Ollie Webb—Someone Who Made a Difference

Some people go through life unaware of their heroic status. Ollie Webb was one of those people.

Known as an outstanding spokesperson for those with disabilities she enthusiastically promoted their rights, responsibilities and freedom whenever possible.

"If you listened to Ollie," said Patty McGill Smith, "you would hear about her people and how she loved them."

The type of person "who never met a stranger," Ollie was "a beloved friend to all who knew her."

Born in Oklahoma, Webb "survived many years living in the Beatrice State Development Center (BSDC) in Nebraska," according to McGill Smith. "After leaving BSDC, she was placed in various nursing homes where she was used as an indentured servant.

"Only after she was rescued out of this horrible situation did she rise to become a leader and spokesperson for the downtrodden," she said.

"She worked to try and stop the institutionalization of her peers. It was her life’s work to see that people were given a chance to live in freedom without being put away or out of sight."

Employed at the Field Club of Omaha for 17 years, Webb was an original member of Project II, eventually serving as president. Project II provides educational, social and self-advocacy opportunities for adults 18 and older who experience developmental disabilities.

She was also president of People First, representing the organization at state, national and international conferences—promoting self-advocacy, discussion, education and decision-making.

As a home and rental property owner, Webb was considered a forerunner in home ownership for people with disabilities.

In 1998 the Greater Omaha Association for Retarded Citizens (GOARC) was re-named the Ollie Webb Center, to honor "a remarkable role model."

An explanation of the change appears on the Center’s website: "The Ollie Webb Center’s name honors a life well-lived in spite of unique challenges—and reminds us that people should be known by their names and accomplishments, not by their disabilities."

In 2002 Webb was featured in a book published by the American Association on Mental Retardation (AAMR). Out of Darkness and Into the Light: Nebraska’s Experience in Mental Retardation outlines the state’s model for successfully dealing with the condition of mental retardation.

According to AAMR, the book describes how people with mental retardation in Nebraska evolved from being castaways living in institutions under deplorable conditions, to being contributing members of their communities.

The chapter on Webb was appropriately titled "Call Me By My Name."

Since the independent living movement began in the 1970s, internationally-known disability rights leaders—such as the late Justin Dart and Ed Roberts—have encouraged fellow advocates to search among their ranks for local leaders and everyday heroes.

Those who knew Ollie Webb had found a leader and a hero. On November 25 she died peacefully at the University of Nebraska Medical Center—in the company of her daughter Nancy, family members and a number of friends.

She will be missed, but those who were close to her believe her life will continue to inspire and guide others.
ON THE LEVEL is the bimonthly newsletter of the League of Human Dignity, Inc.

The League of Human Dignity is a consumer based nonprofit organization, whose purpose is to promote the full integration of persons with disabilities into society. To this end, we will advocate their needs and rights, while providing quality service to assist them in becoming and remaining independent citizens.

Established in 1971, the League now serves consumers in 62 counties throughout Nebraska and Southwest Iowa through our Centers for Independent Living in Lincoln, Norfolk, Omaha, and Council Bluffs; our Panhandle Medicaid Waiver Office in Scottsbluff; and our subsidiary, Mobility Options in Lincoln.

ON THE LEVEL is available in Braille and on audio cassette. To request these formats, contact the Public Information Office in Lincoln, or the League of Human Dignity in your area.

To update support group listings (pages 12-14); place classified ads for accessible equipment or supplies (page 15); or to provide news items and other related information contact:

Editor, ON THE LEVEL, League of Human Dignity, 1701 P Street, Lincoln, NE 68508; 402-441-7871 Voice TDD; FAX: 402-441-7650; dmitzlaff@leagueofhumandignity.com

A Holiday Message

Dear Friends of the League,

Being home for the holidays can be a challenge this time of year—when road conditions or grounded flights prevent us from spending time with our loved ones.

But for those with disabilities, being at home can be a year-round concern.

Will we be told we can no longer live at home because our medical needs have changed? Can we continue preparing meals or cleaning the house? Will a stairway keep us from getting in or out of our apartment? How can we be safe if we can't hear the telephone or the smoke alarm? What if we're unable to read the mail or see who's at the door?

These are just some of the concerns facing many of us whose independence is threatened by the physical, social and attitudinal barriers facing those with disabilities.

At the League of Human Dignity, we emphasize to our consumers that living independently doesn't mean being able to do everything ourselves. It means having control over our own lives—by maintaining the right to make our own decisions about where and how we live.

If we need assistance with personal care or household chores, hiring someone to help us in our own homes may be the solution. Others may require customized equipment or modifications to their homes, offices or vehicles.

Helping people live more independently is our mission at the League of Human Dignity. Each year we assist our consumers as they seek the funding, community resources, specialized equipment, personal skills and self-advocacy training they need to help them achieve their individual goals.

Founded in 1971, we now serve 62 counties across Nebraska and Southwest Iowa. Throughout our history, the continued generosity of friends like you has helped us make the dream of independence a reality for our consumers.

Many of us take our homes for granted—especially as the winter holidays approach. But ask anyone spending time in a hospital, a rehabilitation center or an extended care facility what's at the top of their wish list.

