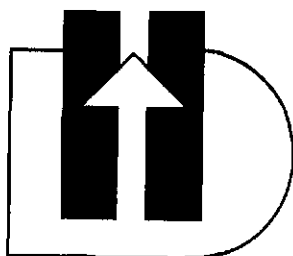


**LEAGUE
OF
HUMAN
DIGNITY**



NOVEMBER • DECEMBER 2003

**ON THE
LEVEL**

Ollie Webb—Someone Who Made a Difference

Some people go through life unaware of their heroic status. Ollie Webb was one of those people.

Known as an outstanding spokesperson for those with disabilities she enthusiastically promoted their rights, responsibilities and freedom whenever possible.

"If you listened to Ollie," said Patty McGill Smith, "you would hear about *her* people and how she loved them."

The type of person "who never met a stranger," Ollie was "a beloved friend to all who knew her."

Born in Oklahoma, Webb "survived many years living in the Beatrice State Development Center (BSDC) in Nebraska," according to McGill Smith. "After leaving BSDC, she was placed in various nursing homes where she was used as an indentured servant.

"Only after she was rescued out of this horrible situation did she rise to become a leader and spokesperson for the downtrodden," she said.

"She worked to try and stop the institutionalization of her peers. It was her life's work to see that people were given a chance to live in freedom without being put away or out of sight."

Employed at the Field Club of Omaha for 17 years, Webb was an original member of Project II, eventually serving as president. Project II provides educational, social and self-advocacy opportunities for adults 18 and older who experience developmental disabilities.

She was also president of People First, representing the organization at state, national and international conferences—promoting self-advocacy, discussion, education and decision-making.

As a home and rental property owner, Webb was considered a forerunner in home ownership for people with disabilities.



Volunteer Bob Greene joins in a toast proposed by Ollie Webb during the League's Omaha Center for Independent Living Volunteer Appreciation Luncheon in 2000.

In 1998 the Greater Omaha Association for Retarded Citizens (GOARC) was re-named the Ollie Webb Center, to honor "a remarkable role model."

An explanation of the change appears on the Center's website: "The Ollie Webb Center's name honors a life well-lived in spite of unique challenges—and reminds us that people should be known by their names and accomplishments, not by their disabilities."

In 2002 Webb was featured in a book published by the American Association on Mental Retardation (AAMR). *Out of Darkness and Into the Light: Nebraska's Experience in Mental Retardation* outlines the state's model for successfully dealing with the condition of mental retardation.

According to AAMR, the book "describes how people with mental retardation in Nebraska evolved from being castaways living in institutions under deplorable conditions, to being contributing members of their communities."

The chapter on Webb was appropriately titled "Call Me By My Name."

Since the independent living movement began in the 1970s, internationally-known disability rights leaders—such as the late Justin Dart and Ed Roberts—have encouraged fellow advocates to search among their ranks for local leaders and everyday heroes.

Those who knew Ollie Webb had found a leader and a hero. On November 25 she died peacefully at the University of Nebraska Medical Center—in the company of her daughter Nancy, family members and a number of friends.

She will be missed, but those who were close to her believe her life will continue to inspire and guide others.



Ollie Webb (left) joins Shirley Dean and Jane Smith in supporting the 2002 League of Human Dignity's benefit auction sponsored by the Centers for Independent Living in Omaha and Council Bluffs.

ON THE LEVEL

ON THE LEVEL is the bimonthly newsletter of the League of Human Dignity, Inc.

The League of Human Dignity is a consumer based nonprofit organization, whose purpose is to promote the full integration of persons with disabilities into society. To this end, we will advocate their needs and rights, while providing quality service to assist them in becoming and remaining independent citizens.

Established in 1971, the League now serves consumers in 62 counties throughout Nebraska and Southwest Iowa through our Centers for Independent Living in Lincoln, Norfolk, Omaha, and Council Bluffs; our Panhandle Medicaid Waiver Office in Scottsbluff; and our subsidiary, Mobility Options in Lincoln.

ON THE LEVEL is available in Braille and on audio cassette. To request these formats, contact the Public Information Office in Lincoln, or the League of Human Dignity in your area.

To update support group listings (pages 12-14); place classified ads for accessible equipment or supplies (page 15); or to provide news items and other related information contact:

Editor, **ON THE LEVEL**, League of Human Dignity, 1701 P Street, Lincoln, NE 68508; 402-441-7871 Voice TDD; FAX: 402-441-7650; dmitzlaff@leagueofhumandignity.com

**LEAGUE
OF
HUMAN
DIGNITY**



www.leagueofhumandignity.com

ON THE LEVEL STAFF

Mike Schafer, CEO
Deb Mitzlaff Koenen, Editor
Bill Rush, Contributing Writer

A Holiday Message

Dear Friends of the League,

Being home for the holidays can be a challenge this time of year—when road conditions or grounded flights prevent us from spending time with our loved ones.

But for those with disabilities, being at home can be a year-round concern.

Will we be told we can no longer live at home because our medical needs have changed? Can we continue preparing meals or cleaning the house? Will a stairway keep us from getting in or out of our apartment? How can we be safe if we can't hear the telephone or the smoke alarm? What if we're unable to read the mail or see who's at the door?

These are just some of the concerns facing many of us whose independence is threatened by the physical, social and attitudinal barriers facing those with disabilities.

At the League of Human Dignity, we emphasize to our consumers that living independently doesn't mean being able to do everything ourselves. It means having control over our own lives—by maintaining the right to make our own decisions about where and how we live.

If we need assistance with personal care or household chores, hiring someone to help us in our own homes may be the solution. Others may require customized equipment or modifications to their homes, offices or vehicles.

Helping people live more independently is our mission at the League of Human Dignity. Each year we assist our consumers as they seek the funding, community resources, specialized equipment, personal skills and self-advocacy training they need to help them achieve their individual goals.

Founded in 1971, we now serve 62 counties across Nebraska and Southwest Iowa. Throughout our history, the continued generosity of friends like you has helped us make the dream of independence a reality for our consumers.

Many of us take our homes for granted—especially as the winter holidays approach. But ask anyone spending time in a hospital, a rehabilitation center or an extended care facility what's at the top of their wish list.

We're betting most of them would say the only gift they really want is to be at home with their loved ones. Your contribution can help us make these holiday wishes come true—the whole year through!

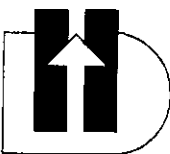
Thank you.

