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State Inst - St. Peter

EXECUTIVE DOCUMENT, No. XI.

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EIGHTH ANNUAL REPORT

OF THE

BOARD OF TRUSTEES AND OFFICERS

OF THE

MINNESOTA HOSPITAL FOR INSANE,

TO THE GOVERNOR OF THE STATE OF MINNESOTA,

FOR THE

FISCAL YEAR ENDING NOV. 30, 1874.

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TRANSMITTED TO THE LEGISLATURE OF THE SEVENTEENTH ANNUAL  
SESSION, 1875.

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SAINT PAUL:  
PIONEER COMPANY PRINT.  
1875.

# MINNESOTA HOSPITAL FOR INSANE.

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## BOARD OF TRUSTEES.

HON. C. T. BROWN, St. Peter, President.  
HON. H. B. STRAIT, Shakopee.  
HON. WILLIAM SCHIMMEL, St. Peter.  
REV. A. H. KERR, St. Peter, Secretary and Treasurer.  
HON. LOREN FLETCHER, Minneapolis.  
HON. JAMES E. CHILD, Waseca.  
NATHANIEL S. TEFFT, M. D., Plainview.

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## RESIDENT OFFICERS.

CYRUS K. BARTLETT, M. D.,  
Superintendent and Physician.  
JACOB E. BOWERS, M. D.,  
Assistant Physician.  
GEORGE W. DRYER,  
Steward.

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## SUBORDINATE OFFICERS.

FRANCIS DUNN,  
Supervisor Male Department.  
EVALINE DUNN,  
Supervisor Female Department.  
WILLIAM H. PEARCE,  
Engineer.  
WILLIAM McFADDIN,  
Farmer.

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## REPORT OF TRUSTEES.

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*His Excellency, C. K. Davis,*  
*Governor of Minnesota :*

We herewith present our Annual Report as Trustees of the Minnesota Hospital for Insane.

By reference to the report of the Building Committee, you will notice what has been accomplished during the year towards the completion of our Hospital buildings. Seven years ago the foundations of this noble pile were begun, and we congratulate the State, that year by year the work has gone on, and now only one more appropriation is required to finish the north section, return and hall. This will complete the plans adopted for the Minnesota Hospital for Insane, and present a frontage of more than 300 feet, consisting of a central edifice four stories in height, with two sections, two returns, and a hall on the south of the central building, each three stories in height, for female patients, and the same on the north for male patients. In all their arrangements and appointments, we regard these buildings as admirably adapted for the humane ends for which they have been erected.

We have carefully estimated the amount necessary to complete these buildings, and respectfully ask an appropriation therefor, namely :

To finish north section, return and hall.....	\$47,500 00
To furnish the same.....	6,000 00
Gas machinery and fixtures for all the buildings.....	3,000 00
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	\$56,500 00

For current expense appropriation, we need \$87,500. This is for an average of 421 patients, during the year, at \$4 per week for each. This is fifty cents less per week for each than was required last year. Let it be remembered that at \$4 per week, all repairs to buildings, officers' and attendants' salaries, clothing, fuel, medical supplies, etc., are all included. This is as low as we can safely estimate.

In the Treasurer's Report will be found the financial statement of receipts and expenditures.

We refer you to the Superintendent's report for details of the internal workings of the institution. We think it not inappropriate to insert here an extract from the report of the November monthly visitation and examination, written by Dr. J. H. Stewart, of St. Paul, so favorably known throughout the State:

*"President of the Board :*

"I have the honor as well as the sincere pleasure to report the result of my examination and inspection of the Hospital for Insane. I cannot too strongly express my satisfaction at the condition and management of the institution, and I congratulate you most heartily on your success in securing so efficient a corps of officers as at present represent you.

"An intimate knowledge both from experience and observation of the conduct of eastern institutions of a similar character enables me to say, that for professional administration and executive ability as represented by Superintendent Bartlett, assisted by Dr. Bowers, Rev. Mr. Kerr and their immediate aids, the Hospital for Insane at St. Peter is their equal; facts which not only redound to their credit but are and ought to be a source of pride and gratification to the entire State."

The Treasurer's report shows an unexpended balance in current funds. It is all important at the close of the fiscal year Nov. 30, to have about this amount in the State Treasury to run us through the three expensive winter months as new appropriations are not available until March.

We commend this institution with its annual wants to the favorable consideration<sup>s</sup> of our public men and to the generous sympathy of all.

C. T. BROWN,  
A. H. KERR,  
WM. SCHIMMEL,  
H. B. STRAIT,  
L. FLETCHER,  
JAS. E. CHILD,  
N. S. TEFFT.

*Trustees.*

## REPORT OF BUILDING COMMITTEE.

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*To the Board of Trustees:*

GENTLEMEN :—Since the date of our last report, November 30th, 1873, the centre building and addition to the south wing of the hospital have been completed and occupied. The portico in front, and the connection with the laundry in the rear of the centre, have also been finished.

The Legislature at its last session appropriated \$40,000 to erect the walls of the addition to the north wing, and prepare it for plastering and finishing another season. After advertising, according to law, bids were received and opened, and the contract awarded to Messrs. Breen & Young of St. Paul, they being the lowest bidders, for the sum of \$38,950. This bid did not include foundation and mason work that might be necessary below nine feet of basement. As the foundation proved to be mostly stone very little extra work was required, the cost of which, with footings, was \$852.75.

