom, we think of the present because everything we do is completing Tom's framework of the convention. For the past 3 months we have thought conference, and Tom found 26 hours a day, because Tom lived our objectives, he learned, worked and played for the exceptional child.

We're spending a lot of time reorganizing. Tom did the work of 5 people and we're looking for 5 people to take his place. We are those people but we're more than a little shaky; it's a big spot to fill even for 5 people. However Tom left us the drive to make the Thomas B. Madsen Memorial Conference (the new name of next years National CEC Conference to be held in Omaha) a working success.

Tom was a president, a leader, and a friend. He will always be—
A producer of thoughts and a consumer of learning, human, an adult but a big kid, love, devotion, a mover, silent yet bold, trying, vigor, zeal, a smiler, sensitive, wise, carefree, free, caretaker but kept, colorful, meaningful, dreamer, curious (kind of like he was the type to see a wet paint sigh and sit down to check just to be sure), aware, sorrow, a dreamer yet realistic, people.

£ :3

# FORMER OMAHAN, WOLF WOLFENSBERGER WRITES AFTER HEARING OF THE TRAGEDY

Dear Friends:

Tragic events often contain a constructive meaning, and so it is now. One meaning is so well understood by all of us it scarcely needs mentioning, and that is that there is a normalizing dignity in the risk which normal experiences carry. Our friends at the hostel were among the pioneers in bringing this point home to us, together with the young man with mongolism in North Platte in 1970 who gave his life trying to save his little brother from their burning home. But we must steel ourselves for the future, because much as there are tragedies associated with dehumanization, so there will be others arising from the efforts of normalizing the conditions of life of the handicapped.

There is further meaning. Tom, you know, was one of my cherished SWEAT students, in the 1971 group, and came to represent the finest of the SWEAT tradition. I am sure you all know of his many involvements in retardation, his dedication, and the leadership he developed. In giving himself fully, in his unquestioning and unhesitant repeated efforts to save the lives of those to whom he had responsibility, and in sharing not only his life but also his death with the retarded, he gave us two related meanings. One is, yet once more, that by offering a normalizing ideology of service, we can inspire "the public" of whom Tom was once a member, not merely to accept the retarded but also to value them highly as human beings and citizens. There are many Toms, except that they have not had the exposures that permitted their potential to come out. Only normalization and its risks will bring out this potential in those who have not had intimate ties to the retarded previously. Tom would never have become what he did if all we had been able to offer him had been the experience of the purgatories of our past.

While Tom died young, he died fulfilled, and therefore there really is no more tragedy in his young death than if he had died of old age. In fact, he perhaps died more fulfilled now than he might have ever afterwards. Because you see, just before he died, he sent me a letter. He told me of the many things he had done and was doing in mental retardation since the summer of 1971, and he said something not many people can say before they die: "It has been a busy year and also the best one of my life."

Among many other things, Tom had worked at the Lincoln Advocacy Office as part of his SWEAT experience, and he had prepared a glossary of terms for the book on citizen advocacy which Helen Zauha and I have edited and hope to publish before the end of the year. While Tom's memory will live with us in a number of ways, his name will be attached to this part of the book, and in this one additional way, his name will also live on as long as that book is read.

Wolf Wolfensberger

# MARSHA HONRATH'S DEVELOPMENTAL HOME PROGRAM IS MOVING WELL!

July 11, 1972

Dear GOARC Members:

Bob Perske thought you might be interested in knowing how our Developmental Home program is moving along so I wanted to take a couple of minutes to report on our progress and our needs so far.

I really couldn't be more pleased with the placements we have at this time. Every one of them has really become a family and all of the kids are making more progress every day. Just as an example, Darrin Shepherd, our six year old from Beatrice, could only copy sounds when he moved in with the Anderson's about two months ago. This weekend I talked to him on the phone and he counted to ten for me and for the first time I found that he is actually using language to communicate with other people. Our other returnee from Beatrice, seven year old David Rickert, is adjusting beautifully to his life with the Satterfield's on their farm in Blair. He can even ride a horse now.

Of course we still need so many homes. There are still so many kids who haven't been given the chance to show their potential. I am particularly searching for applicants interested in older children and children who are more severely retarded. There are some extra problems with these children but that is why they need the extra help and love a little bit more. So if you or any friends are interested, I would be happy to come out and talk to you. Give me a call at ENCOR Central Office anytime, 558-1115 and pass the information along to any families you think would be good.

I'd love to hear from any of you who have questions or suggestions about the program. Call me anytime.

Sincerely, Marsha Honrath, ENCOR Developmental Home Counselor

# ... And Then There Was A Beautiful Picnic

Mr. and Mrs. Joe Garro's interest group of parents who have children with Downs Syndrome met for a large all-family picnic in the back yard of Mr. and Mrs. Tom Wais. No speeches. No struggles. Just lots of families having a normal Sunday afternoon fun together. The TV cameramen stopped by, took pictures and all of Omaha enjoyed a glimpse of the normal happenings. With this type of Omaha spirit the urge to send Downs Syndrome children away to institutions will surely die!!!

# ADVOCATES HELP

Saundra Kourey and Tauni Waddington, citizen advocates to retarded persons in the Omaha area, spoke about their relationships at a regional workshop on citizen advocacy held in Beatrice, Nebraska, in late June. The State Citizen Advocacy Project under NebARC has been sponsoring these regional workshops in an effort to encourage implementation of more Citizen Advocacy Programs like those in Lincoln and Omaha.

Recently John Chedester, Susan Ellis, and Roberta Kauth, also local citizen advocates, taped spots on their relationships for KOIL. Hopefully their efforts will attract more people into individualized personal relationships with retarded persons.

Other advocates who have spoken in the past to help recruit citizen advocates are: Jimm Courtwright, Laura Giles, Peggy and Genny Hassett, and Cheryl Havekost. Of course many GOARC members are also actively plugging the program both formally and informally. Thanks to you all.

# GOYARC ACTIVITIES

Ann Porter was committee chairman for a skating party on June 27. GOYARC had nine very excited teens and seventeen helpful volunteers. Sue Ellis contributed her twenty report card passes to the group so they could skate at a special rate. The party lasted from 4:00 to 6:00 p.m., ending with twenty-six very happy, worn out kids. Even the sponsor, Helen Zauha, enjoyed the successful afternoon. Thank you, Ann, for a good job.

P.R. GOYARC Tauni Waddington June 29, was the day when a group of children and willing GOYARC volunteers got together to see the "Biscuit Eater" at the Fox Theater. The movie was a cute picture about two boys and their dog, Moreover, who they trained from an "eggsucking, biscuiteater to a grand national champion". Everyone thoroughly enjoyed the movie. A congratulations to Sue Grasso and Cassie Strom as Chairmen of this activity.

P.R. GOYARC Tauni Waddington

The trip to Ray's Lake was originally planned for July 11, but due to rain it was postponed until July 13. Twenty-five GOYARC people and friends got together at 12:00 in Valley, Nebraska, at Ray's Lakes.

The afternoon consisted of drinking pop, roasting hot dogs, wadding in a roped off area, singing along with a guitar, playing football and volleyball, walking to the river, racing in the water, an awful lot of sun, and just a great time getting to know each other. Committee Chairman, Arlo Burk and Stacy Simon did a great job with this event.

P.R. GOYARC Tauni Waddington

# KATHY LENSINK HONORED

Lori Wolpa, Youth President, announced that GOYARC will send a plant to Kathy Lensink in honor of her three years of service as a GOYARC Advisor. Kathy, a former special education teacher and wife of ENCOR Executive Director, Brian Lensink, is retiring from her role as youth advisor. One of her most recent contributions to GOYARC was to assist in drawing up new guidelines for the reorganized group.

# NEW IDEAS OBTAINED

Clem Morrow, Coordinator of Poverty and Mental Retardation Programs, and Earl Hurley, Administrative Director, attended an NARC funded workshop on the Developmental Disabilities Act, at Marquette, Michigan, June 19 - 22nd. They returned with new ideas for improving the GOARC mission. Clem and Earl were two of the four representatives from Nebraska.

The basic themes at the workshop were as follows:

- 1) Local ARCs will need to form coalitions with United Cerebral Palsy, Epilepsy Leagues, Crippled Children, Visiting Nurses Associations, National Association for Children With Learning Disabilities, and other groups being funded by the DDA. Such coalitions will allow all agencies to make maximum use of Developmental Disabilities funds.
- 2) If the ARC movement is to develop in strength, they may have to regionalize (e.g. join together small and large ARCs to cover a regional area.) For example, funding for Public Attitudinal Change

Programs if combined by metropolitan ARCs, may be able to utilize national advertising agencies which would be more effective than each ARC doing it's own thing.

- 3) ARCs with Executive Directors could regionalize with smaller ARCs who don't have Executive Directors and possibly do a better job of serving the mentally retarded in a particular region.
- 4) ARCs must be thorough-going advocacy operations. When professionals such as doctors and nurses see a child that is born retarded and respond negatively, ARC advocacy must be there. When a school secretary "looks sort of funny" when a handicapped child is brought to school to be registered, ARC advocacy must be there. The ARC advocacy must permeate all levels of our society.

Clem and Earl stand ready to give a presentation to any parent interest group. They'll be happy to share what they learned at Marquette.

# OUR LEASE RUNS OUT

The lease for office space at 608 Barker Building will terminate in September. GOARC must then renegotiate or find new quarters. Any members or friends knowing of available office space that is centrally located with more adequate parking facilities for both members and staff are urged to contact GOARC. From 1600 to 2000 square feet is required. The budget will allow \$350.00 to \$400.00 per month including utilities. Anyone knowing of available office space is encouraged to notify Earl Hurley, 346-6338. Now is the time when GOARC must decide to stay in its present location or move to a new office location.

### RELIGION CLASS TO START

They will start Sunday,
October 8, 1972, at St.
Joan of Arc's Church and be
conducted every Sunday thereafter. Mr. John Sullivan
has been appointed Coordinator
of Religious Education. Sister
Mary Evangeline has consented
to help with the class. The
church is located at 7430
Hascall. Those interested
should contact Mr. Sullivan
now. The phone: 393-2335.

# MAGAZINE AVAILABLE

GOARC members or interested friends now have an opportunity to subscribe to this exciting new publication at a reduced rate. The Exceptional Parent is chuck full of articles which are helpful to parents of handicapped children. If GOARC can round up 25 parents or professionals who choose to subscribe, all of them can take advantage of a reduced rate. This is an excellent opportunity to receive an excellent magazine. Call the GOARC office and we will send your application form.

### INSURANCE BUYER BEWARE

There are many insurance programs being offered to parents for the life time care of their handicapped child after the death of the parents. All potential buyers should be aware that in most cases both parents have to die before the monthly benefit to the retarded person becomes available. Furthermore, the contract terminates without

value if the retarded person dies no matter whether he is the first, second, or third to die. Thus, if he dies first or second, no benefit is paid to anyone.

Parents should look for insurance contracts of the type by which the monthly benefit to the retarded person begins at the time of the death of the insured who is the family breadwinner.

# "CHILDREN" DROPPED FROM TITLE

Since 1970, the NARC affiliated State Association has been known as the California Association for the Retarded. Many of the local associations have become ARs instead of ARCs. This is their solution to a long standing problem that such associations do not deal only with children but with adults as well. One wonders if someday NebARC will be known as NebAR, and GOARC will be known as GOAR.

### P&MR AT STATE LEVEL???

John Foley, Executive Director of NebARC and Dr. Richard Meile, President of NebARC will be guest at the August Poverty and Mental Retardation meeting. A joing meeting has been planned for the two committees (North and South) in order to discuss plans for a state level committee on Poverty and Mental Retardation.

Catherine Williams and Frances Cubrich, Chairmen of the committees will make recommendations as to the purpose and implementation of the committee.

\* \* \* \* \* \*

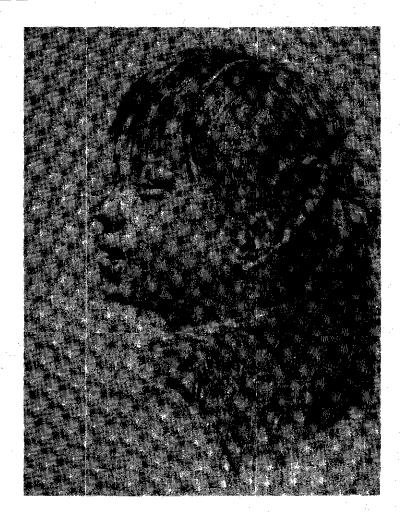
# CALENDAR

| JULY                |   |             |  |  |  |  |  |  |
|---------------------|---|-------------|--|--|--|--|--|--|
| 20                  | GOYARC assigned Advocates will visit Beatrice State Home  |             |  |  |  |  |  |  |
| -1                  | GOYARC - Peony Park, fun afternoon for children. For information, call<br>Tauni Waddington, 551-5155                                    |             |  |  |  |  |  |  |
| 44                  | Pilot Parents Family Picnic, Cooper Farm, 6:00 - 9:00 P.M.  |             |  |  |  |  |  |  |
| 25                  | Task Force on Special Education, 7:30 P.M., Madonna School  |             |  |  |  |  |  |  |
| . 7                 | GOYARC - Fontenelle Forest hike and picnic following. For information call Judy Pierce, 572-1922  |             |  |  |  |  |  |  |
| 27                  | South Poverty and Mental Retardation Meeting, 7:30 P.M., Commercial Markets and Loan, 4724 South 24th Street                            | •           |  |  |  |  |  |  |
| W <mark>GUST</mark> | BOARD OF DIRECTORS MEETING TO BE ANNOUNCED  Benson Developmental Center parents, 7:30 P.M.  | •           |  |  |  |  |  |  |
| 10                  | Poverty and Mental Retardation meeting. Joint meeting (North and South),<br>Logan Fontenelle Multi-Service Center, 2211 Paul, 7:30 P.M. |             |  |  |  |  |  |  |
| 21                  | Pilot Parent Picnic and Meeting, Mr. and Mrs. Charles Schorr's, 100:4 Rocking 6:00 P.M.   |             |  |  |  |  |  |  |
| 22                  | Task Force on Special Education, 7:30 P.M., Madonna School  |             |  |  |  |  |  |  |
| 29                  | Task Force on Residential Services, 3817 Dewey, 7:30 P.M.   | ,           |  |  |  |  |  |  |
| SEPT.               |   |             |  |  |  |  |  |  |
| 7                   | OUR FIRST GENERAL MEMBERSHIP MEETING AFTER  |             |  |  |  |  |  |  |
|                     | SUMMER BREAK, AT FIRST FEDERAL SAVINGS AND LOAN,  |             |  |  |  |  |  |  |
|                     | 2101 SOUTH 42nd STREET, 7:30 - Coffee Hour,   | •           |  |  |  |  |  |  |
|                     | 8:00 - Meeting. (Attendance at the last meeting   | •           |  |  |  |  |  |  |
|                     | was 200 and growing.) PLAN TO BE THERE!   | <br>        |  |  |  |  |  |  |
|                     | Program to be announced. "Pennies For Research"   | :           |  |  |  |  |  |  |
|                     | raffle. Frize to be announced.  | -<br>-<br>- |  |  |  |  |  |  |
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# the GOARC Greater Omaha Association for Retarded Children 608 Barker Bldg. Omaha, Neb. 68102 GREATER GOARC Greater Omaha Association for Retarded Children 608 Barker Bldg. Omaha, Neb. 68102

SEPTEMBER, 1972 ISSUE EDITOR: JAN NOVICKI

"THE HUMAN AND LEGAL RIGHTS FOR RETARDED PERSONS HAVE BEEN BLATANTLY DENIED FOR DECADES ... "



"...PARENTS ARE LEARNING THAT THEY NO LONGER NEED TO BEG AND PLEAD FOR SERVICES FOR THOSE THEY LOVE."

COME TO OUR FIRST GENERAL MEMBERSHIP MEETING FOR THE SEASON, THURSDAY, SEPTEMBER 7. (SEE PAGE 5 FOR FULL ANNOUNCEMENT)

# THE THOUGHTFUL WORKINGS OF AN EXECUTIVE DIRECTOR'S MIND



After long hours of work on NebARC's Human and Legal Rights Committee and observing President Joe Friend and Leighton Goodrich work to set up five skillful Human and Legal Rights Committees that will monitor Greater Omaha's community services, a guy is reminded of that idealist, Wolf Wolfensberger who used to live in our midst working untiringly and sometimes taking lots of punishment for what he believed about retarded persons. And no matter how idealistic he was, nor how many opposed him, there was never any mistaking his sincerity about allowing the mentally retarded to live as full and as good a human life as possible. Then, it was like his idealism was a bit too early. Now, volunteer parents, volunteer professionals, and volunteer citizens

are making practical some of those idealisms of the past.

There are memories of four years ago, while working long and late with this man. That night, I couldn't sleep. So, I wrote a poem to Wolf. At that time, it was written as a plea for mercy. Today, in the midst of our efforts to fight for the rights and the dignity of the mentally retarded, it seems to give me a sense of direction. I hope it will for you too.

Walls, Messes and Wolf

What's it all about, Wolfie?
You with your wound up spring...
You won't sit still.
You with your periscopic vision....
Looking over walls to another age.

Why don't you leave us alone, Wolfie?
We sit here in our mess....
We've gotten used to it.
We feel no need to stretch our neck....
And struggle for a view over the wall.

It's a hate that drives you, Wolfie.
You hate the mess...
In which some men must sit.
You hate the walls
That blind and choke and squeeze a life.

Now you've done it, Wolfie.

Now we have a tight spring, too...

We can't sit still.

Now we struggle to stretch our vision...

To see what you see over that wall.

#### OUR PRESIDENT SPEAKS

I am thrilled with the work being started by four major thrusts:

The Human & Legal Rights Thrusts are chaired by Leighton Goodrich. Under this heading are five committees: Residential, Vocational Training, Developmental Training, Public and Parochial school, and Public Attitudinal Change. The function of these committees is to monitor the services provided for the retarded in our community. They seek to praise where praise is due, and to point out inadequacies where they are noted.

Some of these sub-committees are operating full swing, and all will be going strong by our September meeting.

