Minnesota’s
Self Determination Project

A Developmental Disabilities Project Partnership - Blue Earth, Dakota, Olmsted Counties and DHS

August 5, 1997

Colleen Wick
Governor’s Council on Developmental Disabilities
300 Centennial Building
658 Cedar Street
St Paul, MN 55155

Dear Colleen,

Thank you for your willingness to participate as a member of Minnesota’s Self Determination Project Strategic Resource Committee. The first meeting will be:

August 22, 1997
9:30 am - 12:00 pm
Eagan Lottery Building - (Directions enclosed)
Lone Oak Road - County Road 26
Eagan, MN

The purpose of the Strategic Resource Committee is to bring together stakeholders in order to share information about the Project, provide a forum for input regarding Project activities and to assist with developing support frameworks for self determination principles.

The membership representation of this committee consists of advocates, provider organizations, consumers, and consumer organizations, DHS staff, local county project site staff, developmental disabilities support organizations, community business persons, health care representatives, school transition coordinators and legislators.

To give you an overview, the Project’s semi-annual report and a general question and answer sheet are enclosed. If you have questions, please give me a call at 612/296-1146.

Again, thank you for your willingness to participate.

Sincerely,

[Signature]
Barb Roberts
Self Determination Project Coordinator
Minnesota's Self Determination Project
A Developmental Disabilities Project Partnership - Blue Earth, Dakota, Olmsted Counties and DHS

STRATEGIC RESOURCE COMMITTEE MEETING MINUTES
August 22, 1997
9:30 am - 12:00 pm
Eagan Lottery Building

Attending:
Mary Jean Babcock, Tara Barenok, Marge Brchan, Milt Conrath, Lee Ann Erickson, Ted Erickson, Katherine Finlayson, John Hastings, Skip Lecy, Linda Leiding, Bruce Nelson, Gerry Nord, Lynn Noren, Darlene Olson, Polly Owens, Barb Roberts, Jim Tausch, Tom Ruff, Diane Spague, Janet Wassman, Rhea Wassman

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INTRODUCTIONS
Committee members were introduced. The willingness of committee members to participate and assist with the Project is appreciated.

SELF DETERMINATION PRESENTATION
Barb gave an overview of the Project. Information was presented on the purpose of self determination projects nationwide; Minnesota’s Project focus; summary of the principles; education component, system redesign component, and technical development for individually controlled resources.

BREAK-OUT SESSIONS
Small groups met to address several questions and to provide information on newsletters or communication mediums that the Project might be able to use. Attached are the wall charting notes from the groups.
WALL CHARTING NOTES - Break-out session

Minnesota's Self Determination Project
Strategic Resource Committee Meeting - 8/22/97

Questions Addressed:

1. What are ideas and/or suggestions you have to support self determination Principles and Minnesota's Self Determination Project?

2. From your organization's or your own perspective, what is needed to make self determine happen for persons with developmental disabilities?
IDEAS/SUGGESTIONS

To Support Principles of Self Determination

- Most Self-Sufficient
- How is information disseminated?
- Information Needed
  - Workable at all levels (*grassroots*)
  - Provider, consumers, systems
  - How to make information useable
    E.g., "DHS" What is it, What does it do?
- What do consumers know right now?
- How do we create level understanding of information?
- How do we support, expand, enhance information for providers in moving toward Self Determination for consumers from caretaking framework?
- Balance between broad/information dissemination and limited participation opportunities.
- What are the real and perceived barriers to use of information?

FROM YOUR ORGANIZATION TO WHAT MAKES SELF DETERMINATION HAPPEN?

DHS - Identify Real barriers within regulation while maintain consumer protection.
- Avoid paternalism, but provide safety, support.
- QA-How can we identify Quality Assurance? - How do we provide atmosphere that supports Quality Assurance and Self Determination?
LIC

- Funding streams verses service parameters
- Can this information and access be simplified?
- Allow both Risks and Benefits of Decision making for consumers occur.

- Eliminate System Barriers
- Get past "judgement" of decisions
- "Informed" choice verses "good enough" choice.
- Move away from institutionalized dependency.
- Recognize experience is necessary to learn.
- Need to recognize we all make "bad" incorrect, less than best-interest decisions.
- Need checks and balances between "living" and "system" becomes a barrier.
IDEAS/SUGGEST

TO SUPPORT SELF DETERMINATION

- Strategic Resource Communication, be spokes people/advocates for self determination throughout the state and within their communities.

- Interface function with ‘housing people’ in the counties.

- Education and information on housing options for individuals with disabilities, families, providers.

- Keep avenues open for ‘generic’ community organizations.

- Educate and involve them.

- Allow people to make ‘real’ choices. Communication among teams needs to be better.

- No rules.

- Expand Community connections.

- Parent/guardian education/support regarding individuals making choices/decision.

- Build conflict resolution/negotiation skills.


WHAT IS NEEDED FOR YOUR ORGANIZATIONS PERSPECTIVE?

