



Know Your Rights

Legal Help and Advocacy

You have the right to access legal help and advocacy services.

You may come across a situation where you need legal support. Some examples include:

- Your facility wants to discharge you, but you don't want to move.
- You are not receiving benefits but were approved to receive them.
- Your Medical Assistance (MA) has been reduced or denied.
- You suspect financial exploitation.

Your facility must allow you to contact legal help.

To access statewide legal services, you can:

1. Go to **Lawhelpmn.org**
 - You can complete an online intake form, find factsheets, phone numbers, and free legal clinic information.
2. Call **1-877-696-6529**
 - Talk to someone in intake by entering your zip code. They will connect you to the local legal service office.

Things to Think About:

1. Who would you ask if you have a legal need or question?
2. Have you ever worked with a lawyer?

Contact the Office of Ombudsman for Long-Term Care

Phone: 651-431-2555 **Toll-free:** (800) 657-3591 **Website** mn.gov/ooltc

Match the description

Learn about additional resources and test your knowledge about the tools available to help you.

1. I want to fill out a health care directive but don't know how.

2. I have a complaint about how staff are treating me here.

3. I need a private video call with a lawyer but don't own a phone or laptop.

4. I am overwhelmed by unexpected medical bills and need a check-up.

5. I'm not sure my money is being used properly.

A. Legal Kiosk

B. Legal Risk Detector

C. LawHelpMN.org

D. Minnesota Elder Justice Center 651-215-0032
elderjusticemn.org

E. Ombudsman for Long Term Care

Answer Key: 1. C | 2. E | 3. A | 4. B | 5. D