of Services for the Mentally Handicapped Citizen in West Hennepin County

Published By

1200 On The Avenue
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West Hennepin Human Services
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WEST HENNEPIN HUMAN SERVICES PLANNING BOARD

The WHHS Planning Board works with you and your neighbors to help bring quality human services to the community by starting new services, developing current services, and increasing awareness of what now exists. WHHS is currently concentrating its efforts in the areas of mental retardation, mental health, parenting, community food and nutrition, services to low income persons, family violence, public information and education about services, and coordination of services in the West Hennepin Area.

1200 ON THE AVENUE

1200 on the AVENUE is a community center for people of all developmental disability ranges. The center provides a wide range of services which are listed in this directory. 1200 on the AVENUE is funded by Hennepin County and sponsored by MARC.

ACKNOWLEDGEMENTS

This directory is a joint project of WHHS and 1200 on the AVENUE. We realize that not all services have been included in this directory and that many of the listings will be outdated shortly after this printing. If we have missed a service or one needs updating please call 1200 on the AVENUE.

We wish to thank all of the agencies that provided us with information as well as the Developmental Disabilities Task Force and MARC for allowing us to draw from their earlier works.

February 1980
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GLOSSARY

Advocacy
The representation of the rights and interests of one-self or others in an effort to bring about change which will eliminate barriers to meeting identified needs.

Ambulatory
Able to walk or move about independently and not confined to a bed.

Assessment Services
The systematic determination of physical, psychological, vocational, cultural, social, economic, legal, environmental and other factors pertinent to the mentally retarded person and his/her family.

Autism
Autism and closely related childhood psychosis are difficult disabilities to define. In general, many psychologists believe that autism is a breakdown of sensorimotor integration. There seems to be a failure of the central nervous system in processing incoming and outgoing information. It appears that this difficulty in sorting out stimulation from environment may be the basis for autism. The cause of autism is not well understood, but many psychologists believe that genetic disorders, abnormal births, and childhood illnesses may be factors.

Basic Developmental Services
Activities that emphasize a person's growth and supplement the services provided by parents or guardians.

Behavioral Objectives
Specific goals set for each student by his/her residential counselor, teacher, etc., to be accomplished during a set period of time.
Changing behavior by teaching new behavior through a controlled series of reinforcements. Negative behavior is minimized and positive behavior maximized.

A person who provides coordination of all the case activities on behalf of the client of the local social service agency or school.

Mentally retarded people are ordinarily expected to make use of the same community services that are used by people who are not retarded. All services in the community that can conceivably be used by mentally retarded people are considered community services.

Limited form of guardianship for retarded persons who require some, but not complete supervision. Persons under State Conservatorship are not considered legally incompetent and are restricted only in those areas and rights expressly designated by the court. Within statutorily defined limits, such conservatorship is individually shaped by the court to meet the particular needs, abilities and disabilities of the person under review. (SS 252. A.11, Subdivision 2, MSA.)

The full range of services providing progressive, continuing activities throughout a developmentally disabled person's lifetime.
| Cost of Care | The means by which reimbursement takes place for the cost of boarding care for children in community residential facilities for children who are mentally retarded, epileptic or emotionally handicapped. Parents are responsible for reimbursement for a part of the cost of care. The amount of reimbursement shall be based on the annual gross income of the parents as adjusted by household size. The maximum which parents can be charged is $125 per month which occurs if the annual gross income is over $27,000. |
| Counseling Services | Assistance to disabled individuals or families in the solution of specific problems or in planning future activities geared toward adjustment to limitations and developing potential abilities. |
| Developmental Achievement Center | Centers organized for mentally retarded and cerebral palsy pre-school children and adults. The DAC's provide formal, structured classes stressing developmental learning. |
| De-institutionalization | The systematic closing down of state run institutions and the integration of the mentally retarded citizen in a situation as closely resembling the community norm as possible. |
| Developmental Disability | According to Public Law 94-103A, developmental disability is a disability attributable to mental retardation, cerebral palsy, epilepsy, or autism; or which is found to be closely related to mental retardation or to |
require treatment similar to that required for mentally retarded individuals; or which is attributable to dyslexia resulting from one of the above-named disabilities. A developmental disability is further defined as having originated before the individual attains age 18, having continued or being expected to continue indefinitely, and constituting a substantial handicap to the individual.

**Diagnosis**
The act or process of determining the nature and origin of a disabling condition by examination of the symptoms.

**Diagnostic Services**
Provision of psychological, social, medical, educational, and vocational measurements necessary to identify the causes and complications of a disability in order to alleviate the causes of the disability rather than the effects.

**Direct Care Staff**
Staff who works directly with developmentally disabled persons.

**Direct Service**
An agency, organization or individual that works directly on a face-to-face basis with clients.

**Disability**
A physical or mentally impairing condition.

**Domiciliary Care**
Out of home living quarters with supervision and personal care for persons needing this form of care and services.

**Down's Syndrome**
A condition that exists from birth which is characterized by mental retardation coupled with certain physical features and characteristics.
**Dyslexia**
A disorder of children who, despite conventional classroom experience fail to attain the skills of reading.

**Educable Mentally Retarded (EMR)**
A term introduced in state educational codes to define children who are not adjusting or profiting to a suitable degree in the regular class program and through individual assessment have been found to meet the criteria of being mentally retarded. Most criteria in state codes stipulate an I.Q. score range of 50 to 80 along with other characteristics that indicate the capability of making pupils socially adjusted and economically independent at a minimal level.

**Epilepsy**
A disorder of the central nervous system marked by sudden and periodic lapses of consciousness, and distinctive, usually measurable disturbances in the electrical discharges within the brain.

**Exceptional Child**
One who deviates intellectually, physically, socially or emotionally so markedly from the norm that he/she requires extra instruction or services.

**Expressive Citizen Advocate**
A volunteer paired with a person who is mentally retarded to implement the goal of establishing a long term friendship.

**Family Support Services**
Those services which enable the family as a unit to meet the family related needs of the mentally retarded person. Family support services are usually given to the family in their homes.
Follow-Along  A monitoring relationship by the local social service agency on a life-long basis with retarded persons and their families, if needed. It is designed to assure that new needs and changes are recognized and adequately dealt with.

Foster Family Care  Care provided by foster parents usually with the supervision and financial support of a child placement agency.

Generic Services  Services used by the general population as opposed to "special" services which have to be adapted to the disabilities of the person receiving services.

Grand Mal Seizure  Violent shaking of the entire body accompanied by temporary loss of consciousness. It usually lasts about two to five minutes, may occur as often as one or more times a day, or as infrequently as once a year.

Group Home  A residential living situation for retarded citizens that tries to resemble as home-like an atmosphere as possible. The living situation also incorporates development skills.

Guardian  One having legal control and management of the person or estate, or both, of a child during minority or a person incapable of managing his/her affairs.

Guardianship  Status which provides protection, care, and management of a person during minority and persons incapable of managing their own affairs.
<table>
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<tr>
<th><strong>Habilitation</strong></th>
<th>Developing to a normal or optimal state a person's ability to cope with basic living situations (eating, dressing, toileting, etc.).</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ICF/MR</strong></td>
<td>Intermediate Care Facility/Mental Retardation. This is a Federal designation which sets out standards which must be met in order to receive Federal funds for support of residential facilities.</td>
</tr>
<tr>
<td><strong>Independent Living Skills</strong></td>
<td>Appropriate behavior necessary for living in a non-institutional setting. Skills include transportation, maintenance of clothes and living quarters, personal hygiene, money handling, group living, and recreation.</td>
</tr>
<tr>
<td><strong>Infant Stimulation</strong></td>
<td>Intervention at an infant stage to foster developmental growth and help to lessen developmental lags in infants.</td>
</tr>
<tr>
<td><strong>Information and Referral (I &amp; R)</strong></td>
<td>Provision of current information and resources for professionals and consumers which will assist both to find needed services.</td>
</tr>
<tr>
<td><strong>Instrumental Advocates</strong></td>
<td>Persons who assist individuals who are mentally retarded and/or their families in asserting their human rights to secure the good services and benefits with which they are entitled.</td>
</tr>
<tr>
<td><strong>Inter-disciplinary Team</strong></td>
<td>A team composed of professionals from various disciplines, i.e. social workers, psychologists, teachers, etc., designed to accurately assess and recommend treatment for clients. May also be used in treatment forms.</td>
</tr>
<tr>
<td><strong>Job Placement Services</strong></td>
<td>The process of securing employment. Job placement services needed by mentally retarded persons are generally those of securing and adjusting to a job, with no implication that this is limited to a single time or period in the life of a person.</td>
</tr>
<tr>
<td><strong>Least Restrictive Alternative (LRA)</strong></td>
<td>Means that a person who is handicapped should not be removed from the mainstream of society to any greater extent than is necessary to accommodate his or her particular needs.</td>
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<tr>
<td><strong>Legal Class Action</strong></td>
<td>Involves actual litigation of a case in court on behalf of a group or class of people even though test cases are presented in individual terms.</td>
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<tr>
<td><strong>Licensing</strong></td>
<td>Rules and regulations which must be met to qualify as a legal operation of a service.</td>
</tr>
<tr>
<td><strong>Mainstreaming</strong></td>
<td>Allowing and enabling handicapped people to live in the mainstream of society to the greatest extent possible.</td>
</tr>
<tr>
<td><strong>Medicaid</strong> (Also refer to Title XIX and Medical Assistance)</td>
<td>A program of federal grants to states to operate a medical assistance program for all federally aided public assistance recipients, (the aged, blind, disabled, and families with dependent children); for comparable groups of medically needy people who have enough income or resources for daily living but not for medical expenses, and who, except for income would meet their state's eligibility requirements for public assistance; and for all children under 21 whose parents cannot afford to pay their medical</td>
</tr>
</tbody>
</table>
bills. Also pays for some children and most adults in intermediate care facilities, specifically, for people who are mentally retarded, i.e. ICF/MR. Also, referred to as medical assistance and Title XIX.

