

November 20, 2025

Victim/Survivor: Samantha Kathleen Almsted-Cain

Offender: Carlos Douglas Cain (DOB: [REDACTED] OID: [REDACTED])

TO:

The Honorable Members of the Minnesota Sentencing Guidelines Commission (MSGC)
MSGC Staff and Policy Analysts

SUBJECT: URGENT APPEAL FOR GUIDELINES REVIEW: Insufficient Criminal History Scoring and Policy Failures Exposed by Chronic, Armed Recidivism of Carlos Douglas Cain

Dear Commissioners and Staff,

I am writing as a victim of Carlos Douglas Cain to appeal directly to the Minnesota Sentencing Guidelines Commission. This is not a request for prosecution, but a formal submission of evidence demonstrating that Mr. Cain's catastrophic and chronic pattern of violence and contempt for the law exposes a critical failure in the current sentencing guidelines to adequately classify and punish high-risk, violent recidivists.

His case mandates a review of the guidelines that permit plea agreements and supervise sentences for individuals who present this level of escalating, armed danger.

The Policy Failure: Underscoring Extreme Risk

Mr. Cain's history demonstrates that the current sentencing structure is incapable of protecting the public from his escalating threat:

- **Plea Deal and Exposure (The Core Failure):** Mr. Cain was convicted of **Felony CSC-2nd Degree (10/9/2020)** via a plea bargain that resulted in a gross undervaluation of his predatory risk. He avoided conviction on original charges spanning **two separate cases** involving **two children over several years**. The original charges totaled **THREE counts of 1st Degree CSC** (Penetration/Contact with person under 13) and **TWO counts of 2nd Degree CSC**. He pleaded to only **1 count of 2nd Degree CSC** to avoid a potential **244-month sentence (over 20 years)**. The resulting sentence inadequately reflected the true gravity and multi-victim nature of his predatory behavior.
- **Armed Fugitive Status:** He has proven that supervision is meaningless. He was a fugitive on felony warrants for extensive periods (**~21 months** and a recent **~7 months**) before being arrested on **October 22, 2025**, for the new felony charge: **Felon in possession of a gun**.
- **In-Court Armed Threat:** He committed an OFP violation and **Terroristic Threat** in the

courthouse by stating: "**Lucky I ain't pull up on (they/that) ass with that/the Glock (something),**" explicitly referencing the firearm, highlighting a readiness to commit violence.

Violence Against Vulnerable Persons and Officials

The severity of his actions must compel the MSGC to consider enhanced guidelines for offenses targeting protective figures:

Escalation Pattern	Detail and Guideline Adequacy Issue
Violence Against CPS	On January 3, 2019 , Mr. Cain violently swung a metal baseball bat at a Sherburne County Child Protection Supervisor (██████████) who was holding a minor child. (He also has a prior OFP against a different Social Worker).
Threats to Minors	911 recording confirms threats to kill ██████████ 2-year-old son with a knife during a domestic violence incident.
Exposure of Children	Following both recent releases, he immediately placed himself in households with different minor children (sons/daughters ██████████ ██████████), violating the spirit of his CSC conviction.

Demand for Guideline Review and Reform

I urge the Sentencing Guidelines Commission to review and amend existing guidelines to address the following critical deficiencies exposed by this case:

1. **Mandatory Criminal History Enhancement for Armed Absconding:** Create or enhance the guidelines for individuals convicted of **Felon in Possession of a Firearm** where the crime occurred while the individual was actively **absconding** from supervision (e.g., parole, probation, GPS monitoring). This dual violation demands a higher criminal history score (CH) than current standards may assign.
2. **Increased Severity for Violence Against Protective Officials:** Review the severity level ratings for assaults, threats, and contempt directed at individuals acting in a protective capacity (e.g., CPS supervisors, social workers, court staff) to ensure these crimes receive maximum presumptive sentences.
3. **Accountability for Plea Bargained CSC:** Review the guidelines to understand how

massive plea reductions (like the **THREE counts of 1st Degree CSC** reduced to **one count of 2nd Degree CSC**) impact the effective risk classification and subsequent supervision of highly predatory offenders.