The Ways and Means Thrust is chaired by
Jerry Lenz, and has four committees: Membership,
Hospitality, Telephone, and Fund Raising. These
committees also, are well on the way to being
fully operational by our September meeting. Honey Sunday is a major job, and we
are planning another fund raising activity which you will be hearing about shortly.

The Volunteer Action Thrust is chaired by Karen Kelly. The committees are Pilot Parents, Lending Library, Poverty and Mental Retardation, and Religious Services.

Pilot Parents as well as Poverty and Mental Retardation are going strong. Lending Library is working but hampered while we are waiting approval for a federal grant. Religious Services are being organized and will be operational by our September meeting.

The Legislative & Governmental Affairs Thrust is chaired by Gary Taylor.

Gary held an organizational meeting with key people in our community and GOARC staff in establishing priorities, and a chain of command, which should help us immeasurably when an important bill comes up. Then, we can immediately start to do what needs to be done to secure proper legislation regarding the rights of mentally retarded.

We also have some ad hoc committees, made up of parents, dealing with various problems ENCOR has been confronted with in regard to policies on marriage and dating, and other related matters. If you are interested in finding out details let me know.

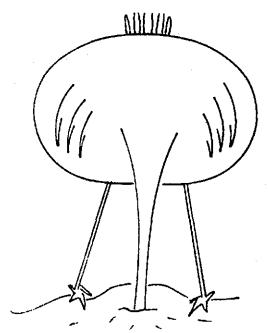
I am extremely pleased with the response we have received from volunteers from our organization in helping us on these committees. I am confident many fine things will be happening as a result.

This is where we are in our progress to this date. I will attempt to keep you informed and up to date via the GAZETTE or personally if you wish to contact me.

Sincerely,

Joseph L. Friend, President GOARC

# THERE'S OPENINGS ON HUMAN AND LEGAL RIGHTS COMMITTEES



"And what kind of world would this be if everyone decided not to get involved??"

We hear and talk a great deal about the changing winds in today's society. In the field of mental retardation, we have, in fact, nearly reached hurricane proportions. And all the forces exerted by this storm call for new ways in which our association may maintain influence on the courses to be followed by service agencies.

Our involvement, at its best, is nothing more nor less than a social demand for responsibility...for accountability...for acceptability. At its worst, it is a demand for alternatives...not token reforms.

Frankly, we are becoming the conscience of the service agencies and we must take a serious view of the responsibility and exercise it to the fullest. The quality of service provided our mentally retarded citizens will be reflected directly by our involvement.

You are invited to participate in the activities of our Human and Legal Rights Division. Additional committee members

are needed for each of our five task force committees: Residential Services, Pre-school and Developmental Programs, Public and Parochial Schools, Vocational Training, and Public Attitudinal Change. You will find it most interesting and will discover you do have something to contribute!

Won't you call us?

346-6338

Leighton Goodrich Coordinating Chairman Human and Legal Rights Division

WHEN A RETARDED PERSON IS TRYING TO "MAKE IT" ALONE IN THE COMMUNITY, HOW BEAUTIFUL AND WONDERFUL A CITIZEN ADVOCATE FRIEND CAN BE TO HIM. HOW MUCH RICHER HIS LIFE CAN BECOME. YOU HAVE AN OPPORTUNITY TO APPLY FOR CITIZEN ADVOCACY TRAINING. CALL HELEN ZAUHA, 346-6338.

# OUR FIRST GENERAL MEMBERSHIP MEETING FOR 72-73 IS THURSDAY, SEPT. 7!

(WE ONLY HAVE FIVE OF THESE PRECIOUS TIMES WHEN ALL OF US GET TOGETHER.)

NOTICE THE CHANGE IN TIME

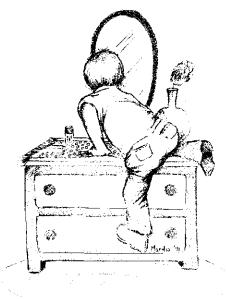
7:00 P.M.: COFFEE & DONUT SOCIAL
BETTY FERRAGUTI AND HER COMMITTEE IN CHARGE

7:30 P.M.: A BRIEF BUSINESS MEETING AND THE PROGRAM PRES. JOE FRIEND WILL HOLD FORTH ON BUSINESS JIM BYRNES, CO-CHAIRMAN OF PROGRAM COMMITTEE WILL INTRODUCE AND MODERATE THE PROGRAM.

THE PROGRAM: CONTROVERSY: NEBARC'S HUMAN AND LEGAL RIGHTS REPORT AND BEATRICE STATE HOME

FORMER MEMBERS OF THE STATE HUMAN AND LEGAL RIGHTS COMMITTEE, BOB PERSKE AND LINDA GLENN, WILL SPEAK AND ANSWER QUESTIONS

DON'T MISS IT. WE'LL BE LOOKING FOR YOU AT:



WHAT ARE THOSE VOLUNTEERS: PARENTS, PROFESSIONALS AND CITIZENS UP TO NOW?

FIRST FEDERAL SAVINGS AND LOAN 2101 SOUTH 42ND STREET

### "HAPPY NEWS" FROM ENCOR

Mr. and Mrs. Dean Sparr are the proud parents of a red haired, freckled face boy by the name of Tommy Cogan. Tommy, 10 years old, came to his new home at 9413 Taylor from the Beatrice State Home. He will attend a Special Ed class in the public school system. The Sparrs, who also have a baby daughter, will be joining GOARC. Welcome!

Another happy family is the Christopher Hensens of 505 Lincoln Rd. in Bellevue. They have taken 13 month old Hudson Hamm, whom they have renamed Chris Hensen. Chris, who has cerebral palsy, has been in bed the whole time. In a month's time, he can now stand and say "Daddy". Mr. and Mrs. Helsen will also join GOARC.

Congratulations to both families.

# NEW COORDINATOR

Brian Lensink announced the recent appointment of Mrs. Rivers Burell (Jane) as a coordinator for ENCOR.

Lt. Col. and Mrs. Burrell and their son, Duane live in Bellevue, She received her BA in sociology from the Bellevue College in June.

Mrs. Burrell is filling the position previously held by Deb McCollister.

The full-funding of LB855 will be a true test of GOARC's new strength. Betcha we either win it or lose it by November.

# ENCOR RECEIVES GRANT

ENCOR has been informed that its grant request of \$297,000 has been approved and funded by the Nebraska Office of Mental Retardation. This grant will be used for the development and operation of facilities and programs under ENCOR.

### MARY PETSCHE RESIGNS AT ENCOR

Mary has been Head teacher at CHANCE since it's beginning five and a half years ago by the Greater Omaha Community Action.

She has helped CHANCE progress from a beginning of 11 children and staff members to its present enrollment of 65 children and 26 staff members.

Under her directorship 290 children have graduated from CHANCE to enter the public schools.

CHANCE was started by GOCA in 1967 at Bethel AME Church. One year later CHANCE became one of the programs sponsored by the Greater Omaha Association for Retarded Children, which in 1970 spun off their direct services to ENCOR.

Mary leaves to take a position with Family and Child Services.

Best Wishes Mary.

### GOOD GAMES... That's our Executive Director (mouth open)



GOOD FOOD... at Cooper Farm



This Pilot Parents Picnic was July 24. Six new parents took part in the fun.

GOOD PEOPLE... from left Mrs. Wm. McCormick, Mrs. Chris Christensen, Mrs. Jack DeMay



GOOD CAUSE... Normalization



### 1972-73 PARENT ADVISORY GROUP LEADERS

The following are the new chief officers of the many parent advisory groups throughout the Greater Omaha area:

Benson Developmental Center, President: Mrs. Linda Gude, 1212 N. 33rd St., 556-2932 Secretary: Mrs. Mary McGrath, 2122 S. 33rd St., 346-4820

CHAP School
President: Martin Mondor,
3137 Vandenberg Ave., 291-4850
Sec/Treas.: Mrs. Allen Ribbe,
610 E. Patton, Papillion

Children's Memorial Hospital President: Mrs. Don Johnson, 6338 N. 30th St., 455-9278 Sec/Treas.: Mrs. Kathy Wood, 6406 Newport, 571-7983

J.P. Lord School
President: Col. Charles Lemr,
2307 Lloyd, Bellevue, 291-0256
Secretary: Mrs. Mary Anna Dunn,
4177 Wakely, 556-2638

Madonna School
President: Mr. Frank Kean
4320 Chicago, 556-2510
Secretary: Mrs. John DiMari
3105 S. 74th St., 393-2878

Meyer Childrens Rehabilitation
Institute
President: Mr. Fred Jones,
1809 W. Adams, Millard, 334-1631
Secretary: Mrs. Donald Staach,
12680 "C" Street

Millard Public Schools
President: Mrs. Donald Goodspeed,
623 Madison, Millard, 334-5948

Sarpy Developmental Center
Co-Presidents: Mr. and Mrs. David
Giles, 2715 Vandenberg, Bellevue
Sec-Treas.: Mrs. Laurel Bednar,
1036 S. 31st #1, 342-0571

# ADVISORY GROUP

Omaha Public Schools (TMR)
President: Mr. Ed King,
7505 Arrowrock Drive, 733-3357
Sec-Treas.: Rosemary Wais,
5718 A Street, 556-6864

South Omaha Developmental Center Co-Presidents: Mr. and Mrs. Arthur Stolinski, 2514 S. 30th Mr. and Mrs. Keith Hiatt, 2538 S. 12th St.

Westside Community Schools
President: Mr. and Mrs. Haecker,
716 N. 57th St., Omaha

Benson Vocational Services
President: Mrs. Jack Lee,
3132 N. 59th St., 556-1710
Sec-Treas.: Mrs. Marie Davis,
4220 Aurora Drive, 571-2375

Sarpy Vocational Services
President: Mrs. Kopp,
718 S. 19th, Plattsmouth
Secretary: Mrs. Ernest Harold
908 W. 32nd Ave., Bellevue.

CONGRATULATIONS ON YOUR ELECTION......GOOD LUCK!

T' NOQ

FORGET

SEPT. 7

# GOYARC PRESIDENT SENDS COMMUNICATION TO PARENTS

The members of GOYARC have been working very hard this summer, and with a lot of success. Our main goal has been to provide normalizing activities for retarded children in our community. We've done so by organizing swimming parties, picnics, hikes, roller skating parties and a lot of others.

We have a lot of enthusiastic, hard-working volunteers who stand ready to come into contact with your son or daughter.

We need the support and enthusiasm of you, the parents of the mentally retarded, to really by successful. Encourage the participation of your children in the events established for them. Send us names. You all know the office number...give us a call...let us know how you feel. Remember we want youth, both retarded and not. We'd really appreciate it.

We all know it's going to take a lot of force to even begin to tackle the problems of the mentally retarded today. But I'm sure that working together, GOARC and GOYARC will be able to provide that force!

### NATIONAL SPECIAL OLYMPICS HELD AUGUST 13-18

A chartered jet, loaded with 60 athletes from Nebraska and their 20 chaperones, left Lincoln on August 13 for Los Angeles and the National Special Olympics. The event was held on the UCLA campus.

Scholarships for two of the participants were paid by the Ralston and Omaha JAYCEES. Other participants and chaperenes paid their own expenses.

The Nebraska athletes competed against 3,000 other participants in track, field and swimming. Omaha area winners were Alan Ludlow, gold medal in Division 3 of the Standing Long Jump. Percy Jackson won a Bronze Medal in Division 2 of the Softball Throw competition. Other area participants were Mike Jordan, Peggy Terry, Eric Hoefker, Roger Robinson, Clennon Pettis, Jeff Valentur, and Mike Pilon.

Besides all the excitement of the Olympics they met Eunice Shriver, Ethel Kennedy, Lorne Greene, Artie Johnson and Janet Leigh.

continued on page 10

# SPECIAL OLYMPICS (CONT)

They also visited Universal Studios, had a ball at Disneyland, and saw the Pacific Ocean.

Sue Elliott, ENCOR, said the whole trip was quite a learning experience for everyone.

It was learned that the National Olympics will be held every four years while the local and state meets will continue on a yearly basis.

# A NEW COMMUNITY PROGRAM FOR THE MULTIPLY HANDICAPPED

Douglas County Developmental Maximation Unit opened August 7 with a rich program and an enthusiastic staff. The program which is operated by ENCOR, is designed to help severely retarded children with mulitple handicaps throug the early stages of development so they may enter other developmental programs.

Mrs. Karen Greene, director of the program said, "the unit is being designed to provide a home like atmosphere. Regular beds are used with flowered and striped sheets, walls are bright and decorated and staff members wear street clothes."

At full operation, the unit will have twenty children with four mini teams. There are eight children at the present time. Each team will have five staff members and five children.

As you drive by the Douglas County Hospital, watch for the activity on the front lawn. The children will be seen quite often.

INTERESTED IN BEING A

PILOT PARENT?

A NEW TRAINING SESSION

WILL BE STARTING SOON.

CALL FRAN PORTER...... 451-0564

or

SHIRLEY DEAN....558-1115

#### MEMORIAL FUNDS APPROACH \$1800

The fund containing contributions from the many friends of the five retarded young men and their counselor who drowned at Indian Cave Park is approaching \$1,800 and going strong.

Many of the donations have been earmarked for SWEAT scholarships. There will possibly be two scholarship funds. One will be the Thomas B. Madsen Memorial Fund. The other will name Jesse Barber, John Hogan, Gary Olson, John Purnell, Ron Schultz, as well as Tom Madsen.

A special GOARC Memorials Committee headed by Sally Swancutt will determine the direction of funds not earmarked. Those who have not yet donated are invited to send them to:

> GOARC 608 Barker Building Omaha, Nebraska 68102

### EXCERPTS FROM THE NEBARC RECOMMENDATIONS ON BEATRICE STATE HOME

The following are brief excerpts from the longer Human and Legal Rights Committee's recommendations to Governor Exon.

It was recommended that an "independent commission be established on a state wide basis" to oversee, monitor and work for the release of at least 400 residents now living at Beatrice State Home who could have been placed in community based services if funding and facilities were available.

The 43 Recommendations were made on behalf of the residents who would remain at Beatrice after the other 400 residents had left.

- 1. Staff not be diminished, but reassigned to other areas.
- 2. The nationally recognized "Standards for Residential Facilities for the MR" be adherred to.
- 3. Calls for normal moveable toilet seats on all toilets and normal toilet paper dispensers.
- 4. Parents allowed to participate in BSH's program planning with their relative.
- 5. Parents allowed more freedom in visiting provided it doesn't interfere with resident's training and work programs.
- 6. Every resident will have the right to some privacy.
- 7. Martin Luther Home to give paychecks directly to BSH residents working in their workshop.
- 8. Body deoderants available for all residents.
- 9. The sign "PATIENTS" removed from one particular restroom in the laundry.
- 10. All new construction be suspended (does not apply to Chapel, Activities Building nor Cafeteria since they are already planned.)
- 11. Working residents be paid in U.S. coin and currency.
- 12. Infirmary I (48 residents) and Infirmary II (48 patients) be broken into many smaller units.
- 13. Resident workers and Employees from the community to be given peership conveniences.
- 14. Air conditioning be provided where all BSH residents reside.
- 15. BSH Social and Counselling Staff meet regularly with Community-based Social and Counselling staffs. Also exchange for one month of service/year.
- 16. Parents be notified of hospitalizations within 24 hours.
- 17. Minutes kept on all departmental meetings.
- 18. BSH Education Staff be placed under State Department of Education.
- 19. No locked wards or restraints unless approved by the commission.
- 20. Residents allowed access to beds on days off from programs, training and work.
- 21. Provide games, recreational equipment and handicraft materials appropriate to chronological age.
- 22. Living areas be made more "home-like".
- 23. Staff will address residents with names and titles giving human respect.
- 24. No censorship of mail unless approved by the commission.
- 25. Personal grooming, shaving and tooth brushing of residents done in privacy.
- 26. Clothing to be contemporary in style, having the right to choose clothing.
- 27. Resident will have the right to choose his hairstyle.
- 28. Noise in living areas diminished in every way possible.
- 29. Ample time to relax and eat in a family-like atmosphere and setting.
- 30. Residents allowed access to snacks unless on a diet.
- 31. All residents under pharmaceutical control will be reviewed by the commission.
- 32. Resident allowed to sleep as long as he wants when not interfering with fulltime program of education and/or training.
- 33. A resident committee shall discuss and recommend dining menus.
- 34. Residents not to be "herded" or "regimented" but assisted by staff in small groups if necessary.
- 35. No reinforcement of deviant nor homosexual behavior. Instead normal appropriate relationships with opposite sex and under supervision if necessary.

  -11- (continued on next page)

- 36. The availability of telephones, writing materials and assistance.
- 37. Every resident on Y-4 (Detention Ward) will have their situation and program reviewed by the commission.
- 38. Approval to worship in community churches.
- 39. Recommends a grievance procedure for both residents and staff.
- 40. Recommends periodic transportation to town.
- 41. State Board of Welfare to develop a team of workers who will do nothing but search, screen and train for foster home placement.
- 42. All injuries and accidents reported within 24 hours.
- 43. Cease using the term "inmates fund" on checks.

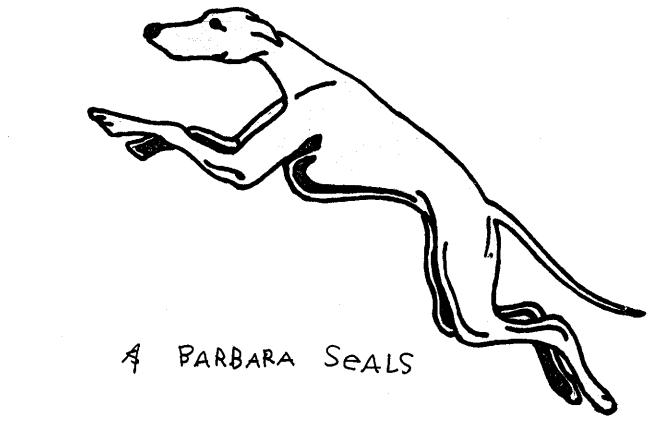
These are written in brief. Each recommendation comprised a paragraph in itself.

