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Minnesota School and Colony

September 7, 1950

Ralph Rossen, M.D.  
Commissioner of Mental Health  
Globe Bldg.—Fourth and Cedar  
St. Paul 1, Minnesota

Attention: Mr. Fred Chapman, Supervisor  
Patients' Program Services

Dear Fred:

This is in answer to your letter of August 21, 1950 regarding schedules, buildings, etc, loping this meets with your approval and is what you wanted, I submit the attached according to the plan laid down in your letter.

tours very truly,

Milt M. Hustad  
Recreation Leader II

MMH'y

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Minnesota School and Colony

- I We have at the present time no published newspaper for the patients. This is one of the projects on which we are now working and hope to go to press in the near future.
- II We do not have a weekly activity schedule for all patients. As our situation here is a little different from most hospitals, we handle it differently. The allocation of recreational personnel is called for in a separate point, but I feel I can explain some of it here. We have six large divisions and eight recreational workers. All of them are assigned to and concentrate their efforts upon a particular division. Our program here is still new, as you know, and so those that have been here for awhile are just starting to know their particular division. Each of these divisions then is scheduled differently according to the needs felt by the worker in charge. These are coordinated for "All Institution" activities such as movies, dances and special programs. Otherwise each division functions by itself almost as a separate institution, because of the large numbers in each division and also because of the many coordinated activities within each, such as dances among the grades and games between various grades.
- III There are thirty-two buildings housing patients at Minnesota School and Colony at Faribault. These are divided into six large divisions, which are: 1. Main Division (Male and female), 2. Sunnyside (Male), 3. Skinner Hall (female), 4. Hospital (Male and female). 5. Colony (Male), and 6. Grandview and Walcott (Kale). This division coverage does not include the Dairy. Within these divisions are grades as listed below with the population figures for these various grades as of August 31, 1950. These population figures are not a true account at the present as this is vacation time.

		<u>Population</u>	
<b>MAIN DIVISION</b>			
<u>Main Bldg.</u>			
Grade A	Male		36
" E	Female		24
" G	"		29
" H	"		27
" J	"		20
" K	"		23
<u>Lilacs Bldg.</u>		"	35
<u>Riverview Bldg.</u>		"	57
<u>Oaks Bldg.</u>			
North )			
South )	"		106
<u>Hillcrest Bldg.</u>		Male	71

The buildings in the above mentioned division are referred to as Main, Lilacs, Riverview, etc, The term "building" used after each one is for its designation as a separate building.

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## Population

SUNNYSIDE DIVISION Six buildings. All male.

<u>Sunnyside Main Bldg.</u>	
Grade 1	82
" 2	53
" 3	21
" 4	21
" 5	42
" 6	53
" 7	50
<u>Annex I</u>	
Grade 5	42
" 6	53
" 7	50
<u>Annex II</u>	
Grade 8A	47
" 8B	48
" 9	49
<u>Annex III</u>	
Grade 10	50
" 11	50
<u>Working Boys' Cottage</u>	63
<u>West Cottage</u>	69

SKINNER HALL DIVISION Nine Buildings. All female.

<u>Skinner Main Building</u>	
Grade A	33
" B	23
" C	33
" D	35
" E	26
" F	26
<u>Annex I</u>	
Grade A	46
Grade B	50
" C	32
<u>Annex II</u>	
Grade A	45
" B	53
<u>Annex III</u>	42
<u>Annex IV</u>	49
<u>Annex V</u>	39
<u>Cottage I</u>	52
<u>Cottage II</u>	65
<u>Infirmery</u>	
A	56
B	52

HOSPITAL DIVISION Five buildings. Male and female.

### Main Hospital

58 male of which 17 male are tubercular  
78 female 28 female

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	<u>Population</u>
HOSPITAL DIVISION (Continued)	
Hospital Annex I Male	83
" " II Female	?5
" " III Male	108
" " IV Female	95
COLONY DIVISION Four buildings. All Hale.	
<u>Administration Cottage</u>	41
<u>Cottage I</u>	60
<u>Cottage II</u>	50
<u>Springdale</u>	79
GRANDVIEW AND WALCOTT Two buildings. All male.	
<u>Grandview</u>	78
<u>Walcott</u>	21

Grandview and Walcott are outlying buildings, being fire miles from main campus.

