COFFEE, TEA OR POLITICS

Executive Director Bob Clark has been conducting a series of coffees to help GOARC members become acquainted with their state senators. And, perhaps more importantly, to help the Omaha area senators become acquainted with the problems and programs in mental retardation.

Bob has been explaining some of the legislation that the associations for mental retardation will be trying to get introduced and passed in the upcoming session of the Unicameral legislature.

Many GOARC members have been attending these coffees, which are held in the homes of members. Almost all of Omaha's senators have been guests at the coffees and all of them will have an opportunity to visit with GOARC members before the new session begins.
The New Year is a good time to make resolutions and do the things we did not get the chance to do last year. Maybe we can get a little more involved in GOARC this year and try for 100% attendance at the General Membership meetings. We've got a good start!

As I sit here trying to come up with some brilliant ideas, which are few and far between to begin with, I realize there are only six shopping days left, Christmas baking still to be done, guests to entertain, presents still to be made and my deadline is two days away! I get the feeling this may be a short Gazette! But after New Years you will probably all be too tired to read much anyway.

The New Year is a good time to make resolutions and do the things we did not get the chance to do last year. Maybe we can get a little more involved in GOARC this year and try for 100% attendance at the General Membership meetings. We've got a good start!

Everyone at GOARC and ENCOR, along with myself, would like to wish each and every one of you a very HAPPY NEW YEAR!

Editor

A VERY SPECIAL EVENT

BENGT NIRJE was born in 1924. He received his undergraduate training at the University of Uppsala and the University of Stockholm, obtaining a B.A. in comparative literature. From 1952 to 1954, he did graduate work at Yale University on a Smith Mundt Bill Scholarship and at the Sorbonne in Paris. From 1956 to 1958, he worked as a welfare officer on the Hungarian refugee problem, first for the Swedish Red Cross in Austria and later for the United Nations. In 1958-59, he was in charge of the organization of the Folke Bernadotte drive for cerebral palsy. Since 1961 - 1970, he has been secretary general (executive director) of the Swedish Parents' Association for Mentally Retarded Children. Presently, he is touring, lecturing, consulting and catching up on his writing.

Mr. Nirje is well known in the United states from his visits to mental retardation agencies and his addresses to parent and professional groups. He also has hosted many Americans who have visited mental retardation facilities in Sweden. He is one of the two originators of the principal of "Normalization" and since our local and state services are totally committed to this principal, we in Nebraska owe this great man a special debt.

On Saturday, January 9th from 9:30 a.m. to 4:00 p.m. he will give an all day workshop on normalization and new ideas for adult services. Everyone is invited, especially program personnel, board members, committee chairman and other ARC leaders. The workshop will be at the Lincoln Center, 215 South 15 Street, in Lincoln.

On Wednesday, January 13th between 8:00 and 10:00 p.m., Mr. Nirje will give a presentation on the Normalization Principal as a special event arranged by the GOARC Parent Education Committee. The entire membership is encouraged to attend and encouraged to bring guests. The meeting will be at the University of Nebraska Medical Center, Basic Science Auditorium.
SPOTLIGHTING THE FAMILY OF THE MONTH

Linda, 11, daughter of the Allen Gilmores, is mentally handicapped. She was born with cerebral palsy and is severely handicapped physically, too. She has curvature of the spine and cannot speak. She learned to walk at the age of 4 at the Children's Rehabilitation Institute.

Having a child with multiple handicaps could overwhelm a family and cause it to shrink from the world outside to form a shield around the handicapped child. But the Gilmores have not done this. They have provided Linda with the best of care, but also, they have been raising two active children who are not handicapped and they have contributed to the welfare of many others in the community.

Allen Gilmore is director of the Center of Occupational Education for the Omaha Public Schools, a special program for dropouts. He is a member of the Omaha Education Association and a trustee for Mount View Presbyterian Church. He is on the Executive Board for GOARC and is chairman of the Membership Committee.

Dorine is a teacher, too, and she substitutes in kindergarten and third grade. She is active in the church, is in a DeMolay mothers group and is a Girl Scout leader. She finds time to play the piano, bridge and go swimming and camping. She says the family enjoys camping, especially at Colter Bay in Wyoming's Grand Tetons.

Despite their own busy schedules, the Gilmores have seen to it that Linda has had professional schooling from the time she was very small. In addition to CRI, Linda went to Help Nursery for 3½ years and was one of the first pupils to attend the Benson Developmental Center where she is currently enrolled.

Steven, 15, and Judy, 12, both attend Nathan Hale Junior High. Seven is on the 9th grade basketball team. Judy is a Girl Scout, and her troop helped with Honey Sunday last month.

Some of the rest of the family's varied interest have rubbed off on Linda. Dorine says she loves music, horses and swimming. Even though Linda cannot swim, she likes the water.

And of course, Linda has affected the Gilmore family. Allen and Dorine are leaders on the GOARC team who have given much of their time and energy to help other families and other Lindas.

(Incidentally, being chairman of the Membership Committee makes Allen the key man in GOARC this month, which is membership month. Allen's goal is to raise GOARC's active membership to 500. See his letter on Page 11)
November was a month spent getting ready for Christmas and enjoying Thanksgiving. The children attended the ENCOR Thanksgiving Party on November 21. They also enjoyed a Thanksgiving Dinner at Rev. and Mrs. Falkenroth’s. A big treat for everyone was a real Mexican dinner of tacos at Ricardo’s.

The Papillion Extension Club spent an evening with the children. Women from Offutt AFB brought the children gifts for Christmas and Thanksgiving.

To get into the Christmas spirit the children went to see the KOIL Caroling Tree and saw Santa arrive at Westroads. All the children went to see the movie "Scrooge".

-----TIDBITS-----

The whole house has suffered but pulled strongly through the cold and flu season. Tommy didn’t grad Lou’s food! Joe can write his name.

All of the children were weighed and measured. The statistics as of Nov. 20 – 7:00 PM are:

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<thead>
<tr>
<th>NAME</th>
<th>WEIGHT</th>
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<tr>
<td>Doug Fester</td>
<td>45</td>
<td>43&quot;</td>
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<td>Kathy Hartman</td>
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<td>48&quot;</td>
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<td>Tom Higgens</td>
<td>23½</td>
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<td>Carol Korgie</td>
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<td>48½&quot;</td>
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<tr>
<td>Mike Schram</td>
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<td>44&quot;</td>
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<tr>
<td>Joe Smith</td>
<td>48</td>
<td>44¼&quot;</td>
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<tr>
<td>Annie Tamisiea</td>
<td>35</td>
<td>42½&quot;</td>
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MEN’S HOSTEL

Brook Northern, a staff member, has moved into an apartment with his wife and son who came from Texas. After graduation he will go to Turkey to further his education. Brook has been replaced by Al Nygard, from Friberg, South Dakota.

On December 13 the Youth Group from the Benson Baptist Church and their sponsor, Mrs. Nelson and Dr. and Mrs. Byrd, brought supper to the hostel. They also presented the young men with an electric football game. The same evening the Young Single Adults from Kountz Memorial Lutheran Church sang Christmas carols, Hans Schaffer, an exchange student from Germany, sang carols in German.

The hostel was brightly decorated for Christmas with lights all around. The two stars on the house were made by John Barnhouse. St. Nick made an appearance, perched on top of the chimney.

Mike Jordon is now employed at Loziers, Mfg.

NEW BOARD MEMBER

Mrs. Sonny Lundgren has been recommended to fill the vacancy on the GOARC Executive Board left by Evelyn Zysman. She would co-ordinate activities with the Junior League.
The General Membership meeting for the Association for Retarded Children will be January 7, 1971 at First Federal Savings and Loan Association, 42nd and Center.

Dr. James Eisen will speak on "Drugs, Genes and Development". This should be a very interesting program, and it is open to the public - so invite your friends. Dr. Robert Kugel will also give a report on research.

The meeting starts at 8:00 but come early for coffee and get acquainted with fellow members.

The membership campaign starts this month. Be an early bird and renew yours at the meeting.

See you January 7th.
Ogden Lindsley has said that children are not retarded, only their behavior in average environments is sometimes retarded. And it doesn't take a great deal of reflection for us to become aware of the fact that retardation is not primarily a question of defective intellect. It is rather concerned with the relationships of a person to the world about him, to his particular environment, and to other persons. The retarded person has certain unusual limitations in some of these relationships. In serving a retarded person, it is necessary to be aware of those limitations experienced by him, and to match our assistance to the nature and extent of his current need.

At the other end of the spectrum, there is our relationship to the person who is retarded. This, too, may be limited—defective—in a variety of ways. And defective or not, the stance we take toward the retarded is a most important factor in helping or hindering him in his effort to become the person he can be. This is especially true the closer our relationship is to the retarded person.

This brings us to the question of brothers and sisters of the retarded. Obviously, brothers and sisters live in a very close relationship with the retarded. Brothers and sisters, and their relative who is retarded will necessarily have an effect on each other. We would like to know more about this relationship, its ups and downs, and to share this knowledge and experience with as many interested persons as possible to the benefit of all involved.

The retarded persons, brothers and sisters, parents, and those who counsel families with a retarded child would benefit greatly from such a sharing. For this purpose, we want to build a file on brothers and sisters of the retarded for future use in parent education, youth programs, and other programs for those engaged directly or indirectly in service to the retarded. Brothers and sisters of the retarded would be invited to share their experiences in a variety of ways. This might include: serving on a panel, giving a brief presentation of their own experience as the relative of a retarded person, taking part in group discussions, and other ways suggested by the ingenuity of the brothers and sisters themselves.

Please fill out the form on the next page and mail it to:
Al O'Dell, Ph.D Coordinator Mental Retardation Manpower Development,
Nebraska Psychiatric Institute
602 South 44th Avenue
Omaha, Nebraska 68105

TO BROTHERS AND SISTERS OF THE RETARDED
An Answer to Erroneous Newspaper Reports

News service stories that appeared in most area newspapers on December 4 and 5 reported erroneously that the President of the United States had refused to be photographed with the 1970 NARC Poster Child. The news accounts also implied that NARC had bluntly turned down Mrs. Spiro Agnew's offer to substitute for the President. In addition to racial overtones, the articles gave the impression that this was the first time in history that a President had refused to be photographed with the Poster Child.

It is unfortunate that the story was distorted and, in many instances inaccurate. The White House made every effort to schedule a picture ceremony, but because of the many urgent responsibilities, including DeGaulle's funeral in France, was unable to arrange an appointment. Mrs. Agnew offered to substitute for the President (as did Mrs. Nixon in 1966 and Mrs. Johnson along with Mrs. Humphrey in 1968) but unfortunately her availability in December was too late to call attention to our November Retarded Children's Month.

Negotiations are being made to have the President congratulate the 1971 Poster Child sometime in early February or March to give us nationwide publicity just prior to, or during, Membership Month.
Dear Members:

Research, according to Dr. Charles F. Kettering, is "simply to find out what you are going to do when you can't keep on doing what you are doing now." The statewide plan for services to all mentally retarded in the State of Nebraska and the correlating Douglas County Plan for community-based comprehensive services are the results of good research. Both plans advocate that parents of retarded citizens be actively involved in the planning and administering of these services. However, as additional services are made available, it becomes increasingly difficult to find parents of the retarded who are knowledgeable about the ideology of normalization and willing to defend these rights as "equality before the law".

It should be noted that services for our mentally retarded can become "tokenism" if they are not provided with a dedication to, and love for, the handicapped we wish to help. I have sufficient faith in our society that any technical problem needing to be solved will summon forth the money, the time, and, above all, the competence to solve it. When there is something needed beyond money, time and technical competence, only personal involvement can fill the need. Until we develop some commitment to our fellow human beings, some commitment to our community, we have only partially accepted the challenge.

As we reflect on the past and resolve to correct our shortcomings in the ensuing year, let us address ourselves to the problems of the mentally retarded. May we as an association, and as individuals, become the advocates, the champions, the representatives to speak and act for them.

Sincerely,

Leighton L. Goodrich, President
Greater Omaha Association for Retarded Children
HONEY SUNDAY BIG SUCCESS

According to Jerry Lenz, Jaycees Honey Sunday Chairman, the sale was a big success due to the help of more than 1,600 volunteers. A big thanks goes to Roy Hobart. Of the $21,600 collected, 70 percent will go to GDARC and 30 percent to the Madonna School. Eighteen cases of honey were sold at the courthouse during the week of December 14. A big thanks to all who helped on this drive.

ENCOR --- A NEW AND GROWING AGENCY

Since July 1, 1970, when the Eastern Nebraska Community Office of Retardation (ENCOR) officially broke its administrative ties with the Greater Omaha Association for Retarded Children, things have been going well though a little bit behind schedule. The work on which ENCOR has been concentrating has been primarily in the other counties involved. A workshop and day care center are being established in Sarpy County and there are plans for a day care center and workshop in Dodge County.

Generally, the operations are running as smoothly as can be expected for a new and growing agency. Of course, we have had our share of difficulty. However, with an interested and active governing board, we have been able to discuss problems and start moving toward answering them in the most efficient way possible. We still have much to do in our effort to provide comprehensive services for all mentally retarded persons living in this region. We have set up the behavior modification hostel and the crisis assistance unit which was planned for this year. We are moving in that direction and should have something firm ed up within a month.

Some of the work which has been done within ENCOR has been internal in nature and not observable in direct program output. These new things consist of hiring a new Director of Administrative Operations, a new Transportation Coordinator, refining jobs in the area of Guidance Services, recruiting and hiring a Developmental Programs Coordinator and a Speech Therapist, devising and implementing a new accounting and record keeping system and trying to implement a management by objectives system within ENCOR. These activities have kept us very busy and will strengthen the agency and provide for better and faster and more complete implementation of new services.

I would like to invite anybody who would be interested in coming to visit our new central office or any of the programs which we are establishing within ENCOR. I also encourage the parents to continue the participation which has been the cornerstone to ENCOR’s establishment and success over the last two and a half years. This will be particularly important as we go into this new “tight money year.” If there are any questions in regard to new services or program efforts, please do not hesitate to call the ENCOR office, and I am sure we can find someone who can assist you with your problem and give you the information which you desire. The ENCOR staff wishes all a Merry Christmas and a Happy New Year.

Brian R. Lensink
Executive Director
SPECIAL THANK YOU

The Honey Sunday Steering Committee would like to say a special thank you to the Graves Truck Lines for delivering the honey to the seven pick-up points. Mr. Al Tirro, Terminal Manager of Graves and George Buglewicz also of Graves are to be given special recognition for their efforts in providing us with a semi-van and a driver.

NEWS FROM THE YOUTH GROUP

The YOUTH Association for Retarded Children has recently been very active in keeping with the spirit of Christmas.

On November 30, G.O.Y.A.R.C. held a most interesting meeting. We received a presentation from our guest speaker Dr. Menolascino, M.D., on an orientation of mental retardation and its causes. Some of the points brought up were: the various degrees of retardation, the percentage of patients in relation to the various degrees, symptoms, statistics on mongoloids, and genetic defects. Dr. Menolascino also brought up how tragic it was that many people had preconceived ideas on mental retardation.

Our monthly trip to Beatrice was very rewarding as usual. Although advocates were permitted to see residents for only a brief time, we were compensated by entertaining Wards L and Voc. Rehab.

Terri Freyer, our President, appeared on Channel 3's Conversations on December 9. She informed the viewers on what G.O.Y.A.R.C. is and some of our future activities.

The familiar voices of Dave Williams, Mickey Uhrich, Terry Delich, Ruth Stephenson and Terri Freyer were heard over KOIL Radio on December 11, 12 and 13th urging Omaha Young citizens to attend our membership meeting, "Work for the Retarded, the Pay is Great." The speakers were Rose Melle and Terri Freyer. The turn out was extremely good --- we gained EIGHT new members.

On Saturday, December 19th, Ruth Stephenson, Terri Freyer and Kathy Lensink attended a Leadership Training Workshop in Grand Island. Ruth was chosen to serve on a panel on the Nebraska Citizens Advocacy Program at the Regional Convention which will be held in Des Moines.

The Youth Group enjoyed helping the ENCOR Recreation Department on December 21 with the Children's Christmas Party which was sponsored by KOIL.


Our membership has greatly increased over the past few months. We feel with just a little more hard work we will be able to do an even better job. We wish to express our gratitude to everyone who has helped with our activities.

BENSON DEVELOPMENTAL CENTER

The Omaha Fire Fighters Auxiliary donated a beautiful pink play kitchen to the Center. The children are learning the art of table setting with the purchase of dishes for the cabinet.

Mrs. Cheryl Tollman and speech therapy students from Creighton have been working with the children individually on Tuesday morning.

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You can forget all about GOARC too, until you need its services.

That's why the membership campaign is starting early this year. You will receive a letter in January asking you to renew your GOARC membership. We hope that you will mail your renewal to the office promptly. In February and March we will concentrate on getting new members. If you are asked to help with the membership drive this year, please say "yes"! It will require the cooperation of everyone to reach our goal of 500 active GOARC members! Remember, get your membership renewal in during January -- or, better yet, bring it to the January General Membership Meeting.

Thanks to you!

We would like to thank the members of the phone committee who have faithfully called concerning the GOARC General Membership Meetings this year. Those who have done such a "bang up" job are:

Benson Developmental Center
Mrs. Jeanne Higgins, Chairman
Mrs. Marilyn LeClair
Mrs. Valerie Scamperino

South Developmental Center
Mrs. Mildred Stahley, Chairman
Mrs. Bonnie Hiatt

Vocational Services Center
Mrs. Joseph Schultz
Mrs. William Rosso
Mrs. Fred Rosendahl
Mrs. Helene Paige
Mrs. John Ray, Chairman

South Developmental Center
Mrs. Hoefner
Mrs. Hughes
Mrs. Thomas Fennell
Mrs. Marie Davis

Keep up the good work, ladies! We want to have phone committees from each facility call their own GOARC members for each General Meeting. This includes Omaha Public Schools Trainable Classes, District #66, Beatrice Parents, CHANCE, Sarpy County, and Madonna School. If you are willing to do this, please let us know.