# ANOTHER COMMUNITY WORKSHOP BLOOMING WITH PROGRESS

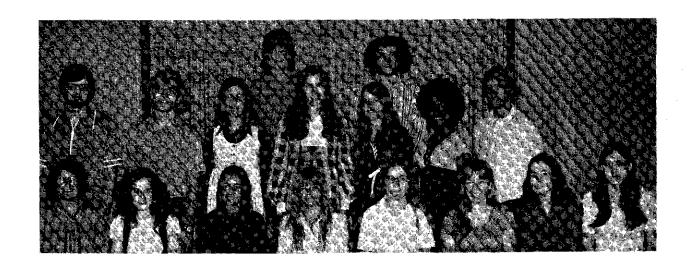
ENCOR's Northeast Vocational Center is now operating with eighteen trainees and ten staff members. The center hopes to enroll three trainees a week until the center has reached it's capacity of thirty-five.

John McGee, acting director, and other members of the staff extends a warm welcome to the parents and community and invites you to stop by to visit them at 1531 No. 18th.

To the happy surprise of many, one of the clients, Barbara Seals, has proven to be a remarkably good artist. She will be doing art work for the center in her spare time. Here's an example of her work. Barbara is 19 years old.



### "SWEAT" STUDENTS - A GREAT BUNCH!



Top L-R Karen Krejci - Assistant SWEAT Coordinator, Scott Christopher.

Second Row - Mike Crawford, Marion Curlile, Nancy Neary, Susie Sturges,
Karen Hoffman, Coordinator, Celeste Alston, Chad Huston.

Bottom - Sandi Brouhard, Christy McLaughlin, Jeanne Schaaf, Monika Tagg,
Cindy Bornemeier, Kristy Haman, Kris Bylin, Linda Finley.

The SWEAT program is over for this year and the students are heading back to their homes in Nebraska, Iowa and Sweden.

While here the students directed a one-week residential camp for the mentally retarded in North Platte, and each student was assigned to work for various community programs in Omaha, Lincoln and Grand Island.

FOR YEARS, THE RETARDED HAVE BEEN PROGRAMMED TO BE LOSERS.

Now comes a new day: Let's Help THEM TO BE WINNERS!

#### OPTIMISTIC VOLUNTEER HOUR GUALS SET

Now look at what Administrative Director, Earl Hurley has gone and done. In the budget presentation to UCS, actual units of volunteer services no longer merely have a dollar sign. They are computed in the actual number of volunteer hours expected to be rendered in 1972-73.

Here they are.

Citizen Advocates (175)..21,000
Poverty and Mental Retardation...
6,000
Human and Legal Rights...5400
Governmental and Legislative
Affairs...3,000
Pilot Parents...3,000
GOYARC...6,000
Public Attitudinal Change...3,000

That's a lot of volunteer service!

### CLERGYMEN'S HELP NEEDED

Do you know of any pastors who have shown a concern for the retarded in their activities in the church? We are looking for pastors or laymen who would help us form a religious services committee (formerly religious nurture committee). Please call me if you know of anyone who would be of service to our committee.

Karen Kelly 551-3267

### NEBARC BUILDS A BUILDS FILM LIBRARY

Just think! Now we can borrow the excellent film Danny & Nicky for merely the price of the postage! (We have been renting it time and time again at \$30.00 a crack.) This escellent film presents in an appropriate and low-key, but provocative way, the contrast between a 15 year old Down's Syndrome boy living in an institution (Nicky) and a 15 year old Down's Syndrome boy (Danny) who is allowed to develop and grow in his own home.

Every parent advisory group should see this film that won the award at the film festival on mental retardation in Ireland two years ago.

There are other excellent films now in the library which can be used in the parent advisory groups and the task forces as well. They are:

"Genesis"
"A Guy Names Larry"
"No Less Precious"
"A World of a Different Drum"

Any one of these films would add sparkle to your small parent groups.



### NEW APPOINTEES TO HUMAN AND LEGAL RIGHTS COMMITTEE

Mr. Glen Daugherty of Grand Island and NebARC past President has been appointed as chairman of this committee replacing Miss Linda Glenn who resigned to complete her doctorate.

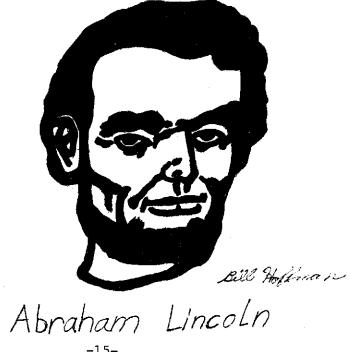
Other newly appointed members are Mr. Leighton Goodrich and Mrs. James Kelly, both of Omaha.

Mr. John Foley, Executive Director of NebARC and Bob Perske have both resigned in order to give parents of retarded persons a full voice on the committee. They will remain as technical consultants.

THERE'S NO MICKEY MOUSE IN THE GREATER OMAHA YOUTH ASSOCIATION. JUST LOTS OF OPPORTUNITIES TO BE WITH GREATER OMAHA'S RETARDED CITIZENS. TO LEARN WITH THEM. TO LAUGH AND RECREATE WITH THEM. TO EVEN HURT WITH THEM SOMETIMES. INTERESTED? CALL 346-6338

#### ANOTHER GOOD ARTIST IS DISCOVERED

This picture of Abraham Lincoln was drawn by Bill Hoffman, a client at Bellevue Vocational Services Center.



#### EDITORIAL

by Jacque Stuck E. Omaha GOCA

#### A LEGACY FROM JOHNNY

East Omahans grieved with parents of Johnny Hogan, who died in the Falls City tragedy with five other young men last month. But what most residents do not know is even in their sadness the Hogans realize a job of accomplishment as their son opened doors that will have an impact on generations to come.

Johnny Hogan suffered brain damage from a high fever when he was eighteen months old. At fifteen years he was the size of an eight year old; he could not read, write, talk and his movements were uncoordinated. His mother taught him to take care of his needs and to dress himself. He responded to her orders and accepted gentle discipline. He was a loving and loveable boy but occasionally showed signs of frustration.

Reading those signs, his mother sought help, hoping to find training or schooling for the youth trapped with that frail body. She was given the message that, "all doors are closed; the boy should be institutionalized." The family refused to put Johnny "away"...They remained alert for any ray of hope.

"Sheltered Workshop" was the first glimmer. Johnny was tested and enrolled. He was seventeen years old when ENCOR opened that door. In the last two years of his life the boy "fit only for institutionalizing" learned to speak a few words, could travel on a bus, was earning money by his own labor, and was developing physically. He went bowling, swimming, shopping, and after he turned twenty could even drop into a bar for a beer.

Johnny Hogan's life is ended, but what was accomplished with him will be used for thousands of handicapped youngsters in the future - a living memorial to a loving boy.

# COARC



GOARC Omaha, Nebraska

As I read the latest GAZETTE, there was one thought that kept going through my mind..."if we never know sorrow, how will we know joy?" I know that particular expression has been said in many ways about many things, but I can't help feeling this GAZETTE expresses, so well, this very thought. In reading the individual articles about each of the boys, one can't help feeling a great regret at their loss; and yet, knowing they were each enjoying life to it's fullest when they were taken away helps one to accept the sorrow with joy. Oh, that we might all die in the midst of happiness!

I hope that this "God-willed happening" will stimulate much more thinking in the direction of the retarded: their needs to be treated as normal people, their desires to be like others and do like others, and most of all, that the wishes of those who care for them will be heard--see them for all the good God has put into them!

May the SWEAT Program increase in goodly numbers due to the beautiful efforts of Tom Madsen--we need a lot more young people like him in this world--so that those of us who seem to lose our fight at times, can look to these budding "real people" to give us back the inspiration to go on fighting.

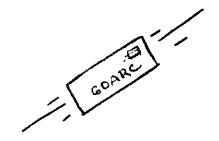
Very sincerely yours, (Mrs.) Rosemary Wais

Dear Jan,

Just a quick note to say what a really fine issue the August GOARC GAZETTE is. We enjoy all of them, but this last issue is beautifully done. You, and all those who had a part in this endeavor can be proud of your splendid efforts.

Sincerely, Wilma Wills

(Editors note:) I wish I could say I helped put together the August issue, but while I was on vacation, Bob Perske and office staff can take the honors for a job "well done".



#### LETTERS TO GOARC (CONT)

#### A BEAUTIFUL POSTCARD

Postcard from Estes Park, Colorado: "GOARC: Best Wishes from Rocky Mountain National Park. Campers, Paul Adams, Bill Lancaster, Rick Randall, Paul Whitehead, Bob Lebs, Bob Vetter, Harold Edwards, Mary Jane Pease, Mary Beth Maynes, Jim Maynes, Tom Peck, Marianne Berstein, and Jim Johnson"

#### EVERY CLOUD HAS A SILVER LINING In Appreciation To All ENCOR Staff Members

The deep dark cloud of grief and despair descended suddenly over us as we learned of the tragic loss of our loved ones. This cloud seemed so deep, dark and immense that there could be no seeing around other than through the eyes of God. As our eyes became accustomed to the dim light under the cloud, we rapidly became aware of the bright and shining light from the silver lining of this dark cloud. The light now shows and intensified itself with the many understanding words, acts and deeds of comfort, condolence and enlightenment sincerely bestowed upon each of us by the individual members of the entire ENCOR staff.

As that long week continued, filled with anxiety, grief, and despair, these men and women, seeming never to tire in their endless desire and ability to help and comfort us in our hour of need, made us aware that there were great golden rays of light interlacing this cloud. These are the people who, with their blessed gift of understanding and concern for the needs of the individual, worked with our beloved young sons, lifting their clouds of fear, frustration and depression and erasing so many of the deep shadows from their lives.

Knowing that each individual of ENCOR continues to work with the many, many others who sodesperately need their help, we each hope and pray that all these dedicated people continue with the unique abilities they have shown and that they and their accomplishments with and for the retarded people of our community be a golden example for those who join and follow them.

Our sincere appreciation and thanks to each of you.

Mr. and Mrs. Gerald Olson

Mr. and Mrs. John Hogan & family

Mr. and Mrs. Joseph Schultz and family

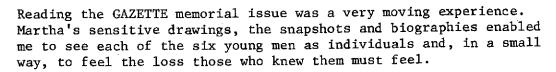
Barbara Olson

Mrs. Barber and family

Mrs. Mary Purnell

### GOARC (CONT)

GOARC 608 Barker Bldg. Omaha, Nebraska



In the midst of sorrow I am heartened by two things. First is the dedication and courage of the ENCOR staff, especially Tom Madsen, who attempted to save the others. Second, I am reminded that the time is passing when the mentally retarded must live and die estranged from family and community in places where no one cares enough to record their lives in snapshots nor to mourn their passing.

Sincerely, Leanna Skarnulis (Mrs. Ed Skarnulis)

GOARCE

 $\mbox{Mr. William Hinze, Director of Recreation Services}$   $\mbox{ENCOR}$ 

Dear Bill,

This summer our boy participated in the West Branch YMCA recreation program for mentally retarded children. He has attended various summer activities in the past, but we feel this has been the most outstanding program offered. This is the first time that we have received written reports. They especially impressed us as they indicated the staff had been intimately involved and understood the specific problems of our child. As parents, we were informed of program goals, and results were observed at home. The principle of normalization has prevailed throughout and contributed to the success of this program.

We are most anxious to see this program continued as a regular after school activity. This time of day is the most difficult in the life=style of the retarded child within the community. These children are not easily accepted by neighborhood peer groups and are usually denied this relationship and learning experience. We hope ENCOR will identify this YMCA program as an excellent example of community resources making itself available to the handicapped. Since this is our understanding of the aims of your Service Division, we would encourage ENCOR to do all possibly to support and expand this program.

Sincerely,

Mr. and Mrs. Leighton Goodrich

### CALENDAR

| SEPTEMBER | CALENDAR  |  |                  |  |
|-----------|---|--|------------------|--|
| SEFIEMBER | Court On to D. T. and D. C. and D. and D. C. and D. and D. C. and D. and D. C. and D. |  |                  |  |
| ,         | South Omaha Developmental Center Parent Meeting - to be a   | nnounced   |                  |  |
| 6         | CHANCE Parent Meeting, 7:30 P.M. at CHANCE, 1702 Grace  |  |                  |  |
| 7         | GENERAL MEMBERSHIP MEETING, First Federal Savings and Loan, 2101 South 42nd St.   |  |                  |  |
| 10        | NOTE CHANGE IN TIMES coffee hour, 7:00 - Program, 7:30  | )  |                  |  |
| 10        | GOYARC Trip to Beatrice   |  |                  |  |
| 12        | Human and Legal Rights Residential Care Committee, 7:30 P.M., 3817 Dewey  |  |                  |  |
| 13        | Sarpy Developmental Center Parent Meeting, 7:30 P.M. at the center  |  |                  |  |
| 13        | Religious Services Committee, GOARC office, 3:00 P.M.   |  |                  |  |
| 13        | GOYARC General Membership Meeting - time and place to be announced  |  |                  |  |
| 14        | Citizen Advocacy Orientation, 7:30 P.M., GOARC office   |  |                  |  |
| 14        | North Poverty and Mental Retardation Committee, 7:30 P.M., Logan Fontenelle, 2211 Paul  |  |                  |  |
| 18        | Pilot Parents Meeting - to be announced   |  |                  |  |
| 18        | CHAP Parent Group Meeting, 7:30 P.M. at CHAP School   |  |                  |  |
| 18        | Citizen Advocacy Training, 7:30 P.M., GOARC office  |  |                  |  |
| 19        | GOARC Board of Directors Meeting, 7:30 P.M., ENCOR  |  |                  |  |
| 20        | Madonna School Parent Meeting, 7:30 P.M. at Madonna School  |  |                  |  |
| 20        | J.P. Lord School Parent Group Meeting, 7:30 P.M. at the school  |  |                  |  |
| 21        | MCRI Parent Group Meeting, 7:30 P.M. at MCRI  |  | ·                |  |
| 21        | Citizen Advocacy Training, 7:30 P.M., GOARC office  |  |                  |  |
| 26        | Sarpy Vocational Services Center Parent Meeting, 7:30 P.M   |  |                  |  |
| ^ 26      | H & LR Public and Parochial Spec. Ed. Committee - time and place to be announced.   |  |                  |  |
| 28        | South Poverty and Mental Retardation Meeting, 7:30 P.M., Commercial Savings and Loan, 4724 South 24th Street  |  |                  |  |
|           | * * * * * * * *   |  |                  |  |
|           | BULLETIN  |  | ·                |  |
|           | DO ANY OF OUR MEMBERS KNOW PERSONALLY OR HAVE SOME  |  |                  |  |
|           | CONTACT WITH ANY WELL KNOWN ENTERTAINERS?   |  | •                |  |
|           | THE FUND RAISING COMMITTEE NEEDS TO KNOW!!!!  |  | •                |  |
|           | CALL JERRY LENZ - home: 397-7612  |  | •                |  |
|           | office: 422-8818  |  |                  |  |
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### the GOARC

Greater Omaha Association for Retarded Children 608 Barker Bldg. Omaha, Neb. 68102

# GAZETTE

EDITOR: JAN NOVICKI OCTOBER, 1972 ISSUE

#### BALLOT STATE LEGISLATURE District 13 (Vote for one) District\_3\_ (Vote for one) George Syas George William Knott Orval Keyes Raymond Lemke District 31 (Vote for one) District 5 (Vote for one) ☐ Mrs. Donald Lamp James Dickinson Eugene Mahoney District 45 (Vote for one) District 7\_ (Vote for one) ☐ Frank Kewis William Skarda 🗖 Joseph Baldwin Carl Buda District 11 (Vote for one) District 9 (Vote for one) TErnest Cambers John Cavanaugh III James Hart, Jr. Leonard Powers

HIS HAPPINESS DEPENDS ON HOW YOU USE YOUR BALLOT, NOVEMBER 7



#### SENATORS ALREADY IN OFFICE

P.J. Morgan....District 4
Harold T. Moylan...District 6
David H. Stahmer....District 8
John S. Savage....District 10
Richard F. Proud...District 12
Duke Snyder....District 14
Glenn A. Goodrich...District 20

#### MEET YOUR SENATORS

A SPECIAL MEETING WITH GOARC MEMBERSHIP, OCTOBER 11, 1972 (See page 7)

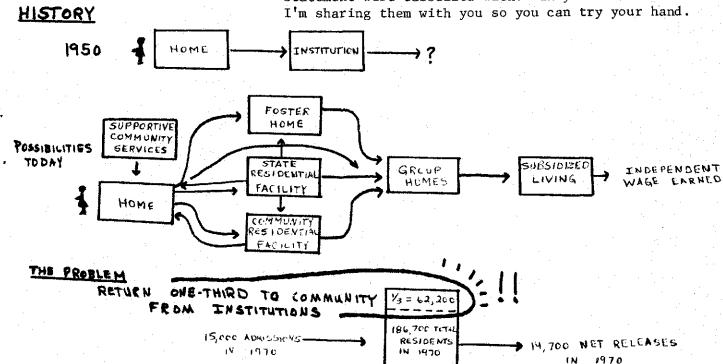
# THE THOUGHTFUL WORKINGS OF AN EXECUTIVE DIRECTOR'S MIND



I've got to share something that has grabbed me. Two weeks ago, I was given the opportunity to work with the staff of the President's Committee on Mental Retardation in Washington, D. C. Eight of us were invited to struggle with them on continuing efforts to implement President Nixon's formal statement of November 16, 1971. (It has been nicknamed his "deinstitutionalization statement.") Remember? That was the statement where he invited all Americans to accept two major goals:

- "1. To reduce by one half the occurrance of mental retardation...
  - 2. To enable one-third of...the retarded persons in public institutions to return to useful lives in the community."

The following schematics inspired by the President's statement were tusselled with. They are still unfinished. I'm sharing them with you so you can try your hand.



#### THE THREE MAIN PARTS OF THE PROBLEM

- 1. REDUCE INTAKE BY OFFERING ALTERNATIVE TYPES OF PLACEMENT
- 2. INCREASE CAPABILITIES AND INDEPENDENCE OF RESIDENTS
  THROUGH HIGHLY SKILLED CARE AND TRAINING
- 3. INCREASE COMMUNITY PLACEMENT BY DEVELOPING
  QUALIFIED COMMUNITY FACILITIES AND HOMES

President Nixon's goals have touched me. Hope they do you too.

