

**From:** Samantha Almsted-Cain [REDACTED]  
**Sent:** Thursday, July 2, 2026 9:44 PM  
**To:** Guidelines, Sentencing (MSGC)  
**Subject:** Urgent Review Requested: Serious Domestic Violence Case History and Appeal Regarding Carlos Douglas Cain  
**Attachments:** Warrant History- Updated 6.2026 (2).pdf; Court List.pdf; VICTIM IMPACT AND SYSTEMIC FAILURE STATEMENT- Commissioners & Staff (3).pdf; MNSGC Letter.pdf; MCRO\_27-CR-25-26965\_Departure Report\_2026-03-30\_20260401141659 (1).pdf; MCRO\_27-CR-25-26965\_Amended Criminal Complaint\_2026-03-18\_20260318150451.pdf; MCRO\_27-CR-25-30597\_Amended Criminal Complaint\_2025-12-08\_20251208205422.pdf; MCRO\_27-CR-25-30599\_E-filed Comp-Warrant\_2025-12-04\_20251204181619.pdf  
**Follow Up Flag:** Follow up  
**Flag Status:** Completed

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Please find attached the comprehensive case documents and formal appeal regarding Carlos Douglas Cain ([REDACTED]).

This is a serious domestic violence issue that deeply impacts the victims of his past crimes. The enclosed documentation provides detailed evidence of a 15-year repeated cycle of violence, chronic recidivism, and severe non-compliance, including his recent arrest for being a Felon in Possession of a Firearm (Case 27-CR-25-26965) while actively absconding from parole.

These materials outline critical systemic failures regarding unearned downward departures, flawed plea agreements, and the automatic expungement of violent felony charges that compromise victim safety. We urgently request that you thoroughly review these attachments to understand the full history and immediate risks involved.

Thank you for your time, protection, and serious attention to this matter.

**1. Case Number: 86-CR-11-2235**

- **Date Filed:** 04/15/2011
- **Case Title:** State of Minnesota vs CARLOS DOUGLAS CAIN
- **Charges & Decisions:**
  - Charge 1: Burglary-4th Deg-to Commit Misdemeanor — **Convicted** (09/07/2011)

**2. Case Number: 86-CR-11-2468**

- **Date Filed:** 04/27/2011
- **Case Title:** State of Minnesota vs CARLOS DOUGLAS CAIN
- **Charges & Decisions:**
  - Charge 1: Burglary-1st Deg-Dwelling-Occupied-Non-Accomplice Present — **Convicted** (09/07/2011)

**3. Case Number: 86-CR-11-3030**

- **Date Filed:** 05/24/2011
- **Case Title:** State of Minnesota vs CARLOS DOUGLAS CAIN
- **Charges & Decisions:**
  - Charge 1: Assault-5th Deg-Inflict or Attempt Bodily Harm — **Convicted** (09/07/2011)
  - Charge 2: Theft-Take/Use/Transfer Movable Prop-No Consent — **Dismissed** (09/07/2011)

**4. Case Number: 71-VB-11-2825**

- **Date Filed:** 07/06/2011
- **Case Title:** State of Minnesota vs CARLOS DOUGLAS CAIN
- **Charges & Decisions:**
  - Charge 1: Drivers License-Driving Without a Valid License or Vehicle Class/Type — **Convicted** (07/22/2011)

**5. Case Number: 86-CV-11-6670**

- **Date Filed:** 11/16/2011
- **Case Title:** Abby Rose Holan vs CARLOS DOUGLAS CAIN
- **Case Type:** Discrimination
- **Decision:** *No specific disposition/decision listed in the record; case status is Closed.*

**6. Case Number: 86-CR-12-394**

- **Date Filed:** 01/23/2012
- **Case Title:** State of Minnesota vs CARLOS DOUGLAS CAIN
- **Charges & Decisions:**
  - Charge 1: Terroristic Threats-Reckless Disregard Risk — **Convicted** (07/19/2012)
  - Charge 2: Assault-5th Deg-Inflict or Attempt Bodily Harm — **Dismissed** (09/17/2012)
  - Charge 3: Theft-Take/Use/Transfer Movable Prop-No Consent — **Dismissed** (09/17/2012)

- Charge 4: Trespass-Occupy/Enter Dwelling/Locked/Posted Build — **Dismissed** (09/17/2012)

## 7. Case Number: 71-CR-12-734

- **Date Filed:** 05/11/2012
- **Case Title:** State of Minnesota vs CARLOS DOUGLAS CAIN
- **Charges & Decisions:**
  - Charge 1: Drugs - 5th Degree - Possess Schedule 1,2,3,4 - Not Small Amount Marijuana — **Convicted** (02/08/2013)
  - Charge 2: Giving Peace Officer False Name-of Another Person — **Dismissed** (02/08/2013)

## 8. Case Number: 71-FA-12-664

- **Date Filed:** 11/19/2012
- **Case Title:** County of Sherburne, State of Missouri and Paige Marie Larue vs CARLOS DOUGLAS CAIN
- **Case Type:** Paternity
- **Decision:** *No specific disposition/decision listed in the record; case status is Closed.*

## 9. Case Number: 71-CR-18-371

- **Date Filed:** 03/19/2018
- **Case Title:** State of Minnesota vs CARLOS DOUGLAS CAIN
- **Charges & Decisions:**
  - Charge 1: Misd-Driving After Suspension — **Convicted** (09/17/2018)
  - Charge 2: PMisd-Duty To Drive With Due Care - Speed Greater — **Dismissed** (09/17/2018)

## 10. Case Number: 71-CR-18-422

- **Date Filed:** 03/26/2018
- **Case Title:** State of Minnesota vs CARLOS DOUGLAS CAIN
- **Charges & Decisions:**
  - Charge 1: Traffic - Duty to Drive with Due Care - Speed Greater than Reasonable — **Convicted** (09/17/2018)
  - Charge 2: PMisd-Fail To Stop At Stop Signs Or Stop Line — **Dismissed** (09/17/2018)
  - Charge 3: Misd-Reckless Driving-Willful/Wanton Disregard — **Dismissed** (09/17/2018)

## 11. Case Number: 71-FA-19-386

- **Date Filed:** 08/01/2019
- **Case Title:** In the Marriage of Samantha Kathleen Almsted-Cain and Carlos Douglas Cain; County of Sherburne, Intervenor
- **Case Type:** Dissolution with Child
- **Decision:** *No specific disposition/decision listed in the record; case status is Closed.*

## 12. Case Number: 18-CR-19-4617

- **Date Filed:** 11/25/2019

- **Case Title:** State of Minnesota vs CARLOS DOUGLAS CAIN
- **Charges & Decisions:**
  - Charge 1: Threats of Violence - Reckless Disregard Risk — **Dismissed** (05/03/2021)
  - Charge 2: Domestic Assault-GM-Subsequent Violation — **Convicted** (05/03/2021)
  - Charge 3: Obstruct Legal Process-Interfere w/Peace Officer — **Dismissed** (05/03/2021)

### **13. Case Number: 71-CR-19-1632**

- **Date Filed:** 12/13/2019
- **Case Title:** State of Minnesota vs CARLOS DOUGLAS CAIN
- **Charges & Decisions:**
  - Charge 1: Criminal Sexual Cond-1st Degree-Penetration or Contact with Person Under 13 — **Dismissed** (10/09/2020)
  - Charge 2: Criminal Sex Conduct-1st Degree-Penetration-Victim Under 16-Signif Rel — **Dismissed** (10/09/2020)
  - Charge 3: Criminal Sex Conduct-2nd Degree-Victim 13-15-Position Authority — **Convicted** (10/09/2020)

### **14. Case Number: 27-CR-25-26965**

- **Date Filed:** 10/24/2025
- **Case Title:** State of Minnesota vs CARLOS DOUGLAS CAIN
- **Charges & Decisions:**
  - Charge 1: Possess Ammo/Any Firearm - Conviction or Adjudicated Delinquent for Crime of Violence — **Convicted** (03/30/2026)
  - Charge 2: Giving Peace Officer False Name-of Another Person — **Dismissed** (03/30/2026)

### **15. Case Number: 27-CR-25-30597**

- **Date Filed:** 12/04/2025
- **Case Title:** State of Minnesota vs CARLOS DOUGLAS CAIN
- **Charges & Decisions:**
  - Charge 1: Domestic Abuse; Violates OFP w/in 10 years of 2 or more previous conviction/adj. of delinq. — **Dismissed** (03/30/2026)

### **16. Case Number: 27-CR-25-30599**

- **Date Filed:** 12/04/2025
- **Case Title:** State of Minnesota vs CARLOS DOUGLAS CAIN
- **Charges & Decisions:**
  - Charge 1: Predatory Offender - Knowingly commits act or fails to fulfill registration requirement — **Dismissed** (03/30/2026)

State of Minnesota  
County of Hennepin

District Court  
4th Judicial District

Prosecutor File No. 25A11693  
Court File No. 27-CR-25-26965

State of Minnesota,

Plaintiff,

vs.