Allen Gilmore
Chairman, Membership Committee
453-2441
ENCOR RECREATION RESUMES

The Children's Recreation Program will begin on Saturday, January 9th at the north branch of the Christ Child Society and also the main one at 10th and Williams. The program will continue for ten weeks, meeting every Saturday at 10:00 AM.

The Thursday session of Teen Bowl will begin January 14th from 3 to 5 PM at the Rose Bowl.

For the adults, the Swim and Square Dance program will begin January 4th at the Christ Child Center from 7-9 PM.

The Arts & Crafts session will resume on January 7th at the Benson Community Center, 7-8:30.

Also on January 7, bowling resumes at the Ames Bowl from 3-5 PM.

CHRISTMAS CAROL
FOR HUMAN MANAGEMENT PERSONNEL

by Wolf Wolfsenberger, Ph.D.

(To be sung to the tune of the "Twelve Days of Christmas").

On the twelfth day of Christmas
My true love gave to me

Twelve Conceptualizations
Eleven Service Missions
Ten Modern Methods
Nine Articulation
Eight Ideologies
Seven Swedish Experts
Six States Leapfrogged
Five New Facilities
Four Major Goals
Three Service Challenges
Two Danish Gadgets
And A Normalization Frontier.
IN MEMORIAM

Kathleen Zimmerman from:
Mr. & Mrs. W. G. Zimmerman
Ruth M. Reynolds
Interstate Machinery & Supply and the Lincoln Industrial Supply
Mary K. Murray

Helen Schukert from:
Mr. & Mrs. Henry C. Karpf

David W. Trumble from:
Mrs. Trumble
Mr. & Mrs. Jerry Knapp

Roberta Smith from:
St. Paul's United Methodist Church

Ray Baum from
Mr. & Mrs. L. Swanson

David Sharp from
Mr. & Mrs. Icar Kaplan
THE
G O A R C FILM FESTIVAL
PRESENTS

| January 5  | "Modern Concepts of Epilepsy" (Epilepsy) |
| December 22 | "World of a Different Drum" (Parental Feelings) |
| February 2  | "Functional Teaching of Numbers" (Primary Education) |
|             | "Functional Teaching of Reading and Writing" |

Vocational Services Center, 6001 Military Avenue, 8:00 p.m.
A VISIT WITH GOVERNOR-ELECT J. J. EXON

by Robert L. Clark, Executive Director, GOARC

On Wednesday, December 23, John Foley, NebARC Executive Director; John Pleiss, GOARC Treasurer and Beatrice State Home ARC Secretary; Rose Meile, NebARC Youth Advisor; and myself had the opportunity to visit with Governor-elect James J. Exon. Those of us who had this opportunity were most pleased with Governor-elect Exon’s interest and concern for the problems which our retarded citizens and their families face.

We visited, specifically, with Mr. Exon regarding the budget requests which have been made on behalf of the Beatrice State Home, the Office of Mental Retardation (Community programs), the budget for Special Education reimbursement to the local school districts and the Educational Service Units, through the Department of Education.

Mr. Exon expressed his sympathy for the need to increase programmatic opportunities for retarded citizens throughout our state. He indicated that programmatic progress for the mentally retarded would be one of the high priorities in his new administration; but, he raised questions on the way in which our state government should meet this problem.

During our visit with Mr. Exon, he mentioned that he had received more mail regarding the Beatrice State Home than on any other issue, since his election on November 3rd. Apparently, the bulk of this mail is coming from persons in Beatrice, associated with the Beatrice State Home, indicating displeasure with the changes which have taken place at the Home.

Since Mr. Exon has already received a great deal of mail complaining about the changes that have occurred at the Beatrice State Home -- and the efforts to develop more positive programs (in our view), he would welcome hearing from parents and professionals from across the state on what they would like to see accomplished over the next four years for our mentally retarded. He would be particularly interested in hearing the views and concerns of those people who have loved ones at the Beatrice State Home, or who have had relatives there recently. He would also be very interested in hearing from those parents whose children have been able to remain in their home communities and have benefitted from community-based service programs such as those offered by ENCOR and the public schools.

I urge each and every one of you to write to Governor-elect Exon, expressing your concerns, opinions, and attitudes on issues, such as: the Beatrice State Home and what must be done to improve the life of its residents; the mentally retarded in our community who may become candidates for admission to Beatrice; and the development and expansion of community-based services through the special education programs of the public schools and multi-service retardation service agencies such as ENCOR. Your letters before January 7th, should be addressed to: Governor-elect J.J. Exon, Interim Statehouse Office, 2246 "O" Street, Lincoln, Nebraska, 68509.

If you have any questions, please call me at 346-6338!

Let me take this opportunity to wish you a most happy and productive New Year!
NEW MEMBERS
Mr. & Mrs. Stanley Krieger 2866 California Street 345-3481
Mr. & Mrs. James P. Kelly 5515 Emile Street 551-3267
Mr. & Mrs. Larry Burgess 7544 Pratt Street 383-4119
Mr. & Mrs. LaVern Lensen 7205 South 42nd Street 731-1421

RENEWED MEMBERS
Mr. & Mrs. Verne Vance 3817 Dewey Avenue 346-6662
Miss Jane Sherratt 8465 Browne Street 397-6743
Mrs. Theodore Miller 8405 Indian Hills Drive 391-2158
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<th>SUNDAY</th>
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<td>HAPPY NEW YEAR!</td>
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<td>Swim-Square Dance, Christ Child Center 7-9, GOYARC meeting 7:00, Workshop</td>
<td>Film, 8:00 Workshop</td>
<td>CHANCE Parents Mtg.</td>
<td>General Membership mtg. 8:00 PM, Arts &amp; Craft 7-8:30 Benson Comm. Center</td>
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<td>Children's Recreation 10-1, Christ Child Center, Bengt Nirje Workshop, Lin. Center in Lin,</td>
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<td>10</td>
<td>Swim-Square Dance, GOYARC deadline for Beatrice trip</td>
<td>Bengt Nirje 8:00, U of N Med. Center (gen. lecture)</td>
<td>Teen Bowl 3-5 Rose Bowl Arts &amp; Crafts</td>
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<td>Swim-Square Dance</td>
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<td>Teen Bowl Bowl at Ames Arts &amp; Crafts 3-5 PM,</td>
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A COZY HEART

Once I thought that love was tempestuous, "Kiss me quick."

I was wrong.

Love is usually a very comfortable way of life, a cozy heart, kisses on the cheek, "Wear your rubbers and blow your nose."

And what keeps a love so cozy? The fact that every so often love is tempestuous, tumultuous...

"Kiss me quick."

Love Poems for the Very Married
by Lois Wyse
Dear GOARC Member:

DO NOT BEND, FOLD OR MUTILATE ME!!

I'm not a number. I'm not a hole in a punch card. Why should I get a recorded message when I dial a number?

We all know that technology is making our lives easier. But sometimes, do you also get the feeling people are losing touch with people?

Now ask yourself a tough question: "What am I doing to reduce this feeling of 'I don't care'?" Do you care about other people as much as you might? Not just old people...or lonely people...or underprivileged people. But ALL people.

Just as you don't want to be a number, nobody else does either. The truth is: people need people. That means you and me, and all of us.

But "Love your neighbor as yourself" is easier said than done.

That's the reason why I encourage membership in our association...to give people the opportunity to share their love with someone in dire need of it...to allow people to meet people who understand concerns of the retarded and their parents...to encourage people to participate in the building of an organization to improve our community and our society...to pool our efforts with others having similar interests to accomplish more on behalf of the mentally handicapped.

There are many advantages of membership in GOARC that we would like to share with the citizens of our community. Why don't you invite your friends, neighbors and relatives to join GOARC? Let's show them what people of goodwill can do when they put their hearts and minds into it. People need people! Let's show them what is meant by "Putting One's Faith to Work".

Sincerely,

Leighton L. Goodrich
President
Greater Omaha Association for Retarded Children, Inc.
Spotlighting the Family of the Month

Fran and Tom’s life has been by no means hum-drum. From the time of their meeting, which was unusual in itself, they have had their share of excitement, happiness and sorrow.

Tom is a native Omahan, while Fran was born in Toronto, Canada. They were engaged for a year before they met. Tom was attached to the British Army doing magic shows for the troops. During this time, he and Fran were corresponding and finally became engaged although they had never met. In 1943, while still in the Army, Tom was hospitalized with polio leaving him with a disability... Fran went to Boston to meet her fiancé for the first time. A month later they were married.

Together they went to Canada to do shows in hospitals. Fran said, “I pulled the strings so that Tom’s tricks would work and he got all the credit.” Although there were many groups doing shows in hospitals, theirs were different because they went from ward to ward and even bed to bed. Their efforts didn’t go unnoticed; they received a medalion from the Canadian government for entertaining the wounded.

Happiness is having five children bounding about the house. Two of their children are now married. Terry, 23, is an Inhalation Therapist at County Hospital; her sister Kathy, 21, is also at County Hospital in Central Supply. Patricia, who is 17, is a Senior at North High; Tommy, 10, attends Belvedere School; and Dana, 9, still recuperating from his accident, will be going back to school shortly.

Sorrow can come to anyone in a split second. Fran recalls how it happened to them. “I had taken Dana for a haircut and he was so excited about going. He darted ahead of me and the next thing I knew he was out in the street. A cement truck hit him. Dana was in Children’s Hospital with a fractured skull for two months, all this time unconscious. For a month it was touch and go, not knowing whether he would live. Even though he still was not conscious, the doctors let us bring him home. The progress he has made since being home is like a miracle. I think having the children around and hearing familiar voices did him the most good. Dana is a mongoloid. The accident has done some brain damage but most of it is physical, mainly his right side. But now he is talking, and feeding himself and trying to walk. His favorite expression right now is “I’ll do it myself.” Before the accident Dana attended the trainable class of the public schools. He also went to HELP nursery and CHANCE. He goes to CRI twice a week for therapy and the Porters supplement it at home. Fran commented on how great the children have been in helping Dana with his exercises. She said they will try to get him to do something that she doesn’t think he is ready for and he will do it. The Porters feel this is a good example of normalization.

Fran and Tom have been members of GOARC for almost six years. Tom is on the Board of Directors and Fran serves on the Parent Education Committee. This is a committee formed to help the parents understand their situation and the problems of their
This committee sponsors the film series that are being shown at the Vocational Center, the special interest groups, and also the appearance of Mr. Bengt Nirje from Sweden. These groups are just getting started and haven't made much impact yet, but Tom feels they will very shortly. Having someone to talk to makes a big difference. Tom and Fran are name tag chairman and have done a great job in helping to give a friendlier atmosphere to our meetings. Fran has organized the membership list so that each facility has a list of members. So if anyone wants to know who is in your group, call Fran, she even has carbon copies so if you lose your list there is more available. This is the first time GOARC has had such a list and Fran will keep it as current as possible.

Tom doesn't have much time to spend at home. He supplements his job with the City Finance Dept. by being a ticket seller at the auditorium. He still gives a few magic shows...Fran has given up pulling the strings and has turned the job over to their daughter, Patricia. Their family activities have been curtailed by Dana's accident.

One of Fran's favorite jobs is babysitting for their 10 month old grandson while Terry works. The baby was born two weeks after Dana's accident so his birth was somewhat overshadowed. But Fran is certainly making up for it now.

The Porters are another example of a family with a handicapped child reaching out to help others.

NEW RADIO PERSONALITY

On January 21, Judie Rasco, GOARC's Publicity Director, started a five minute show on radio station KOTD,...1000 on your AM radio dial. Judie will have news, events and services of GOARC and ENCOR along with a few interviews. In case you are wondering, KOTD is located in Plattsmouth. Tune in every Thursday at 2:40 p.m.

MADONNA SCHOOL

Just a week before the big snow storm, Madonna School received a hand snow plow from the Garrison Girls, the women's auxiliary of the National Guard. It was greatly appreciated and saw plenty of action.

The teens are planning a Valentine party and will include other MR teens.
SPECIAL INTEREST GROUP

The parents special interest discussion group headed by Dr. Paul Tamisiea has been meeting once every other month since its inception this fall. The purpose of this group is directed more towards a social atmosphere and for mutual support rather than in stimulating action. This intimate group of parents enjoy discussing mutual problems where their retarded children are concerned. Expression of personal ideas and feelings has been encouraged.

At the December meeting, through the desires of some of the members, Mr. Pete Marchetti came to discuss the possibilities of setting up trusts and wills. In a similar vein, Mr. Paul LeClair, one of the members, will point out the do's and dont's concerning reporting income taxes at the next scheduled meeting, February 9th.

A CANDLE IS LIT

Boys from the Religious Nurture Classes at Rockbrook Methodist Church served as acolytes for the regular church service. This is the first time that retarded children have served as acolytes at Rockbrook. Mrs. Virginia Williams said Jimmy and Andy did so well that two more boys will serve in the near future.

NEW GIRL SCOUT TROOP

Mrs. Helen DeMay has formed a Junior Division Girl Scout Troop. The girls, ages 9 - 15, meet at the Grover Street cottages after school each Monday. Debbie Daup, Diane McNeal, Sharon White, Roxanne Pancake, Susan DeMay, and Coleen O'Hara had their Investiture ceremony January 22 at the DeMay home. Helen formed the troop after Thanksgiving and said there is still room for a few more girls.

Girl Scout Cadets come in once a month and help the girls with their meetings. One goal for the Cadets is to take one girl with them on a camping trip.

STATE HOME INTEREST GROUP

The Beatrice State Home Interest Group will meet February 1 at the Glenn Echtenkamp's, 4051 Vernon, at 8 p.m. Brian Lensink will be the discussion leader.

DISTRICT 66 PARENT GROUP

The speaker for the January program was from the Social Security office discussing "Estates and Trust Planning." The February meeting will be held February 25 at Arbor Heights Junior High, 7:30 p.m. The program will include graduates of the District 66 Special Education Class and their advisor, Mrs. Jane Rankin. These students will go on to assume jobs at hotels, hospitals and the like.

Mrs. David Sharp (Ruth) has been in and out of the hospital with a slipped disc - we hope your all better now!

Get well wishes go to Mrs. Edna Watson who has been hospitalized at St. Joseph. We wish her a speedy recovery.
At the 1969 NARC Convention, the delegate body passed an amendment increasing NARC dues to $2.00 per membership. This increase will take effect on July 1, 1971. Consequently, our local chapter dues will be going up also. You can save money by sending in your renewals by the end of March.

MENS HOSTEL

Bob Fox and Ronald Schultz celebrated their birthdays the latter part of December. A New Year's Eve party was held with the Women's Hostel. Mr. Bengt Nilje of Sweden visited the hostel during his visit to Omaha. Chaplain Robert Persky, Topeka, Kansas was also a visitor.

For some of us the snow storm was a nightmare, but for three young men at the hostel it was a tremendous way to earn some extra money. After back-breaking days of shoveling snow, they had earned $50.00 each. That's initiative for you!

CONDITIONS AT STATE HOME

Much improved

Bob Clark, Executive Director of GOARC, recently visited the Beatrice State Home in conjunction with the Governor's Citizens Committee. He was most impressed with the progress that has been made in the last year.

The oldest building on the grounds has been vacated as a living unit, and is now being used to house the Work Activities Center. They contract work for Tip Top products. There has been a major change in "K" building also. They are reorganizing the patients, according to age and functional levels. Even though this has caused a good deal of difficulty for most of the staff and some of the residents, it certainly is a step in the right direction.

The most impressive thing he saw at the State Home was the growing number of youthful professionals on the staff. These young people seemed to be filled with a great deal of enthusiasm for the challenge that faces them.

Conditions at Beatrice are not as good as they could be, but they are tremendously better than they were a year ago. They have increased their staff and decreased their patient population, thus improving the ability of the staff to give more individual attention to the patients.
In November of 1969, elections were held for the offices of GOYARC. Among the officers chosen were Terri Freyer, who has given her services as President for one and a half years. During this time she has been a great benefit to the group. Her efforts toward improvement of the organization have been an aide to the increase of the membership which has risen from 8 to 42. (Only four of these members have retarded brothers or sisters.) After being involved with GOYARC for approximately one week she was elected President and has developed more and more interest in the field of mental retardation. She has gained much experience from this opportunity.

In the summer of 1969 she became a student and graduate of SWEAT in Omaha and has recently been offered a job for this summer as an assistant co-ordinator for the SWEAT program at the Marshall, Missouri State School and Hospital. This fall she plans to attend college and go into special education and child psychology.

At the moment she is a participant in the Citizen Advocacy Program. Her protege resides at the Beatrice State Home. She is also a regular visitor to the hostels here in Omaha and is in the process of developing a Sunday School class for the retarded at Mt. Calvary Lutheran Church.

On behalf of the group we would like to extend special thanks to Terri for her loyalty and wonderful services for the time she has been with us. Her guidance and leadership has been extremely valuable and we are most grateful. We would also like to wish her great success in her work in the future.

Having Terri serve as President of our group has definitely been an honor. We, the youth association have also had the honor of having one of our members, Ruth Stephenson, appointed to the state office of public relations. Ruth's appointment was made official January 14. She attended the Executive Committee meeting on January 16. GOYARC now has another voice on the state level.

Miss Robin Zagurski was elected President of GOYARC. Robin is a sophomore at Mercy High School.

Rose Kiepke was elected Chairman of the Sarpy County Developmental Center's Parent Group at their January meeting. Other officers are Mrs. Zim McGrew, Secretary and Betty Neilsen as Treasurer. They will be meeting the 2nd Wednesday of the month until May.
GOARC NEEDS YOU!