Bob Perske

#### YOUR PRESIDENT SPEAKS

Dear Families and Friends:

During my first few months as President of GOARC I have become acutely aware of the needs to let people know what is going on in the 5 county area in regard to community services for the mentally retarded.

I have...many of us have...in the past, figured, because of our success, everyone would know what we are doing in our fight for community services for the retarded and concur with us.

I have learned that this is not the case. Many, many people are unaware and among these many people are those who are very important to us: the Governor, all of our legislators and all other officials in sub divisions of government.

It is up to us to let them know how we feel and what we feel, and how much we need their support in our community service programs.

To know us is to love us and the work that is being done. This should be our motto, and we should let everyone who is even a little interested, know about it.

I can see now our main thrust this year is in the area of public education. There is much prejudice about the retarded, and  $\underline{us}$ , in our attempts at community services.

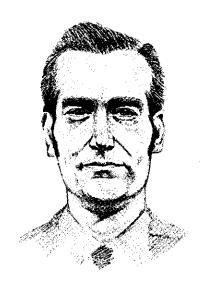
The only way this can be combatted is through knowledge and education.

So, at this time, I am pleading with you. Get involved, become knowledgeable, call us at 346-6338 and ask us how you can help.

Thank you.

Sincerely,

Joseph L. Friend President GOARC



### SEPTEMBER 7TH Was a big night

Now we know what it must have been like to fight in East Pakistan and West Pakistan at the same time. On Thursday, September 7, 1972, 200 parents, citizens and volunteer professionals--proponents of community based services -- met at the hearing of the Bellevue Planning Board for the purpose of assisting the Bellevue Planning Board to approve a home for six small mentally retarded children in their community. The Bellevue Planning Board voted 8-1 in favor of a motion to recommend that the Bellevue City Council allow ENCOR a special use permit at 806 Jewell Rd.

At the same time, GOARC was having it's first General Membership Meeting of the year. Bob Perske, GOARC's Executive Director, summarized the State Human and Legal Rights Report. One hundred and sixty people were in attendance there. At that meeting, Senator Glenn Goodrich told the audience that they would now have a chance to prove that community programs for the retarded are much better than placement in institutions.

Both meetings were exciting as the mission for community based services continues.

### GOARC FARENTS Lending Library Approved

Notification has now been given for the approval of a \$3,167.00 grant to be used in the purchase of books which will be lent to the parents of the mentally retarded and other parents who have children with developmental disabilities throughout Douglas and Sarpy Counties. This project is the outgrowth of a need sensed by many Pilot Parents in the area. Developmental Centers will serve as book lending stations. The main library will be housed in the ENCOR office. Each developmental center has a representative on the Lending Library (continued on next column)

#### LENDING LIBRARY (CON'T)

Committee. The committee persons are:

Mrs. Karen Kelly, Chairman

Mrs. Louise Wright

Mrs. Karen Sommer Mrs. Paula Steiner

Mrs. Catherine Holdren

Mrs. Robert Nichols

Mrs. Joe Friend

### CONGRATULATIONS TO OUR EDITOR

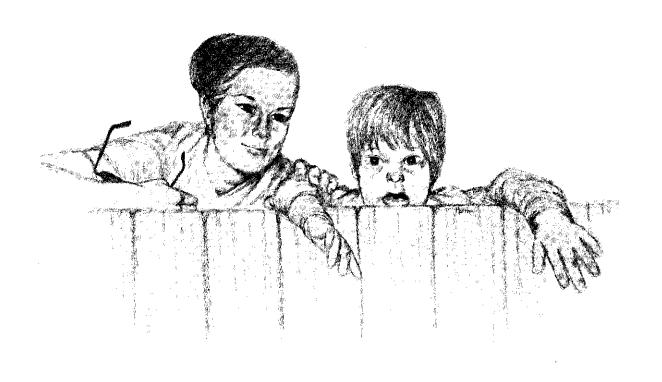
We congratulate our editor, Mrs. Jan Novicki, who has been selected as one of Nebraska's Outstanding Young Women of America.

This organization, each year, selects and honors young women who are working diligently to make their city a better place in which to live. These young women's complete biographical sketches are featured in the national awards volume, Outstanding Young Women of America, and their honor is publicized in news media throughout the country. They are nominated as candidates by local leaders as their communities most valuable young citizens.

We can't think of anyone who is more deserving to be recognized for her talents and achievements in our community than Jan Novicki. Congratulations, Jan!

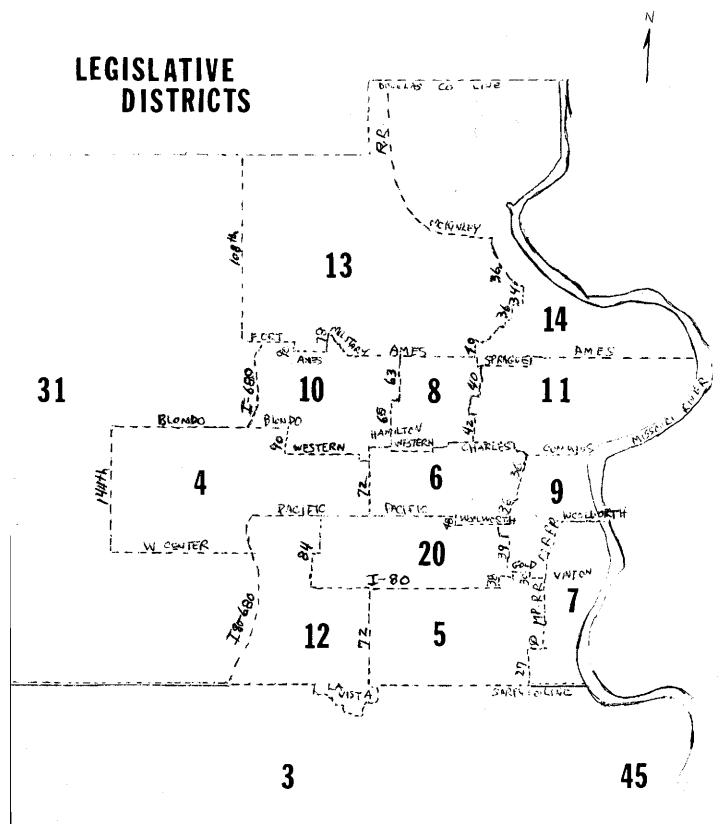
"HAPPINESS IS A HOME ADDRESS"

### BELLEVUE CITY COUNCIL SAYS NO!!!



It hurts...Maybe someday they'll change their minds.

THANK YOU BOB EVERETT AND MONROE McCANN FOR YOUR SUPPORT IN VOTING FOR THE EMCOR REQUEST.



WHICH IS YOUR DISTRICT?

Who are the Senators or Candidates in your district? (Check the front page)

FIND A TIME TO SHAKE HIS HAND AND TELL HIM YOU'RE A MEMBER OF GOARC!

" THE SALVATION OF THE STATE IS WATCHFULNESS IN IT'S CITIZENS"



WEDNESDAY, OCTOBER 11 .....

Is THE NIGHT WE

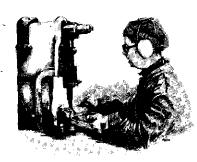
# MEET OUR SENATORS AND CANDIDATES.

Each has been invited. Each has been asked to respond to the following questions:

1. What do you see the needs of the retarded to be?

What are your viewpoints on the present controversy dealing with institutional vs. community programs?

3. Given this viewpoint and given the money that must be spent for the retarded, how do you feel it can best be used?



PLACE: Duchesne Academy Auditorium

ADDRESS: 3601 Burt

TIME: 7:30 P.M.



HERE'S AN EXCELLENT OPPORTUNITY NONE

OF US WILL WANT TO MISS.



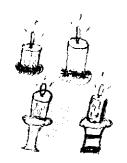
### YOUNG MATRONS BAZAAR

October 27, 1972

10:00 A.M. - 4:00 P.M.

Occidental Savings and Loan 90th and Arbor





#### PUBLIC ATTITUDINAL CHANGE IS NOW GO

A Human and Legal Rights Committee on Public Attitudinal Change is now meeting and they are operative. Their job will be to monitor newspapers, radio and television and to listen for any decidedly negative statements about the mentally retarded or any warmly positive statements. They will be sending letters of commendation and reinforcement to people who say thoughtful and helpful things. They will be sending some firm but kind, suggestive letters to those who use mental retardation in the wrong way.

All members of GOARC are asked to notify Mrs. Wais, 556-6864, or Mrs. Garro, 558-0384, the Co-Chairmen of any incidents where this committee should be responding by letter.

The complete committee is composed of: Mrs. Joan Garro and Mrs. Rosemary Wais, Miss Mary Kenworthy, Mr. Tom Miller, and Mr. and Mrs. Joe Schultz.

This is a going gang. I'm sure Omaha will have a much better attitude toward the mentally retarded because of the work of this fine committee.

#### WORKING WHO SAYS WITH YOUR SENATOR PAY OFF? DOESNIT

Remember that long bill, the one that sets a ceiling on Revenue Sharing? GOARC and NebARC people met with Senator Carl Curtis at the airport before he flew out a couple of weeks ago and discussed it with him. On Friday the 15th, a telephone call came from Washington stating that Carl Curtis placed an amendment exempting the mentally retarded from the ceiling.

### COMMITTEE ON VOCATIONAL CENTERS HAS ORGANIZED

The Human and Legal Rights Committee on Vocational Centers had their first meeting on Wednesday September 13th. The initial committee members are:

Darrel Scholer, Chairman Allen Gilmore Louis Ferragutí Glenn Chandler

They've been entrusted with the job of monitoring the progress and the training techniques of the Vocational Services Centers in the Greater Omaha area. They will be meeting regularly and adding other members to their committee.

### CHRISTMAS JUST Around Corner

It's not too early to select your Christmas cards! By purchasing them from NARC, you not only get beautiful cards designed by the retarded, but you also help the retarded in our area.

Mrs. George Serlet, Card Chairman, said GOARC will award a \$5.00 prize to the group selling the most cards by the November 1 deadline for ordering cards.

A limited number of catalogs showing the actual cards are available for loan at the GOARC office.

# SPECIAL EDUCATION PROGRAM AVAILABLE

GOARC has in it's possession "A Model Law For Handicapped Children" published by the Council for Exceptional Children. This is a 35 mm film strip presentation with a cassette tape. It is an interesting program that can be used by parent groups for one of their programs. A member of the Public & Parochial School Special Education Committee would be happy to speak or explain the role of their committee in conjunction with the showing of this program. Every parent should see this film!

### KAPPA KAPPA GAMMA COMES THROUGH FOR GOARC

All of us are proud of the women of Kappa Kappa Gamma for the gracious donation which came from the proceeds of their April Interior Design Show. These funds are to be used as local matching funds for our Citizen Advocacy program. Your help, Kappa Kappa Gamma, will make it possible for us to have one of the best Citizen Advocacy programs in the nation. All of us at GOARC are grateful to you.

### WILLS TO LEAD LEGISLATIVE THRUST

A painful loss to President Joe Friend's committee thrusts came when Gary Taylor communicated his need to transfer to other GOARC committee work in order to stay clear of certain conflicts of interest. But happily, Bill and Wilma Wills stated that they would be committee co-chairmen. All GOARC members are invited to communicate governmental and legislative concerns to them. Want to serve with this committee? Call Bill and Wilma.



GOAL:

26,000 jars locally.

\$1 a jar.

It really adds up.

10:00 A.M. to 5:00 P.M.

# HONEY SUNDAY

# NEED

YOU!!

Nov. 19

### "BITS AND PIECES"

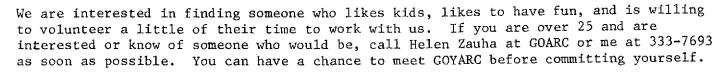
Scott Miller, citizen advocate to Bob B. and Dave J. who live at the Cuming Hostel, became an Eagle Scout on September 10. The boys have been attending scout meetings together.

#### GOYARC PRESIDENT SPEAKS

Hi!

Once again GOYARC has been very busy and plans to be even more so. Our calendar of events is appearing on the back of this issue. If you have any questions or want information about activities, please don't hesitate to get in touch with me or the GOARC office. We have appreciated the cooperation of GOARC members.

We are required to have at least one adult advisor assist us on every activity or meeting organized and carried out by GOYARC. We now have three active advisors to our GOYARC, Helen Zauha and Bill and Libby Hinze. They have done an excellent job covering all our activities. As our membership has grown, and consequently our calendar, it has gotten to be too much for just three people. We need more advisors!



That's all for this month!

Sincerely,

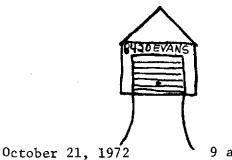
Lori Wolpa
President
Greater Omaha Youth Association
for Retarded Children

### GOYARC YOUTH ADVOCATES AT BSH

Twelve youth advocates traveled to the Beatrice State Home on Sunday, September 10. Each spent the morning in individual activities with his own particular friend. In the afternoon all met together for some "Olympic-type games."

These advocates visit their friends at Beatrice State Home at least once every six weeks. Many more young people at the Beatrice State Home from the Omaha area would benefit from a youth advocacy relationship. If you are interested, please contact Judy Pierce, the Youth Coordinator at 572-1922, or Helen Zauha, Adult Advisor at 346-6338.





9 a.m. - 8 p.m.

571-4295

8420 Evans



#### SPONSORED BY PILOT PARENTS

All articles should be taken to the home of Mary Lou Cunningham, 8420 Evans, the week of the sale. After 6 p.m., please.

### "MANY THANKS"

Beverly Kripal wishes to express her sincere thanks and appreciation to the Pilot Parents, for the beautiful plant during her recent hospitalization.

### PILOT PARENTS HOLD SECOND TRAINING SESSION

Almost nine months have passed since the first Pilot Parent training session was held. The program has definitely been a success. So much so, that other communities would like to become a part of it.

A second training session will be held beginning October 18, and every Wednesday through November 15. If you are interested in being a Pilot Parent, contact Fran Porter at 451-0564.

### ARTIST NEEDS Subjects to draw

If you have an unusually good photograph of a retarded person and can spare it for a period of time, please send it to:

> Martha Perske 2929 South 117th Omaha, Nebraska 68144

The photos are needed for pencil drawings which could be used in the GOARC GAZETTE, public information brochures, etc. and should be large enough for the detail of the face to be seen. Professional photographs are ideal; however, any good picture will be considered with the understanding that it may or may not be used. All pictures will be returned shortly if you put your name and address on the back. Martha says, "Many thanks".

### CITIZEN ADVOCACY "BITS AND PIECES"

Jill Courtwright was finally successful in helping her friend Peggy Terry to get eye glasses.

Sue Grasso and her young protege, Lynne S., were photographed by United Community Services to exemplify a citizen advocacy relationship.



## RIDE A BIKE FOR THE RETARDED

Nancy Cleary and Stacy Simon were chairmen and Bill Hinze, advisor, for the GOYARC "Bike Ride for the Retarded" held Saturday, September 23. Bikeathon took place in other localities across Nebraska under the sponsorship of local Youth ARC's. Arlo Burk was chairman for the state.

Omaha area participants met at Elmwood Park. Approximately 60 riders, given a send off by Joe Friend, President of GOARC, followed a predetermined route including Fontenelle Park, Hanscom Park, Carter Lake, Henry Doorly Zoo, and Hitchcock Park. Mark Moon and Bill Jennings, youth members, led the riders.

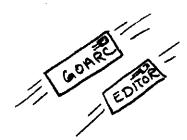
After riding, participants were to take their check-point cards indicating numbers of miles ridden and collect the money which each sponsor had pledged to pay per mile. Money was to be turned into GOYARC treasurer, Sue Grasso, 12503 Pierce (333-0883).

A REGULAR FRIEND IS NEEDED BY A 14-YEAR OLD GIRL WHO NEEDS SUPERVISION WHILE HER MOTHER ATTENDS A TRAINING COURSE FOR A JOB. THIS IS A CHANCE TO DEVELOP A NECESSARY FRIENDSHIP FOR THIS TEENAGE GIRL. IF YOU ARE INTERESTED, PLEASE CALL HELEN ZAUHA, 346-6338.

ANYONE INTERESTED IN BABYSITTING FOR A RETARDED CHILD, PLEASE CONTACT THE GOARC OFFICE. THIS COULD BE A GREAT WAY OF GETTING TO KNOW A NEW LITTLE FRIEND.

### "PAY-OFF" AT GENERAL MEMBERSHIP MEETING

Mr. and Mrs. Chris Christiansen of 5124 North 86th Street, Omaha, won the Pennies for Research Raffle prize at the September General Membership Meeting. The prize, 2 serving dishes from Denmark, were donated by Borsheims Jewelry, 315 South 16th Street, Omaha, Nebraska.



#### LETTERS

TO

GOARC

Dear Fellow GOARC Members,

Do you want our community programs for the retarded to continue? If so, you have a job to do. In the past few months, the people from Beatrice have written letters by the score to our State Senators attempting to pursuade them that Beatrice is better than locally based programs. As was indicated at the GOARC meeting, many senators have been greatly influenced by this and are questioning programs such as those administered by ENCOR.

The solution is simple. Take five minutes to write your State Senator your feelings about our community programs. Ask him to vote to fund them. Don't worry about your grammar, your handwriting, or your paper. The important thing is your support! It is critical.

Sincerely, Judith H. Berry

P.S. If you don't know your Senator, write one of those on the committee investigating our programs. (Senators Carstens, Goodrich, Marvel, Whitney or Stahmer.)

Dear Friends at ENCOR,

Enclosed are checks that were given for memorials to the Tom Madsen Memorial Fund. I want to thank all of you people for allowing Tom to be a part of your wonderful organization. We all know how happy Tom was in his association with the retarded and credit must be due to dedicated people like you.

Again I thank you and wish your organization all the success possible.