We're betting most of them would say the only gift they really want is to be at home with their loved ones. Your contribution can help us make these holiday wishes come true—the whole year through!

Thank you.

Stan Dinkelman
Board Chair

Mike Schafer
Chief Executive Officer

ON THE LEVEL STAFF

Mike Schafer, CEO
Deb Mitzlaff Koenen, Editor
Bill Rush, Contributing Writer

LEAGUE OF HUMAN DIGNITY

www.leagueofhumandignity.com
Our Mission is to actively promote the full integration of individuals with disabilities into society. To this end, we will advocate their needs and rights, and provide quality services to involve these persons in becoming and remaining independent citizens.

You Can Help by sending a donation in any amount to the League of Human Dignity, 1701 P Street, Lincoln, NE 68508. You may honor a loved one’s birthday through an Honorarium Gift; remember someone special in death with a Memorial Gift; include the League in your will; support our annual benefit auctions; or be creative and come up with your own style of giving!

Thank You For Your Donations!

Builder
J. C. Seacrest Trust

Century
J. Paul McIntosh

Believer
Frances Young

Friend
Anonymous
Mary Anne Meier

In Memory of
Eleanor Oakes
Altan Borhart
John Oakes

In Memory of
Michael Warren
Morna Warren

In Memory of
Fredrick Wegner

I believe in the League of Human Dignity
Please accept my support at the level indicated below:

- Builder $500
- Supporter $250
- Century $100
- Believer $50
- Friend $25
- Other $ ___

Name __________________________
Address _________________________
City ____________________ State __ Zip __________

Please make checks payable to: League of Human Dignity
Your gift is tax-deductible to the extent permitted by law and is not legally binding. Thank You!
WELCOME TO:

Kellie Rix
Independent Living Advisor
Omaha Center for Independent Living

FAREWELL TO:

Mari Bynum
Independent Living Advisor
Omaha Center for Independent Living

Cathy Dannar
Medicaid Waiver Services Coordinator
Panhandle Medicaid Waiver Office

Monika Wilkinson
Secretary
Lincoln Center for Independent Living

LEAGUE OF HUMAN DIGNITY

UNITED in our mission to promote independent living for those with disabilities

Where to find us....

LEAGUE OF HUMAN DIGNITY

NORFOLK
Center for Independent Living
400 Elm Avenue
Norfolk, NE 68701
402-371-4475 (V/TDD)

SOUTHWEST IOWA
Center for Independent Living
1417½ West Broadway
Council Bluffs, IA 51501
712-323-6863 (V/TDD)

OMAHA
Center for Independent Living
5513 Center Street
Omaha, NE 68106
402-595-1256 (V/TDD)

PANHANDLE
Medicaid Waiver Office
17 E 21 St #2
Scottsbluff, NE 69361
308-632-0470 (V/TDD)
THANK YOU, VOLUNTEERS

CONGRATULATIONS TO KEN LINDHORST VOLUNTEER OF THE YEAR AWARD WINNERS

OMAHA Volunteer Coordinator Tracy Curtis (left) offers Kathlene Egbers a closer look at the office plaque to which her name has been added as Volunteer of the Year for 2003. Egbers volunteers as a receptionist at the League of Human Dignity Center for Independent Living (CIL) in Omaha.

LINCOLN Volunteer of the Year Suzanne Lintz (center) was unable to attend the Volunteer Appreciation Luncheon so League representatives presented her award at a surprise ceremony hosted by her fellow staff members at Wells Fargo Bank. Lintz volunteers as chair of the annual benefit auction sponsored by the Lincoln CIL. Congratulating her are (left) League Administrative Assistant Elaine Usher and Marlene Brondel, director of the Lincoln CIL.

NORFOLK Volunteer of the Year Melani Hall is congratulated by Lind Carey, director of the Norfolk CIL. A high school junior, Hall spends several after-school hours volunteering at the League, assisting with a variety of tasks and special projects.

SOUTHWEST IOWA Shayne Fill (right) is about to hear her name announced as Volunteer of the Year for the Southwest Iowa CIL in Council Bluffs. Fill volunteers her services as an auctioneer for the League's annual benefit auctions. Also pictured is last year's Volunteer of the Year Award winner, Maggie Albertson.

YORK Among the guests at the Volunteer Appreciation Luncheon hosted by the York Chapter of the Lincoln Membership Group was York News Times reporter Kerry Heine. She is pictured here taking notes while interviewing volunteers on their involvement in the League of Human Dignity and the meaning of independent living. Pictured (counter-clockwise from back) are Stan Dinkelman, Virginia Fox, Karren Radcliff, G.H. Liggett, who joined the group for lunch, Sue Curran with her service dog Woody and Ken Mayberry.

ABOUT THE AWARD Each year the League of Human Dignity honors an outstanding volunteer in each of its four Centers for Independent Living (CIL). The award is named in honor of the late Ken Lindhorst, who set the standard for volunteers in the early days of the League.
When a major public facility opened in Omaha without accessible parking, ADAPT NEBRASKA swung into action. Within a few weeks the situation was resolved.
"There are other spaces which could be future handicap parking spots but they are not marked as such, so anybody can and did park there. If this was the intention I would like to see MECA and the City of Omaha block these spots off in a temporary fashion to insure that people entitled to park there do.

