

DATE : March 23, 1951

STATE OF MINNESOTA

DEPARTMENT Minnesota State School and Hospital

# Office Memorandum

TO : Mr. E.J. Hagberg

FROM : Thurston Smith, M.D.

SUBJECT: Monthly Summary of Clinical Services For  
November and December 1950

**The Population** - 34 new admissions (27 females, 7 males) most of them young children with physical handicaps were entered during this period. This space is almost completely filled and we are only able to accommodate emergency male admissions although we have had 25 vacant female beds during December. It was believed best to limit female admissions to emergency also in view of our outbreak of infectious hepatitis which has not subsided. Quarantine restrictions have prevented continued population shifts between buildings and vacations could not be granted our placemate beds.

**Vaccines** - Polyzonal vaccine (types A & B) was given to all new admissions during November and December, as well as 35 male and 27 female employees at their own expense.

**Infectious hepatitis** - There had been no patient cases in August; 10 developed in September, 53 in October, 42 in November and 21 in December. The majority of cases were mildly ill from 5 to 20 days with severity roughly correlating with increasing age, the adults being definitely sicker. One adult female who previously had hepatitis 4-11-50, developed clinical symptoms again in October '50, seemingly recovered during November but on December 4 relapsed and died in hepatic coma December, 21st. This was the second hepatitis death during the current outbreak, a small boy having died last July.

Seven male buildings had been involved since the outbreak; three additional male buildings developed cases during this period: Mackay (2), Millwood (2) and Stone (1). Seven female buildings had been involved since the outbreak; three additional female buildings developed cases during this period: Rose (6), Ivy (4) and Papp (1). Total patient incidences by December 31, 1950 were 107 males, 20 females.

From April to November 1, eight employees had developed hepatitis; from November 1 to December 31 seven more employees were affected in the following areas: Hays (2), George (2), Hubert (1), Laurel (1) and Recreation center (1). Of the total of 15 by December 31, 1950, 5 were male and 10 were female.

The three degrees of quarantine approved by the State Board of Health were continued: (1) No patient in unaffected buildings could leave the grounds unless by relatives' private car and then not to visit homes or public places; (2) No patient in partially quarantined buildings to leave the building but could be visited if not ill or recovering from infectious hepatitis; (3) No patient in fully quarantined buildings to leave the building or receive visits. Teachers and recreation workers continued programs in partially quarantined buildings with fairly good acceptance of conditions although they are in need of further in-service training in public health.

Gamma globulin was and will continue to be given to new admissions, employees and detail contacts.

**Chloroquine** - 2 patients in Pine developed positive symptoms, one recovering and one apparently well but still serologically positive December 31. Chloroquine still appears to be the most effective antibiotic. One employee in Maple became ill early in November and recovered December 3.

**Shingles** - 15 cases developed in Pine during November and 7 cases in Hospital surgery during December; all recovered within 15 days after onset without sequelae.

**Impetigo** - 1 case developed in Pine during November; 3 cases developed in Pine and 1 case in Hospital surgery during December. All recovered in a normal manner.

**Strep. Infections** - 55 new cases developed during November and 81 during December with 21 cases remaining on December 31. The incidence in male buildings has increased to 2:1 over females.

**Measles** - there were 4 during November and 6 during December.

**Twins** - one pair of twins during November, one being stillborn on Gynecology section for cord rupture. There were no births in December.

**Surgery** - During November: 2 tonsillectomies (Late Orange patients), 2 hemorrhoidectomies, and one of each: cholecystectomy, Gynecology section, mailing of hip and arthrodesis of wrist. During December: one of each, leg amputation, vein stripping, hydrocele repair, hemorrhoidectomy, mailing of hip, arthrodesis of finger, fusion of thumb, triple arthrodesis of ankle (3 cases). All orthopedic surgery mentioned above was done by Dr. Charles Magee, a Mayo Sr. Fellow, at our hospital since our outbreak of infectious hepatitis precluded sending our patients as usual to Rochester State Hospital for orthopedic surgery.

**Deaths** - 5 patients expired in November from the following causes: 1 chronic lipid pneumonia, 1 bronchopneumonia, 1 septicemia, 1 cerebral hemorrhage and 1 stillbirth, one of a pair of twins delivered by Gynecology section because of ruptured cord. 6 patients expired in December from the following causes: 4 bronchopneumonia, 1 coronary thrombosis, and 1 acute yellow atrophy of liver due to infectious hepatitis. One patient on U.S. - Rochester died of uremia due to carcinoma of urinary bladder.

**Amputations** - 2 were performed in November and 4 in December.

**Psychology Department** - Report for November and December. Nine cases were seen during this period for diagnostic study or therapy, referred as follows:

New admissions	5
Social Service	1
Medical Service	2
Psychology Department	$\frac{1}{9}$

The fact that much of the institution was quarantined for Infectious Hepatitis during this time has given us time to develop a new research program in which we are exploring the relatively superior perceptual-motor ability (as compared with verbal comprehension and reasoning) of the mentally retarded in relation to the normal population. While this fact emerges from intelligence test performances, we are trying to see whether this will also show up on other types of task and in relation to ease of learning. A pilot study comparing the conceptualization of retarded and normals with meaningful and perceptual materials has encouragingly confirmed the test findings. In the course of doing this pilot study, we have learned that it is possible to use certain group testing procedures with the mentally retarded and to obtain reliable results. Dr. Choe has been most active in supervising on this project and has demonstrated great resourcefulness in devising materials and techniques.