Stan Dinkelman
Stan Dinkelman
Board Chair

Mike Schafer
Mike Schafer
Chief Executive Officer



LEAGUE
OF
HUMAN
DIGNITY



Promoting Independent Living—Since 1971

Now serving 62 counties throughout Nebraska and Southwest Iowa

Our Mission is to actively promote the full integration of individuals with disabilities into society. To this end, we will advocate their needs and rights, and provide quality services to involve these persons in becoming and remaining independent citizens.

You Can Help by sending a donation in any amount to the League of Human Dignity, 1701 P Street, Lincoln, NE 68508. You may honor a loved one's birthday through an Honorarium Gift; remember someone special in death with a Memorial Gift; include the League in your will; support our annual benefit auctions; or be creative and come up with your own style of giving!

Thank You For Your Donations!

Builder

J. C. Seacrest Trust

Century

J. Paul McIntosh

Believer

Frances Young

Friend

Anonymous
Mary Anne Meier

In Memory of Eleanor Oakes

Alan Borhart
John Oakes

In Memory of Phillip Warren

Morna Warren

In Memory of Harold Whites

Fredrick Wagner

You are
welcome to
use this
convenient
donation form
when making
your holiday
contribution.

Please mail to:
**LEAGUE OF
HUMAN
DIGNITY**
1701 P Street
Lincoln, NE
68508



I believe in the League of Human Dignity

Please accept my support at the level indicated below:

- | | | |
|--|--|---|
| <input type="checkbox"/> Builder \$500 | <input type="checkbox"/> Supporter \$250 | <input type="checkbox"/> Century \$100 |
| <input type="checkbox"/> Believer \$50 | <input type="checkbox"/> Friend \$25 | <input type="checkbox"/> Other \$ _____ |

Name _____

Address _____

City _____ State _____ Zip _____

Please make checks payable to: **League of Human Dignity**
Your gift is tax deductible to the extent permitted by law and is not
legally binding. **Thank You!**

Who's What's New...?

WELCOME TO:

Kelle Rix
Independent Living Advisor
Omaha Center for Independent Living

FAREWELL TO:

Mari Bynum
Independent Living Advisor
Omaha Center for Independent Living

Cathy Dannar
Medicaid Waiver Services Coordinator
Panhandle Medicaid Waiver Office

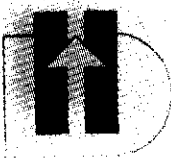
Monika Wilkinson
Secretary
Lincoln Center for Independent Living



UNITED in our mission to promote independent living for those with disabilities

Where to find us....

**LEAGUE
OF
HUMAN
DIGNITY**



NORFOLK

Center for Independent Living
400 Elm Avenue
Norfolk, NE 68701
402-371-4475 (V/TDD)

LINCOLN

**Center for Independent Living
and Mobility Options**
1701 P Street
Lincoln, NE 68508
402-441-7871 (V/TDD)

SOUTHWEST IOWA

Center for Independent Living
1417½ West Broadway
Council Bluffs, IA 51501
712-323-6863 (V/TDD)

OMAHA

Center for Independent Living
5513 Center Street
Omaha, NE 68106
402-595-1256 (V/TDD)

PANHANDLE

Medicaid Waiver Office
17 E 21 St #2
Scottsbluff, NE 69361
308-632-0470 (V/TDD)

THANK YOU, VOLUNTEERS

CONGRATULATIONS TO KEN LINDHORST VOLUNTEER OF THE YEAR AWARD WINNERS



OMAHA Volunteer Coordinator Tracy Curtis (left) offers Kathlene Egbers a closer look at the office plaque to which her name has been added as Volunteer of the Year for 2003. Egbers volunteers as a receptionist at the League of Human Dignity Center for Independent Living (CIL) in Omaha.



LINCOLN Volunteer of the Year Suzanne Lintz (center) was unable to attend the Volunteer Appreciation Luncheon so League representatives presented her award at a surprise ceremony hosted by her fellow staff members at Wells Fargo Bank. Lintz volunteers as chair of the annual benefit auction sponsored by the Lincoln CIL. Congratulating her are (left) League Administrative Assistant Elaine Usher and Marlene Brondel, director of the Lincoln CIL.



NORFOLK Volunteer of the Year Melani Hall is congratulated by Lind Carey, director of the Norfolk CIL. A high school junior, Hall spends several after-school hours volunteering at the League, assisting with a variety of tasks and special projects.



SOUTHWEST IOWA Shayne Fili (right) is about to hear her name announced as Volunteer of the Year for the Southwest Iowa CIL in Council Bluffs. Fili volunteers her services as an auctioneer for the League's annual benefit auctions. Also pictured is last year's Volunteer of the Year Award winner, Maggie Albertson.



YORK Among the guests at the Volunteer Appreciation Luncheon hosted by the York Chapter of the Lincoln Membership Group was York News Times reporter Kerry Heine. She is pictured here taking notes while interviewing volunteers on their involvement in the League of Human Dignity and the meaning of independent living. Pictured (counter-clockwise from back) are Stan Dinkelman, Virginia Fox, Karren Radcliff, G.H. Liggett, who joined the group for lunch, Sue Curran with her service dog Woody and Ken Mayberry.

ABOUT THE AWARD Each year the League of Human Dignity honors an outstanding volunteer in each of its four Centers for Independent Living (CIL). The award is named in honor of the late Ken Lindhorst, who set the standard for volunteers in the early days of the League.



Success in Omaha

By William L. Rush

When a major public facility opened in Omaha without accessible parking, ADAPT NEBRASKA swung into action. Within a few weeks the situation was resolved.

Mary Angus, member of ADAPT NEBRASKA, an advocacy organization for persons with all kinds of disabilities, was not happy with Roger Dixon the executive director of Metropolitan Entertainment and Convention Authority (MECA) in Omaha.

MECA is a non-profit organization formed in 2000 to manage the construction and operations of Qwest Center Omaha. This recently-opened convention facility was built on a development site spanning nearly 100 city blocks in downtown Omaha at a cost of \$291 million.

Angus contacted Dixon—and almost all the important people in Omaha—about the lack of handicapped parking at SeptemberFest, the annual Salute to Labor celebration held August 22 through Labor Day, September 1.

She suggested that they check it out before the River City Roundup Fair & Festival—scheduled September 19-28—because there would be complaints if the situation had not been appropriately resolved.

The city, which owns and operates the parking lots, assured ADAPT that permanent handicapped parking would be in place by September 12.

"We have looked into the situation and it has not been resolved," said Angus in a communication to Dixon. "First, there were no visible signs designating

the stalls and second, there were inadequate numbers for the size of the parking lots for the Convention Center." She included a complaint which she received from one of our ADAPT members after she attempted to attend the Roundup.

Kathy Hoell had stated: "...recently when I tried to attend SeptemberFest, I had difficulty with the handicapped parking.

