

DATE : December 2, 1960

STATE OF MINNESOTA

60-RT0-RR

DEPARTMENT Faribault State School and Hospital

## Office Memorandum

TO : M. E. Krafve

FROM : Raymond C. Roach *RCR*

SUBJECT: October, 1960, Rehabilitation Therapies Report

Throughout the month of October the Rehabilitation Therapies Department continued to serve the patients of Faribault State School and Hospital through various activities programs. These programs, aimed at furthering the patients' social adjustment and development, are provided through central and dormitory activities schedules.

During the month the Recreation Therapies staff members conducted or assisted with the following large group central activities:

- 5 Protestant, 5 Catholic, and 2 Lutheran church services
- 2 evening volunteer Bible classes
- 4 community sings
- 7 auditorium social dances
- 4 auditorium wheel chair programs
- 12 play party programs
- 4 square dances
- 4 social grace and skill program parties
- 12 modified sports programs for boys
- 4 modified sports programs for adult males
- 4 modified sports programs for girls
- 6 modified sports programs for adult females
- 5 - 35 mm auditorium movies
- 32 - 16 mm dormitory movies

October has been a busy month for the recreation personnel. In addition to carrying out the regular central activities schedule, the staff planned, organized, and conducted Halloween parties for all patients of the institution. These parties, beginning on the 9th and ending on the 27th of October, occurred in 34 cottages. A special Halloween spook-comedy film, independent of our regularly scheduled film for dormitories housing infirm and profound retarded, was shown in 26 cottages. Halloween party treats of soda pop, donuts, and either apples or bananas were served. In addition 44 bus loads of patients, residing in 24 cottages, enjoyed a one-hour tour. These patients were those who had not attended any of the downtown baseball games last summer. Included in the rides were infirm and profound level retarded.

Once again our groups were treated with the opportunity of dancing to the music of the "Variety Kings" of Minneapolis. The band also entertained patients confined in our institution hospital. These two evening dances on October 2 were arranged by Mr. Charles Koch of Minneapolis and sponsored by the Harry C. Molm American Legion Post 611 and the Teamsters Joint Council #32 also of Minneapolis.

Unfortunately the volunteer program in recreation has been a disappointment to the staff after an enthusiastic beginning. Several groups had been recruited and orientated to help with various portions of our central program which had to be discontinued because of the outbreak of hepatitis throughout our institution. We are keeping our fingers crossed hoping that we will soon be able to enlist volunteer aid for these programs again. Curtailment of the volunteer program was necessary for those volunteers having direct contact with patient groups.

Approximately 70 wheel chair patients participated in our first wheel chair parade. Wheel chairs were gaily decorated with crepe paper ribbon of autumn colors and colorful hats were worn by the participants. The event was publicized in the institution daily news bulletin and the hour parade was witnessed by the majority of our population and staff.

Sponsored by the Mankato Association for Retarded Children, 65 members of the Mankato Senior High School band, under the direction of Mr. Robert Northenscold, presented two afternoon concerts on Sunday, October 30. The association also provided two buses which transported the 69 patients housed in Grandview cottage to the concert. Because of the approximate five-mile distance, these men rarely have the opportunity to attend functions on our main campus.

As a special project, Mrs. Marjorie Smith, Patient Activities Leader I of East Grove division, provided bouquets of chrysanthemums for the buildings of East Grove division. By prearrangement Mrs. Smith picked up the flowers at Lehman Gardens at a time when she accompanied a group of East Grove residents on a bus tour. The bus was laden with flowers galore, of all colors and fragrances, much to the pleasure of its occupants.

During the course of the year the institution receives a sizable amount of donated used clothing. Formerly as the clothing items were received they were sorted through and delivered to the various buildings where it was thought they could be used. However about a year ago a room in the basement of Oaks was established for the distribution of these used clothing articles. This room, supervised by Mrs. Effie Paquette, Patient Activities Leader I, with the assistance of a volunteer, appears to be the more satisfactory arrangement. The clothing is now placed on display and the patients needing certain items are brought to the room by the Psychiatric Aide personnel to

make their own selection. This of course assures better fitting of the garments also. Mrs. Paquette evaluates the articles as they are received and estimates that by the end of this year better than \$4,000 worth of clothing will have been distributed to our population.

Each of the 236 patients having birthdays during the month of October received a birthday card, a dixie cup of ice cream, and a decorated cake square.

Several of the handicraft classes viewed two educational movies on homemaking. Because of scheduling problems only the Wednesday, Thursday, and Friday groups had an opportunity to view the movies. The films were "Magic Shelf" which showed the many uses of various soups, and "A.O.A. (Analyze, Organize, and Apple)" demonstrating proper and time-saving cleaning techniques and the use of modern cleaning materials. Both the boys and the girls seemed to learn from the movies.

On Wednesday, October 5, all girls enrolled in the afternoon classes attended a style and cooking program at the Village Theatre in Faribault. The style show and cooking school were sponsored by Faribault Merchants. They enjoyed the experience and returned with ideas for sewing and cooking.

The Activities of Daily Living Classes are learning luncheon menus, sandwiches, and salad and dessert preparation.

Attractive winter garments are being made in sewing from a generous supply of surplus woolen material. Finished articles this month include skirts, housecoats, jumpers, suits, dresses, aprons, and blouses. The only male enrolled in the sewing class is making a pair of pajamas.

Three patients enrolled in the handicraft classes participated in the Faribault hobbycraft show on October 22 and 23.

In the general craft classes enrollees continue to show interest in mosaics and walco bead mats, free-hand drawing and painting, and leather-craft. A volunteer has been recruited to instruct leather-craft on Wednesday evening. However because of the hepatitis we haven't been able to follow through with this plan.

Ten patients were dropped from the handicraft program because of schedule conflict or lack of interest and poor attendance.

Five of the 15 patients scheduled to occupational therapy are in quarantine. The time usually assigned to these five patients has been used to construct adaptive equipment. One patient has been referred to psychiatric Aide personnel for exercises and has been dropped from

the OT program. One boy has been temporarily dropped because of a conflict with the school program. Another boy has been assigned to the handicraft program. Three new patients have been added to the OT program. One of these, a blind girl, is seen twice weekly for evaluation and will later be transferred into the handicraft program. Another is being seen for observation of schizophrenic characteristics and the third for gait training. Of those now scheduled, eight are psychiatric or behavior problems, six are physical disabilities, and one is scheduled for speech training.

Miss Marilyn Blom, Occupational Therapist, and Mr. Kenn Kroska, Patient Activities Leader II, attended the AAMD conference in Iowa City on Oct. 23, 24, and 25.

Barbering service gave 845 haircuts and 227 shaves during October.

Cosmetologists gave 371 haircuts, 72 permanents, and 99 fingerwaves during October.

Rehab. staff members attended three in-service training programs the past month. One period was used to discuss the NARC sectional meeting which was held at our institution. At the other two periods films entitled "Sociable Six to Noisy Nines" and "Terrible Two's and Trusting Three's" were viewed.

Staff members also attended six meetings at which case histories of new admits were reviewed and program discussed.

/pc

cc: Dr. Smith  
Mr. Wrobel