When the appropriation was asked for your committee supposed the excavation for the basement would be mostly soil, easily removed and at small expense; but at a depth of a few feet rock was found, and as it was necessary to prepare the cellar early as possible for the contractors to begin their work, the cost of this excavation was \$1,443.49. The material removed was deposited as taken out around the other wings where grading was needed, and thus a special appropriation for that purpose avoided. Several thousand dollars were thus saved. It is proper to state that the farm hands usually employed two teams together

with the help of patients, have assisted in this work of excavating and grading to the estimated amount of \$1,800 during the year.

The walls of the new addition have been completed and the roof finished. The windows are also put in, thus enclosing the building for the winter, according to contract, and a month in advance of the appointed time. The work is ready for your inspection. We feel that it will compare favorably with the rest of the building.

To finish this addition and prepare it for occupancy, your committee recommend an appropriation of \$47,500 be asked of the next Legislature.

An addition to our heating apparatus was required, and has been made, at a cost of a little more than \$2,000. A cistern, of 3,700 gallons capacity, has also been built, to save water from the roof, at a cost of \$1,388.85. The boiler and pump-house at the spring has been enlarged and repaired, and the boiler re-set, the expense of which was \$600. These three items are classed as "extraordinary," and have been paid from the current fund, because your committee regarded them as absolutely necessary, and there was no special appropriation for these purposes.

Mr. Harry Downs was employed, as before, to superintend the work of building, and the portico in front was built entirely under his direction.

All of which is respectfully submitted.

C. K. BARTLETT,

A. H. KERR,

WM. SCHIMMEL,

L. FLETCHER,

C. T. BROWN,

*Building Committee.*

## TREASURER'S REPORT.

### *Trustees Minnesota Hospital for Insane :*

GENTLEMEN: Herewith you will find a statement of receipts and expenditures for the fiscal year ending Nov. 30, 1874 :

#### BUILDING ACCOUNT.

##### *Receipts.*

Cash Balance Dec. 1st. 1873.....	\$ 2,207 43
Cash State Treasury balance of appropriation of 1873.....	22,000 00
Cash State Treasury 1874.....	55,000 00
Cash brick sold.....	33 00
	\$79,240 43
To balance.....	8,036 43
	\$87,276 86

##### *Expenditures.*

Completion of center building, south section, return and hall....	\$36,643 03
Sewers, flues and labor.....	223 81
Lightning rods.....	139 35
Advertising.....	60 65
Expenses of building committee and treasury salary.....	396 00
Plans and drawings.....	80 75
Two porticoes on N. and S. section (\$428,71).....	428 71
Excavation of north section and return, labor teams and tools...	1,443 49
Footings and masonry below foundation of N. section and return.....	852 75
Erection of north section return and hall contract.....	38,950 00
Carpenter work on first S. section.....	346 00
Window weights for same.....	183 75
Central building portico.....	4,004 50
Connection of central building and laundry.....	2,172 45
Superintendent of construction.....	1,331 00
Treasurer's petty account.....	18 20
	\$87 276 86

## CURRENT EXPENSE ACCOUNT.

*Receipts.*

Cash balance on hand and in State Treasury Dec. 1, 1873.....	\$24,170 44
Cash, State Treasury, 1874.....	66,000 00
Cash, Steward's receipts, viz. from private patients \$584 17	
Cash, sale of old steam boiler.....	106 70
Cash, hides, tallow, old iron, &c.....	161 33
Cash, farm stock.....	62 00
Cash, farm produce.....	209 68
Cash, clothing.....	96 44
Cash, sundries.....	18 60
Cash refunded.....	22 00
Cash refunded by discharged patient.....	6 00
Cash refunded by discharged patient incurred in collecting a claim.....	45 00
Cash refunded by over charge on flour.....	9 38
Cash refunded by over charge on freight.....	1 50

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\$1,322 80

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\$91,593 24

*Expenditures.*

Current monthly expenses paid on certified vouchers.....	83,017 15
By balance.....	8,476 09

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\$91,493 24

You will notice under current expenditures a balance of \$8,476.09. I was instructed, however, by the Building Committee to settle all accounts involved in building and minor contracts, so that, at the close of the fiscal year, only \$439.64 remained on hand. The amount belonging to the current fund and in the State Treasury, is \$26,476.09, all of which will be needed by the first of March to meet accruing bills. You will find a schedule of current expenses, prepared by the Steward; some items should be regarded as "extraordinary," namely, boiler, cistern, and steam fittings. In the operation of so large an institution some such expenses will necessarily occur, unprovided for by a special appropriation, and can only be met from the current fund. I would again notice the importance of having a sufficient amount to the credit of the Hospital in the State Treasury at the end of the fiscal year, to meet the expenses of the costly winter months.

Respectfully submitted,

A. H. KERR,  
*Treasurer.*

On this 10th day of December, 1874, the undersigned, as Finance Committee, hereby certify that we have examined the vouchers and accounts of the Treasurer and Steward of the Hospital for Insane, for the year ending with the month of November, 1874, and find them correct.

C. T. BROWN,  
WM. SCHIMMEL.  
L. FLETCHER.

*Finance Committee.*

## STEWARD'S REPORT.

*To the Board of Trustees Minnesota Hospital for Insane:*

GENTLEMEN:—Herewith is respectfully submitted a report of the Steward's department for the year ending November 30, 1874:

### DISBURSEMENTS.

For additions, alterations and repairs.....	\$ 4,655 83
For attendants, assistants and labor.....	10,728 30
For books, stationery and printing.....	212 12
For cistern.....	1,388 85
For clothing.....	2,966 50
For farm, barn, garden and grounds.....	4,463 48
For freight and express charges.....	1,000 24
Fuel and heating (including new steam boiler and connections and repairs to heating apparatus,) also extension of, and repairs to water supply pipes and fittings.....	18,634 27
For furniture.....	2,060 53
For furnishing centre building.....	2,375 34
For furnishing second section of south wing of permanent Hospital building.....	4,297 57
For library and amusements.....	233 74
For lights and oil lamps.....	353 64
For medicines and medical supplies.....	664 54
For miscellaneous expenses.....	817 35
For officers' salaries.....	4,200 00
For patients' miscellaneous expenses.....	325 60
For provisions and household supplies.....	23,160 11
For rent.....	85 34
For Steward's petty expenses.....	393 80
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	\$83,017 15

NOTE.—Additions, alterations and repairs, include labor and material for repairs on permanent and temporary buildings, building addition to boiler and pump house at springs, fitting up closets, dining rooms, wardrobes, &c., in second section south wing. Extra work in first sections north and south wings, not embraced in contract. 14,000 feet oak flooring (now on hand) enlarging ice house, &c.