Sincerely yours, Stanley G. Madsen

(\$389.00)

Dear Editor,

In June, 1971, I called the Northside Big Brothers Organization to see about getting my son, Harold, a Big Brother. I explained to them about him being retarded and how much he needed the guidance of a man, but instead they turned me down, in a nice way by saying they didn't have any man qualified in that field. Harold can swim, sings in the church choir, likes to play pool and ball, dance and watch TV.

After waiting awhile and with the aid of a few friends like Mrs. Fran Porter, Mrs. Edna Watson and Mrs. Catherine Williams, I contacted Citizens Advocate. Miss Helen Zauha put Harold on the waiting list. In a month Harold met Captain James Davis and since then they have been just like

### LETTERS TO GOARC (CON'T)

real brothers. We like Jim very much and since they have been together I can see such a change in Harold. His behavior, emotional and language problems have improved. Sometimes when he gets out of control, all I have to do is mention "Jim" and I don't have to say anything more. Harold thinks there's no one like Jim, his Big Brother, and so do I.

Thanks to Citizens Advocate, everything is going just fine.

Thank you, A very happy mother Mrs. Beverly Curtis and Harold

Special Ed Task Force Jack DeMay, Chairman

A big, big "thank you" for your letters to the Special Education Department of the Omaha Public Schools concerning Central Grade School. A week before school began, we received notice that our boys would be transferred to Rosehill School, which is much closer than Central Grade. Needless to say, we were delighted. The boys are happy and so are we.

Jan Novicki Rose Chittick

# JIM MARQUISS MEETS WITH RESIDENTIAL CARE TASK FORCE

Jim Marquiss, ENCOR Residential Services Director, met with the GOARC Residential Care Task Force on August 29 to share ideas on improvement of quantity and quality of residential services to the retarded in Douglas and Sarpy Counties. Chairman June Vance hosted the discussion, issues of which were based on observations of committee members in their visits to hostels, as well as reports to the committee by parents and staff, over nearly a year's time. The relationship between the Task Force and the Residential Services Department was discussed along with means of insuring continuity of staffing. Jim gave the committee encouraging information on his department's enlargement and development of inservice training programs.

Chris and Howard Muise have left the committee as Howard will be attending graduate school in Florida. Cheryl Havekost, a citizen advocate, Mrs. Thomas Lueck, and Mrs. Elmer Buck have been invited to join the Residential Care Task Force.

# INVESTIGATION TO FOCUS ON COMMUNITY SERVICES

The NebARC Human and Legal Rights Committee will be investigating community residential services. Information is needed on care of residents living in Nursing Homes, local service agencies, local residential facilities.

--Adequate and proper medical care.

- -- Physical restoration services, dental, proper exercise, nutrition, etc.
- --Educational advantages; vocational, elementary academics for self development.

--Guidance services.

- --Properly trained and adequate staffing of the community service residential care facility.
- --Meaningful recreation advantages, especially ones which build character and personality.
- --Personal privileges such as stylish clothing and good grooming. --Appropriate orientation into the community life around him.

Obtaining more data from you will make it possible to establish solid

Obtaining more data from you will make it possible to establish solld fronts with local and State social service agencies. All replies will be held confidential with the Committee. This is without question the most extensive search the Committee has yet embarked upon. Please direct all replies under CONFIDENTIAL letter to Human and Legal Rights Committee, c/o NebARC.

SPEAK OUT!!!

"What Shall We Do For Thursday's Child?"

WHEN: Monday, October 2, 1972 7 - 8:30 P.M.

on

Channel 12 - KUON

A Program on Special Education

#### CALENDAR

|         | CALENDAR   |   |  |  |  |
|---------|--|---|--|--|--|
| OCTOBER |  |   |  |  |  |
| 1       | GOYARC Steering Committee Meeting - ENCOR, 7:00  |   |  |  |  |
| 2       | Channel 12,7 - 8:30 P.M "What Shall We Do For Thursday's Child" A Program on Special Education                             |   |  |  |  |
| 4       | CHANCE Parent Group, 7:30 P.M. at the center   |   |  |  |  |
| 4       | Benson Vocational Services Center Parents, 7:30 P.M.   |   |  |  |  |
| 5       | Benson Developmental Center Parent Group, 7:30 P.M. at the workshop  |   |  |  |  |
| 8       | GOYARC Hayrack Ride, Chairman: Jay Salyers, phone - 333-1111 ext. 324  |   |  |  |  |
| 10      | South Omaha Developmental Center - TENTATIVE - (to be announced)   |   |  |  |  |
| 11      | VERY SPECIAL LEGISLATIVE MEETING - "MEET OUR SENATORS AND CANDIDATES" - 7:30 P.M., Duchesne Academy, 3601 Burt             |   |  |  |  |
| 11      | Sarpy Developmental Parent Group Meeting, 7:30 P.M.  |   |  |  |  |
| 12      | North Poverty and Mental Retardation Committee meeting, 7:30 P.M., Logan Fontenelle Multi-Service Center, 2211 Paul Street |   |  |  |  |
| 12      | ENCOR Advisory Committee meeting, DMU, 7:30 P.M.   |   |  |  |  |
| 15      | GOYARC General Membership meeting, 4501 Dodge, Commercial Savings and Loan, 7:00 P.M.                                      |   |  |  |  |
| 16      | CHAP School Parent Group meeting, 7:30 P.M. at CHAP School   |   |  |  |  |
| 17      | GOARC Board of Directors Meeting, 7:30 P.M., ENCOR   |   |  |  |  |
| 18      | J.P. Lord Parents Group, 7:30 P.M. Open House & Brief Mt   | 5 | gger rangidihasi telah den anda seri reba di 1927 di 1937 di 1 |  |  |
| 18      | Madonna School Parent Group, 7:30 P.M. at the school   |   |  |  |  |
| 18      | Pilot Parent Training Session, 7:30 P.M. location to be announced  |   |  |  |  |
| 19      | AAMD Region VIII Conference, Omaha Hilton Hotel  |   |  |  |  |
| 20      | AAMD Region VIII Conference, Omaha Hilton Hotel  |   | •  |  |  |
| 20      | GOYARC Attends football bame, Chairman: Mark Moon, phone: 291-5661   |   | •  |  |  |
| 21      | Pilot Parent Garage Sale, 9a.m8p.m., 8420 Evans  |   |  |  |  |
| 24      | H & LR Public & Par. Spec.Ed. Comm., 7:30 P.M., location to be announced   | · | U.S<br>O<br>Per  |  |  |
| 25      | Pilot Parent Training Session, 7:30 P.M. location to be announced  |   | Nonprof<br>.S. Post.<br>Omaha,<br>ermit No   |  |  |
| 26      | South P & MR, Commercial Savings, 7:30, 4724 South 24th  |   | it<br>age<br>Neb   |  |  |
| 29      | GOYARC Visits Beatrice State Home  |   | Org.<br>Paid<br>09   |  |  |
| 31      | Sarpy Voc. Serv. Center Parents, 7:30 P.M.   |   |  |  |  |
| 31      | GOYARC Trick or Tteat<br>-16-  |   |  |  |  |
|         |  |   |  |  |  |

### the GOARC

Greater Omaha Association for Retarded Children 608 Barker Bldg. Omaha, Neb. 68102

# GAZETTE

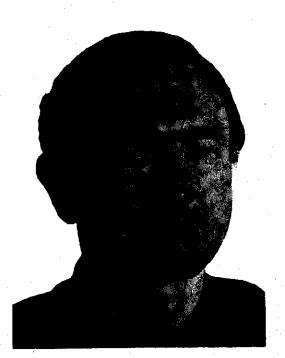
Nonprofit Org.
U.S. Postage Paid
Omaha, Neb.
Permit No. 109

#### A TRIBUTE TO WOLFENSBERGER

Dr. Wolf Wolfensberger will be departing the Omaha area August 23 to commence a one or two year endeavor in Toronto, Canada. This news has prompted many emotional comments from Nebraska residents expressing their concerns and gratitudes for what Dr. Wolfensberger has done for the mentally handicapped of our state.

There have been several attempts to pay tribute to this international leader and true advocate of the retarded, but he has discouraged such efforts as frivolous exercises in emotions. Such recognitions, no matter how well intended, are only for the moment. We feel a lasting tribute to Dr. Wolfensberger can best be expressed by the dedicated commitment of those working in the movement for community services for the mentally retarded throughout Nebraska.

Continued on Page 9



Dr. Wolfensberger

"In the five years we have worked together, we have run the gamut from complete hostility to a great understanding in our beliefs. For better or worse, Wolf says what he thinks and sticks to his beliefs. He is the most open, honest and the most blunt man I have ever worked with and he's usually right on his ideas involving the retarded. In fact, he's right more often than most people. The idea of residential systems such as the hostels, supervised apartments, etc. was his "baby". The work station in industry was also an early idea of Wolf's.

Wolf stimulated other people in their thinking. He will certainly be missed."

Robert L. Clark

#### "LET GEORGE DO IT"

At the risk of sounding a bit immodest, I would agree with the title of this article, except for one thing. George can't do it---at least this George can't do it alone.

As one of your newly elected officers, I have no illusions about the sizable job ahead, in attempting to simply keep pace and maintain the great record GOARC has established in the past. Thanks to the fine and dedicated officers and members we have had, GOARC enjoys an enviable reputation both locally and nationally. To continue these distinctions we all must cooperate as individuals and as a group. I believe that GOARC's relations with other similar organizations should be on the basis of a partnership, rather than a "battleship".

I have a very humble opinion of my own abilities, but more important, I know my limitations.

So I need the help of all of you. This could start with your attending the infrequent meetings we have and by accepting an assignment when requested. You might even find it enjoyable and I know it will be satisfying.

See you in September!

George G. Barker President, GOARC









#### NEW EXECUTIVE DIRECTOR FOR GOARC

The Greater Omaha Association for Retarded Children announces the selection of Robert A. Perske for the position of Executive Director to fill the vacancy created when Robert L. Clark left to become Administrative Coordinator for the Douglas County Mental Health Advisory Committee.

Mr. Perske is presently Director of Chaplaincy Services at the Kansas Neurological Institute and Staff Affiliate with the Menninger Foundation, Topeka, Kansas, since 1962. He received his Bachelor of Arts degree from the Westmar College in 1950 and a Bachelor of Divinity degree from the Evangelical Theological Seminary, Naperville, Illinois. He has had several years of Clinical Pastoral training at the Topeka State Hospital and the Menninger Foundation in Topeka, Kansas.



Robert A. Perske

Mr. Perske brings to Omaha an extensive background in the field of mental retardation which includes publication of over 20 articles in various aspects of mental retardation as well as contributions to several books. He is currently writing a book especially for parents of the mentally retarded.

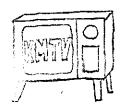
He was awarded the "Outstanding Young Man of the Year" by the Sterling, Colorado, Junior Chamber of Commerce in 1957. Mr. Perske has traveled extensively in Europe observing programs for the mentally retarded and in 1969 received the coveted Rosemary Dybwad Award for travel and study in Stockholm, Sweden, and Copenhagen, Denmark.

For many years, Mr. Perske has been a consultant to the Community Psychiatric Division of the Nebraska Psychiatric Institute in Omaha and has conducted a number of workshops on Pastoral Counseling of parents of the retarded.

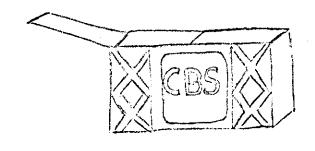
Mr. Perske will join GOARC effective September 1, 1971, at a starting annual salary of \$16,000. He and his wife Martha and five children will soon be making their home at 2929 South 117th Street in Omaha.

Homer C. Mann has been Acting Executive Director of GOARC since Robert Clark left the position last May. Mr. Mann will continue with GOARC as Director of Community Services.

\*\*\*\*\*\*







#### KMTV SPECIAL AUGUST 29

The Issues '71 series on KMTV (Channel 3) will present a half-hour show entitled "The Retarded Child in the Community" on Sunday, August 29. Among the participants will be Charles Galloway, ENCOR's Director of Child Development Services. Host on the show will be Terry Forsberg.

#### CBS DOCUMENTARY

Some time after September 1, a production crew from WAGA-TV, a CBS affiliate in Atlanta, Georgia, will be in the ENCOR region filming ENCOR's residential services for use in a documentary they are preparing on community services for the mentally retarded.

#### WORLD HERALD WRITE-UP

World Herald health reporter, Mary McGrath and intern, Paul Critchlow, will be collaborating on an extensive series of articles on ENCOR. Watch for them soon on the Wednesday FOCUS page.

#### WELCOME ABOARD, LINDA!

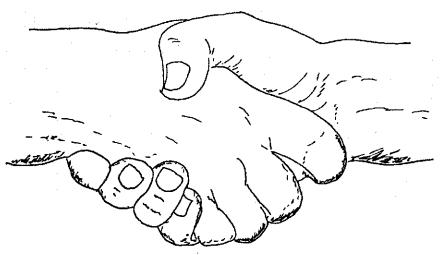
GOARC welcomes a new employee, Linda Lund, to its office as Administrative Assistant replacing Lois Rood. Linda, a native Omahan, comes to us from the Jewish Foundation for Retarded Children, Inc. in St. Louis, Missouri where she held the position of secretary to the Executive Director. She is very enthusiastic about continuing to work in the field of mental retardation.

Linda is 24 years old and has one daughter, Kirsten, age 6.

Welcome and Good Luck!



It won't be LONG now!



May we introduce — "WORKING PARTNERS"

You and the Service agencies!

YOU are the parents, friends or advocates for the consumers of services for the handicapped.

SERVICE AGENCIES include all public or private agencies or schools providing services or programs for the handicapped.

The need for cooperative effort cannot be over emphasized! It starts with the Parent Advisory Group serving each facility. Listed below are the various organizations serving this need. We recommend that YOU make a sincere effort to become actively involved in the Advisory Group serving your handicapped interest. Check the monthly calendar of events for meeting times or phone the Chairman for specific details.

Beatrice State Home Parent Group
1r. William Wills, Chr. 333-4359

Benson Developmental Center

Mr. Allen Gilmore, Chr. 453-2441

Mrs. Edna Watson, Chr. 455-5024

CHAP School-Bellevue Public Schools
Mr. Earl Hurley, Chr. 291-8613

Children's Memorial Hosp. Parents Ass'n.
Mrs. Donald Johnson, Pres. 455-9278

J. P. Lord School

Fr. Maurice Monroe, Chr. 333-7143

Madonna School

Fr. Frank Kean, Chr. 556-2510

Meyer Children's Rehabilitation Inst.
Mr. James Monohan, Chr. 556-6407

Millard Public Schools

Mrs. Donald Goodspeed, Chr. 334-5948

Omaha Public Schools
Mr. Darrel Scholer, Chr. 571-1786

Residential Services (ENCOR)

Mrs. Laverne Hammer, Dir. 558-1115

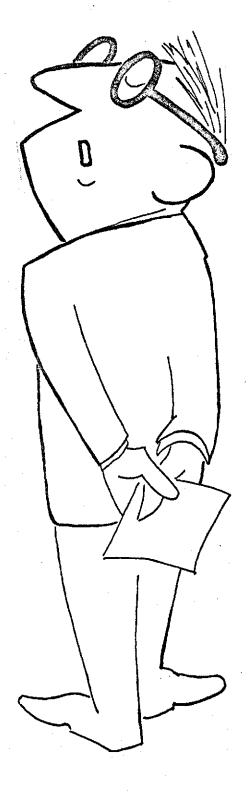
Sarpy Developmental Center
Mrs. Rose Kiepke, Pres. 291-8592

South Omaha Developmental Center
Mr. Arthur Stolinski, Chr. 345-1272

Vocational Services Center, Benson Branch
Mrs. Margaret Rosendahl, Chr. 391-1563

Vocational Services Center, Sarpy Branch
Mr. Sanford Luevane, Pres. 291-3452

Westside Community Schools
Mr. Richard Hoskins, Pres. 393-2009



#### GOARC GENERAL MEMBERSHIP MEETING

September 2, 1971

7:30 p.m. - Coffee and fellowship

8:00 p.m. - Meeting

"Meet the New Exec"

First Federal Savings & Loan
42nd & Center

The Homestead Room

### Officers for 1971

George Barker - President
Ken Chittick - First Vice President
Ray Mohatt - Second Vice President
Sister Mary Evangeline - Corres. Secretary
Louise Wright - Treasurer

## ORGANIZATIONAL DEVELOPMENT WORKSHOP FOR GOARC

| WHEN: Friday, August 20 and Saturday, August 21   |
|---|
| WHERE: Christ Child Center, 1248 South 10 Street  |
| BY WHOM: Nebraska Association for Retarded Children   |
| By now you have received a flyer explaining this organizational development workshop. Any organization needs leaders whether it be professional or volunteer and GOARC is no exception!   |
| This workshop is a specialized training vehicle consisting of General Sessions and Team activities aimed specifically at helping volunteers achieve organizational strength and growth. The knowledge received is applicable to any organizational activity. The workshop requires 9 hours. Therefore, we have divided the time for Friday, 7:30 p.m. to 10:30 p.m. and Saturday 9:00 a.m. to noon and 1:00 p.m. to 4:00 p.m. This workshop should be a good one for anyone involved in individual Parent Group leadership or as a member of any Association Committee. |
| The materials are provided by NARC at a cost of \$2.00 per set. We ask that the participants pay in advance.  |
| We MUST limit the group to 30 persons for maximum productivity during the sessions. Advance reservation is required.  |
|   |
| Greater Omaha Association for Retarded Children<br>608 Barker Building<br>Omaha, Nebraska 68102   |
| I request to be registered for the Organization Development Workshop on August 20 and 21.   |
|   |
| Name Address  |
| Telephone   |
|   |
| Enclosed is \$2.00 for the Workshop Materials   |

SUMMARY THOUGHTS ON GOARC --- PAST, PRESENT, FUTURE

by Wolf Wolfensberger, Ph.D.

In giving some summarizing thoughts on the past, present and future of GOARC, we can point to six triumphs, three tragedies and nine challenges.

One triumph was the brilliant legislative victory that we attained this last time around, which we can be very proud of, and to which we have strongly contributed as a local association.

