

REHABILITATION THERAPIES DEPARTMENT  
November, 1961 Monthly Report

During the month of November the Rehabilitation Therapies Department continued to serve the residents of the Faribault State School and Hospital. Aimed at furthering the residents' social adjustment and development, these activities are provided through central and ward schedules.

The Recreation Therapies staff in November conducted or assisted at the following central activities:

- k Protestant and 4 Catholic Services
- 4 Evening Religion Classes
- 2 Community-Sing Programs
- 4 Social Dance Programs
- 5 Wheel chair Activities Programs
- 18 Game Time Programs
- 12 Boys Sports Activities
- 5 Mens Sports Activities
- 12 Mens Basketball Practice Sessions
- 8 Girls Sports Activities
- 4 Womens Sports Activities
- 4 35mm Auditorium Movies
- 75 16mm Ward Movies

Early November witnessed numerous Thanksgiving decoration projects underway. This year the majority of the campus residences were attractively decorated with various motifs symbolic of Thanksgiving. Pilgrim scenes, fruits of harvest, and turkeys were cut from colored construction paper either by the residents alone or with the assistance of the Recreation Therapies staff.

The residents of Osage cottage had a gratifying experience creating their own special Thanksgiving decoration. Under the direction of Miss Marlene Cram, Patient Activities Assistant I, assigned to Greenacres Division, these residents made a spectacular "Turkey Gobbler" which, with the greeting "Happy Thanksgiving" in large cut-out letters, they proudly displayed upon their dayroom wall. Overlapping one another, feather-fashion, crayon colored paper feathers were carefully glued upon a life-size outline of a turkey made from a light brown construction paper. The turkey quickly took on identity as each participant enthusiastically created feathers in colors of his own choice. Not only the boys who attend school but also the wheel chair spastic patients, and others with lower intelligence levels, were most proud of their group achievement. They all look eagerly forward to making a similar project, a Santa, for Christmas.

Awards were presented to ten male residents in recognition of their skill in the annual pool tournament conducted this past spring. The ceremonies were held at the community sing program on the evening of Sunday, October 22. The pool champion had the honor of placing his trophy in the trophy case in the lobby of Rogers Memorial Center.

Through arrangements made by a former resident's parents, Mr. and Mrs. --- of Minneapolis again brought their friends, Mr. Lee Larson and his music group, to provide accompaniment at the scheduled community sing on Sunday, Nov. 5\*

As he had done on two previous occasions, Mr. Larson with his guitar lei in the singing of Western songs and, at his invitation, various residents sang with him on stage. The musicians also entertained with snappy country tunes and waltzes and polkas. Needless to say, everyone of the residents present zestfully entered into the exuberant spirit of the event.

Preceding the scheduled auditorium movies on the evening of November 11, Mr. William Bottke of the Faribault Legion Post #47 addressed the audience upon the historical significance of Veterans Day. The National Anthem and other patriotic songs were sung following the saluting of the Flag and the address.

Rousing, peppy band music was again enjoyed by our residents at two afternoon concerts presented on Sunday, November 12. The appearance of the sixty-five members of the Mankato Senior High School band, under the direction of Mr. Robert Nothenscald, was sponsored by the Mankato Association for Retarded Children. Mrs. Roland Meyer, active in the M.A.R.C., beside arranging for the program also arranged for the Mankato buses to transport men from Grandview to the concert. Between concerts two groups of band members were taken on a campus tour.

On Sunday, November 19, Mrs. Mary Jane Olson from St. Paul presented her students in a dance recital at two afternoon performances at Rogers Memorial Center. The twenty-five youngsters in the program entertained with an assortment of ballet, tap, and acrobatic dances. The program was most effectively presented with the use of "black lights" by which costumes became fluorescent. The residents were much awed by the spectacle. The dancers were guests at the evening meal. The program was arranged by Mrs. Gordon Truax, mother of Mrs. Olson. Until her retirement Mrs. Truax for many years brought her own students here to perform.

The Military Order of the Cooties, of the Antsinpants Pup Tent Post #14, Minneapolis, sponsored the appearance of the Wachi Dancers at two afternoon programs on Sunday, November 26. Under the leadership of Mrs. Clarence Hauwiller, Anoka, the twenty colorfully and authentically costumed youths and children presented portrayals of Indian dances to the rhythmic beat of tom-toms. The program served admirably as both entertainment and education. The men residing at Grandview were guests at the program, through the courtesy of the Faribault Exchange Club. The Club has been sponsoring Grandview's transportation to the campus once a month.

The recreation room in the Willow Cottage basement was indeed a scene of feverish activity on November 20 as Recreation Therapies staff members began setting up the Cedric Adams Christmas Gift Center. Tables and shelves were erected and on them are displayed donated gift items either surplus from last Christmas or gifts received after January 1, and throughout the year. A good assortment of gifts are on display. However, this year it is apparent that certain desired men's and Women's toiletries are in short supply. It is fortunate that a nominal amount of money has been allocated for the purchase of such additional gift items.