"Attendants, assistants and labor," includes wages of engineer, fireman, supervisors, watchmen, cook, seamstresses and attendants.

"Cistern," for soft water, outside of building; capacity, 37,000 gallons. See Building Committee Report.

"Freights and express charges," includes transportation charges on coal, steam boiler, lumber, groceries, furniture, &c.

Farm, barn, garden and grounds is detailed as follows :

For hay, oats and feed.....	\$ 625 08
For stock.....	529 30
For labor.....	1,898 64
For farm implements and repairs to same.....	528 00
For harness, robes, blankets, etc., and repairs.....	89 85
For trees, fruit and ornamental.....	41 00
For seeds.....	143 03
For flower pots.....	3 35
For use of horse.....	13 00
For shoeing horses and oxen.....	77 45
For fencing.....	157 82
For making roads and grading around building.....	328 16
For Paris green.....	15 75
For pump.....	14 86
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	\$ 4,463 49

"Fuel and heating" is detailed as follows :

For wood (4163 cords—18 mo's. supply).....	13,372 20
For coal (111 7-10 tons).....	1,472 60
For horse-power Root's safety steam boiler and setting.....	1,929 00
For extra boiler tubes and heads.....	158 95
For boiler scale preventive.....	35 00
For charcoal.....	46 80
For lubricating oil.....	123 58
For furnace, fire box and setting (temporary building).....	43 16
For steam fitting and plumbing supplies, including steam pump and repairs.....	1,408 10
For hauling coal.....	26 25
For saws.....	13 40
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	\$18,634 27

"Furniture," includes beds and bedding, and all kinds of household furniture required for increase of patients in parts of the hospital occupied previous to 1874, and to replace that worn out and destroyed.

"Miscellaneous expenses," includes traveling expenses of Trustees and other officers, fees for legal services and other items that cannot properly be otherwise classified.

"Patients miscellaneous expenses," includes undertakers charges and cash to discharged patients.

Rent is for taxes on town lots and land used for hospital purposes (temporary buildings.)

"Steward's petty expenses," includes postage, telegrams, and small purchases not exceeding five dollars in amount.

The yield of farm produce from the 140 acres (about) under cultivation is exhibited in the following list:

The values affixed are estimated at average market prices.

Asparagus, 950 bunches.....	76 00
Beans, (green) 8 bushels.....	10 00
Beans, (dry) 12 bushels.....	30 00
Beets, 725 bushels.....	362 50
Cabbage, 4,650 heads.....	291 00
Carrots, 136 bushels.....	68 00
Cauliflower, 200 heads.....	20 00
Corn shelled, 1680 bushels.....	756 00
Corn stalks, 50 tons.....	125 00
Cucumbers, 150 bushels.....	150 00
Crab apples, three bushels.....	6 00
Hay, (wild) 100 tons.....	500 00
Hay, (timothy and clover) 12 tons.....	84 00
Lettuce, 160 bushels.....	75 00
Melons, 1,260.....	126 50
Milk, 30,000 quarts.....	1,500 00
Oyster plant, 20 bushels.....	20 00
Onions, 100 bushels.....	128 75
Parsnips, 130 bushels.....	104 00
Parsley, 25 bunches.....	2 50
Peas, (green) 47 bushels.....	70 50
Peas, (dry) 12 bushels.....	24 00
Pie Plant, 619 bunches.....	61 90
Potatoes, 1860 bushels.....	930 00
Pumpkins, 3,000.....	150 00
Radishes, for summer use, 400 bunches.....	20 00
Radishes, for winter use, 3 bunches.....	2 25
Spinach, 30 bushels.....	22 50
Squash, summer, 56 bushels.....	42 00
Squash, winter, 150.....	15 00
Tomatoes, 125 bushels.....	125 00
Turnips, 8 bushels.....	3 20
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	\$5,901 60
Value of beef slaughtered for use of house, 8,285 lbs.....	497 10
Value of pork for the use of house, 12,250 lbs.....	735 80
Amount received from sale of stock, hides and tallow.....	280 40

In addition to the cultivation and harvesting of crops and other ordinary farm labor, the patients and farm laborers under the supervision of the farmer have performed 2,035 days labor and farm teams 268 days labor excavating for north wing and cistern, making roads and grading around the buildings, ditching bottom lands, hauling building material for porch and laundry connection, clearing wood land, &c.

This is exclusive of cutting and storing the ice crop (about 100 tons) and the drayage of supplies, fuel and building material, an item of considerable magnitude, of which no accurate account has been kept.

The farm stock consists of five horses, two yokes of oxen, one bull, sixteen cows, six heifers, two calves and forty pigs.

The following is an inventory of hospital property of all descriptions on hand at this date, Nov. 30, 1874.