CARLOS DOUGLAS CAIN DOB: [REDACTED]

[REDACTED]

Defendant.

**COMPLAINT**

Order of Detention

☒ Amended

The Complainant submits this complaint to the Court and states that there is probable cause to believe Defendant committed the following offense(s):

**COUNT I**

**Charge: Possess Ammo/Any Firearm - Conviction or Adjudicated Delinquent for Crime of Violence**

Minnesota Statute: 624.713.1(2), with reference to: 609.11.5(b), 624.713.2(b), 609.11.9

Maximum Sentence: 15 YEARS AND/OR \$30,000

Offense Level: Felony

Offense Date (on or about): 10/22/2025

Control #(ICR#): 25033501

Charge Description: That on or about 10/22/2025, in Richfield in Hennepin County, Minnesota, CARLOS DOUGLAS CAIN possessed ammunition or a firearm and CARLOS DOUGLAS CAIN has been convicted or adjudicated delinquent in this state or elsewhere of a crime of violence, Criminal Sexual Conduct in the Second Degree, on 10/9/2020, for which the sentence or court supervision expired on or after August 1, 1993.

**COUNT II**

**Charge: Giving Peace Officer False Name-of Another Person**

Minnesota Statute: 609.506.2, with reference to: 609.506.2

Maximum Sentence: 364 DAYS AND/OR \$3,000

Offense Level: Gross Misdemeanor

Offense Date (on or about): 10/22/2025

Control #(ICR#): 25033501

Charge Description: That on or about 10/22/2025, in Richfield, Hennepin County, Minnesota, CARLOS DOUGLAS CAIN, born 06/11/1991, with intent to obstruct justice gave the name and date of birth of another person to a peace officer when that officer made inquiries incident to a lawful investigation or lawful arrest.

## STATEMENT OF PROBABLE CAUSE

Complainant has investigated the facts and circumstances of this offense and believes the following establishes probable cause:

COMPLAINT AMENDED TO ADD COUNT 2. PROBABLE CAUSE LANGUAGE ALSO CORRECTED IN REGARD TO DESCRIPTION OF GUN FOUND IN PURSE.

On October 23, 2025, law enforcement officers were doing routine patrol in the area of 77th St E and Portland Ave S in Richfield, Hennepin County, Minnesota. During that shift, law enforcement's attention was drawn to a 2008 Saturn Outlook with a temporary tag in which the registered owner had a revoked license.

Law enforcement conducted a traffic stop on the vehicle. As they approached the vehicle, a blue and silver handgun was observed sitting in the center console. While speaking with the owner of the vehicle, who was sitting in the front passenger seat, law enforcement learned the driver of the vehicle, identified as FREDDY BETHLEY MOORE, Defendant 1 herein, had an outstanding warrant for a gun charge. The firearm from the center console was within Defendant 1's reach as he was operating the vehicle. This firearm was collected and learned to be a semi-automatic 9 mm firearm.

Defendant 1 is prohibited from possessing firearms due to a Felony conviction for Sale of Heroin and unlawfully possessing a firearm from Illinois in court file number 2005CR271680, which is considered a crime of violence per Minnesota Statutory definition and prohibits the Defendant from possessing a firearm. Defendant 1 also has convictions for manufacturing cocaine from Illinois and has been federally prosecuted for weapons and controlled substances.

Defendant 1 was placed under arrest. A DNA swab was taken pursuant to a search warrant. DNA results are forthcoming. However, Defendant 1 was able to exercise dominion and control over the firearm, as it was within his reach in the vehicle and out in the open.

The back seat passenger of the vehicle, identified as CARLOS DOUGLAS CAIN, Defendant 2 herein, also had an active DOCCR warrant. DEFENDANT INITIALLY GAVE LAW ENFORCEMENT THE NAME OF ANDREW DURHAM WITH THE DATE OF BIRTH OF [REDACTED]. LAW ENFORCEMENT RAN THE NAME AND DATE OF BIRTH GIVEN BY THE DEFENDANT AND LAW ENFORCEMENT LEARNED THE DEFENDANT GAVE THE NAME AND DATE OF BIRTH OF A DECEASED INDIVIDUAL. Defendant 2 was taken into custody and then began to yell "If ya'll find anything in her purse, it is mine." Defendant 2 was referring to a purse in between him and the other backseat passenger, Witness herein. Witness looked at officers tearfully and asked, "what did he put in my purse?" A search of the vehicle, including witness's purse, revealed another firearm. This firearm collected from the purse was a GLOCK 43X 9mm. Defendant 2 repeatedly admitted to possessing this firearm and that it was his. Defendant 2 also submitted to a DNA sample pursuant to a search warrant. DNA results are forthcoming.

Defendant 2 has prior convictions for Felony 2nd Degree CSC (71-CR-19-1632), Felony 1st Degree burglary (86-CR-11-2468), and several other drug and assault charges. Under Minnesota law, these are crimes of violence that prohibit Defendant 2 from possessing a firearm. Defendant 2 was taken into custody.

Defendant 1 and Defendant 2 remain in custody.

## SIGNATURES AND APPROVALS

Complainant requests that Defendant, subject to bail or conditions of release, be:  
(1) arrested or that other lawful steps be taken to obtain Defendant's appearance in court; or  
(2) detained, if already in custody, pending further proceedings; and that said Defendant otherwise be dealt with according to law.

Complainant declares under penalty of perjury that everything stated in this document is true and correct. Minn. Stat. § 358.116; Minn. R. Crim. P. 2.01, subds. 1, 2.

**Complainant**

Dylan Schultz  
Police Officer

Badge: 208

Electronically Signed:  
03/18/2026 08:42 AM  
Hennepin County, Minnesota

Being authorized to prosecute the offenses charged, I approve this complaint.

**Prosecuting Attorney** Andrew Delain

(612) 348-5550

Electronically Signed:  
03/17/2026 04:11 PM

MINNESOTA  
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BRANCH

## FINDING OF PROBABLE CAUSE

From the above sworn facts, and any supporting affidavits or supplemental sworn testimony, I, the Issuing Officer, have determined that probable cause exists to support, subject to bail or conditions of release where applicable, Defendant's arrest or other lawful steps be taken to obtain Defendant's appearance in court, or Defendant's detention, if already in custody, pending further proceedings. Defendant is therefore charged with the above-stated offense(s).

### ☐ SUMMONS

THEREFORE YOU, THE DEFENDANT, ARE SUMMONED to appear as directed in the Notice of Hearing before the above-named court to answer this complaint.

IF YOU FAIL TO APPEAR in response to this SUMMONS, a WARRANT FOR YOUR ARREST shall be issued.

### ☐ WARRANT

To the Sheriff of the above-named county; or other person authorized to execute this warrant: I order, in the name of the State of Minnesota, that the Defendant be apprehended and arrested without delay and brought promptly before the court (if in session), and if not, before a Judge or Judicial Officer of such court without unnecessary delay, and in any event not later than 36 hours after the arrest or as soon as such Judge or Judicial Officer is available to be dealt with according to law.

☐ *Execute in MN Only*

☐ *Execute Nationwide*

☐ *Execute in Border States*

### ☒ ORDER OF DETENTION

Since the Defendant is already in custody, I order, subject to bail or conditions of release, that the Defendant continue to be detained pending further proceedings.

Bail: \$250,000.00

Conditions of Release:

This complaint, duly subscribed and sworn to or signed under penalty of perjury, is issued by the undersigned Judicial Officer as of the following date: March 18, 2026.

Judicial Officer

Andrew Tweeten  
District Court Judge

Electronically Signed: 03/18/2026 11:54 AM

Sworn testimony has been given before the Judicial Officer by the following witnesses:

COUNTY OF HENNEPIN  
STATE OF MINNESOTA

State of Minnesota

Plaintiff

vs.