"Also, I sincerely hope that these additional parking spaces are appropriately painted and marked as required by law in a timely manner.

"If it is necessary for me to file charges with the Department of Justice, I will do that. I will be attempting to attend this event again and I hope that a temporary solution will be implemented.

"I will expect a response within 10 days outlining the timeline for permanent remedy."

On November 10 Angus sent this e-mail:

Kathy asked that I thank all of you for your support in her "quest" to make sure that persons of ALL Abilities would be welcomed at the QWEST Convention Center. The city of Omaha was originally responsible for the parking lots, but felt that it would be best if MECA handled all the property.

As a result, Roger Dixon, President and CEO of MECA, has surpassed our expectations and will have installed 27 more accessible stalls than required by the ADA by the end of this month.

I have checked out the lots and am pleased with the results. Mr. Dixon has been most courteous. A portion of Kathy's letter to him follows.

Dear Mr. Dixon: ...

Do the Math!

Wondering if the parking lots you use provide adequate accessible parking?

Here's what the Americans with Disabilities Act (ADA) requires:

<table>
<thead>
<tr>
<th>Total Parking Spaces in Lot</th>
<th>Required Minimum Number of Accessible Spaces</th>
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<tbody>
<tr>
<td>1 - 25</td>
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<tr>
<td>26 - 50</td>
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<td>51 - 75</td>
<td>.3</td>
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<td>301 - 400</td>
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<td>401 - 500</td>
<td>.9</td>
</tr>
<tr>
<td>501 - 1000</td>
<td>2 percent of total</td>
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<tr>
<td>1001 &amp; over</td>
<td>20 plus 1 for each 100 over 1000</td>
</tr>
</tbody>
</table>

In addition to the required number of accessible parking spaces, the ADA also specifies a minimum width of 60 inches for access aisles adjacent to accessible spaces. At least one space (or one for every eight spaces) must be designated "van accessible" with a 96-inch clearance and an adequate vertical clearance. (See ADA for details.)
**OPEN HOUSE**

**November 7**

**Visitors from the East!** Shirley and Bob Anderson dropped in from Council Bluffs, IA.

**Checking it out!** Bill and Carolyn Hobbs of Lincoln stopped by for lunch and a look around.

**Late Lunch!** The timing was great for Cheri Hansen and Sharon Buell who just missed the noon crowd.

**Taking a chance!** Steve Duvall (left) of Lincoln and James Kroeger of Schuyler try their luck by registering to win a DVD player.

**Join the crowd!** If a prize had been given for the largest group in attendance, the winner would have been this bunch—who didn’t even fit in one picture! (from left) Nathan, Jacob, Blake and Linda Bratten with Melissa, Moriah and Judy Lindell.
League Membership Group Hosts Annual Fundraiser

Fun, food and plenty of merchandise were available to the public at the October 4 annual fundraiser sponsored by the League of Human Dignity Membership Group.

A variety of vendors filled the League of Human Dignity board room in Lincoln with a wide selection of handmade items, crafts, holiday gifts, household goods, kitchen utensils, beauty products and more.

A percentage of the day's profits are donated to the Membership Group each year.

Homemade food and snacks were on hand to help the shoppers and vendors keep up the pace of this once-a-year mega-marketplace.

Mabel Weiler and Kathy Parker take a break from the action.

Lucky for Betty Younkin, many of her Tupperware items are made to stack together—or she'd never fit them all in a vendor's booth!

Steve Walline seems to be enjoying his first experience at this popular annual event.

Beverly Stretch appears to have embroidered herself into a corner—but her stitches are perfect!

Only a mother-daughter team like Bernice and Nikkola Thompson could survive more than four hours together in a hot kitchen!

Want to join the Membership Group?
Call Paul or Laura Moore at 402-489-8356
A woman in Florida is challenging public opinion as to what constitutes life worth living and who should be given life.

The news media was cut and dry about the topic. The woman, Terri Schindler-Schiavo, was in a coma, unable to respond to anyone and without conscious thought.

But her family reported that she followed balloons with her eyes, said rudimentary words like, "Mama" to her mother. She makes sounds of dissatisfaction when her bed isn't comfortable. A comatose person wouldn't do these things.

Her husband maintains that Terri would want to die in this condition. Her husband also has a girlfriend with whom he has had a baby and another is on the way.

There's a speech pathologist who has testified most recently under penalty of perjury that he believes that Terri can be weaned from the feeding tube. "However, as soon as the money was in the bank, Michael put a 'do not resuscitate' order on the chart, realizing back in the early 1990s he would inherit $750,000 if Terri died, and began to refuse medical treatment such as antibiotics for infections and so forth.

"In 1998, when Terri didn't die he filed a request with Judge Greer to be allowed to remove her feeding tube, and that's how this whole business started."

In a stunning sworn affidavit, Carla Sauer Iyer, a registered nurse who was employed at Palm Garden of Largo Convalescent Center in Largo, Florida, from April 1995 to July 1996, while Terri Schiavo was a patient there, testified: "Throughout my time at Palm Gardena, Michael Schiavo was focused on Terri's death. Michael would say 'When is she going to die?' 'Has she died yet?' and 'When is that - - - - gonna die?'"