Another triumph which we can point to is the successful separation of ENCOR and GOARC. That we were able to turn loose this vast service operation is almost unique in the annals of the ARC movement. That we recovered from our large membership loss and became bigger than before was also a major triumph. That we increased the membership involvement since, and made a successful start on at lease a number of major committees (advisory, etc.) and even the attempt at working out a grievance and advisory structure vis-a-vis ENCOR is a considerable credit. The high level of funding we retained from UCS after we handed the services back to ENCOR (particularly in the light of what has happened to other associations) is also a triumph. And when we look across the country we appear to have one of the most outstanding records on publicity and public relations, as well as on dissemination, in the country.

Now here are the tragedies as they occur to me; some of them are coupled with challenges. One of these is that we have suffered a loss of relationship with the Douglas County Board of Supervisors. This could hurt us in the long run. The challenge would be to examine ways to strengthen the bonds to bring them back to the intimacy that we had nine or twelve months ago. Another tragedy is that we do not have the Citizens' Advocacy scheme implemented in Omaha as they do elsewhere in the state. The challenge here, of course, parallels some of the priorities of the planning committee that we should implement, and hopefully do so with a unique element added to the scheme so that we are not merely duplicating CARC's in Lincoln.

Another tragedy, one we have not said much about within GOARC, is that our Youth ARC is not as strong and active as a city of our size would suggest. The challenge here is to activate our youth, perhaps to review how we can help them.

The challenges confronting us now, other than those coupled with tragedies include:

- 1) Completing the advisory and grievance committees and committee structure, to make them fully functional, and to make them a model; not only having them functioning alongside ENCOR but alongside any agency.
- 2) To expand and systematize our family education activities. We need a new chairman for our family education committee and some of our subcommittees. We need to implement our basic educational Course, the Pilot Parent Program and more follow-up on special interest groups.
- 3) Another challenge is poverty. For us to do something that is really meaningful, not just a token.

Continued on page 9

#### SUMMARY THOUGHTS ON GOARC (continued from page 8)

- 4) Next, to prepare for legislation in '72. Our legislative successes are almost unparalleled nationally, but now it is no longer going to be a biannual affair where we give one huge heave. We are going to have to tie up loose ends and implement funding mechanisms the next time around.
- 5) Finally, to prevent the rigidification and "settling down" the "agency-becoming," of ENCOR. I see many disquieting signs of beginnings of that now, and such signs often herald the decline or even end of dynamism. Here, we have to see ourselves as having a real, real challenge ahead of us.

#### TRIBUTE TO WOLFENSBERGER (continued from page 1)

Doctor Wolfensberger has been in Nebraska for seven years. In that length of time he has accomplished much. Such as the development and implementation of the Citizen Advocacy scheme which received a presidential citation for volunteerism in January, 1971. He was honored by a special resolution of the 1970 convention of the National Association for Retarded children, for efforts in

implementing the normalization principle. Wolf has written countless books and articles on the subject of mental retardation and hopes to do a lot more writing while in Canada.

The state will be losing a great man, but we all wish him success in his many endeavors.

### Y. O. U. T. H.

Two members of the youth group will be attending the national Y.O.U.T.H. ARC conference in St. Charles, Missouri, from August 11-15. They are Sheila Marko and Robin Zagurski.

The Y.O.U.T.H. group needs your support. Any young people 13-25 who would like to join should call the GOARC office, 346-6338.

"Mentally retarded children may have to be taught how to play baseball, or how to eat with a fork, but nobody has to teach them how to love."



#### BENSON GETS NEW DIRECTOR

John McGee, who for the past several years has been Director of New Careers program at Creighton University, began his duties as Director of the Benson Workshop on August 2. Jim Byrnes moved to ENCOR, as Director of Vocational Services to better enable him to coordinate the present vocational services and to work on involving the community in providing new and improved types of services.

#### WORTH QUOTING AGAIN

"Most people are misled by hearing that a person has a mental age of six. They do not keep in mind that this is the result of a mathematical averaging of a large number of tests. From this, they move on to an insidious misconception that this man of 20 is <u>like</u> a child of 6 and therefore should be treated like a child.

"This is utter nonsense. There are no 6-year-old children who are six, feet tall and weigh 180 pounds, have had 20 years of life experience, and have the strength to stand for several hours lifting logs onto a truck. Mentally retarded persons are not 'eternal children'. To refer to them as such is an insult to their dignity as human beings. . ."

Dr. Gunnar Dybwad of Brandeis University

#### SWEAT STUDENTS NEAR GRADUATION

Eleven students, ages 16 to 22 are taking part in the Summer Work Experience and Training program now in progress at the Nebraska Psychiatric Institute. This program is intended to introduce them to the field of mental retardation and possible careers working with the retarded. The students have been working on research projects and helping in programs in Omaha, Lincoln, and Columbus. They have toured facilities for the retarded, heard lectures and spent a week at a North Platte camp for the retarded.



HONEY SUNDAY Nov. 21

DENVER - NARC CONVENTION

OCTOBER 13 - 16

## TAKE MY SON BY THE HAND Anonymous

My son starts to school tomorrow.

It's all going to be strange and new to him for awhile and I wish you would sort of treat him gently. You see, up to now, he's been king of the roost. He's been boss of the backyard. I have always been around to repair his wounds, and I've always been handy to soothe his feelings. But now...things are going to be different.

This morning he is going to walk down the front steps, wave his hand, and start on his great adventure that will include wars and tragedy and sorrow.

To live his life in the world he has to live in, will require faith and love and courage.

So, teacher, I wish you would sort of take him by his young hand and teach him the things he will have to know.

He will have to learn, I know, that all men are not just, that all men are not true.

Teach him that for every scoundrel, there is a hero, that for every crooked politician there is a dedicated leader. Teach him that for every enemy there is a friend.

Let him learn early that the bullies are the easiest people to lick.

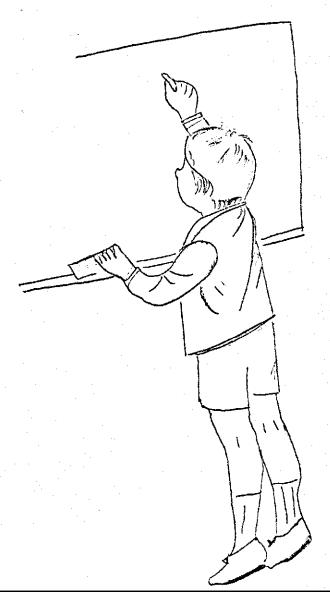
Teach him the wonders of books. Give him quiet time to ponder the eternal mystery of birds in the sky, bees in the sun, and flowers on a green hill.

Teach him that it is far more honorable to fail than to cheat. Teach him to have faith in his own ideas, even if everyone tells him they are wrong.

Try to give my son the strength not to follow the crowd when everyone else is getting on the bandwagon. Teach him to listen to all men, but to filter all he hears on a screen of truth and to take only the good that comes through.

Teach him to sell his brown and brains to the highest bidder, but never to put a price tag on his heart and soul. Teach him to close his ears to a howling mob, and to stand and fight if he thinks he's right.

Teach him gently, but don't coddle him, because only the test of fire makes fine steel.



## Parent Education Committee to Initiate An Adult Education Course on September 21st

GOARC has just completed arrangements to co-sponsor an adult education course in conjunction with the Omaha Technical College, starting in the fall quarter on September 21st. The course entitled Mental Retardation and Behavioral Development will be primarily taught by Dr. Charles Galloway, Director, Developmental and Educational Services, ENCOR. Dr. Frank Menolascino, Nebraska Psychiatric Institute, Brian Lensink, ENCOR Director, and Linda Glenn, ENCOR, will also cover some of the subjects.

The content of the course will be directed primarily to parents and other individuals having personal responsibility for the care and development of retarded persons. However, any individual who is interested in mental retardation is welcome to participate in the course.

The course will be divided into two parts. The first sequence of seven meetings will touch on the broad issues related to retardation. This overview is designed to put into perspective new conceptions of retarded people and service systems which are evolving. The second part of the course will involve five sessions related to "percision teaching" and will stress the development of more effective training and management plans related to unique behavioral concerns. Continuation through the second phase is optional.

The course will be conducted on Tuesdays, starting September 21st from 7 to 9 p.m. at Regan Hall, 38th and Burt, which is in the Duchesne Academy area. Room numbers will be posted on the starting day and the East entrance is recommended.

To be eligible for the course one must be at least 16 years of age and not enrolled in the Omaha Public Schools. The entire cost of registration will be \$4.00 for those residing within the Omaha School District and \$6.00 for those residing outside the Omaha District. Registration may be accomplished by calling Mrs. Ritzanna Seaton at the Omaha Technical College, phone number is 556-4451, or at any of the following locations:

Tuesday, Sept. 7, at Technical High, Northwest & McMillan

Wednesday, Sept 8, at Technical High, Hale, South, Norris, and Burke

Thursday, Sept. 9, at Technical High, Bryan Senior, Regan Hall

Wednesday, Sept. 15, and Thursday, Sept. 16, late registration will be held at Technical High

A full page ad on the Omaha Technical College will be appearing in the World Herald on Sunday, August 29, 1971.

It has been some time since GOARC has been able to sponsor a much needed adult education course. Many members have been asking for this training so we are hoping for an interesting group to be in attendance. Beat the rush and sign up now!!!

## ACTION COMMITTEE ON POVERTY AND MENTAL RETARDATION By Clementine Morrow

The Action Committee on Poverty and Mental Retardation has been very involved in legislation relative to Aid to Dependent Children.

Briefly, we would like to share these activities with you. We initiated several meetings with State Senators, and State and local Welfare officials in response to the announced plan by the State Department of Welfare to prorate (rateable reduce) Aid to Dependent Children payments.

We were informed that Senators were assured in May by the Governor's office and the State Department of Welfare that prorating was not necessary with the budget appropriated for Aid to Dependent Children by the legislature. The Welfare Department officials could not explain why the decision to prorate was announced a month later other than 1) the order to prorate comes from the Governor's office, 2) they grossly underestimated expected growth in Aid to Dependent Children roles.

ACTION TAKEN A letter was sent to Governor Exon drawn up and endorsed by the committee and other concerned citizens of the community. Also individual letters were sent by committee members.

(Excerpt from the committee's letter to the Governor):

"As taxpayers, we share your concern for controlling state expenditures. As Nebraskans, as parents--as well as taxpayers -- we strongly urge that you not place the burden for holding the budget in line on those who are least able to afford it, the poor. And especially the children of the poor. . . The proposed cuts affect the working poor and their children primarily--those who are trying to become self supporting. This directly contradicts every proposal now under consideration nationally for constructive revision of the welfare system. . . The A.D.C. allotments in this state were not only below our own Nebraska minimum standard of health and welfare, but had to be raised to meet Federal minimum requirements in order to secure matching funds. How can that standard now be reduced?. . . Knowing the direct relationship now established between malnutrition and mental retardation -- irreversible retardation -- especially in the prenatal period and first five years of life, how can we in this great state add to this risk for our children?. . . At this time, when Federal help is pending, when children in Nebraska are still hungry in a land of plenty, we urge that there be no cuts in Aid to Dependent Children payments."

The Senators that attended the meetings agreed to meet with Governor Exon to discuss 1) why were they assured in May that prorating was not necessary, 2) why were plans initiated in June to prorate. The Committee has also joined with other groups in the community who are contemplating actions in this area.

(If anyone is interested in obtaining a copy of the above letter in its entirety, contact the GOARC office, 346-6338).

#### PARENT SPEAKS OUT

In a recent speech, Governor Exon made this statement "... Mr. and Mrs. John Q. Nebraskan, can Nebraska afford to meet the real or imagined demands of skyrocketing welfare outlays?" The following is a letter, in response to this statement, written by Mrs. Louise Wright, a parent, and member of the Action Committee on Poverty & Mental Retardation. Her letter was sent to various news media and was read on "Viewer Speaks Out" (KETV), Friday, August 6th.

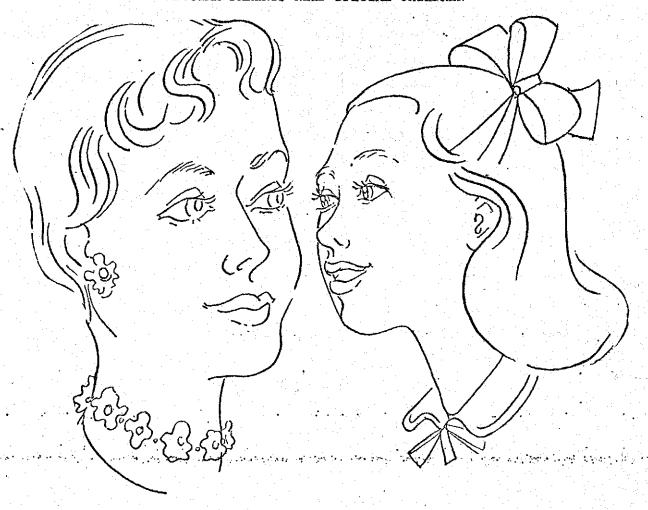
"In answer to Governor Exons speech defending his position on Welfare, I would like to say I have never read anything so cruel and inhuman. What kind of a man is this who can kick people when they are down and then rub salt in the wounds. How can he, or any other person with any kind of understanding say that the problems of the Welfare recipient are real or imagined. How can sub-standard housing, malnutrition and no decent jobs be imagined? How can children who have to live under these conditions be imagined? In the statements made by the Presidents Committee on Mental Retardation it was stated that malnutrition was the largest cause of mental retardation in the low income area, is this also imagined? No Governor Exon! When parents like myself see our children going without the essentials that you and your family take for granted such as proper food, decent clothing, and good schools. I hope and pray to God that you never have to see your children do without and then have someone say it is imagined. I hope and pray that someday you will be able to see and really understand the problem."



"Although children may be the victims of Fate, they will not be the victims of our neglect."

John F. Kennedy

#### SPECIAL PARENTS NEED SPECIAL CHILDREN



BE "SPECIAL PARENTS" TO ONE SPECIAL CHILD OR TWO, OR THREE!!!

Why not give a retarded child the opportunity to enjoy a real home? Think you'll be alone? ENCOR provides the following back-up specialty services:

Crisis Assistance (For vacations or family illness, etc.)

Family Guidance & Supportive Services

Recreational Programming

Medical back-up and coordination

Day Services in Developmental or Educational Programs

SPECIAL PARENTS do not necessarily need to meet certain financial or age limitations; but rather provide a good home atmosphere, a loving environment, and an understanding of children.

\$140/month for one child \$125/month per child for two children

\$110/month per child for three children Sorry, but the limit is three children

#### SPECIAL PARENTS NEED SPECIAL CHILDREN

Jim Marquiss
Eastern Nebraska Community Office of Retardation
116 South 42nd Street
Omaha, Nebraska 68131
(402) 558-1115

#### COUPLES INTO COMMUNITY SERVICE

(Young, old, with families or without)

There is an immediate need in the Omaha area and surrounding counties for couples to work as houseparents in small group homes (6-9 residents) for retarded individuals.

If you feel you have the desire, willingness, and capability of providing a warm home atmosphere for children, adolescents, or adults and to assist the training programs for these individuals -- ENCOR will provide for you:

- (1) A nice, neat, well furnished home in an established neighborhood.
- (2) A complete back-up support system for yourself and the residents.
  - (a) Houseparent assistants
  - (b) Housekeeper
  - (c) Day programming for the residents ceducational or vocational
  - (d) Recreational programming
  - (e) Crisis Assistance Services
  - (f) Family & client guidance services
  - (g) Supportive services (coordination of psychological, therapy, and medical services)
- (3) Room and board for yourself and family
- (4) \$300/month with scheduled increases
- (5) Husband may have daytime employment

If you are interested, please contact:

Jim Marquiss
Eastern Nebraska Community Office of Retardation
116 South 42nd Street
Omaha, Nebraska 68131
(1-402) 558-1115

#### CALENDER

#### August

- 16 Executive Committee Meeting, 7:30 p.m., ENCOR, 116 South 42nd
- Religious Nurture Steering Committee Meeting, St. Timothy Luthern Church, 93rd and W. Dodge, 7:30 p.m.
- 24 Poverty and MR Committee 7:30 ENCOR
- 25 Youth ARC Trip to Glenwood, 1:00 p.m.
- 25 Residential Services Parent Group, Wednesday August 25, 7:30 p.m., ENCOR
- 25 Developmental Center Liaison Committee, 7:30 p.m., ENCOR
- 26 GOYARC Sponsored Dance St. Lukes United Methodist Church 11810 Burke 7:30 p.m. (Fund Raising Event)
- NebARC State Board Meeting Grand Island, 10:00 a.m.-3 p.m. at Dreisbach's
- Youth ARC Steering Committee Meeting Grand Island, 10:00 p.m.-3 p.m. at Dreisbach's
- 31 Sarpy Vocational Services Center Parents, 7:30 p.m.

#### September

- 1 CHANCE Developmental Center Parent Group Meeting, 7:30 p.m., 1702 Grace
- 2 Children's Memorial Hospital Parents Association meeting, 7:30 p.m., Hospital Auditorium
- 2 GOARC General membership meeting, 8:00 p.m. First Savings & Loan, 42nd & Center (Coffee & fellowship at 7;30 p.m.)
- 8 Sarpy Developmental Center Parents Meeting, 7:30 p.m., Sarpy DC, 1910 No. Franklin
- 14 Recreation Adv. Committee Meeting 7:30 p.m., ENCOR
- 15 Madonna School Parent Meeting, 7:30, Madonna School, 2537 N. 62nd
- 15 J.P. Lord School Parent Meeting, 7:30 p.m., J.P. Lord School
- 16 MCRI Parent Group Meeting, 7:30 p.m., MCRI, 444 South 44th
- 20 Board of Directors Meeting, ENCOR 7:30 p.m.
- Adult Ed. Course Mental Retardation and Behavioral Development 7-9 p.m. Regan Hall, 38th and Burt (continuous 12 week course co-sponsored with the Omaha Technical College)
- Westside Community Schools parent meeting, 7:30 p.m., Arbor Heights Junior High School, 8601 Arbor
- 28 Sarpy Vocational Services Center Parents, 7:30 p.m., 114 W. Mission, Bellevue

Youth Recipient of Career Development Award Reports from Slagelse, Denmark

Dear GOARC:

I arrived in Denmark on the 10<sup>th</sup> of July and came to work at Andersvarnge in Slagelse on the 16<sup>th</sup>. The institution here was built in about 1930 and has 650 clients and 410 staff members. The grounds are very large as they raise much fruit and vegetables here which they freeze and use here or send to the institutions in Copenhagen, which have no ground for gardens. Most of the buildings here are rather large and they hope in the future to remodel and make some more like homes. The wards range from about 8 or 9 to a room to single or double rooms. Most of the clients who are able to, are employed in some manner. There are about 6 workshops here and many clients work in these. They put together clothespins, weave baskets, make beautiful rugs and many other handicrafts.