<table>
<thead>
<tr>
<th>Medicare</th>
<th>A program of health insurance for persons 65 or older. Also for any recipient of Social Security who has received funding for 24 months.</th>
</tr>
</thead>
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<tr>
<td>Medical Assistance</td>
<td>Funding program that can cover the cost of residential placements for all ages. Medical Assistance (MA) can also cover medical expenses. There are certain eligibility requirements for parents. For more information call Hennepin County Welfare Department at 348-5866.</td>
</tr>
<tr>
<td>(also refer to</td>
<td></td>
</tr>
<tr>
<td>Medicaid and Title XIX)</td>
<td></td>
</tr>
<tr>
<td>Mental Retardation</td>
<td>Significant sub-average general intellectual functioning which originated during the developmental period and is associated with impairment in adaptive behavior (American Association on Mental Deficiency).</td>
</tr>
<tr>
<td>Mobile Non-</td>
<td>Capable of movement but not able to walk.</td>
</tr>
<tr>
<td>Ambulatory</td>
<td></td>
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<tr>
<td>Multiple Handicap</td>
<td>A condition where an individual is affected by more than one diagnosed disability, such as deaf-blind conditions, cerebral palsy—Mentally retarded, etc.</td>
</tr>
<tr>
<td>Myelomeningocele</td>
<td>Refer to Sina Bifida.</td>
</tr>
<tr>
<td>Non-Ambulatory</td>
<td>Not able to walk.</td>
</tr>
<tr>
<td>Non-Direct Service</td>
<td>Service that does not necessarily deal with a client on a face to face or direct basis, i.e., planning, evaluation, etc.</td>
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Normalization Principle
Means making available to the developmentally disabled the patterns and conditions of everyday life which are as close as possible to the norms and patterns of the mainstream of society.

Occupational Therapy
Administration of a medically prescribed program of treatment in an attempt to improve the client's manual skills, dexterity of hands and fingers, and strengthen visual motor skills.

Ombudsman
Person who conducts an impartial investigation and assumes the advocate role only if the results of the investigation warrant it. On the other hand, the ombudsman may decide to side with the individual or agency against whom the complaint was made.

On-the-Job-Training
A special program of training to prepare a client for placement in a long-term sheltered workshop or competitive employment; the primary emphasis is training in specific kinds of work with some attention to work habits.

Out-Patient
A patient who comes to a hospital or clinic for treatment but does not reside there.

Parent Counselor
A professionally trained person assisting parents in the solution of problems or in planning future activities of their disabled child.

Peer Support Group
A group composed of people of a similar age and disability in which mutual support and understanding is given.
<table>
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<th>Term</th>
<th>Description</th>
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</thead>
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<tr>
<td>Personal Adjustment Evaluation</td>
<td>A systematic procedure for the assessment of the non-vocational aspects of an individual's adjustment. The evaluation may cover any or all of the following areas: 1. Independent living skills 2. Money management 3. Utilization of leisure time 4. Interpersonal relationships</td>
</tr>
<tr>
<td>Petit Mal Seizure</td>
<td>A simple staring spell often mistaken for day dreaming that usually lasts less than a minute, often only several seconds. It may occur repeatedly in one hour.</td>
</tr>
<tr>
<td>Physical Therapy</td>
<td>Administration of a medically prescribed program to clients whose condition is not yet stable in an attempt to improve physical capacity and independence.</td>
</tr>
<tr>
<td>Protective Services</td>
<td>Social, legal and other appropriate services which assist individuals who are unable to manage their own affairs or to protect themselves from neglect, exploitation, and hazardous situations.</td>
</tr>
<tr>
<td>Recreational Services</td>
<td>Provision of recreational/leisure time activities to help meet individual needs for self-expression, social interaction, entertainment, and to develop enjoyable and constructive use of leisure time.</td>
</tr>
<tr>
<td>Residential Facility</td>
<td>A facility or residential program which provides housing and appropriate supervision for individuals requiring developmental or behavioral assistance on a 24-hour basis outside the individual's home.</td>
</tr>
<tr>
<td><strong>Residential Services</strong></td>
<td>Provision of lodging, meals and supervision for disabled persons who require placement outside of the home.</td>
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<tr>
<td><strong>Resource Room</strong></td>
<td>A classroom containing materials, equipment and a qualified teacher who instructs handicapped children on a scheduled basis.</td>
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<td><strong>Scheduled Intervention</strong></td>
<td>Services which are provided directly to a client on an appointment basis.</td>
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<td><strong>Service Delivery System Coordination</strong></td>
<td>Responsibility within a given community for the provision of the full range of services. This is a planning and resource-mobilizing function rather than a direct service to clients. It is concerned with the structure and the availability of services rather than with the solution of personal problems.</td>
</tr>
<tr>
<td><strong>Service Provider</strong></td>
<td>Those individuals, at various professional levels, who provide services directly to clients.</td>
</tr>
<tr>
<td><strong>Sheltered Employment</strong></td>
<td>A structured service providing partial self-support through the employment of the retarded worker under conditions which allow for a low production rate, need for special work supervision, inability to handle a full range of job duties, or need for special job engineering and adaptive equipment.</td>
</tr>
<tr>
<td><strong>Sheltered Workshop</strong></td>
<td>A facility that provides individuals who are not able to work in competitive employment with an opportunity to work in a controlled environment at their level of functioning.</td>
</tr>
<tr>
<td><strong>Short Term Care</strong></td>
<td>Nursing care or treatment care that is administered on a short term basis.</td>
</tr>
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Sibling

A brother or sister within the same family.

Skill Training

A training program which prepares an individual for a specific occupation by imparting skills, knowledge and work patterns, developing a predetermined level of technical proficiency, and developing acceptable work behavior.

Special Education

Educational services for the child that has special physical, mental, or social needs. Minnesota provides special education programs for handicapped students from age 4 - 21.

Special Living Arrangements

Living arrangements for persons who need some degree of supervision.

Speech Therapy

Diagnosis, evaluation and treatment of speech problems resulting from birth defects, injuries, illness or environmental factors.

Spina Bifida

Spinal cord abnormality which is present from birth. The level of physical dysfunction depends on the severity of spinal cord damage.

Supplemental Security Income (SSI)

Federal financial assistance to aged and disabled persons paid through Social Security administration.

Supportive Services

The program and/or services which are needed to provide assistance to disabled persons. The total supportive services offered could include residential services, education, transportation, supervision, recreation, etc.

Title 19

Is the Federal funding mechanism for medical assistance (refer to medical assistance). Title 19 is administered by
the local Welfare Departments and is intended for those persons under 21 and over 65 years of age.

### Tracking
To follow the course or progress of a person receiving services.

### Trainable Mentally Retarded (TMR)
A term in education legislation which characterizes persons below the educable level needing special education classes.

### Treatment Services
Intervention which halts, controls, or reverses those processes which cause, aggravate, or complicate disability, i.e., counseling, speech therapy, etc.

### Trust
Involves the administration of some property and/or concerns itself with the welfare of a person, but not to the extent of a guardian.

### Unscheduled Crisis Intervention
Services which are immediate and of a short duration, provided directly to a client without an appointment.

### Vocational Evaluation
Assessment of worker characteristics, through the use of unreal or simulated work tasks. The purpose is to assess occupational strengths and weaknesses and potential for vocational development. This evaluation requires the use of a rehabilitation facility or similar controlled experimental setting.

