

## Session 4 – Personal Living and Supported & Customized Employment January 11-12, 2019

### Competencies

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1. Understand the need for all individuals to experience regular and ordinary changes in lifestyle across the lifespan.
2. Know/understand the importance of home ownership/control as one of the defining characteristics of adult life in our culture and the types of lifelong supports necessary for creating a positive home environment for people with developmental disabilities.
3. Describe the importance of supported, competitive, and customized employment opportunities for people with disabilities.

### Homework

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1. In one paragraph, describe the kind of home you would like (for yourself or your son/daughter) and the kinds of assistive technology that would be most helpful at that home. Bring a copy to the February weekend session.
2. In one paragraph, describe the type of job/career you would like (for yourself or your son/daughter) and the kinds of assistive technology that would be most helpful at that work. Bring a copy to February weekend session.
3. If you have reliable internet access, watch the video “HAS Movers” ([www.thearcofminnesota.org/housing-access/](http://www.thearcofminnesota.org/housing-access/)) or on YouTube at ([www.youtube.com/watch?v=1pVefy7\\_fKU](http://www.youtube.com/watch?v=1pVefy7_fKU)) produced by The Arc Minnesota and MN Department of Human Services). Write a brief paragraph about the important features of home ownership compared with the important features of group living. If you cannot view the video on your computer, please write the summary anyway, based on information from the session and personal experience. Bring your summary to February weekend session.
4. If you have reliable internet access and have not completed the Telling Your Story App (or the equivalent on paper), do so for February.
5. Send thank you (letter or email) to at least two speakers/presenters from this weekend session. Bring a list of the speakers/presenters to whom you sent letters with you to the February weekend session.

PLEASE SEE OTHER SIDE....

## **OPTIONAL:**

If you have reliable internet access, we encourage you to complete the online courses, Partners in Employment OR EZ Read Partners in Employment **AND** Partners in Living which will serve as a great resource. These courses DO NOT require you to complete them in one sitting. A bookmarking feature is built in that marks where you left-off so you can easily pickup and continue your review at another time.

Please complete the **Feedback Form** for the course when you have finished reviewing as well as download a Certificate of Completion. Hand this certificate in when you arrive at the next Partner's weekend session.