You may be eligible for help in paying your utility bill during the Cold Weather Rule season, October 1 to April 30.

**Energy Assistance Program**  Minnesota’s Energy Assistance Program (EAP) can help pay your natural gas and electric home heating bill. Contact the EAP team for assistance to apply, 1-800-657-3710.

**County Human Services**
County Human Services departments offer cash, emergency, food, housing, and medical assistance.

**The Salvation Army HeatShare**
HeatShare provides emergency utility assistance.
1-800-842-7279

**United Way 2-1-1**
United Way 2-1-1 is a service that can help you find local resources.
Dial 2-1-1 to be connected.

Minnesota natural gas and electric utilities also have programs to help low income customers cover their utility bills.

**Gas Affordability Program (GAP)**
If you receive Energy Assistance, you may qualify for GAP. Contact your natural gas company for information.

**Low Income Electric Rate Discount**
If you receive Energy Assistance, you may qualify help with your electric bill. Contact your electric company for information.