Permanent Hospital Building, consisting of centre building, two sections and return wing south, one section and return wing north, complete, second section and return wing north, in course of construction, Laundry, Engine house, water supply, including Steam Boiler and pump and Wind Engine, drainage, heating apparatus, supply pipes for gas, steam wash machines, steam table and cauldrons for cooking, bath tubs, cars and railway track....	\$452,000 00
Temporary Hospital buildings, consisting of one three story stone building, 60x32 feet with two story L 60x25 feet; one two story frame building, 36x34 feet, and heating apparatus for same, one-one story frame office building, one frame barn, 25x35 feet, and six building lots.....	13,350 00
One three story frame barn 44x72 feet with granary attached 14x90 feet, and straw barn and root cellar, 34x64 feet.....	7,000 00
Farm 348 acres.....	12,400 00
Farm stock and Implements, including buggies, cutters, harness, robes, blankets, &c.,.....	4,575 00
Household furniture of all kinds.....	18,500 00
Medicine and medical supplies, surgical instruments, &c.,.....	600 00
Library and cabinet, consisting of medical and miscellaneous books, engravings, chromos, stereoscopes and views, magic lantern and views, stuffed birds, games, cabinet organ and other musical instruments.....	1,300 00
Clothing and material for clothing.....	1,075 00
Provisions and supplies consisting of groceries, vegetables, butter, wood, hay, oats, &c., lumber and steam fitting supplies.....	9,091 00
	<u>\$519,891 00</u>

## SUPERINTENDENT'S REPORT.

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*To the Board of Trustees :*

GENTLEMEN:—The following is a summary of the general statistics of the patients in the Hospital for the year 1874 :

	Men.	Women.	Total.
Whole number Dec. 1st, 1873,	159	144	303
Number admitted during year,	119	75	194
Number under treatment, -	278	219	497
Number discharged, (including deaths, - - - - -	70	46	116
Number remaining in hospital November 30th, 1874, -	208	173	381
Daily average throughout the year,	-	-	341-188.365

### CONDITION OF THOSE DISCHARGED.

	Men.	Women.	Total.
Recovered, - - - - -	35	20	55
Improved, - - - - -	16	16	32
Unimproved, - - - - -	2	2	4
Not Insane, - - - - -	1		1
Died, - - - - -	16	8	24

The patient reported as "not insane" was committed on account of some abnormal actions, from the jail in this county, where he was detained on a charge of stealing cattle. The same day it was decided to return him to the county authorities, he eloped; but he was retaken, tried for stealing, convicted, and is now serving out his sentence in prison.

## CAUSES OF DEATH.

	Men.	Women.	Total.
Epilepsy, - - - - -	2	0	2
Marasmus, - - - - -	6	3	9
Paralysis, - - - - -	2	0	2
Phthisis, - - - - -	2	1	3
Apoplexy, - - - - -	1	0	1
Cholera Morbus, - - - - -	1	0	1
Scrofulosis, - - - - -	1	0	1
Maniacal Exhaustion, - - - - -	1	3	4
Inflammation of bowels, - - - - -	0	1	1
Totals, - - - - -	<u>16</u>	<u>8</u>	<u>24</u>

The household has been remarkably free from sickness throughout the year, and the number of deaths two less than last year, and with sixty-eight more on a daily average. There is not one patient to-day confined to the bed by acute sickness. No case of typhoid fever has been developed in the house, and most of the deaths have been the result of chronic disease.

The number recovered and improved, eighty-seven, compares favorably with previous reports and with the number of admissions when it is remembered that all classes are treated, and that no one committed by the courts has been rejected on account of the form of disease or mental condition.

• Thirty of those admitted had been previously connected with the hospital. Some of these had been absent six years, some two or more, and a few several months only. On account of the crowded condition of the house patients have been removed, occasionally, sooner than prudence would dictate, and this is one cause of re-admission; but the necessity of accommodating all recent cases has been urgent—hence the removals. There are also some cases of recurrent mania who are well at intervals, and these can spend their best days at home both to their own advantage and that of their friends.

All patients belonging to this State are now supported from the current fund, appropriated for that purpose, and

have been since the 7th of last March, when the new law relating to the support of patients took effect. [See Special Acts of Legislature for 1874.] Since that time there has been only one private boarder, a man from Dakota Territory, who has paid six dollars per week, the same as formerly charged for private patients within this State.

The appropriation last year for current expenses was based on the expectation that the daily average throughout the year would be 325. This estimate was too low as the daily average was 341 and a fraction. With the same increase for the coming year the daily average will be 421. As the number *increases* the cost of support for each *diminishes*, the expense of heating, lighting, and officers' salaries remaining about the same. Estimating the daily average for the coming year as above, 421, at a reduction from last year's estimate, in the cost of each, of fifty cents per week, the sum of eighty-seven thousand five hundred and sixty-eight dollars will be required for current funds. This amount does not include any expective extraordinary charge, and with the usual economy of expenditure will probably suffice. But it will be necessary to provide some additional heating apparatus to meet the wants of the new portion of the north wing, and also for furniture for the same; not less than \$2,000 for the former, and six thousand dollars for the latter purpose will be required.

On the first of June the centre building was so far completed that it was partly furnished and occupied, and the addition to the south wing has since been finished and all the female patients moved from the temporary building in town. Their old quarters were immediately occupied by men, thus relieving this department, partially, which has been for a long time overcrowded. When the addition to the north wing is completed, there will be apartments for nine distinct classes in each wing, and room for all seeking admission, it is hoped, for some time to come.

