To the Governor and the Legislature:

Pursuant to the provisions of law, the State Board of Control herewith respectfully submits its Sixth Biennial Report covering the period ending July 31, 1912, together with the reports of the Chief Executive Officers, in whole or in part, under its control.

P. M. RINGDAL,
CHAS. E. VASALY,
C. J. SWENDSEN,

Note—Compilation of laws relating to the State Board of Control may be had on application.
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COUNTY SUPPORT OF THE INSANE.

The board has frequently pointed out the necessity of a change in the law providing for the public care of the insane, so that the state shall be wholly or partly reimbursed for the expense of the maintenance of this class of our population. There are many in our hospitals for the insane who are not subjects for hospital treatment, and some who have been com-
mitted because it was considered easier for the state to take care of them than for the relatives and friends to bear with their queer ways and eccen-
tricities. If part of the burden of the cost of maintenance were borne by those liable for such support under our laws, a great many of these people would never be committed. It is quite evident, also, that a charge for maintenance would lessen the more or less prevalent custom of people in other states sending their afflicted relatives and friends to this state, where they are likely to become permanent charges. But six states of the union, including Minnesota, assume entire cost of caring for the insane. Most states have provision for reimbursing the state for cost of maintenance. There are various methods in use, but the most common is to make each county responsible for the cost of maintenance of the patients it commits to the hospitals, the county being given authority to collect from the estates, relatives or guardians responsible under the law for the care of such patient, where such estates or relatives are able to pay. For the indigent insane the county pays as it would have to pay for its other indigent.
some states the maintenance of the institution is a direct charge on the
estates or relatives of those able to pay in whole or in part. In several
states the judge of probate makes the financial investigation and fixes
responsibility at the time of commitment. In other states—notably Ohio,
where the system has been very successful—special agents of the board of
control make investigation as to the financial status of the patient.

In our judgment the county should be made responsible for the main­
tenance charge to the extent of at least one-half of such cost and be given
authority to recoup itself in the ways suggested. The county, however,
should not be responsible for maintenance of non-resident insane. Where
residence cannot be fixed in some county, the state should assume the main­
tenance charge. We do not believe this plan unjust. The state contributes
its vast investment in institution buildings and grounds, amounting to mil­
ions of dollars. From 1861 to 1910, inclusive the state expended for sup­
port of the insane $14,640,034.87, without counting the cost of buildings.
It will continue to construct new buildings as needed and to acquire ad­
ditional lands, at the cost of the general treasury. There has been for
many years a charge for the keeping of the inmates of the institution
for the feeble-minded. The system has worked well there and has never
been seriously criticised. We believe it due to the people of the state that
this reform in the laws governing the care of the insane, so often urged,
become embodied in legislation without further delay.

HOME FOR THE AGED AND SENILE.

We again repeat the recommendation of two and four years ago that
a state home for the aged and senile be established, to care for from five
hundred to one thousand persons, and, preferably in every way, on the
cottage system. Such an institution would relieve our hospitals for the
insane of a class not properly belonging to them, and also make provision
for the aged who, while scarcely in such mental condition as to warrant
sending them to a hospital, have no property and no friends, and if they
have relatives, often they are those who either are unable to help them or
are disinclined to consider the obligation due to ties of blood and kindred.
There are a few denominational institutions in the state which are doing
good work in caring for the aged, but their capacity and means are both
limited. The state should see that these unfortunate, derelicts of industry
many of them, have a resting place for their remaining days. Such an
institution, with a good farm and with separate cottages, would fill a great
need. It has been objected that, under a system of industrial insurance
and old-age pensions, there would be no need of such an institution. Dis­
cussion of such a system is outside the domain of this report, but the
fact remains that we have it not, while we have the class needing relief.
This institution should be made self-supporting, as outlined in the discus­
sion of support of the insane, and as recommended two years ago—a proper
charge to be made against the counties; these to reimburse themselves in
the ways indicated. Establishment of this institution would greatly relieve
our hospitals for the insane and make not so pressing the need of a fourth
hospital for the insane.
FOURTH HOSPITAL FOR THE INSANE.