1. GOARC is dedicated to obtaining services for the mentally retarded.
2. GOARC helps parents understand their problems.
3. GOARC's 1971 goal is 500 family memberships.

Membership dues will be $7.00 after March 31. Renew now and save.

MEMBERSHIP REGISTRATION

GOARC
608 Baker Building
Omaha, Nebraska 68102

Name ____________________________
Address __________________________
City __________________ State ______ Zip ______

Annual Membership $5.00
Life Membership $100.00
GOARC HAS NEW STAFF MEMBER

Homer C. Mann, has been hired as Director of Community Services. He will be co-ordinating parent education, religious nurture, youth groups, and promoting more involvement of parents in activities. There maybe more, but at that time he had only been there three days and he said he was doing good just to find his way around the office.

Mr. Mann retired as a Lieutenant Colonel after serving 20 years with the Air Force. He and his wife, Donna, and three children have been residents of Bellevue off and on since 1960. His wife is a graduate of Bellevue College and is employed as a Recreational Therapist at the St. Vincent Home for the Aged. Their daughter, Vickie, is a freshman at Temple Buell College in Denver while Vincent and Steven are still home attending Bellevue High School.

Mr. Mann's previous counseling experience at Offutt and also in Viet Nam should prove to be a big help in his duties with GOARC.

PRESIDENTIAL CITATION TO CITIZEN ADVOCATES

A formal presentation was made January 26, in Lincoln, to the Citizen Advocates of the Capital Association for Retarded Children. The affair, held in the Lincoln Center Building, was attended by approximately 400 persons from across Nebraska who are interested in mental retardation and other related services. The citation, which was presented by Mr. Max Mills, HEW Regional Director for Inter-governmental Relations, reads as follows:

"The President of the United States awards this commendation to volunteers of the Capital Association for Retarded Children in recognition of exceptional service to others in the finest American tradition."

Richard M. Nixon

Mrs. Leola Novak, Co-ordinator, also received a commendation.

Lincoln, the first to have the Advocacy program has 62 advocates serving 47 relationship in the community. Many volunteer hours have gone into the advisory board, many given by civic leaders. Advocates, advisors, and SWEAT students have given approximately 3,800 hours of volunteer work.

Dr. Wolf Wolfensberger, author of the advocacy scheme, made a presentation. Mrs. Novak discussed the pilot program and its success. A panel of advocates and protégés described their accomplishments.
ITEMS OF INTEREST FROM THE EXECUTIVE BOARD

The resignation of Mr. Boyd Tracy was regretfully accepted. Boyd worked hard on the Jaycee HONEY SUNDAYS, was a representative to NebARC. He was active and contributed greatly to GOARC.

Mr. Dale Smith, a parent, was appointed to fill the vacancy. He will also be Chairman of the Legislative Committee. Mrs. Jane Sherrett of the Visiting Nurse Association was also appointed to the Board. She has created many new services in the home for handicapped children.

The NARC North Central Regional Conference will be held in Des Moines, Iowa February 4-6. GOARC office has the forms for anyone wishing to attend.

Ginny Friend and Helen DeMay were elected by the membership to serve on the nominating committee. The Board appointed Tom Porter, Sister Mary Evangelina and Judy Berry. Helen DeMay is chairman. Anyone having nominations, please contact Mrs. DeMay.

Terri Freyer resigned as President of GOARC.

Brian Lensink, Ray Mohatt and June Vance were appointed to a committee to nominate members for Citizen of the Year, Employer of the Year, and Organization of the Year. This is in conjunction with the NebARC awards of the year.

Mr. and Mrs. Robert V. Butts were not present at the January meeting to receive the $7.00 door prize.

Anyone wishing to serve on the Religious Nurture Committee call Mrs. Virginia Williams, 333-4217.

If you would like to work on the Recreation Committee, contact Leighton Goodrich.

"Someone asked me
To name the time
Our friendship stopped
And love began.
Oh, my darling,
That's the secret.
Our friendship
Never stopped."
Dear Editor,

I went to a coffee for a Senator given by a member of GOARC. While there I decided something:

I have tried to do what I could in the past for retarded children, but everytime Bob Clark and GOARC asked the members to write their Senators or Governor or School Board and so on, I didn't do it. I felt ashamed that I didn't, but it's been years since I was in school and learned the proper way to write a letter. I even miss on spelling now and then. I thought they would laugh at my letters or disregard it.

That night at the coffee I found out different...that Senator made it clear that letters from "just plain people" like me were given more consideration where the person tells in just plain old talk that they have and love a retarded child or adult and care very much how their politicians vote. From now on I'm going to write in just the words I would to someone who was a friend or family.

Today we got our January newsletter asking us to write Gov. Exon. I did! I feel so good about it and you will too if you try it. I even included a sweet smiling snapshot of our retarded child (who could resist that sweet face) I put it in a pink envelope and mailed it.

I bet anything there are others of you like me...try it, bad spelling and all.

I'm too embarrassed to sign this so I will just be

Anonymous

This space will be reserved for letters to the Editor. We urge your comments and criticism. Deadline is the 15th of each month.

Editor
Jan Novicki
9635 Sprague
Omaha, Nebraska 68134
The world of the retarded child will be explored by NBC News in a special half-hour documentary entitled "No Miracle But Love" to be telecast in color.

The program was produced by the Public Affairs Department of NBC News in association with the Lutheran Church-Missouri Synod, and was filmed at the Bethesda Lutheran Home in Watertown, Wisconsin.

Theme of the program, as outlined by NBC, is that the mentally retarded deserve the chance to attain the dignity and respect to which they are entitled.
PARENT GROUPS

Beatrice State Home Parents
Meeting:  First Monday of every other month - Feb., April, June
8:00 p.m. - rotating homes
President:  Bill Wills (Wilma) - 333-4359

Benson Developmental Center - 6319 Maple - 551-9205
Meeting:  First Thursday of every other month - Feb., April, June - 7:30 p.m.
President:  Gary Musciano (Noris) - 391-9418
Director:  Dr. Charles Galloway (as of February 15) - 556-1115
Lead Teacher:  Peggy Warren

CHANCE Developmental Center - 1702 Grace Street - 346-5000
Meeting:  First Wednesday of every month - 7:30 p.m.
President:  Mrs. Edna Watson - 455-5024
Parent Coordinator:  Pat O'Laughlin
Directors:  Dr. Charles Galloway (as of February 15) - 558-1115

CHAP School - Offutt Air Force Base - 292-1733
Meeting:  Fourth Monday of every month - 7:30 p.m.
President:  Earl Hurley - 291-8613, Secretary - Mrs. Flora Bradshaw - 291-3301
Director:  CHAP Officer, Lt. Errol J. Brewster - 294-7419
Assistant:  UAF Sgt. Searcy
Head Teacher:  Donna Hettick

Madonna School - 2537 North 62nd Street - 556-1883
Meeting:  Third Wednesday of each month - 7:30 p.m.
President:  Mr. Frank Kean (Jennie) - 556-2510
Directors:  Sister Mary Evangeline, RSN

Meyer Childrens Rehabilitation Institute (MCRI) - 444 South 44th - 536-4730
Meeting:  Third Friday of every month - 7:30 p.m.
President:  Jim Monohan - 346-1700 (office) 556-8407 (home)
Director:  Dr. Paul Pearson
Director of Education and Rehabilitation:  Dr. Edward LaCrosse

Millard Public Schools - 11 classes, 3 locations
Meeting:  First Tuesday of each month - 8:00 p.m.
Location:  Mari Sandoz Elementary School - 1615 Oak Hills Drive
President:  Mr. & Mrs. Paul Bancroft, Sr. - 333-8122
Director of Special Education:  Miss Adeline Reis - 333-2800

Omaha Public Schools - 17 classes, 8 locations
Meeting:  Fourth Monday of every month - Feb., March and April - 7:30 p.m.
Location:  2919 Jones (building behind grade school)
President:  Darrel Scholer - 391-7828
Director:  Dale Samuelson, Director of Special Education - 556-6600 Ext. 212
Supervising Teacher:  Mrs. Ruth Sharp - 556-6600 Ext. 308

Sarpy Developmental Center - 1910 North Franklin, Bellevue - 291-4283
Meeting:  Second Wednesday of each month - 7:30 p.m. - rotating homes
President:  Mrs. Rose Klepke - 291-8592, Secretary - Mrs. Ellen McCreery - 783-9505
Director:  Dr. Charles Galloway (as of February 15) - 556-1115
Now that I have been with GOARC for almost three weeks and my presence is being announced in this February Gazette, I believe that it would be meaningful for me to comment at this time on some of my initial thoughts and impressions.

Since my background is in the area of management, my studies have not previously included much in the sciences having to do with the mentally retarded. My initial situation in GOARC then might be compared to that of a parent who had just been informed that his child was mentally retarded and at that point had decided to fully devote himself to a familiarization with the entire scope of programs and services available to and conceived for the mentally retarded and all of the problems encountered by the families of the MR.

My initial feelings upon being exposed to the various activities in Douglas and Sarpy Counties have been that of surprise and then pride in finding the national reputation of the current progress in Nebraska to be so high. I expected Nebraska to be Number One in football but didn't really expect my adopted state to be on top in many other areas. The reason for this progress to date can readily be attributed to the highly motivated and devoted people within an inner core of public servants, professionals and parent volunteers who have so diligently devoted their time and in many cases entire energies to the furtherance of the various programs now in being.
The obviously disappointing features of what I have observed thus far is that parents are not in many cases giving their full support and participation in the very activities from which they stand to gain the most — for their child, now and in the future — and equally important for themselves in understanding the needs of their child and properly adjusting to their child.

Since a large measure of my time will be devoted to assisting in the parent education activity it is my fervent hope that our current membership campaign will bring into our association a larger percentage of Douglas and Sarpy County parents. We need parent assistance and you parents will benefit by what we have to offer.

The staff at GOARC is interested in representing your interests in the best possible manner. So please, if you have questions or would like to give us your ideas don't hesitate to call GOARC at 346-6538 and talk with us.

I am hoping to become personally acquainted with all of you in the coming months.

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ACTION COMMITTEE ON POVERTY
by Clem Morrow

GOARC has taken significant action in recognition of the fact that the top priority of the National Association for Retarded Children (NARC) is Poverty and how it contributes to the alarming rate of Mental Retardation among low income families.

Recent research from NARC and the President's Committee on Mental Retardation indicate that fully 75% of all children diagnosed as being mentally retarded, across the country have no identified biological, medical, or organic basis for their retardation. Thus, concluding that this 75% of all MR is due to factors of environmental, cultural, or familial deprivation.

GOARC has organized a cross status, and representative Action Committee on Poverty and MR. The members represent GOARC, relevant professions, representative residents of low-income neighborhoods and public and private agencies.

The goal of this committee is to develop plans for a long-range course of action leading to positive implementation of the "project proposals" presented by NARC. Briefly, these poverty-related factors include — malnutrition, inadequate welfare programs, child childhood education services and comprehensive health care.

In an effort to maintain continuity, and to underscore the importance of this committee, Miss Clementine Morrow, age 26, has been hired under the auspices of Frank J. Menolascino as the GOARC staff liaison to the Action Committee on Poverty and MR. Clem's official title is Mental Health Educator. She will be splitting her time between NPI and GOARC.

Miss Morrow is extremely well qualified for this position — born and raised in Memphis, Tennessee, she received her BS in Health Education from the University of Tennessee. She worked for three summers with the Shelby County Headstart Program before she taught in the Charleston, Missouri school system.

Welcome aboard, Clem!
THE GOARC FILM FESTIVAL PRESENTS

February 2  "Functional Teaching of Numbers" (Primary Education)
              "Functional Teaching of Reading and Writing"
February 19 "Selling One Guy Named Larry" (Employment)
             "Job Well Done"
March 2   "Anyone Can"  (Physical Devel. & Coordination)
          "Show Me"

Vocational Services Center, 6001 Military Avenue, 8:00 p.m.
RAY BAUMAN from:

Ada Harris
Vic Bauman
Mrs. Hulda Wilson
Mrs. Joseph Deardorff
Mr. & Mrs. Dallas Dyer
Mr. & Mrs. William Wills
Archbishop Rummel High School
Mr. & Mrs. Louis Safranek
John D. Pleiss
Mr. & Mrs. Glen Echtenkamp
Mr. & Mrs. Roland Paap
Mr. & Mrs. C. T. Mandeville
Loreen Eliff
Mary B. Harmon

DAVID SHARP from:

Mr. & Mrs. J. T. Giles

GREG LINNEMAN from:

Mary-Ellen Patterson
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<th>SUNDAY</th>
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<td>State Home 1</td>
<td>Film Series 2</td>
<td>Project CHANCE</td>
<td>Teen Bowl 4</td>
<td>NASC Regional Convention, Des Moines</td>
<td>Children's 6 Recreation</td>
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<td>Interest Group</td>
<td>8 p.m., VSC</td>
<td>Parents 7:30</td>
<td>So. Omaha Parents 7:30</td>
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<td>Youth Group</td>
<td>Millard Public School Parents 8 p.m.</td>
<td>Benson VSC Parents 7:30</td>
<td>Arts &amp; Crafts 7 p.m.</td>
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<td>Swim-Square Dance 7 p.m.</td>
<td>Sarpy Dev. Parents 7:30</td>
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<td>Poverty &amp; NR Arts &amp; Crafts 7:30</td>
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<td>Youth Steering Committee</td>
<td>Tannies's Interest Group</td>
<td>Benson Parents 7:30</td>
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<td>Swim-Square Dance</td>
<td>Madonna Parents 7:30</td>
<td>Teen Bowl 7:00</td>
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<td>Children's 20 Recreation GODARC Valentine Party</td>
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For additional information regarding parent group meetings, please refer to article on Pages 13 and 14.
GOARC WANT ADS

GOARC needs a woman to do calling one morning a month. Can be done in the home. Call Lois 346-6338

HELP WANTED

Two women to help assemble the Gazette each month. Call GOARC office 346-6338

VOLUNTEER HELP NEEDED

The GOARC office needs help on a regular basis. No typing skills necessary. If you have an afternoon a week or even once a month, please call Lois, 346-6338.
Dear Member:

WHY DO I BELONG?

From time to time a member of an association may wonder just why he belongs to his association. Such self-questioning usually is conducted by the member who is not as actively involved in an association’s affairs as its officers, directors or committeemen; he simply pays his dues, occasionally attends association meetings, and wonders why.

One such member recently asked this perennial question: "Why should I belong to GORAC?" And we asked him in reply, "Why not look at it this way?

By pooling my efforts with other people who have similar interests we can accomplish more on behalf of our retarded citizens in the directions most relevant to them.

Association membership keeps me in regular contact with other persons interested in the welfare of the handicapped, who, by their membership, have also shown a real concern for the retarded.

Membership encourages me to attend meetings and conventions which keep me up to date on the types of services being developed and what is making other programs succeed.

It gives me an opportunity to pass my thoughts on to others, and to receive theirs.

Membership also keeps me aware of the problems inherent in the democratic process, and keeps me informed on what my role in it can be as far as my interests are concerned. If I want to become actively involved in, say, legislation, I can get into the act; or, I can stand by and know that someone else is acting with knowledge of my expressed interests.

And finally, if somehow we don’t keep the parents (consumers) actively involved in the planning and implementation of services for the mentally retarded, our voice may be drowned. The association way is a natural way for independent citizens to speak collectively.

Sincerely,

L. Goodrich
President
The Greater Omaha Association for Retarded Children
SPOTLIGHTING THE FAMILY OF THE MONTH

For an organization or even an institution to be a success, it takes a lot of time and energy from many people. Bill and Wilma Wills are two of the many who have helped make GOARC a success and have tried very hard to make the Beatrice State Home a better place to live for their son, Wendell.

The Beatrice State Home Parents group, of which Wilma was President for two years, collected Gold Bond stamps to get popcorn poppers for the wards. Each year the group has a family picnic with many games and prizes for the children.

Wendell, who is 13 years old, has been at the State Home for eight years. Wilma said at the time he was admitted there was no such thing as "voluntary admission"; it had to be done through the court. In December, Wendell had surgery to correct his flat and deformed feet. The doctors took one and a half inches of bone from his legs and put them in his feet. He is now in a walking cast, but will have to learn to walk again. Wilma hopes that it won't take as long this time. The family makes regular monthly trips to see Wendell as well as bringing him home for Thanksgiving, Christmas, and Easter. He also attends the Christ Child camp at Blair each summer.

Bill and Wilma celebrated their 18th wedding anniversary on February 15. They recalled how they were married just two and half days before Bill shipped out for Korea. While he was gone Wilma taught school back in her home town in Iowa. When Bill returned they went to the University of Missouri where he received his Masters Degree in Accounting. In 1960 he passed the CPA exam.

The Wills family consists of Wendell; Wendy, 11, who is a blast of energy and expressing it in her 5th grade class; and Warren, a 3rd grader at Prairie Lane School. Both the children take piano lessons from their mother and Wendy is also learning to play the flute. Wilma teaches piano to 40 students each week. But she quits for the summer so they will have plenty of time for their favorite recreation...camping. Wyoming is their favorite spot for long vacations but in their 13 years of living in Omaha, they have found that Iowa has many fine campgrounds for those weekend trips. The Wills belong to the Rockbrook Methodist Campers Club. Bill loves to hunt and fish but Wilma said many times she has more to show for her efforts at knitting while sitting on the bank, than Bill does after an afternoon of fishing.

Another member of the family is their cat "Frisky". After much debating they decided to enter him in the Cornhusker Cat Show. To their amazement he won 2nd prize in the household cat category. Since then Frisky has been treated with respect!

Bill just started a new job with the Internal Revenue Service in November. He had been with the Department of Agriculture for 13 years. Right now he is attending a school in St. Paul, Minnesota for 13 weeks, coming home on the weekends.