The immediate and pressing wants of the hospital are, funds to finish the addition to the north wing, the walls of which are now ready for plastering, and some provision for lighting by gas. In regard to the first item the building

committee will estimate and report upon cost. As to the matter of lighting, if either of the most approved methods of manufacturing gas is adopted, the cost will not be less than \$2,000 exclusive of fixtures for burning. The expense of the latter would be greater or less, of course, according to the selection made; but would probably amount to \$1,500 more at a moderate estimate. But the great and constant risk, by night, of accident from fire by the necessary use of so many movable lamps filled with inflammable oil, is a matter for serious consideration, and the danger should be obviated if possible by any reasonable expenditure.

#### FARM.

Farming operations have been carried on as heretofore under the care of Mr. Wm. McFadden, and although the dry weather and the red-legged locusts, commonly called grasshoppers, diminished the crops to a considerable extent, the results were encouraging, and the out-door exercise of the patients assisting in their cultivation and gathering was not the least item on the credit side to be considered. The Steward's report shows the various products and their value at a moderate appraisal. In addition to the regular farm work and care of the stock, 2,035 days work have been done by hospital teams and farm hands, assisted by patients, in excavating and grading about the hospital building and on the county road.

While the men have been thus engaged, the women have not been idle, as the following list of articles made in the sewing room will show.

Mattress ticks.....	107
Straw ".....	102
Sheets.....	532
Bed spreads.....	21
Pillow ticks.....	127
Pillow cases.....	362
Dresses.....	189
Wrappers.....	115
Drawers, pairs.....	130
Chemises.....	213
Night dresses.....	17

Night caps.....	10
Skirts.....	55
Dresses for child.....	3
Aprons.....	85
Handkerchiefs.....	62
Hats trimmed.....	5
Shirts.....	172
Gents' scarfs.....	21
Gents' socks, knit, pairs.....	14
Gents' mittens, ".....	15
Short towels.....	330
Long ".....	89
Clothes bags.....	14
Cupboard covers, for shelves.....	41
Window curtains.....	15
Holdes.....	65
Table cloths.....	6
Shrouds.....	13
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	2,930

The above list shows only a fraction, of course, of the needle work actually performed by the inmates and the attendants during the year, as no account of the daily repairing is made.

Chapel services have been held every Sabbath, with a few exceptions, by the several clergymen of St. Peter, for which we again tender grateful thanks. Since July these exercises, evening readings, and other entertainments have been conducted in the new chapel on the third floor of the centre building, a large and convenient hall.

We are again under great obligations to the publishers of the following papers gratuitously sent to the hospital. We hope to see the list enlarge yearly until every county is represented by its local publication, as patients prefer to read the news from their own section of the State :

St. Paul Daily Pioneer.

St. Paul Daily Press.

Minneapolis Tri-Weekly Tribune, part of year.

Northwestern Chronicle.

Le Sueur Sentinel.

Henderson Times.

Redwood Falls Gazette.

Mantorville Express.

Waseca Weekly News.

St. Peter Tribune.  
Minnesota Volksblatt.  
Minnesota Staats Zeitung.  
Nordisk Folkeblad.  
Svenska Manitoren.  
Renville Times.  
St. Cloud Times.

Donations from individuals are also gratefully acknowledged, as follows:

From Rev. A. H. Kerr, Rev. Edward Livermore, Mrs. Henry A. Swift, Mrs. Henry Jones, and Mrs. Col. E. L. Moore, of St. Peter, books, papers, and pamphlets

From Mr. F. Lange, and Mr. J. K. Moore, of St. Peter, several pictures.

From Miss Grace L. White and Mr. Fogg, of St. Paul, books and pictorials.

From Mrs. L. Fletcher, several books, and Hon. L. Fletcher, of Minneapolis, a box of papers, books and pictorials.

From Mr. James Snyder, Thomas Downs, and Thomas Perry, of St. Peter, papers.

From Miss H. L. Dryer, of Utica, New York, one fine oil painting.

The members of church choirs in the city have furnished music on several occasions, also the St. Peter band. Mr. and Mrs. Asa Hutchinson, "Tribe of Asa," gave us a concert, and the North Carolina Minstrel Troupe, also. The young people of St. Peter, aided by Rotters' Band, gave us an entertainment. The Hon. Freeman Talbot, of Cleveland, two readings; and Miss Grace L. White, of St. Paul, and Miss Julia Thomas, of New York, two readings each, all of which were highly interesting and acceptable.

Ten dollars in cash was presented by Mr. George L. Shaw, of Davenport, Iowa.

I am happy to report a visit, in June, to the hospital by Miss D. L. Dix, the well and widely known friend of the

poor and unfortunate. Her suggestions and words of encouragement will be long remembered.

Aside from the regular quarterly meetings of your Board the Hospital has been visited monthly, and sometimes more, by one member, usually accompanied by some professional gentlemen by invitation. Those special inspectors have made reports in writing which are duly recorded and they are before you.

There has been no change in the staff of officers and only one among the subordinate officers. Mrs. H. C. Porter, who had filled the position of Supervisor of the female department for two years, with credit to herself and to the satisfaction of the officers, resigned to take a position in another institution in this State.

It gives me pleasure once more to report the continued devotion of all the officers to the best interests of the hospital and the welfare of the patients. To their watchfulness and that of the attendants, who have the immediate and constant charge of the inmates, and who perform their duties with few opportunities for public approval and encouragement, and often under the most trying circumstances, the excellent sanitary condition of the house, the comfort of all, and the ultimate restoration of many of the unfortunate persons committed here, is due.

Once more I thank you as a Board for your unflagging interest in this charitable institution, for your personal kindness, harmonious action, and constant support in the responsibilities of its general superintendence.

With gratitude to that Providence which has protected and favored us in the past, we look for future blessings and enter on the duties of a new year.

CYRUS K. BARTLETT,

Superintendent.

Dec. 1st, 1874.

## APPENDIX.

TABLE I.