I have also visited a number of homes for the elderly retarded. These are mostly small and are set in small villages around the countryside here.

Many of the clients have bought personal belongings with the pocket money they each receive every month. Their rooms are bright with pictures and china figurines. They receive about 168 Kranner a month which is about \$24. Many save this money and buy radios or rugs for their rooms.

In all, I am favorably impressed with the system here. They handle the clients quite well and have a prime consideration for them. They also have a very impressive 3 year training program for all new workers. They go to school for a period of 1 year and have 2 years on the job training in all of the departments.

My greetings to everyone in Omaha. I must admit to be very proud of our own progress with hostels, workshops, etc., after seeing what is being done here. I feel we shall compare very favorably.

Sincerely,

Judith Norwood

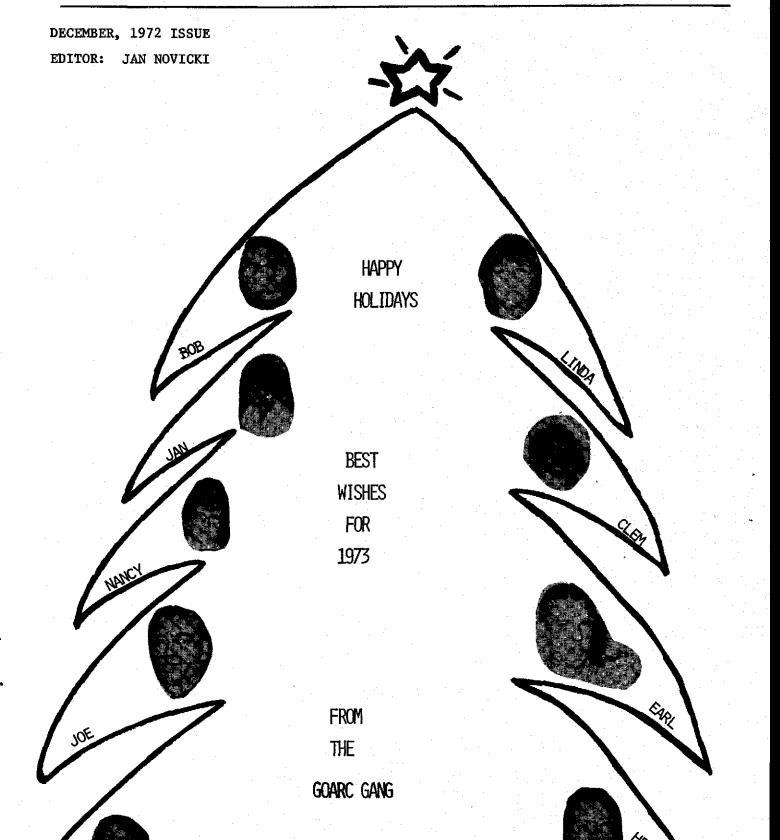
#### "Thank You" from GOARC

We would like to thank Caroline Goodrich, Helen DeMay and Coral Gleason for their help once again with the GAZETTE last month. Also, a very special thanks goes to Kathy Ronk for running the press on our last two issues. Thanks again!!!

MISS SHIRLEY DZAZI 4542 SAHLER \$107 OMAHA, MEBRASKA 6810

> Nonprofit Org. U.S.Postage Paid Omaha, Neb. Permit No. 109

# the GOARC Greater Omaha Association for Retarded Children 608 Barker Bldg. Omaha, Neb. 68102 CARETTE





BOB PERSKE

# THE THOUGHTFUL WORKINGS OF AN EXECUTIVE DIRECTOR'S MINE

Our leader, Joe Friend, had a tough leadership job the other day. He had to give the opening defense for the GOARC proposed budget before the UCS Committee. An anxious time at that. And what did Joe choose to emphasize? He talked about "the spirit of GOARC".

As he talked, his statements reminded me of a Spanish philosopher, Ramon Perez de Ayala who believed there were two basic forces in this world: the force of defeat and the force of spirit. Defeat functions like a trap, while spirit functions like a fex. He says:

"Caught in the trap, weak men and weak peoples lie prone on the ground...But to robust spirits and strong peoples the rude shock of danger gives clear-sightedness...they see how beautiful life is and they fight for it...They work to emerge from the trap with muscles taut for action with the soul's vigour, power and efficiency increased a hundredfold."

Then, I thought how society has tried so hard to place the parents of the retarded in a trap. Here are some examples of late:

A few prejudiced people in Bellevue fought against a home for six small retarded children. (A trap)

Some physicians still tell parents of Downs Syndrome children that they "will be happier with their own kind in the institution." (A repetition-compulsion trap that happened again to a parent just last week.)

Parents with mulitply handicapped children who are <u>developmental</u> not being allowed the compulsory education our taxes were meant to provide. (A Painful Trap)

Heck! Every parent and volunteer with the retarded can make their own long list of traps that they have experienced. But, GOARC is in the position to use spirit in helping people to extricate themselves to a fuller life. Is it wrong to believe that...

This is what good Pilot Parents are doing when they struggle with newly identified parents of a retarded child.

This is what a Citizen Advocate is doing as he helps a retarded teenager "make it" so he can live on his own in the community.

This was what the Poverty and Mental Retardation Committee workers were doing when they gave \$000 hours of volunteer service on behalf of the mentally retarded in their own community last year.

This is what GOYARC Youth were doing when "their gang" of normal youth and retarded teenagers went swimming together.

The same can be said for monitoring, legislating, litigating and working for public attitudinal change.

We laugh when Joe mimics John Wayne beautifully and says, "When the goin' get tough... The tough get goin'". But, that's Joe's spirit alright. And I'm for him. Because that kind of spirit is the sort of thing that helps the retarded and their parents to extricate themselves from the traps of defeat and to emerge into a fuller and richer life!

#### OUR PRESIDENT SPEAKS

During my first 5 months as President of GOARC. I have had many opportunities to speak about the community services to the mentally retarded in the Greater Omaha area. After attending a number of conferences and the National and International Convention, I have been hearing outsiders say ENCOR is "the" leading service agency of its kind in the world. I say this with all honesty because I feel that ENCOR is struggling to do some exciting and innovative things and it's good to see other states rooting for them. We are very fortunate to have the professionals with the courage and foresight to make so many excellent "break throughs" on behalf of the retarded.



JOE FRIEND

This brings me to another point, that I have not been speaking too much about, but I suddenly realize needs saying. Without the hard driving parents, and friends of the retarded, who wanted the best for their handicapped children and friends, ENCOR might never have been born. ENCOR is a child born of love, by many parents and friends of the mentally retarded, and they too should be given credit for the services we have. The parents and friends continue to insist on having nothing but the finest, and this as much as any other factor contributes to the success of ENCOR. Continuing input from parents and friends will insure the continuing successes. So, at this time I would like to say three cheers for the parents, friends and volunteers.

Joseph L. Friend President GOARC

#### HOFFMAN HEADS NEW COMMITTEE

Karen Hoffman, Manpower Program Coordinator, NPI, is Chairman of the Human and Legal Rights Committee on Developmental Centers. The committee, though only two months old has made tremendous progress. A very informative meeting was held with the Developmental Centers Director, Charles Galloway and his assistant Kami Allen. The members of the committee have been very busy visiting the Developmental Centers to become more familiar with their programs and operation. Plans are being made to meet informally with parent advisory groups to explain our role to work with them in any way we can.

### PAT HENRY Advises goyarc

Pat Henry, Boystown Counselor, was asked by the GOYARC Steering Committee to share advising responsibilities for the group with Helen Zauha, GOARC Staff Liaison. Pat has been involved informally for some months and has been noted for his enthusiasm and willingness to go more than halfway in supporting youth members in their efforts on behalf of the retarded.

#### IT'S NOW OR NEVER

(If you don't read this article first, the date will be long gone.)

"He Ain't Done Right By Nell" an old-fashioned melodrama will be staged by the St. Paul Players of St. Paul's Methodist Church, 5401 Corby, Omaha, on Saturday, December 2, 1972. The first performance will be at 7:00 P.M. The second performance at 8:30 F.M.

This is a family affair. The kids will enjoy this old time play. All proceeds will go to GOARC.

All of us in GCARC are grateful to St. Paul's Methodist Church for their thoughtful consideration of the mentally retarded in our town.

# OPPORTUNITY FOR YOUNG ADULTS

The Westwood Community Church, at 12315 Westwood Lane (south of 120th and Center), is forming a Sunday School class for young adults 15 and over. The class will be held in conjunction with the 11:00 a.m. church service. Virginia Williams, a Special Fd teacher in the Bennington schools, will be the instructor. The church would like to start the classes early in December.

# CHURCH SCHOOL (CON'T)

This is a great learning opportunity for our young adults. For further information contact the church at 333-6120.

## CREATIVE PLAYGROUND DEDICATED

Sometimes you wonder how a little woman (in size only) such as Sister Mary Evangeline, can accomplish so much. Her latest dream, the creative playground at Madonna School, was dedicated on November 26th. It was funded by the Developmental Disabilities Act and also had donations from the Benson Opti-Mrs. Club. Marine Corps maintenance engineers, who helped install the equipment, were in attendance for the dedication. The playground may be covered with snow now, but this spring it will be swarming with kids.

## STAHMER GRATIFIED BY "THANKS"

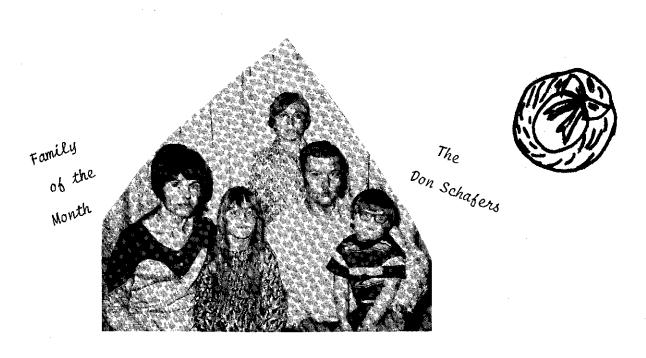
Senator David Stahmer has received what he believes is the most gratifying letter in his service as a legislator. And he said as much in an acknowledgment to Mr. and Mrs. Joseph Schultz of Omaha, who wrote it.

The couple had thanked Stahmer for "your support on community-based programs. We hope you will continue to give your support for they are so worthy."

The couple continued: "Our son, Ron, was in the ENCOR program and benefitted greatly. He was one of the victims of the July 2 tragedy. We are still continuing our work for the retarded."

Senator Stahmer's reply assured Mr. and Mrs. Schultz "that I have placed the improvement of community-based mental retardation services (through increased funding) as my No. 1 priority in the forthcoming session."

Stahmer is a member of the Appropriations Committee on institutions.

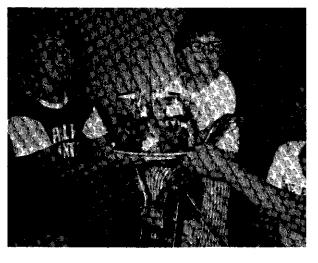


Christmas is the time for giving and sharing; of gifts and yourself. Don and Lila Schafer are the perfect examples of both for they have raised their family as well as six foster children.

To look at Don and Lila you would never guess they are grandparents, but Julie, Jason, Nicky and Jennifer are living proof. The Schafer's still have three children at home. Daniel, 12, attends Marrs Junior High; Wendi is 9. Lila is room mother for her fourth grade. Their little retarded guy, Kevin, is 5 and attends pre-primary at Montessori.

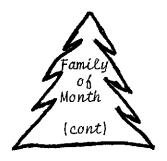
Don's regular job is with the Package Corporation of America but he is also a World Herald Counselor in charge of nine routes.

All the children work on paper routes. Kevin walks an 80 customer route with his mom when weather permits. During the winter he goes with Don to deliver an apartment house. At the present time they are doing six routes. When the paper boys quit, they (Schafers) have to do the routes, so it's a family affair. Dan is also active at the Boys Club and has won a few trophies in ping pong. They all attend church and Sunday School at Cross Lutheran Church. Even Kewin!



Lila said,
"With paper routes,
foster care, children,
and grandchildren there
just isn't time for hobbies. But when
there is, they like fishing, roller
skating, bike riding and jogging."

What is it like having a retarded child? Lila replied, "In the beginning, shock. If God had asked us which way we wanted Kevin, of course we would have said normal. We did not have the choice and Kevin was born Downs Syndrome. How do we feel now, five years later? Wonderful, he's such a joy, he's made life more meaningful.



He's a ray of sunshine wherever he goes. People warm to him. I could go on and on bragging about him."

What is it like being foster parents? "A challenge. There is such a need. It takes a lot of patience and understanding from us as well as our children. It's not always easy to keep understanding someone

who's made up their mind not to like you even before they have met you. We have had six children, the longest stay being a year. We have two at the present, a girl 7 and a boy 13." Don and Lila are active in the

Foster Parents Club. Lila is the Hospitality Chairman. They are also Pilot Parents in GOARC.

Christmas is a big occasion at their house. Christmas Eve the children sing carols and they have a gift exchange. All the married ones and their families come home.

As you can see, there is an awful lot of love at 4723 S. 13th.



## EDUCATIONAL TOYS GRANT APPROVED

A \$4,000 allocation was approved on November 1, 1972 for Educational Toys and other educational materials for retarded children in the North Area. The first purchase order will be made this month. The project will become operational in December. Louise Wright is heading the project.

#### JOIN THE CHILDHUNT

February has been designated as CHILDHUNT month in the North and South areas of Omaha. Parents of the Committee on Poverty and Mental Retardation and other volunteers will be looking for mentally retarded children and adults that are not in school or any other educational program. There is no age limit. Any person from age 0 and up. The CHILD-HUNT will be concentrated more in (but not limited to) the South and North areas of Omaha. If you would like to work with this project, please call the GOARC office, 346-6338.

#### A STATEMENT OF CLARIFICATION BY THE GREATER

#### OMAHA ASSOCIATION FOR RETARDED CHILDREN

The Greater Omaha Association for Retarded Children (GOARC) seeks to correct misunderstandings and to restate it's basic position regarding the care and treatment of mentally retarded persons in the State of Nebraska.

- 1. Although we agree with Governor Exon that Beatrice State Home must be retained at this time; and,
- 2. Although we agree with Governor Exon that physical improvements are greatly needed on the existing facilities at BSH; and,
- 3. Although we agree with the Governor's announced intentions to continue decreasing the population of BSH;
- 4. We urgently request that both the administration and the legislators give careful consideration before committing funds for additional capital construction at Beatrice because of our very sincere feeling that many of the persons housed at BSH should have the human and legal right to achieve a more normal and healthy development in community based services. (This statement is based on the resolution voted by the National Association for Retarded Children (Montreal, 10-1-72) recommending that no new capital construction now take place at any of the nations larger institutions.)
- GOARC seeks to uphold the spirit and the tradition of the following documents:
  - "Declaration on the Rights of Mentally Retarded Persons" (United Nations, December 20, 1971)
  - "Policy Statements on Residential Services for the Mentally Retarded" (NARC, April, 1971)
  - "Changing Patterns in Residential Services for the Mentally Retarded" (President's Committee on Mental Retardation, 1969)
  - "Standards for Residential Facilities for the Mentally Retarded" (The Accreditation Council for Facilities of the M-ntally Retarded, 1971)
  - "The Nebraska Citizen's Study Committee Reports" (Volumes I, III, III, 1968)
- 6. With the spirit and tradition, GOARC seeks TO WORK FOR THE STEADY INCREASE IN COMMUNITY BASED SERVICES FOR THE MENTALLY RETARDED THROUGHOUT THE STATE OF NEBERSKA.

The GCARC Legislative Committee



## LEARN HOW YOU CAN BE A FOSTER PARENT



558-1115 116 So. 42nd St. Omaha, Nebraska 68131

# ENCOR HAS THIRTEEN CHILDREN HOME FOR CHRISTMAS

Thanks to some very loving developmental home families found by ENCOR, thirteen retarded children will spend Christmas in their new homes.

The latest placement is a deaf retarded child named Denice Jurgensmeier, 8, who is in the home of Mr. and Mrs. Louis Filip of Omaha. Denise is a welcome addition for her three "brothers" who are learning sign language along with their parents in order to "talk" to Denise. She is presently attending the Benson Developmental Center in preparation for an educational program specifically for deaf children.

Mrs. Filip became interested in ENCOR's Developmental Home program through the YMCA where she coordinates a recreational program for our retarded children.

The Developmental Home program was started in January, 1972 with Marsha Honrath at the controls. Two of our children were placed in homes previous to that time bringing the present total to 13.

Taking a quick peek into each of the homes we see:

-Seven year old Darrin took his first step, unaided, last month, and he is doing great as his confidence increases.

-Kim, 6, fits in with six other children as a real sister. She is developing a great imagination and is a ham with her jokes.

-Tommy, eleven, had a new experience in October; he went trick-or-treating in a Frankenstein mask. Once he got the idea he was literally running from house to house. Hopefully, Tommy will be attending public school in January.

-Two year old Christopher's parents are so convinced that he belongs in their family that they are legally adopting him. After just lying on his back for a long time he is able to maintain a sitting position.

-Bobby's parents have been very instrumental in getting him to make his first responses. He babbles, laughs and will even let people hug him.

-Making an adjustment to a new town and school is a step that Debra, 13, is taking. She is happy to have a sister near her age to share things with.

-Sally, 10, acquired a new silver tooth after a vigorous play session with her brothers and sisters. She gets a lot of attention as their big sister.