"While they did put in temporary handicapped parking for that event, I was told that after September 12 that the permanent parking would be available.

"Well, on Saturday September 29, 2003 I attended River City Roundup at the Qwest Arena and Convention Center. I entered the facility parking area from 10th Street and was directed to the handicapped parking area.

"There were no signs designating this parking and the parking insignia was painted on the ground for only 11 parking spaces. This is a clear violation of the Americans With Disabilities Act (ADA). I am adding the requirements under ADA Accessibility Guidelines.

"I find it very problematic that this facility was allowed to open and host events without being required to comply with Federal Law.

"If they violated the Americans With Disabilities Act (ADA) so easily, what other laws did they violate?

"There are other spaces which could be future handicap parking spots but they are not marked as such, so anybody can and did park there. If this was the intention I would like to see MECA and the City of Omaha block these spots off in a temporary fashion to insure that people entitled to park there do.

"Also, I sincerely hope that these additional parking spaces are appropriately painted and marked as required by law in a timely matter.

"If it is necessary for me to file charges with the Department of Justice, I will do that. I will be attempting to attend this event again and I hope that a temporary solution will be implemented.

"I will expect a response within 10 days outlining the timeline for permanent remedy."

On November 10 Angus sent this e-mail:

Kathy asked that I thank all of you for your support in her "quest" to make sure that persons of ALL Abilities would be welcomed at the QWEST Convention Center.

The city of Omaha was originally responsible for the parking lots, but felt that it would be best if MECA handled

all the property.

As a result, Roger Dixon, President and CEO of MECA, has surpassed our expectations and will have installed 27 more accessible stalls than required by the ADA by the end of this month.

I have checked out the lots and am pleased with the results. Mr. Dixon has been most courteous. A portion of Kathy's letter to him follows.

Dear Mr. Dixon:

...Nebraska Advocacy Services (NAS)...tour[ed] the Qwest Arena & Convention Center on my behalf after I had filed a formal complaint with them regarding the parking situation at the Convention Center.

... [I am pleased that] the parking situation was being dealt with and that you have exceeded the requirements of the Americans with Disabilities Act. I am writing to thank you for being so responsive in your efforts.

It is unfortunate that this situation was not dealt with when the arena & convention center first was opened to the public...I wish you luck with all future endeavors with the facility and I am glad that this facility will be inviting to ALL individuals that want to attend it.

Do the Math! Wondering if the parking lots you use provide adequate accessible parking?
Here's what the Americans with Disabilities Act (ADA) requires:

ADA REQUIREMENTS FOR PARKING LOTS

Total Parking Spaces in Lot	Required Minimum Number of Accessible Spaces
1 - 25.....	1
26 - 50.....	2
51 - 75.....	3
76 - 100.....	4
101 - 150.....	5
151 - 200.....	6
201 - 300.....	7
301 - 400.....	8
401 - 500.....	9
501 - 1000.....	2 percent of total
1001 & over.....	20 plus 1 for each 100 over 1000

In addition to the required number of accessible parking spaces, the ADA also specifies a minimum width of 60 inches for access aisles adjacent to accessible spaces. At least one space (or one for every eight spaces) must be designated "van accessible" with a 96-inch clearance and an adequate vertical clearance. (See ADA for details.)

mobilityoptions

OPEN HOUSE

November 7



Visitors from the East! Shirley and Bob Anderson dropped in from Council Bluffs, IA.



Checking it out! Bill and Carolyn Hobbs of Lincoln stopped by for lunch and a look around.



Late Lunch! The timing was great for Cheri Hansen and Sharon Buell who just missed the noon crowd.



Taking a chance! Steve Duvall (left) of Lincoln and James Kroeger of Schuyler try their luck by registering to win a DVD player.



Join the crowd! If a prize had been given for the largest group in attendance, the winner would have been this bunch—who didn't even fit in one picture! (from left) Nathan, Jacob, Blake and Linda Bratten with Melissa, Moriah and Judy Lindell.

League Membership Group Hosts Annual Fundraiser



Lucky for Betty Younkin, many of her Tupperware items are made to stack together—or she'd never fit them all in a vendor's booth!

Fun, food and plenty of merchandise were available to the public at the October 4 annual fundraiser sponsored by the League of Human Dignity Membership Group.

A variety of vendors filled the League of Human Dignity board room in Lincoln with a wide selection of handmade items, crafts, holiday gifts, household goods, kitchen utensils, beauty products and more.

A percentage of the day's profits are donated to the Membership Group each year.

Homemade food and snacks were on hand to help the shoppers and vendors keep up the pace of this once-a-year mega-marketplace.

Mabel Weiler and Kathy Parker take a break from the action.



Steve Walline seems to be enjoying his first experience at this popular annual event.



Only a mother-daughter team like Bernice and Nikkola Thompson could survive more than four hours together in a hot kitchen!

Beverly Stretch appears to have embroidered herself into a corner—but her stitches are perfect!



Want to join the Membership Gr
Call Paul or Laura Moore at 402-489-8356

THE HORRIBLE (BUT LEGAL!) ATTEMPTED MURDER OF TERRY SCHIAVO

By William L. Rush

As the title indicates, the following article contains strong opinions of the author, as well as disturbing statements made by the individuals involved in the case.

A woman in Florida is challenging public opinion as to what constitutes life worth living and who should be given life.

The news media was cut and dry about the topic. The woman, Terri Schindler-Schiavo, was in a coma, unable to respond to anyone and without conscious thought.

But her family reported that she followed balloons with her eyes, said rudimentary words like, "Mama" to her mother. She makes sounds of dissatisfaction when her bed isn't comfortable. A comatose person wouldn't do these things.

Her husband maintains that Terri would want to die in this condition. Her husband also has a girlfriend with whom he has had a baby and another is on the way.

This despite the fact that there are doctors testifying under penalty of perjury, not only is Terri not unconscious, but that they believe she could be better.

"There's a speech pathologist who has testified most recently under penalty of perjury that he believes that Terri can be weaned from the feeding tube.

"However, as soon as the money was in the bank, Michael put a 'do not resuscitate' order on the chart, realizing back in the early 1990s he would inherit \$750,000 if Terri died, and began to refuse medical treatment such as antibiotics for infections and so forth.

"In 1998, when Terri didn't die he filed a request with Judge Greer to be allowed to remove her feeding tube, and that's how this whole business started."

In a stunning sworn affidavit, Carla Sauer Iyer, a registered nurse who was employed at Palm Garden of Largo Convalescent Center in Largo, Florida, from April 1995 to July 1996, while Terri Schiavo was a patient there, testified: "Throughout my time at Palm Gardens, Michael Schiavo was focused on Terri's death. Michael would say 'When is she going to die?' 'Has she died yet?' and 'When is that - - - gonna die?'"