Large paper bags have been again distributed to each of the cottages. Each to be labeled with a resident's name and the gifts desired, these bags will then be brought by the Charge Aide to the Christmas Gift Center at the time the cottage is scheduled for its gift selection, The Center will begin operations on December 1 and will continue through the 22nd\*

Six members of the Recreation Therapies staff on November 2 attended the fall conference of the Minnesota Recreation Association held at the Lowry Hotel, St. Paul. Attending the conference were Miss Roberta Greutzman and Mr. Dewey Gates, both Patient Activities Leader I's, Mr. Kenn Kroska, Patient Activities Leader II, and three Patient Activities Assistant I's, Mrs. Muriel Greene, Miss Marlene Cram, and Mrs. Barbara Priem. The group returned home enriched by the conference meetings and discussions, the demonstrations and the exhibits.

The procedures for conducting a rhythm band, as demonstrated by Mr. William Whitford at the recent annual Minnesota Recreation Association conference, proved most helpful to Miss Roberta Greutzman, Patient Activities Leader I assigned to East Grove Division. Miss Greutzman relates that the formal introduction of these rhythm band procedures to the forty school girls living at Rose cottage resulted in a most interesting and educational experience. After displaying the various rhythm instruments and giving a brief explanation of their function, with a demonstration of each, the instruments were categorized "loud" or "soft." Emphasis was given that these were NOT noisemakers but "real musical instruments." Divided into two sections, with the "soft" section on the left given rhythm sticks and the "loud" section on the right given tambourines and shakers, each child had the opportunity to individually experiment with her particular instrument while Miss Greutzman offered helpful hints and constructive suggestions. The children, tense and excited about a new activity, first released their excess energies accompanying the piano in mass ensemble to the tune of "Over the River and Through the Woods." Turning from a Thanksgiving to a Christmas theme, the group was then molded in an authentic rhythm band production. "Jingle Bells" was selected as a familiar, simple, easily interpreted songs and was divided into three parts: a piano introduction of the melody, first; secondly, the verse, of "soft" instruments only playing on cue "Dashing through the snow"; thirdly, the chorus, of "loud" instruments joining the "soft" instruments on cue "Jingle Bells." The children enjoyed listening for their cues, and most of them took pride in playing only when supposed to play, stopping and starting on signal. They were shown the official director's "signs" for starting, stopping, and dynamic contrast. After the "band" became familiar with their issued instruments, each child was given the opportunity to "change sides," to experiment with a "loud" and a "soft" instrument, and to listen for DIFFERENT cues. Many indicated a desire to change and performed well in the new position on a new instrument. At the conclusion of the lively hour the *group* sang Christmas hymns. The school girls at Rose cottage expressed an enthusiastic wish to soon again "strike up the band."

Mrs. Margaret Reuvers began employment on November 27 as a Patient Activities Assistant I for recreation work in the East Grove Division. Mrs. Reuvers occupies the position vacated November 14 by Mrs. Barbara Priem.

Each of the 241 residents observing birthdays during November were on the 14th honored with an addressed birthday card, a dixie cup of ice cream, and a decorated cake square,

In November our beauty operators gave 548 haircuts, 69 permanents, 44 shampoos, and 54 finger waves.

Barbering service gave 1,350 haircuts and 317 shaves during November.

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### Handicraft

Daring November, the handicraft department continued to carry out the scheduled program for patients. Along with this they conducted a special sale of craft items. The purpose of this sale was to advertise articles the patients make and to clear out items that have been on the shelves for a long period of time. The money, as usual, is put into the diversified labor fund.

On November 15, 16, and 17, craft instructors attended the annual Christmas Craft Institute in Minneapolis. During the remaining time until Christmas, they will demonstrate what they have learned to other employees and patients for use during the Christmas season. These instructors also decorated the employees dining room for the annual Awards Ceremony on November 9.

In ceramics class, students continue on a variety of projects. New members have been added to the class which has been gradually decreasing in size. Because both kilns are out of order, many items remain unfinished, but this has caused no lack of interest on the part of the participants.

General craft classes continue on their regular projects and have also begun to make Christmas decorations. These groups will be assisting in decorating the handicrafts area as well as the lobby of Rogers Memorial building.

Cooking classes are now making hot dishes and desserts. One new patient, ---  
**mmmmmm**, is getting along very well and seems to be deriving a good deal of benefit from the class. Another girl, ---, was added to a group because she is a good community placement prospect, and it is felt that she will benefit from the class. For her, emphasis is placed on experiences that she might encounter in the community,

Sewing projects completed during the month include dresses, housecoats, aprons, blouses and skirts. One patient who has been showing a steady increase in interest and ability is ---. She has been in the class for about one year and has completed several projects - a housecoat, pajamas, and a dress.

### Occupational Therapy

In Occupational Therapy enrollment is now 29. Two patients were added and one was discontinued as it was felt that he had derived maximum benefit from the program. He has been referred by O.T. to the Physical Education instructor for some follow-up. Both of the new patients are part of the orthopedic surgery program. Referrals on patients in this program come in steadily, but with enrollment in O.T. at its maximum, it is becoming difficult to give these patients the treatment they should have. If all of these people can be grouped in one area, it will be easier to give them an adequate follow-up program. Possible ways of grouping are now under consideration.

Mrs. Sveiven was on vacation from 11-20-61 to 12-4-61. Two volunteers have begun conducting a general craft class on Thursday evenings. They are Sharon Bauer and Audrey Kerrich, both from Faribault. At present, enrollment in this class is five. Others will be added gradually.

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In-Service training attended by all Rehab. personnel

November 7	- Educational therapy - Mr. Knack
8	- Educational therapy - Panel from school department
14	- Recreation - Kroska
21	- Recreation - Kroska
28	- Discussion of test

Supervisor of rehabilitation Therapies