

Self-Advocacy

Education and Empowerment for Minnesotans Receiving Long-Term Care

The Office of Ombudsman for Long-Term Care has partnered with Moving Home Minnesota to promote self-advocacy through educational training and support tools for people who are living or receiving services in nursing homes and assisted living settings.

Self-Advocacy Specialists are available to help:

- Deliver self-advocacy trainings on a variety of topics
- Support and strengthen resident and family councils
- Assist community planning through the use of person-centered support tools and principals
- Educate residents on rights and regulations that guide them on how to be their own best advocate!

Contact Us

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