A fourth hospital, however, must inevitably come, and it will be the part of wisdom to authorize a fourth hospital at the forthcoming session of the legislature. If the home for aged and senile be not established, it will be impossible for the state to adequately care for its insane with present facilities. The number of insane in institutions per 100,000 of population of this state increased from 213.1 in 1904 to 228.5 in 1910. This is according to the government census report, and does not take into consideration cases treated in private sanitariums, which have increased in number. It is not necessary to assume any extraordinary increase, but the state's facilities for caring for the insane are not expanding relatively to the increase in population. The Fergus Falls hospital, with a capacity of 1,400, had at the close of the present biennial period 1,614 patients. St. Peter, with a capacity of 800, had, not including the asylum for dangerous insane, 1,073 patients; and Rochester, with a capacity of 1,125 had 1,297 patients. The hospitals are crowded, and it is easy to see the resulting difficulties of supervision, care, and sanitation. The grant of three new cottages at Hastings and three at Anoka, made by the last legislature, will help to take care simply of a part of the extra population, but will give no permanent relief. By the time another hospital is ready, provided the comprehensive plan outlined in the bill presented to the legislature of 1911, be followed, as it should be, four years, will have elapsed, and the congestion will be worse than it is now, even though our requests for additional buildings at the Asylums be granted.

The authority to establish a fourth hospital for the insane should be broad enough so that the board might, if it saw fit after careful investigation and study, recommend an institution on the farm-colony plan rather than the centralized system. The farm-colony plan has certain obvious advantages. Small groups of inmates in cottages can approach closely the activities of normal home-life, and have their opportunities for healthful occupation broadened. Each cottage may have its own vegetable garden, orchard, etc. While it might seem that there could be no comparison in point of cost with the centralized system, owing to increased cost of supervision, a farm colony, located on good land, with the proper system of tillage with intensive cultivation, should come very near being self-supporting, or, to at least a great extent, lessen the state's burden of maintenance. Some authorities claim that hospitals for the insane should have one acre of tillable soil per patient. Others say that this is insufficient, that there should be two acres per patient; and others give as high as three. On the basis of one acre per patient, our hospitals are all deficient in acreage. Increase of properly tilled land should mean decrease in maintenance cost, and a sufficiency of acreage will be one of the most important problems in connection with a new institution. Enough land should be secured at the beginning to provide for the maximum number to be housed, and thus avoid the necessity of buying land at much higher prices later.

The state's honor and dignity forbid any further delay in the adoption of means that will provide adequately for this constantly increasing group of the state's wards.
The broom shop was removed to a new location during the summer of 1911 and enlarged, costing $1,000.

A veranda has been added to the east cottage, and the basement and attic finished, providing space for gymnasium and music rooms. The contract amounted to $4,037.

Improvements in the superintendent's cottage, for which $1,500 was appropriated, are under way.

A tubular fire escape for the main building is being placed. The contract price is $1,500.

The new administration building and dormitory for girls is under construction. The contracts aggregate $168,643.85.

In our recommendation two years ago an appropriation of $45,000 was asked for fireproofing the center of Mott Hall the old administration building. When the matter was considered by the committee on appropriations, it was decided, in conference with the board, that the condition of Mott Hall made it advisable to spend money to reconstruct it to continue present use, and an appropriation of $180,000 was granted for a new building. This appropriation will only complete the main portion of the building originally planned, and a further appropriation will be asked to complete it. Two years ago it was not thought that old Mott Hall could be preserved. Since that time the matter has been again considered, and, while the hall is unfit for the purposes for which it is now being used pending completion of the new building, it was thought by this board that the suggestion of the superintendent that perhaps the center might be used for an industrial school after the dome and wings had been removed and a new roof put on, was worthy of consideration. The industrial school would only be used in the daytime. Our architect submitted $35,000 as an estimate of the cost of such reconstruction, and $15,000 extra if made fireproof, which, however, would not be absolutely necessary. The board had intended to make such a recommendation. Later, however, the local board of managers of the school and the superintendent presented arguments in favor of preserving the entire structure, using the center for an industrial school, placing gymnasiums in each wing, one for boys and one for girls, and equipping the whole with a sprinkler system. The state architect estimates that these changes would cost $42,000. Placing gymnasium above the industrial school in the center and eliminating use of the wings, would be $18,000 less. While there may be some doubt in our minds as to the wisdom of this proposal, owing to the character of the construction, we believe there are enough good features about the suggestion to entitle it to consideration as coming from the board having direct management of the institution, and we have for that reason included it as an alternative.

A tubular boiler was installed at a cost of $2,699.

A cement sidewalk was laid, costing $340.
SCHOOL FOR FEEBLE-MINDED

Extensive improvements in the power plant connecting tunnels, steam and hot water lines, water supply, and electrical work, have been carried on at this institution during the period. Much work was done by inmates under supervision, with very satisfactory results. The power plant conditions which had been unsatisfactory and uneconomical have been greatly changed. The plant has been modernized and much new machinery installed.

