



Know Your Rights

Residents' Rights

In Minnesota, all people receiving long-term care services have legally protected rights.

All people have rights protected under the United States and Minnesota Constitution. When you live at a nursing home or assisted living you keep your rights. You also have additional “resident rights”.

These resident rights are meant to empower residents. By knowing your rights, you protect good quality of life and promote good quality care.

Resident rights were put into place in 1987.

These laws guarantee your rights:

Nursing home: The federal Nursing Home Reform Law, Federal law and State law
Assisted Living: Minnesota Statute 144G and Rule 4659.

You should have received a copy of your resident bill of rights when you moved in. You can ask for another copy or find a copy online:

health.state.mn.us/facilities/regulation/billofrights/index.html

Things to Think About:

1. Have you received a copy of your resident bill of rights?
2. How can you exercise your rights as a resident?
3. How can your community support a better understanding of your rights?

Contact the Office of Ombudsman for Long-Term Care

Phone: 651-431-2555 **Toll-free:** (800) 657-3591 **Website** mn.gov/ooltc

Trivia

Test your knowledge and learn more about resident rights.

1. The federal Nursing Home Reform Law was passed in 1987. Guess what year the Minnesota Assisted Living Licensure passed.
 - a) 1990
 - b) 2019
 - c) 2023
2. If you are making a written complaint, what right are you exercising?
 - a) Right to control resources
 - b) Right to file grievances
 - c) Right to come and go freely
3. When can you receive a copy of your resident rights?
 - a) When you request a copy
 - b) Upon admission
 - c) All the above
4. In which area is a Long-Term Care facility **NOT** required to provide a list of resident rights?
 - a) On the back of the door to the resident's room
 - b) In the admission packet
 - c) In a place readily accessible to residents, family members, and legal representatives of residents

Answers: 1=B, 2=C, 3=C, 4=A