

# MINNESOTA'S OLMSTEAD PLAN

## Changes Ahead

**for people with disabilities**

full supports for full integration into communities of their choices in

- Employment
- Housing
- Transportation
- Supports and Services
- Lifelong Learning and Education
- Healthcare and Healthy Living
- Community Engagement

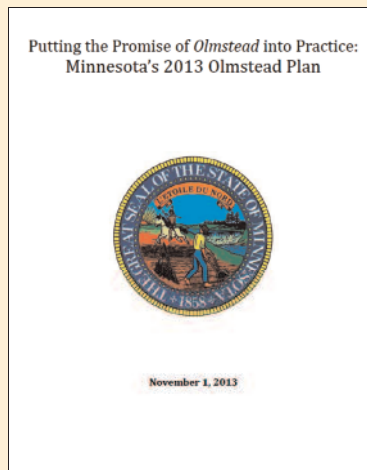
OLMSTEAD PLAN  
Side By Side  
with  
Everybody  
Else

# It's The Law!



## OLMSTEAD PLAN GOALS

The Olmstead Plan will move the state forward, towards greater integration and inclusion for people with disabilities. The plan's goal is this: *Minnesota will be a place where: People with disabilities are living, learning, working, and enjoying life in the most integrated setting.*



### In each of these seven topic areas, the state government will take action to promote full integration with full supports:

- **Housing** People with disabilities will choose where they live, with whom, and in what type of housing. They will be supported to live alongside everyone else, out in the community.
- **Jobs** People with disabilities will have competitive, meaningful work, with support to work alongside everyone else out in the community.
- **School and Lifelong Learning** People with disabilities will get a good education and be supported to learn side by-side with everyone else, both in school and throughout lifelong learning.
- **Transportation** People with disabilities will have access to reliable and affordable transportation to get where they want to go to take full part in community life.
- **Healthy Living** People with disabilities will have health services that allow them to be in good health so that they can take active part of the community, working and living alongside everyone else.
- **Community Life** People with disabilities will be supported to fully take part in the life of their community and connect with others to follow their interests.
- **Support Services** People with disabilities will get the variety of support services they need to live, work, and play in the community alongside everyone else.

## IT'S THE LAW

In 1999, the US Supreme Court ruled that segregation of people with disabilities is illegal. This “Olmstead Decision” said people with disabilities are best served alongside everyone else, and must be integrated in the community as much as possible, with supports necessary. We all belong where everyone else is, whether that's jobs, housing, school, doctor's office, or playing golf. Full supports for full inclusion. So, Minnesota has now made a plan — the Olmstead Plan — to increase community integration for its citizens with disabilities. Our government will take action (laws, policies, funding) on the following timeline:

### February 2014

- Prepare legislative proposals.

### December 2014

- Define planning service for people with disabilities.
- Make funds available.
- Develop a plan to initiate this service in 2015.

### January 2015

- prepare legislative and fiscal changes for the 2015 legislative session.
- People with disabilities involved in leadership in government programs that affect them.



# Minnesota Olmstead Plan: Let's Move Ahead!

**It's the law. The Olmstead Plan Helps People Move**



Segregation.....	Integration in the community
Sheltered workshop.....	Job in the community
Separate classes.....	Included with all students
I can't get there because the bus doesn't go there...	Rides go where I need them to go
Professionals control my services and funding.....	I control my services and funding
You have to know how to work the system.....	Supports come to you and work for you
Segregated living situations.....	Housing in the community alongside everyone else

## Olmstead Quiz: (T/F)

1. The Olmstead Plan is a way to support all people with disabilities to be living and working and playing out in the community alongside everybody else.
2. The Olmstead plan calls for people with disabilities to be a part of the leadership in any program that affects their lives.
3. Better transportation is NOT part of the Olmstead plan.
4. Once the Olmstead Plan is in place, everyone will have a good paying job.
5. Olmstead does not call for people with disabilities to change. It calls for government services and spending to change to help folks be more integrated into their home communities.
6. If people want to move into a segregated housing, Olmstead Plan will help them do that.
7. The Olmstead Plan will create more ways for people with disabilities to support each other to live in the community
8. The Government is making these changes just because they are nice people.
9. The Olmstead Plan will create more ways for people to be working out in the community, in productive jobs.
10. The Olmstead Plan assumes that there can only be a few types of supports, and people with disabilities will just have to fit in as best they can.

1. (true) 2. (true) 3. (false) 4. (false) 5. (true) 6. (false) 7. (true) 8. (false), it's the law. They must) 9. (true) 10. (false). Needs differ and supports must also).

**WHAT YOU CAN DO NOW**

- Learn about it:  
[dhs.state.mn.us olmstead](http://dhs.state.mn.us/olmstead)
- Provide ideas and input:  
[http bit.ly fcGSL](http://bit.ly/fcGSL)
- Send an email to  
[opc.public.state.mn.us](mailto:opc.public.state.mn.us)
- Who to call: If you are experiencing barriers, call Kristin Jorenby at the Olmstead Implementation Office in St. Paul. 651-259-7356.  
[kristin.jorenby@state.mn.us](mailto:kristin.jorenby@state.mn.us)

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