Dr. Baker attended meetings of the Intra-Institutional committee during both November and December. He also participated in case discussions held with personnel of the Hennepin County Welfare Board, and met with the Miss Mary Murray Council on Incurable Children. Dr. Harold Davis, psychological consultant, visited one day during November and left a program review questionnaire which will be filled out at a later time.

Social Service Report for November 1961 - On November first, the Social Service Supervisors attended the Therapy Conference. Another Therapy Conference was held on November 19, which was also attended by the Social Service Supervisors. Due to the spreading of cases of hepatitis into a number of buildings, most of the discussion at these conferences centered around methods of control and quarantine. The Social Service Workers are spending many hours assisting in getting out notices of the restrictions, writing many individual letters and making and receiving many telephone calls as to the condition of patients.

In November, two case conferences were held at which twenty new admissions were presented. Also included was one male ward who was transferred from the Cambridge State School and Hospital. Eleven patients were discussed who had become involved in difficulties within the institution, and recommendations were made as to treatment, special studies and programming.

There were twenty-six new admissions in November. In all instances, either, or both the families and social workers accompanying these wards were interviewed and additional social history obtained. The relatives were helped to become better oriented as to the institution facilities and program, so that they were less apprehensive over admitting their member.

Other case conferences were held with small groups of staff personnel who were directly concerned with working with a particular patient within the institution. From these meetings came recommendations as to future therapy for the patient concerned.

On November 10, the Social Service Supervisor attended in the Department of Public Welfare a Meeting of all State Hospital Social Service Supervisors. Miss Malquist, Supervisor of Patient Transfers, discussed the procedures relative to the admission and the transfer of patients. In addition, she furnished information about the interstate compact agreement among certain states.

The two social worker interns attended the opening sessions of the Aide Training Course given by the Nurse Instructors in order to orient themselves as to the background, history and development of institutional care of the mentally retarded in Minnesota. This opportunity to attend resulted in a better knowledge of the content of the course and the employees who were enrolled.

Social Service Report for December, 1961 - On December 1, a Case Conference was held for the Institution Staff. Twenty members were present. The Superintendent presided. Nine new admissions were presented, their cases discussed and recommendations made as to further study, programming and indicated treatment. Seven patients who had had some maladjustment or mental and physical illness, were also discussed and observations made which might be helpful in working with them.

On December 6, a Case Conference was held with Social Workers from Unit II of the Medical Division of the Hennepin County Welfare Department. Miss Daughorn, Director of Casework Services, Department of Public Welfare, and Mrs. James Smith, Case Supervisor, Hennepin County Welfare Department, were also present. About ten cases were discussed intensively and agreements made as to tentative placements or more study and training, during their institutional stay, while a number of other cases were mentioned. An interchange of information resulted to the advantage of both the County and the Institution. While visiting in the buildings, the Workers met and

talked with a number of their resident patients.

Due to restrictions on all vacations because of infectious hepatitis, notices had to be sent out to all families of patients explaining the situation. Certain buildings were placed in quarantine and the Social Service Staff helped to issue the notices, as well as answer many calls and letters of inquiry relative to the condition of patients.

Five new admissions were received and the relatives interviewed at the time of entrance, and helped to know about the care and programming of training afforded the patient here. Another patient was received by transfer from Willmar with very little information. Social Service secured more history and prepared an abstract.

Four patients were discharged from the Institution population following either an extended vacation or a lengthy trial placement under the supervision of the County Welfare Department. All of these had had intensive reports and recommendations previously prepared by social service. Another patient was sent to the home of a relative to assist in keeping house for this individual and to receive some necessary assistance, while a County Social Worker maintained supervision. This plan materialized after years of vacations in the same home, and continuous urging that it be put into effect. Another patient returned home to live with her parents as they were well able and willing to assume the responsibility of caring for her.

The Social Service Department was represented at Therapy Conferences informally, and the Social Service Supervisor attended a meeting on December 28 of Institution and Department of Public Welfare Personnel relative to transfers to Kankakee, placement obligations, and individual transfers of patients between institutions for the Retarded. As a result of this meeting the Social Service Supervisor attended a Case Conference at which a Runney County Case was discussed.

Inventory Report for November and December 1952 - The supplying of pharmaceuticals and drug supplies to the hospital and Institution continues in a normal routine manner.

Prescriptions filled for individual patients during November and December summarize thus:

new prescriptions	283
refills for:	
East Grove Division	360
Skinner Division	381
Greenacres Division	436
Runnyside Division	613
Grandview	4
Lake Geneva	6
Total	<u>2083</u>

These figures do not include clinic orders, hospital ward orders, or drug-basket orders.

A complete physical inventory of the drug stock was again taken in preparation for a quarterly requisition estimate.

Study - During December several radioactive potassium studies were done on new cases of hepatitis by Dr. Thomas Casey, a Mayo Fellow under the direction of W.H.J. Summerskill, Clinical Section at Mayo Clinic. These studies will continue through the coming months. Visiting nurse groups had been discontinued during November and December because of infectious hepatitis but some talks were given to student groups.