The boiler house was reconstructed at a cost of $28,388. The coal and ash handling equipment installed cost $11,715. The additional boiler and stoker cost $5,400. An engine, generator, and auxiliary were installed, costing $5,425.

All hot water extensions are completed and part of the old building rewired. For these purposes was expended $6,872.20.

An important improvement was the extension of water supply, boring new well, and pump installation. There are still some electrical connections to be made to the pump and some more piping to be laid. At date these improvements have cost $16,893.99.

The institution is now in excellent condition as regards both water supply and fire protection. Under contract with the city of Faribault much of the supply of water is purchased from the city, and the work done at the school insures a reserve there in case of need.

Wolcott Farm cottage for boys was completed. Contract price $4,860. The employees’ dining room was completed. The cost was $9,740.42. The new dairy barns and silos are about completed. Nothing was done with the fireproofing of the third story of the main building and fireproofing and plumbing of the south tower owing to pressure of other necessary work.

The appropriation for sewer system was not used. Investigation showed that a system such as would fill all conditions and be adequate for a long time to come could not be constructed for the amount granted, and it was deemed wise to ask for an additional appropriation which, if granted, will allow a more comprehensive and satisfactory system to be constructed.

For motor generator set contract was let for $2,680. For breaching connections, steel tank, dampers and stack of induced draft fan, $830. Induced draft fan, $1,550. Two centrifugal pumps, $732.75. The addition to the boys' custodial building was completed during the period. Contract price, $44,092.

STATE PUBLIC SCHOOL, OWATONNA.

The new cottage for babies is in course of construction.

The general construction contract is .................................................. $11,668.00
Plumbing and heating ................................................................. 2,662.00
Electrical .................................................................................. 547.00
Total ......................................................................................... $14,877.00

This cottage was a long-needed improvement.
**ROCHESTER STATE HOSPITAL**

**S U P P E R**

- April 9th, 11th, 12th, 1912.
  - Breakfast
    - Coffee, milk, sugar, oatmeal, toast, butter, graham and white bread, fried eggs.
  - Dinner
    - Coffee, milk, sugar, coffee, pot roast, potatoes, gravy, beef broth, graham and white bread, butter, toast, corn, pea soup, bread pudding, syrup.
  - Supper
    - Tea, milk, sugar, plum sauce, graham and white bread, butter, toast, egg-nog, cornmeal mush.

- April 13th, 1912.
  - Breakfast
    - Coffee, milk, sugar, milk, steak, potatoes, gravy, barley, graham and white bread, butter, scrambled eggs.
  - Dinner
    - Coffee, milk, sugar, boiled carrots, pot roast, potatoes, gravy, graham and white bread, syrup, bread pudding with cream.
  - Supper
    - Tea, milk, sugar, prune sauce, graham and white bread, butter, baking powder biscuits, buttered toast, egg-nog.

- April 11th, 1912.
  - Breakfast
    - Coffee, milk, sugar, buttered toast, graham and white bread, potatoes.
  - Dinner
    - Coffee, milk, sugar, boiled fish, boiled rice, lettuce, kohlrabi, white bread.
  - Supper
    - Tea, milk, sugar, prune sauce, butter, graham and white bread, syrup, butter, rice pudding.

**S T. PETER STATE HOSPITAL**

- July 3d, 5th, 6th, 1912.
  - Breakfast
    - Beefsteak, potatoes, gravy, oatmeal, milk, white bread, butter, sugar, coffee.
  - Dinner
    - Fresh fish, boiled rice, lettuce, kohlrabi, white bread.
  - Supper
    - Beef roast, gravy, graham and white bread, milk, sugar, cream.

**SCHOOL FOR THE BLIND**

- September 20th, 21st, 22d, 1911.
  - Breakfast
    - Boiled beef, dumplings and gravy, mashed potatoes, sliced tomatoes, bread and butter, baked apples, milk.
  - Dinner
    - Creamed codfish, mashed potatoes, sliced tomatoes, cabbage salad, bread and butter, apple pie, milk.
  - Supper
    - Tomato soup and crackers, hash, potato salad, bread and butter, cake, sauce, tea, milk.

- May 31st, June 1st, 2d, 1911.
  - Breakfast
    - Oatmeal, bread, butter, potatoes, milk, syrup, sugar, toast, coffee. Lunch 10:10—graham crackers.
  - Dinner
    - Roast beef, mashed potatoes, gravy, bread butter, pickles, creamed dinner roll, syrup, bread pudding with sauce.
  - Supper
    - Potatoes, left-overs, bread, butter, rhubarb sauce, milk.