CARLOS DOUGLAS CAIN

Defendant

LAW ENFORCEMENT OFFICER RETURN OF SERVICE  
I hereby Certify and Return that I have served a copy of this Order of Detention upon the Defendant herein named.

Signature of Authorized Service Agent:

## DEFENDANT FACT SHEET

**Name:** CARLOS DOUGLAS CAIN  
**DOB:** [REDACTED]  
**Address:** [REDACTED]

**Alias Names/DOB:**

**SID:** [REDACTED]

**Height:**

**Weight:**

**Eye Color:**

**Hair Color:**

**Gender:**

MALE

**Race:**

Black

**Fingerprints Required per Statute:**

Yes

**Fingerprint match to Criminal History Record:** Yes

**Driver's License #:**

**SILS Person ID #:**

**SILS Tracking No.**

**Alcohol Concentration:**



MINNESOTA  
JUDICIAL  
BRANCH

## STATUTE AND OFFENSE GRID

| Cnt Nbr | Statute Type | Offense Date(s) | Statute Nbrs and Descriptions                                                                                | Offense Level        | MOC   | GOC | Controlling Agencies | Case Numbers |
|---------|--------------|-----------------|--------------------------------------------------------------------------------------------------------------|----------------------|-------|-----|----------------------|--------------|
| 1       | Charge       | 10/22/2025      | 624.713.1(2)<br>Possess Ammo/Any Firearm -<br>Conviction or Adjudicated Delinquent<br>for Crime of Violence  | Felony               | W1625 |     | MN0271800            | 25033501     |
|         | Penalty      | 10/22/2025      | 609.11.5(b)<br>Minimum Sentences of<br>Imprisonment-Firearm-Felon Convicted<br>Crime of Violence             | Felony               | W1625 |     | MN0271800            | 25033501     |
|         | Penalty      | 10/22/2025      | 624.713.2(b)<br>Possesses any type of firearm/ammo -<br>Crime of Violence - ineligible under<br>624.713.1(2) | Felony               | W1625 |     | MN0271800            | 25033501     |
|         | Modifier     | 10/22/2025      | 609.11.9<br>Minimum Sentences of Imprisonment -<br>Applicable Offenses                                       | No-Level             | W1625 |     | MN0271800            | 25033501     |
| 2       | Charge       | 10/22/2025      | 609.506.2<br>Giving Peace Officer False Name-of<br>Another Person                                            | Gross<br>Misdemeanor | J2901 |     | MN0271800            | 25033501     |
|         | Penalty      | 10/22/2025      | 609.506.2<br>Giving Peace Officer False Name-of<br>Another Person                                            | Gross<br>Misdemeanor | J2901 |     | MN0271800            | 25033501     |

MINNESOTA  
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**MSGC****Departure Report**

03/30/2026

**Offender Name (Last, First, Middle):**

Cain, Carlos

**Date of Sentence:**

3/30/2026

**Sentencing County Name:**

Hennepin

**Judge Name:**

Hilary Caligiuri

**Date of Report:**

3/30/2026

**District Court Case No.:**

27-CR-25-26965

**Report Completed By (Name/Title):**

Kate Riggers - Judicial Law Clerk

**Contact Information:**

kate.riggers@courts.state.mn.us

**Instructions**

In making decisions about departing from the Guidelines, and in writing reasons for departures, judges should consult § 2.D of the ***Minn. Sentencing Guidelines and Commentary***. This report should be completed by the Court when:

- (a) The pronounced disposition (prison/probation) differs from the presumptive disposition under the Guidelines;
- (b) The length of the sentence pronounced by the Court differs from the presumptive sentence length;
- (c) A consecutive sentence is given in a circumstance other than described in § 2.F of the Guidelines;
- (d) A consecutive sentence is not pronounced when consecutive sentencing is presumed under the Guidelines; or
- (e) A non-felony sentence is pronounced for an offender convicted of a felony-level offense.

**Type of Departure (check all that apply)****Dispositional:**
☐ **Mitigated/Downward**  
(Stay – Guidelines presume prison)

☐ **Aggravated/Upward**  
(Prison – Guidelines presume stay)

☐ **NOT** an aggravated/upward dispositional departure: Sentence was executed pursuant to offender's right to demand execution, offense date after 7/31/2015 (Guidelines § 2.D.1.f).
**Durational:**
☒ **Mitigated/Downward**  
(Less than Guidelines time)

☐ **Aggravated/Upward**  
(Greater than Guidelines time)

☐ **Non-Felony Sentence**

(Misdemeanor or Gross Misd. sentence pronounced for felony-level conviction)

☐ **Consecutive**

(Departure from Guidelines policy on consecutive sentencing)

**Aggravated Departure:**

If the sentence is an aggravated departure, please indicate how the sentence was imposed:

☐ Jury determination of aggravating factors  
(other than the fact of a prior conviction)

☐ Defendant waived right to jury determination of aggravating factors
**Reason(s) for Departure**

Please do one or more of the following: 1) Check the appropriate reason(s) for departure on the checklist of frequently cited departure reasons on page 2; 2) Write the reasons in the space below; or 3) Attach the relevant pages from the sentencing order or sentencing transcript.

**Agreement of the parties**

The resolution represents a reasonable compromise for both parties to ensure a just outcome and avoid the uncertainty of a trial

**PLEASE SEND TO:****Minnesota Sentencing Guidelines Commission**

658 Cedar Street, Suite G-58, St. Paul, MN 55155

Voice: (651) 296-0144 Email: [sentencing.guidelines@state.mn.us](mailto:sentencing.guidelines@state.mn.us)

(Rev. 07/2017)

Section 1, below, contains frequently cited reasons for departure provided to the Court for convenience. Check all reasons that apply. An asterisk (\*) denotes a reason listed in Guidelines § 2.D.3, which is a nonexclusive list. Reasons with no asterisk are not enumerated in the Guidelines, but may be sanctioned elsewhere in law. Items listed in section 2 are requested as additional information. **The Court may also record reasons for departure in the space provided on page 1.**

### Section 1. Frequently Cited Reasons for Departure

#### Related to Nature of Current Offense

##### Reasons Frequently Used as Mitigating Factors:

- ☐ Offender played minor or passive role\*
- ☐ Victim was aggressor in incident\*
- ☒ Crime less onerous than usual

##### Reasons Frequently Used as Aggravating Factors:

- ☐ Victim treated with particular cruelty\*
- ☐ Victim was particularly vulnerable\*
- ☐ Victim injury/psychological impact on victim
- ☐ Current conviction is offense w/ victim injury (including Crim. Sex. Conduct) and there is a similar prior\*
- ☐ Major economic offense—involves 2 or more of the following:\*
- ☐ multiple victims/multiple incidents per victim
  - ☐ use of position/status
  - ☐ high degree planning/soph./lengthy period of time
  - ☐ actual/attempted loss greater than usual/than min.
  - ☐ similar prior conduct
- ☐ Committed, for hire, a crime against the person\*
- ☐ Committed crime as part of a group of three or more persons who all actively participated in the crime\*

- ☐ Major controlled substance crime involving 2 or more of the following:\*
- ☐ 3 or more separate transactions
  - ☐ offender or accomplice possessed equipment, paraphernalia, or monies evidencing wholesale trafficking
  - ☐ involved manufacture for use by others
  - ☐ offender or accomplice possessed firearm or other dangerous weapon during offense
  - ☐ high position in drug distribution hierarchy
  - ☐ high degree of sophistication/lengthy period of time
  - ☐ use of position/status
  - ☐ separate acts in 3 or more counties
  - ☐ prior conv. under Minn. Stat. § 609.1095, s. 1(d), except prior under chap. 152, including attempt or conspiracy
  - ☐ sale to a minor or vulnerable adult
  - ☐ occurred in a zone or correctional/treat. facility
  - ☐ Multiple victims or multiple incidents per victim
  - ☐ Crime committed in victim's home or zone of privacy
  - ☐ Position of authority, superiority, confidence or trust
  - ☐ Crime more onerous than usual offense

#### Related to Individual Offender

##### Reasons Frequently Used as Mitigating Factors:

- ☐ Lacked substantial capacity for judgment (not drug/alc.)\*
- ☐ Particularly amenable to probation
- ☐ Particularly amenable to treatment:
- ☐ Chem. dependency
  - ☐ Sex offender
  - ☐ Other
  - ☐ Convicted of controlled substance offense, is particularly amenable to probation based on adequate evidence that offender is chemically dependent and has been accepted by, and can respond to, a treatment program in accordance with Minn. Stat. § 152.152\*

