

Patients Program Department Report- MINNESOTA DEPARTMENT OF PUBLIC WELFARE

Faribault State School and Hospital
State Hospital

February, 1963
Month, Year

Instructions: Not later than the third day of the month forward the previous month's report to Department of Public Welfare, 117 University Avenue, St. Paul.

PATIENT ACTIVITIES.

1. Attach Weekly or monthly schedule of group recreational activities that were available for patient during month under direction of this division.

OCCUPATIONAL THERAPY

1. Number of patients enrolled in Occupational Therapy activities on the last working day of the month 21; handicraft 273.
2. Number of newly referred patients to this division during the month .
3. Number of patients dropped from this division during the month |.- .

INDUSTRIAL PLACEMENT

1. Number of patients enrolled in Industrial Therapy activities on the last working day of the month 1,370.
2. Number of newly referred patients to this division during the month 10.
3. Number of patients dropped from this division during the month 12.

REHABILITATION THERAPIES DEPARTMENT

February 1963 Monthly Report

During the month of February the Rehabilitation Therapies Department continued to serve the residents of the Faribault State School and Hospital,, Aimed at furthering the resident's social adjustment and development, these activities are provided through central and dormitory schedules,,

The Recreation Therapies staff in February conducted or assisted at the following central activities:

- 4 Catholic and 4 Protestant Church Services
- 3 Special Entertainment Programs
- 4 Social Dance Programs
- 3 Wheel chair Activity Programs
- 15 Game-Time Programs
- 8 Boys Sports Programs
- 4 Men's Sports Programs
- 10 Men's Basketball Practice Sessions
- 12 Girls Sports Programs
- 4 Women's Sports Programs
- 8 35mm Auditorium Movies
- 68 16mm Ward Movies

Most unexpectedly, the month of February seems to have zoomed by. The month was filled with recreational activity of the sort of appeal to our residents. By month's end many were anticipating the arrival of spring and bets were being made as to who would be among the first to witness the return of robins I

After a consultation with Recreation Therapies staff, the two adult groups who were recipients of an after-Christmas party as first prize in the recently conducted 5th annual Christmas decorating contest, chose to join forces and have the party in Rogers auditorium. Dancing and games, with a lunch to follow, was planned. An abundance of card tables circled the room, with candy at each table for those who wished it. Playing cards were also provided. At first, many of the two groups were stand-offish and indifferent to each other, choosing to remain in the auditorium seats. For these persons the mixer, musical-chairs-in-pairs, was played with success. Once partnered, most of the couples remained together throughout the evening, much to the amazement of the Psychiatric Aides and the Recreation Therapies staff in attendance. It is interesting to note, too, that this particular group, giddy, hesitant, and fearful to socialize at first, expressed the greatest comment about the happy time they had. Pop was served during the course of the evening and, later, coffee and cookies were served in the employees cafeteria. Mrs. Effie Paquette and Mrs. Helen Hoffmann, Patient Activities Leader I's, assigned to recreation work in Skinner and East Grove divisions respectively, supervised the affair.

One bright sunny, spring-like Sunday, early in February, buildings housing adults were contacted to determine the number interested in tobogganing on the hill south of the Dairy. Much to Recreation Therapy staff's surprise, ninety persons indicated their desire. In preparation numerous bales of straw were arranged around a fire pit filled with wood. The groups assembled at Rogers auditorium and were shuttled by panel truck to the slide area. The ride was an unexpected and enjoyable treat, The afternoon was quickened by rides, spills, and thrills galore. During the activity marshmallows were made available for roasting at the warming campfire. Hot coffee was served later at Rogers cafeteria, a fitting climax to a well spent afternoon.

Word of the excursion quickly spread and Recreation Therapies staff, besieged by requests, arranged another tobogganing party late in February at a time when the snow was in abundance. Needless to say, all the residents had a delightful and memorable experience. Mr. Jerry Johnson, Patient Activities Leader I assigned to recreation work in Sunnyside division, was assisted by two Recreation Therapies staff members in conducting the outings.

Valentine's Day was observed throughout the campus. In many dayrooms, and in the dining rooms too, decorations gaily marked the occasion. Manufactured from construction paper and lacy ribbons donated by 3-M, the decorations well represented the surprising artistic ability of the residents. Assorted Valentines made by the residents also decorated the auditorium for the social dances held on the 5th & 12th.

In February an orientation to Hospital services was attended by three new personnel employed in Recreation Therapies. They were Miss Dianne Lee and Mrs. JoAnn Hoffmann. Patient Activities Assistant I's assigned to recreation work in Greenacres and Skinner divisions respectively, and Mrs. Helen Hoffmann, Patient Activities Leader I, East Grove.

Mr. Gary Schmidt, Patient Activities Assistant I assigned to recreation work in Sunnyside division, is attending classes in Psychiatric Aspects of Patient Care, a course taught by Mrs. Kenny, R.N., nursing instructor. When all units of training are completed, a training period of 635 hours, the Rehabilitation Therapies trainee will be eligible to apply for the Civil Service examination which would qualify for the Patient Activities Assistant II position.