### Vocational Guidance
Provision of diagnosis, guidance, training, physical restoration and placement to disabled persons for the purpose of preparing and involving them in employment that helps them to live with greater independence.
<table>
<thead>
<tr>
<th>Vocational Rehabilitation Services</th>
<th>Systematized preparation of disabled persons to obtain meaningful occupations through evaluation, basic employability training, and development of job skills.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Work Activity Center</td>
<td>A program for people whose productivity is lower and thus can't meet the productivity levels necessary for sheltered employment. A work activity program includes limited production with below minimum wages and creative, social, physical and learning activities components.</td>
</tr>
<tr>
<td>Work Adjustment</td>
<td>Learning activities typically involving real or simulated work tasks and situations. It is intended to assist a person to develop basic skills, attitudes, motivation, and work habits of the kind needed in competitive employment, sheltered employment, or work activity.</td>
</tr>
</tbody>
</table>
| Work Evaluation                   | A systematic and organized program utilizing remunerative work for the purpose of determining the following general employability factors:  
1. Social development  
2. Grooming and hygiene  
3. Work personality  
4. Work habits  
5. Physical tolerance  
6. Performance rate |
<p>| Work Program                      | A plan stating goals and objectives for achieving specific outcomes through specific activities within a certain time frame in order to solve identified problems. |</p>
<table>
<thead>
<tr>
<th>Acronym</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>AAMD</td>
<td>American Association on Mental Deficiency</td>
</tr>
<tr>
<td>AD</td>
<td>Aid to the Disabled (Welfare)</td>
</tr>
<tr>
<td>AFDC</td>
<td>Aid to Families with Dependent Children (Welfare)</td>
</tr>
<tr>
<td>AFDC-FC</td>
<td>Aid to Families with Dependent Children - Foster Care (Welfare)</td>
</tr>
<tr>
<td>ARC</td>
<td>Association for Retarded Citizens</td>
</tr>
<tr>
<td>ARRM</td>
<td>Association of Residences for Retarded in Minnesota</td>
</tr>
<tr>
<td>CD</td>
<td>Chemically Dependent</td>
</tr>
<tr>
<td>CIP</td>
<td>Community Involvement Program (Apartment Training and DAC)</td>
</tr>
<tr>
<td>DAC</td>
<td>Developmental Achievement Center</td>
</tr>
<tr>
<td>DD</td>
<td>Developmental Disabilities (MR, CP, or Epileptic)</td>
</tr>
<tr>
<td>DPW</td>
<td>Department of Public Welfare (State)</td>
</tr>
<tr>
<td>DVR</td>
<td>Department of Vocational Rehabilitation (State)</td>
</tr>
<tr>
<td>EMR</td>
<td>Educable Mentally Retarded</td>
</tr>
<tr>
<td>EPSDT</td>
<td>Early &amp; Periodic Screening, Diagnosis and Testing</td>
</tr>
<tr>
<td>FSH</td>
<td>Fairbault State Hospital</td>
</tr>
<tr>
<td>GA</td>
<td>General Financial Assistance</td>
</tr>
<tr>
<td>HCMC</td>
<td>(Henn. C.M.C.) Hennepin County Medical Center (Hennepin County General Hospital)</td>
</tr>
</tbody>
</table>
HCWD  Hennepin County Welfare Department
ICF-MR Intermediate Care Facility for the MENTALLY RETARDED (Residence)
IEPP Individualized Education Program Plan
INFANT Infant Stimulation
Stim (IS) Individualized Program Plan
IPP
LD Learning Disabled
MA Medical Assistance
MACLD Minnesota Association for Children with Learning Disabilities
MARC Minneapolis Association for Retarded Citizens
MARF Minnesota Association of Rehabilitation Facilities
MASE Minnesota Administrators of Special Education
MCH Minnesota Committee for the Handicapped
MDH Minnesota Department of Health
MDPS Minnesota Development Program Scale
MHB Metropolitan Health Board
MinnARC Minnesota Association of Retarded Citizens
MinnDACA Minnesota Day Activity Center Association
MMPI Minnesota Multiphasic Personality Inventory
MR Mentally Retarded
MRA  MINNESOTA REHABILITATION ASSOCIATION
MRC  MULTI-RESOURCE CENTER OR MINNEAPOLIS REHABILITATION CENTER
MR Units  MENTAL RETARDATION UNITS WITHIN HENNEPIN COUNTY WELFARE DEPARTMENT
MSA  MINNESOTA SUPPLEMENTAL ASSISTANCE
MTCCD  METROPOLITAN TRANSIT COMMISSION COMMITTEE ON THE DISABLED
NOMAR  NORTH MINNEAPOLIS ASSOCIATION FOR THE RETARDED
NSAC  NATIONAL SOCIETY FOR AUTISTIC CHILDREN
OpShop  OPPORTUNITY WORKSHOP
OT  OCCUPATIONAL THERAPIST
OTC  OCCUPATIONAL TRAINING CENTER
PL  PUBLIC LAW
PL 94-142  PUBLIC LAW 94-142 - FEDERAL LAW REQUIRING APPROPRIATE EDUCATION FOR ALL HANDICAPPED CHILDREN
PT  PHYSICAL THERAPIST
Rule 31  STATE FUNDING RULE FOR DAC's
Rule 34  STATE LICENSING RULE FOR RESIDENCES HOUSING FIVE OR MORE PEOPLE WHO ARE MENTALLY RETARDED
Rule 38  PROPOSED LICENSING RULE FOR DAC's
Rule 49  RATE SETTING RULE FOR NURSING HOMES
Rule 52  RATE SETTING RULE FOR ICF-MR's
Section 503/4  SECTIONS OF 1973 VOCATIONAL REHABILITATION ACT WHICH REQUIRES NON-DISCRIMINATION AND AFFIRMATIVE ACTION FOR PEOPLE WITH DISABILITIES
SERC  SPECIAL EDUCATION REGIONAL CONSULTANT
SERCC  Special Education Referral & Coordination Committee (Mpls. Public Schools)
SLBP  Special Learning and Behavior Problems
SLF  Supervised Living Facility (Residence)
SPARC  St. Paul Association for Retarded Citizens
SPEAC  Special Education Advisory Council
SRC  School Rehabilitation Center
SSD  Social Security for the Disabled
SSI  Supplemental Security Income
TCCAC  Twin City Chapter for Autistic Children
TCOIC  Twin Cities Opportunities Industrialization Center
TSCAC  Twin Cities Society for Autistic Children
TITLE 19  Federal Program that provides funds for medical assistance
TITLE 20  Federal Social Service Funding Program
TMR  Trainable Mentally Retarded
UHF  United Handicapped Federation
VAC  Vocational Adjustment Coordinator
WAC  Work Activity Center
WAIS  Wechsler Adult Intelligence Scale
WISC-R  Wechsler Intelligence Scale for Children - Revised
WP & PSI  Wechsler Preschool & Primary Scale of Intelligence
YARC  Youth Association for Retarded Citizens
287  A supra school district providing special services to 13 suburban school districts
ADVOCACY

UNITED HANDICAPPED FEDERATION (U.H.F.)
1475 West County Road B
St. Paul, MN 55113

Phone: 631-3533
       631-3534

Eligibility: Individual memberships not available. You must belong to a UHF group.

Hours: 9:00 a.m. - 5:00 p.m. M - F

Fees: Dues are assessed to member groups at the rate of $1.00 per member in the group, maximum of $75.00 per group.

Services: UHF is a social action organization made up of groups of handicapped people from all over the twin cities. They do not provide direct services to individuals, but work on issues which are of common concern to the physically and mentally handicapped people in the Twin Cities Area.
MINNEAPOLIS ASSOCIATION OF RETARDED CITIZENS (MARC)
2344 Nicollet Ave. So.
Minneapolis, MN 55404

Phone: 874-6650

Contact: Director of Advocacy

Eligibility: Anyone

Hours: 9:00 a.m. - 5:00 p.m. M - F

Fees: None

Services: Individual and class advocacy, also Project Cadre which is an advocacy project for MR criminal offenders.

ADVOCATING CHANGE TOGETHER, INC. (A.C.T.)
1509 Nicollet Ave.
Minneapolis, MN 55403

Phone: 874-1133

Eligibility: Mentally retarded, labeled mentally retarded, sheltered employees, former sheltered employees, and their families.

Hours: 9:00 a.m. - 4:00 p.m. M - F

Services: Individual Advocacy such as help with education, residential placement, day activity centers, sheltered workshops, financial assistance and discrimination.

Self-Advocacy is learned, by the program providing organizational and educational support to the consumer. People are taught to effectively assert their human rights on their own behalf.
P. A. C. E. R. CENTER
(PARENT ADVOCACY COALITION FOR EDUCATIONAL RIGHTS)
4701 Chicago Avenue
Minneapolis, MN 55407

Phone: 827-2966

Eligibility: Parent of any handicapped child pre-school through school age.

Hours: 8:30 a.m. - 4:30 p.m. M - F

Fees: None

Services: PACER CENTER is a coalition of organizations concerned with the education of students with physical, mental, emotional and learning handicaps. It is designed to inform parents of their rights and responsibilities under state and federal special education laws.

1200 ON THE AVENUE
1200 Excelsior Avenue
Hopkins, MN 55343

Phone: 935-1201

Contact: Outreach Worker

Eligibility: Resident of Hennepin County

Hours: 9:00 a.m. - 5:00 p.m. M - F

Fees: None

Services: 1200 will find relevant services and make them available to people. They refer people to appropriate resources or guide them through advocacy cases. They do consultation with professionals regarding individual and family problems; some cases they have handled have dealt with the schools, courts, chemical dependency, employment and housing.
COUNSELING

1200 ON THE AVENUE
1200 Excelsior Avenue
Hopkins, MN 55343

Phone: 935-1201

Contact: Outreach Worker

Eligibility: Resident of Hennepin County

Hours: 9:00 a.m. - 5:00 p.m. M - F

Fees: None

Services: 1200 provides family and individual counseling. They offer support groups for mothers, families, young adults and parents. They are available for crisis counseling. They will do in home consultation if transportation is not available.