Most of Bill and Wilma's activities center around GOARC and their church. Wilma is on the Superintendent of Dist. 66 Advisory Council; the Governor's Citizens Committee; she was Secretary of GOARC for two years and Vice President for one year; and she is co-chairman of the program committee this year. Bill is on the Executive Board of GOARC; was State President and for two years held the position of Treasurer. They both are communion stewards at the Rockbrook Methodist Church.

- 3 -
Wilma commented on how they helped renovate the hostel on California Street. She even took other piano teachers and their older children along to paint. They are looking forward to the day that the behavior modification hostel will be a reality.

The NebARC State Convention will be held April 23-24-25 at the Villager Motel in Lincoln, Nebraska. Speakers will be Philip Ross, NARC Executive Director and Jim Keyes, Vice-President of the North Central Region. There will be a casino night with prizes galore! Save the date and register as soon as possible.

Leighton Goodrich spent a very informative three days at the North Central Regional Conference February 4-6. The main banquet speaker was Dr. Gunnar Dybwad of the Heller School, Brandeis University. One of the interesting presentations; "Admitted for a Day", was made by the youth group. Ten young people from the North Central Region, which is made up of ten states, were admitted to Glenwood for a day and night. They were assigned a protege for the day, and the routine of the protege was followed completely, including spending the night in the living quarters of the protege. Bridget Moylan, State Youth ARC president from Omaha, feels that the idea and the experience were unique and rewarding. The meeting of the retarded in his own environment provided the participants with a concept of what problems and situations a person in the institution encounters on a daily basis.
MORE PARTICIPANTS NEEDED

The teen bowling group could use some more young people. They bowl every Thursday from 3-5 at the Rose Bowl. The cost is 80 cents for two lines of bowling and the shoes. Come on guys and gals, this is great recreation at a low cost!

There is also swimming every Wednesday at the Christ Child Center from 4-5:30 p.m. Call the ENCOR office (390-1115).

All other activities are still going on, so take advantage of what ENCOR has to offer.

POVERTY ACTION COMMITTEE APPOINTED

As stated in the last Gazette, GOARC has taken significant action in recognition of the fact that the top priority of the National Association for Retarded Children is Poverty and how it contributes to the alarming rate of Mental Retardation among low income families.

GOARC has organized a cross status, and representative Action Committee on Poverty and MR. These members represent GOARC, relevant professions, representative residents of low-income neighborhoods and public and private agencies.

Mrs. Evelyn Zysman - Chairman
Mrs. Karen Poison - CHANCE
Mr. Leighton Goodrich - President of GOARC
Mrs. Ruth Sharp - Director of TMH Omaha Public Schools
Miss Clementina Morrow - MH Educator at MHS
Mrs. Catherine Williams - Parent Association CHANCE
Mrs. Theims Carr - Social Worker at Multi Service Center
Mr. Roger Cornelius - Community Development Specialist/Indian Center
Dr. Paul Pearson - Pediatrician CRI
Mr. Harold Rogers - Asst. Director Douglas County Social Service
Mr. Charles Washington - Housing Consultant Urban League
Mrs. Barbara Harlow - Executive Director March of Dimes
Mrs. Jackie Stuck - East Omaha CCA
Miss Jane Sharratt - Visiting Nurse Association
Dr. Bruce Robades - Psychiatrist
Mrs. LaFern Williams - South Side Terrace Homes
Mr. Charles Homasee - President of Hinky Dinky
Mr. M. Michael Rood - Sun Newspapers
Violet DuBois - Chief Director of Health Education, Douglas County Health Dept.
Mr. Homer Minn - Director Community Services, GOARC
Mr. Floyd Collins
Mrs. Cartes Hites
Mrs. Shirley Lipsy
Miss Shirley Dean - ENCOR
The goal of this committee is to develop plans leading to positive implementation of the "project proposals" presented by NARC. These poverty related proposals include malnutrition, inadequate welfare programs, early childhood education services and comprehensive health care.

**PROJECT OF IMMEDIATE CONCERN**

The committee is joining with other organizations and agencies that are working to raise the level of ADC payments to minimum standards.

According to Health and Welfare Standards of 1968, a family of six should receive a minimum monthly payment of $410.00. The maximum allowed by legislative action is $230.00.

GOARC will be supporting these efforts through legislation!

**MADONNA SCHOOL**

The school held a Valentine's party for the teens and graduates of Madonna School on February 12. Everyone had a great time and what was even better was being able to come back to school Monday to tell how much fun they had at the party given by ENCOR on Saturday night.

The kids inform each other of the activities provided by ENCOR and appreciate the fact that they do have a lot going for them.

Gamma Epsilon chapter of Beta Sigma Phi sorority sponsored a dinner for Madonna School at the Hilton Hotel on February 23. The chairman for the $25.00 a plate dinner was Mrs. Robert Markworth, President of the chapter. Mayor Eugene Leshy was guest of honor. The choral club from St. Mary's College was part of the entertainment.

Sister Evangeline welcomes visitors to the school at 63rd and Miami.

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**BENSON DEVELOPMENT CENTER**

The children were treated to a puppet show given by the Omaha Firefighters Auxiliary on February 12. They also served Valentine refreshments.

The school welcomes a new student, Roddy Thornsen.

Allen Foster, a new staff member, was really given the royal welcome by all the boys. They think it terrific to have a man around.

Mike Schram has made a tremendous improvement in his speech. He can now recognize objects and name them.

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YOU CAN FORGET 'EM
UNTIL
YOU NEED 'EM!!

Have you ever put off getting new snow boots until the blizzard hits? Procrastination seems to be a human failing of most of us. "Don't put off until tomorrow what can be done today"...good advice to follow. But how many of us listen?

Consider for a moment the importance of a group devoted to helping the retarded citizen of our city. Alone we can do very little for our retarded child or retarded friend, together we can "move mountains" for him! As a group, we can be vigilant in making sure that what we now have for our retarded remains...and that needed improvements keep coming.

We are now campaigning for members of GOARC for the year 1971-1972. Please mail your membership today and become a part of a bright future for our retarded citizens and their families.

If you have friends or relatives who are prospective GOARC members, please call or mail their names and addresses to:

Allen Gilmore
5311 No. 57th Ave.
Omaha, Nebraska
Phone: 453-2641

P.S. Only members will receive the GAZETTE each month!

MEMBER REGISTRATION

GOARC
608 Barker Building
Omaha, Nebraska 68102

Name
Address
City State Zip

Annual Membership $5.00
Life Membership $100.00
The GOARC General Membership Meeting
March 11, 1971
5:00 p.m.
First Federal Savings & Loan 2101 South 42nd

FEATURING

ENCOR to ENCOR

Staff members of the Eastern Nebraska Community Office of Retardation (ENCOR) will be discussing the programs and plans of the agency.

The nominating committee will be presenting the slate of GOARC officers to be voted on at the May meeting.

A report will be given on legislative activities related to the mentally retarded in our state.

Come at 7:30 p.m. for coffee and get acquainted time...bring your interested friends and relatives...and HEAR THE LATEST ABOUT ENCOR.

The door prize will be $8.00 and a $10.00 gift certificate will be given from Loyd Arbor Inn.
WANTED: ONE GRANDMOTHER!
Jim Byrnes, Director of the Benson Vocational Services Center, is looking for a mature woman to act as a grandmother to one of his girls. If you would like to "adopt" a grand­ daughter, call Jim, 558-3121.

MEN'S HOSTEL
Congratulations go to Kent Baker who recently moved to an apartment. A new resident to the hostel is Butch Bloom.

Terry Barker spent a day at the new workshop in Fremont.

Theresa Robinson, Mrs. Hammer's assistant, was in the hospital for two weeks. We hope she makes a speedy recovery as she is missed by all.

All the young men attended the Valentine Party held at the Han­ scen Park Pavillion on February 12.

GRAND OPENING
The Sarpy County Development Center will have its grand opening on March 18. The drapes and all the equipment are in place and ready for visitors. Angela Krieger, Director, welcomes everyone. The center was formally located in the old St. Mary's Church. The new location is at 1910 Franklin, Bellevue.

"PENNIES FOR RESEARCH"
The meeting of the State Convention in April is the occasion for each unit to bring in their "Pennies for Research". This ongoing program supports the far-reaching efforts of the National Association for Retarded Children. The support goal for Nebraska is 1 cent per day per ARC member which is to say $3.65 per year per member.

OPENING OF TWO NEW WORKSHOPS
The Fremont Vocational Service Center opened February 15 with seven clients. They have a capacity for twenty. Mr. Denny Brown is the Director of the Center which serves Washington and Dodge counties. Their temporary building is located at 2625 N. Broad Street, Fremont. Ground will be broken soon for a new facility.

Mr. Don Moray is the Director of the Bellevue Workshop, 114 W. Mission, which opened in January.

SPECIAL INTEREST GROUPS
One of the activities organized by the Parent Education Committee is that of Special Interest Discussion Groups. Although this activity has been in progress for the past few months we want to be certain that all of our current members are aware of this activity and their eligibility to participate.
The purpose of the Special Interest Discussion Groups is to gather together small groups of parents (12 to 16 persons) according to their retarded child's age, functional level and in some cases, causes of retardation, to discuss their mutual problems, solutions and adjustments.

This type of activity was stressed by Mr. Bengt Nirje, Secretary General of the Swedish Parents' Association for Mentally Retarded Children, in his January presentation to GOARC. Mr. Nirje stated, "Our experience has been that those parents who adjust best to their situations are those who have been brought into contact with other parents having the same problems."

Each group decides its own meeting place, time, day and frequency of group meeting. Each group has a discussion leader and in the future, may elect leaders, rotate leaders or operate without a leader, as they choose.

The current active groups are as follows:

1. Parents of children with Down Syndrome, ages one through eight.
3. Parents of moderately to severely retarded children, ages 5 through 10.
4. Parents of young adults, moderately to severely retarded.

If any of our members have interests in the current groups or are interested in forming groups, in additional categories, please call Homer Mann at the GOARC office at 346-6338 and give him your name and ideas.

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**A BATTLE IS BREWING**

The 1971 Session of the Nebraska State Legislature is well underway. Of particular interest to all GOARC members are several bills dealing with increased state reimbursement to special education classes. These bills won easy "first round" approval on February 17th. They will help our schools and educational services to do a better job of providing more special education classes!

The bills deal with money! Governor Exon is trying to save the state money. The Legislature could end up appropriating much more money for the handicapped than the Governor would like to spend. If the senators pass these bills, the Governor might veto them.

The bills are LB 178, LB 178-A, and LB 179-A. LB 178 would require the state to contribute $400 per pupil to local school districts and educational service units for education of the trainable mentally retarded. Present funding amounts to less than $200 a year. LB 179 would provide full funding of programs for the physically handicapped, educable mentally retarded and emotionally retarded. That means the state would have to provide the exact amount of money for each of those pupils that the law now calls for, if appropriations permit. LB 178-A and LB 179-A are the companion bills that would actually appropriate the money.

It adds up to about $1.8 million for the handicapped, more than Governor Exon asked. So, powerful forces are at work in Lincoln, and elsewhere, as these important measures are being decided. Your state and local association are fully supporting these bills. You should too!
THE
GOARC FILM FESTIVAL
PRESENTS

March 2
"Anyone Can" (Physical Development)
"Show Me"

March 19
"Time is for the Taking" (Recreation)
"Cast No Shadows"

April 9
"A Way Out of the Wilderness" (Institutional Care)
"Dehumanization and the Total Institution"

Vocational Services Center, 6001 Military Avenue, 8:00 p.m.
IN MEMORIAM

Roy Bauman From:

Mrs. A. Schroeder
Mrs. Leo Gross
Mr. and Mrs. W. Ege
Mr. and Mrs. Joseph Schultz
Mr. and Mrs. Ralph Morocco
Internal Revenue Service
Field Audit
Mr. and Mrs. J. Ringel
Mr. and Mrs. R. Sokol
Mr. and Mrs. M. Wigstone
Mr. and Mrs. L. Burdge
Mr. and Mrs. T. Mahoney
Mrs. Pauline Clark
Mr. and Mrs. C. Moyer
Mr. and Mrs. D. Lines
Mr. and Mrs. G. Pavlas
Mr. and Mrs. Frank Higgins
Mr. and Mrs. G. Jostes
Mr. and Mrs. Chas. Thacker
Mr. and Mrs. R. Kucera
Mr. and Mrs. D. Sedral
Mr. and Mrs. L. Botts
Mr. and Mrs. R. Behrens
Mr. and Mrs. V. Caltagerone
Mr. and Mrs. F. L. Hoer
Mr. and Mrs. A. Sloup
Mr. and Mrs. Ray Sechovec
Mr. and Mrs. Fran Hassler
Mr. and Mrs. R. V. Wilson
Mr. and Mrs. Harry Wells
Beatrice State Home Assoc.
Mr. and Mrs. Wm. Wills
Miss Marjorie Jerkovich
Franklin School P.T.A.
Second Grades - Franklin School
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AND A HAPPY ST. PATRICK'S DAY TO YOU ALL!!!
LAST CALL FOR THE STATE CONVENTION!

The Sixteenth Annual Convention of the Nebraska Association for Retarded Children will be held in Lincoln, Nebraska on April 23, 24, and 25 at the Villager Motel. The business meeting will be held April 24 at 9:00 a.m. Mr. Ray Noblett of Omaha has been nominated for Treasurer. Election of officers will be held at the Saturday morning meeting.

The convention isn't all work and no play! Friday night a big Cascino Party is planned so if you're going, plan on getting there for Friday night's entertainment.
EDITOR'S CORNER

THE JOY OF BEING AN EDITOR

Getting out this paper is no picnic,
If we print jokes, people say we're silly.
If we use all serious material, our paper
is too dull.
If we stick close to the office all day,
We ought to be around hunting material.
If we go out and try to hustle,
We ought to be on the job in the office.
If we don't print contributions,
We don't appreciate genius.
If we do print them, the paper is filled
with junk.
If we edit the other fellow's copy,
we're too critical,
If we don't, we're asleep.
If we clip things from other papers,
We are too lazy to write them ourselves,
If we don't, we are stuck on our own stuff.
Now, like as not, some guy will say,
We swiped this from some other paper.
WE DID!

DEADLINE: The 15th of every month.

MEET THE CHIEF

The new director of the developmental
centers is Dr. Charles Galloway, 30,
of Coral Gables, Fla. Dr. Galloway
has been involved in child psychology
and the habilitation of retarded per­
sons since his graduation from Florida
State University in 1963. He received
his master's degree from the University
of Missouri, Kansas City, and his doc­
torate from Kansas University, Lawrence.
Before coming to Omaha, he was an assis­
tant professor of psychology at George
Peabody College in Nashville, Tenn. Dr.
Galloway's wife, Kay, has a master's
degree in speech therapy and is doing
speech therapy throughout ENCOR develop­
mental programs.
SPOTLIGHTING THE FAMILY OF THE MONTH

Being in the Air Force for 30 years meant a lot of travel here and abroad for the George Armstrong's. And for their eight children it meant a wonderful education also. George retired from the Air Force in August of 1970 after spending his last six years at the Command Post of SAC, assigned to the Flying Looking Glass. Most of his years were spent in different parts of Texas with assignments also in New York, California, Indiana and Puerto Rico.

George and Helen are both natives of Illinois; DeKalb and Aurora to be exact. They have two children left at home, Sandy, 17, is a senior at Bellevue High and Mary, who will be 10 in May, attends CHAP school. Jim is married and lives in Bellevue; Bill is in the Army stationed in Georgia; Rick is also in the Army in Germany; Gary is manager of MusicLand in the Crossroads; Pat is now Mrs. Menke and Michelle is married to Jim Gilbert. Sandy and Pat are both great horsewomen, having their own horses.

Mary is a mongoloid and doing very well at CHAP. She reads at the 3rd grade level and works with numbers at about the same level. She is in the Brownie troop at CHAP and takes part in the swimming program in the summer. Mary had quite an experience last Memorial Day and one her parents wouldn’t want to see happen again. She and the Armstrong’s grand-daughter wanted to go to the store. They climbed in the family car, released the brake and the car rolled down the hill landing in the ditch. The car was a total wreck but Mary escaped with only two broken teeth.

Even though Helen works full time as night supervisor at the Leisure Manor in Bellevue, she is still active in groups associated with the retarded. She was past president of the CHAP’s Mothers Group and is currently on GOARC’s Hospitality Committee. George is on the Board of GOARC and is on the Advisory Board of ENCOR. He was on the committee that founded the Sarpy County Developmental Center and was past president of the CHAP Parent Group.

Now that George is retired he has plenty of time for his favorite hobby of woodworking. He is presently making coffee mug trees and candle sticks. Another one of his projects is laminating different kinds of woods together to make lamps.

It was GOARC’s gain when the Armstrong family decided to retire in this area.
Dear Member:

Goarc Leadership—Where Will It Come From?

For years the best minds of the human race have struggled to discover the characteristics which define leadership. Only gradually has it dawned upon us that the "situation" is key to the leadership question. A leader can lead only if some people follow, and people will follow different leaders at different times.

The answer to the above question is that leadership for our association must come out of the ranks of our membership. We will not find a magic potion to fill our needs; we must grow our future leaders out of whatever seed and soil we have in our organization today. That prospect challenges some and frightens others!

The idea of "quality" can give us notions about leadership potentials which are not born out by research. Potential leadership is not restricted to a few human beings but is widespread. Our key task is to create the conditions which cultivate that potential.

We should listen to that part of the demand heard so often today from students, ghetto dwellers, and indeed from individuals receiving welfare or other social services, reacting against even the most well-intentioned authority: "We want a piece of the action...we want a genuine voice in the decisions which affect our lives". However, we should caution that authoritative management cannot be manipulative. Consumer advisory committees established to legitimate decisions of administrators will destroy confidence which is the seed for future leaders. The only way we are going to get good leadership is to grow it ourselves and we can grow leaders in a working environment which encourages participation.