Various Recreation Therapies personnel attended a three hour lecture by Mrs. Kenny on epilepsy, February 25.

Mrs. Margaret Reuvers, recently re-employed as a Patient Activities Assistant I assigned to recreation work in East Grove division, reacquainted herself with the residents in that division. She reports a summary of work carried out during the month of February. Some of the activities carried out in several of the buildings are: Pine, marching and circle games; Birch, visiting, helping with handiwork, playing records and singing; Spruce, marching, dancing, circle games; Laurel, assisting with scrapbooks, table crafts, table games; Rose, tobogganing. Mrs. Reuvers was pleased by the active interest shown by the participants, many of whom had not previously taken part.

New employees in Recreation Therapies are favorably impressed by the cheering atmosphere created when, in ward-recreation, the popping of popcorn is one of the featured activities. These new staff find the activity an excellent manner in which to become acquainted with the residents. The conviviality and happiness of these events is indeed a pleasure to behold.

A problem arose in our boys' sports program in which these active youngsters came to the activity in the auditorium fully clothed with winter wraps and overshoes. As a matter of course, they hung their coats over the back of their seat. During the activity and after participating, the boys would return to their seat. A commotion would begin and soon overshoes, mittens, caps, and coats would be thrown about into a scramble. The remedy proved simple. Since no amount of reprimanding words had an effect, the boys were moved to a different section of seats after removing their winter wraps. There they remain seated until the activity is over after which they return to the original seats.

Clothing is intact and time is saved in getting the boys ready without having to search for lost apparel. The groups can be readied and dismissed in very short order without unnecessary confusion and commotion,

In addition to planning, organizing, conducting, and supervising a full schedule of central and ward-recreation activities, the Recreation Therapies staff assisted and supervised with the seating and lighting effects at the following special entertainments:

On Sunday afternoon, February 3, Mr. Don Swani and forty of his accordian students presented a concert of accordian music. This is the second occasion that Mr. Swani, Minneapolis dance band director, has brought his students to entertain here. The program featured a wide variety of musical numbers, many to which numerous residents kept time by clapping. Mr. Swani with his dance band has at various times entertained here under the sponsorship of the Harry C. Molm American Legion Post 611 and the Teamsters Joint Council #32. His friendship and personal interest in the happiness of our residents has proven constant and gratifying.

A victory for our basketball team on February 6 was a long time in coming, but was well worth the wait for the team. Previously two close games were lost to Owatonna. With the caliber of ability demonstrated by our players, victory was bound to come. Come it did, against a strong Cambridge State School and Hospital team, by a score of 39 to 30! Played at Rogers gym-auditorium, the victorious team was highly elated indeed, as too, were the many fans in attendance. Scoring highest for the evening game was Owen Rasmus sen, of Huron who collected a total of 24 points. Sixteen being made in the last half despite the efforts of three opposing defenders. Recreation Therapies staff working with these players comment that this victory was due to marked team effort, an indication that the players are learning the value of team play.

At the suggestion of Mr. Delbert Knack, School principal, of Faribault State School and Hospital, arrangements were made with Mr. Robert Koring, principal of Peace Lutheran School, Faribault, for that school's presentation here of an operetta, "Jack and the Beanstalk," on Thursday evening, February 28. The young cast, 80 strong, overwhelmed our residents with a show done in taste and within their range of comprehension. Youngsters from Rose and Mohawk sat with rapt attention and admiration throughout the show. A total of 950 residents attended.

Three hundred residents, all engaged in various work assignments in food service, were guests at a sock-hop on the evening of February 13. An annual affair, the thoroughly enjoyed event was given by the Food Service Department. Mr. Dewey Cates, Patient Activities Leader I, assigned to recreation work in Greenacres division directed the institution dance band. Mrs. Margaret Reuvers, Patient Activities Assistant I, assisted with the direction of the evening's program.

Thanks to the generosity of Brown and Bigelow, St. Paul, Mr. R. D. Miller, their public relations manager, arranged for the delivery of a sizeable gift of 1963 calendars. This company donated calendars last year also. The gift is one of particular value to our residents, giving great satisfaction and pleasure. Untold numbers of calendars are soon scored for birthdays, visits, and special events.

The two portable basketball standards originally purchased for use in Rogers gymnasium, and for the past three years positioned on the concrete slab at the central playground, were recently moved, one each, to the Pine and Spruce dayrooms. The youngsters at these buildings are having a "ball" shooting baskets rather than throwing the balls at light fixtures, or each other. The two standards, incidentally, while felt useful at the playground, were becoming damaged as the result of "tinkering." It is reasoned the standard's new use will bring more pleasure and satisfaction.

Each of the 218 residents observing birthdays in February were on the 12th honored with an addressed birthday card, a dixie cup of ice cream, and a decorated cake-square.