-David, 8, is really beginning to enjoy life on a farm; he rides on the horses and is no longer afraid of the dogs and farm animals. He is even riding his own training bike.

-Never being expected to talk and saying his first words, is quite a goal for Michael, 2. When he wants attention he will approach his family when at first he was distant.

-Another Kim, 8, was staying in a children's hostel but when the houseparents moved out they took her with them. She takes care of her doll as her mom cares for a new brother.

#### NEW HOMES FOR ENCOR CHILDREN (CONT)

-Janie, six, walks and talks in her new home and is learning to love a brand new sister.

-Richard, 6, celebrated his first birthday in his new home last month.

Many other children are not spending Christmas in a home but they could be if someone really cared. A seven year-old boy is just learning to communicate and needs a patient family to share his discoveries with. A delicate three year old has medical problems which have stood in the way of his progress in school. He needs a warm, healthy family. There are many adolescents, ages 12 to 15 who have a desparate need for guidance and attention at this point in their lives. So, although several children have been placed, there is much work to be done.

Marsha's Developmental Home program has expanded to include another person, Kathy Gromko. Kathy is responsible for recruiting and training potential Developmental Home parents.



Todd needs a home.

## DMU: CHILDREN GOING SOMEWHERE

On November 2, Nebraska's program for the mentally retarded passed a milestone with the dedication of ENCOR's Developmental Maximation Unit (DMU) at County Hospital.

It was an official milestone, an important one in the long struggle to bring community-based services to the severely retarded and handicapped. Speeches, prayers and other rituals dedicated the brightly decorated and home-like ward at the hospital where eight boys and eight girls now reside.

Those 16 children, most of whom had come from the Beatrice State Home, and the 20 staff members of the DMU already have passed several "unofficial" milestones since the unit was opened August 7.

According to the DMU Director, Karen Green:

- ---One girl has learned to walk partly on her own.
- --- The children have been taken to the circus, to movies, a rock concert and other places
- ---The day after the big snow on November 13, all of the children who didn't have upper respiratory problems were taken out into the snow. "It was a big surprise for some of them and they really liked it" Karen said.

Karen, who worked with the severely retarded at the state hospital in Glenwood, Iowa for seven years prior to becoming DMU Director, said "At the institution we were getting the kids all hepped up to go nowhere. Here we truly believe they are going somewhere."

#### ON THE GO WITH GOYARC



ARLO BURK

Hello! GOYARC has been very busy lately and will continue being that way with your help. We are in need of another advisor. At present we only have two, Helen Zauha and Pat Henry. Our membership is increasing along with the number of activities so if you would like to help, contact me or anyone at the GOARC office.

I would like to give special thanks to Fontenelle Forest for the special help they gave us during our retreat. The theme of this retreat was "Unity For The Retarded". It was a chance for all the members of GOYARC to get together with each other. It lasted all night until about 6:00 in the morning, when we finished with a walk through the forest.

That's all for now.

Sincerely, Arlo Burk, President GOYARC

#### GOYARC MEMBERSHIP MONTH

November was membership month for GOYARC. The goal set was to double the present membership of 52 young people interested in helping the retarded. Tauni Waddington was chairman of the membership drive. Programs were planned by GOYARC members in junior and senior high schools to attract new members. A special meeting was held for interested persons on Sunday, November 26, at the Nebraska Psychiatric Institute Auditorium at 7:00 P.M. A new slide presentation on GOYARC activities was shown by Media Presentation Chairman, Mike Zachert.

Other campaign activities to strengthen GOYARC this November included the following events:

- -- Thirty young people traveled to the Beatrice State Home to attend a statewide formal Youth ARC dance on November 11. An Omaha combo, "Cheshire Cat", played for the dance free of charge.
- -- Youth interested in careers in mental retardation attended a "Career Day" in Lincoln on November 15.
- -- Present GOYARC members met for an overnight retreat at Fontenelle Forest on November 17. The theme of the conference was "Unity for the Retarded". Films, discussions, special resource people and activities were featured.

Activities planned by GOYARC in December include: attending a high school basketball game with retarded friends, a Christmas Party with the retarded and a general meeting featuring a program on services in the community for the retarded.

# AN IMPORTANT LEGISLATIVE YEAR RAPIDLY APPROACHES

# HERE'S AN OPPORTUNITY TO PONDER. THEN STAND BY AND BE READY!

#### GUIDELINES FOR WRITING LETTERS TO LEGISLATORS

The time is now. We indeed need to take another step forward in providing programs and services for our mentally handicapped citizens. Your Senator wants to hear from you. Here are some suggestions.

- 1. Be brief Five one-page letters on related subjects will have more impact than one five-page letter.
- 2. Write clearly Legislators do not have the time to decipher illegible handwriting.

  Handwriting letters is more effective than typing letters.
- 3. Be truthful Take time to find the correct facts and figures. The simple facts will achieve the greatest success.
- 4. Use personal experience This is always very effective.
- 5. Support added costs Tell the legislators that you accept the need for additional taxes to pay for these expanded programs.
- 6. Make a personal visit with your legislator Being a legislator is sometimes a lonely and thankless job. Your legislator needs your support and suggestions. Propose alternatives and amendments.
- 7. Other suggestions for writing letters 
  Never use threats, profamity, or insults,

  Never write a form letter or postcard,

  Never misspell your legislator's name,

  When your legislator has done something

  of which you approve, write a letter of

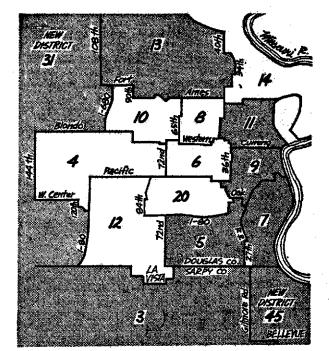
  appreciation.
- 8. Remember: YOUR LETTERS ARE READ!

## HEALTHY GOVERNMENT

### KNOWING AND WORKING WITH

#### YOUR OWN STATE SENATOR.

- District 3 Orval A. Keyes, 253-2363 240 North 8th, Springfield
- District 4 Richard M. Fellman, 333-0674 12206 Leavenworth, Omaha 1166 Woodmen Tower, 344-7444



---World-Herald Mar

- District 5 Eugene T. Mahoney, 733-0590, 4956 S. 41st, Omaha 68107
- District 6 Harold T. Moylan, 556-8399, 3862 California, Omaha 68131
- District 7 William R. Skarda, Jr., 731-0791, 1720 Monroe, Omaha, 68107
- District 8 David H. Stahmer, 451-6807, 4913 Manderson, Omaha 68104
- District 9 John J. Cavanaugh III, 345-7758, 1919 S. 35th Ave., Omaha 68105
- District 10 John S. Savage, 391-4795, 7321 Miami, Omaha 68131
- District 11 Ernest Chambers, 453-2434, 3223 N. 27th Ave., Omaha 68111
- District 12 Richard F. Proud, 393-2987, 2224 S. 110th, Omaha 68144
- District 13 George Syas, 455-8199, 5312 Fontenelle Blvd., Omaha 68111
- District 14 Duke Snyder, 455-9898, 2724 Iowa St., Omaha 68112
- District 20 Glenn Goodrich, 551-8179, 4408 Walnut, Omaha 68105
- District 31 James A. Dickinson, 332-3766, Route #4, Millard 68137
- District 45 Frank Lewis, 731-0132, 307 Anna Avenue, Bellevue 68005
- U.S. Senator Roman L. Hruska, 2139 S. 38th St., Omaha
  Washington Address: Senate Office Building, Washington, D.C.
- U.S. Senator Carl T. Curtis, Minden, Nebraska
  Washington Address: Senate Office Building, Washington, D.C.
- Congressman John Y. McCollister, 215 North 17th, Omaha
  Washington Address: 511 Cannon Office Bldg., Washington, D.C.

# HONORS FOR TOM MADSEN

On Wednesday, November 1, 1972,
Mayor Eugene Leahy gave a posthumous
citation to Mr. and Mrs. Stanley
Madsen honoring Tom Madsen for
heroism on behalf of the handicapped.
On Sunday, November 5, 1972, County
Commissioner Dan Lynch presented
a special citation voted by the
Douglas County Commissioners. The
latter presentation was made at the
Burt Street Hostel.

Both the city government and county government at different meetings chose to recognize the heroism of Tom Madsen who drowned in the Missouri River along with five mentally retarded young men July 2, 1972.

# "CO-ED MAGAZINE" SALUTES TWO ADVOCATES

The January issue of CO-ED Magazine will tell an interesting story of two Omaha youth, Suanne Selee and Cindy Hatch, who have been serving as Citizen Advocates to two mentally retarded teenagers. The article gives an excellent statement about Citizen Advocacy: what it is and how it works. It's a human interest story so that the readers will find themselves looking over the shoulders of these two young ladies as they relate to their proteges.

The writer states, "These advocatefriends can make the difference between success or failure in adjustment--between fulfillment or lonliness and frustration."

Suanne, 16, and Cindy, 15, are both juniors at Westside High School and their proteges attend Madonna School.

It's an excellent article. Watch for it on the news-stands.

## PROGRAM FOR DEAF -- BLIND UNIT AT B.S.H.

When plans were first developing for a state program for deafblind children, it was discovered that a number of these individuals resided at the Beatrice State Home in the Nursery, the Pediatrics unit, and the Infirmaries. These children were classified among the lowestfunctioning, most mulitply-handicapped residents at the Home. Through the Nebraska Deaf-Blind Program, a teacher was provided to work at Beatrice. The staff there has now grown to two teachers and two teacher aides, and they are providing services to 24 residents in the classroom and another 12 on the wards where they live. The staff of the Deaf-Blind Program at Beatrice are employees of the Meyer Children's Rehabilitation Institute in Omaha.

In addition to working with the children's senses to help them develop, if possible, into useful organs for learning, the program is designed to help bring each child from his current level of functioning through the normal sequence to a higher level of development. The program has been going for a year now and every child being served has shown progress on the developmental checklist, ranging from a few skills to almost a full year normal development.

There have been some side effects of the program at the State Home: it has provided the impetus for development of another program on the Infirmaries for multiply-handicapped residents; the deafblind staff has participated in the training of ward staff, and have given video-tape presentations for tours and groups visiting the Home.

Cathy Wertman

# JOB TRAINING FOR RETARDED PARTLY PAID BY U.S.A.

Employers, did you know that you can train mentally retarded persons for jobs and receive partial reimbursement for their pay during the training period?

The National Association for Retarded Children administers an on-the-job training project funded by the U.S. Department of Labor in which employers are reimbursed 50 per cent of the compensation paid for the first 160 hours of training and 25 per cent for the second 160 hours.

Trainees must be paid the federal minimum wage. Most businesses, private, private nonprofit and public, qualify.

Referrals for the program generally come from vocational rehabilitation counselors, special education teachers, institutions and local associations for the retarded.

Further information can be obtained by writing the field coordinator for the region including Nebraska: Marvin E. Stenseth, care of North Dakota ARC, 514½ 1st Ave. North, Fargo, N.D. 58102.

#### CITIZEN ADVOCACY MINI-SESSIONS FEATURED

A mini-session on Citizen Advocacy was featured at the National
Student Council for Exceptional
Children Conference, November 17.
Helen Zauha, GOARC Citizen Advocate Coordinator; Leola Novak,
CARC CA Coordinator; and Bill
Cave, NebARC CA Project Director,
made presentations. Three advocates from Omaha - Susan Ellis,
Beth Heuttner and John Chedester also took part in a panel presentation along with two advocates
from Lincoln - Susan Moore and
Mrs. Harrison.

(continued next column)

## C A MINI-SESSIONS (CON'T)

Helen Zauha spoke on citizen advocacy at the annual meeting of Ohio United Cerebral Palsy Association in Columbus, Ohio, on November 10. A statewide CA network has been funded in Ohio through Developmental Disability monies.

# C.R.I. DEDICATES NEW WING

The Mary Luman Meyer Wing of the C. Louis Meyer Rehabilitation Institute was dedicated Sunday, November 5, 1972. It was a moving scene when Congressman John Y. McCollister and Carl Person, a 5 year-old boy involved in therapy at CRI, joined together to unvail the dedication plaque. The new wing will develop the following services: physical, occupational and speech therapy, infant development laboratory, and a playground area.

### NEBARC CONSIDERS. NAME CHANGE

The Executive Board of the Nebraska Association for Retarded Children recommended that their organization's name be changed to the "Nebraska Association for Retarded Citizens." This recommendation was made to the Constitution Division Committee.



# POSITIVE ATTITUDINAL CHANGE IS AT WORK

Quite often we hear about the results of negative attitudes and prejudice toward the mentally retarded. But some excellent positive things are happening, too. Sometimes they happen quietly...but they do happen. The following communications were given by "old" Pilot Parents and "new" Pilot Parents at the second annual training sessions:

Joe Kripal made this statement (paraphrased from memory):

"All of us guys are working together. And then one of them makes a statement about a mentally retarded person. They start to joke and laugh about it. So, I stop and tell them that I have a mentally retarded child. All of a sudden, the conversation changes. Now they tell me about all of their aunts, uncles and cousins who are retarded.

It's quite a change, but at least now it's respectful."

Joe Garro works at Offutt Air Force Base. He's a good Pilot Parent. And some of the fellows out at the base know he is a Pilot Parent. So, when a man was relocated to Offutt, he came to Joe and asked him for advice. Inside of a week, the new man had his son admitted to the J. P. Lord School.

Steve and Caroline Sogal tell an interesting story:

"We'd just moved into town. The telephone man was hooking up our telephone. He notices that our daughter is a Down's Syndrome child. He starts to talk to us about retardation and tells us about ENCOR. As a matter of fact he tells us that we should call ENCOR right away. The first telephone call we made on our newly hooked-up phone was to ENCOR. That call was on Monday. The following Monday, our child was admitted to the West Developmental Center."

At the second Pilot Parent Session, Jack and Audrey O'Neill communicated how they and their young child were attending church. After the service, a thoughtful man walked up to them. He had noticed that their child had Down's Syndrome. He inquired whether they were getting all of the services they needed and all of the help that they needed. It so happened that their child was in a Developmental Center. But they were deeply touched that somebody in the church (Dr. Frank Menolascino) would walk up and engage in a gracious and helpful conversation about the situation.

PUBLIC ATTITUDINAL CHANGE? HOW ABOUT THAT:

"WHEN IT COMES TO COMMUNITY BASED PROGRAMS FOR THE RETARDED, SUCCESSES MELT INTO SOCIETY AND THE FAILURES STAND OUT."

Bernard Posner

#### CALENDAR

#### December

- 1 DMU Parents Meeting, 7:30 P.M., Berry's, 502 Ridgewood Rd.
- Play "He Ain't Done Right By Nell", St. Paul Players of St. Paul Methodist Church, 5401 Corby, 7:00 P.M. and 8:30 P.M.
- 3 Pilot Parent Christmas Meeting, Benson Park Pavillion, 2:00 P.M.
- 3 GOYARC Beatrice Trip
- 3 MCRI Families Christmas Party at J.P. Lord School Auditorium, 2 4
- 4 Human and Legal Rights Committee on Developmental Centers, 8104 Wilson Dr. #16, 7:30
- 5 Human and Legal Rights Committee on Residential Care, 7:30 P.M., 3817 Dewey Ave.
- 6 Children's Memorial Hospital Parents Group Christmas Coffee Boutique, 12:30 P.M. at Trinity Lutheran Church, 30th and Redick
- 6 Benson Vocational Services Center Christmas Party, time and place to be announced
- West Developmental Center Mothers Coffee Hour, 9:30 A.M. at the center
- 7 Citizen Advocacy Orientation, 7:30 P.M. at the GOARC office
- 8 Legislative Coffee District 10, Senator John S. Savage, 7:30 P.M. at the home of Mr. and Mrs. Leighton Goodrich, 7637 Springfield Drive.
- B Down's Syndrome Interest Group Christmas Party, 8:00 P.M. at the home of Joan Garro, 4256 "A" Street
- 9 Benson Developmental Center Parents Christmas Party, 8:00 P.M. at the home of Mr. and Mrs. Allen Gilmore, 5511 North 57th Ave.
- 10 GOYARC General Membership Meeting
- GOARC GAZETTE DEADLINE!! Notify Jan Novicki of all articles today!! (571-3447)
- Legislative Coffee District 6, Senator Harold T. Moylan, at the home of Mr. and Mrs. James Kelly, 5515 Emile, 7:30 P.M.
- 11 Citizen Advocacy Training Session, 7:30 P.M. at the GOARC office
- Legislative Coffee District 45, Senator Frank Lewis, 4 6, at the home of Paula Little, 3106 Jackson. (Call George Armstrong for directions, 291-4691.)
- 12 South Omaha Developmental Center Parents Group, 7:30 P.M. at the center
- 12 Sarpy Developmental Center Parents Group, 7:30 P.M. at the center
- 12 CHAP Christmas Program, 7:30 P.M. at CHAP
- 14 Citizen Advocacy Training Session, 7:30 P.M. at the GOARC office
- North Poverty and Mental Retardation Committee meeting, 7:30 P.M., 1602 Manderson
- Children's Memorial Hospital Parents Group Christmas Party, 7:00 P.M. at the hospital.
- 19 Human and Legal Rights Committee on Special Education, 12:00 ncon at the GOARC office.
- 19 GOARC Board of Directors Meeting, 7:30 P.M. at ENCOR
- 25 HAVE A VERY MERRY CHRISTMAS!!!
- South Poverty and Mental Retardation Committee meeting, 7:30 P.M., Commercial Savings and Loan, 4724 South 24th St.
- Legislative Coffee District 4, Senator Richard M. Fellman, 8:00 at the home of Mr. and Mrs. Hal Lankford, 619 South 124th
  Prepare for General Membership Meeting, January 4th!: Keep it open!!

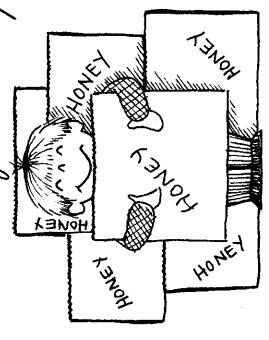
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