There is yet another key point in this business of growing our future leaders, and that is the touchy, difficult matter of giving them the right to fail. Because we deal in human lives, we recoil from giving our young staff and volunteer workers the right to fail. Yet, how are we ever going to develop seasoned, responsible (and response-able) leaders if we constantly protect the man from failure. Conversely, if we give a man the right to make decisions, and then reprimand him for not deciding to do things just the way we would have done them, we teach him that we really do not want him to decide anything except what someone tells him.

At this particular time in history the pressures on our leaders have probably never been greater to produce or suffer the budget cutting consequences. Mental retardation services offers to its workers one of the few clear cut opportunities for selfless commitment in the working world today. Certainly we must develop our members as concerned citizens, but develop them as human beings about whom we care! Unleash that potential for commitment...and leadership will abound!!

Sincerely,

Leighton L. Goodrich, President
The Greater Omaha Association for Retarded Children
A DREAM BECOMES A REALITY

After years of planning and hoping, the parents at CHAP learned that a new building has been approved by the Bellevue School Board. The new building will be located at Lincoln and Gregg Roads in Bellevue. The projected completion date is late 1971. The round building will have classrooms, recreation room, home economic and workshop.

CHAP was started in 1960 by a group of mothers under Air Force sponsorship for Air Force children. They are now housed in an old barracks, so the idea of a new building will be a blessing to all.

VOLUNTEER AWARDS TO BE PRESENTED

Plans are being made to present awards for outstanding-service to the retarded at the GOARC general meeting to be held Thursday, May 6. If you have someone you think deserves special recognition please submit the name of the individual or group with a summary of their accomplishments to Mrs. Wilma Wills by Monday, April 12 for consideration by the committee.

ATTENTION BUS DRIVERS!!

GOYARC needs a volunteer bus driver one Saturday a month to drive the members to the Beatrice State Home for Youth Advocacy. Interested volunteers should plan to be gone all day. For more information call Homer Mann at the GOARC office 346-6338. ALSO, if a driver isn't found, we could use a few cars (with drivers, of course.)

TRAINING SESSIONS FOR SPECIAL OLYMPICS

Training sessions have begun for the Special Olympics local meet to be held May 18th at Technical High School. Some of the events are swimming, bowling, and track and field. Competition is open to all mentally retarded over the age of 8 years. Competition is scheduled according to age and functional capabilities. Track and field training as well as swimming training sessions started on March 16. Participants can participate in one or a combination of events. For more information call the Recreation Department at the ENCOR office, 358-1115.
WANTED: Babysitters for Emergencies

A boy who attends Oakdale TMI classes and lives with two aunts who are employed, needs a babysitter during school hours only in the event that he is unable to attend school due to illness.

The family lives at 82nd and Bowie Dr. Anyone who feels they may be available to babysit in emergencies please call Mrs. Jerabek at 393-2530 after 4:30 p.m.

CITIZEN ADVOCACY DAY SCHEDULED FOR APRIL

You are invited to participate in a Citizen Advocacy Day scheduled this spring particularly for Nebraskans. This one-day workshop will be held Saturday, April 17, 1971, at the Bethany Christian Church, 1645 North Cotner Boulevard, in Lincoln.

Nebraska is the birthplace of the citizen advocacy concept, as well as receiving the Presidential Commendation early this year. A series of three citizen advocacy leadership training workshops were held this winter to foster similar programs and were well received. The program for the April workshop will be an abbreviated version of the leadership training series. Dr. Wolf Wolfensberger will be one of the speakers, as well as Helen Zauha, Workshop Coordinator.

If you would like to attend, send your name and address plus $2.00 pre-registration fee to:

Miss Helen Zauha
Coordinator, Citizen Advocacy Workshop
Nebraska Psychiatric Institute
602 South 44th Avenue
Omaha, Nebraska 68105

USE THIS FORM TO REGISTER:

I would like to attend the Nebraska Citizen Advocacy Day which will be held April 17, 1971. Enclosed is $________ my pre-registration fee.

Name______________

Title______________

Agency______________

Address______________

Telephone______________
SOUTH OMAHA DEVELOPMENTAL CENTER

The center is proud to announce the addition of three new staff members; Mr. Duane Pieper, Ruth Kalafut, and Eldridge Graves.

New students are Raymond Siderwicz, Sandra Rodgers, Rita Corbin, Francis Hopkins and Brenda Kirkpatrick.

Patty McAcy celebrated her birthday on St. Patrick’s Day. Brennan Biek, and Richard Hiatt also had birthdays in March.

Everyone is happy to see Mrs. Murphy back after a prolonged illness.

Miss Barbara Streisand has accepted the role of National Honorary Chairman for the National Association for Retarded Children.

NOTES FROM THE VOCATIONAL WORKSHOP

The workshop has 70 people working and one new staff member, Jim Marquiss. The Fremont shop now has nine workers and the latest count at Bellevue is 16.

Jim Byrnes, Director of the workshops, reports that Adult Basic Education classes have started and so far they seem to be a great success. Things are getting sorted out to the point that quite soon each person going to school will be back in the homework situation. He is extremely pleased with the outstanding cooperation and the effort expended on our behalf by the Omaha Public Schools. He is hoping that the classes grow and is looking forward to the first 8th grade graduating class.

Mr. and Mrs. Robert Draper won the $5 door prize at the March General Membership Meeting.

The gift certificate from Lay’s Arbor Inn was won by Mr. Paul Maker.

NARC CONVENTION SITES SELECTED

Since spring fever has hit a lot of us and the thoughts turn to vacations, this list of convention sites should really get the wheels turning.

1971 - Denver, Colorado
1972 - Montreal, Canada
1973 - Anaheim, California
1974 - Milwaukee, Wisconsin
1975 - Fort Worth, Texas
RELIGIOUS NURTURE CLASSES LEARN EASTER STORY

The Religious Nurture classes, held at the Rockbrook Methodist Church, are divided into two functional levels. The higher trainable class is in the process of studying the Easter story. Boys and girls have been decorating with stripes and other material to make head-dresses like the ones worn in biblical times. They have been portraying the scene of Jesus riding into the city with palms donated to the class. This experience was carried into treat time with cookies in the shape of donkeys. On Easter Sunday they will parade with palms and head-dresses, into other classes in the building.

Members of the 7th and 8th grade classes have been bringing their guitars and teaching new songs to the children. A local Brownie troop has promised to spend two Sundays working with and sharing their experiences with the two MR classes.

Rabbi Isaac Nadoff of Beth Israel Synagogue gave the invocation at the March General Membership meeting. He is very interested in providing classes for Jewish children.

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TEN COMMANDMENTS OF HUMAN RELATIONS:

1. Speak to people. There is nothing so nice as a cheerful word of greeting.
2. Smile at people. It takes 72 muscles to frown, only 14 to smile.
3. Call people by name. The sweetest music to anyone's ear is the sound of his own name.
4. Be friendly and helpful. If you would have friends, be a friend.
5. Be cordial. Speak and act as if everything you do is a genuine pleasure.
6. Be genuinely interested in people. You can like almost everybody if you try.
7. Be generous with praise - cautious with criticism.
8. Be considerate with the feelings of others. There are usually three sides to a controversy: yours, the other fellow's and the right side.
9. Be alert to give service. What counts most in life is what we do for others.
10. Add to this a good sense of humor, a big dose of patience and a dash of humility, and you will be rewarded manyfold.
MEN'S HOSTEL

John Byrum and John Barnhouse have moved into an apartment. Taking their place is a new resident, Mike Wynn.

Three of the young men have new employment. Mike Jordan is working at Lutheran Hospital in the pots and pans department. John Purnell is employed at Holiday Inn in the laundry. Terry Barker is employed at Lozier Electric.

Mr. and Mrs. Seeba of Cook, Nebraska toured the hostel the past month. They have a daughter at the Beatrice State Home.

Three young men from the hostel are attending academic classes at the Vocational Center two evenings a week.

Robert Hammer, son of the houseparents, celebrated his 7th birthday.

WOMEN'S HOSTEL

"Green, green" was the word for the St. Patrick's Day party held at the Women's Hostel. Boys from the men's hostel were invited and all were to dress in green. A great time was had by all.

Carol Tritsch has moved into the new girl's hostel on Cummings Street.

Peggy Terry, from the Beatrice State Home is a new resident.

Dorothy Brown celebrated her 25th birthday with a party.

FREE DECALS COULD SAVE A LIFE

The police and fire departments are providing, free of charge, decals which indicate the presence of a handicapped or non-ambulatory individual in the home. These red and white decals come two to a set. One large one for the door of the home and one smaller one for the room of the handicapped individual. According to the Fire Chief's office, there has been a large demand for these decals. Where possible, the Fire Inspector will deliver them, otherwise they will be mailed to you.

"ISSUES '71" OF SPECIAL INTEREST

On Sunday, April 25th, the Issues '71 show will be about adult retardates in the community. The script is being written by Judie Rasco with the help of Tom Miller. So make a note to tune in KMTV at 12:30.
PARTIES CAN BE A WAY OF TEACHING

Just before Christmas, the TMR young people at Grover Cottages invited the TMR class from Oakdale Cottages to a party. Then in February, they came to Oakdale for a Valentine party. These parties were used in many ways for teaching. Individual invitations were sent, acceptance and thank you notes written. Much time was spent talking about what to serve, how to serve it, and manners at the party. Then entertainment had to be planned and learned for we sang songs, did some square dances, and saw a cartoon. All in all, these party exchanges are a wonderful teaching aid.

The Oakdale Cottages are fortunate to have kitchen facilities so one day in January this same group planned, prepared, and served their noon lunch. This also lent itself beautifully to a health lesson, an etiquette lesson, and even some math in working with the recipes and the time and temperature on the oven. Also, three students made a trip to the grocery store to buy the food. They prepared a casserole, jello salad, carrot sticks, dill pickles, cup-cakes for dessert, and milk. They must have liked their own cooking for they really cleaned up their plates. Now we shall prepare recipe sheets for each young person to take home. This project was such a success that we shall do it again very soon.

STUDENT ORGANIZES BOWLING LEAGUE

Don Eades, a senior at Westside High School, has organized a mixed bowling league for the junior and senior high students of the special classes. The league meets at Westlanes on Thursday afternoons from 3:30 to 6:00 p.m.

The league plans to meet for fourteen or fifteen weeks. After several weeks of open bowling to establish some idea of averages, the teams will be formed. Prizes for high series and high game will be given. They hope to have a banquet to close the session. Don has ten to fifteen Westside students as volunteer helpers. The first session found twenty-four students ready to enroll in the league.

Don will also organize a similar experience for the Youth Group at an evening session. This program will be made up of Westside graduates from the Work Study program. "We are very proud of Don Eades for initiating this activity," says Mrs. Huebner.
Vice President of Ford Motor Company To Be Speaker at Mayor's Prayer Breakfast

The Annual Omaha Mayor's Prayer Breakfast will be held again this year at the Ponca Park Ballroom. Besides a word from the Mayor, there are readings from the New and Old Testament by city and county officials. This year's guest speaker is Mr. Harold MacDonald, Vice President, Ford Motor Company, an outstanding Christian layman.

You are cordially invited to join other men in the community for an inspiring program. The breakfast will be held April 1, 1971 at 7:00 a.m. The price of tickets is $2.75 and can be had by calling the GOARC office.

GOARC NOMINATES OFFICERS

The following individuals have been nominated as officers of GOARC for the next term.

President .......... Mr. George Barker
First Vice President .... Mr. Ken Chilick
Second Vice President ... Mr. Ray Mohatt
Recording Secretary .... Mrs. Rosalie Gonzalez
Corresponding Secretary .... Mr. Mary Evangeline
Treasurer ............ Mrs. Louise Wright

TRAINING SESSIONS HELD BY NPI

Our February listing of Parent Groups had one unforgivable omission. Please add the following to your list:

Residential Services Parent Advisory Group

Meetings: Every other month at 7:30 p.m.
Chairman: Mrs. Raymond (Peg) Serafini 391 - 8753
Director of Residential Services: Mr. Mel Knowlton 558 - 1115

The second session of the Human Development Sequence, coordinated by the Manpower Development Station, and hosted by the Nebraska Psychiatric Institute was held March 26 and 27th. A vocational services training session is scheduled for Kearney, Nebraska on April 30 - May 1.

A two day session for adult services will be held April 2-3 at the Lincoln Center Building in Lincoln, Nebraska. The first day of the session is for anyone working with adult persons who are retarded, while the second day is primarily for those engaged in residential services. Mr. Mel Knowlton and Dr. Wolfensberger will be on the program.
Dear Editor,

I'm enclosing an article from "Shop Talk", the newsletter serving the ENCOR Vocational Services Centers. Mrs. Long has expressed parent appreciation of GOARC and the importance of supporting this organization in a brief but effective statement. It should be shared with our entire membership.

A long time supporter

"Would you pay a $5.00 reward for a return of $360.00???? ($7.00 after April 1st)"

Three years ago we paid $360.00 a year for a five day program for our retarded. Thanks to GOARC and their escalation of all their programs, this charge has been eliminated. It has been replaced by the receipt of bi-monthly salary checks and an ever increasing number of clients being placed in employment in the community.

Your reward payment (membership dues) is your insurance policy that these programs will continue. May we have your vote of confidence, please?

Mrs. Gretchen Long

THAT MAN IS YOU
by Louis Everly

To love someone is to bid him to live, invite him to grow. Some people don't have the courage to mature unless someone has faith in them. We have to reach those we meet at the level where they stopped developing, where they were given up as hopeless, and began to secrete a protective shell because they thought they were alone and no one cared. They have to feel they are loved very deeply and very totally before they appear humble and kind affectionate, sincere, and vulnerable.

Membership Application

Name ____________________________
Address ____________________________
$5.00 family membership ____________
$7.00 after April 1st ____________
Send to: G.O.A.R.C.
608 Barker Building
Omaha, Nebraska 68102

To love someone is to bid him to live, invite him to grow. Some people don't have the courage to mature unless someone has faith in them. We have to reach those we meet at the level where they stopped developing, where they were given up as hopeless, and began to secrete a protective shell because they thought they were alone and no one cared. They have to feel they are loved very deeply and very totally before they appear humble and kind affectionate, sincere, and vulnerable.
CALENDAR OF EVENTS FOR APRIL

April 1 Benson Development Center Parents, 7:30 p.m.
South Omaha Developmental Center Parents, 7:30 p.m.

5 Beatrice State Home Parents Group, 8:00 p.m. at the home of Bill and Wilma Wills, 3616 So. 114th Street.
GOYARC Meeting, 7:00 p.m., ENCOR Office, 116 So. 42nd Street

6 Millard Public School Parents, 8:00 p.m.

7 CHANCE Parents, 7:30 p.m.
Vocational Services Center (Benson) 7:30 p.m.

8 Poverty and MR Com., 7:30 p.m., ENCOR Office
Film, 8:00 p.m., Benson Workshop

11 HAPPY EASTER

12 ENCOR Recreation Adv. Comm., 7:30 p.m.

14 Sarpy Developmental Center Parents, 7:30 p.m.
"Conversations", 12:30, Judie Rasco, Channel 3

16 Children's Rehabilitation Parents, 7:30 p.m.

17 Citizen Advocacy Day, Lincoln, Nebraska

18 - 21 Child Welfare League of America Conference - Omaha Hilton
NOTE: Come at 7:30 and see the ENCOR Recreation Program in action!

20 Film, Benson Workshop, 8:00 p.m.

21 Madonna School Parents, 7:30 p.m.
J. P. Lord Parents, 7:30 p.m.

22 Honey Sunday Comm., 12:00 at GOYARC
District #66 Parents, 7:30 p.m.

23 - 25 NebARC State Convention, Villager Motel, Lincoln, Nebraska

25 Issues '71, 12:30 on KMTV, Channel 3

26 Omaha Public Schools, 7:30 p.m.
CHAP Parents, 7:30 p.m.

28 "Conversations" Judie Rasco, Channel #3, 12:30

RECREATION PROGRAM
New swim program on Wednesdays from 4-6 p.m. at the Christ Child Center at 10th and Williams. It is open to all teenagers and children.
GOAIC FILM FESTIVAL

April 9 "A Way Out of the Wilderness"
    (Institutional Care)

"Detemaulisation and the Total Institution"

April 20 "Out of Darkness" (Nebraska Plan)

"To Touch a Butterfly"

Vocational Services Center, 6001 Military Avenue
8:00 p.m.
Mrs. Philip Elkin, the past president of the National Association for Retarded Children and new residential committee chairman, believes the mentally retarded belong in the community, not in an institution, because "I believe in the principle of basic rights for them."

Mrs. Elkin says many today still look upon institutions as the best place for the retarded. "All of us are in agreement on one thing -- that many institutions today need some significant changes if they are to continue being used."

Mrs. Elkin said her viewpoint on community living is shared by many others, too, including "three Nebraska men which this state is fortunate to have. Dr. Frank Menolascino, Dr. Wolf Wolfensberger, and Dr. Robert Kugel are internationally known and respected in this field."

As an advocate of community living and programs, Mrs. Elkin said it is not enough to upgrade institutions by delaying a move toward more community services. If there must be both programs, she said, all the dollars must not be put in the institutions.

She expressed concern, while speaking to the Beatrice State Home Association for Retarded Children, at totally new institutions going up, such as the Richmond, Texas, complex, which will have a 1,500 resident capacity when three phases are completed.

There are two reasons why even a completely new institution is not a valid move. She quoted them as:

"The right of the handicapped to live in a society", and

"The right of the non-retarded to have handicapped people among them."

Mrs. Elkin says the retarded are finding community living easier than five years ago because "the attitude of the average citizen has and is changing toward these handicapped who have the same human right to try to find their own unique identity and role in life."

"WOMEN OF THE YEAR"

Sister Mary Evangeline, Director of the Madonna School, was chosen "Women of the Year" at the State Convention of the Fraternal Order of Eagles Auxiliary.