DAIRY One building. All sale.  
Dairy 23

III 2. The recreation workers here at Faribault are assigned by divisions as follows:

Mr. Raymond Roach -	Colony Division
Kiss Betty Kaplan -	Skinner Hall Division
Mrs. Marjorie Smith -	Skinner Ball Division
Mr. Robert Francin -	Sunnyside Division
Mr. Richard Andres -	Sunnyside Division plus 16 mm. projector.
Mr. Irving Stabnow ~	Main Office plus Dairy, Walcott & Grandview.
Miss Shirley Peterson -	Main Division
Mrs. Marlys Hustad -	Main Division

Miss Kaplan will be with us only until the University of Minnesota starts its Fall sessions. Mr. Richard Endres is awaiting call to service as he has a 1A draft classification.

All workers are recalled from divisions for any activities which call for more assistance. The School Department now supervises 35 mm. movies in the auditorium, dances, etc., but these are duties we shall be obligated to take over in the near future.

III 3. Of the groups you listed under item 3 in your letter and for which you desire a list of specific activities, we have the following at this institution:

- b. Senile
- c. Mentally deficient children and adults
- e. Tubercular
- i. Epileptic children
- j. Epileptic adults

Following are listed the specific activities which we have found to work satisfactorily with the respective groups:

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## III 3. (Continued)

### Senile

- (1) Dancing to old-time music (polkas, waltzes, two step, etc\*)
- (2) Square dancing and folk dancing
- (3) Checkers (and checker tournaments)
- (4) Concerts (phonograph records)
- (5) Movies
- (6) Picnics
- (7) Some playground activities (circle games, tossing large inflated rubber ball amongst themselves, etc.)

### Mentally deficient children and adults (as a whole)

- (1) Dancing (mostly old-time and waltzes with limited amount of modern dancing)
- (2) Square and folk dancing
- (3) Community sings
- (4) Movies (35 mm. in auditorium and 16 mm. on grades)
- (5) Watch television
- (6) Listen to radio
- (?) Puppet shows
- (8) Rhythm hands
- (9) Observing city baseball games (men and boys)
- (10) Picnics
- (11) Hikes
- (12) fishing
- (13) Singing games (Looby Lou, etc.)
- (14) Circle games
- (15) Working jig saw puzzles
- (16) Keeping scrap books (experimental)
- (17) Modeling with clay
- (18) Small woodcraft
- (19) Looking at magazines, comic books, children's story books, and newspapers.
- (20) Drawing with pencils and crayons
- (21) Making daisy chains
- (22) Painting with water paints
- (23) Some individual gardening (vegetables and flowers)
- (24) Toys (little cars, tops, etc.) for younger children
- (25) Playing on swings, see-saws, slides, and jungle gym
- (26) Checkers
- (27) Bingo
- (28) Card games
- (29) King toss
- (30) Indoor horseshoes
- (31) Dominoes
- (32) Calisthenics
- (33) Ping Pong
- (34) Jump ropes
- (35) Throwing bean bags at targets
- (36) Roller skating on sidewalks
- (37) Wagons and tricycles for some of the younger children

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## III 3. (Continued)

- (38) Tug 'o war
- (39) Playing in sand boxes (mostly younger children)
- (40) Baseball (preferred by more capable boys)
- (41) Softball (both boys and girls)
- (42) Volleyball
- (43) Badminton
- (44) Croquet
- (45) football (both touch and tackle)
- (46) Basketball
- (47) Horseshoe pitching
- (48) Shuffleboard
- (49) Some track and field events (racing, Jumping, relays, etc.)
- (50) Tether tennis
- (51) Story hours (read or told by recreational worker or psychiatric aide)
- (52) Handball (one wall) Will be tried in gym this fall
- (53) Will experiment this winter with:
  - (a) Ice skating
  - (b) Sliding
  - (c) tobogganing

### c. Tuberculous Patients

- (1) Movies
- (2) Watching television
- (3) Listen to radio
- (4) Looking at magazines, comic books, and newspapers
- (5) Playing various card games
- (6) Working puzzles
- (7) Checkers
- (8) Dominoes
- (9) Dancing (limited to T.B. ward itself)

### d. Epileptic children and adults

Since the incidence of epileptic children and adults in this institution is probably not more than seven per cent (!) of the total population, and of this seven per cent about half are ambulatory and widespread throughout the institution, we have not found it necessary to set up a special program for these individuals. We would be safe in saying that we contact all of the non-ambulatory and ambulatory patients with music (records and radio) and that practically all of the ambulatory epileptic patients are taken care of by our regular recreation program.

To this date none of our recreational workers have witnessed any epileptic seizures.