Others at Palm Garden also testified similarly in sworn affidavits. All swore that Terri had spoken to them frequently and backed Iyer's recollections.

As to Michael Schiavo's possible motives, it is important to realize that Michael Schiavo is engaged to be married. The Schiavos are Catholics. That religion grants marriage annulments only in extreme cases.

On October 22, 2003, the Association of American Physicians and Surgeons (AAPS) issued this statement from Jane M. Orient, MD, in response to the emergency action of the Florida legislature to reinstate feeding and

hydration of Terri Schindler-Schiavo. The AAPS doctors said that Schindler-Schiavo is NOT a "death with dignity" issue.

Orient's statement: "Terri Schindler-Schiavo has won a temporary stay from execution by a method too cruel to be used for convicted criminals. And yet her husband's attorney is trying to spin it into a 'death with dignity issue' with his comments on Tuesday.

"He says it's cruel to begin rehydration. The opposite is true—dehydration is a cruel, painful death. It is unconscionable that the state would have allowed removal of her feeding tube in the first place—it's nothing less than state-sponsored euthanasia.

"She is not dependent on advanced medical interventions. Nothing is mechanically beating her heart, or forcing oxygen into her lungs. She is simply being fed through a gastrostomy tube. Would we allow a retarded child to be starved to death?

"Some physicians believe that Terri could be rehabilitated to some extent, at least so that she would be able to swallow oral feedings and eliminate the need for the tube.

"She should be allowed to try, but so far her husband has blocked every attempt to see if she can swallow. Doctors have offered pro bono treatment, if money is the barrier for her husband.

"Although severely disabled, some believe that she does have the capacity to communicate a desire to live. The husband has obstructed efforts at rehabilitation or independent assessments of his wife's true state.

"Where are the 'compassionate end-of-life' groups such as the Robert Wood Johnson 'Last Acts' initiative, and why aren't they weighing in on this?

"The ethical question for her nurses and physicians is whether they will cooperate in carrying out a death warrant.

"And the ethical question for all of us is whether we will allow the state to obstruct the efforts of people who want to provide medical care to a patient who wants to receive it.

"If we go down that path, who's to say what treatment the state will prevent you from getting."

This is not a question of the right to die with dignity. This is a case of a selfish, self-centered man abandoning his wife.

What's next? When we get the flu, do people with disabilities become candidates for death?

Think about it.

Easter Seals Nebraska Announces Winter/Spring Mini-Camp Respite Season



Easter Seals Nebraska's Mini-Camp Respite Weekends for individuals with disabilities is currently underway at Camp Eagle in Fremont, Nebraska. The Mini-Camps run on the off months from the Summer Camp season—typically September through May—and are run much like the camp.

Founded in 1968, Camp Easter Seals is a co-ed camp for children and adults with physical and developmental disabilities. Camp works to help participants develop new skills and self-esteem while having a good time. The staff is dedicated to providing outdoor educational, recreational and therapeutic experiences to Nebraskans with disabilities.

Depending on the time of year and weather conditions, programs often include but are not limited to sports and games, music and drama, nature, arts and crafts, swimming, cookouts, tent camping, and horseback riding. All are designed to accommodate people with any type of disability.

The Mini-Camp Respite Schedule for the first half of 2004 will be:

January 9 – 11
January 30 – February 1
February 13 – 15
March 26 – 28
April 2 – 4
May 7 – 9

To register or for more information: Call Camp, Respite and Recreation Director Sheryl Fratt at 1-800-650-9880, extension 2.

Metro Housing Development Corporation

1701 P Street • Lincoln, NE 68508

NOW TAKING APPLICATIONS
One & Two Bedroom Apartments
York • Hastings • Columbus • Norfolk

The units come with a Section 8 certificate and rent is based on income. Applicants must have a physical disability or be elderly to qualify.



CONTACT:

Paula Shufeldt

Housing Manager

1-800-310-9605 (V/TDD)

pshufeldt@leagueofhumandignity.com

SNOW CLOSING INFORMATION

We have designated KFOR Radio as our official weather station.

In times of severe weather, please tune to KFOR 1240AM for the latest word regarding any cancellations.

KFOR
1240 AM

The one you turn to
for winter weather information.

Associations and Support Groups You Can Count On When You Need Someone Who Understands

The information listed here has been shared with the League of Human Dignity by individuals and organizations involved in local, regional and national associations and support groups. Please let us know if you would like to add a listing.

For corrections, additions or special announcements, contact
Deb in Public Information, League of Human Dignity, 1701 P St, Lincoln, NE 68508; 402- 441-7871 (V/TDD); FAX 441-7650; dmitzlaff@leagueofhumandignity.com

ADD vance

- Support Group, **Council Bluffs**, 3rd Tuesday of each month at 7 pm, Lewis Central Middle School.

Advocacy

- EAD-Equal Access for the Disabled, meets 1st Monday of the month at 1:30 p.m. at the **Council Bluffs**, IA, 6th St & 9th Ave. Contact Pat Butler, President 712-323-1894 pr Pat Lawson, Secretary 712-323-3438.
- Advocates Creating Changes for Persons with Disabilities (ACCPD) in **Sioux City**, Cross-disability support and advocacy group sponsored by Three Rivers Center for Independent Living. Call Rev. Jimmy Weber, 712-239-9227 or 712-255-1065

ALS

- Amyotrophic Lateral Sclerosis (ALS)(Lou Gehrig's Disease) Support Group (MDA), **Omaha**, 7602 Pacific St, Suite 200, 68114 Jessi Thomsen,(402) 390-2914.
- **Nebraska Office**, Shaker Place, 10730 Pacific, Ste 228, Omaha, NE 68114, 402-991-8788, 1-866-762-6361; FAX: 402-991-3691, Keith Worthington Chapter; 8340 Mission Rd, Ste B4, Prairie Village, **Kansas** 66206, 913-648-2062

Alzheimers

- Alzheimers Association of **Lincoln/Greater Nebraska**, regular meeting is the 1st Monday of each month at 7 pm, Karen (402) 420-2540, Toll-Free 1-800-487-2585.
- Support Group, 2nd Tuesday of each month, Veterans Home-EBY Bldg Room #122, Roseann (402) 370-3160.
- Alzheimers Association **Omaha/Eastern Nebraska/SW Iowa** (402) 572-3010, 1-800-309-2112.

- Support Group, **Fremont**, First United Methodist Church.

- Support Group, **Cass County, Atlantic**, Cass County Memorial Hospital.