MOVEMENT OF THE POPULATION.

	Men.	Women.	Total.
Number at beginning of the year.....	159	144	303
Admitted during the year.....	119	75	194
Total present in the year.....	278	219	497
Discharged, recovered.....	35	20	55
Discharged, improved.....	16	16	32
Discharged, stationary.....	3	2	5
Died .....	16	8	24
Remaining at end of year.....	208	173	381

TABLE II.

ADMISSIONS AND DISCHARGES FROM THE BEGINNING OF THE HOSPITAL.

	Men.	Women.	Total.
Admitted since opening.....	560	448	1,008
Discharged, recovered.....	167	130	297
Discharged, improved.....	81	76	157
Discharged, unimproved.....	13	13	26
Not proper subjects.....	3	2	5
Died .....	88	54	142
Remaining at end of year.....	208	173	381

TABLE III.

CIVIL CONDITION OF THOSE ADMITTED.

	DURING THE YEAR.			SINCE OPENING HOSPITAL.		
	Men.	Women.	Total.	Men.	Women.	Total.
Single.....	76	20	96	357	133	490
Married.....	35	45	80	167	265	432
Widowed.....	4	7	11	21	44	65
Divorced.....	0	3	3	4	6	10
Unknown.....	4	0	4	11	0	11
Total.....	119	75	194	560	448	1,008

TABLE IV.

NUMBER AT EACH AGE WHEN ADMITTED DURING THE YEAR.

	AGE WHEN ADMITTED.			AGE WHEN ATTACKED.		
	Men.	Women.	Total.	Men.	Women.	Total.
Under 15.....	3	0	3	6	3	9
15 to 20.....	3	2	5	5	9	14
20 to 25.....	11	9	20	19	10	29
25 to 30.....	29	12	41	24	11	35
30 to 35.....	18	12	30	12	12	24
35 to 40.....	16	13	29	14	7	21
40 to 45.....	14	9	23	12	14	26
45 to 50.....	9	6	15	6	4	10
50 to 60.....	8	9	17	4	3	7
60 to 70.....	3	3	6	3	2	5
70 to 80.....	2	0	2	0	0	0
Unknown.....	3	0	3	14	0	14
Total.....	119	75	194	119	75	194

TABLE V.  
OCCUPATION OF THOSE ADMITTED.

	DURING THE YEAR.	SINCE OPENING HOSPITAL.
Farmers .....	41	204
Laborers.....	32	162
Housekeepers .....	46	292
Housework .....	13	82
Painters .....	1	6
Tailors.....	1	4
Carpenters .....	3	17
Seamstresses .....	2	9
Teachers.....	1	6
Clockmakers .....	0	0
Lumbermen .....	0	0
Butcher .....	0	0
Printers.....	0	0
Bakers .....	0	0
Cabinet Makers .....	1	2
School Children .....	0	6
Trader .....	0	1
Bookkeeper .....	0	1
Students .....	1	6
Mechanics .....	3	18
Brickmaker.....	0	1
Blacksmiths.....	4	2
Bank clerks.....	0	0
Shoemakers .....	0	0
Merchants.....	2	12
Masons .....	1	1
Harnessmakers .....	1	8
Gardeners .....	0	0
Cooks .....	1	1
Weaver .....	0	1
Real estate agent .....	0	1
Confectioner .....	0	1
Music teachers .....	1	1
Teamster .....	0	0
Boiler maker.....	0	1
Miller.....	0	1
Cigar maker .....	0	1
Clerks.....	2	2
Hunter.....	1	1
Druggist.....	1	1
Barber.....	1	1
Hotel keepers .....	2	2
Coopers.....	1	1
Liveryman.....	1	1
Clergymen .....	1	1
Stenographer .....	1	1
Stavemaker .....	1	1
No occupation.....	27	1
<b>Total.....</b>	<b>194</b>	<b>1,008</b>

TABLE VI.  
NATIVITY OF PATIENTS ADMITTED.

	DURING THE YEAR.			SINCE OPENING HOSPITAL.		
	Men.	Women.	Total.	Men.	Women.	Total.
State of New York	12	11	23	54	53	107
Maine .....	3	3	6	21	14	35
Connecticut.....	1	0	1	5	1	6
Massachusetts.....	3	1	4	11	6	17
Pennsylvania.....	1	2	3	16	12	28
New Hampshire...	2	1	3	4	3	7
Rhode Island.....	0	1	1	1	2	3
Virginia.....	1	0	1	5	5	10
New Jersey.....	1	0	1	3	3	6
Vermont.....	3	4	7	9	14	23
Illinois.....	1	1	2	6	12	18
Ohio.....	5	1	6	15	12	27
Georgia.....	0	0	0	1	2	3
Wisconsin.....	0	1	1	14	8	22
Indiana.....	1	1	2	7	10	17
Delaware.....	1	1	2	4	1	5
Kentucky.....	1	0	1	3	2	5
Maryland.....	0	0	0	1	0	1
Delaware.....	0	1	1	0	2	2
Louisiana.....	1	0	1	1	0	1
Minnesota.....	5	0	5	10	6	16
Total native born	42	29	71	191	168	359
England.....	11	8	19	64	65	129
Germany.....	18	9	27	80	59	139
Norway.....	15	11	26	65	57	122
Sweden.....	15	7	22	53	25	78
Canada.....	5	6	11	30	15	45
Ireland.....	3	1	4	15	10	25
Austria.....	1	0	1	12	20	32
Prussia.....	0	4	4	4	8	12
Netherlands.....	3	0	3	7	5	12
Denmark.....	0	0	0	8	1	9
Scotland.....	1	0	1	5	1	6
France.....	2	0	2	2	1	3
Wales.....	0	0	0	1	1	2
Unknown.....	3	0	3	23	12	35
Total.....	119	75	194	560	448	1,008

OF THE PATIENTS COMMITTED TO THE HOSPITAL THERE ARE :

Native Born.....	42	29	71	191	168	359
Foreign Born.....	77	46	123	369	280	649

TABLE VII.