MINNEAPOLIS ASSOCIATION OF RETARDED CITIZENS (MARC)
2344 Nicollet Ave. So.
Minneapolis, MN 55404

Phone: 874-6650

Contact: Director of Counseling

Eligibility: Anyone

Hours: 8:30 a.m. - 4:30 p.m. or by appointment

Fees: None

Services: MARC offers individual, family and group counseling. MARC sponsors 1200 on the AVENUE and they often cofacilitate sessions with 1200 on the AVENUE.
FAMILY AND CHILDREN'S SERVICE
414 South 8th Street
Minneapolis, MN  55404

Phone:  340-7444

Contact:  Ursula Holden

Eligibility:  None

Hours:  8:15 a.m. - 8:00 p.m.  M - F

Fees:  Sliding fee scale

Services:  This service provides various kinds of counseling including family relationships, group, sex, financial and others. Also provided is a homemaker service and foster home care when special problems threaten to disrupt the family situation.

JEWISH FAMILY AND CHILDREN'S SERVICE
811 LaSalle Avenue
Minneapolis, MN  55402

Phone:  338-8771

Eligibility:  Non-Sectarian

Hours:  8:30 a.m. - 5:30 p.m.  M - F
        8:30 a.m. - 9:00 p.m.  Thursday

Fees:  Based on ability to pay

Services:  A full range of individual and family counseling services are provided including educational and vocational counseling, job placement, foster family care and rehabilitation services.
HEALTH COUNSELING SERVICES
4829 Minnetonka Blvd.
St. Louis Park, MN 55416

Phone: 926-7998

Eligibility: Open

Hours: Open

Fees: $30.00 per hour individual psycho-therapy, $15.00 per hour for group, $10-$15.00 per hour for consultation.

Services: Private practice staffed by master degreed nurse, psycho-therapists.

Description of Services: Consultation to MR organizations and group homes includes education and inservices, health related consultation on regular basis. Psychotherapy for individuals, families, couples and groups.

Family Services:
  Group Therapy
  Education
  Family Therapy
  Individual Therapy

WEST HENNEPIN COMMUNITY HEALTH CENTER
14500 Minnetonka Blvd.
Minnetonka, MN 55343

Phone: 935-8411

Eligibility: Resident of Hennepin County

Hours: By appointment 8:00 a.m. - 6:00 p.m.
M - F. Crisis Intervention (Walk-In) 8:00 a.m. - 6:00 p.m. M - F
Fees: Sliding fee scale; deferred payments; medicare and medicaid.


DENTAL

FAMILY DENTAL REFERRAL
7250 France Ave. So.
Minneapolis, MN 55429

Phone: 831-1701

Eligibility: None

Hours: 8:00 a.m. - 5:00 p.m. M - F

Fees: None

Services: Refer people to dentists that fit the clients needs.
DR. RUSSELL FRYS
7250 France Ave. So.
Edina Professional Bldg.
Suite 302
Edina, MN 55435

Phone: 831-1111

Hours: 8:00 a.m. - 5:00 p.m. M - F

Fees: For service rendered - do accept medical assistance.

DR. RICHARD KRUGER AND DR. M. JAMES SCHELLER
252 Tyrol W.
Gamble Center
Minneapolis, MN 55416

Phone: 544-4129

Hours: 7:30 a.m. - 4:30 p.m. M - F. 8:00 - Noon Saturdays

Fees: For service rendered - Do accept medical assistance.

DR. DAVID W. ANGELL & DR. JACK ANDERSON & DR. MARK SIMMONS
250 No. Central
Wayzata, MN 55391

Phone: 473-4900

Hours: 8 a.m. - 5:00 p.m.

Fees: For service rendered - do accept medical assistance.
DR. RONALD EDWARDS
17821 Hwy. 7
Mtka., MN  55331

Phone: 474-1115

Hours: 8:30 a.m. - 4:30 p.m. Mondays and Tues.
1:00 p.m. - 4:30 p.m. Wednesdays and 8:30 a.m. -
12:00 Noon - Fridays.

And

425 - 2nd St.
Excelsior, MN  55331

Phone: 474-6133

Hours: 8:30 a.m. - 12:00 Noon Wednesdays.
8:30 a.m. - 4:30 Thursdays.

Emergency Number: 743-8961

Fees: For service rendered; do not carry
accounts for more than 5 months; do accept
medical assistance.

NORTH CHILDREN'S DENTAL SERVICE
3630 Lee Ave. No.
Robbinsdale, MN  55422

Phone: 522-1027

Eligibility: Financial eligibility - according
to income and number of family members.

Hours: 8:00 a.m. - 4:00 p.m. Mondays - Thursdays,
8:00 a.m. - 12:00 Noon Fridays.

Fees: For each service rendered

Services: Dental services for children 3 years
in age to 12th grade in school. (Children must
be in school)
NORTH METRO DAC
1701 Oak Park Ave. No.
Minneapolis, MN  55411

Phone:  374-2862

Contact:  Jo Ann Borgfelt S.W.

Eligibility:  North of Hwy. 12 to Hennepin County Boundaries, although exceptions are made if transportation is available.

Hours:  6 hour day program 9:30 a.m. - 3:30 p.m. year around.


2. Preschool Program - 18 months thru August of 4th birthday
3. Adults DAC - 21 + or upon successful schooling completion.

Note: They will be moving to Golden Valley in the Fall of 1980.

COMMUNITY INVOLVEMENT PROGRAM  DAC
1926 Nicollet Ave. So.
Mpls., MN  55403

Phone: 871-8644

Contact: Mark Anick or Raeone Buckman - Ellis

Eligibility: 18 + diagnosed as mentally retarded. Most clients live in Minneapolis although they do accept clients from the suburbs if transportation is available.

Hours: 9:00 a.m. - 3:00 p.m. M - F

Services: Services are on an individual basis to meet the needs of the clients and include:
- Pre-Vocational
- Functional Academics
- Independent Living
- Language
- Art
- Physical Education
- Community Orientation
STEPPING STONES NURSERY SCHOOL
Lutheran Church of The Reformation
2544 Highway 100 South
Minneapolis, MN 55416

Phone: 929-0439

Contact: Kitty Hartnett

Eligibility: Designed for children who are physically handicapped, evidence developmental lags, special disorders, or behavior problems. Students must have the ability to function on level with peers in some area - social, language, intellect, or small or gross motor activity.

Hours: 9:15 a.m. - 11:45 a.m. Monday - Thursday

Fees: $75.00 - $100.00 per month on contract with parent or school district for child with handicap. $45.00 per month for able-bodied child.
Services: Provides pre-school special education services in a mainstreamed classroom. Emphasis lies in working on strengths and abilities to function with peers while programming for individual deficiencies. Services include a parent support program, library and counseling. No transportation provided. Maximum of 1/3 of enrollment of students with some handicap.

ST. DAVID'S SCHOOL
13000 St. David Rd.
Minnetonka, MN 55343

Phone: 935-3336

Contact: Eric Stevens

Eligibility: Proof that school is needed.

Hours: 9:30 a.m. - 2:30 p.m. M - F.

Service: Pre-school training for handicapped children ages birth to 7 years old. Recreational services such as swimming and field trips. Parent involvement/meeting times: Parent meetings first Thursday each month. Single parents support group twice monthly. Parenting courses given throughout the year. Transportation provided.

Staff includes: Special education certified teachers - ratio 1 to 2.7; Speech Therapist and O.T. Services; Services of Psychologist.

Clientele Served: 27 children age birth to 7 years in West Hennepin County.
SHORELINE EARLY INTERVENTION DEVELOPMENTAL
ACHIEVEMENT CENTER
3745 Shoreline Drive
Wayzata, MN  55391

Phone:  471-8541

Contact:  Soni Gravenstein

Eligibility:  Birth through 4 years of age.

Fees:  Funded under Title XX.  For those eligibile there is no cost, for those not eligibile $6.50 per visit.

Services:  Individualized program for developmentally delayed, neuorologically impaired, mentally retarded or physically handicapped.  Infants from birth to 4 years of age and their parents or guardians.  The philosophy of this program is that the parents or guardians are prime educators with instruction, assistance and reassurance.  Services are provided on an in-center as well as home-bound basis; either individually or if appropriate with a group.  Neurologically impaired, developmentally.  Delayed, physically handicapped, mentally retarded.

Staff Includes:  Physical Therapist, Occupational Therapist, Speech Therapist, Specialty Education Teachers, Social Worker, Nurse.
The following is a listing of Directors of Special Education Departments of West Hennepin Area School Districts. District 287 is the agency contracted to provide education to Trainable Mentally Retarded Students.