- Alzheimer's Support Group, 1st Thursday of each month, Beverly Healthcare, 111 W. 36 St, **Scottsbluff**, Tammy Sauers or Bobbi Turner (308) 635-2019.

Amputee

- Amputee Support Group, **Bellevue**, Sue Johnson (402) 733-4954; 2nd Sunday each month, 1-3 pm, Midlands Community Hospital, Reifschneider Suite, 1st Floor. Call any time. Come chat with us!

Arthritis

- Arthritis Foundation **Nebraska Chapter, Omaha**, meets monthly; 402-572-3040; FAX: 402-572-3048; www.arthritis.org
- **Columbus**, Jolene 402-564-7571
- **Grand Island**, Connie 308-389-5565
- **Lincoln**, Kaye (402) 481-3399.
- **North Platte**, Doris 308-534-4228
- **Omaha**, Patti (402) 895-6263
- **Ord**, Don (308) 728-3306
- Arthritis Foundation **Iowa Chapter, Des Moines**, meets monthly, 515-278-0636; FAX: 515-278-2636; Info.ia@arthritis.org; www.arthritis.org

Ataxia

- Ataxia Support Group, **Omaha**, Lavonne (402) 573-5838.

Athletics

- Cornhusker Wheelchair Athletics Ass'n **Lincoln** Matt (402) 421-8434.
- Eastern Nebraska Wheelchair Athletic Association, **Omaha**, Greg (402) 289-3521.

- Junior Wheelchair Basketball Team, **Omaha**, Mike (402) 554-2539; Rita (402) 551-4598.

Autism

- Autism Society of **Nebraska**, Jean McDermott (402) 431-0166
- Families for Early Autism Treatment (FEAT) of **Nebraska**, Mark Hirschfeld (402) 955-1780
- Unlocking Autism, Connie Shockley (402) 933-2565

Blind/Visually Impaired

- C-Big (**Council Bluffs** Blind Information Group) Chuck Dietz (712) 323-4817.
- United Blind of **Omaha**, Gary 402-455-4116, Sherry 556-4156.
- Support Groups for the Visually Impaired **Albion, Center, Columbus, Norfolk, Tekamah, Westpoint**, John/Glen 402- 370-3436.
- Support Groups for the Visually Impaired in **Iowa**, Iowa Department for the Blind 1-800-362-2587
- **VIPS** Support Groups for visually impaired; over 1000 members throughout **Nebraska**; to find your group, contact: President Howard Simons, Isanders Group, 324 W 13 St, Grand Island, NE 68801; 308-381-8003.

Cancer

- American Cancer Society, **Heartland Division** (Omaha Office) 402-393-5800; 1-800-642-8116
- PLEASE CALL FOR SUPPORT GROUPS IN OMAHA AND SURROUNDING AREAS**
- Support Groups, 2nd Tuesday of each month, 7-8 pm, Clarinda Regional Health Center, **Clarinda**
- Coping With Cancer Support Group, University of Nebraska, **Lincoln**, Thursdays, 6-7:30 pm Nebraska Union Rm 338. Call Yasmin (402) 472-7450.

■ **Breast Cancer Support Group Lincoln**; meets 1st Wednesday of the month 7 - 9 pm. Call Mary Meredith-Scheiding, cancer care coordinator, for schedule and topics: 402-219-7258.

Chronic Pain

■ **Lincoln Chapter, American Chronic Pain Association**, 1st & 3rd Tuesdays each month, 7-8:30 pm, First Step Recovery & Wellness Center, 2231 Winthrop Rd. For details call Chapter President Terrance Dukes 402-423-9405.

Deaf

■ **Nebraska Commission for the Deaf and Hard of Hearing (NCDHH)** 4600 Valley Rd, Ste 420; 402-471-3593 or 1-800-545-6244.

■ **Communication Service for Deaf of Iowa**, employment services 712-322-1489.

■ **Deaf Services Commission of Iowa**. 1-888-221-3724 V/TTY.

Depression

■ **Manic Depressive and Depressive Association Lincoln** 402-483-8886.

■ **Greater Omaha Depression & Manic Depression Association, Omaha**, Kate 402-551-3275.

Developmental Disabilities

■ **The Arc of Lincoln/Lancaster County**, providing support to people with developmental disabilities & families through Individual and Family Support Services: Family Connections, Women Investing in Now (WIN); Dads Events; Sibshops; People First of Lincoln; Resource Library; Vacation Program; Group Residences. 1101 Arapahoe, Ste 5, Lincoln, NE 68502, 402-421-8866, FAX: 421-8922, Arcoflincoln@alltel.net

Diabetes

■ **American Diabetes Association Fremont Chapter** 402-727-9431.

■ **Lincoln Area Chapter**, Pam 402-486-8777.

Down Syndrome

■ **Omaha Nat'l Down Syndrome Society (NDSS) Nebraska Affiliate**; Contact Mary: 402-553-5335 or nebuddywalk@cox.net

■ **Down Syndrome Association for Families; Lincoln, NE** Parent and family group; meetings, mother's coffees, newsletter, holiday events, Buddy Walk, parent packets, Call: Deb Safarik: 402-466-7641

■ **Lincoln Early Development Services Coordination** 402-441-6710

■ **Early Development Network in Lancaster County**; ESU #6, 1-800-327-0091

■ **Early Childhood Training Center** 6949 S 110 St Omaha, NE 68138; 1-800-89CHILD (media library offers books, videos, etc)

■ **National Down Syndrome Congress**, 7000 Peachtree-Dunwoody Rd NE, Bldg 5, Ste 100, Lake Ridge Office Park, Atlanta, GA 30328, 1-800-232-6372, FAX 7700-604-9898, ndscenter@aol.com

■ **National Down Syndrome Society** 666 Broadway, New York, NY 10012, 1-800-221-4602, FAX 212-979-2873, info@ndss.org

Dyslexia

■ **Nebraska Branch International Dyslexia Association**, "Smart Kids: School Problems" **Grand Island**, Brenda 308-381-8943.

■ **Lincoln**, Irene 402-327-0751.

Epilepsy

■ **Epilepsy Association of Nebraska, Omaha** 402-558-7383.

Fibromyalgia

■ **Support Group, Lincoln**, meets at Madonna Rehabilitation Hospital. For details and meeting schedule, call Liz Busch 402-423-2787

■ **Omaha**, Arthritis Foundation 402-572-3040.

■ **Support Group, Gordon area**, meets in various homes & churches, call Margaret at 308-282-0769

■ **Support Group, Humbolt, IA area**, call Judy at 515-332-3376 (9 am-9 pm); bjmmerris@goldfieldaccess.net

■ **Support Group, Mercy Medical Center, New Hampton, IA area**, meets monthly, call Judy 641-394-3106 ext 189; FAX: 641-394-2328

■ **Support Group, Shenandoah, IA area**, meets four times a year or when requested, call Della 712-246-3244; delsta@netins.net

FMS-CF Syndrome

■ **Support Group, Council Bluffs**. Call 712-323-9448.