- ☐ Impose restitution/ensure financial penalties paid
- ☐ Ensure compliance w/ probation or allow longer supervision
- ☒ Shows remorse/accepts responsibility
- ☐ Current Severity Level 1-4 offense and priors resulted from crime spree\*

##### Reasons Frequently Used as Aggravating Factors:

- ☐ Has failed on probation/unamenable to probation
- ☐ Career Offender under Minn. Stat. § 609.1095, s. 4
- ☐ Dangerous Offender under Minn. Stat. § 609.1095, s. 2
- ☐ Engrained Offender under Minn. Stat. § 609.3455, s. 3a

#### Related to Requests for Executed Sentence

- ☐ Request prison to avoid probation and/or jail
- ☐ Request prison as part of a plea agreement

- ☐ Request prison—revocation/prison on another offense
- ☐ Request prison—other reasons \_\_\_\_\_

#### Related to Recommendations Regarding Sentence

- ☐ Recommended by court services
- ☐ Recommended by treatment professional

### Section 2. Additional Information Requested (if applicable)

#### Regarding Victim/Witness

- ☐ Recommendation or agreement of victim/victim's family
- ☐ Prevent trauma to witness from testifying
- ☐ Witness is unlikely, unable, or unwilling to testify

#### Regarding Plea Agreements and Prosecutorial Recommendations

- ☐ Prosecutor objects to the departure
- ☐ Departure recommended by prosecutor
- ☐ Prosecutor does not object to the departure
- ☒ Plea agreement on sentence
- ☐ Prosecutor motion to sentence without regard to Minn. Stat. § 609.11

#### PLEASE SEND TO:

Minnesota Sentencing Guidelines Commission  
658 Cedar Street, Suite G-58, St. Paul, MN 55155  
Voice: (651) 296-0144 Email: [sentencing.guidelines@state.mn.us](mailto:sentencing.guidelines@state.mn.us)

(Rev. 07/2017)

\* Indicates reasons specified in the nonexclusive list in § 2.D.3 of the Minn. Sentencing Guidelines and Commentary.

State of Minnesota  
County of Hennepin

District Court  
4th Judicial District

Prosecutor File No. 25A12826  
Court File No. 27-CR-25-30597

State of Minnesota,

Plaintiff,

vs.

CARLOS DOUGLAS CAIN DOB: [REDACTED]

[REDACTED]

Defendant.

**COMPLAINT**

Warrant

☒ Amended

The Complainant submits this complaint to the Court and states that there is probable cause to believe Defendant committed the following offense(s):

**COUNT I**

**Charge: Domestic Abuse; Violates OFP w/in 10 years of 2 or more previous conviction/adj. of delinq.**

Minnesota Statute: 518B.01.14(d)(1), with reference to: 518B.01.14(d)(1)

Maximum Sentence: 5 YEARS AND/OR \$10,000

Offense Level: Felony

Offense Date (on or about): 10/24/2025

Control #(ICR#): 25018713

Charge Description: That on or about 10/24/2025, in Minneapolis, Hennepin County, Minnesota, CARLOS DOUGLAS CAIN violated an order for protection and less than ten years has elapsed since CARLOS DOUGLAS CAIN was convicted of or adjudicated delinquent for the first of two or more previous qualified domestic violence-related offenses.

## STATEMENT OF PROBABLE CAUSE

Complainant has investigated the facts and circumstances of this offense and believes the following establishes probable cause:

Law enforcement received a call from S.A., who told law enforcement that Carlos Douglas Cain, DOB: [REDACTED] (hereinafter Defendant), violated an Order for Protection on October 24, 2025 at the Hennepin County Public Safety Facility in Minneapolis, Hennepin County, Minnesota. Specifically, S.A. said she was attending the Defendant's court hearing when she heard the Defendant making comments towards her. S.A. said the Defendant referred to her as a broke ass bitch, a rat, and a broke ass ho who lives in a trailer. S.A. said the Defendant also threatened her by saying, "lucky I ain't pull up on y'all ass with a Glock."

G.S., a friend and co-worker of S.A., also attended the court hearing. G.S. told law enforcement that she recalls the Defendant making the broke ass bitch and rat remarks. G.S. said the Defendant stared at S.A. and at her. G.S. said the Defendant also pointed towards S.A. and her.

On the date of the incident, there was a valid Order for Protection in place in court file number 71-FA-23-206, which prohibits the Defendant from having contact with S.A.

This offense is a felony due to the Defendant having the following Qualified Domestic Related Offense convictions within 10 years:

Criminal Sexual Conduct- 2nd Degree 71-CR-19-1632

Domestic Assault- GM- Subsequent Violation 18-CR-19-4617

The State is requesting a warrant because the Defendant is currently in custody at the Hennepin County Jail on other charges.

AMENDED TO PROPER CHARGE OF AN ORDER FOR PROTECTION VIOLATION INSTEAD OF A HARASSMENT RESTRAINING ORDER VIOLATION.

## SIGNATURES AND APPROVALS

Complainant requests that Defendant, subject to bail or conditions of release, be:  
(1) arrested or that other lawful steps be taken to obtain Defendant's appearance in court; or  
(2) detained, if already in custody, pending further proceedings; and that said Defendant otherwise be dealt with according to law.

Complainant declares under penalty of perjury that everything stated in this document is true and correct. Minn. Stat. § 358.116; Minn. R. Crim. P. 2.01, subds. 1, 2.

**Complainant**

Megan Bean  
Sergeant



Badge: 210

Electronically Signed:  
12/05/2025 06:28 PM  
Hennepin County, Minnesota

Being authorized to prosecute the offenses charged, I approve this complaint.

**Prosecuting Attorney**

Andrew Delain



(612) 348-5550

Electronically Signed:  
12/05/2025 10:53 AM

MINNESOTA  
JUDICIAL  
BRANCH

## FINDING OF PROBABLE CAUSE

From the above sworn facts, and any supporting affidavits or supplemental sworn testimony, I, the Issuing Officer, have determined that probable cause exists to support, subject to bail or conditions of release where applicable, Defendant's arrest or other lawful steps be taken to obtain Defendant's appearance in court, or Defendant's detention, if already in custody, pending further proceedings. Defendant is therefore charged with the above-stated offense(s).

### ☐ SUMMONS

THEREFORE YOU, THE DEFENDANT, ARE SUMMONED to appear as directed in the Notice of Hearing before the above-named court to answer this complaint.

IF YOU FAIL TO APPEAR in response to this SUMMONS, a WARRANT FOR YOUR ARREST shall be issued.

### ☒ WARRANT

To the Sheriff of the above-named county; or other person authorized to execute this warrant: I order, in the name of the State of Minnesota, that the Defendant be apprehended and arrested without delay and brought promptly before the court (if in session), and if not, before a Judge or Judicial Officer of such court without unnecessary delay, and in any event not later than 36 hours after the arrest or as soon as such Judge or Judicial Officer is available to be dealt with according to law.

☐ *Execute in MN Only*

☒ *Execute Nationwide*

☐ *Execute in Border States*

### ☐ ORDER OF DETENTION

Since the Defendant is already in custody, I order, subject to bail or conditions of release, that the Defendant continue to be detained pending further proceedings.

Bail: \$30,000.00

Conditions of Release: No Contact with Victim

This complaint, duly subscribed and sworn to or signed under penalty of perjury, is issued by the undersigned Judicial Officer as of the following date: December 8, 2025.

Judicial Officer

Rachna Sullivan  
Judge

Electronically Signed: 12/08/2025 08:44 AM

Sworn testimony has been given before the Judicial Officer by the following witnesses:

COUNTY OF HENNEPIN  
STATE OF MINNESOTA

State of Minnesota

Plaintiff

vs.

CARLOS DOUGLAS CAIN

Defendant

LAW ENFORCEMENT OFFICER RETURN OF SERVICE  
I hereby Certify and Return that I have served a copy of this Warrant  
upon the Defendant herein named.