April 3, 1961

Faribault State School and Hospital

Dr. E.J. Engberg

Thorsten Smith, M.D.

Monthly Summaries of Clinical Services for January & February 1961

The Population - During this period all new admissions were limited to emergencies (7 males, 7 females) because of continued incidence of infectious hepatitis. 2 girls reaching age 12 were transferred to us from Shakopee. Our male beds remained filled except in the Dairy; we continued to have about 20 female vacancies which might be filled by an equal number of Southern Minnesota residents at Lake Owasso or by new admissions from the waiting list at the appropriate time later. Many placements are pending and will provide additional spaces when the outbreak has subsided. On February 9, Cambridge transferred 23 girls to Lake Owasso, filling the additional dormitory areas recently completed there providing a total of 130 beds.

Medicine - Infectious Hepatitis - Every building of the main institution has had patient cases except Dakota (maximum security, male) Glen, Springdale, Grandview (5 miles away) and Holly (one Food Service employee in January) and Dairy ( $\frac{1}{2}$  mile away). From a high of 61 cases in December, 46 cases (28 male, 18 female) developed in January and 25 cases (20 male, 5 female) developed in February. The total patient incidences from last July to February 28 were 155 males and 83 females. The majority of cases continue to be mildly ill, the more severely ill being adults. The third hepatitis death in the current outbreak occurred in a 35 year old male who had ordinary clinical symptoms on 2-10-61 but on 2-13-61 sudden vascular collapse ensued and he expired that day. Autopsy revealed acute hepatic necrosis and pulmonary edema.

During January and February, 6 female employees developed infectious hepatitis: 3 in hospital, 1 in Daisy where no clinical cases had occurred since October, 1 in Holly (Food Service employee) where no clinical cases had ever occurred and a house-keeper who had had no contact with clinical cases except that possibly her husband who was employed in town may have had infectious hepatitis last fall. 2 male employees developed this illness during the same period: One in Seneca and one in West building. From April to February 28, a total of 23 employees had been affected, 7 males and 16 females; 12 still remained off duty on February 28, 3 males and 9 females.

The advice of the State Department of Health is still being strictly followed regarding quarantine limits within the institution; no vacations or placements have been possible since last October; gamma globulin is continued to be given to all new admissions and new contacts among employees and patient details. The State Department of Health has provided us with 600cc since July 1960 and we have purchased 200cc in the past 2 months.

Shigella - one case in Pine remained from December and two more cases developed in Pine during January; all 3 recovered by January 31.

Chicken Pox - during December there had been 7 cases in Hospital nursery, all recovering within 2 weeks; 15 more cases developed there in January, all recovering before January 31.

Erysipelas - during December there had been 3 cases in Pine and one in Hospital nursery with normal recovery; no cases occurred during January; a single case appeared in Cedar during February and had not been discharged by February 28.

Staph-Infections - 63 new cases developed during January and 52 during February with 14 cases remaining on February 28. Male patients continue to account for 2/3 of incidence.

Fractures - there were 3 fractures in January and 4 during February.

Births - none during January; one normal delivery in February.

Surgery - there were no operations during January or February and transfers to Rochester State Hospital were postponed with the understanding that emergencies which we could not perform would be accepted.

Deaths - 8 patients expired during January: 1 coronary occlusion, 3 arterio-sclerotic cardio-vascular renal disease, 3 bronchopneumonia, 1 spontaneous bilateral pneumothorax. 5 patients expired in February: 2 bronchopneumonia, 1 infectious hepatitis with acute hepatic necrosis, 1 chronic lipid pneumonia, 1 adenocarcinoma of ovary.

Autopsies - 5 were performed in January and 4 in February.

Psychology Department - Twenty patients have been seen during this period for study or therapy. These were referred as follows:

New Admissions	2
Social Service	2
Medical Service	7
Review Conference	4
Psychology Dept.	4
Outpatient	1
	<hr/>
	20

In January the members of the department participated in regular meetings of the therapy, administrative, and patient review conferences, as well as in many special discussions of individual patient problems and programing. We also took part in a meeting with Hennepin County staff members. Dr. William Osborn, Director of the South Central Mental Health Center, visited on two occasions, bringing two of his staff on one of these visits, and was oriented to the institution program and facilities. Mr. Madow attended a Chief Psychologists meeting in St. Paul and a meeting of the Rice County Inter-agency Committee on Mental Retardation in Faribault. He spoke to P.T.A. groups in Faribault and Waterville. Mr. Robert Johnson of the Bureau for Psychological Services spent a day and a half here receiving orientation in mental retardation.

During February, in addition to the regularly scheduled staff conferences, we attended an Inter-Institutional meeting and a research conference in St. Paul.

The major project of this period, however, was gathering data for a study in which we sought to verify the relatively superior perceptual organization and inferior verbal comprehension of mental retardates apart from the area of intelligence testing and independent of the confounding factors of differential task difficulty, differential mental operations, etc. Subjects (134 Owatonna State School retardates and 97 Faribault Junior High School normals, matched for age and sex) were required to form concepts based on geometric figures (figural task) and pictures of common objects or situations (semantic task.) From a group of four figures or pictures, the subjects were to eliminate the one that did not

"fit" (the correct concept). The 21 sets of figures and 21 sets of pictures were equated for range of difficulty on the basis of responses by a pre-sample of normally intelligent adults. The stimuli were presented to groups of 10-15 subjects each by means of an opaque projector. Results were analyzed in terms of number correct on each task, as well as the difference score between the two sets of stimuli.