Grief Support

■ Many groups to help you deal with the grieving process are available; please contact your local hospital, funeral home or place of worship for details about groups meeting in your community.

Hard of Hearing

■ **S.H.H.H. - Lincoln**, 7 pm at 4600 Valley Rd., Rm 4B, 3rd Thursday of each month, Margaret 402-474-0479 V/TDD or call 402-471-3593.

Head Injury

■ **Head Injury Support Group, Lincoln**, Jan Lingren, 2nd Tuesday at 7 pm, First United Methodist Church 402-488-1916.

■ **Head Injury Survivors Group**, 3rd Wednesday at 6:30 pm at Goodwill Industries, **Lincoln** 402-231-1933.

■ **Head Injury Support Group, Omaha**, Gail Kerwin 402-571-5651.

■ **Head Injury Support Group, Norfolk**, 1st Monday, Faith Regional Health Services.

Hydranencephaly

■ **Omaha Local contact**: Lynne 402-485-2229 or rtrease@nntc.net; Internet support also available (please call for more information)

Learning Disabilities

■ **Learning Disabilities Association of Nebraska**, Sharon, **Omaha** 402-571-7771.

Leukemia & Lymphoma

■ **Lincoln Family Support Group** for adult patients with leukemia, lymphoma, Hodgkin's disease, myeloma or myelodysplastic syndromes (family and friends welcome). For meeting times and locations call Leukemia & Lymphoma Society, Nebraska Chapter: 1-888-847-4974.

■ **Lincoln Telephone Support Group** for adult myeloma and leukemia patients and family members; Tuesdays 10-11am; talk with support group from home; free service of **Nebraska Chapter, Leukemia & Lymphoma Society** Call Tonya: 402-344-2242 or 1-888-847-4974.

MDA

■ **MDA Duchene Parents Support Group, Omaha/Papillion**, meets quarterly Sat., 1-3; Papillion/LaVista High School, 420 S Washington St; Jessi Thomsen 402-390-2914

Mental Illness

- **Nebraska Family Support Network** for families of children & youth with mental illness, 1st & 3rd Thurs each month, **Lincoln**, 215 Centennial Mall, Rm 220, Linda (402) 477-2992. (**Arlington**, Mary 800-245-6081, **Omaha**, Lori (402) 453-3154.)
- **National Alliance for the Mentally Ill (NAMI)** <http://ne.nami.org>; For questions, please call Ernie Paulsen at **NAMI Nebraska**, 1941 S. 42nd St., Suite 517, Omaha, NE 68105 Phone: (402) 345-8101; toll free: 1-877-463-6264; Fax: (402) 346-4070 (or contact the following locations)
- **Mental Health Association of Nebraska** 1-800-422-6691 or www.MHA-NE.org
- **Grand Island NAMI** of Grand Island, NAMI Nebraska 877-463-6264; NAMI Heartland, Grand Island, Carole Denton (308) 382-8604; jdenton@navix.net
- **Hastings NAMI** Hastings, Leahdele Cassel (402) 462-8657;
- **Juniata/Hastings NAMI - FORSE**, Cindy Scott (402) 751-2226, hs35558@navix.net; Hastings NAMI CARE (Consumers Advocating Recovery Through Empowerment) Mike Best (308) 379-8752.
- **Kearney NAMI** Central Nebraska, Merv Schliefert (308) 236-5513, mervbev@juno.com
- **Lincoln NAMI** Lincoln, Sydney Langness (402) 435-4757; Tami Walden (402) 471-4515.
- **Mental Health Lincoln** Support Group, Tuesdays 3-4 pm Bennet Martin Library Downtown 4th Floor
- **McCook NAMI** Of SW Nebraska, Sandy Graves (308) 345-3013, dlmeyer@ncfcomm.com
- **Norfolk/Hartington NAMI** Northeast Nebraska, Norma Harms (402) 692-3251; Norfolk NAMI, Connie Meyer (402) 370-3503.
- **North Platte NAMI** Platte Valley, Ann Bartlett (308) 532-4053, ab11721@alltel.net
- **Oakland NAMI** Greater Burt County Nebraska, Wayne Jarvill, (402) 685-6857.
- **Omaha NAMI** Omaha, Glen or Sue Truax, (402) 292-3793, glentruax@msn.com; Omaha NAMI CARE (Consumers Advocating Recovery Through Empowerment) Annie (402) 551-9413; Marlene (402) 558-0304.
- **Scottsbluff NAMI** Western Nebraska, Shirley McLaughlin (308) 635-2239, shirley@prairie.web.com

- **Sutherland NAMI** Trails West Nebraska, Margaret Baker (308) 284-4078, bakerm@gpcom.net

Multiple Chemical Sensitivity

- **MCS Information Exchange**, 2 Oakland St, Brunswick, ME 04011 conceptmed.com

Multiple Sclerosis

- Support Group, **Council Bluffs**, meets 3rd Thursday every month, 7 pm, Queen of Apostles Catholic Church; Bruce 712-482-3412
- Support Group in **DeWitt**. Call Teresa (402) 683-4285
- Self-Help Group, **Lincoln**, contact 1-800-755-3959
- **MS Connection Lincoln**, meets 2nd Tuesday every month, 7 pm, First Lutheran Church, 1551 S 70 St. Call Stacey (402) 486-1885
- Support Group, **Norfolk**, 402-648-7906
- Support Groups in **Omaha**, 402-572-3190 or 1-800-755-3959
- **Iowa Chapter Support Group in Sioux City**, meets 1st Saturday every month, Morningside Branch of Sioux City Public Library, 1:30 - 3:30 pm. Call Rev. Jimmy Weber, 712-239-9227

Parent Support Group

- **Parent Training & Information (PTI) for Families of Children with Disabilities**, 3135 N 93 St, **Omaha**, phone & fax: 402-346-0525; 1-800-284-8520; khein@pti-nebraska.org

Parkinson

- **Lincoln Support Group** meets 4th Sunday each month (except December); 2:00 pm; Madonna Rehabilitation Hospital, 5401 South St (52nd St entrance); Contact: Jill 402-486-8164 or Lori, 402-486-9040. **Call for schedule of topics.**
- **Fremont** (402) 478-4853
- **Panhandle Area** meets 4th Wed each month; Northfield Villa-Bldg 6, Vista Dining Rm, 1:30 pm; Contact: Maurice Wheeler (308) 623-2508
- **Clarinda**, IHS, 600 Manor Dr., 2 pm, 3rd Thursday of each month. Connie (712) 542-5161

Peripheral Neuropathy

- **Lincoln Support Group** meets at Bryan Medical Plaza, 1600 S. 48 St; 2nd Floor; Room 3; Call Sandy (402) 483-4908; Nat'l Ass'n: 1-800-247-6968.