Others at Palm Garden also testified similarly in sworn affidavits. All swore that Terri had spoken to them frequently and backed Iyer's recollections.

As to Michael Schiavo's possible motives, it is important to realize that Michael Schiavo is engaged to be married. The Schiavos are Catholics. That religion grants marriage annulments only in extreme cases.

On October 22, 2003, the Association of American Physicians and Surgeons (AAPS) issued this statement from Jane M. Orient, MD, in response to the emergency action of the Florida legislature to reinstate feeding and hydration of Terri Schindler-Schiavo. The AAPS doctors said that Schindler-Schiavo is NOT a "death with dignity" issue.

Orient's statement: "Terri Schindler-Schiavo has won a temporary stay from execution by a method too cruel to be used for convicted criminals. And yet her husband's attorney is trying to spin it into a 'death with dignity' issue with his comments on Tuesday. "He says it's cruel to begin rehydration. The opposite is true—dehydration is a cruel, painful death. It is unconscionable that the state would have allowed removal of her feeding tube in the first place—it's nothing less than state-sponsored euthanasia. "She is not dependent on advanced medical interventions. Nothing is mechanically beating her heart, or forcing oxygen into her lungs. She is simply being fed through a gastrostomy tube. Would we allow a retarded child to be starved to death? "Some physicians believe that Terri could be rehabilitated to some extent, at least so that she would be able to swallow oral feedings and eliminate the need for the tube. "She should be allowed to try, but so far her husband has blocked every attempt to see if she can swallow. Doctors have offered pro bono treatment, if money is the barrier for her husband. "Although severely disabled, some believe that she does have the capacity to communicate a desire to live. The husband has obstructed efforts at rehabilitation or independent assessments of his wife's true state. "Where are the 'compassionate end-of-life' groups such as the Robert Wood Johnson 'Last Acts' initiative, and why aren't they weighing in on this? "The ethical question for her nurses and physicians is whether they will cooperate in carrying out a death warrant. "And the ethical question for all of us is whether we will allow the state to obstruct the efforts of people who want to provide medical care to a patient who wants to receive it. "If we go down that path, who's to say what treatment the state will prevent you from getting.

This is not a question of the right to die with dignity. This is a case of a selfish, self-centered man abandoning his wife. What's next? When we get the flu, do people with disabilities become candidates for death? Think about it.
Easter Seals Nebraska Announces Winter/Spring Mini-Camp Respite Season

Easter Seals Nebraska's Mini-Camp Respite Weekends for individuals with disabilities is currently underway at Camp Eagle in Fremont, Nebraska. The Mini-Camps run on the off months from the Summer Camp season—typically September through May—and are run much like the camp.

Founded in 1968, Camp Easter Seals is a co-ed camp for children and adults with physical and developmental disabilities. Camp works to help participants develop new skills and self-esteem while having a good time. The staff is dedicated to providing outdoor educational, recreational and therapeutic experiences to Nebraskans with disabilities.

Depending on the time of year and weather conditions, programs often include but are not limited to sports and games, music and drama, nature, arts and crafts, swimming, cookouts, tent camping, and horseback riding. All are designed to accommodate people with any type of disability.

The Mini-Camp Respite Schedule for the first half of 2004 will be:

January 9 – 11
January 30 – February 1
February 13 – 15
March 26 – 28
April 2 – 4
May 7 – 9

To register or for more information: Call Camp, Respite and Recreation Director Sheryf Fratt at 1-800-650-9880, extension 2.

Metro Housing Development Corporation
1701 P Street • Lincoln, NE 68508

NOW TAKING APPLICATIONS
One & Two Bedroom Apartments
York • Hastings • Columbus • Norfolk

The units come with a Section 8 certificate and rent is based on income. Applicants must have a physical disability or be elderly to qualify.

CONTACT:
Paula Shufeldt
Housing Manager
1-800-310-9605 (V/TDD)
pshufeldt@leagueofhumanandignity.com

SNOW CLOSING INFORMATION
We have designated KFOR Radio as our official weather station.

In times of severe weather, please tune to KFOR 1240AM for the latest word regarding any cancellations.

KFOR 1240 AM
The one you turn to for winter weather information.
When You Need Someone Who Understands

The information listed here has been shared with the League of Human Dignity by individuals and organizations involved in local, regional and national associations and support groups. Please let us know if you would like to add a listing.

For corrections, additions or special announcements, contact Deb in Public Information, League of Human Dignity, 1701 P St, Lincoln, NE 68508; 402-441-7871 (V/TDD); FAX 441-7650; dmitzlaff@leagueofhumandignity.com

ADD vance

Support Group, Council Bluffs, 3rd Tuesday of each month at 7 pm, Lewis Central Middle School.

Advocacy

EAD-Equal Access for the Disabled, meets 1st Monday of the month at 1:30 p.m. at the Council Bluffs IA, 6th St & 9th Ave. Contact Pat Buller, President 712-323-1894 or Pat Lawson, Secretary 712-323-3438.