Signature of Authorized Service Agent:

## DEFENDANT FACT SHEET

**Name:** CARLOS DOUGLAS CAIN  
**DOB:** [REDACTED]  
**Address:** [REDACTED]  
  
**Alias Names/DOB:** [REDACTED]  
**SID:** [REDACTED]  
**Height:**  
**Weight:**  
**Eye Color:**  
**Hair Color:**  
**Gender:** MALE  
**Race:** Black  
**Fingerprints Required per Statute:** Yes  
**Fingerprint match to Criminal History Record:** Yes  
**Driver's License #:**  
**SILS Person ID #:** [REDACTED]  
**SILS Tracking No.**  
**Case Scheduling Information:** In custody on other charges  
**Alcohol Concentration:**

MINNESOTA  
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BRANCH

## STATUTE AND OFFENSE GRID

| Cnt Nbr | Statute Type | Offense Date(s) | Statute Nbrs and Descriptions                                                                                   | Offense Level | MOC   | GOC | Controlling Agencies | Case Numbers |
|---------|--------------|-----------------|-----------------------------------------------------------------------------------------------------------------|---------------|-------|-----|----------------------|--------------|
| 1       | Charge       | 10/24/2025      | 518B.01.14(d)(1)<br>Domestic Abuse; Violates OFP w/in 10 years of 2 or more previous conviction/adj. of delinq. | Felony        | N137K |     | MN0270000            | 25018713     |
|         | Penalty      | 10/24/2025      | 518B.01.14(d)(1)<br>Domestic Abuse; Violates OFP w/in 10 years of 2 or more previous conviction/adj. of delinq. | Felony        | N137K |     | MN0270000            | 25018713     |



MINNESOTA  
JUDICIAL  
BRANCH

State of Minnesota  
County of Hennepin

District Court  
4th Judicial District

Prosecutor File No. 25A11863  
Court File No. 27-CR-25-30599

State of Minnesota,

Plaintiff,

vs.

CARLOS DOUGLAS CAIN DOB: [REDACTED]

[REDACTED]

Defendant.

**COMPLAINT**

Warrant

The Complainant submits this complaint to the Court and states that there is probable cause to believe Defendant committed the following offense(s):

**COUNT I**

**Charge: Predatory Offender - Knowingly commits act or fails to fulfill registration requirement**

Minnesota Statute: 243.166.5(a)(1), with reference to: 243.166.5(a)(2), 243.166.5(b)

Maximum Sentence: 5 YEARS AND/OR \$10,000 PLUS CONDITIONAL RELEASE TERM IF RISK LEVEL  
III ON DATE OF OFFENSE

Offense Level: Felony

Offense Date (on or about): 10/22/2025

Control #(ICR#): 25311691

Charge Description: That on or about 10/22/2025, CARLOS DOUGLAS CAIN, being required to register as a predatory offender and having been given notice, knew or reasonably should have known of the duty to register, knowingly failed to comply with the registration requirements and CARLOS DOUGLAS CAIN was last registered or was residing in Hennepin County, Minnesota.

Minimum Sentence: 1 YEAR AND 1 DAY

**STATEMENT OF PROBABLE CAUSE**

Complainant has investigated the facts and circumstances of this offense and believes the following establishes probable cause:

Carlos Douglas Cain, DOB: 06/11/1991 (hereinafter Defendant) was convicted of 609.343.1(b) Criminal Sexual Conduct-2nd Degree- Victim 13-15- Position of Authority on 10/9/2020. The Defendant is a Risk Level 1 Predatory Offender and is required to register until 8/31/2036.

On 2/5/2025, Defendant signed and filed a Duty To Register form where he acknowledged his duty to register all changes of address at least five days prior to moving. On 10/27/2025, while reviewing the Minnesota Bureau of Criminal Apprehension Website of current Minneapolis Non-Compliant Predatory Offenders, it was brought to law enforcement's attention that the Defendant is a Non-Compliant Registrant who was taken into custody on 10/22/2025 at Hennepin County Jail. The Defendant had been Non-Compliant since 3/27/2025 when the BCA received a CHANGE OF STATUS (ABSCONDED) from the Defendant's corrections agent. Specifically, the Defendant left the NUWAY house located at 2200 S 5th Ave, Minneapolis, Hennepin County, Minnesota, and did not report the address changes as required.

The Defendant stated in a post Miranda interview that he left the address and had not checked in because he didn't know where he was supposed to do that.

The State is requesting a warrant because the Defendant is in custody at the Hennepin County Jail on other charges.

MINNESOTA  
JUDICIAL  
BRANCH

**SIGNATURES AND APPROVALS**

Complainant requests that Defendant, subject to bail or conditions of release, be:  
(1) arrested or that other lawful steps be taken to obtain Defendant's appearance in court; or  
(2) detained, if already in custody, pending further proceedings; and that said Defendant otherwise be dealt with according to law.

Complainant declares under penalty of perjury that everything stated in this document is true and correct. Minn. Stat. § 358.116; Minn. R. Crim. P. 2.01, subds. 1, 2.

**Complainant**Andrew Carigiet  
Electronically Signed:  
12/04/2025 07:51 AM  
Hennepin County, Minnesota

Being authorized to prosecute the offenses charged, I approve this complaint.

**Prosecuting Attorney** Andrew Delain  
Electronically Signed:  
12/03/2025 04:21 PM

(612) 348-5550

MINNESOTA  
JUDICIAL  
BRANCH

**FINDING OF PROBABLE CAUSE**

From the above sworn facts, and any supporting affidavits or supplemental sworn testimony, I, the Issuing Officer, have determined that probable cause exists to support, subject to bail or conditions of release where applicable, Defendant's arrest or other lawful steps be taken to obtain Defendant's appearance in court, or Defendant's detention, if already in custody, pending further proceedings. Defendant is therefore charged with the above-stated offense(s).

☐ **SUMMONS**

THEREFORE YOU, THE DEFENDANT, ARE SUMMONED to appear as directed in the Notice of Hearing before the above-named court to answer this complaint.

IF YOU FAIL TO APPEAR in response to this SUMMONS, a WARRANT FOR YOUR ARREST shall be issued.

☒ **WARRANT**

To the Sheriff of the above-named county; or other person authorized to execute this warrant: I order, in the name of the State of Minnesota, that the Defendant be apprehended and arrested without delay and brought promptly before the court (if in session), and if not, before a Judge or Judicial Officer of such court without unnecessary delay, and in any event not later than 36 hours after the arrest or as soon as such Judge or Judicial Officer is available to be dealt with according to law.

☐ *Execute in MN Only*☒ *Execute Nationwide*☐ *Execute in Border States*☐ **ORDER OF DETENTION**

Since the Defendant is already in custody, I order, subject to bail or conditions of release, that the Defendant continue to be detained pending further proceedings.

Bail: \$25,000.00

Conditions of Release:

This complaint, duly subscribed and sworn to or signed under penalty of perjury, is issued by the undersigned Judicial Officer as of the following date: December 4, 2025.

Judicial Officer

Jane Maschka

Electronically Signed: 12/04/2025 08:51 AM

Sworn testimony has been given before the Judicial Officer by the following witnesses:

COUNTY OF HENNEPIN  
STATE OF MINNESOTA

**State of Minnesota**

Plaintiff

vs.

**CARLOS DOUGLAS CAIN**

Defendant

**LAW ENFORCEMENT OFFICER RETURN OF SERVICE**  
I hereby Certify and Return that I have served a copy of this Warrant upon the Defendant herein named.

Signature of Authorized Service Agent:

27-CR-25-30599  
**DEFENDANT FACT SHEET**

Filed in District Court  
State of Minnesota  
12/4/2025

**Name:** CARLOS DOUGLAS CAIN  
**DOB:** [REDACTED]  
**Address:** [REDACTED]

**Alias Names/DOB:**

**SID:**

**Height:**

**Weight:**

**Eye Color:**

**Hair Color:**

**Gender:**

**Race:**

**Fingerprints Required per Statute:**

**Fingerprint match to Criminal History Record:** No

**Driver's License #:**

**SILS Person ID #:**

**SILS Tracking No.**

**Alcohol Concentration:**

MALE

Black

Yes

No

MINNESOTA  
JUDICIAL  
BRANCH

**STATUTE AND OFFENSE GRID**

| <b>Cnt<br/>Nbr</b> | <b>Statute<br/>Type</b> | <b>Offense<br/>Date(s)</b> | <b>Statute Nbrs and Descriptions</b>                                                                                       | <b>Offense<br/>Level</b> | <b>MOC</b> | <b>GOC</b> | <b>Controlling<br/>Agencies</b> | <b>Case<br/>Numbers</b> |
|--------------------|-------------------------|----------------------------|----------------------------------------------------------------------------------------------------------------------------|--------------------------|------------|------------|---------------------------------|-------------------------|
| 1                  | Charge                  | 10/22/2025                 | 243.166.5(a)(1)<br>Predatory Offender - Knowingly<br>commits act or fails to fulfill registration<br>requirement           | Felony                   | X1400      |            | MN0271100                       | 25311691                |
|                    | Penalty                 | 10/22/2025                 | 243.166.5(b)<br>Predatory Offender - Knowingly<br>violates or intentionally provides false<br>information-Min. 1 yr. 1 day | Felony                   | X1400      |            | MN0271100                       | 25311691                |
|                    | Penalty                 | 10/22/2025                 | 243.166.5(a)(2)<br>Predatory Offender - Intentionally<br>provides false information                                        | Felony                   | X1400      |            | MN0271100                       | 25311691                |