"GAZETTE RESTS FOR A MONTH"

While your editor and her family are out camping in the "wilds" the GAZETTE will also take a month's leave. But we will be back with a September issue to inform you of happenings in all of the facilities.

Have a fun-filled summer!!

Jan Novicki
Editor
Dear GOARC member,

It is relatively easy to "perfect" mechanical devices. It is usually much more difficult to train people and to maintain that training. The success of any venture demands fully trained people.

Associations that enjoy continual growth and recognition by the public have enthusiastically accepted the difficult; they have kept their membership informed and they have trained, and continued to train their people to know the ideology of the association and the facts supporting their philosophy. This is combining positive recognition of the simple fact that people need to be well informed with positive action to insure continued leadership and public acceptance.

Such associations also recognize that the best results come from getting people directly involved in the problem. In so doing, everyone gains a clearer understanding of what the problem is. Open discussions may produce many possible solutions but will end in one agreed-upon line of action. There is agreement as to who is to do what and when it is to be done. The how comes with the practice sessions.

But the keystone in the problem solution is the why. What is the purpose? The goal? The objective? Who benefits? The retarded citizens? The service agency? The association? You?

These are good questions. They need good answers. The complete answer can be found only if the members of our association will search for that answer...and that requires, GETTING INVOLVED!!!

Sincerely,

Leighton L. Goodrich

Leighton L. Goodrich, President
Greater Omaha Association for Retarded Children, Inc.
HELP!!!
Who needs it?

We do -- the GOARC office is attempting to improve our monthly "GAZETTE" with photographic coverage of local activities by graphic arts embellishments. We hope by doing this to provide a more interesting and sought after publication to our members. The help we need is for amateur photographers who like to take pictures and perhaps have darkroom enlargement and cropping capability. We can furnish film in all sizes from donations of slightly outdated film that has been given to us by the FOTOMAT Corporation.

We also need some graphic art help in tracing and lettering for our GAZETTE, posters, pamphlets and other public information activities. Anyone interested??????? Please call the GOARC office if you have any desire to assist in these areas.

**********

PARENTS OF MULTIPLE HANDICAPPED JOIN FORCES

A new group for parents of young children with multiple handicaps has been organized this month. The main purpose of the groups are to provide a means of exchange of information, to provide services such as babysitting and transportation to each other in time of need, to contact and help other parents with multiply handicapped children, and to support and encourage programs which would benefit their children. The group will hold informal meetings in their homes this summer.

The group grew out of a mothers' group at CRI which met for a six week program under the guidance of Sadie Slade. The mothers decided to expand the group to include fathers and other parents who have a young multiply handicapped child. All the children involved have at least two serious handicaps such as blindness, retardation, and cerebral palsy. The group is particularly interested in contacting parents of children whose handicaps include blindness.

If you are interested in joining the group or know anyone who would be interested in joining, call Mrs. James P. Kelly at 551-3267.
The GOARC staff will soon be starting work on a new Membership Directory—possibly for printing in August. You may be wondering now, however, just how well your parent group is doing on GOARC membership. Well!! Here are the latest and best statistics we have available as a result of this year’s membership drive and the follow up survey.

Total memberships: 455 (family)

Membership by Individual Groups
- Beatrice State Home Parents: 28
- Benson Developmental Center: 25
- Chance Developmental Center: 11
- Sarpy Developmental Center: 6
- South Omaha Developmental Center: 9
- CHAF School: 7
- Madonna School: 16
- Millard Public Schools: 41
- Omaha Public Schools: 41
- J.P. Lord School: 8
- Meyer Childrens Rehabilitation Institute: 8
- Vocational Services Center—Benson Branch: 25
- Vocational Services Center—Sarpy Branch: 3
- Westside Community Schools: 19
- Other Schools or Institutions: 25
- Residential Services Parent Group: 9
- ENCOC staff members: 32
- Other Professional: 63
- Total Sarpy County Members: 36
- Interested Citizens: 86
- Out of state: 12
- Unknown (no answer to survey and cannot contact): 25

Note: The totals for all groups will exceed total membership because of dual representation.

Well now!! How does your group total look? If you think it can be improved, maybe you can help!!! Membership forms are always available upon request from the GOARC office.

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MR. AND MRS. DONALD FIEDLER are the proud parents of a 7 lb. 7 oz. baby boy, David Benjamin born on June 25th. Barbara Fiedler was employed as a secretary at GOARC until February 26th of this year. CONGRATULATIONS!!
"THANK YOU" FROM GOARC

Thanks to the efforts of Caroline Goodrich, Helen DeMay, Martha Gibbs and Betty Liebert the membership coding system has been brought up to date. Please call the GOARC office if your address, or the program your child is in changes. This will enable us to keep things accurate.

Helping with the GAZETTE last month were Caroline Goodrich, Caral Gleason, Helen DeMay and her 9 year old daughter, Bev.

Thanks to all of you!!

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YOUNG MEN'S HOSTEL

Visitors the past month were from Minnesota, Iowa, Missouri and Connecticut.

Mr. and Mrs. Larry Boswell, the new house parents, are beaming with joy over the birth of their first child. The little miss, Sandra Lynn, was born on June 16.

Everyone at the Hostel, including the parents, are very proud of the honors won by the young men at the Special Olympics in Kearney. Mike Jordan was voted the best all around male athlete.

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GLANCES AT GOARC'S NEW BOARD MEMBERS

John Bynum - 1 year term - chosen Omaha's Handicapped Worker of the Year - resides at 4910 Chicago.

Louise Wright - Treasurer - 2417 N. 22nd Street - mother of three children, ages 4, 5, and 7. She has been associated with CHANCE for three years, and a member of GOARC for two years. She is a volunteer at the GOARC office, is on the Poverty & MR Task Force, and the Pilot Parent planning program.

Betty Ferraguti - 2 year term - 4373 Barker Ave. - husband is employed with Western Electric - mother of three children ages 3, 10, and 12. One boy attends Western Hills while the other boy is at the Madonna School. Betty is a charter member of GOARC. She is on the advisory board for recreation at ENCOR.
One of the most significant actions coming from the June 21 Board of Directors meeting was the formal adoption of a proposal conceived by Leighton Goodrich for dividing the Board of Directors into four committees, each having specific concern for one category of parent groups. The four categories of parent groups are to be: (1) ENCOR Developmental Centers; (2) Public and Private Schools; (3) ENCOR Vocational Service Centers; and (4) Residential Facilities.

The four committees will meet separately and elect their own chairman and develop their own guidelines. Their prime purpose is to establish better contact with each parent group and thereby a more meaningful relationship with GOARC.

The committee aligned toward the Public and Private Schools will, in fact, become the nucleus of a GOARC Task Force on Special Education which will broaden its membership for the purpose of expanding the GOARC involvement in this area.

The committee aligned toward Residential Facilities will, in fact, become the nucleus of a Residential Care Committee with the purpose of fulfilling GOARC responsibilities in this area.

These latter two committees are required by the newly adopted By-laws of GOARC and their responsibilities are more fully stated in this document.

More information will be provided to the membership as soon as each individual on the new Board has been assigned to a specific group.

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A baby girl was born June 22 to Brian and Kathy Lensink. Leah Maureen weighed in at 8lbs, 12oz. Both mother and baby are doing fine.

CONGRATULATIONS!!!
International Body State Rights of the Mentally Retarded
by Homer C. Mann

All persons interested in programs for the mentally retarded should be aware of the international interest in this area. The most recent enlightenment in this area comes to us in the following declaration of rights. This declaration takes on special interest when one considers that many nations, much less economically developed than our own, have adopted this philosophy. After reading the declaration you might ask yourself—"How well are we measuring up in guaranteeing these rights"?

DECLARATION OF GENERAL AND SPECIAL RIGHTS OF THE MENTALLY RETARDED

Whereas the universal declaration of human rights, adopted by the United Nations, proclaims that all of the human family, without distinction of any kind, have equal and inalienable rights of human dignity and freedom;

Whereas the declaration of the rights of the child, adopted by the United Nations, proclaims the rights of the physically, mentally or socially handicapped child to special treatment, education and care required by his particular condition.

Now Therefore

The International League of Societies For the Mentally Handicapped expresses the general and special rights of the mentally retarded as follows:

ARTICLE I
The mentally retarded person has the same basic rights as other citizens of the same country and same age.

ARTICLE II
The mentally retarded person has a right to proper medical care and physical restoration and to such education, training, habilitation and guidance as will enable him to develop his ability and potential to the fullest possible extent, no matter how severe his degree of disability. No mentally handicapped person should be deprived of such services by reason of the costs involved.

ARTICLE III
The mentally retarded person has a right to economic security and to a decent standard of living. He has a right to productive work or to other meaningful occupation.

ARTICLE IV
The mentally retarded person has a right to live with his own family or with foster parents; to participate in all aspects of community life, and to be provided with appropriate leisure time activities. If care in an institution becomes necessary, it should be in surroundings and under circumstances as close to normal living as possible.
ARTICLE V

The mentally retarded person has a right to a qualified guardian when this is required to protect his personal well-being and interest. No person rendering direct services to the mentally retarded should also serve as his guardian.

ARTICLE VI

The mentally retarded person has a right to protection from exploitation, abuse and degrading treatment. If accused, he has a right to a fair trial with full recognition being given to his degree of responsibility.

ARTICLE VII

Some mentally retarded persons may, due to the severity of their handicap, be unable to exercise for themselves all of their rights in a meaningful way. For others, modification of some or all of these rights is appropriate. The procedure used for modification or denial of rights must contain proper legal safeguards against every form of abuse, must be based on an evaluation of the social capability of the mentally retarded person by qualified experts and must be subject to periodic reviews and to the right of appeal to higher authorities.

ABOVE ALL — THE MENTALLY RETARDED PERSON HAS THE RIGHT TO RESPECT

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Legislative Rap Sessions Starting
by Homer Mann

The NebARC Board of Directors have recently directed John Foley, Executive Director, NebARC to initiate legislative rap sessions on a regional basis for the purpose of defining legislative goals for 1972. The first of these sessions for Region 6 (Cass, Dodge, Douglas, Sarpy and Washington Counties) will be at 7:30 P.M. Thursday, July 15, 1971, at the Rockbrook United Methodist Church at 9855 West Center Road. The entire GOARC Legislative Committee has been invited to attend.

Any GOARC member having an interest in legislation, either general or specific, may also attend. Additionally having your ideas in writing would be a big help to your legislative committee. Any input you may have should be addressed to Executive Director, GOARC, 608 Barker Building, Omaha, Nebraska 68102.

**********
SUMMER VACATION will be short for 170 pupils attending summer school at J.P. Lord School.

The 8:00 a.m. to 11:00 a.m. classes started June 14 and will end July 23. The school, directed by Dick Galusha for the last three years, has 15 different classes covering a broad spectrum of development from trainable retarded to above average intelligence. Ages vary from preschool to preteen.

Some of the children attending were selected because of behavior or emotional problems which held them back in regular public school programs. For most pupils the classes are a continuation of the public schools' courses for the mentally handicapped.

There is one teacher for every four pupils, including student teachers, volunteers and aides.

Transportation is provided by parents and by ENCOR's three mini-buses.
Sports

Friday, May 28th and Saturday, May 29th the State Special Olympics Meet was held in Kearney, Nebraska. The ENCOR team, made up of 37 members, was coached by Dave Kautz and Skip Katzman.

We had three double gold medal winners. Carol Korgie (50 yard dash and softball throw), Charles Traster (standing long jump and high jump), and Mike Herd (25 yard swim and 50 yard swim).

Rick Newman (standing long jump), Mike Jordan (400 yard run), Jack Conrad (softball throw), Yvonne Kynsinski (softball throw), Terry Ray (bowling), and Dolly Zanderholm (bowling), Eric Hoefker (swimming), all received gold medals for their events.

Larry Cotton, (50 yard dash), Mike Jordan (50 yard dash), Jim Richeson (softball throw), Roger Robinson (high jump), Ron Schultz (bowling), Sally Hammons (bowling), Jackie Kirby (bowling), Terry Deluryea (bowling), Maria Luevane (bowling), and Peggy Terry (25 yard swim and 50 yard swim) also John Dowd (softball throw) received silver medals.

Third place winners received bronze medals and they were awarded to the following: Mike Wynn (50 yard dash), Ray Benson (50 yard dash), Joe Smith (softball throw), Ron Schultz (softball throw), Ron Deluryea (softball throw), Terry Barker (softball throw), Butch Blum (softball throw), John Hoffman (bowling), and Dennis O'Connel (swimming).

Ribbons were awarded to Doug Foster (50 yard dash), Bonnie Finley (50 yard dash), Faith Benson (50 yard dash), Tommy Jackson (standing long jump) Kathy Hartman (softball throw), and Pat Finel (softball throw), Steve Lane (swim), Nancy Hammons (bowling), Eldon Folden (bowling), and Dennis Pirrucello (bowling).

Mike Jordan received the outstanding athlete award for the meet.

All the participants did very well and we hope to see them compete next year.

TEENS PLAN OWN RECREATION

This summer teens will begin to participate in planning their own recreation. Representatives from District 66, Omaha Public Schools, and Madonna School and the Cummings Hostel will be meeting once a month to help make decisions on parties and programs, form committees, etc. If your son or daughter has any suggestions for me to discuss with the committee, have them call me themselves so that they can be involved in the planning. MarshaHonrath-558-1115.

* * * * *
This month seems to be a pretty void one for meetings. We hope all you parents are enjoying your vacation this summer.

The GOARC staff is now working on program assistance offerings for the parent groups, so we are hoping to see you all again in September.

# # # # # # #

7 South Omaha Developmental Parents Group, 7:30 p.m.
11 GOYARC Steering Committee Meeting, 7:30 p.m., 4412 Barker
13 Religious Nurture Committee, 7:30 p.m. Rockbrook Methodist, 9855 West Center Road
ENCOR Recreation Advisory Committee, 7:30 ENCOR Offices
15 Regional Legislative Rap Session, 7:30 p.m., Rockbrook Methodist, 9855 West Center Rd.
19 GOARC Executive Committee (All Board Members invited) 7:30 p.m., ENCOR Offices
22 Ralston Special Education Parents (Initial Formation Meeting) 8:00 p.m., Julie O'Brien Residence, 12113 Grover Street
27 Bellevue Vocational Services Center Parents Group, 7:30 p.m.
As you can tell by the stars, this was a good day for the class at Fontenelle School. Mary Beth is showing her teacher, Mrs. Jerry Fritzmeier, one of the strokes which will form a letter. See more pictures and story on page 5. Another TMR class will be featured next month.
THE HOPEFUL WORKINGS OF AN
EXECUTIVE DIRECTOR’S MIND

Three weeks ago, a friend of mine, 19 year old Billy met with me and helped me move out of my office at the institution where I’ve worked for the past nine and a half years. He’s retarded, a former resident of the institution. He had been the resident janitor in the area where I worked and we became friends at that time. Now, he’s living and working in the community. After we finished packing things we went for a piece of pie and coffee. As we sat in the cafe, he sensed my nervousness about leaving a job that was familiar and he took to preaching at me.

He said:

"Yer leaving the institution....
When you get out, yer gonna get scared.....
You’ll meet lots of new people........
You won’t understand 'em at first.
But, you grit yer teeth and don’t go back.
No matter what happens, don’t go back."

(I remember telling him things like this a few months earlier)

After ten years of working inside of an institution, one gets well acquainted with the nuances...the hobbling logistics...the dependencies...the professional pecking system...the regimentation...the totaliness of a total institution...the lines of beds in one room and the acres of tables in another.

After ten years of working hard on institutional programming, I’ve dared to answer my own inner painful feeling that kept saying “There must be a better way.” So, now I choose to search for that better way. It’s my choice to move from institutional planning to community planning.

And of all the communities in the nation where a better way for the mentally retarded and their parents is being found, it’s my strong belief that it is the people of Greater Omaha who are finding it. After many trips as a consultant to the Omaha area, I’m convinced that Greater Omaha is filled with “therapists” who have never received a degree and have no academic status. But, they have the heart and the energy to do great things for the mentally retarded and their parents and they’re willing to organize themselves in order to do it.

So, I’ve made my move....I’ve left the institution....
Didn’t even use a halfway house....I’m not going back....
I want to work in this community.....I want to work with you.....
As you struggle to find "better ways" on behalf of the mentally retarded and their parents.

************
SPOTLIGHTING THE FAMILY OF THE MONTH

The Ray Mohatts

Ray and Kathleen are the parents of a 14 year old retarded boy. They also have three other sons. Mike, 23, received his Masters Degree from Creighton and is now employed with Haskins and Sell Accounting. Tim, 21, works at Bakers and attends UNO in the evenings. Pat is 17 and a Senior at Creighton Prep.

Danny, being low functional, has attended the Benson Developmental Center since it opened in 1968. He loves to watch cartoons on television and equally enjoys records from the library that tell a story. Danny attended the Christ Child Camp at Blair this year.

Ray is a vital force in the success of our organization. During the eight years he has been a member of GOARC, he has held many offices and been the chairman of many committees. At the present time he serves GOARC as the Second Vice President, and is Treasurer of NebARC. Ray has a big job ahead of him... Manpower Chairman for Honey Sunday... and he is hoping everybody will volunteer to do their share.

At General Membership meetings, you will find Kathleen busy in the kitchen, but never too busy for a friendly "hello".

Ray has been with the U.S. Army Corp of Engineers for 30 years. When asked about his hobbies, he quickly replied "duplicate bridge and horse racing". Kathleen likes bridge also but doesn't want to tackle anything as big as duplicate.

GOARC is indebted to Ray for his many contributions and long hours of work.

Next month read about the work of another such dedicated family - perhaps it will be you!

*****************************

HAVE YOU HEARD ?????