4. **Acknowledge Federal Inadequacy:** Acknowledge that the **Federal Armed Career Criminal Act (ACCA)**—triggering a **mandatory minimum 15-year sentence**—is currently the *only* legal mechanism capable of providing adequate public protection in this case, underscoring the inadequacy of the **State Sentencing Guidelines** for this specific class of extreme, armed recidivist.

I respectfully submit this detailed history to encourage a comprehensive review that will prevent future victims and ensure the Sentencing Guidelines accurately reflect the threat posed by individuals like Carlos Douglas Cain.

Sincerely,

A handwritten signature in black ink, appearing to read 'Sandra Almsted-Cain', written in a cursive style.

Samantha Kathleen Almsted-Cain
Victim/Survivor



4th Degree Burglary- 86-CR-11-2235

Offense Date: 6.28.2010
Case filed- 4.15.2011
Released: 4.18.2011
Sentenced- 9.7.2011
Warrant Issued: 6.23.2011

1st Degree Burglary - 86-CR-11-2468

Offense Date: 4.3.2011
Case Filed: 4.27.2011
Released: 7.5.2011
Sentenced: 9.7.2011
Warrant Issued- 12.27.2011
Quashed: 5.17.2012
Warrant: 10.17.2013
Quashed: 5.1.2014
Warrant Requested- 4.25.2016
Warrant Issued: 4.26.2016
Quashed: 1.22.2018
Warrant Issued: 11.5.2019
Quashed:

5th Degree Assault- 86-CR-11-3030

Offense Date: 5.8.2011
Case Filed: 5.24.2011
Disposition: 9.7.2011

Harassment Restraining Order Filed by Victim in this case 11.16.2011

5th Degree Drug Possession- 71-CR-12-734

Offense Date: 5.9.2012
Case Filed: 5.11.2012
Probation Violation Report: 12.10.2012
Warrant Issued: 12.13.2012
Quashed: 12.17.2012
Released RPR: 12.28.2012
Failure to Appear- Court Date: 1.25.2013
Released: 2.8.2013
Probation Agreement signed: 2.21.2013
Probation Violation Report: 9.3.2013

Warrant Issued: 9.10.2013
Quashed: 5.30.2014
Probation Violation Report: 3.24.2016
Violation Order: 3.28.2016
Failure to Appear at Court: 4.28.2016
Warrant Issued: 4.29.2016
Bail Hearing: 1.23.2018
Warrant Quashed: 1.26.2018
Probation Expired: 2.8.2018

Ran 9/2013 to 5/2014- Was arrested at Buffalo Hospital
Ran 3/24/16 to 1/2018- Turned himself in due to CPS
Ran 7/2019 to 11/2019- New Domestic Assault Charge (Crow Wing County)
Released on Parole 3.11.24
OFP Issued 3.5.24
TPR Order- 4.6.24
Warrant Issued- 5.30.24
Arrested in Michigan 7.26.24
Extradited to Minnesota (Late) 10.24
Parole violation 6 months (credit for time in Michigan fighting extradition)

Released January 27 2025 (1.27.25)
Warrant Issued- March 26th 2025 (Hennepin Co Sheriff tried to serve updated OFP on 3.25.25 & 3.26.25. at NuWay
ARRESTED- 10.22.25 (New charge for Felon in possession of a handgun.



STATE of MINNESOTA

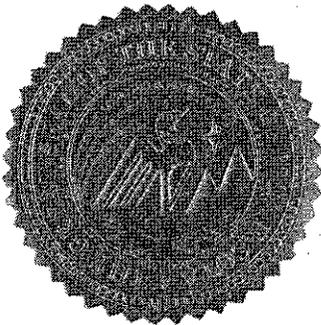
Governor Tim Walz

TO HER EXCELLENCY THE GOVERNOR OF MICHIGAN

Whereas, it appears by the attached supporting documents, which I certify to be authentic and duly authenticated in accordance with the laws of this State, **Carlos Douglas Cain** (the "fugitive") was convicted of **Criminal Sexual Conduct in the 2nd Degree, Victim 13-15 – Position of Authority** which I certify to be a **crime** under the laws of this State, was present in the State of **Minnesota** at the time of commission of the crime, has since violated the terms and conditions of his supervised release, fled from the jurisdiction of the State of **Minnesota**, and is now a fugitive, and may now be found in the State of **Michigan**.

