

*Sturdy
Dean*

FOR WE HAVE PROMISES TO KEEP. . .

AND MILES TO GO BEFORE WE SLEEP.

Robert Frost



**An action plan for the future of ENCOR services, including a report on the first decade of
community-based services in Eastern Nebraska.**

JANUARY, 1979

FOR WE HAVE PROMISES TO KEEP. . .

AND MILES TO GO BEFORE WE SLEEP.

Robert Frost

**EASTERN NEBRASKA COMMUNITY OFFICE OF RETARDATION
ACTION PLAN**

The action plan for the future of ENCOR services, FY 1979-80 through FY 1981-82

**And a report on the first decade of community-based services in Eastern Nebraska,
1968-1978**

**KEVIN CASEY, ENCOR DIRECTOR
LOIS ROOD, ENCOR PLANNER**

Assistants:

**Thomas Dean
Clare Farley**

JANUARY, 1979

REGION VI

MENTAL RETARDATION SERVICES

A FIVE YEAR COMMUNITY PLAN

ENCOR OFFICE OF PLANNING & EVALUATION

885 South 72nd Street

Omaha, Nebraska 68114

(402) 444-8500

July 15, 1978

Michael Albert, Chairman
Governing Board
Eastern Nebraska Human Services Agency
885 South 72 Street
Omaha, Nebraska 68114

Dear Chairman Albert,

The ENCOR Planning Council hereby reaffirms the original commitments made in the 1968 Douglas County Plan and the Governor's Committee Report:

To provide for services at the local level which eliminates the need for any mentally retarded person to be separated from the natural family and involvement in the local community.

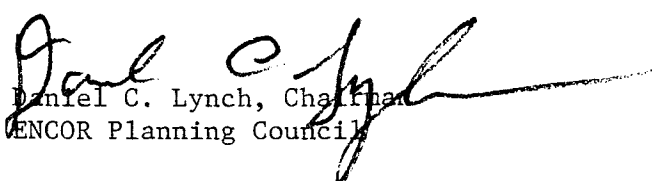
That all persons who are mentally retarded should remain in or return to their local communities and be as independent as possible.

This commitment is based on the belief that individuals who are mentally retarded have a legal right to live in the least restrictive environment consistent with their individual needs.

This goal is consistent with the goals of the Horacek vs. Exon Consent Decree.

Recognizing the leadership Nebraska has provided to the nation toward this goal, the Planning Council for the Eastern Nebraska Community Office of Retardation, is proud to submit to you the following recommendations in order to provide a total service delivery system which is consistent with the purpose, goals and the philosophy of ENCOR.

Sincerely,


Daniel C. Lynch, Chairman
ENCOR Planning Council

DCL/lr

**ENCOR**

EASTERN NEBRASKA COMMUNITY OFFICE OF RETARDATION

CENTRAL SERVICES

885 South 72nd Street

Omaha, Nebraska 68114

(402) 444-8500

Kevin T. Casey, Director

GOVERNING BOARD

Michael Albert, Douglas County
Ray Lind, Sarpy County
Floyd Triplett, Washington County
Robert Curtright, Jr., Cass County
Donald Claasen, Dodge County

October 30, 1978

Michael Albert, Chairman
Governing Board
Eastern Nebraska Human Services Agency
885 South 72nd Street
Omaha, Nebraska 68114

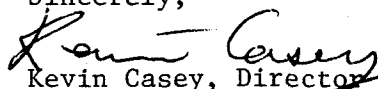
Dear Chairman Albert:

I am pleased to transmit to you the Official Plan of Implementation for the Eastern Nebraska Community Office of Retardation. This Plan contains both the official report of the ENCOR Long Range Planning Council which submitted their recommendations this July, and the projections for services which ENCOR submitted to the Nebraska Mental Retardation Panel this month.

The Plan has been developed as a three year plan to begin July 1, 1979 and to be implemented by June 30, 1982. The recommendations made by the ENCOR Planning Council include areas of the system which need expansion, innovation or change, as well as the areas of the system which need quality improvements. The service projections made by ENCOR to the Nebraska Mental Retardation Panel include the exact numbers of individuals who are projected to be served from the Beatrice State Developmental Center, the state's three Regional Centers and the community in the next three fiscal years. The Plan has been held until this time in order to be able to include these projections.

