

# REGULAR BILL OF FARE.

## MINNESOTA TRAINING SCHOOL.

	MONDAY.	TUESDAY.	WEDNESDAY.	THURSDAY.	FRIDAY.	SATURDAY.	SUNDAY.	
Breakfast	Coffee and Milk. White Bread and Butter. Graham Bread and Butter. <del>White Bread and Butter.</del> <i>Milk Toast</i>	Coffee. White Bread and Butter. Graham Bread and Butter. <del>White Bread and Butter.</del> <i>Fish balls</i>	Coffee and Milk. Mutton and Vegetable Soup. White Bread. Graham Bread.	Coffee and Milk. Bean Soup. White Bread. Graham Bread.	Coffee and Milk. White Bread and Butter. Graham Bread and Butter. Fried Eggs.	Coffee and Milk. Oat Meal Mush. Syrups and Cream. Baked Beef Hash. White Bread. Graham Bread.	Coffee and Milk. Corn Bread. White Bread. Graham Bread. Butter. <del>White Bread and Butter.</del> <i>Scrambled Eggs</i>	The following have <i>John Schwarz</i> <i>Miller Chick</i> <i>Andrew Griffin</i>
Dinner	White and Graham Bread. Chicken Hash, Gravy. Baked Potatoes. Mashed Turnips. Rice Pudding.	White and Graham Bread. Boiled Mutton. Gravy. Mashed Potatoes. Tapioca Pudding.	White and Graham Bread. Butter. Beef and Potato Hash. Pickled Beets. Bread Pudding.	White and Graham Bread. <del>Chicken Hash, Gravy.</del> Mashed Potatoes. Boiled Corn <i>Boiled Beef</i>	White and Graham Bread. <del>Chicken Hash, Gravy.</del> Gravy. Mashed Potatoes with Cream. Berry Pie. <i>Cord. Fish Cream</i>	White and Graham Bread. Roast Beef. Boiled Hominy. Syrup.	White and Graham Bread. Chicken Pie. Gravy. Mashed Potatoes. Pickled Beets. Apple Pie.	
Supper	White and Graham Bread. Butter. Syrup. Milk and Tea. Ginger Cookies.	White and Graham Bread. Butter. Baked or Stewed Apples. Milk and Tea.	White and Graham Bread. Boiled Corn Mush. Syrup. Milk and Tea. Cake or Fruit.	White and Graham Bread. Butter. Milk and Tea. Canned Fruit.	White & Graham Bread and Milk. Tea. Cookies.	White and Graham Bread. Stewed Fruit. Milk and Tea.	White and Graham Bread. Butter. Fresh Fruit in Season.	

This arrangement must be followed strictly, except as otherwise directed in special cases.

\*Coffee is to be furnished at Breakfast to all who do not like milk. Tea is to be furnished at Supper to all who do not like milk. Both to be largely diluted with sweet milk.

Butter is always to be supplied to such as do not like soup. Graham and White Bread at every meal.

Special bills of fare will be given for special cases.

**INSTRUCTIONS.** - 1. The Matron will see that the food is properly and thoroughly cooked.  
2. Every child must be allowed the full meal time at the table, and permitted to eat all it wants, except in cases of abnormal appetites, for the government of which special directions will be given.

*Corrected & Approved, October 22<sup>nd</sup> 1886*  
*ACR*

Dr. A. C. ROGERS, Superintendent.