MINNESOTA  
JUDICIAL  
BRANCH

(Updated with comprehensive case information as of June 6, 2026)

Original letter sent: November 20, 2025

**Victim/Survivor:** Samantha Kathleen Almsted-Cain

**Offender:** Carlos Douglas Cain (DOB: [REDACTED])

**TO:** The Honorable Members of the Minnesota Sentencing Guidelines Commission (MSGC);  
MSGC Staff and Policy Analysts

**SUBJECT: URGENT APPEAL FOR GUIDELINES REVIEW: *Insufficient Criminal History Scoring, Automatic Expungement Flaws, and Policy Failures Exposed by Chronic, Armed Recidivism of Carlos Douglas Cain***

Dear Commissioners and Staff,

I am writing as a victim of Carlos Douglas Cain to appeal directly to the Minnesota Sentencing Guidelines Commission. This is not a request for prosecution, but a formal submission of evidence demonstrating that Mr. Cain's catastrophic, 15-year repeated cycle of violence, recidivism, and absolute contempt for the law exposes a critical failure in the current sentencing guidelines to adequately classify, score, and punish high-risk, violent recidivists. His case mandates an urgent review of the guidelines that permit lenient plea agreements, rubber-stamp downward departures, and automatically expunge records for individuals who present an escalating, armed danger to society.

For seven long years, I have done everything a victim is told to do. I have spoken up, filed orders for protection, cooperated with investigators, attended grueling hearings, and tirelessly advocated for the safety of myself and my six children. My children and I are survivors of years of severe domestic violence, and my children were the direct victims of the heinous abuse that led to his Criminal Sexual Conduct (CSC) convictions. Yet, recent judicial actions have prioritized administrative convenience over our lives, leaving me feeling profoundly let down and entirely unprotected by the state.

The systemic policy failures exposed by his case include:

### **Systemic Failure to Account for Absconding Status**

A glaring deficiency in the recent handling of Mr. Cain's cases by Hennepin County is the failure to weigh the fact that he was actively absconding from Department of Corrections (DOC) parole for seven months at the time of his arrest. After being extradited from Michigan on a Governor's Warrant for previous violations, he was released to a sober living facility. In less than two months, he cut off his GPS monitoring bracelet and fled. Despite this high-level defiance of state authority and the clear danger he posed during those seven months—during which he was eventually apprehended intoxicated in a vehicle, in the presence of a child, while in possession of multiple firearms—the court system continues to grant downward departures as if these were isolated incidents rather than a continuous crime spree while actively evading supervision.

## **Factual Inaccuracy of "Acceptance of Responsibility" & Sentence Reductions**

In Case 27-CR-25-26965 (March 3, 2026), the MSGC Departure Report indicates that a mitigated downward dispositional departure was granted based on "acceptance of responsibility." **This statement is demonstrably false and an insult to the me.** Mr. Cain sat for a DOC parole revocation hearing on **April 17, 2026**, backed by a massive violation report spanning **over 100 pages long**. A 100+ page file of non-compliance is not the record of a man showing remorse.

- Both the MN DOC and his parole agents have stated multiple times that he has never taken accountability for his actions.
- His lack of remorse is further proven by his refusal to pull out of his cell, failing to attend court three separate times for his Order for Protection (OFP) violations while in custody.
- Furthermore, in Case 27-CR-25-26965 (March 30, 2026), he was granted a downward departure, resulting in a lesser sentence and dismissal of a OFP violation committed while in custody based strictly on an "agreement of the parties." and that "accountability was taken"

## **Open Courtroom Intimidation and Failure of the Plea Process**

During an in-person hearing on October 24, 2025, Mr. Cain used the proceedings to loudly mock, intimidate, and directly threaten my life in front of the Judge and deputies. Reconstructed court transcripts document him directing derogatory slurs at me from the window and making an explicit, execution-style threat as he was escorted out, stating: *"You lucky I ain't pull up on your ass with that big ass Glock 43 stupid bitch."* He boldly threatened me with the exact type of firearm he had been arrested with just two days prior.

Instead of treating this courtroom terror with the utmost severity, Hennepin County cut a plea deal on his Firearm Possession charge which dismissed a Felony OFP violation and a Failure to register as a Predatory Sex Offender (Felony). They rushed through for administrative convenience, the prosecution finalized this agreement without even taking the time to obtain the courtroom audio or official transcripts of the threats made against me in their own building. Brushing domestic violence under the rug in this manner makes victims feel that reporting and advocating is a waste of time. I was not allowed to read a Victim Impact statement or have any input in the plea deal. I worked with the Hennepin County Attorney Andrew Delain and Sheila Poechmann (she/her/hers) Legal Services Specialist with the Hennepin County Attorney's Office.

## **Erasing the History of Terror via Automatic Expungement**

The depth of systemic failure was finalized on April 20, 2026, when I received a **BCA Automatic Expungement Notice under Minn. Stat. § 609A.015**. The state has now automatically wiped the following felony charges clean from his public record:

- **Count 1:** Predatory Offender - Knowingly commits act or fails to fulfill registration requirement (Expunged 04/20/2026)
- **Count 1:** Domestic Abuse; Violates OFP w/in 10 years of 2 or more previous convictions (From the 03/30/2026 hearing; Expunged 04/20/2026)

By scrubbing these violent entries from his history, the guidelines allow a chronic, high-risk predator to appear low-risk on paper, hiding the true extent of his continuous crimes from future risk assessments and criminal history scoring.

## **Continued Predatory Access to Children and Release Violations**

Mr. Cain originally faced five counts of predatory sexual abuse (three 1st-degree and two 2nd-degree CSC charges) against minor victims to whom he was a trusted stepfather. Although a plea bargain reduced this to a single 2nd-degree conviction, his behavior remains actively predatory.

According to official MN DOC directives, his mandatory, special conditions of supervised release include:

- **Absolute Contact Restrictions:** NO direct or indirect contact with minors without prior documented approval of an agent; NO direct or indirect contact with Samantha Almsted-Cain or her children; NO social media profiles or chat rooms permitting users under 18.
- **Surveillance & Monitoring:** Must comply with 24/7 continuous GPS tracking, electronic alcohol monitoring, and random polygraph testing; must disclose all internet-capable devices within 24 hours of possession.
- **Programming & Prohibitions:** Mandatory completion of sex offender, domestic violence, and chemical dependency programming; NO possession of mood-altering substances, alcohol, or drug paraphernalia; NO possession of sexually explicit materials.

Despite these explicit mandates, extensive video, photo, and social media evidence prove that every single time he is released, he immediately embeds himself around minors, making public court statements claiming to be a "father" to them. This is occurring despite the fact that the State of Minnesota and Sherburne County have legally stripped him of all parental rights to his own biological children, finding him completely **unfit** and ruling that any parent-child relationship would cause **egregious harm** to children.

When the sentencing guidelines and local prosecutorial policies allow an offender to cut off a tracking bracelet, abscond for seven months, carry firearms around children, refuse court appearances, and threaten a victim's life in open court—only to be rewarded with dropped charges, automatic expungements, and a fraudulent record of "remorse"—the system is failing in its primary mission of public safety.

I urge the Commission to review the structures that allow violent, armed recidivists to utilize plea bargaining and expungement provisions to escape the true weight of their criminal history score. Domestic violence and Child Sexual Abuser/ Offender Against a Minor cannot be brushed aside to clear a court docket. I ask that you examine these policy failures before this systemic leniency results in an avoidable tragedy.

Sincerely,

A handwritten signature in black ink, appearing to read "Samantha Almsted-Cain". The signature is fluid and cursive, with the first name "Samantha" written in a larger, more prominent script than the last name.