SHOWING THE NUMBER COMMITTED BY EACH COUNTY.

	NOW REMAINING IN HOSPITAL.			SINCE OPENING HOSPITAL.		
	Men.	Women.	Total.	Men.	Women.	Total.
Anoka.....	3	3	6	3	6	9
Becker.....	1	...	1	2	...	2
Benton.....	1	1	2	2	2	4
Blue Earth.....	6	5	11	21	15	36
Brown.....	...	6	6	8	14	22
Carlton.....	...	...	...	1	...	1
Carver.....	3	5	8	5	12	17
Chippewa.....	...	...	...	1	...	1
Chisago.....	1	1	2	3	1	4
Clay.....	1	...	1	1	...	1
Cottonwood.....	...	...	...	2	1	3
Crow Wing.....	...	...	...	2	...	2
Dakota.....	8	6	14	24	15	39
Dodge.....	3	2	5	7	11	18
Douglas.....	...	1	1	3	4	7
Faribault.....	5	4	9	12	6	18
Fillmore.....	11	8	19	27	24	51
Freeborn.....	4	2	6	8	6	14
Goodhue.....	12	8	20	36	25	61
Grant.....	...	1	1	...	1	1
Hennepin.....	18	13	31	67	31	98
Houston.....	4	4	8	12	4	16
Isanti.....	3	1	4	4	4	8
Jackson.....	...	1	1	1	2	3
Kandiyohi.....	2	1	3	2	1	3
Le Sueur.....	4	8	12	17	21	38
Legislature.....	2	...	2	2	...	2
Lyon.....	...	...	...	...	...	...
McLeod.....	1	3	4	5	8	13
Martin.....	2	...	2	3	1	4
Meeker.....	4	...	4	6	...	6
Mille Lacs.....	2	1	3	5	1	6
Morrison.....	2	...	2	3	...	3
Monongalia.....	2	...	2	2	1	3
Mower.....	1	2	3	5	7	12
Nicollet.....	14	2	16	31	11	42
Olmsted.....	3	2	5	19	11	30
Otter Tail.....	2	3	5	4	4	8
Pine.....	...	...	...	1	...	1
Pope.....	1	1	2	3	3	6

TABLE VII.—Continued.

SHOWING THE NUMBER COMMITTED BY EACH COUNTY.

	NOW REMAINING IN 'HOSP'L.			SINCE OPENING 'HOSPITAL.		
	Men.	Women.	Total.	Men.	Women.	Total.
Amsey.....	20	35	55	64	72	136
Wood.....	...	...	...	...	2	2
Aville.....	2	2	4	3	5	8
.....	14	4	18	19	14	33
Louis.....	2	2	4	4	2	6
.....	3	3	6	8	12	20
burne.....	...	...	...	1	...	1
ey.....	5	3	8	8	9	17
arns.....	6	3	9	14	4	18
vens.....	1	...	1	2	1	3
ale.....	1	3	4	9	12	21
id.....	1	1	2	1	1	2
asha.....	1	2	3	6	8	14
asca.....	...	4	4	5	8	13
hington.....	9	2	11	21	7	28
onwan.....	3	1	4	3	4	7
hona.....	7	10	17	22	26	48
ght.....	5	4	9	8	8	16
ow Medicine.....	1	...	1	1	...	1
ota Territory.....	1	...	1	1	...	1

TABLE VIII.

## ALLEGED CAUSES OF INSANITY.

	Men.	Women
Ill health.....	43	
Ill health from overwork and anxiety.....	16	
Intemperance .....	44	
Domestic trouble.....	21	
Pecuniary difficulties.....	21	
Disappointed affection.....	18	
Epilepsy .....	32	
Masturbation.....	44	
Puerperal .....	0	
Climacteric .....	0	
Menstrual irregularities.....	0	
Disappointed ambition .....	6	
Religious excitement.....	26	
Political excitement.....	1	
Coup de soleil .....	13	
Injury to head and spine.....	20	
Fright.....	5	
Apoplexy .....	1	
Exposure in army.....	4	
Exposure to severe weather.....	5	
Typhoid fever.....	3	
Death of child.....	0	
Death of wife .....	4	
Death of husband.....	0	
Excessive use of tobacco.....	2	
Loss of property.....	3	
Grief and disappointment.....	2	
Desertion by husband.....	0	
Desertion by wife .....	1	
Opium habit.....	0	
Exhaustion from travel.....	0	
Consulting fortune teller.....	0	
Spiritualism .....	0	
Prolonged lactation.....	0	
Nymphomania .....	0	
Malicious disposition.....	0	
Brain fever.....	7	
Hereditary .....	4	
Severe study.....	1	
Fright from lightning.....	0	
Murder committed at his house.....	1	
Paresis .....	1	
Paralysis .....	2	
Hysteria.....	0	

TABLE VIII—Continued.

ALLEGED CAUSES OF INSANITY.

	Men.	Women.
Nostalgia .....	1	2
Idiocy .....	5	5
Retarded development.....	4	2
Depravity .....	1	1
Violent attacks.....	2	4
Depression.....	1	0
Contagion.....	1	0
Idiocy .....	1	0
History of causation.....	195	132
Total.....	560	448

TABLE IX.

SHOWING THE FORM OF MENTAL DISEASE IN THOSE ADMITTED.