Our hypotheses were that:

- 1) The normal subjects would surpass the mentally retarded on both tasks.
- 2) There would be an interaction effect such that the mentally retarded would do relatively better in the figural task than in the semantic task.

A 2 x 2 (levels of mentality and kinds of tasks) analysis of variance showed that both hypotheses were borne out. Individual t-tests showed that the difference in performance on the two sets of stimuli was significant for the mentally retarded, but not for the normals.

Social Service Department Report for January 1961 - Each Thursday in January a case conference was held for the purpose of presenting new admissions and discussing cases which were maladjusted or which might be considered for placement. The latter part of the conference was designated as the Review Conference, and was attended by the same members as ordinarily attend the usual Case Conference. Moreover, aides or personnel who worked with certain patients under discussion were invited to participate in the Review Conference.

Fine new admissions were studied, classified, and programs recommended for them. Over twenty-five others were discussed. Some of these had been absent without permission, others were emotionally disturbed, or epileptic, and others were involved in misconduct. An attempt was made to understand and individualize them, and help them to work out their difficulties. These patients were presented by various members of the staff who requested the presentation. Occasionally a patient was presented who was already making a good adjustment and whose interests were believed to be bettered by some suggestions as to programming. The medical staff also recommended a survey of the medication, or further observation, or certain studies.

On January tenth, a case conference was held with social workers from Unit I, of the Hennepin County Welfare Department. Mr. MacIntosh, Mrs. Dumas-Smith, three staff workers, and Miss Bengtson from the Department of Public Welfare were present. About twenty cases were discussed, half of them very thoroughly. The social workers also visited a number of patients whose cases they were following. On this same day, Mr. Hoban, social worker from the staff of the Freeborn County Welfare Department, came to the institution for a Conference concerning a male patient, for whom plans are under consideration for return to the community. Several other patients, who were from Freeborn County, were also discussed and reports given to Mr. Hoban.

On January 9, Miss LaRoux, Consultant in Social Work, and Miss Pleasant, Consultant in Public Relations, came to the institution. Miss LaRoux interviewed each member of the Social Service department and gave them advice as to the coordination of services.

Five female patients were discharged to the supervision of the local County Welfare Departments, two of whom were self-supporting. The others were helping considerably in their homes. One boy was discharged who was capable of attending a special class in the community.

Due to the presence of Hepatitis cases within the institution, and restrictions imposed, many telephone calls and letters were answered in an attempt to relieve the worries of families. Some of the parents had not seen their children, as they

were placed in quarantine in the buildings in which they were classified, following admission. Notices of the lifting of the quarantine were sent out on over two hundred patients in two cottages.

Report for February 1961 - In addition to answering the many inquiries regarding patients, the regular Case Conferences and Review Conferences were held every Thursday. Six new cases were presented. These included three new admissions, one readmission, and two girls transferred from the Shakopee Children's Home. About twelve cases were discussed in detail in the Review Committee and references were made to a number of others who had become involved in difficulty. Also some of those discussed in previous sessions were reviewed as to present progress.

On February 1, Herman Hornel, Social Worker I, who had been on a leave of absence at the University of Minnesota, resumed work in the Social Service Department.

On February 3, Miss Danielson, Social Worker II, attended a conference at the Department of Public Welfare regarding the transfer and distribution of the population of the institutions in relation to receiving areas.

On February 8, Mr. Kurth, Field Representative from the Minnesota Association for Retarded Children, visited the institution and discussed a family, a member of whom was a former patient.

By February 9, about two hundred notices were sent out to relatives, announcing the release from restrictions of the patients living in Pine and Mohawk buildings.

The latter part of February, the Self-Survey Committee commenced functioning in regard to the Social Service Department. Meetings were held at least once a week, and sometimes twice. The first consideration was given to office equipment and space.

Volunteers came on two evenings from Mankato and two of them worked in the Social Service Department under supervisor, organizing the filing.

On February 15, Mr. Halverson, Representative from the Veterans' Administration, visited the Department and secured reports on those patients who are receiving Veterans Benefits. The completion of forms which had already been partially done by the Social workers, was accomplished and he visited those patients on his list, and checked to find out if their needs were being met satisfactorily.

On February 16, 1961, Miss Danielson, Social Worker II, attended a Career Day at the Faribault High School, presenting a film on social work recruitment and supplying information to many students who requested it.

A youngster, not quite eight years old, was discharged to his family with the approval of the County Welfare Department. He had been here five months, and his parents felt that they could reassume responsibility for his care and training.

Pharmacy Report for January & February 1961 - The supplying of pharmaceuticals and drugs to the hospital and institution continues in a normal routine manner.

Prescriptions filled for individual patients during January and February summarize thus:



New prescriptions	243
Refills for:	
East Grove Division	339
Skinner Division	355
Greenacres Division	442
Sunnyside Division	484
Grandview Division	6
Lake Owasso	9
total	<u>1868</u>

These figures do not include clinic orders, hospital ward orders, or drug-basket orders.