Samantha Kathleen Almsted-Cain

Victim/Survivor



## VICTIM IMPACT AND SYSTEMIC FAILURE STATEMENT

**Date:** June 6th 2026

**From:** Samantha Almsted-Cain, Victim/Survivor

**Regarding:** The Chronic Recidivism, Courtroom Terror, and Systemic Leniency of Carlos Douglas Cain (DOB: [REDACTED])

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***To Whomever Will Listen—*** To Every Prosecutor, Judge, Policy Analyst, Corrections Official, and Lawmaker Who Has the Power to Change a Broken System:

I am writing this because I am completely exhausted, terrified, and profoundly let down by the very institutions that swear an oath to protect the innocent. For seven long years, I have done everything a victim is told to do. I have spoken up, filed orders for protection, cooperated with investigators, attended grueling hearings, and tirelessly advocated for the safety of myself and my six children. My children and I are not just statistics; we are survivors of years of severe domestic violence, and my children were the victims of his heinous behavior that led to his Criminal Sexual Conduct (CSC) convictions.

Yet, after nearly a decade of fighting for our lives, the justice system has made me feel like our safety has been traded away for administrative convenience. Advocating for my family has come to feel like a complete waste of time because no matter how flagrantly this predator violates the law, the system refuses to hold him accountable. Domestic violence is not a matter that can just be brushed under the rug as it has been in this case.

The judicial handling of Carlos Douglas Cain is a case study in systemic failure. He is a high-risk, armed predator with a 15-year repeated cycle of chronic recidivism. He has proven that state supervision is a joke to him, violating his last two releases in under 60 days. During his most recent release, he removed his GPS monitoring bracelet and fled a sober living facility after less than two months. He spent seven months actively absconding from Minnesota Department of Corrections (DOC) parole. He was only caught because he was found intoxicated in a vehicle, in the presence of a child, heavily armed with multiple firearms.

Despite this continuous, dangerous "crime spree" while a fugitive, Hennepin County completely ignored his absconding status. Instead of treating him as the severe threat he is, the court system continued a pattern of unearned leniency:

- ( Case # 27-CR-26965 Felon in possession of a firearm ) On March 30, 2026, the Minnesota Sentencing Guidelines Commission (MSGC) Departure Report noted that he was granted a mitigated downward dispositional departure based on "**acceptance of responsibility**" and a plea agreement.

To claim that Carlos Cain has "accepted responsibility" or "shown remorse" is a blatant, insulting lie. The Minnesota DOC and his own parole agents have stated multiple times that he has never taken accountability for his actions. His actual conduct is backed by a massive, **100+ page DOC**

**violation report**, leading to a violation hearing on April 17, 2026. A man who has spent 15 years escalating into more violent felonies does not know what responsibility means.

Nothing highlights his absolute lack of remorse more than his actions on October 24, 2025. While in custody and standing in an open courtroom in front of a Judge and deputies, he used the proceedings to loudly mock, intimidate, and directly threaten my life. As he was being escorted out, he boldly threatened that I was “ Lucky he didn't pull up on my ass with this big ass Glock 43”—the exact type of weapon he had been arrested with just two days prior. Furthermore, he showed his complete disdain for the law by flatly refusing to pull out of his cell to attend three separate court hearings for his Order for Protection (OFP) violations.

How did the justice system respond to a predator threatening a domestic violence victim in open court with a firearm? Hennepin County cut a plea deal on his Felony OFP violation. They rushed a plea agreement without even taking the time to obtain the courtroom audio or official transcripts of the execution-style threats he made against me in their own building.

The depth of this betrayal was finalized on April 20, 2026, when I saw a **BCA Automatic Expungement Notice under 609A.015**. The system has now automatically wiped clean the records of his actions:

- **Count 1:** Predatory Offender - Knowingly commits act or fails to fulfill registration requirement (Expunged 04/20/2026) ( Case # 27-CR-25-30599)
- **Count 1:** Domestic Abuse; Violates OFP w/in 10 years of 2 or more previous conviction/adj. of delinq. from the 03/30/2026 hearing (Expunged 04/20/2026) (Case # 27-CR-25-3097)

By scrubbing these violent entries from his history, the state is effectively erasing the evidence of our terror, making it even easier for him to look like a low-risk offender on paper.

Because of these backroom plea deals, automatic expungements, and systematic downward departures, Carlos Cain continues to walk the path toward his victims. He is under strict, mandatory DOC conditions that explicitly forbid him from having **any direct or indirect contact with minors** without prior agent approval, and **absolutely no contact with me or my children**. Yet, there is extensive video, photo, and social media evidence proving that every single time he is released, he immediately embeds himself around children, even his attorney making public court statements claiming that Carlos is needed at home by his fiance because he is a great "father" to her children. This is a man who originally faced five counts of predatory sexual abuse (three 1st-degree and two 2nd-degree CSC charges) against minors where he was a trusted authority figure. This is a man whom the State of Minnesota and Sherburne County stripped of all parental rights to his own biological children because the state legally determined he was entirely **unfit** and that any relationship with him would cause **egregious harm** to children.

The sentencing guidelines, the automatic expungement provisions, and the prosecution's obsession with plea bargains have completely failed. When an offender can violate parole, cut off a tracking bracelet, carry firearms around children, refuse court, and threaten a victim's life in front of a judge—only to be rewarded with expunged charges, reduced sentences, and a

fraudulent rubber-stamp of "remorse"—the system is no longer a justice system. It is an accomplice to our terror.

Hennepin County making a plea deal on a felony Order of Protection violation with such an extensive history with the victim has literally made me feel like no one will protect me no matter how much I report. It makes me feel like advocating for my children and myself has been a complete waste of my time. I am speaking out because I refuse to stay silent while the state facilitates a tragedy. I need someone to finally listen, to look at this 100+ page history of violation, and to step in to protect my children and myself before it is too late.

Deeply let down, terrified, but still fighting,

A handwritten signature in black ink, appearing to read "S. Almsted-Cain". The signature is fluid and cursive, with the first name "S." and the last name "Almsted-Cain" clearly visible.

**Samantha Almsted-Cain**

*Domestic Violence Survivor & Mother of Survivors*



**4th Degree Burglary- 86-CR-11-2235**

Offense Date: 6.28.2010  
Case filed- 4.15.2011  
Released: 4.18.2011  
Sentenced- 9.7.2011  
Warrant Issued: 6.23.2011

**1st Degree Burglary - 86-CR-11-2468**

Offense Date: 4.3.2011  
Case Filed: 4.27.2011  
Released: 7.5.2011  
Sentenced: 9.7.2011  
Warrant Issued- 12.27.2011  
Quashed: 5.17.2012  
Warrant: 10.17.2013  
Quashed: 5.1.2014  
Warrant Requested- 4.25.2016  
Warrant Issued: 4.26.2016  
Quashed: 1.22.2018  
Warrant Issued: 11.5.2019  
Quashed:

**5th Degree Assault- 86-CR-11-3030**

Offense Date: 5.8.2011  
Case Filed: 5.24.2011  
Disposition: 9.7.2011

**Harassment Restraining Order Filed by Victim in this case 11.16.2011**

**5th Degree Drug Possession- 71-CR-12-734**

Offense Date: 5.9.2012  
Case Filed: 5.11.2012  
Probation Violation Report: 12.10.2012  
Warrant Issued: 12.13.2012  
Quashed: 12.17.2012  
Released RPR: 12.28.2012  
Failure to Appear- Court Date: 1.25.2013

**Released: 2.8.2013**

**Probation Agreement signed: 2.21.2013**

**Probation Violation Report: 9.3.2013**

**Warrant Issued: 9.10.2013**

**Quashed: 5.30.2014**

**Probation Violation Report: 3.24.2016**

**Violation Order: 3.28.2016**

**Failure to Appear at Court: 4.28.2016**

**Warrant Issued: 4.29.2016**

**Bail Hearing: 1.23.2018**

**Warrant Quashed: 1.26.2018**

**Probation Expired: 2.8.2018**

**Domestic Assault-GM-Subsequent Violation-18-CR-19-4617**

Arrested 11/22/2019

**Time spent on active warrant status or Absconding from Parole**

**Ran 9/2013 to 5/2014- Was arrested at Buffalo Hospital**

**Ran 3/24/16 to 1/2018- Turned himself in due to CPS**

**Ran 7/2019 to 11/2019- New Domestic Assault Charge (Crow Wing County) Released on Parole 3.11.24**

**OFP Issued 3.5.24**

**TPR Order- 4.6.24**

**Warrant Issued- 5.30.24**

**Arrested in Michigan 7.26.24**

**Extradited to Minnesota (Late) 10.24**

**Parole violation 6 months ( credit for time in Michigan fighting extradition)**

***Released January 27 2025 (1.27.25)***

***Warrant Issued- March 26th 2025 ( Hennepin Co Sheriff tried to serve updated OFP on 3.25.25 & 3.26.25. at NuWay***

**ARRESTED- 10.22.25 ( New charge) Convicted**

***Charge #1-Possess Ammo/Any Firearm - Conviction or Adjudicated Delinquent for Crime of Violence ( 27-CR-25-26965)***

***Charge #2- Giving Peace Officer False Name-of Another Person Statute: 609.506.2***

*\*\*Carlos took a plea deal and was sentenced to 36 months (Downward departure) This plea deal also dismissed the 2 charges below and with that MN Clean Slate Act removed these from records.*