GOARC will Host the North Central Regional Convention. The ten state North Central Region of the National Association for Retarded Children will hold its convention for 1972 at the Omaha Hilton Hotel on March 24th through 26th. The annual NebARC business meeting will also be held in Omaha just prior to this convention.

GOARC is looking forward to this opportunity in hopes that our members will take advantage of the educational workshops which will be offered. More information will be coming in later issues of the GAZETTE.
Dear GOARC Member,

This is the beginning of another season for GOARC. Last year we gained in many ways for the retarded, but we can't pat ourselves on the back and look at the past (as Devaney says). We must always be looking forward to the work yet to be done.

You are helping by being an active member of the association. Our strength could be doubled if we all would try to involve another member of our family or a friend or business associate.

Please give this your full consideration.

Sincerely,

Ken Chittick
Membership Chairman
9616 Emmett, Omaha, Nebraska
Phone - 572-7798

Member Registration

GOARC
608 Barker Building
Omaha, Nebraska 68102

Name

Address

City                State                Zip

Annual Membership  $7.00
Life Membership    $10.00

We're all going to the NARC Convention!!!

October 13-16
Denver Hilton
Mrs. Jerry Fritzmeier has been at Fontenelle school for 3 years and just received her degree this summer. Mrs. Catherine Morris, student teacher, will graduate in June.

The Pledge of Allegiance has some pretty difficult words, but this class does a remarkable job of reciting it all. Many of their songs have actions or ways to teach them to count. In this photo the children are recognizing the date and day of the week.

Linda and Danny are practicing their strokes so that someday they will be able to print their names.
The Crisis Assistance home will open October 11. The big, two story colonial house at 535 S. 35th Ave. will accommodate six children or adults at the present time. After remodeling the third floor, the maximum number would be ten.

Any family with a mentally retarded child or adult in the five county area is eligible to use this facility. It is not limited to just GOARC or ENCOR. Referrals can also be made from welfare or other agencies. There will be a fee based upon the ability to pay and number of dependents a family has.

Houseparents, Jeff and Mary Kroft, will have a part time assistant and also a recreation technician. Mrs. Jane Lonnquist is director of this program.

The wants and dreams of parents have finally become a reality!

*************

CITIZEN ADVOCACY PROGRAM OPENS

Applications are now being taken from citizen volunteers who are interested in becoming advocates to retarded children, young adults, adults, and elderly persons in the Omaha area. Applicants who are accepted must be willing to be screened, attend training and orientation sessions, be assigned, and undergo a continued period of supervision and ongoing training.

Many retarded members of the Omaha Community do not have families or friends. They need people to love them and care about them. Anyone who is interested in building a relationship with a retarded person on a regular basis, and feels that they could qualify to become a citizen advocate should contact:

Miss Helen Zauha, Director
Citizen Advocate Program
Greater Omaha Association for Retarded Children
608 Barker Building
346-6238
HONEY SUNDAY CHANGES
FOR THE BETTER

Ray Mohatt, Honey Sunday Manpower Chairman, has announced some new changes for Honey Sunday which should benefit most of the workers. By the way this year's date is Nov. 21st and we will again need about 1500 volunteers to assist us.

The hours for picking up the honey will be earlier—10:00 a.m. Due to the earlier hour, some pickup points have been changed.

Northeast area will again be at the YMCA on N. 30th.
North Central area will remain at the Madonna School.
Northwest area has been moved from St. James Church to the Commercial Savings and Loan at Maplewood and 90th Street.
West area will be at the Commercial Savings and Loan at 126th and Center.
Southeast, Southwest, and Central will pickup at Ak-Sar-Ben. Use the West Center entrance to the Sales Pavilion.

This new time change will enable workers to start selling earlier and hopefully find more people at home. All 1970 team drivers will receive a survey letter soon. Members who did not work last year but would like to assist this year should call Homer Mann at the GOARC office, 346-6338.

MADONNA SCHOOL WANT ADS

Anyone having a good manual typewriter, please call Sister Evangeline at the school.

A good, used washer and dryer are badly needed at the school. They will be put to good use as part of the homemaking class. Call the school — 556-1883

MADONNA SCHOOL
2537 N. 62nd St.
YOUTH CONVENTION
by Robin Zagurski

The National Y.O.U.T.H. Association for Retarded Children held its convention at Lindenwood College in St. Charles, Missouri, August 11-15. Among the 450 youth attending the conference were Sheila Marko and myself, Robin Zagurski.

Many of us do not realize how lucky we are to be living in Nebraska. After listening to discussions and talking to other delegates, I became aware of how far ahead Nebraska is in the field of MR. We are the only state to have a Citizen-Advocacy Program and one of the few who try to practice normalization. All through the conference either labels were placed on the retarded such as "the R's", "the kids" or all thought of the retarded was pushed aside as we discussed ways of getting money. It concerned me and many others who attended the conference, that some people were so worried about getting money, but had no program of direct services to use this money.

The workshops were scheduled for Thursday, and Friday. Some of these such as Juvenile Delinquency and the Mentally Retarded were quite good. Many workshops had more potential but unfortunately for one, Behaviour Modification, the speaker didn't show up.

I imagine that you could say the highlight of the conference was the election of officers. The new Y.O.U.T.H. NARC President is Kate Rhoden. Kate is from our own North-Central Region. Also, elected to the YARC Board from the North Central Region was Bridget Moylan of Omaha, past-president of Neb-YARC.

ACTIVITIES OF G.O.Y.A.R.C.
by Lori Wolpa

On August 26, 1971, G.O.Y.A.R.C. sponsored a fund raising dance at St. Luke's Methodist Church. The Greenwood Combo played for the dance. After bills were paid, the group made a profit of over $250.00.

For a couple of month's now, we have been working on a membership drive to begin in October. We are going to hold convocations at various high schools throughout Omaha and surrounding communities. We will present a slide presentation and speak on G.O.Y.A.R.C., MR, Citizen Advocacy, etc. For more information contact, after school hours, me or Dave Williams 333-4405. We are also working on football and swimming programs. We want to take retarded children and/or teenagers to different football games throughout the community. But we cannot carry out either of these programs without you. WE NEED YOUR HELP. Please, if you are willing to help carpool kids to or from any of these events, fill out the coupon of the following page and send it to: Lori Wolpa, 2417 S. 126, Omaha, Nebraska 68144
G.O.Y.A.R.C., cont.

Name_________________________ Phone_________________________
Address__________________________
City__________________ State_________ Zip_____________________
I am able to carpool __________ number of kids on __________ days of the week.

One of the major complaints of the poor, and minorities against the Federal Government has been that they did not have a voice in what programs the government designed for them. In looking back over the past we see that this is also true in programs for the retarded.

The members of G.OYARC would like to involve the retarded in the decision making and what effects them. Therefore, we are opening our membership to the retarded between the ages of 13-25.

For more information call the GOARC office, 346-6338.

NEW SPONSORS FOR G.OYARC

Bruce and Annette Mason (Bruce is an attorney with the Public Defenders Office) and Bill Hinze from ENC0R and his wife are new sponsors for the youth group.

ENCOR HAS A NEW RECREATION DIRECTOR

Recently ENC0R hires a new Director of Recreation - Bill Hinze. Bill is a 23 year old graduate of Nebraska Wesleyan College in Lincoln. He graduated with a degree in sociology last spring. Bill has worked for two years in the area of recreation, one year in the Recreational Regional Center in Lincoln and one for the City Park Recreation Department in Lincoln. Bill worked primarily with handicapped children. Bill has recently reorganized the Recreation Department of ENC0R into various departments which will deal with specific recreation activities as opposed to having his staff work with just specific age groups. Welcome aboard, Bill!

GOARC SAYS "THANKS"

We at GOARC would like to thank the following people for your continued willingness to help us with the GAZETTE: Mrs. DeMay, Mrs. Goodrich, Mrs. Gleason, and Mrs. Gibbs. We appreciate the time and effort you so generously volunteer.
RECREATION ACTIVITIES FOR OCTOBER

ARTS & CRAFTS
Where: Benson Community Center
6008 Military
When: Beginning October 7, 1971
Every Thursday from 7:00 to 8:30 p.m.

PHYSICAL FITNESS
Where: Benson Community Center
When: Wednesdays, 7:00 p.m. to 9:00 p.m.
No charge Bring tennis shoes

ROLLER SKATING
Place: Skateland, 6715 N. 97th
When: Saturday, October 2 4:00 - 6:00
Price: $1.50

VISIT JOSLYN
Place: Joslyn Art Museum - East Entrance
When: Saturday, October 9 2:00 - 4:00 p.m.
Cost: 25c

OUT TO EAT
Place: North's Chuck Wagon, 4411 Center
When: October 14 or October 16
Time: 8:00 to 9:30 p.m.
Cost: $2.00

CIRCUS IN TOWN
Saturday, October 23, 1971 or Monday, October 25.
Time and cost to be announced at a later date.

COSTUME PARTY
"Prizes will be awarded for best costume"
Place: Camelot Clubhouse - Party room
When: October 30, 1971 8:00 p.m. to 10:30 p.m.
Cost: 75c
Dr. Wolfensberger receives recognition from Governor Exon through Past Presidents of GOARC.

Dr. Wolfensberger didn't altogether escape from us without some measure of recognition. On August 18th, five of GOARC's past presidents surprised Dr. Wolfensberger at his office to make a presentation of a Nebraska State flag, accompanied by a letter of tribute from Governor Exon. Presentation was made by Mrs. Roberta Kaplan with the assistance of Mrs. June Vance, Mr. Bob Mullin, Dr. Frank Menolascino and Mr. Leighton Goodrich.

Mr. George Barker and Mr. Pete Marchetti would have made it 100% for present and past presidents but they were unfortunately not available.

An Admiralship in the Nebraska Navy arrived too late for the flag ceremony but was presented to Wolf at a later date by Mrs. Kaplan.

NARC CHRISTMAS CARDS AVAILABLE

GOARC members again this year have the opportunity to purchase for themselves and sell to their friends a variety of Christmas cards made available through the National Association for Retarded Children.

Each year NARC and the Metropolitan Fine Art Corporation sponsor a Christmas Card Design Contest. This contest gives retarded persons an opportunity to design cards for this Christmas card sales program. GOARC has ordered a sufficient number of brochures on these cards for general membership delivery. Each member will be receiving this brochure soon so that you may initiate your own order. Better yet, why not encourage your entire parent group to order cards.

GOARC may also purchase assorted card packs of a different variety which may be sold to members and their friends. Samples of the assorted card packs have already been furnished to each parent group president in hopes that someone in your group would be interested in selling these cards.

GOARC will receive 35¢ per dollar of brochure orders and 52¢ per assorted card packs. Please consider helping GOARC financially through this program and discuss it within your parent groups or call the GOARC office if you desire more information.
Get Involved: Postscript

Several times in past issues, we have encouraged our members to become more active in the various levels of decision making for our retarded citizens. Apparently it struck a responsive chord.

An individual, who is active in association work, seems pessimistic as to significant changes in the future. "The professionals are inclined to define a problem as either black or white, refusing in most instances to recognize that a gray area may exist. For the most part, they... (are) reluctant to take strong positions in most matters," he wrote. He continued, "Before professionals can become effectively involved, I suggest they learn to communicate. It is my belief that education should be broadened primarily in the area of communications and sociology, to encourage better understanding of the so-called problems of the parents."

A parent of a retarded child told the COARC GAZETTE he is trying to get involved—"But since I may not agree with the Establishment, my voice is very weak."

He cites some of his personal views:

"Normalization has taken on a different meaning... depending on whether you're a parent, teacher, social worker or a philosopher... Whether your child is mildly, severely or profoundly retarded. We should re-state and continue to define the true intent of Normalization."

"(Service agencies)... are not receptive to parent thoughts and seem more concerned about changing parent viewpoints than identifying parent concerns and establishing means to mitigate them... or to evaluate comments from parents as constructive suggestions that could better the efforts of the agency."

He also feels the most important qualification for technical people to become "involved" is "the ability and desire to question... we need people who are constantly aware of new developments and, more importantly, are able to incorporate this information rapidly into action."

These members have publicly stated their views and while they may feel the "Establishment" has not heard them, they have well demonstrated what our association is all about.

How do other readers feel?
HOWE HOSTEL NEWS
by Helen Schultz

The installation of air conditioning has been completed, and during the hot spell it was most appreciated.

The Hammer family have moved from the Hostel to their home. The new house parents are Kurt and Melanie Rheinheimer.

The young men have enjoyed many activities such as camping trips to Louisville and Two Rivers, boxing and wrestling matches, stock car races and a ride on the "Riverbelle".

PROFILE OF A NEW BOARD MEMBER

Mrs. Sharon Bauer - elected for two years
Husband, Richard, is employed by Williams Machine and Tool Company. They are the parents of 4 children. Danny attends the TMH classes at Fontenelle School. The Bauer's have been members of GOARC for three years and belong to one of the parent discussion groups. Sharon's outside activities include being Vice-President of Religious Education Commission at St. Barnards Church for two years; she helped form the parents group at CRI; and she also belongs to an Extension Club. The whole Bauer family loves camping.

**********

CHANCE NEWS

On behalf of the Chance staff may we welcome our new teacher Stanley McKain. Welcome is due also to our new parents and children.

This summer was filled with many exciting and new experiences. Denny Adams and his aide Lula Sigler spent the summer assisting the children swimming whenever they could at Kellom pool. One special trip was made to Fremont where the children splashed in the water, played in the sand, and cooked hot dogs over a fire. Their children have been working on developing memory and time sequence by tape recording sounds, words, and activities and then listening to, and discussing the tape later in the day.

Willie Bass spent the summer with us, courtesy of the Neighborhood Youth Corps Program. The children enjoyed his big brother type plan.

Suzanne Bradley's headstart class has been busy preparing for Kindergarten. We did not rotate during the summer months in order to make our school experience as much as possible like what the children will be facing this fall in public school. Eighty percent of the enrollment at the beginning of the summer are starting public school kindergarten this fall. The specific areas we worked on were: self-help skills, classroom manners, shapes, colors, numbers and self confidence.

During this past summer session my class took advantage of the field trip suggested. Since most of the children in my class were scheduled for enrollment in public school this fall, we devoted a lot of time on preparatory work that would be to their advantage. (example) Learning to write their names, their addresses and their ages.

Judy Rutherford
Fred Donaldson

Teacher, Stanley McKain's class was filled with new experiences. Field trips were numerous, educational and quite exciting. A few of the trips were Robert's Dairy, Doctor's Pet Shop, Hummel Park, Two Rivers, and a trip to the U.S.S. Hazard. Some of the children attended the Christ Child Camp or took vacations with their parents. One of the most exciting summer events was a birthday party and dance given one of the children. This summer left us with many exciting memories.

With continued care in the classroom and the cooperation of the parents, these children can be molded into fine acceptable citizens.

Aide, Lessie Rodrigues, contributed immensely to the growth and development of these children.

Doretha Wade
<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>1</td>
<td>Crisis Assistance Unit Open - 535 S. 35th Avenue, Telephone 345-9717</td>
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<td>4</td>
<td>Beatrice State Home Parent Group, 8:00 p.m., Wilma Wills, 3616 So. 114</td>
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<td>5</td>
<td>Adult Ed Course, 7-9 p.m., Regan Hall, 38th &amp; Burt</td>
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<td>6</td>
<td>Benson Vocational Services Center Parent Group meeting, 8:00 p.m., 6001 Military</td>
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<td>6</td>
<td>South Omaha Developmental Center Parent Group meeting, 7:30 p.m. at the Center</td>
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<tr>
<td>6</td>
<td>CHANCE Developmental Center Parent Group meeting, 7:30 p.m., 1702 Grace</td>
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<td>7</td>
<td>Childrens Memorial Hospital Parent Group, 7:30 p.m., Auditorium, Childrens Hospital</td>
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<td>11</td>
<td>Vocational Services Liaison Committee, 7:30 p.m. Location to be announced.</td>
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<tr>
<td>12</td>
<td>Adult Ed Course 7-9 p.m., Regan Hall, 38th and Burt</td>
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<td>12</td>
<td>ENCOR Recreation Services Advisory Committee, 7:30 p.m. at ENCOR</td>
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<tr>
<td>13</td>
<td>Sarpy Developmental Center Parent Group, 7:30 p.m. at the Center, 1910 N. Franklin</td>
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<td>14</td>
<td>Developmental Center Liaison Committee, 7:30 p.m. GARC office.</td>
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<td>13-16</td>
<td>NARC National Convention, Denver Hilton</td>
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<td>19</td>
<td>GARC Board of Directors Meeting, 7:30 p.m. ENCOR</td>
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<tr>
<td>19</td>
<td>Adult Ed Course, 7-9 p.m., Regan Hall, 38th &amp; Burt</td>
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<tr>
<td>20</td>
<td>Madonna School Parent Group Meeting, 7:30 p.m. at Madonna School</td>
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<td>21</td>
<td>MCRI Parent Group Meeting, 7:30 p.m. 444 So. 44th</td>
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<td>25</td>
<td>Omaha Public School Parent Meeting, 7:30 p.m., 3819 Jones (Building behind grade school)</td>
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<td>25</td>
<td>CHAP School Parent Group Meeting, 7:30 p.m., CHAP School Offutt Air Force Base</td>
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<td>25</td>
<td>Task Force on Special Education, 12 noon, Anthony's Restaurant, 72nd and F</td>
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<td>26</td>
<td>Residential Services Parent Advisory, 8:00 ENCOR</td>
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<tr>
<td>26</td>
<td>Adult Ed Course, 7-9 p.m., Regan Hall, 38th &amp; Burt</td>
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<tr>
<td>28</td>
<td>J.P. Lord School Open House and Parent Group, 7:30 p.m.</td>
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<td>28</td>
<td>Millard Public School Special Education Parent Group, Willie Carter Elem. School, 138 Kingswood Dr., 7:30 p.m.</td>
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<tr>
<td>28</td>
<td>Sarpy Vocational Services Parent Group, 7:30 p.m.</td>
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<tr>
<td>28</td>
<td>Westside Community School, 7:30 p.m. Arbor Heights School, 3410 S. 107th Ave.</td>
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<tr>
<td>29</td>
<td>United Community Services Meeting, 2:30 p.m.</td>
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A VISIT TO ROSEWATER SCHOOL

How do you teach mentally handicapped children?