Polio

- **Nebraska Polio Survivors Association**, **Omaha** 402-341-0710.
- **Lincoln/Lancaster County**, Vera (402) 467-5650.

Schizophrenics Anonymous

- **Lincoln Group** meets Fridays 7-9pm; First Plymouth, 20th & D St.

Scleroderma

- **Lincoln** meets at Roper & Son Resource Ctr, 4400 S 70 St; Support Leader: Terry Christensen (308) 384-4017; terry058@webtv.net
- **Omaha** meets 2nd Tuesday every other month (Oct/Dec/Feb/Apr/Jun) 7-9 pm at Methodist Cancer Center; 8303 Dodge St; lower lobby; Support Leader: Barb Heenan (402) 291-7670; omahassg@aol.com
- **Grand Island** meets at St. Francis Hospital, 2620 Fairley Ave, Conf. Rm 3A; Support Leader: Terry Christensen (308) 384-4017; terry058@webtv.net
- **Siouxland** meets at St. Luke's Hospital, 2720 Stone Park Blvd, lower level Rm 3 & 4, 2nd Tues every other month, 6:30 - 8:30; Call Jane: 402-494-4532, www.scleroderma.com (or.org)

Spina Bifida

- **Spina Bifida Ass'n of the Star City, Lincoln**, Jerry (402) 434-3000.
- **Spina Bifida Support Group, Omaha**, meets 1st Tuesday each month 7 pm, Quality Living East Campus, Cabana Room; Call Jolene (402) 894-2070.

Spinal Cord Injury / Disease

- **E. Nebraska/W. Iowa Spinal Cord Injury Ass'n** meets bimonthly various Omaha locations. Call Brian at 402-573-6904, enwiscia@cox.net or www.nebraskascia.org
- **Spinal Cord Injury Peers (SCIP)** (Nebraska Panhandle) meets monthly; Regional West Medical Ctr, **Scottsbluff**. Call 308-635-7901; 630-1070; or Cheryl 436-1060.
- **Spinal Cord Injury Support Group in Hastings**. Help us plan meetings! Call Darla McAllister H: 402-463-5094 or W: 461-5161

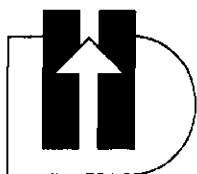
Stroke

- **Southeast Nebraska Stroke Club, Lincoln** (402) 483-9594

Tourette Syndrome

- **Lincoln Nebraska Association for Tourette Syndrome Support Group** 402-467-9077

**LEAGUE
OF
HUMAN
DIGNITY**



Classified Advertisements

VEHICLES/EQUIPMENT

FOR SALE: 1994 Ford Explorer, in excellent condition, 4x4, 2-door sport, 98,000 miles, equipped with **foot steering**. Call 712-322-3148. (*Council Bluffs, IA*)

FOR SALE: 1995 Accessible Plymouth Grand Voyager with Northstar Package, includes ramp, kneeling, very good condition, V-6, 70,000 miles. Call 605-352-7093, ojchet@santel.net (*Carpenter, SD*)

FOR SALE: 1994 Ford E250 Ram with Ricon Wheelchair Lift, fully-loaded AM/FM stereo, well-maintained, very clean, in excellent condition, 32 K miles, \$10,000 or best offer. Call 402-932-1550. (*Omaha, NE*)

FOR SALE: Model VSL 570 Bruno Lift, like new condition, (\$1,900 new) asking \$500 or best offer; **Hoveround Wheelchair**, \$6,500. Call 402-571-5970. (*Omaha, NE*)

SCOOTERS/WHEELCHAIRS

FOR SALE: Electric Wheelchair - Invacare Ranger II Storm Series, full adult size, adjustable back and leg rests, ROHO Seat Cushion, (paid \$5,500) used one year, asking \$800. Call 402-895-6664. (*Omaha, NE*)

FOR SALE: Powerchair - Evermed Motorized Folding Chair, folds to 13 inches, like brand new, 77 lbs, includes battery and charger, (\$3,400 new) asking \$1,800. Call 402-438-2172 or 440-4861. (*Lincoln, NE*)

FOR SALE: Four-Wheel Pride Legend Scooter with Bruno Lift, will allow for 2 new batteries, \$1,000 for everything; **Storm Series Invacare Powerchair**, 22" seat size, batteries 4 months old, \$900; **Manual Wheelchair**, 18" seat, \$250. Call 402-467-2466. (*Lincoln, NE*)

FOR SALE: 1998 Chauffeur Scooter, outdoor air tires, excellent condition, \$1,500 or best offer. Call 402-467-3236. (*Lincoln, NE*)

FOR SALE: Power Wheelchair, Accessories, new condition, (lists for \$6,624) asking \$4,995 or best offer; **2 Folding 6-Foot Suitcase Ramps**, one brand new, one near new, make offer; **Manual Wheelchair**, wide seat, make offer. Call 402-489-9127. (*Lincoln, NE*)

FOR SALE: New High Profile 18" x 16" ROHO Cushion, Jay 2 Deep Contour 18" x 16" Cushion, only 2 weeks old; **Used Standard E & J Manual Wheelchair**, adjustable back, swing-away foot rests; **Used E & J Marathon Powerchair**, adult narrow, with cushion, adjustable back, swing-away foot rest, pneumatic tires, desk-length adjustable arm rests, needs batteries; **Lester Battery Charger** also available. Will accept best offer on any item. Call Dale Moseman 402-489-7293. (*Lincoln, NE*)

FOR SALE: Used Electric Wheelchair - Ranger X Storm Series, \$500. Call (after 6 pm) 402-464-1998. (*Lincoln, NE*)

FOR SALE: Battery-Powered Four-Wheel Chauffeur Model Chair, with adjustable joy stick and van ramp, used only one time, virtually new, (cost over \$6,000 new) will accept best offer. Call 402-420-3230. (*Lincoln, NE*)

FOR SALE: Pride Jazzy 1122 Power Wheelchair, with tilt, joystick, adjustable head rest and foot rest, includes Quadtro Select ROHO seat cushion, used 2 months, (\$12,500 new) asking \$3,800 or best offer. Call (after 6 pm) 402-453-5265. (*Omaha, NE*)