- Focus on customer satisfaction TQM (Total Quality Management) factors built in.
• More system changes
• General community support.
• DHS needs input to enact change.
• Actively exploring system redesign and partnering strategies (minds and dollars).
• 'De-programing Teams'
• Compare choices made by support people with those made by individuals we support.
(Yellow Group)  

**GENERAL SUGGESTIONS**

- Get more people involved.
- Continue trend and make more tangible.
- Need to get consumer input "What do people want?"
- Total awareness to regional differences.
  - Assessment of why "it" doesn’t work.
- Increasing education
- What do you want on the menu?
  - Do we really want a menu?
- Common Sense
- Let go of "control"
- Limitations on choice will be there. Ex. Can’t spend without limits.
- Responsibility
  - Consumer budgeting vs program budgeting.
- Dollars controlled "in pockets of consumer".
- Consumers need information and we assure that we have given them the information.
- Need information base.
  - What’s there to buy?
- **Liability Issues**
  - Risk verses responsibility
  - Consumers hire people they trust.
• Public concerned about "use" of public funds.
• Need quality enhancement.

AGENCY/ORGANIZATION/SELF PERSPECTIVE

1) Balance of risk/benefits
   • Not another welfare reform activity - and only a budget perspective.

2) Supporting mentoring and facilitating
   • Building for success

3) Move beyond compliance to rules and compete to meet needs.
   • Assure health and safety

4) Choices may look the same - which is ok.
   • realization
   • create process
   • to explore something new

5) Need an assessment of status quo
   • Real and perceived barriers

6) Information for "all"

7) Track the money flow

8) Consumer control to choose and arrange supports.

9) Invest in technology
<table>
<thead>
<tr>
<th>From your and/or your organization’s point of view, what are specific outcomes you want to see that promote self determination principles?</th>
<th>What are actions or activities that you and/or your organization could take to promote this outcome?</th>
<th>What type of information or support do you and/or your organization need to promote this outcome?</th>
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Minnesota’s Self Determination Project

A Developmental Disabilities Project Partnership - Blue Earth, Dakota, Olmsted Counties and DHS

DIRECTIONS TO THE EAGAN LOTTERY BUILDING

Eagan Lottery Building
Lone Oak Road - County Road 26
Eagan, MN
Phone: 612/456-5454

From North
Go South on Interstate 35E
Exit at Lone Oak Road - Exit 98
Turn left (east) onto Lone Oak Road
Cross Lexington Avenue (traffic light) and it is the large grey building with blue trim on the right.
There is a sign that says Minnesota State Lottery on the west side of the building.

From South
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STRATEGIC RESOURCE COMMITTEE MEETING
August 22, 1997
9:30 am - 12:00 pm
Eagan Lottery Building

AGENDA

I. INTRODUCTIONS
9:30 AM - 9:45 AM

II. SELF DETERMINATION PROJECT PRESENTATION
9:45 AM - 10:30 AM

III. BREAK
10:30 AM - 10:45 AM

IV. BREAKOUT SESSION
10:45 AM - 11:15 AM
¬ IDEAS/BRAINSTORMING TO SUPPORT SELF DETERMINATION PRINCIPLES
¬ WHAT DO CONSUMERS AND STAKEHOLDERS NEED
¬ COMMUNICATIONS HANDOUT

V. SUMMARY OF BREAKOUT SESSIONS
11:15 AM - 11:45 AM

VI. NEXT MEETING
11:45 AM - 12:00 PM
¬ TOPICS
¬ MEETING DATE AND TIME
COMMUNICATIONS AND OUTREACH SURVEY

Minnesota’s Self Determination Project continues to look for ways to provide information to persons with developmental disabilities, their support networks, and the community.

DOES YOUR ORGANIZATION HAVE A NEWSLETTER OR A MEDIA METHODOLOGY TO REACH PERSONS WHO MIGHT BE INTERESTED IN MINNESOTA’S SELF DETERMINATION PROJECT?

_________ YES  __________ NO

If YES,

WOULD YOUR ORGANIZATION BE INTERESTED IN HAVING SELF DETERMINATION PROJECT INFORMATION SUBMITTED TO YOUR ORGANIZATION FOR DISTRIBUTION?

_________ YES  __________ NO

IF YES,

Name of Organization __________________________________________________________

Address: __________________________________________________________________________

Contact Person ________________________________________________________________

Phone Number: _____________________________________________________________________

Deadlines for material submission: _________________________________________________

Other pertinent information: _______________________________________________________

Please return your “yes” responses and/or direct your questions to:
Barb Roberts, Self Determination Project Coordinator
DHS
444 Lafayette Road
St. Paul, MN 55155
Phone: 612/296-1146
FAX: 612/282-3787
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STRATEGIC RESOURCE COMMITTEE
Breakout Session
8/22/97

Self Determination Project - Breakout Session Questions

1. What are ideas and/or suggestions you have to support self determination principles and Minnesota’s Self Determination Project (i.e. activities, specialized assistance, training or support for identified groups, etc)

2. From your organization’s or your own knowledge perspective, what is needed to make self determination happen for persons with developmental disabilities?

3. How can the Project use established communication links? If you have a newsletter or periodic flyer, would your group be willing to let the Project submit articles, or provide Project updates? If yes, please fill out the communications information form in the folders and return at your earliest convenience.
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MINNESOTA'S SELF DETERMINATION PROJECT
STRATEGIC RESOURCE COMMITTEE MEMBERS - NOVEMBER 1997

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Parent and advocate

Colleen Wieck  
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