Here are some of the techniques used at Rosewater School, 13th & Phelps Streets, by Mrs. Betty Mossman, who teaches a Primary II TMR class for children 8 to 11 years old, and Miss Cecilia Tequist who teaches an Intermediate TMR class for older children:

--Determination: Mrs. Mossman says: "I'm going to teach these children to read and write." When the Gazette visited her class, the nine pupils were reading an assignment that included words like "caution" and "Nebraska," and the pupils were doing quite well.

--Challenging the pupils: Miss Tequist's class demonstrated their skills in discipline and number recognition by playing three songs with melody bells. The pupils did so well that Miss Tequist says she is going to teach them to play the bells and xylophones in concert on number commands she will give them through electronic earphones. Any 13-year-old might have problems with that exercise, but Miss Tequist believes her pupils can do it.

--Perseverance: One of Mrs. Mossman's pupils had never gone to school before. The pupil had a discipline problem as well as other types of retardation.

At first, Mrs. Mossman said, the pupil attended class only a few hours a week. At one point, she said, she almost gave up, but she decided to stick with it. Now, the pupil attends class full time and has made significant progress in reading and writing, skill that the child's parents and some officials thought the pupil would never learn.

(Continued on page 6)
THE OPTIMISTIC WORKINGS OF AN EXECUTIVE DIRECTOR'S MIND

When I was young, I recall a teacher in a crowded high school who told his class a pointed fable -- it's interesting what this little story still sticks in my mind. The fable was about a group of grasshoppers who convinced one of their number that he was sickly and he couldn't jump as high as they. The "sick" grasshopper was left in the hot sun at the bottom of a rut in a dirt road because he was convinced by the others that he was too weak to jump out. But, some time later, this grasshopper came hopping rapidly after his friends who had left him. "Is it really you?" "How did you do it?" the other grasshoppers exclaimed. He replied, "Well, I was sitting at the bottom of that rut feeling all my power slowly being drained out of me by the sun. Then, I saw the wheels of this car coming down the road and I decided to get out!"

For hundreds of years, society has to some degree attempted to assign the mentally retarded and their parents to certain emotional and social ruts in which they were expected to live out their lives. In a sense they were programmed to this life-in-a-rut. They were gently or not-so-gently placed there by neighbor's misunderstandings, clergy interpretations and professionals, struggling to say something that sounded authoritative when they didn't know what they were talking about.

(This gets one thinking to himself about GOARC, Circa 1971)

Gosh!
There's a lot of parents in GOARC...
who are the jumpinest yet.
Some of those I've met...
they're not about to be kept in a rut.
But, those wheels of rapid change...
they're coming so fast.
The world's a kaleidoscope...
so many different pieces.
And most people now huddle in ruts
watching the pieces fall.
But, some of those parents in GOARC
are having the time of their life,
jumping to catch each piece,
looking at each one,
to see if it can be used
to better the lot of the one they love.
Isn't it great that the rest of us can cheer for them, join with them and help them to "jump" higher than they've ever "jumped" before.

Bob Perske
Mr. Brian Lemsink, Executive Director of the Eastern Nebraska Community Office of Retardation, and Mr. Jerry Grispenrog, Program Director at Beatrice State Home, will join in a presentation on "Community Impact."

Are Comprehensive Community Services for the Retarded available for all retarded citizens?

Have the time tables set forth in the Douglas County Plan and the Nebraska State Plan been realistic?

Are community efforts resulting in desirable changes at Beatrice State Home?

What plans are being prepared for the future of the retarded in the community? And in Beatrice State Home?

What will be GOMAC's role in the implementation of future plans?

Significant facts and figures will be presented, and the presentation should be of interest to all.

This program will be presented by the Greater Omaha Association for Retarded Children for members and friends. Public welcomed.

The meeting is to be held at the First Federal Savings & Loan Association, 2103 South 42 Street, Omaha, Nebraska.

The date is November 4, 1971.

A social hour, with refreshments, will begin at 7:30 P.M. The meeting, promptly at 8:00 P.M.

BE SURE TO COME *** AND BRING A FRIEND!
It wasn't Ringling Bros. Circus or a county fair but a small neighborhood carnival, that warmed the hearts of Liz Lankford and Bob Perske.

Dear Mr. Perske,

In our neighborhood there is a retarded boy by the name of Clayton Lankford. So we decided to have a carnival and give the money to a fund for the retarded.

Sincerely yours,

Michael Donaghy
Karl Larsen
Judith Donaghy
Diane Bowers

Dear Michael, Karl, Judith and Diane,

It was a kind thing you did...to have a carnival and then decide to give the money you made ($2.13) to help retarded boys and girls. You give all of us older folks hope. I'm sure glad for boys and girls like you. Because when you grow up, the people who are mentally retarded will be much luckier. It is my hunch that you will be kinder and more understanding. You will be the people that will help them to have a fuller life. Thank you for the money you sent. We will make sure it helps somebody.

Cordially,

Bob Perske
Executive Director
GOARC

GOARC THANKS YOU!!

Again, we thank our volunteers who helped us with the GAZETTE last month: Mrs. Goodrich, Mrs. DeMay, and Mrs. Gleason. Also, thanks to Dick Zion who ran the press in the absence of Kathy Ronk who was ill. We couldn't do without all of you!!!
WORKING PARTNERS

You and the service agencies!

Plan ahead! Be in the right spot at the right time to do the most for retarded in your facility.

Attend your Parent Advisory Committee meetings. Parent Advisory Groups have a ADVOCACY RESPONSIBILITY!

PILOT PARENT PROGRAM TAKING WINGS

Visualize a couple who has just found out their child is retarded. They have just moved to Omaha; alone with a thousand questions going through their mind. Such as what will happen to my child? Can he ever go to school? If so, is there a school that will take him at this young age? Who do I turn to? It is definitely a very depressing period for the young parents. Within a few days, a young couple with a retarded child of their own, arrive to help answer some of their questions and most of all...be a friend, one who has gone through the same experience.

This is what the Pilot Parent program is all about. Fran Porter, co-chairman, said the selected parents will call on these families as soon as possible after being informed of their child's mental handicap. They will inform them of all the services, let them ask questions, guide them into special interest groups, and above all, let them know they have a helping hand reaching out to them.

An orientation meeting for the parents will be held November 29. The pilot parents will

(Continued on page 9 column 1)
Above: Mrs. Mossman helps with reading and writing. Assignment on blackboard has some tough words.

Below: Rickey recites what he has written.

Cont'd from Page 1

---Acceptance: Both Miss Toquist and Mrs. Mossman said their pupils have been entirely accepted by other pupils at Rosewater. They praised Rosewater Principal Mrs. Viola Taylor for her efforts in integrating the TMR classes into the school's regular activities.
Above: Bells teach number recognition, discipline, cooperation as well as music.

Right: Miss Teaquist helps Joe with difficult exercise in minute coordination.

Left: David, left, and Ricky made pumpkin faces using tiny dots of paper and even tinier droplets of glue.
PARENTS WHO MUST STAY CLOSE TO HOME...

WANNA HELP???

The GOARC office is buzzing. Linda Lund and Shirley Ortmeier have been swamped with detail work. It occurred to the office staff that there are parents in GOARC who would be happy to do these small tasks in their own homes: such things as checking address lists, making telephone calls, assembling kits, etc. It would be hoped that two good things would come of such projects.

(1) GOARC members who must stay close to home will be able to feel they are making a contribution to the GOARC cause and

(2) The GOARC staff team will have a closer relationship with some of its members. If you're interested in helping, please call Linda Lund, Administrative Assistant at 346-6338.

NEW MAGAZINE FOR PARENTS OF EXCEPTIONAL CHILDREN

For parents who are seeking practical guidance in understanding and caring for their retarded child, there is a new magazine entitled the Exceptional Parent. Thus far, the magazine has gotten excellent reviews. It is filled with many practical down to earth articles written expressly for parents. It is published 6 times per year by Psy-Ed Corporation, 264 Beacon Street, Boston, Massachusetts. Subscription rate is $12.00 per year.

Direct all correspondence to:

The Exceptional Parent, P.O. Box 101, Back Bay Annex, Boston, Massachusetts 02117.

TRAINING SESSION HELD IN COLUMBUS

A training session for regional directors and directors of Vocational Service Centers was held in Columbus, Nebraska on October 28-29. The session dealt with the clarification of wage and hour legislation and also furnished fresh ideas on contract procurement and bidding. This is just one of the many training sessions that Al O'Dell, Coordinator, Mental Retardation Manpower Development, schedules through the year.

HOW 'BOUT THAT!!!

One of the GOARC team members, Bob Perske will be speaking on mental retardation at Holy Cross Lutheran Church November 7.
Honey Sunday Kick-off Coffee
November 6, 1971
Nine-thirty to eleven in the morning
Governor's Mansion
1425 H Street
Lincoln, Nebraska

R.S.V.P.
Nebraska Association for Retarded Children
140 South 27th Street
Lincoln, Nebraska 68510

Mr. Barker,
Please extend this invitation to your entire membership.
We hope to see you November 6th.

Mrs. Nancy Grinstead
Coordinator

PILOT PARENT PROGRAM (cont from pg 5)
take a month's training in January to learn how to handle all situations. The committee is in the process of contacting pilot parents and Fran hopes that the program will be off the ground by the end of January.

CITIZEN ADVOCACY IS UNDERWAY
by Helen Zauha

Tension and excitement built up in the office October 12, during the day, as we looked forward to the first evening orientation session explaining the Citizen Advocate Program to interested persons. How many people would come? Would anyone choose to apply for consideration as a citizen advocate to a retarded person?

Much of the misgiving gave way at 7:30 p.m. when more chairs had to be pushed into the backroom of the GOARC office to accommodate 28 parents, visitors to Omaha, staff members, supporters of citizen advocacy, and people interested in the possibilities of service as advocates. As a perfect ending to the evening, several of the participants submitted applications, truly putting the citizen advocacy program into operation.

Interviews are being held with these people to find out their special skills and interests. They will attend two additional training sessions prior to being matched with proteges.

Another orientation like the first one will take place November 8, at 7:30 p.m., also in the GOARC office (608 Barker Building). Anyone interested in learning more about the Citizen Advocate Program is welcome. It will be hard to top the supportive response we had for the first session, but we are making plans for moving into the larger front room if necessary.
George Anderson represented the CHANCE staff at the NARC convention in Denver and participated in the ENCOR Developmental Center's presentation. He gave an intensive developmental report on Dana Porter, son of Tom and Fran Porter. CHANCE parent Catherine Williams also attended the Denver conference.

Girl Scout troops from North and South Omaha joined forces to make the CHANCE Halloween party a memorable one. Mrs. Erma McCarty's Girl Scouts cooked up quantities of traditional goodies such as popcorn balls and candied apples, while three Scout troops and two Brownie troops from Laureen Kripal's school in South Omaha created several candy-laden pinatas, plus dozens of hats, noisemakers and the like.

The Party, held October 29th, was a real test for the newly organized CHANCE room mothers.

"Integrations" will be the theme of a presentation to be given November 4th at the Minneapolis convention of the National Association for the Education of Young Children. Dennis Adams, Fred Donaldson, Mary Petsche and Judy Rutherford will attend the four day conference and give the report at the invitation of the NAEYC. Their 90-minute presentation will include a half-hour slide program prepared by the CHANCE staff and will spotlight the many kinds of integration represented by CHANCE students and staff, particularly the ability of children with varying degrees and types of handicaps to learn together and help teach each other.

Positive-Reinforcement-of-the-Month Award goes to CHANCE teacher and Mustang star George Anderson. Called upon recently to sub for the ailing Mary Petsche, Anderson handled the assignment with characteristic cool -- and demonstrated a dazzling talent for broken field running as he alternated between his duties and hers. Way to go, George baby!
DOORS OPEN FOR PENNSYLVANIA'S RETARDED CHILDREN

The door to a fuller life through public education has swung open for Pennsylvania's 100,000 retarded children.

Under a landmark federal court decree that might break down barriers for retarded children in all states, Pennsylvania will begin free education and training for all retarded children, not just those who adapt to special programs now in operation. Many retarded children will attend regular classes with normal children. The decree was signed following a suit brought by the Pennsylvania Association for Retarded Children under the 14th Amendment's due process clause.

Mrs. Patricia Clapp of Pittsburgh, PARC Chairman, hailed the ruling as "a landmark decision which we are informed will be the basis for other similar civil action elsewhere in the country."

Gov. Milton J. Shapp said the decision will "end the warehousing of the mentally retarded in institutions."

A board was established to decide how to get the new program going. Under the court-ordered system, the State Education Department is required to plan an individualized program for each child after identifying and evaluating the retarded. Parents will have the right to appeal the state's decision on a program for their child. Under the new plan school districts with regular preschool programs must also provide training for preschool retarded.

Many of the retarded students will be placed in regular public school classrooms. "The children will be placed with the presumption that putting them in normal classes in regular public schools is best," a Pennsylvania spokesman said. "Many will have to be in special classrooms in regular schools, while others will have to attend special schools, depending on their individual problems."

The court ruling also requires the state to provide at-home education where necessary.

The three judge panel said, "It is the commonwealth's obligation to place each mentally retarded child in a free, public program of education...placement in a regular public school class is preferable to placement in a special public school class."

KSTV ASKS ENCOR TO BE REGULAR

The News Department of KETV (Channel 7) has asked Judie Rasco to coordinate a regular appearance the fourth Thursday of each month on their "Noon at 7" news show. Helen Zauha, GOARC's Director of Citizen Advocacy was featured on October 28.

GOARC General Membership Meeting

Nov. 4
7:30 coffee
8:00 meeting
<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>1</td>
<td>Citizen Advocacy Orientation Meeting 7:30 P.M. - GOARC office</td>
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<tr>
<td>2</td>
<td>ENC OR Crisis Assistance Steering Committee 7:30 P.M.</td>
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<td>2</td>
<td>Adult Ed Course - Regan Hall 7-9 P.M.</td>
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<td>2</td>
<td>Personnel Committee GOARC office 7:30 P.M.</td>
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<td>3</td>
<td>Benson Vocational Services Center Parent Meeting 7:30 P.M.</td>
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<td>3</td>
<td>CHANCE Parent Meeting 7:30 P.M.</td>
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<tr>
<td>3</td>
<td>South Omaha Developmental Center Parent Meeting 7:30 P.M. - ENC OR</td>
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<tr>
<td>4</td>
<td>GOARC General Membership Meeting, 42nd and Center 8:00 P.M.</td>
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<tr>
<td>5</td>
<td>Honey Sunday Kick-Off Coffee - Governors Mansion, 9:30 - 11:00 A.M. R.S.V.P.</td>
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<td>8</td>
<td>Citizen Advocacy Orientation GOARC office 7:30 P.M. - Regan Hall</td>
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<tr>
<td>9</td>
<td>Adult Ed Course 7-9 P.M. - Regan Hall</td>
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<td>9</td>
<td>Special Interest group on Down Syndrome - Bob Perske speaks &quot;New Hope for the Parents of the Retarded&quot;</td>
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<td>10</td>
<td>Sarpy Developmental Center Parent Meeting 7:30 P.M. - 1910 N. Franklin</td>
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<tr>
<td>11</td>
<td>Parent Classes - Precision Teaching - Benson Dev. Center Parents 7:30 - 9:00 P.M.</td>
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<tr>
<td>11</td>
<td>Developmental Center Liaison Committee 7:30 P.M. - GOARC</td>
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<tr>
<td>13</td>
<td>Regional Convention Program Committee - GOARC members standing by for time.</td>
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<tr>
<td>15</td>
<td>Citizen Advocacy Training Session - GOARC 7:30 P.M.</td>
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<td>15</td>
<td>Task Force on Special Education, 3819 Jones 12 noon</td>
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<tr>
<td>16</td>
<td>Millard Public Schools Parent Group meeting 7:30 P.M. - Montclaire School</td>
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<td>16</td>
<td>Adult Ed Course - Regan Hall 7-9 P.M.</td>
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<tr>
<td>16</td>
<td>GOARC Board of Directors Meeting 7:30 P.M. - ENC OR</td>
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<tr>
<td>17</td>
<td>Madonna School Parent Meeting 7:30 P.M.</td>
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<td>18</td>
<td>MCRI Parent group meeting 7:30 P.M.</td>
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<tr>
<td>18</td>
<td>Citizen Advocacy Training Session 7:30 GOARC office</td>
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<td>Parent Classes - Precision Teaching - Benson Developmental Center Parents 7:30 - 9:00 P.M.</td>
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<tr>
<td>18</td>
<td>Westside Community Schools - 7:30 P.M. - Arbor Heights</td>
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<tr>
<td>21</td>
<td>MONEY SUNDAY - We need you all !!!!!</td>
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<tr>
<td>22</td>
<td>CHAP School Parent Meeting 7:30 P.M.</td>
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<td>22</td>
<td>Omaha Public School Parent meeting - South Admin. Annex cafeteria 7:30 P.M.</td>
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<tr>
<td>23</td>
<td>Adult Ed Course 7-9 P.M. - Regan Hall</td>
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<td>25</td>
<td>Happy Thanksgiving ! !</td>
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<tr>
<td>29</td>
<td>Pilot Parent Orientation 7:30 P.M. - GOARC</td>
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<tr>
<td>30</td>
<td>Bellevue Vocational Services Center Meeting 7:30 P.M. - 114 W. Mission, Bellevue</td>
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