EDEN PRAIRIE
Gene Betterman - Director of Special Services
8025 School Road
Eden Prairie, MN 55344
941-6320

EDINA
Dr. Marcia Carthaus - Director of Special Education
5555 West 70th Street
Edina, MN 55435
944-3613

HOPKINS
Loren Benson - Director of Special Services
Karen Filla - Supervisor of Special Education
1001 State Highway 7
Hopkins, MN 55343
933-9274
MINNETONKA
Milan Nelson - Director of Special Services
Bev Montgomery - Coordinator of EMR
261 School Avenue
Excelsior, MN 55331
474-5401

MOUND
Larry Litman - Director of Special Services
Westonka Schools
5600 Lynwood Blvd.
Mound, MN 55364
472-1996

ORONO #278
Tom Miller - Director of Special Services
685 Old Crystal Bay Road
Long Lake, MN 55356
479-1917

St. Louis Park #283
Keith Dawson - Director of Special Services
6425 West 33rd Street
St. Louis Park, MN 55426
925-4300

WAYZATA #284
Barb Drolet - Director of Special Education
Leslie Laub - Special Education Supervisor
210 D Street
State Hwy. 101 North
Wayzata, MN 55391
473-4621

DISTRICT #287
Robert Manning - Director of Special Education
JISD #287 District Office
1820 Xenium Lane North
Minneapolis, MN 55441
559-3535
Gwen Martinson - Supervisor of Elementary MR Program  
Katherine Curran School  
1600 Excelsior Avenue  
Hopkins, MN 55343  
935-7158 Ext. 221

Vince Swaldi - Supervisor of Secondary MR North  
Cavanagh School  
5400 Corvallis Avenue North  
Minneapolis, MN 55429  
535-2015

Paul Mitchell - Supervisor of Secondary MR South  
Portland School  
7201 Fourth Avenue South  
Richfield, MN 55423  
866-3351

Joe Kennedy - Staff Specialist in Hearing and Vision Progra  
Katherine Curran School  
1600 Excelsior Avenue  
Hopkins, MN 55343  
935-7158 Ext. 253

Hennepin Technical Centers (HTC)

North Campus  
9000 North 77th Ave.  
Brooklyn Park, MN 55445  

South Campus  
9200 Flying Cloud Drive  
Eden Prairie, MN 55344  

Phone: North 425-3800  
South 944-2222

Contact: Support Service Manager - Special Needs

Eligibility: Minnesota residents or out of state. Must be 16 years of age and out of school  
1 year or a high school graduate except for  
high school cooperative vocational center programs. High school cooperative programs  
are offered by most school districts of Suburban  
Hennepin County. Cost is $128 per quarter.
Services: High School Cooperative Vocational Programs.

21 programs are offered. These are offered to students enrolled in high school. A support manager provides liaison between H.T.C. staff and the home high school to determine Individual Educational Plans (I.E.P.)

Post Secondary Vocational Programs.
These are offered in 60 plus areas. Special need students may apply for enrollment in the one they are interested in. Support services such as: Interpreters, Technical Tutors, English as a second language, and instruction in reading, communications and mathmatic are available. A Pre-Vocational offering in areas of reading, math, communications and english as a second language is available on a tuition basis.

Job placement assistance is available to those that need it.

Financial Aids are available — for more information call the financial aids office.

PROJECT 70,001
1600 Excelsior Ave. W. 3915 Adair Ave. North
Hopkins, MN 55343 Crystal, MN 55422

Phone: 935-4814 South 536-0777 North

Eligibility:
1. High school dropout between ages 16 - 22.
2. Unemployed or underemployed.
3. Resident of suburban Henn County.

Hours: 8:00 a.m. M - F and 5:00 p.m. T - Thurs.

Fees: None
Services: The goal is to provide the student with a meaningful work experience to enable him to develop and maintain a career.
1. Provide academic training - assist in obtaining GED on high school diploma.
2. Provide pre-employment training.
3. Assist in obtaining full time employment.
4. Coordinate the work experience.
5. Provide counseling as necessary.
6. Provide skills training.
7. SEVCA - Student organization to develop leadership.

EMERGENCY

AMERICAN RED CROSS
MINNEAPOLIS AREA CHAPTER
11 Dell Place at Groveland Ave.
Minneapolis, MN  55403

Phone:  871-7676

Hours:  8:00 a.m. - 4:30 p.m.  M - F
Services: Emergency help for natural disasters and family fires.
Water safety classes for mentally retarded (Ask for Gwen Nelson.)
First aid program for mentally retarded.
Classes in health and home nursing.
Free blood pressure screening.

INTER-CHURCH COMMUNITY ASSOCIATION I.C.A.
13207 Lake St. Extension
Minnetonka, MN  55343

Phone: 938-0729

Contact: Florence Bogle, Director, organization volunteer

Eligibility: Demonstrated Need

Hours: 10:00 a.m. - 3:00 p.m. M - F

Fee: None

Services: Emergency food
Used clothing (By referral)
Volunteer transportation for seniors, or handicapped
Holiday food baskets
Information and referral

ST. LOUIS PARK EMERGENCY PROGRAM S.T.E.P.
Vernon Ave. So. and 41 Street
St. Louis Park, MN  55416

Phone: 925-4899

Contact: Sue Nelson, Director, or phone volunteer
Eligibility: Resident of St. Louis Park

Hours: 9:00 a.m. - 4:00 p.m. M - F

Fees: None

Services: Food shelf
          Clothing
          Transportation
          Special friend
          Information and referral

WESTONKA CHRISTIAN SERVICES
4878 Edgewater Dr.
Mound, MN  55364

Phone: 472-5005

Eligibility: None - except for those wanting transportation (they must be handicapped or have a doctor appointment they cannot get to)
Anything serious.

Hours: 24 hours

Fees: None

Services: Assurance calls
          Emergency Food (by referral)
          Clothing
          Congregate Dining
          Day care facilities
          Preschool and day school care
          Household items and furniture (by referral)
          Meals on wheels
          Transportation (Encourage donation) or Referral to another agency.
MINNESOTA DIVERSIFIED INDUSTRIES (M.D.I.)
666 Pelham Boulevard
St. Paul, MN 55114

Phone: 646-2711

Contact: Jonathan Kigner

Eligibility: Minnesota residents, 16 - 60, who are handicapped, mentally retarded, or developmentally disabled (any physical, social, emotional, or environmental condition which impedes or impairs functioning.) They are required to use public or personal transportation to and from the facility and to be sufficiently mobile to negotiate a two-story, barrier-free building.

Hours: 7:30 a.m. - 4:30 p.m. M - F

Fees: Pre-take - no charge
Feasibility Evaluation - $110 per week
Work Adjustment Training - $80 per week
Skill Training - $125 per week
Services: MDI is a private non-profit organization designed to employ persons who are handicapped. Services include:
Pre-Intake
Feasibility Evaluation
Work Adjustment Training
Skill Training
Long Term Sheltered Employment
Work Activity Employment

MINNESOTA DIVISION OF VOCATIONAL REHABILITATION (DVR)
Minneapolis Southwest Field Office
3101 West 69th Street
Minneapolis, MN 55435

Phone: 926-6537
      341-7150 TTY

Contact: Aileen Blomquist

Eligibility: Persons must be of working age and have a physical, mental or emotional condition of a severe nature which could cause current or potential difficulty in getting or keeping employment.

Hours: 8:00 a.m. - 4:30 p.m. M - F

Fees: Individuals are expected to participate financially in payment of medical treatments and long-term college and vocational school training if financially able. All other services provided without cost.

Services: Counseling and guidance
          Medical evaluation and training
          Job placement assistance
          Follow-up
HIRED
(HELPING INDUSTRY RESOLVE EMPLOYMENT DISABILITIES)
3915 Adair Ave. No.
Crystal, MN  55422

Phone:  536-0777

Contact:  Julie Grigsby

Eligibility:  Verification of handicap status.  
Required time of residence and length of unemployment.

Hours:  8:00 a.m. - 4:30 p.m. M - F

Fees:  None

Services:  Organize training and placement resources.
Develop training plans.
Implement and moniter training.
Provide job development and job seeking and keeping skills.
Training for placement into permanent employment.

JEWISH VOCATIONAL SERVICE/JEWISH VOCATIONAL WORKSHOP
6715 Minnetonka Boulevard
Suite F
St. Louis Park, MN  55426

Phone:  927-6524

Contact:  Larry Greenbaum

Eligibility:  Non-Sectarian.  Programs are open to those whose ability to find and hold a job is limited by physical, mental or emotional handicaps.

Hours:  9:00 a.m. - 5:30 p.m. M - F

Fees:  Sliding fee schedule
Services: Job counseling and placement
Financial aid counseling
Career and educational planning
Work evaluation
Sheltered employment opportunities
and Vocational Rehabilitation for physically, mentally and emotional handicapped persons.

RISE, INC.
8406 Sunset Road Northeast
Spring Lake Park, MN 55432

Phone: 786-8334
Contact: Don Lavin

Eligibility: Diagnosed disability that presents a vocational handicap. Third party sponsorship also needed (i.e., DVR).

Hours: 8:00 a.m. - 4:30 p.m.

Fees: All fees for services are billed to sponsoring or referring agency. In other cases, grant monies cover service fees.

Services: Rise, Inc. provides various services including:
- Vocational evaluation
- Work activity
- Work adjustment training
- Sheltered employment
- Skill training (housekeeping, food, service, laundry, nurses assistants, and custodial service)
- Job placement
MRC-CETA  
8800 West Highway 7  
St. Louis Park, MN  55426

Phone:  935-5517

Contact: Intake Worker

Eligibility: Must reside in Western Hennepin County. Specific eligibility requirements may vary according to the CETA program considered.