We are proud of what has been accomplished in Eastern Nebraska. ENCOR throughout its short history has provided leadership to the state of Nebraska and to the nation in the development of community services. We are mindful of the deep dedication, commitment and the continued support of the Governing Board. We know that the Governing Board members share with the staff of ENCOR, the Planning Council and the consumers the continued determination to ensure the realization of full citizenship for all mentally retarded citizens from our five counties. We look forward to working with you toward the achievement of the goals outlined in this action plan. We feel that we are beginning the most major effort in Nebraska since the concept of community-based mental retardation services was developed a decade ago.

Sincerely,



Kevin Casey, Director

Eastern Nebraska Community Office of Retardation

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INTRODUCTION

The Document

This document has been prepared by more than 150 volunteers. Parents, professionals, mentally retarded persons and concerned citizens from each of the five counties served by the Eastern Nebraska Community Office of Retardation (ENCOR) spent hundreds of hours analyzing the needs of the mentally retarded citizens of Region VI and developing the recommendations found on pages 3 to 18. These planners felt the recommendations were necessary to allow the mentally retarded citizens from the region to achieve realization of their human and legal rights.

ENCOR's decade of history was examined. The volunteer planners of 1978 saw how many of the dreams of the planners of 1968 had been realized. The development of ENCOR's first services resulted in a comprehensive service system that has provided services to over 2000 mentally retarded persons. Yet, it is clear that in 1978, ENCOR is at a crossroads. The original dreams are only half fulfilled. By July 1, 1979, there will still be approximately 228 persons from Region VI in the Beatrice State Developmental Center, 22 in the state's regional centers, persons not yet identified in nursing homes across the state, and many more persons in the community whose needs are not adequately being met.

The first chapter, "The Official Recommendations of the Planning Council" shows what ENCOR and the communities of the region must do if the dream of meeting the needs of all the mentally retarded citizens of the region is to be fulfilled. ENCOR's goal is still to insure the retarded citizens of this region that no one will have to leave this region to have his or her basic human needs met.

The next four chapters tell of the history of ENCOR and describe the region, the agency, and the services which make up the agency. Many statistics and charts are given to show ENCOR's actual development. The data given in these chapters are brought together for the first time in many years. They will answer many of the questions which are frequently asked by parents, visitors, and staff.

The chapter entitled "Population Profile" represents the findings made in an extensive needs assessment conducted in the region, in many nursing homes, and in the institutions where many of the residents of Region VI are placed.

An understanding of the development and future of ENCOR would not be complete without a detailed look at financial realities. Pages 81 through 102 contain an analysis of funding sources, most of which was prepared by the Study Committee on Administrative and Fiscal Affairs, along with a financial report covering every year since ENCOR's beginning.

The last chapter describes the planning process used to fulfill the intent of the resolution passed by the ENCOR board in 1976:

"WITH THE BELIEF THAT . . .

- A. Comprehensive planning is essential to the proper delivery of human services;
- B. The ENCOR office is desirous of delivering the highest quality mental retardation services consistent with sound management principles;
- C. The ENCOR office is desirous of producing comprehensive short and long range plans to guide its delivery and management of services;

THE GOVERNING BOARD OF THE EASTERN NEBRASKA HUMAN SERVICES AGENCY RESOLVES TO DIRECT ENCOR TO PRODUCE A LONG RANGE GOAL-ORIENTED PLAN AND CONTINUOUS ONE YEAR PLANS."

Projections for Services

The recommendations of the Planning Council and study committees concern themselves primarily with quality issues and potential future funding sources. The Planning Council did not make actual projections for how many persons should be served or exact costs, in order not to interfere with another planning effort that existed on a state-wide basis.

The state-wide plan is being coordinated by the Nebraska Mental Retardation Panel, a three member panel appointed by federal district court Judge Albert Schatz. This panel was appointed specifically to develop an organized Plan of Implementation to meet the terms of the Consent Decree (Horacek vs. Exon Civil No. 72-L-299) signed August, 1975. The Consent Decree was an agreement between the plaintiffs, the state of Nebraska and the U. S. Justice Department to insure the rights of mentally retarded persons in the least restrictive alternative and to continue the deinstitutionalization of the Beatrice State Developmental Center. The panel's Plan of Implementation of the Consent Decree contains information on projected costs, sources of funding and financial mechanisms.

Since July 1, 1977, ENCOR has placed 20 persons from BSDC into the community and will, by July, 1979, have totally eliminated the use of the Hastings Regional Center-Developmental Unit for Children for Region VI residents. Since 1968, 337 persons have come out of BSDC into the ENCOR region.