ALS

Amyotrophic Lateral Sclerosis (ALS) (Lou Gehrig’s Disease) Support Group (MDA), Omaha, 7602 Pacific St, Suite 200, 68114 Jessi Thomsen, (402) 390-2914.

Nebraska Office, Shaker Place, 10730 Pacific, Ste 228, Omaha, NE 68114, 402-572-3040; FAX: 402-572-3048; Info.ia@arthritis.org; www.arthritis.org

Alzheimer’s Support Group, 1st Thursday of each month, Beverly Healthcare, 111 W. 36 St, Scottsbluff, Tammy Sauer or Bobbi Turner (308) 635-2019.

Amputee

Amputee Support Group, Bellevue, Sue Johnson (402) 733-4954; 2nd Sunday each month, 1-3 pm, Midlands Community Hospital, Reifschneider Suite, 1st Floor. Call any time. Come chat with us!

Arthritis

Arthritis Foundation Nebraska Chapter, Omaha, meets monthly; 402-572-3040; FAX: 402-572-3048; www.arthritis.org

Columbus, Jolene 402-564-7571

Grand Island, Connie 308-399-5565

Lincoln, Kaye (402) 481-3399.

North Platte, Doris 308-534-4228

Omaha, Patti (402) 895-6263

Ord, Don (308) 728-3306

Arthritis Foundation Iowa Chapter, Des Moines, meets monthly, 515-278-0636; FAX: 515-278-2636; info ia @ arthritis .org; www.arthritis.org

Ataxia

Ataxia Support Group, Omaha, Lavonne (402) 573-5538.

Athletics

Cornhusker Wheelchair Athletics Ass’n Lincoln Matt (402) 421-8434.

Eastern Nebraska Wheelchair Athletic Association, Omaha, Greg (402) 289-3521.

Junior Wheelchair Basketball Team, Omaha, Mike (402) 554-2539; Rita (402) 551-4598.

Autism

Autism Society of Nebraska, Jean McDermott (402) 431-0166

Families for Early Autism Treatment (FEAT) of Nebraska, Mark Hirschteld (402) 955-1780

Unlocking Autism, Connie Shoichy (402) 933-2565

Blind/Visually Impaired

C-Big (Council Bluffs Blind Information Group) Chuck Dietz (712) 323-4817.

United Blind of Omaha, Gary 402-455-4116, Sherry 556-4156.

Support Groups for the Visually Impaired Albion, Center, Columbus, Norfolk, Tekamah, Westpoint, John/Glen 402-370-3436.

Support Groups for the Visually Impaired in Iowa, Iowa Department for the Blind 1-800-362-2587

VIPS Support Groups for visually impaired; over 1000 members throughout Nebraska; to find your group, contact: President Howard Simons, Isanders Group, 324 W 13 St, Grand Island, NE 68801; 308-381-8003.

Cancer

American Cancer Society, Heartland Division (Omaha Office) 402-393-5800; 1-800-642-8116 PLEASE CALL FOR SUPPORT GROUPS IN OMAHA AND SURROUNDING AREAS

Support Groups, 2nd Tuesday of each month, 7-8 pm, Clarinda Regional Health Center, Clarinda

Coping With Cancer Support Group, University of Nebraska, Lincoln, Thursdays, 6-7:30 pm Nebraska Union Rm 338. Call Yasmin (402) 472-7450.
Breast Cancer Support Group Lincoln; meets 1st Wednesday of the month 7 - 9 pm. Call Mary Meredith-Scheidig, cancer care coordinator, for schedule and topics: 402-219-7258.

Chronic Pain

- Lincoln Chapter, American Chronic Pain Association, 1st & 3rd Tuesdays each month, 7-8:30 pm, First Step Recovery & Wellness Center, 2231 Winthrop Rd. For details call Chapter President Terrance Dukes 402-423-9405.

Deaf

- Nebraska Commission for the Deaf and Hard of Hearing (NCDHH) 4600 Valley Rd, Ste 420; 402-471-3593 or 1-800-545-6244.
- Communication Service for Deaf of Iowa, employment services 712-322-1485.
- Deaf Services Commission of Iowa, 1-888-221-3724 V/TTY.

Depression

- Manic Depressive and Depressive Association Lincoln 402-483-6986.
- Greater Omaha Depression & Manic Depressive Association, Omaha, Kate 402-551-3275.

Developmental Disabilities

- The Arc of Lincoln/Lancaster County, providing support to people with developmental disabilities & families through Individual and Family Support Services; Family Connections, Women Investing in Now (WIN); Dads Events; Sibsshops: People First of Lincoln; Resource Library; Vacation Program; Group Residences, 1101 Arapahoe, Ste 5, Lincoln, NE 68502, 402-421-8866, FAX: 421-8922, Arcoflincoln@aol.net.

Diabetes

- American Diabetes Association Fremont Chapter 402-727-9431.
- Lincoln Area Chapter, Pam 402-486-8777.

Down Syndrome

- Omaha Nat'I Down Syndrome Society (NDSS) Nebraska Affiliate; Contact Mary: 402-553-5335 or nebuddywalk@cox.net.
- Down Syndrome Association for Families; Lincoln, NE Parent and family group; meetings, mother’s coffees, newsletter, holiday events, Buddy Walk, parent packets, Call: Deb Safarik: 402-466-7641.