Hours:  8:00 a.m. - 4:30 p.m.  M - F

Fees: None

Services: Job placement assistance  
Vocational counseling  
On-the-job training  
Classroom training  
Other job related services includes:  
Job planning  
Job interviewing skills  
Job keeping skills  
GED preparation  
Resume writing  
Support groups

MINNESOTA DEPARTMENT OF ECONOMIC SECURITY  
JOB SERVICE  
135 Shady Oak Road South  
Hopkins, MN  55343

Phone:  935-5521

Contact: Lynn Miller

Eligibility: Job ready

Hours:  7:00 a.m. - 5:00 p.m.  M - F
Fees: None

Services: Job placement
          Vocational Counseling
          Aptitude and clerical skill testing
          Bonding
          Civil Service job information

OPPORTUNITY WORKSHOP, INC.
5500 Opportunity Court
Minnetonka, MN 55343

AND

OPPORTUNITY WORKSHOP NORTH
7200 Boone Ave. No.
Brooklyn Park, MN 55428

Phone: 938-5511 Mtka.
       535-6774 North

Contact: Myron Nirenstein

Eligibility: 18 years of age or older,
vocationally handicapped, capable of socially
competent behavior, in need of the programs of
Opportunity Workshop, capable of benefiting from
the services of Opportunity Workshop.

Hours: 8:30 a.m. - 4:30 p.m. M - F

Fees: Fees are paid for from a variety of
funding sources.

Description of Services: Work Evaluation.
          Work Adjustment Training.
          Skill Training.
          Sheltered Workshop.
          Work Activity Center.
          Residential Services and Placement.
They serve about 400 people.
Waiting list for: Work Activity Center and Evaluation.

FINANCIAL ASSISTANCE

HENNEPIN COUNTY WELFARE DEPT.
Hennepin County Government Center
Mental Retardation Division, 14A
300 South 6th Street
Minneapolis, MN 55487

Phone: 348-5866

Contact: Ann Siegle

Eligibility: Must be a resident of Hennepin County.

Hours: 8:00 a.m. - 4:30 p.m. M - F

Services: Assistance with State Guardianship if there is a need.
Information and referral services.
A social diagnosis that can be used in planning for a handicapped person.
Respite care for children.
Medical Assistance.
AFDC Applications.
Counseling, follow-along, case management, counseling for residential placement, activity programs for adults, recreation services, sheltered employment, work activity, job placement.
SOCIAL SECURITY ADMINISTRATION
Room 216 First Western Bank Building
8800 West Hwy. 7
St. Louis Park, MN  55426

Phone: 378-1151

Contact: 30 service representatives

Fees: None

Services: Applications for Supplemental Security Income (SSI)
Social Security Administration Benefits and Medicare
General information on benefits

Also see Emergency Services.

HOMEBOUND SERVICES

HENNEPIN HOME SERVICE BUREAU, INC.
100 North 7th Street Suite 609
Minneapolis, MN  55403

Phone: 339-4154

Contact: Claudette Heywood
Eligibility: For no cost services, person must be on Hennepin County Welfare.

Hours: 8:00 a.m. - 4:30 p.m. -- Office Hours

Fees: Different fees for different services.

Services: Domestic work; cleaning, shopping, washing, ironing, cooking, yard work, child care, etc.

HENNEPIN COUNTY LIBRARY OUTREACH (HOMEBOUND SERVICE)
7001 York Avenue South
Edina, MN 55435

Phone: 830-4964

Eligibility: Any resident of suburban Hennepin County.

Hours: 8:00 a.m. - 5:00 p.m. M - F

Fees: None

Services: Books, magazines and some audio-visual items can be delivered by volunteers or sent through direct mail delivery, postage paid, to those who are confined to the home. Book deposit collections are also available to groups who have restricted access to library buildings. These group services are available by calling 830-4955.

HENNEPIN COUNTY BUREAU OF SOCIAL SERVICES
Hennepin County Government Center
300 South 6th Street
Minneapolis, MN 55487

Phone: 925-4114

Contact: Gloria Woods

Eligibility: Hennepin County Resident. Standards for medical and financial help.
SUBURBAN PUBLIC HEALTH NURSING SERVICE (SPHNS)
West 201
8700 West 36th Street
St. Louis Park, MN 55426

Phone: 933-2445

Contact: Margaret Thon

Eligibility: Must be a resident of Hennepin County, excluding Minneapolis, Bloomington, Edina and Richfield.

Hours: 8:00 a.m. - 4:30 p.m. M - F

Fees: Where there is no source of third party payment, charges for home care services are made in accordance with ability to pay. There is no charge for teaching and counseling visits.

Services: SPHNS makes home calls to provide care to ill and disabled persons. These services include: Health teaching and counseling for adults on an individual and family basis. Homebound physical, occupational and speech therapy. Nutrition guidance. Counseling and guidance to expectant parents and to parents with infants and young children.
Help in finding other community resources
(Transportation, social services, etc.)
Immunization clinics and child health clinics.
Daycare consultant.
Senior health screening.

DINNER AT YOUR DOOR

SOUTHSIDE DINNER AT YOUR DOOR
6321 Dogwood Ave.
Excelsior, MN
Margaret McKay
934-4100
Area: Deephaven, Excelsior, Spring Lake, Minnetonka

HOPKINS DINNER AT YOUR DOOR
106 - 6th Ave. No.
Hopkins, MN
Annette Fralick
938-5737
Area: Hopkins

JEWSH COMMUNITY
6715 Mtka. Blvd.
St. Louis Park, MN
927-6524
Area: St. Louis Park, Downtown

DINNER AT YOUR DOOR
Methodist Hospital
6500 Excelsior Blvd.
St. Louis Park, MN
Mary Erickson
932-5048
Area: St. Louis Park

MEALS ON WHEELS
810 Queensland Lane
Wayzata, MN
Ann Gehrman
473-5534
Area: Wayzata, Plymouth, Long Lake, Medina, Hamel

COMMUNITY HOT WHEELS
2560 Wexford Lane
Mound, MN 55364
Irene Jezorski 472-1550
Area: Mound, Westonka, St. Boniface, Maple Plain
INFORMATION AND REFERRAL

MINNESOTA STATE COUNCIL FOR THE HANDICAPPED
208 Metro Square Building
7th and Robert Streets
St. Paul, MN  55101

Phone:  296-6785

Eligibility:  None

Hours:  8:00 a.m.  -  4:30 p.m.  M - F

Fees:  None

Services:  The State Council provides information on services, programs and legislation of interest to people with physical, mental or emotional disabilities.  They can also refer disabled people with problems to agencies or organizations that may be able to help them.

FIRST CALL FOR HELP
404 South 8th Street 1st Floor
Minneapolis, MN  55417

Phone:  340-7431

Contact:  Marjorie Carpenter

Eligibility:  None

Hours:  8:15 a.m.  -  4:30 p.m.  M - F

Fees:  None
Services: Provides information and referral to people with problems. Travelers aid and holiday clearing bureau (help with gifts.)

MINNESOTA EPILEPSY LEAGUE (MEL)
404 South Eighth Street
Minneapolis, MN 55404

Phone: 340-7630

Contact: Kathy Lumpkin

Eligibility: Anyone who has epilepsy or their family members, or anyone affected directly.

Hours: 8:30 a.m. - 4:30 p.m. M - F

Fees: A sliding fee scale based on clients ability to pay. No one will be refused service on the basis of inability to pay the scheduled fee.

Services: MEL is a member agency of United Way that provides services including:
Advocacy
Counseling
Employment Assistance
Speakers Bureau
Family Retreats
Assertiveness training
Babysitter training
Inservice training for agencies
Public Information
Self-Help Groups
Volunteer Programs
Outreach to Public school and community agencies
Recreational and Leisure Counseling

UNITED CEREBRAL PALSY OF GREATER MINNEAPOLIS, INC.
360 Hoover Street Northeast
Minneapolis, MN 55413

Phone: 331-5958
Contact: Program Manager

Eligibility: Depends on program. Pre-school DAC carries an age requirement of 1 to 4 and child must be multi-handicapped. The age requirement for other programs is 18 and older. If transportation is necessary, participants must live in Hennepin County inside I-494/I-694 Loop.

Hours: 8:00 a.m. - 4:30 p.m.

Fees: None

Services: Pre-school Developmental Achievement Center
Adult Developmental Achievement Center
Adult Recreation Program
Sheltered Workshop

WEST HENNEPIN SOCIAL SERVICES
213 Lenox Community Center
6715 Minnetonka Boulevard
St. Louis Park, MN  55426

Phone: 925-4114

Contact: Gloria Woods

Eligibility: West Hennepin resident

Hours: 8:00 a.m. - 4:30 p.m.  M - F

Fees: None

Services: Information regarding the programs and services that are available to the physically handicapped and referral to the same if desired. Applications taken for financial and medical programs of Hennepin County. Short term counseling and crisis intervention also provided.
1200 ON THE AVENUE
1200 Excelsior Avenue
Hopkins, MN 55343

Phone: 935-1201

Contact: Director or Outreach Worker

Eligibility: Hennepin County Resident

Hours: 9:00 a.m. - 5:00 p.m. M - F

Fees: None

Services: Information regarding programs and services that are available to mentally handicapped people in the West Hennepin Area and referral to the same if desired.

MINNEAPOLIS ASSOCIATION OF RETARDED CITIZENS (MARC)
2344 Nicollet Ave. So.
Minneapolis, MN 55404

Phone: 874-6650

Contact: Tell secretary information you need and she/he will refer you to the appropriate staff member.