Now, therefore, pursuant to the Constitution and laws of the United States, and the laws of the State of **Minnesota** and the State of **Michigan** I hereby request that the fugitive be apprehended and delivered to **Captain Michael Hennen, and/or authorized designee(s)** who is/are authorized to convey the fugitive to the State of **Minnesota**, there to be dealt with according to law.

In witness whereof, I have hereunto set my hand and caused the Great Seal of the State to be affixed at the Capitol in the City of Saint Paul on September 30, 2024.



Handwritten signature of Tim Walz in black ink.

Tim Walz, GOVERNOR

Handwritten signature of Steve Simon in black ink.

Steve Simon, SECRETARY OF STATE

Filed September 30, 2024
Office of the Minnesota
Secretary of State
Steve Simon



STATE of MINNESOTA

Department of State

Secretary of State Steve Simon

I, **Steve Simon**, certify that I am the duly elected, qualified and acting Secretary of the State of Minnesota, and by virtue of Minnesota law the keeper of its Great Seal and the custodian of its laws;

That the **Honorable Tim Walz**, whose name appears on the foregoing papers, was at the time of signing the duly elected, qualified and acting Governor of the state; that I am acquainted with his handwriting and believe the signature to be genuine.

That **Paul P. Schnell**, whose name appears on the foregoing papers, was at the time of signing the duly qualified and acting Commissioner of Corrections in this state; that I am acquainted with their handwriting and believe the signature to be genuine.

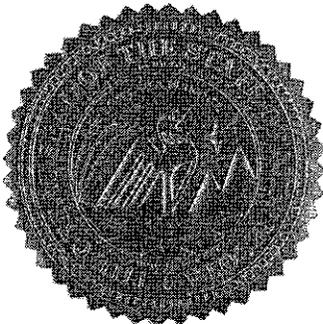
That **Katrese Ringham**, whose name appears on the foregoing papers, was at the time of signing the duly appointed, qualified, and acting court administrator of District Court in and for the County of Sherburne in this state; that I am acquainted with their handwriting and believe the signature to be genuine.

That the **Honorable Kristi Stanislowski**, whose name appears on the foregoing papers, was at the time of signing the duly elected judge of the District Court in and for the County of Sherburne in this state; that I am acquainted with their handwriting and believe the signature to be genuine.

That the **Honorable Mary Yunker**, whose name appears on the foregoing papers, was at the time of signing the duly elected judge of the District Court in and for the County of Sherburne in this state; that I am acquainted with their handwriting and believe the signature to be genuine.

That the **Honorable Karen B. Schommer**, whose name appears on the foregoing papers, was at the time of signing the duly elected judge of the District Court in and for the County of Sherburne in this state; that I am acquainted with their handwriting and believe the signature to be genuine.

Signed on September 30, 2024.





Steve Simon, SECRETARY OF STATE



STATE of MINNESOTA

Governor Tim Walz

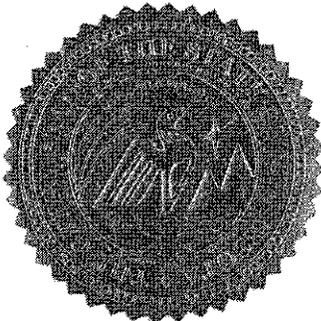
TO ALL TO WHOM THESE PRESENTS COME:

By these presents I authorize and empower **Captain Michael Hennen**, and/or designated agent(s) to take and receive from the proper authorities of the State of **Michigan**

Carlos Douglas Cain

and convey the fugitive at the exclusive cost of **Minnesota Department of Corrections** to the State of **Minnesota**, there to be dealt with according to law.

In witness whereof, I have hereunto set my hand and caused the Great Seal of the State to be affixed at the Capitol, in the City of Saint Paul, on September 30, 2024.



Handwritten signature of Tim Walz in black ink.

Tim Walz, GOVERNOR

Handwritten signature of Steve Simon in black ink.

Steve Simon, SECRETARY OF STATE

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Office of the Minnesota
Secretary of State, Steve Simon