- July 3d, 5th, 6th, 1912.
  - Breakfast
    - Oatmeal, bread, butter, potatoes, milk, syrup, sugar, toast, coffee. Lunch 10:10—graham crackers.
  - Dinner
    - Cold meat, potatoes, gravy, bread, butter, syrup, bread pudding with sauce.
  - Supper
    - Potatoes, left-overs, bread, butter, syrup, peach sauce, milk.
BREAKFAST
Oatmeal, milk, sugar, bread, butter, syrup, potatoes, toast, coffee.

DINNER
Creamed codfish, potatoes, gravy, baked beans, bread, butter, lettuce.

SUPPER
Potatoes, left-overs, bread, butter, syrup, prune sauce, milk.

SCHOOL FOR FEKKLE MINDED,
June 15th, 16th, 17th, 1911.
Oatmeal, milk, sauce, prunes.
Wheat, milk, sauce, fig.
Oatmeal, syrup, creamed dried beef.

STATE BOARD OF CONTROL.

Oatmeal, milk, sugar, bread, butter, syrup, potatoes, toast, coffee.

SCHOOL FOR FEKKLE MINDED.
June 15th, 16th, 17th, 1911.
Oatmeal, milk, sauce, prunes.
Wheat, milk, sauce, fig.
Oatmeal, syrup, creamed dried beef.

STATE BOARD OF CONTROL.

Oatmeal, milk, sugar, bread, butter, syrup, potatoes, toast, coffee.

SCHOOL FOR FEKKLE MINDED.
June 15th, 16th, 17th, 1911.
Oatmeal, milk, sauce, prunes.
Wheat, milk, sauce, fig.
Oatmeal, syrup, creamed dried beef.

STATE BOARD OF CONTROL.

Oatmeal, milk, sugar, bread, butter, syrup, potatoes, toast, coffee.

SCHOOL FOR FEKKLE MINDED.
June 15th, 16th, 17th, 1911.
Oatmeal, milk, sauce, prunes.
Wheat, milk, sauce, fig.
Oatmeal, syrup, creamed dried beef.

STATE BOARD OF CONTROL.

Oatmeal, milk, sugar, bread, butter, syrup, potatoes, toast, coffee.

SCHOOL FOR FEKKLE MINDED.
June 15th, 16th, 17th, 1911.
Oatmeal, milk, sauce, prunes.
Wheat, milk, sauce, fig.
Oatmeal, syrup, creamed dried beef.

STATE BOARD OF CONTROL.

Oatmeal, milk, sugar, bread, butter, syrup, potatoes, toast, coffee.

SCHOOL FOR FEKKLE MINDED.
June 15th, 16th, 17th, 1911.
Oatmeal, milk, sauce, prunes.
Wheat, milk, sauce, fig.
Oatmeal, syrup, creamed dried beef.

STATE BOARD OF CONTROL.

Oatmeal, milk, sugar, bread, butter, syrup, potatoes, toast, coffee.

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June 15th, 16th, 17th, 1911.
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Wheat, milk, sauce, fig.
Oatmeal, syrup, creamed dried beef.

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Oatmeal, milk, sugar, bread, butter, syrup, potatoes, toast, coffee.

SCHOOL FOR FEKKLE MINDED.
June 15th, 16th, 17th, 1911.
Oatmeal, milk, sauce, prunes.
Wheat, milk, sauce, fig.
Oatmeal, syrup, creamed dried beef.

STATE BOARD OF CONTROL.

Oatmeal, milk, sugar, bread, butter, syrup, potatoes, toast, coffee.

SCHOOL FOR FEKKLE MINDED.
June 15th, 16th, 17th, 1911.
Oatmeal, milk, sauce, prunes.
Wheat, milk, sauce, fig.
Oatmeal, syrup, creamed dried beef.

STATE BOARD OF CONTROL.

Oatmeal, milk, sugar, bread, butter, syrup, potatoes, toast, coffee.

SCHOOL FOR FEKKLE MINDED.
June 15th, 16th, 17th, 1911.
Oatmeal, milk, sauce, prunes.
Wheat, milk, sauce, fig.
Oatmeal, syrup, creamed dried beef.

STATE BOARD OF CONTROL.

Oatmeal, milk, sugar, bread, butter, syrup, potatoes, toast, coffee.

SCHOOL FOR FEKKLE MINDED.
June 15th, 16th, 17th, 1911.
Oatmeal, milk, sauce, prunes.
Wheat, milk, sauce, fig.
Oatmeal, syrup, creamed dried beef.

