

60-185-EdE  
State Inst - Fairbault - Restraint

October 7, 1960

Fairbault State School & Hospital

Dr. David J. Vail, Medical Director  
Department of Public Welfare

Dr. E. J. Engberg, Superintendent

**Restraint**

I wish to acknowledge receipt of your memo of September 30 and appreciate your having sent sufficient extra copies to circulate them to our medical and nursing staff so that they may be reviewed carefully by them and discussed with me in advance of the next Superintendents' Meeting when you will review this matter with us.

Since you first brought this matter up for review, we have been reviewing our procedures with reference to the use of restraints and of isolation which has included a revision of the daily report on the use of these measures and I am enclosing a copy of the one we now are putting into use. At the last two Hospital Staff Meetings I have reminded the members of the resident medical staff that I feel it is essential that these measures be used only when absolutely necessary and in a minimal degree, and that it is essential that they authorize such measures only after satisfying themselves that the orders are necessary and not merely accepting such an opinion from the responsible nursing or aide staff on duty.

EJE:aj  
enc.

cc. Dr. T. Smith  
Mrs. Blomquist