- Lincoln Early Development Services Coordination 402-441-6710
- Early Development Network in Lancaster County; ESU #6, 1-800-327-0091
- Early Childhood Training Center 6949 S 110 St Omaha, NE 68138; 1-800-889CHILD (media library offers books, videos, etc)
- National Down Syndrome Congress, 7000 Peachtree-Dunwoody Rd NE, Bldg 5, Ste 100, Lake Ridge Office Park, Atlanta, GA 30328, 1-800-232-6372, FAX 7700-604-9898, ndsscenter@aol.com
- National Down Syndrome Society 666 Broadway, New York, NY 10012, 1-800-221-3724, FAX 212-973-2873 info@ndss.org.

Dyslexia

- Lincoln, Irene 402-327-0751.

Epilepsy

- Epilepsy Association of Nebraska, Omaha 402-558-7383.

Fibromyalgia

- Support Group, Lincoln, meets at Madonna Rehabilitation Hospital. For details and meeting schedule, call Liz Busch 402-423-2787.
- Omaha, Arthritis Foundation 402-558-7383.

FMS-CF Syndrome

- Support Group, Council Bluffs. Call 712-323-9448.

Grief Support

- Many groups to help you deal with the grieving process are available; please contact your local hospital, funeral home or place of worship for details about groups meeting in your community.

Hard of Hearing

- S.H.H.H. – Lincoln, 7 pm at 4600 Valley Rd., Rm 4B, 3rd Thursday of each month, Margaret 402-474-0479 V/TDD or call 402-471-3593.

Head Injury

- Head Injury Support Group, Lincoln, Jan Lingren, 2nd Tuesday at 7 pm, First United Methodist Church 402-488-1916.
- Head Injury Survivors Group, 3rd Wednesday at 6-30 pm at Goodwill Industries, Lincoln 402-231-1933.
- Head Injury Support Group, Omaha, Gail Kerwin 402-571-5651.
- Head Injury Support Group, Norfolk, 1st Monday, Faith Regional Health Services.

Hydranencephaly

- Omaha Local contact: Lynne 402-485-2229 or rtreesa@ntc.net; Internet support also available (please call for more information).

Learning Disabilities

- Learning Disabilities Association of Nebraska, Sharon, Omaha 402-571-7771.

Leukemia & Lymphoma

- Lincoln Telephone Support Group for adult myeloma and leukemia patients and family members; Tuesdays 10-11am; talk with support group from home; free service of Nebraska Chapter, Leukemia & Lymphoma Society Call Tonya: 402-344-2242 or 1-888-847-9474.

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M.D.A. Duchene Parents Support Group, Omaha/Papillion, meets quarterly Sat., 1-3; Papillion/LaVista High School, 420 S Washington St; Jessi Thomsen 402-390-2914.

National Alliance for the Mentally Ill (NAMI) http://ne.nami.org; For questions, please call Ernie Paulsen at NAMI Nebraska, 1941 S. 42nd St., Suite 517, Omaha, NE 68105 Phone: (402) 345-8101; toll free: 1-877-463-6264; Fax: (402) 346-4070 (or contact the following locations):

Mental Health Association of Nebraska 1-800-422-6691 or www.MHA-NE.org

Grand Island NAMI of Grand Island, NAMI Nebraska 871-463-6264; NAMI Heartland Grand Island, Carole Denton (308) 382-8604; jdenton@navix.net

Hastings NAMI Hastings, Leadahl Cassel (402) 482-8657

Juniata/Hastings NAMI - FORSE, Cindy Scott (402) 751-2226; hs35558@navix.net; Hastings NAMI CARE (Consumers Advocating Recovery Through Empowerment) Mike Best (308) 379-8752.

 Kearney NAMI Central Nebraska, Merv Schliefert (308) 236-5513, mervbev@juno.com

Lincoln NAMI Lincoln, Sydney Langness (402) 435-4757; Tami Walden (402) 471-4515.

Mental Health Lincoln Support Group, Tuesdays 3-4 pm Bennet Martin Library Downtown 4th Floor

Norfolk/Hartington NAMI Nebraska, Norma Harms (402) 692-3251; Norfolk NAMI, Connie Meyer (402) 370-3503.

North Platte NAMI Platte Valley, Ann Bartlett (308) 532-4053, ab117214.atl.com

Oakland NAMI Greater Burt County Nebraska, Wayne Jarvill, (402) 685-6857.

Omaha NAMI Omaha, Glen or Sue Truax, (402) 292-3793, glentruax@msn.com; Omaha NAMI CARE (Consumers Advocating Recovery Through Empowerment) Annie (402) 551-9413; Marlene (402) 556-0304.

Scottsbluff NAMI Western Nebraska, Shirley McLaughlin (308) 635-2239, shirley@prairie.web.com

Sutherland NAMI Trails West Nebraska, Margaret Baker (308) 284-4078, bakerm@gpcom.net

Multiple Chemical Sensitivity

MCS Information Exchange, 2 Oaktick St, Brunswick, ME 04011 conceptmed.com

Multiple Sclerosis

Support Group, Council Bluffs, meets 3rd Thursday every month, 7 pm, Queen of Apostles Catholic Church; Bruce 712-482-3412.