Eligibility: Primarily Hennepin County

Hours: 8:30 a.m. - 4:30 p.m. M - F

Fees: None

Services: MARC is a United Way Agency that provides the following services:
  Counseling
  Advocacy
  Public Information
  Speakers Bureau
  Volunteer Programs
Partners in Friendship
Camping Programs
Christmas for People
Babysitting training
Inservice Training
MARC Toppers
Directory of Available Services in Hennepin County for the Mentally Handicapped.

LEGAL

ATTORNEYS REFERRAL SERVICE
Produce Bank Building
Minneapolis, MN  55403

Phone:  339-8777

Service: Referral for those seeking an attorney who are able to pay a partial fee to the attorney

Fee: None
LEGAL ADVICE CLINICS  
Produce Bank Building  
Minneapolis, MN  55403  

Phone:  339-9139  

Service: Legal advice for those who are unable to pay any fee  

Fee: None  

MINNESOTA DEPARTMENT OF HUMAN RIGHTS  
Bremer Building  
St. Paul, MN  

Phone:  296-5663  

Service: Help with any problems dealing with discrimination  

Fee: None  

LEGAL ADVOCACY FOR DEVELOPMENTALLY DISABLED PERSONS IN MINNESOTA  
222 Grain Exchange Building  
323 - 4th Avenue So.  
Minneapolis, MN  55415  

Phone:  338-0968  

Eligibility: The project is available to persons with developmental disabilities throughout the State of Minnesota.  

Hours:  8:15 a.m. - 4:30 p.m. M - F  

Fees: None  

Services: Direct legal advice and representation to developmentally disabled persons and their families including public and consumer education. Assistance is also provided for problems growing out of their disability.
SERVICES FOR CHILDREN WITH HANDICAPS
MINNESOTA DEPARTMENT OF HEALTH
2829 University Ave. SE
Minneapolis, MN 55414

Phone: 296-5372

Eligibility: Individuals under 21 years old with handicapping or potentially handicapping conditions or individuals over 21 with cystic fibrosis of hemophilia.

Hours: 8:00 a.m. - 4:30 p.m. M - F

Fees: Diagnostic Services - no charge
Treatment services - sliding fee scale

Services: Include all treatment services, follow-up, case management, counseling by professional staff, educational and consultative services.
GILLETTE CHILDREN'S HOSPITAL
200 University Avenue East
St. Paul, MN  55101

Phone:  291-2848

Contact:  Norman Allan

Eligibility:  Children newborn to 21 years of age.

Hours:  24 hours a day

Fee:  Sliding fee scale based on ability to pay

Services:  Complete care for handicapped children including:
          Orthopedic
          Neurological
          Plastic surgery
          Urology
          Medical surgical
          Rehabilitation
          Outpatient follow-up
          Orthotic and prosthetic lab
          Educational program
          Psychological evaluation
          Dental care
          Pediatric clinic
          Developmental disabilities, and
          epilepsy program
HENNEPIN COUNTY  
MENTAL RETARDATION DIVISION  
Hennepin County Community Services  
A-1400 Government Center  
Minneapolis, MN  55487  

Phone: 348-5866

Purpose: Planning, Coordination, Implementation of Programs for mentally retarded citizens.

Clientele Served: Mentally Retarded Citizens, Agencies, and providers.

Sponsor/Funding Source: Federal, State and Local Funding.

Developmental Disabilities Served: Cerebral Palsy, Mental Retardation.
WEST HENNEPIN HUMAN SERVICES PLANNING BOARD (WHHS)
4100 Vernon Ave. So.
St. Louis Park, MN 55416

Phone: 920-5533

Contact: Marcy Shapiro

Eligibility: Any organization, agency or group of interested persons in the West Hennepin Area.

Hours: 8:30 a.m. - 4:30 p.m. M - F

Fees: None

Service: Planning, technical assistance and community organization.

Description of Services: Services Include:
- Evaluation
- Coordination
- Planning, needs assessment
- Community Organization and fund raising
- Technical assistance to group homes, agencies or organizations.
- WHHS also offers information and referral services.

1200 ON THE AVENUE
1200 Excelsior Avenue
Hopkins, MN 55343

Phone: 935-1201

Contact: Director

Eligibility: Resident of Hennepin County
Hours: 9:00 a.m. - 5:00 p.m. M - F

Fees: None

Services: One of 1200 on the AVENUES primary goals is to coordinate existing services and help provide services where none are available in the West Hennepin Area. We are interested in talking to anyone who sees an unmet need for programming for mentally handicapped people in the West Hennepin Area. We also wish to help developers of residences for the mentally handicapped in this area.

RECREATIONAL/SOCIAL DEVELOPMENT

1200 ON THE AVENUE
Community Education Departments Hopkins, Minnetonka, St. Louis Park, Westonka, and Orono
Community Services of Eden Prairie
Wayzata Special Education

Phone: 935-1201

Contact: Director of 1200 on the AVENUE
Eligibility: Resident of the West Hennepin Area, must meet age and disability requirements.

Hours: Programs run at different hours and different days.

Fee: Fees are different for each program. Scholarships are available for all programs.

Services: Recreation/Social Development programs have been developed cooperatively between the agencies listed above. There are new offerings each quarter of the year. Offerings include clubs such as the Dukes and the Rainbow Club, recreational activities such as Saturday Adventures, and skill training such as cross country ski lessons. The activities are all offered within the community by the Community Education Departments. 1200 on the AVENUE coordinates the effort and handles registration.

MINNESOTA SPECIAL OLYMPICS
830 2nd St. NE
Minneapolis, MN 55413

Phone: 623-0100

Contact: Debbie Kushner

Hours: 8:30 a.m. - 4:30 p.m. M - F

Fee: $5.00 membership fee per year.

Services: Year round sports training program in 11 sports for mentally retarded people. Call for information about program schedules, deadlines, and area coaching information.
HAPPY HOPERS  
Hope Presbyterian Church  
7132 Portland Ave. So.  
Richfield, MN  55423  

Phone: 866-4055

Contact: Ruth B. Connors

Eligibility: Trainable and Educable Mentally Retarded, 16 years and up.

Hours: 7:00 p.m. - 9:00 p.m. on Thursday Evenings.

Fees: $.25 per meeting unless special occasion requires additional charge. For example: sled ride $1.50.

Services: This is a nondenominational program which starts with a worship service. Lots of singing. This is followed by social hour and a half with refreshments thus bringing the program to a close. Serves approximately 110 young adults. Transportation is not provided.

MARC TOPPERS  
% MARC  
2344 Nicollet Ave.  
Minneapolis, MN  55404

Phone: 874-6650

Contact: Director of Camping/Recreation

Eligibility: Mentally handicapped 16 and up.

Hours: 7:30 p.m. - 9:30 p.m. Fridays

Fee: $1.00 per person per time.

Services: Dances are held each week. Most of them at the downtown YWCA. Between 100 and 150 people attend weekly. Call for a schedule or more information.
SUBURBAN COMMUNITY SERVICES (SCS)
(A United Way Agency)
6800 Cedar Lake Road
St. Louis Park, MN  55426

Phone:  545-6767

Contact:  Debbie Backstrom

Eligibility:  Must be resident of service area and meet age requirements of program.

Hours:  8:30 a.m. - 4:30 p.m. M - F

Fee:  Varies with program, minimal of $1.00 per session.

Services:  New Horizons - a social club for young adults (16+) who are mentally retarded.
Thursdays 7 p.m., Glen Lake School - $1.00 a night.

SCS has a contract with the following communities to provide recreational programs for mentally retarded people: Brooklyn Center, Brooklyn Park, Crystal, Golden Valley, Maple Grove, New Hope, Plymouth and Robbinsdale.

They are currently offering the following programs during the Fall, Winter and Spring for 9 week sessions.  Registration is $10.00

1. A program for ages 5+ that meets on Friday Evenings.

2. A program for 6-14 year old EMR students that meets on Saturdays.

3. A program for 6-14 year old TMR students that meets on Saturdays.

They have a softball team, a program for ages 15+ and classes for 6-14 year old TMR during the summer.
KINGS COMMUNITY (SPONSORED BY THE ASSOCIATION OF MINISTRY TO THE RETARDED)

Phone: Don Anderson 631-2780
     Carol Della Croce 473-1598

Eligibility: Mentally retarded adult 16+

Hours: Tuesday Evenings

Fee: None

Services: The focus of this club is to offer social/recreational activities and worship. An adult chorus will also be an important, regular activity for those interested.

There are other opportunities for recreation in the West Hennepin Area. It is impossible to list everything in this directory. We suggest contacting one of the agencies listed or your school district's Special Education Department for further listings. Programs commonly offered but not included in this directory are summer programs and aquatics. Often a parent or professionals suggestion will spur interest in new programs.
ASSOCIATION FOR MINISTRY TO THE RETARDED (AMR)
17030 - 30th Ave. No.
Wayzata, MN 55391

Phone: Don Anderson 631-2780
       Carol Della Croce 473-1598
       LaDonna Hoy 473-2436

Denomination: Open to all denominations

Services: AMR is a committee of parents, church professionals and professionals in the field of Mental Retardation from the Wayzata community interested in seeing churches develop a ministry to the retarded and their families. AMR sponsors Kings Community. (See recreation).