	DURING THE YEAR.			SINCE OPENING HOSPITAL.		
	Men.	Women.	Total.	Men.	Women.	Total.
Acute Mania.....	41	22	63	190	126	316
Chronic Mania.....	25	21	46	109	103	212
Monomania .....	2	1	3	8	5	13
Hyperperal Mania...	0	1	1	0	17	17
Catatyptic Mania...	2	0	2	9	3	12
Idiopathic Mania...	6	2	8	28	20	48
Periodical Mania...	4	8	12	34	13	47
Delirium.....	0	2	2	0	7	7
Manic-depressive.....	27	13	40	100	86	186
Dementia .....	5	3	8	63	49	112
Simple dementia.....	2	2	4	7	12	19
Idiocy.....	4	0	4	9	5	14
Not proper subjects	1	0	1	3	2	5
Total.....	119	75	194	560	448	1,008

TABLE X.

SHOWING THE NUMBER OF ATTACKS IN THOSE ADMITTED.

	DURING THE YEAR.			SINCE OPENING HOSPITAL.		
	Men.	Women.	Total.	Men.	Women.	Total.
First .....	80	55	135	346	315	661
Second .....	11	9	20	62	49	111
Third .....	5	3	8	18	8	26
Fourth .....	3	2	5	7	5	12
Fifth .....	3	2	5	4	3	7
Sixth .....	1	2	3	2	3	5
Not subjects.....	1	0	1	3	2	5
Unknown .....	15	2	17	118	63	181
Total.....	119	75	194	560	448	1,008

TABLE XI.

SHOWING NUMBER ADMITTED EACH MONTH DURING THE YEAR.

	Men.	Women.	Total.
December.....	9	5	14
January .....	14	2	16
February .....	5	6	11
March .....	5	3	8
April.....	10	6	16
May .....	7	8	15
June .....	13	12	25
July .....	14	6	20
August .....	12	4	16
September .....	8	9	17
October.....	9	7	16
November .....	13	7	20

TABLE XII.

## DURATION OF INSANITY BEFORE ADMISSION.

	DURING THE YEAR.			SINCE OPENING HOSPITAL.		
	Men.	Women.	Total.	Men.	Women.	Total.
Under 1 week.....	11	3	14	11	3	14
Under 1 month.....	15	11	26	101	68	169
1 to 3 months.....	13	6	19	61	60	121
3 to 6 months.....	9	7	16	55	45	100
6 to 9 months.....	12	7	19	37	21	58
9 to 12 months.....	4	3	7	15	13	28
12 to 18 months.....	6	3	9	30	17	47
18 to 2 years.....	5	1	6	17	7	24
2 to 3 years.....	5	7	12	30	31	61
3 to 4 years.....	9	4	13	30	20	50
4 to 5 years.....	5	6	11	13	19	32
5 to 10 years.....	8	8	16	31	40	71
10 to 15 years.....	1	2	3	18	29	47
15 to 20 years.....	2	3	5	6	10	16
20 to 25 years.....	1	0	1	5	9	14
25 to 30 years.....	1	0	1	3	0	3
30 and over.....	0	1	1	2	5	7
Not subjects.....	1	0	1	3	2	5
Unknown.....	11	3	14	92	49	141
Total.....	119	75	194	560	448	1,001

TABLE XIII.

## DEATHS AND THEIR CAUSES.

	DURING THE YEAR.			SINCE OPENING HOSPITAL.		
	Men.	Women.	Total.	Men.	Women.	Total.
Marasmus .....	6	3	9	19	14	33
Phthisis.....	2	1	3	10	5	15
Exhaustion from mania.....	1	2	3	10	7	17
Paralysis .....	2	0	2	4	5	9
Epilepsy.....	2	0	2	14	5	19
Apoplexy.....	1	0	1	4	1	5
Erysipelas.....	0	0	0	3	1	4
Typhoid Fever....	0	0	0	2	3	5
Typhomania.....	0	0	0	4	1	5
Pneumonia.....	0	0	0	2	1	3
Diarrhoea.....	0	0	0	1	0	1
Old Age.....	0	0	0	1	5	6
Gangrene.....	0	0	0	0	1	1
Abscess of brain...	0	0	0	0	1	1
Assault by patient.	0	0	0	1	0	1
Death by drown'g.	0	0	0	0	1	1
Cancer of Stomach	0	0	0	1	0	1
Variola.....	0	0	0	4	0	4
Anasarca.....	0	0	0	2	0	2
Bright's disease....	0	0	0	0	1	1
Paresis.....	0	0	0	4	0	4
Cholera Morbus...	1	0	1	1	0	1
Scrofulosis.....	1	0	1	1	0	1
Exhaustion from Melancholia...}	0	1	1	0	1	1
Acute enteritis.....	0	1	1	0	1	1
Total.....	16	8	24	88	54	142

TABLE XIV.

## AGES AT DEATH.

Years old.	DURING THE YEAR.			SINCE OPENING HOSPITAL.		
	Men.	Women.	Total.	Men.	Women.	Total.
Under 15.....	0	0	0	2	0	2
15 to 20.....	1	0	1	5	4	9
20 to 25.....	1	0	1	10	6	16
25 to 30.....	4	1	5	15	7	22
30 to 35.....	3	2	5	10	4	14
35 to 40.....	3	2	5	8	8	16
40 to 45.....	1	1	2	9	5	14
45 to 50.....	2	1	3	8	3	11
50 to 60.....	1	0	1	11	8	19
60 to 70.....	0	1	1	6	5	11
70 to 80.....	0	0	0	2	3	5
80 to 90.....	0	0	0	2	1	3
Total.....	16	8	24	88	54	142