Support Group in DeWitt. Call Teresa (402) 683-4285

Self-Help Group, Lincoln, contact 1-800-755-3959

MS Connection Lincoln, meets 2nd Tuesday every month, 7 pm, First Lutheran Church, 1551 S 70 St. Call Stacey (402) 486-1885

Support Group, Norfolk, 402-648-7906

Support Groups in Omaha, 402-572-3190 or 1-800-755-3959

Iowa Chapter Support Group in Sioux City, meets 1st Saturday every month, Morningside Branch of Sioux City Public Library, 1-30 - 3pm. Call Rev. Jimmy Weber, 712-239-9227

Parent Support Group

Parent Training & Information (PTI) for Families of Children with Disabilities, 3135 N 93 St, Omaha, phone & fax: 402-346-0525; 1-800-284-8520; kheinen@pi.nebraska.org

Parkinson

Lincoln Support Group meets 4th Sunday each month (except December); 2:00 pm; Madonna Rehabilitation Hospital, 5401 South St (52nd Street entrance); Contact: Jill 402-486-8164 or Lori, 402-486-9040. Call for schedule of topics.

Fremont (402) 478-4853

Panhandle Area meets 4th Wed each month; Northfield Villa-Bldg 6, Vista Dining Rm, 1:30 pm; Contact: Maurice Wheeler (308) 623-2508

Clarinda, IHS, 600 Manor Dr., 2 pm, 3rd Thursday of each month. Connie (712) 542-5161

Peripheral Neuropathy

Lincoln Support Group meets at Bryan Medical Plaza, 1600 S. 48 St; 2nd Floor; Room 3; Call Sandy (402) 483-4908; Natl Ass'n: 1-800-247-9698.

Polio

Nebraska Polio Survivors Association, Omaha 402-341-0710.

Lincoln/Lancaster County, Vera (402) 467-5650.

Schizophrenics Anonymous

Lincoln Group meets Fridays 7-9pm; First Plymouth, 20th & D St.

Sclerosis

Lincoln meets at Roper & Son Resource Ctr, 4400 S 70 St; Support Leader: Terry Christensen (308) 384-4017; terry058@webtv.net

Omaha meets 2nd Tuesday every other month (Oct/Dec/Feb/Apr/June) 7-9 pm at Methodist Cancer Center; 8303 Dodge St; lower lobby; Support Leader: Barb Heenan (402) 291-7670; omahassg@aol.com

Grand Island meets at St. Francis Hospital, 2250 Aldayle Ave, Conf. Rm 3A; Support Leader: Terry Christensen (308) 384-4017; terry058@webtv.net

Siouxland meets at St. Luke's Hospital, 2270 Stone Park Blvd, lower level Rm 3 & 4, 2nd Tuesday every other month 6:30-8:30; Call Jane (402) 494-4532, www.scdermd.com (or org)

Spina Bifida

Spina Bifida Ass'n of the Star City, Lincoln, Jerry (402) 434-3000.

Spina Bifida Support Group, Omaha, meets 1st Tuesday each month 7 pm. Quality Living East Campus, Cabana Room, Call Jolene (402) 894-2070.

Spinal Cord Injury / Disease

E. Nebraska/W. Iowa Spinal Cord Injury Ass'n meets bimonthly various Omaha locations. Call Brian at 402-573-6940, enwiscia@cox.net or www.nebraskaascia.org

Spinal Cord Injury Peers (SCI-P) (Nebraska Panhandle) meets monthly; Regional West Medical Ctr, Scottsbluff, Call 308-835-7901; 630-1070; or Cheryl 436-1060.


Stoke

Southeast Nebraska Stroke Club, Lincoln, (402) 483-9594

Tourette Syndrome

Lincoln Nebraska Association for Tourette Syndrome Support Group 402-467-9077
FOR SALE: 1998 Chauffeur Scooter, outdoor fire rains, excellent condition, $1,500 or best offer. Call 402-467-3236. (Lincoln, NE)

FOR SALE: 1994 Ford E250 Ram with Ricon Wheelchair Lift, fully-loaded AM/FM stereo, well-maintained, very clean, in excellent condition, 32 K miles, $10,000 or best offer. Call 402-932-1550. (Omaha, NE)

FOR SALE: 1995 Accessible Plymouth Grand Voyager with Northstar Package, includes ramp, kneeling, very good condition, V-6, 70,000 miles. Call 605-352-7093, ojchel@santel.net. (Carpenter, SD)

FOR SALE: 1994 Ford Taurus Wagon with 4 months old, $900; Powerchair, 22" seat size, batteries, everything; Storm Series Invacare Marathon Powerchair, adult narrow, with cushion, adjustable back, swing-away foot rest, pneumatic tires, desk-length adjustable arm rests, needs batteries; Luster Battery Charger also available. Will accept best offer on any item. Call Dale Mosier 402-489-7293. (Lincoln, NE)