EQUIPMENT/SUPPLIES

FOR SALE: Lift Chair, only 2 years old, earth-tone color; **Tabs Alarm System**; **End Table** (allows easy access to Tabs System); **Lamp**; **Bath Chair**; **Grab Bar**, attaches to side of tub; **Rolling Walker**. Make an offer. Call 402-486-1446. (*Lincoln, NE*)

FOR SALE: Adult Disposable Undergarments, large/extra large; **Chair Commode**, excellent condition; **New Plexiglass Table or Large Tray for Wheelchair**, velcro straps to wheelchair (\$85-186 at Koley Medical); **Cushion for Wheelchair**, like new. Call Mary Ellen Kreifels 402-558-7078. (*Omaha, NE*)

FOR SALE: Eagle 930 ES Stair Lift, 2 years old, in excellent condition, 300-lb. limit; (\$4,000 new) asking price \$2,500. Call 402-826-2058. (*Crete, NE*)

FOR SALE: Craft-A-Matic Full-Size Adjustable Bed, with oak headboard, minimal use, very nice, asking \$300. Call 402-420-2205. (*Lincoln, NE*)

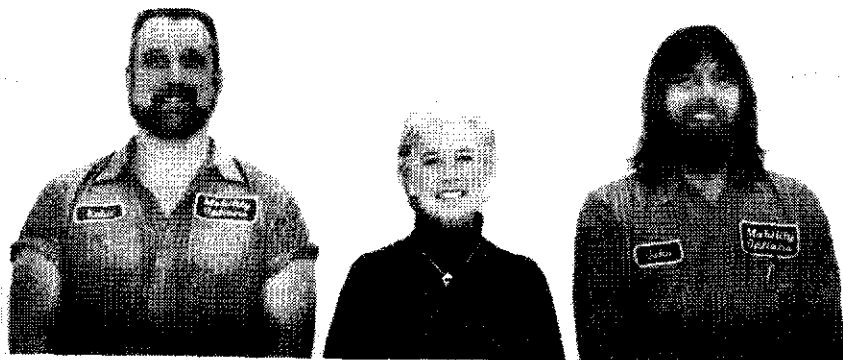
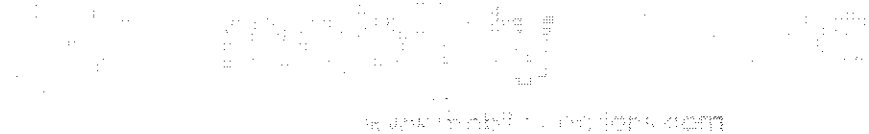
FOR SALE: Invacare Brand Fixed Off-Set Trapeze Bar, slightly used but like new, weight capacity-250 lbs, includes bar, brackets, and grab bar with wall bumpers and mounting bed brackets to protect wall surfaces and bed ends, (retail \$215) our price \$150. Call Chet (days) 402-472- 9333, ext 322 or (nights and weekends) 402-476-2287. I'm in and out a lot but please leave a message and I'll get back to you. (*Lincoln, NE*)

FOR SALE: Used Eagle Chair Lift, in excellent condition. Call 402-336-4606. (*O'Neill, NE*)

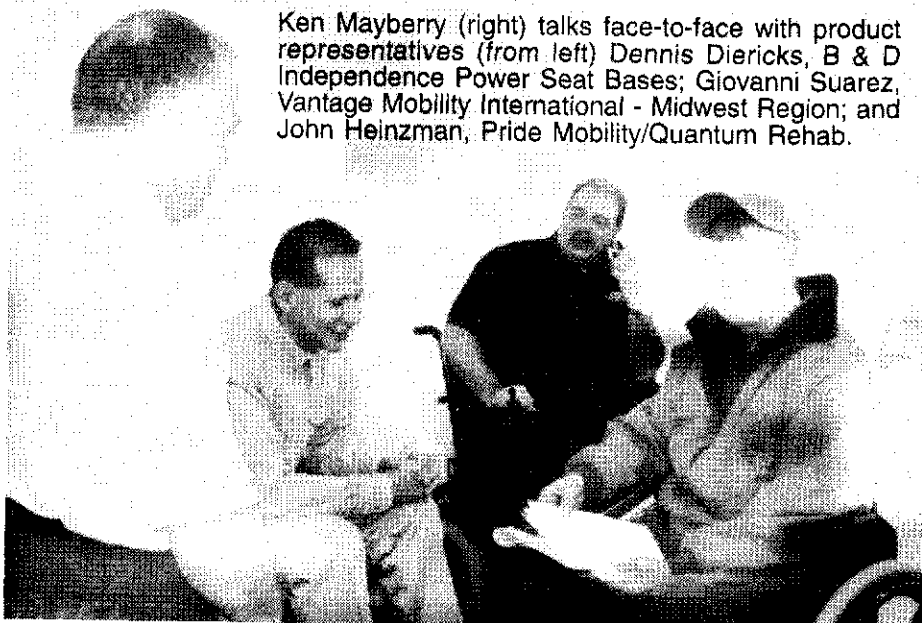
HOMES

FOR RENT: Accessible Apartments You may qualify to rent a 1- or 2-bedroom apartment in York, Hastings, Columbus or Norfolk. Call Paula at Metro Housing in Lincoln at 1-800-310-9605 (V/TDD); pshufeldt@leagueofhumandignity.com (*York, Hastings, Columbus, Norfolk, NE*)

Reach 1,000+ Readers
Only 1 ad - Get your ad to:
Bob in Public Information
1701 F Street - Lincoln, NE 68508
402-441-7050 (V/TDD) FAX: 441-7050
direct of the leagueofhumandignity.com



www.mobility-options.com Showing off a banner featuring the new logo and web address are (from left) Mobility Options Manager Bryan "Kubie" Kubicek, Sales Representative Mariyn Gillispie and Vehicle Modification Technician John Wollen.



Ken Mayberry (right) talks face-to-face with product representatives (from left) Dennis Diericks, B & D Independence Power Seat Bases; Giovanni Suarez, Vantage Mobility International - Midwest Region; and John Heinzman, Pride Mobility/Quantum Rehab.



Eric Maly checks out the printed material provided by Mobility Option's product representatives.

mobilityoptions OPEN HOUSE

Fun, informative—and filling!

Visitors on November 7 got a chance to meet the staff, visit with product representatives, tour the facility, gather information, register to win a DVD player, receive discount coupons and fill up on free hotdogs and chips.

Manager Bryan "Kubie" Kubicek presents the DVD player to lucky winner Tom O'Brien.



MORE PHOTOS INSIDE!



1701 P Street Lincoln, NE 68508

ADDRESS SERVICE REQUESTED

NONPROFIT ORG
U.S. POSTAGE
PAID
Lincoln, NE
Permit 419