They also sponsor an in-home Bible Study Program. They have information on which churches provide religious education to mentally retarded. Call them for more information or if you are interested in joining AMR.
All of the following are Intermediate Care Facility/Mentally Retarded (ICF/MR) residences except Arlington Circle Apartments. This means they are regulated by the Federal and State Government. Fees for all of these facilities are paid for by Medical Assistance or private pay. All of the facilities are for people who are diagnosed as mentally handicapped. Most of these facilities have waiting lists.

FORESTVIEW - MINNETONKA
14212 Excelsior Blvd.
Minnetonka, MN  55343

Phone: 938-7208

Contact: Program Director

Eligibility: No major medical or physical handicaps. 18 years and older. Moderately or severely retarded.

Number of Residents: 6

Description of Facility: Single family dwelling

Description of Services: Training in self-care, social skills, counseling, use of leisure time activities, and more.
GREENWOOD RESIDENCES, INC. WEST
6019 West 39th Street
St. Louis Park, MN 55416

Phone: 929-4681

Contact: Program Supervisor or Administrator

Eligibility: Primary diagnosis of MR with Medical or Physical Disability. Ages 18 - 50.

Number of Residents: 14

Description of Facility: Small one story facility converted from Geriatric Care Facility.

Description of Services: Training in self care, social skills, counseling, recreation programs. 24 hour nursing care, and more.

HAMMER RESIDENCES
1909 E. Wayzata Blvd.
Wayzata, MN 55391

Phone: 473-1261

Contact: Program Director or Hammer Social Worker

Eligibility: TMR or EMR, ambulatory. Ages 6 - 60

Number of Residents: 72

Description of Facility: Number Age
Carlson Group Home 6 18+

Apartment Training 9 18+

Women & Mens floor 24 15 - 25

Girls & Boys floor 22 5 - 18
Gleason Lake Group Home  6  30+
The Annex  6  40+

Description of Services: Social work services, apartment training, training in self care and social skills, recreation programs, counseling and a strong emphasis on religion; residents are encouraged to follow individual programs of prayer and worship.

HOMeward BOUND, INC.
4741 Zealand Ave. No.
New Hope, MN  55428

Phone:  535-6171

Contact:  Administrator

Eligibility:  The general focus is on severely and profoundly mentally retarded, multiply handicapped children and adults.

Number of Residents:  92 Residents
                   4 Respite care beds

Description of Facility: Facility in New Hope serving 64 people ages 0 – 21. Facility in Brooklyn Park serving 32 people ages 21+.

Description of Services: Individual development programs, counseling, 24 hour nursing supervision and recreation services.

MINNESOTA JEWISH GROUP HOME
8101 Westwood Hills Drive
St. Louis Park, MN  55426

Phone:  544-7030

Contact:  Houseparent or Program Director
Eligibility: Ambulatory moderately retarded adults with no major medical problems. Age 18+.

Number of Residents: 6

Description of Facility: Single family 4 bedroom rambler.

Description of Services: Training in self care, social skills, counseling, use of leisure time activities and more.

MOUNT OLIVET ROLLING ACRES
Rt. 1 Box 576
Excelsior, MN 55331

Phone: 474-5974

Contact: Director of Social Services

Eligibility: Ambulatory with no major medical problems. Ages 5+.

Number of Residents: 70

Description of Facility: Residential units for 12 with single and double bedrooms - 6 person group home. Located in a rural area on 23 acres of land on Shutze Lake.

Description of Services: Training in self care, use of leisure time, behavior modification and more.

NEKTOM - WILLIAMS
5100 William Ave.
Edina, MN 55424

Phone: 644-7680 (Nekton's main office)

Contact: Program Director for Nekton - Williams
Eligibility: Moderately or mildly retarded males
Age 14-22.

Number of Residents: 6

Description of Facility: Single family dwelling

Description of Services: Training in independent living skills, social skills, counseling and use of leisure time.

RESA
5601 Eden Prairie Rd.
Minnetonka, MN 55343

Phone: 933-3348

Contact: Administrator

Eligibility: Ambulatory, 50 years and older in a day program.

Number of Residents: 6

Description of Facility: Single family dwelling

Description of Services: Retirement planning program, training in independent living skills and social skills.

SHADYWAY (SPONSORED BY EPISCOPAL GROUP HOMES)
522 Shadyway Rd.
Wayzata, MN 55391

Phone: 475-1825

Contact: Program Director or Houseparent

Eligibility: Young adults 18 - 30 who with training may be able to move on to supervised apartment living.
Number of Residents: 6

Description of Facility: Single family dwelling

Description of Services: Training in independent living, socialization skills, use of leisure time, counseling.

SUMMIT HOUSE II
4600 Minnetonka Blvd.
St. Louis Park, MN 55416

Phone: 926-5553 or 377-1350

Contact: Director

Eligibility: Ambulatory, mildly retarded with behavior problems 12 - 18.

Number of Residents: 6

Description of Facility: Single family dwelling

Description of Services: Training in independent living and socialization skills, counseling and use of leisure time.

TREVILLA NURSING HOME OF ROBBINSDALE, INC.
3130 Grimes Ave. No.
Robbinsdale, MN 55422

Phone: 588-0771

Contact: Administrator or Admissions

Eligibility: Physically disabled adults age 16 - 60. Will accept people who are also educable mentally retarded and physically disabled.
Number of Residents: 132

Description of Facility: Large nursing home in residential area.

Description of Services: Social services, PT, OT, speech therapy, recreation services, transportation and training in daily living and self help skills.

TYROTHY (SPONSORED BY DUNGARVIN)
3157 Douglas Dr.
Crystal, MN 55422

Phone: 545-8757

Contact: Program Director

Eligibility: Ambulatory, mildly retarded 18+ who may have ability with training to live in the community.

Number of residents: 12

Description of Facility: Apartment building in Crystal

Description of Services: Training in independent living skills, use of community resources, use of leisure time, socialization skills and counseling.

THE FOLLOWING PROGRAM IS OPERATED WITHOUT FEDERAL ASSISTANCE AND REGULATION

ARLINGTON CIRCLE APARTMENTS (SPONSORED BY EPISCOPAL GROUP HOMES)
380 Arlington Circle
Wayzata, MN 55391
Phone: 475-1825

Contact: Administrator

Eligibility: Mildly retarded ambulatory adults 18+ who have had training in independent living and are ready to live independently with minimal assistance - must be working towards or working at competitive or sheltered employment.

Number of Residents: 9

Description of Facility: Four-plex in a residential area.

Description of Services: Training in independent living skills as needed, counselor works with each resident 3 - 6 hours per week, counselor and caretaker available for emergencies 24 hours per day, residents pay for apartments from earned income.

RESOURCE MATERIALS

This is only a partial listing of resource materials available. Most agencies listed in this directory will have further information or publications available that one could use as resource material. For instance, many agencies are willing to provide speakers or give tours. Many school districts have audio-visual presentations on handicapping conditions.
The Minneapolis Association of Retarded Citizens would be a good place to start when looking for resource materials. They have a resource library, 4 slide tape presentations and a speakers bureau. 1200 on the AVENUE also has a library of material, a thorough knowledge of community resources and they will talk to area groups.

West Hennepin Human Services (WHHS) has a videotape entitled "There's No Place Like Home" which is on group homes for the mentally retarded. This may be purchased or rented. Call WHHS at 920-5533 for more information.

Please refer to other agencies listed in this directory for information on your resource needs.

TRANSPORTATION

METRO MOBILITY
1276 University Ave.
St. Paul, MN 55408

Phone: 644-1119 (Information)
       644-2122 (Service)

Contact: Linda Magneson or Candy Nordlund

Eligibility: Persons confined to a wheelchair, dependent on crutches, braces, or any other ambulatory assistance device for mobility.
Hours: Office: 8:00 a.m. - 4:30 p.m. M - F
      Ride Service Hours: 6:00 a.m. - 1:00 a.m. M - F
      Rides: 8:00 a.m. - 1:00 a.m. Weekends and Holidays

Fees: $.35 for a one-way trip.

Service: Services no farther West then St. Louis Park. Please call for specific Area criteria. This may be expanding in the future.

AMERICAN RED CROSS
MINNEAPOLIS AREA CHAPTER
11 Dell Place at Groveland Ave.
Minneapolis, MN 55403

Phone: 871-7676 Ext. 65

Contact: Karen Eoff

Eligibility: Residents of Hennepin and Anoka Counties who do not have available or affordable transportation.

Hours: 9:00 a.m. - 1:00 p.m. M - F

Fees: TRIP'S information and referral service is free. Agencies may charge a small fare for transportation.

Services: Information and referral to cooperating agencies that provide transportation. Clients calling TRIP (Transportation Referral and Information Project) receive names and phone numbers of agencies which can meet their specific needs. TRIP makes follow-up contacts to insure that clients receive needed services.
CENTS CENTER FOR EDUCATION OR NON-TRADITIONAL STUDENTS
3131 France Ave. North
Minneapolis, MN 4699

Phone: 330-1142

Contact: Nancy Marker

Hours: Varies but primarily 8:00 a.m. - 5:00 p.m. M - F

Fee: Fees are based on covering their costs. They are a private non-profit organization.

Services: They offer transportation to handicapped people including those of the West Hennepin Area. Arrangements need to be made in advance. One of their primary services is getting people to and from work.

Also see Emergency Services