FOR SALE: Used Electric Wheelchair - Ranger X Storm Series, new condition, ($1,900 new) asking $3,800 or best offer. Call (after 6 pm) 402-453-5265. (Omaha, NE)

FOR SALE: 1994 Ford Explorer, in excellent condition, 4x4, 2-door sport, 98,000 miles, equipped with foot steering. Call 712-322-3148. (Council Bluffs, IA)

FOR SALE: New High Profile 18" x 16" ROHO Cushion, Jay 2 Deep Contour 18" x 16" Cushion, only 2 weeks old; Used Standard E & J Manual Wheelchair, adjustable back, swing-away foot rests; Used E & J Marathon Powerchair, adult narrow, with cushion, adjustable back, swing-away foot rest, pneumatic tires, desk-length adjustable arm rests, needs batteries; Luster Battery Charger also available. Will accept best offer on any item. Call Dale Mosier 402-489-7293. (Lincoln, NE)

FOR SALE: Used Electric Wheelchair - Ranger X Storm Series, new condition, ($1,900 new) asking $3,800 or best offer. Call (after 6 pm) 402-453-5265. (Omaha, NE)

FOR SALE: 1997 Legend Scooter with Bruno Lift, asking $1,800. Call 402-438-2172 or 402-5970. (Lincoln, NE)

FOR SALE: Lift Chair, only 2 years old, earth-tone color; Tabs Alarm System; End Table (allows easy access to Tabs System); Lamp; Bath Chair; Grab Bar, attaches to side of tub; Rolling Walker. Make an offer. Call 402-486-1446. (Lincoln, NE)

FOR SALE: 1994 Ford Explorer, in excellent condition, 4x4, 2-door sport, 98,000 miles, equipped with foot steering. Call 712-322-3148. (Council Bluffs, IA)

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FOR SALE: Battery-Powered Four-Wheel Chauffer Model Chair, with adjustable joy stick and van ramp, used only one time, virtually new, (cost over $6,000 new) will accept best offer. Call 402-420-3230. (Lincoln, NE)

FOR SALE: Pride Jazzy 1122 Power Wheelchair, with lift, joystick, adjustable head rest and foot rest, includes Quadro Select ROHO seat cushion, used 2 months, ($12,500 new) asking $3,800 or best offer. Call (after 6pm) 402-453-5265. (Omaha, NE)

FOR SALE: Used Eagle Chair Lift, in excellent condition. Call 402-936-4606. (O'Neall, NE)

FOR SALE: Lift Chair, only 2 years old, earth-tone color; Tabs Alarm System; End Table (allows easy access to Tabs System); Lamp; Bath Chair; Grab Bar, attaches to side of tub; Rolling Walker. Make an offer. Call 402-486-1446. (Lincoln, NE)

FOR SALE: Adult Disposable Undergarments, large/extra large; Chair Companion, excellent condition; New Pixiglass Table or Large Tray for Wheelchair, velcro straps to wheelchair ($85-186 at Koley Medical); Cushion for Wheelchair, like new. Call Mary Ellen Kreifels 402-558-7076. (Omaha, NE)

FOR SALE: Eagle 930 ES Stair Lift, 2 years old, in excellent condition, 300-lb. limit; ($4,000 new) asking price $2,500. Call 402-826-2058. (Cote, NE)

FOR SALE: Craft-A-Matic Full-Size Adjustable Bed, with oak headboard, minimal use, very nice, asking $300. Call 402-420-2265. (Lincoln, NE)

FOR SALE: Invacare Brand Fixed Off-Set Trapeze Bar, slightly used but like new, weight capacity-250 lbs, includes bar, brackets, and grab bar with wall bumpers and mounting bed brackets to protect wall surfaces and bed ends, (retail $215) our price $150. Call Chet (days) 402-472-9333, ext 322 or (nights and weekends) 402-476-2287. I'm in and out a lot but please leave a message and I'll get back to you. (Lincoln, NE)

FOR SALE: Used Eagle Chair Lift, in excellent condition. Call 402-936-4606. (O'Neill, NE)

FOR SALE: Accessible Apartments in York, Hastings, Columbus or Norfolk. Call Paula at Metro Housing in Lincoln at 1-800-310-9505 (V/TDD); pshufeldt@leagueofhumanity.com (York, Hastings, Columbus, Norfolk, NE)
Showing off a banner featuring the new logo and web address are (from left) Mobility Options Manager Bryan "Kubie" Kubicek, Sales Representative Marilyn Gillispie and Vehicle Modification Technician John Wollen.

Ken Mayberry (right) talks face-to-face with product representatives (from left) Dennis Diericks, B & D Independence Power Seat Bases; Giovanni Suarez, Vantage Mobility International - Midwest Region; and John Heinzman, Pride Mobility/Quantum Rehab.

Eric Maly checks out the printed material provided by Mobility Option's product representatives.

mobilityoptions
OPEN HOUSE
Fun, informative—and filling!
Visitors on November 7 got a chance to meet the staff, visit with product representatives, tour the facility, gather information, register to win a DVD player, receive discount coupons and fill up on free hotdogs and chips.

Manager Bryan "Kubie" Kubicek presents the DVD player to lucky winner Tom O'Brien.

*MORE PHOTOS INSIDE!