Other - Beginning in January the Thursday morning case conference has been supplemented by a review conference session following in order that any patient problem or program proposed by any employee may be considered. Aides, cooks, etc. participate in the review of the particular patient. Communication among all employees should further improve and the fixed schedule does conserve staff time which could be lost in more than necessary individual discussions.

Adverse television publicity regarding our hepatitis outbreak was corrected a few days later on January 30th when the TV people were given a tour and extensive interviews.

/mb

CC: Mr. Krafcv  
Mr. Madow

COPIES

July 17, 1961

Parham's State School and Hospital

Dr. E.J. Engberg

Thorsten Smith, M.D. *TS*

Monthly Summaries of Clinical Services for March and April 1961

The Population - During this period, all new admissions (21) were limited to emergencies because of continued incidence of infectious hepatitis which has however been rapidly subsiding. Our male beds remain completely filled except in the Dairy and some transient hospital beds must be used on occasion. Female vacancies continue to average about 20 beds. There are many placements to be made after quarantine is terminated and when further vacancies are created by the fall transfers to Brainerd, additional female space may have to be converted to male since the male - female ratio of the waiting list has reached 2:1.

Medicine - Infectious Hepatitis - 11 new male cases (9 in March, 2 in April) developed in Sunnyside Division, the 2 April cases occurring in a new area, (Dakota building). There was one new employee case in Grandview where there had been no cases for years and the cumulative totals of cases from last July to April 30th are 166 male patients, 83 female patients, 8 male employees and 16 female employees.

On the advice of the State Health Department, quarantine was terminated in the female buildings as of April 30th. Our last case developed on April 5th and should no new cases appear, quarantine for the entire institution will end on May 15th.

Chicken Pox - 16 cases developed in pediatric areas during this period, none seriously ill, one remaining April 30.

Scrapie - 3 female patient cases developed in geriatric areas (Fern, Willow) during this period, all moderately ill, one remaining April 30. 1 female employee case in Fern developed in early April and recovered by April 30th.

Staph-Infections - 61 new cases developed during March and 68 in April with 16 cases remaining on April 30th. The monthly incidence has been fairly constant with some improvement in male cottages which have always been more seriously affected.

Scabies - 2 cases were found in older male CP areas during March and 2 cases were found in a hyperactive female area during April. Routine bathing checks have been intensified in all buildings.

Pediculosis - one case was found in Hickory during a bathing check in April.

Mumps - One male case developed in April in Hospital pediatric area, was moderately ill and had not recovered by April 30th.

Fractures - there were 10 fractures in March and 5 in April.

Births - none during March; one normal delivery in April.

Surgery - this work was gradually resumed as the incidence of infectious hepatitis was subsiding. 2 herniorrhaphies were done in March and 3 in April. 2 tonsillectomies

were done in April. Transfers of orthopedic surgery cases were resumed in April when 5 patients were sent.

Deaths - 4 patients expired during March: 1 carcinoma of cervix, 1 myocardial degeneration, 1 lobar pneumonia, 1 cerebral hemorrhage; 6 patients expired during April: 1 congenital heart disease, 1 pulmonary edema following chronic emphysema, 1 chronic lipid pneumonia, 1 marasmus in cerebrospastic quadriplegia, 1 aspiration pneumonia in mongolian with epilepsy, 1 coronary occlusion.

Autopsies - 2 were performed in March and 3 in April.

Dentistry - In connection with our public relations program, Dr. W. Smith and Dr. Fogerson gave talks to the Rice County Dental Group, Blue Earth County group and the North Minneapolis Dental society during April.

The Faribault State School and Hospital designed and presented the Public Institutions scientific display at the Minnesota State Dental Meeting April 16th to the 19th. Dr. W. Smith and Fogerson were co-chairman of this project. Part of the display was the first presentation of a study of missing teeth and cavies made by Dr. Huganin.

A short study of the use of Hydroxoxins (vistaril) was made during this period for the control of Hyperactive patients during dental treatment. It was found to be effective only in mildly disturbed dental patients.

Psychology Department - There were fifteen patients seen for diagnostic study or psychotherapy during this period. These were referred as follows:

New admissions	4
Social Service	4
Medical Service	1
Psychology Dept.	<u>6</u>
	15

Another case, a prospective admission to the Braille and Sight Saving School, was seen and plans were discussed with Mr. Lyson, the mother, and welfare personnel.

There was much discussion during this period of starting a Boy Scout program at the institution. Meetings were held with the local scout executive, Mr. Leonard, in which various staff members participated. On the basis of these discussions, volunteers were recruited to serve on a scout troop committee and as scout leaders. Mr. Madow was elected to serve as chairman of the troop committee.

This department has been assisting in revising the institution's fire regulations and in writing its disaster plan. Work was begun in assisting the school department to devise a check list for gauging the accomplishments of prospective community placements. We have been involved in orienting the chaplaincy trainee who arrived in April and several visiting groups, one of which was the Rice County Inter-Agency Committee on Mental Retardation.

Members of the department attended the annual meeting of the Minnesota Psychological Association in April, and also participated in a workshop for clinical psychologists sponsored by M.P.A. and the Department of Public Welfare.