STATE BOARD OF CONTROL.

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SCHOOL FOR FEKKLE MINDED.
June 15th, 16th, 17th, 1911.
Oatmeal, milk, sauce, prunes.
Wheat, milk, sauce, fig.
Oatmeal, syrup, creamed dried beef.
### MOVEMENT OF POPULATION OF STATE INSTITUTIONS FOR DEAF, BLIND, AND FEEBLE MINDED, FARIBAULT, STATE PUBLIC SCHOOL OGWATONA AND HOSPITAL FOR CRIPPLED CHILDREN, ST. PAUL, FOR TWO YEARS ENDING JULY 31, 1911 AND JULY 31, 1912.

<table>
<thead>
<tr>
<th></th>
<th>School for Blind</th>
<th>School for Deaf</th>
<th>School for Feeble Minded</th>
<th>State Public School</th>
<th>Hospital for Crippled Children, Phalen Park</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1910-11</td>
<td>1911-12</td>
<td>1910-11</td>
<td>1911-12</td>
<td>1910-11</td>
</tr>
<tr>
<td></td>
<td>M</td>
<td>F</td>
<td>Tot</td>
<td>M</td>
<td>F</td>
</tr>
<tr>
<td>Present August 1</td>
<td>53</td>
<td>38</td>
<td>91</td>
<td>49</td>
<td>34</td>
</tr>
<tr>
<td>Discharged (or left)</td>
<td>4</td>
<td>3</td>
<td>7</td>
<td>2</td>
<td>1</td>
</tr>
<tr>
<td>Dismissed on probation</td>
<td>1</td>
<td>1</td>
<td>2</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Readmitted</td>
<td>2</td>
<td>2</td>
<td>4</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>Probations returned</td>
<td>2</td>
<td>2</td>
<td>4</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>Returned from vacation or indefinite absence</td>
<td>2</td>
<td>2</td>
<td>4</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>Escapes returned</td>
<td>40</td>
<td>35</td>
<td>75</td>
<td>39</td>
<td>32</td>
</tr>
<tr>
<td>Received by transfer</td>
<td>2</td>
<td>2</td>
<td>4</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>Totals</td>
<td>53</td>
<td>38</td>
<td>91</td>
<td>49</td>
<td>34</td>
</tr>
</tbody>
</table>

Yearly average, number of inmates: 46, 47, 48, 49, 50, 51, 52.
Number temporarily absent or on vacation: 46, 47, 48, 49, 50, 51, 52.

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### MOVEMENT OF POPULATION OF STATE TRAINING SCHOOL, RED WING, HOME SCHOOL FOR GIRLS, SAUK CENTER, STATE REFORMATORY, ST. CLOUD, STATE PRISON, STILLWATER AND STATE SANTANOURIUM, WALKER, FOR TWO YEARS ENDING JULY 31, 1911 AND JULY 31, 1912.

<table>
<thead>
<tr>
<th></th>
<th>State Training School</th>
<th>Home School for Girls</th>
<th>State Reformatory</th>
<th>State Prison</th>
<th>State Sanatorium</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1910-11</td>
<td>1911-12</td>
<td>1910-11</td>
<td>1911-12</td>
<td>1910-11</td>
</tr>
<tr>
<td></td>
<td>M</td>
<td>F</td>
<td>Tot</td>
<td>M</td>
<td>F</td>
</tr>
<tr>
<td>Present August 1</td>
<td>285</td>
<td>208</td>
<td>493</td>
<td>128</td>
<td>105</td>
</tr>
<tr>
<td>Discharged</td>
<td>4</td>
<td>1</td>
<td>5</td>
<td>3</td>
<td>2</td>
</tr>
<tr>
<td>Released on parole</td>
<td>232</td>
<td>231</td>
<td>463</td>
<td>159</td>
<td>138</td>
</tr>
<tr>
<td>Readmitted</td>
<td>12</td>
<td>12</td>
<td>24</td>
<td>19</td>
<td>19</td>
</tr>
<tr>
<td>Probations returned</td>
<td>2</td>
<td>2</td>
<td>4</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Escapes returned</td>
<td>13</td>
<td>13</td>
<td>26</td>
<td>13</td>
<td>13</td>
</tr>
<tr>
<td>Received by transfer</td>
<td>1</td>
<td>1</td>
<td>2</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Totals</td>
<td>583</td>
<td>398</td>
<td>981</td>
<td>356</td>
<td>308</td>
</tr>
</tbody>
</table>

Yearly average number of inmates:...

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*Institution opened June 22, 1911.*