FARIBAULT STATE HOSPITAL

Statement on Nursing Service Patient Care Schedules

Providing the best patient care possible is the paramount concern of this hospital. Commensurate with this is a concern to arrange the daily schedules for our patients in such a manner so as to insure daily living arrangements as similar to a homeliving situation as possible. For some time we have been concerned that in many of our buildings our patients arise at hours which are too early. We are concerned that our patients eat at hours which are too early and are not the hours found in normal living situations. We also have many of our patients going to bed at hours which are not consistent with normal living situations. Due to the hours at which our patients arise and retire, many of the program schedules for our patients have been adjusted to hours which are not always desirable for these programs.

Specifically some patients are arising at 5:00 a.m. with almost everyone awakened at 6:00 a.m. Breakfast begins as early as 6:30 a.m., lunch beginning at 10:30 a.m. & 11:00 a.m. and dinner as early as 3:45 or 4:00 p.m. In some areas patients are in bed by 6:30 p.m. with almost everyone in bed by 9:00 or 9:30 p.m. in order to complete ward work before the night staff comes on duty at 10:15 p.m.

Present shifts for Psychiatric Technicians are: 6:00 a.m. - 2:30 p.m., 2:00 p.m. - 10:30 p.m., 10:15 p.m. - 6:16 a.m. New shifts effective May 20, 1968 are: 7:00 a.m. 3:30 p.m., 3:00 p.m. - 11:30 p.m., 11:15 p.m. - 6:15 a.m.

Auxiliary shifts have also been added for those building with infirmary patients or young patients. These auxiliary shifts are designed to insure the most effective utilization of staff during the main day hours. These shifts are: 6:30 a.m. - 3:00 p.m., 1:00 p.m. - 9:30 p.m.

To arrange for the shift changes an individual staffing pattern has been developed for each building and separate ward area.

Meal hours have been planned for each building which will meet the needs of the patients.

Appointment hours for the dental unit, laboratory, x-ray, out-patient clinics, patient store, have been rescheduled to conform to the new hours. Schedules for school classes, handicrafts, occupational therapy, physical therapy, barber and beauty shops have been revised to meet the new shifts.

The hospital has an authorized complement of 94 Psychiatric Technicians and now has 417 full time Psychiatric Technicians. The hospital also employs 56 Registered Nurses, 12 Licensed Practical Nurses and 47 local students who work in nursing service on a part-time basis.

May 15, 1968