On the basis of our recent research findings, we have outlined a plan for further research into the mentally retarded's learning of verbal and non-verbal tasks. Funds have been requested of the central office to carry out this research later in the year.

In addition to participating in the regularly scheduled therapy, administrative, and patient review conferences, we have been asked to attend various newly-organized building meetings in which special problems of patients are discussed by the psychiatric aides and nurses. While this poses a real opportunity to be of service to patients and staff alike, the increased demand on our resources of time, knowledge, and skills is taxing us to keep up with all the other demands. It is hoped that additional staff can be added in the next biennium to keep the Psychology Department in step with the advancing programs in other departments, so that this department can continue to offer broad consultation and leadership to other departments.

Social Service Department (March 1961) - Approximately 53 hours were devoted to interviewing 76 patients.

Conferences were held on Thursdays throughout the month. The cases presented consisted of nine new admissions, four patients discussed, and reports received of their adjustments, and thirteen cases reviewed in full, with various members of the Conference contributing to the clinical picture of the patient. In these instances the Review Conferences made recommendations for future treatment or a change in placement. The Superintendent presided at the Case Conference while Dr. Smith, the Clinical Director, presided at the Review Conference.

About once a week, Mr. Schmanski, Field Representative from the District Office of the Social Security Administration, Mankato, visited the social service office in order to secure information as to routine six months' rechecks of patients already receiving social security benefits, and to secure completed forms relative to new cases. In some instances it was possible to refer cases to him in order to determine whether or not benefits were being received for certain patients, by their families.

On March 3, Miss Danielson, Social Worker II, attended an Inter-Institutional Conference at the Department of Public Welfare.

On March 10, Miss Perkins, Social Service Supervisor, attended the Meeting of the Directors of Social Work at the Department of Public Welfare. At this meeting, Dr. Vail talked on the Legislative measures pertaining to Social Welfare.

The Meetings of the Self-Survey Committee continued with Mr. Hornel, Social Worker I in charge of assembling the subject matter for presentation to the Committee.

All members of the Social Service Department attended portions of the Minnesota Welfare Conference from March 20 through March 22, at the Hotel St. Paul. (The name has now been changed to the Minnesota Welfare Association).

On March 21 and 22, notices were sent to all of the 87 County Welfare Boards to the effect that there would be no Spring vacations due to cases of Hepatitis within the institution. At the same time, notices were sent to about one hundred families that usage was no longer in quarantine.

On March 29, six members of the McLeod County Welfare Board including Miss Allen, Welfare Director, visited the institution. An opportunity was given to discuss a number of patients whose families reside in McLeod County, as well as arrange a tour and a talk by the Superintendent.

Social Service Department (April 1961) - Approximately 57 hours were devoted to interviewing 85 patients.

At the regular Thursday Case and Review Conferences, fourteen new admissions were presented, twenty-three patients were rescheduled from previous studies, and their progress checked and recommendations made. In addition six new cases were presented

with full reviews, the various staff members participating in accordance with their knowledge of the patient. At these Conferences, the Aide who directly supervises the patient in his or her cottage, is also present and describes the adjustment of the patient in detail.

Arrangements were made by Mr. Hornel, Social Worker I, for a farm placement, in cooperation with the Worker from the Rice County Welfare Department, for a male patient on a vacation basis. Another male patient who had been out on a trial placement, was discharged from the institution population to remain in the community on the farm of friends, permanently and be supervised by the local County Welfare Department.

On Wednesday evening, April 19, a Meeting of the Rice County Chapter of the Association for Retarded Children was held at the Institution in the Canteen Room. At this meeting a program was arranged so that the daily life of the patients was delineated by means of talks by a Division Supervisor, a food service Supervisor, a sewing-room Seamstress and an Aide. By utilizing part of the time for a discussion period, the families present and other interested persons from the community gained a fair picture of institution living.

A list of tentative transfers of Patients from the Brainerd Area was prepared by writing to their correspondents and ascertaining the preference of the families for that institution. These patients were also classified as to their physical, mental and chronological levels.

The usual checks and reports were secured by the weekly visits of Mr. Schmanski of the Social Security Office from Mankato.

On May 26, the social service supervisor attended the usual therapy conference conducted by Dr. Smith, Clinical Director, at which various procedures relating to patients were discussed and reports were made by Department Heads.

On April 27, all members of the social service department saw a film, "The Open Hospital" in anticipation of Dr. Snow's visit from Ogdensburg, New York.

Pharmacy - The supplying of pharmaceuticals and drugs to the hospital and institution continues in a normal routine manner.

A complete physical inventory of the drug stock was again taken in preparation for a quarterly requisition estimate. From the inventory figures obtained, the forthcoming quarterly requisition shows approximately a 3% increase in dollar volume necessary for drugs and pharmaceuticals.

Prescriptions filled for individual patients during March and April summarize thus:

New prescriptions	321
refills for:	
East Grove Division	353
Skinner Division	330
Greenacres Division	435
Sunnyside Division	662
Grandview	11
Lake Owasso	15
	<hr/>
Total	2131

Other - The Thursday morning Case Conferences and Review Conferences have continued without interruption. One objective of these Thursday meetings in stimulating and developing building team meetings has been partially achieved in some divisions and eventually will be extended to all.

