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WAYS

to be

MORE
ACTIVE

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BE LOYAL
TO OUR VALUES

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WATCH THE MEDIA

2

RECRUIT PEOPLE
AS EQUALLY COMMITTED

7

BE ACTIVE IN
THE ELECTORAL
SYSTEM

3

VISIT
EXEMPLARY PROGRAMS

8

JOIN SOCIAL
JUSTICE
ORGANIZATIONS

4

VISIT WORST
PROGRAMS

9

SPEAK OUT AGAINST

5

HOLD
PUBLIC OFFICIALS
ACCOUNTABLE

10

ACTIVELY
SUPPORT
COLLEAGUES
AND FRIENDS

just do it...

As a member, know and be rigorously loyal to our values. Accept, respect and stand by these values. Do not compromise. Know the difference between compromise and sellout.

Recruit new members to TASH who can be equally committed as you are. Give materials and explain the significance of the organization.

Identify and visit exemplary programs. Know where they are located. If you are asked, "Where are the best programs?" or "Where is it working?" be ready to answer with ten exemplary programs.

Identify and visit some of the worst programs in your area. You will be surprised at how much you will be recommitted to integration and helping people move forward.

Inform public officials and funding agencies that you are out visiting programs. Put people on notice that you are interested in public money supporting people and families. Hold people accountable.

Watch the media. Write letters that critique the print and electronic media giving both positive and negative news. Share your own stories.

Be active in the electoral system:

- Know your elected officials.
- Put their names, addresses and phone numbers next to your phone.
- Visit your elected official as a constituent. Take TASH information to them. Write a letter today!
- Vote in every election.
- Identify and support candidates for elected office who represent TASH values.

Join a social justice organization:

- Represent TASH values.
- Be a voice for TASH values.

Always speak out against:

- Stigmatizing labels.
- Abuse and neglect.
- Humiliation and suffering.

Actively support your friends and colleagues. Show your support with calls, notes, and thank yous. Stand with people—get to know people with disabilities personally—this is the best protection and advocacy available for anyone.