Online Safety
tips for kids

Be smart and safe **every time** you go online

Don't post personal information like your address, phone number or email address

People can download your pictures and videos, so think twice before you post them.

Never give out your passwords.

Use a "passphrase" for your password. Use words, numbers and special characters.
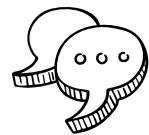
Don't be online friends with people you don't know.

Don't meet up with people you've met online. If someone asks you to meet, tell a trusted adult.

Remember that not everyone online is who they say they are.

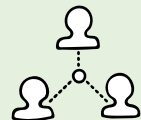Think carefully about what you say before you post something online.

If something makes you feel unsafe or worried, leave the site, turn off your computer and tell a trusted adult.

If a website asks you to register online and you have to fill out a form, always ask a trusted adult.

Respect others. Even if you don't agree with someone, it doesn't mean you need to be rude.

Don't share cyber-bullying videos or messages – it makes you a part of it!

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Facts about Cyber Bullying

Fact: It's really, really uncool

1 in 4

teens have been the victims of cyberbullying and about 1 in 6 admit to having cyberbullied someone else*

The most common places where cyberbullying happen are:

- Social Media (Snapchat, Tumblr, GroupMe, Kik Messenger, WhatsApp, Whisper, Instagram, etc.)
- Text message / instant message
- Gaming systems like PlayStation, Xbox, Nintendo, and PC

Cyberbullies in gaming...

- A "griefer" is a bully in the world of online games. Griefers don't play by the rules and try to cause as much distress and discomfort for other players as possible.
- In online games like Minecraft, griefers go after the creations of other players.

Always remember...

- Cyberbullying can happen accidentally — something that one person thinks is funny could be hurtful or insulting to someone else.
- Don't reply to nasty messages you may receive.
- Block users who send you nasty messages.
- Tell an adult you trust if you are being cyberbullied.
- **Don't be a cyberbully!**

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