The Mayo Clinical Reviews on April 10 - 12, were attended by Dr's. Kennedy and Oxolina and our dentists attended the Minnesota State Dental Association Meeting in Minneapolis on April 17th - 19th.

CC: Mr. Krafve  
Mr. Madow

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**Faribault State School and Hospital**

**Dr. E.J. Engberg**

**November 20, 1961**

**Dr. Thorsten Smith** *TS*

**Monthly Summaries of Clinical Services for May and June 1961**

**The Population** - Although we were almost filled to capacity, 18 emergency admissions entered during this period with some additional space slowly developing when quarantine restrictions were terminated.

**Medicine - Infectious Hepatitis** - On April 30, quarantine was terminated in female buildings and on May 15 in male buildings with approval of the State Health Department since the last case (male) had developed on April 5 and quickly recovered. However, in the case of employees, one female developed IH in May and one male in June; during this period 3 employees recovered leaving a total of 4 (2 male, 2 female) in isolation at home on June 30.

**Chicken Pox** - 13 additional cases occurred in pediatric areas (totalling 29 since March), none seriously ill, all recovering before June 30.

**Exanthema** - One additional case occurred in an elderly female during May (total of 4 females, no males, since March) and recovered without complication in 2 weeks.

**Mumps** - 4 additional cases occurred in Hospital Pediatric area (totalling 5 since April), none seriously ill with 3 remaining on June 30.

**Scabies** - no new cases have been found since March in older male GP area nor since April in the hyperactive female area.

**Staph-Infections** - 88 cases developed during May and 73 cases during June with 30 cases remaining on June 30. Although male cases still preponderate, female cases are increasing.

**Fractures** - There is appreciable improvement in incidence with one of wrist in May and one of ring finger and one of hip in June.

**Births** - one (normal) occurred in May; none in June.

**Surgery** - a fairly large number of operations occurred in this period including 6 herniorrhaphies, 2 tubal ligations, 2 hemorrhoidectomies and 7 miners. 4 cases were sent to Rochester State Hospital for orthopedic surgery.

**Deaths** - 4 occurred during May: Congestive heart failure due to subacute bacterial endocarditis; hypostatic pneumonia, spastic quadriplegia; chronic aspiration pneumonia following diffuse cerebral sclerosis; chronic aspiration pneumonia in cerebrospastic quadriplegic patient.

3 occurred during June: Coronary thrombosis; hypertensive cardiovascular disease in phenylketonuric; cardiac decompensation due to rheumatic heart disease.

**Post Mortems** - Of the 7 deaths, 5 came to autopsy and one body was sent to the Anatomy Department, University of Minnesota.

Psychology Department - Members of the department attended the regularly scheduled therapy, administrative, patient review, and discharge staff meetings during the month of May as well as several special team meetings to discuss individual patients. Meetings of this latter type were held in Mohawk, Maple, and Sioux buildings. We also met, together with other staff members, with the staff of Ramsey County Welfare Department's unit on mental retardation in discussions of individual cases.

We attended a Mental Health Workshop sponsored by the South-Central Mental Health Center, at which Mr. Leonard Schneiderman of St. Paul spoke, and an evening session at which Dr. Vail reviewed the Joint Commission report on mental health. We took part in the inter-institutional meeting held here, at which Dr. Herman Snow acted as resource person for the Open Hospital concept. We also attended the annual meeting of the Minnesota Association for Retarded Children. Mr. Madow reported on psychological services at the Institutions Workshop of that convention.

Mr. Madow assisted the Volunteer Services Coordinator in the preparation of a code of ethics and rules for volunteers. As chairman of the Boy Scout troop committee he organized and participated in several meetings and training sessions designed to prepare the scoutmasters and their assistants for carrying on a scout program at this institution. The Cub Scout and Boy Scout programs are to get under way in June.

Mr. Madow served on the Stipend Review Committee for the award of DPW stipends to graduate students in psychology.

A group of patients were given audiometric examinations at the Minnesota School for the Deaf. Through this department arrangements were made for three male patients to take the General Aptitudes Test Battery at the Paribault office of the Department of Employment Security.

One patient on temporary medical transfer from Hastings State Hospital received considerable attention during the week she was here. A former patient at this institution, this woman was very difficult to manage. She did respond to carefully-prepared direction and suggestion, however. I felt that we were of assistance in helping her to adjust during her stay here and in giving suggestions toward her management to the psychiatric aides.

During June the members of this department attended a workshop of the Minnesota Human Genetics League that was held here. Mr. Madow participated in the program by demonstrating some of the behavioral correlates of mental retardation.

The Cub Scout program got under way during this month. Mr. Madow, in consultation with other staff members designated the boys to be included in the program. The initial meetings, held in Rogers Memorial Center, were reported to have gone very well.

Mr. Madow was on vacation most of the month. In his absence, Dr. Choe attended a lecture by Dr. O.K. Mewrer at Rochester State Hospital on "Learning Theory and Behavior." She also took part in a series of five lessons on "Personal Preparedness" given as part of the Civil Defense at the institution.

Social Service Department (May 1961) - Approximately 75 hours were devoted to interviewing 125 patients.