**27-CR-25-30597- Dismissed**

***Domestic Abuse; Violates OFP w/in 10 years of 2 or more previous conviction/adj. of delinq.***

***Statute: 518B.01.14(d)(1)***

***Additional Statute: Domestic Abuse; Violates OFP w/in 10 years of 2 or more previous conviction/adj. of delinq. (518B.01.14(d)(1))***

***Level of Charge: Felony***

***Offense Date: October 24 2025***

**27-CR-25-30599- Dismissed**

***Predatory Offender - Knowingly commits act or fails to fulfill registration requirement***

***Statute: 243.166.5(a)(1)***

***Additional Statutes: Predatory Offender - Intentionally provides false information (243.166.5(a)(2)); Predatory Offender - Knowingly violates or intentionally provides false information-Min. 1 yr. 1 day (243.166.5(b))***

***Level of Charge: Felony***

***Offense Date: October 22 2025***

**Past Cases:**

***Carlos took a plea deal to 1- 2nd Degree CSC charge the day trial was supposed to start.***

***CSC Cases- Victims are all from the same family and still tormented and traumatized by Carlos Cain.***

**71-CR-19-1632**

***1st Degree CSC- Penetration/ Contact with a person under 13***

**1st Degree CSC- Penetration- Victim under 16- Significant relation- Multiple Acts over time**

**2nd Degree CSC- Victim under 13**

**71-CR-20-526**

**1st Degree CSC- Penetration or Contact with a person under 13**

**2nd degree CSC- Victim under 13**

**71-CV-19-10- Harassment Restraining Order**

**This was filed by a Sherburne County Child Protection worker after her and her child ( who was a close friend of one of my children) were threatened by Carlos at the Government center.**

**71-JV-23-376- Termination of Parental Rights**

**This was pursued by Sherburne County Child Protection after a reported a sexual abuse complaint to Becker Police. The complaint was sent to the Sherburne County Attorney Office. Charges were not filed but to protect T.A and Z.A Termination of Rights (FATHER ONLY) was pursued.**

**71-FA-23-206- Order of Protection**

**Filed in May 2023**

**Court January 2024 ( before 1st release)**

**Refusal to show for court**

**Granted March 5 2024**

**1st Release from Prison-**

**Carlos released 3.11.2024 placed in St. Cloud**

**Violated before court on TPR case April 6- Rights Terminated to 2 children**

**Warrant issued- May 30th 2024**

**He was arrested July 27 2024 in Ann Arbor Michigan 2024 Absconding: Immediately upon release, he fled to Michigan. He was apprehended following a public post on Facebook where he posted calling the victim names and threatening her. Authorities from MANY departments that were looking for Carlos had used his post to track his location and apprehend the fugitive. He spent months in Washtenaw County Jail fighting extradition, requiring a Governor's Warrant for his return. He refused to go to court for extradition Hearing and just before the 90 days of Michigan holding him for Minnesota a Governor's Warrant was issued by Governor Tim Walz and Carlos was extradited back to**

***MN late October 2024.***

***Parole Board/ Hearing & Release Unit violated Carlos for 6 months ( Credit for time served in Michigan)***

***2nd Release from Prison***

***He was released again January 27th 2025.***

***Carlos was released on GPS monitoring and placed at Nuway in Minneapolis.***

***March 25, 2025 I was informed that Carlos had absconded AGAIN and this time removed his GPS.***

***Carlos was on the run for 7 months before he was arrested again on his new charges and still has to go back to DOC and face parole violations as well.***

***He was sentenced to 1 year and 1 day because it is the most DOC can give for a violation. His violation report was over 100 pages long.***

***As of November 2025 I have been in contact with MN DOC, Sherburne Co Community Corrections ( Paul Schnell, Heather ( Victims Advocate DOC), Rochells O, Corey Mabis-Rowe, Brent Schmidt) I have also been in contact with MN Sentencing Guidelines Commission and several units in the DOC in regards to Carlos and his release in October 2027.***

From: [REDACTED]  
To: [Guidelines, Sentencing \(MSGC\)](#)  
Subject: Re: Urgent Review Requested: Serious Domestic Violence Case History and Appeal Regarding Carlos Douglas Cain  
Date: Thursday, July 9, 2026 6:13:38 PM  
Attachments: [Response to the Minnesota Sentencing Guidelines Commission \(MSGC\) Staff.pdf](#)

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Dear MSGC Staff,

Thank you for your response. However, I want to clarify that my submission was not a request for the Commission to intervene in, reverse, or litigate an individual case. I am fully aware that the Commission lacks authority over individual case outcomes.

My letter is a formal submission of a critical, real-world case study intended directly for the Commissioners and policy analysts whose explicit role is to develop and modify Minnesota's sentencing policies.

The catastrophic cycle of armed recidivism, habitual absconding, and courtroom terror exhibited by Carlos Douglas Cain exposes severe, systemic flaws in the structural design of the current Guidelines:

- **Exploitation of Criminal History Scoring:** The structure of the guidelines currently permits local jurisdictions to prioritize rapid, unmonitored plea bargains for administrative convenience, allowing chronic, armed predators to avoid consecutive sentencing parameters despite committing concurrent felony sprees while actively absconding from state parole.
- **The Flaw in Automated Expungement Frameworks:** Because prosecutors routinely dismiss personal felony charges—such as Felony Order for Protection (OFP) violations—to secure rapid convictions on top-ranked offenses like Felon in Possession of a Firearm, statutory provisions under Minn. Stat. § 609A.015 are triggered automatically. The state is currently utilizing automated systems to wipe clean records of domestic violence and tracking non-compliance. This structural masking means an active, armed predator appears low-risk on paper, entirely subverting the integrity of future criminal history scoring.
- **Factual Inaccuracy of "Remorse" and "Responsibility":** The Departure Report mechanism relies on a "rubber-stamp" check-box system where a mitigated downward departure can be granted based on a fraudulent record of "remorse" or "acceptance of responsibility". This occurred in Mr. Cain's case despite a 100+ page

DOC violation report and a documented, death threat made against me in open court with a firearm just 48 hours after his arrest.

When the structural design of sentencing policies and automatic record-clearing systems combine to actively sanitize a repeat offender's history while stripping a victim of her statemandated right to input, public safety has completely broken down.

I am requesting that my original letter and the accompanying evidentiary dossier remain a permanent part of the formal record provided to the Commissioners and Policy Analysts for their ongoing statutory evaluation of the Guidelines.

Sincerely,

Samantha Almsted-Cain

Domestic Violence Survivor & Mother of Survivors [REDACTED]  
[REDACTED]

Please be advised that this disclosure is made in the urgent context of ongoing domestic violence and significant safety concerns. I have taken, and continue to take, all possible legal steps and have reached out to numerous individuals and agencies to voice and document my concerns, in an effort to prevent any tragic outcomes.

## **Response to the Minnesota Sentencing Guidelines Commission (MSGC) Staff**

**Subject:** Re: URGENT APPEAL FOR GUIDELINES REVIEW: Policy Flaws and Systemic Failures Exposed by Case Study of Carlos Douglas Cain (OID: [REDACTED])

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I am requesting that my original letter and the accompanying evidentiary dossier remain a permanent part of the formal record provided to the Commissioners and Policy Analysts for their ongoing statutory evaluation of the Guidelines.

Sincerely,

A handwritten signature in black ink, appearing to read "Samantha Almsted-Cain". The signature is fluid and cursive, with the first name "Samantha" written in a larger, more prominent script than the last name.

**Samantha Almsted-Cain**

Domestic Violence Survivor & Mother of Survivors

[Redacted]

[Redacted]