The past month Barbering service gave 1,334 haircuts and 120 shaves.

During February Beauty operators gave 38 permanents, 202 haircuts, and 474 fingerwaves.

Handicraft and Occupational Therapy

On February 5, the new Handicraft class schedule went into effect. All students were evaluated prior to the change and those individuals who it was felt would derive no further benefit from the program were dropped,, Many others were transferred to new classes if it was felt that they had received maximum benefit in a given area. Many individual also remained in the same class because their instructor felt that they would definitely benefit from further instruction. In each case every effort was made to make the best possible class assignment. Those individuals who have no free time during the day were scheduled in the evening, and all others will attend during their free hours or days off whenever possible. In changing the classes 36 people were dropped and 46 new members were added to the program. The instructors are in the process of writing progress reports for the Medical Records Charts.

The enrollment is not at its maximum yet because --- is still attending classes for two to four hours two and three days weekly.

On Tuesday evening, February 19, five members of various Handicraft Classes participated in the program for the Rice County Association for Retarded Children. Mr. Berg explained the functions of the department and the class members displayed their pro-

---, ---, ---, and --- displayed articles from dressmaking, leathercraft, woodworking, drawing and oil painting areas. These people made a fine appearance and did very well as representatives from the department.

Mrs. Good began the new unit in the Activities of Daily Living Classes by discussing class content and what is expected of each participant. Besides meal preparation great emphasis is placed upon appliance operation and care, kitchen arrangement and cleanliness, table setting and decoration, clothes washing and ironing, etiquette etc. The first unit is the breakfast menu. The first preparation was toast, fried eggs, coffee, and cereal. The second consisted of baking powder biscuits, scrambled eggs, cereal and coffee. During the week of Valentine's Day they departed somewhat from the regular schedule by making assorted cakes and serving treats to all other classes during the week.

--- is one individual who was enrolled in the cooking and general craft program recently and is adjusting very well. This girl was recently returned to the institution and may eventually be a possible community placement prospect. She is being scheduled in handicraft and other phases of the rehabilitation program to give her the benefit of as much training as possible. Initially she

appeared rather arrogant, but she has gradually become more cooperative, sociable and self-assertive. She is indicating more and more interest for the classes.

General Craft Class members continued to work on a variety of projects. The new members are beginning with simple leathercraft, hand weaving, painting, sketching, needlecraft activities, etc., according to their interests. These simple projects are used to evaluate the individual's ability for future projects and instruction. Many of the class members as well as non-members assisted Mrs. Sveiven with the style show decoration.

Many new individuals are getting started on sewing activities. They are learning the basic sewing techniques by making a sewing book as a beginning project. This incorporates simple lay-out, hemming, basting, sewing straight lines on the power machine, and learning to operate the buttonhole attachment. This project has several purposes. It enables the student to learn basic sewing techniques and gives the instructor the opportunity to observe the student's capabilities. For those who have a great deal of difficulty the instructor will find the areas of difficulty and concentrate on them, It also provides each individual with a systematic means of storing future projects.

During the month many of the fellows in the Woodworking Class assisted Mr. Johnson, their instructor, with the construction and painting of the picket fence, wall and trellis used for the style show stage. Besides the regular projects that are in progress several of the boys helped repair sleds and drilled holes and applied new metal skids to many donated sleds.

The new members of the Ceramics Class are learning the basic steps in clay manipulation. Many of them have made "pinch pots" and are now making items by the "slab" method. The older members continue to work on a great variety of interesting projects.

In-Service Training Schedule for February:

- Feb. 5 The films, "Terrible Twos and Trusting Threes," were shown and discussed.
- Feb. 6 Mr. Kroska, Mr. Welsandt, and Mr. Berg spoke to the new orientation class on their departments' role in the Rehabilitation Therapies Program.
- Feb. 11 Reading of new case abstracts and program discussion.
- Feb. 18 Mr. Berg spoke to all new Rehabilitation Therapies personnel on the history and philosophy of Occupational Therapy.
- Feb. 19 The films, "Frustrating Fours and Fascinating Fives," were shown and discussed,
- Feb. 25 Reading of new case abstracts and program discussion.

In Occupational Therapy the enrollment is 21. This case load consists of 16 physical disabilities three of which are only seen periodically in their building area. The building personnel have been given instructions. The remaining 5 patients are psychiatric or behavioral problems. One physical disability was discontinued because it was felt that he had received maximum benefit and one returned from Rochester and was added. Three patients, ---, ---, and --- have recently had hand surgery consisting of tendon transplants. They are all being seen regularly for exercise and muscle re-education. ---, a psychiatric patient, was admitted to the hospital because of severe depression and withdrawal. He is seen only periodically on the ward. Periodic progress notes are continually being written on patients as indicated, --- also participated in the program on February 19th for the Rice County Association for Retarded Children. He demonstrated his typing ability.

Raymond C. Roach
Rehab, therapies Supv.