New Admissions	8
Transfers	11
Unauthorized Absences	10
Rescheduled for Discussion	10
Routine Review	<u>10</u>
Total	49



After considerable planning by means of correspondence and a Case Conference with the County Welfare Department staff, a female patient was returned to her County on a community placement basis, with space held at the discretion of the County. An older male patient who had been living with distant relatives, was discharged permanently, after arrangements were made to have him receive a small monthly sum which he had inherited, to apply on his board.

- May 3: Five members of the social service staff attended phases of the program on Mental Health held in Faribault in observance of Mental Health Week.
- May 5: The Supervisor attended the regular meeting of Hospital Social Service Supervisors at the Department of Public Welfare. Part of the program was devoted to the Open Hospital.
- May 16: A special inter-institutional meeting was held at the Faribault State School and Hospital. Dr. Herman Snow of Ogdensburg, New York, talked on the Open Hospital. All members of the staff attended.
- May 23: Mr. Halvorson, Field Representative of the Veterans' Administration, visited and secured a number of reports relative to patients who are entitled to benefits as relatives of Veterans.

The Social Security Representative continued to come weekly.

- May 24: Four Ramsey County Social Workers with Mrs. Ruth Nelson, Supervisor, and Miss Bengtson, State Agency, spent the day at the institution. Twenty-one cases were discussed and recommendations made, while other cases were the subject of reports. Tours were conducted by the social service staff to visit patients. It was agreed that placements would be sought for a number of patients.

Also on the evening of May 24, the Social Service Department acted as program manager for the Volunteer Council which met at the school. Each social worker gave a short talk on some aspect of his or her work which might be of interest to the group. Afterwards a short discussion was held during which many questions were asked.

- May 26: The regular Inter-Institutional Meeting held at the Department of Public Welfare was attended by the Social Service Supervisor. Transfers were discussed.

Social Service Department (June 1961) - Approximately 98 hours were devoted to interviewing 129 patients.

New Admissions	12
Transfers	9
Unauthorized Absences	10
Rescheduled for Discussion	34
Routine Review	<u>13</u>
Total	78

Two females were on community placement after having had vacations on a regular basis. One female was discharged to remain in the home from an extended vacation. A male who was confined to a wheel-chair went to the home of a sister to remain and use a small estate to help on support. A school boy who is epileptic returned to his home with the plan of finding educational opportunity in the community.

- June 1: About sixty members of the Human Genetics League came to the institution for their regular program. The members of the Social Service Department assisted in interpretations and tours.

June 7: A Case Conference was held at the institution with personnel from the Owatonna State School. Present were Mr. Henderson, Miss Hiden, and Mr. Johnson from Owatonna. Mr. Madow, Mr. Enack and social workers from both institutions. About fifteen cases were discussed in detail, and seen in the school setting. Information was given to the Owatonna staff relative to the possibility of these patients being material for Owatonna. The cases were taken under advisement and perhaps some will be accepted at Owatonna in August.

June 13: Five students arrived for a summer schedule under the Gustafus Adolphus Plan. Mr. Dean Nelson, Graduate student in Social Work, took charge of the groups and arranged an intensified orientation course for the first two weeks, and further orientation later for the two students assigned to the Social Service Department. Mr. Nelson continued to supervise the latter in their summer work.

June 17: The mother's club of the Minneapolis Association for Retarded Children visited the Institution. After a talk by the Superintendent, about 25 members were conducted on an interpretative tour by Mrs. Stoen, Social Worker I.

June 20: Two Social Workers from Hennepin County, Miss Stockvig and Mrs. Sorenson, spent the day here, discussing various cases and visiting patients.

June 29: Miss Zimmermann, Hennepin County Social Worker, came to bring a new patient and while here discussed other patients. Mr. McLeary and Mrs. Rydquist, Olmsted County Workers, came to discuss a number of patients.

Pharmacy - The supplying of pharmaceuticals and drugs to the hospital and institution continues in a normal routine manner.

Prescriptions filled for individual patients during May and June summarize thus:

New prescriptions	498
refills for:	
East Grove Division	400
Skinner Division	376
Greensacres Division	481
Sunnyside Division	664
Grandview	4
Lake Owassa	19
total	<u>2442</u>

These figures do not include clinic orders, hospital ward orders, or drug-basket orders.

Other - Dr. Engberg attended the annual AAMD meeting held in Cincinnati May 2 - 6, <sup>see</sup> and the Clinical Director attended the annual APA meeting held in Chicago May 8-12. (Many important papers were delivered at the latter on childhood mourning, communication, the return to basic sciences in psychiatry, the effect of tranquilizers on hospital populations, the concept of distinct entities in schizophrenia; an alarming panel on "Psychological Challenges of the Nuclear Age" featured Charles Osgood's (Ph.D) proposition that we initiate mutual trust by disarming step by step and trust the Russians to follow.) Several of our nurses attended the Upper Midwest Hospital Conference in Minneapolis May 10-12. On May 16, Dr. Herman Snow, Superintendent of St. Lawrence State Hospital, Ogdensburg, N.Y., toured the institution and presented a workshop of the "Open Hospital". On June 1, the Minnesota Human Genetics League toured the institution and were presented a clinic on genetics of mental retardation and behavioral correlates. Several staff members attended the annual MARC meeting at St. John's University June 9-10. Dr. Kennedy attended the Advanced Psychiatric Seminar at Hastings June 12-14.

CC: Mr. Krafve  
Mr. Madow