



GCDD 5 Year Plan Research Report

Report from 2015 Quality of Life Assessment Survey Among Individuals with Developmental Disabilities in Minnesota



Final Report, 12/14/15

THE MINNESOTA
GOVERNOR'S
COUNCIL^{ON}
DEVELOPMENTAL
DISABILITIES



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Background

The Minnesota Governor's Council on Developmental Disabilities (GCDD), a division of the Minnesota Department of Administration, not a private sector business. The Council was created by Executive Order under Governor Wendell Anderson's administration in 1971 under provisions of the Developmental Disabilities Assistance and Bill of Rights Act (DD Act) (P.L. 106-402). The DD Act sets out the Council's purpose, the composition of its membership, and responsibilities, including the development of a five year state plan.

Presently, the GCDD has repeated the Quality of Life Assessment Survey (QOLAS), which was initially conducted in 2000, and repeated in 2005 and 2010. The findings will be used as input for the next 5-Year State Plan for federal fiscal years 2017 - 2021.

Research Objectives

Information was gathered regarding current opinions on the degree to which people with developmental disabilities in Minnesota believe they are independent, productive, integrated and included in the community and have self-determination.

MR Research Overview – METHODOLOGY

The GCDD identified as many groups as possible to get a cross cut of people with developmental disabilities, families, advocacy, professional and provider groups. This outreach meant contacting and working with hundreds of groups and individuals, encouraging them to take the on-line survey, or fill out a hard copy questionnaire.

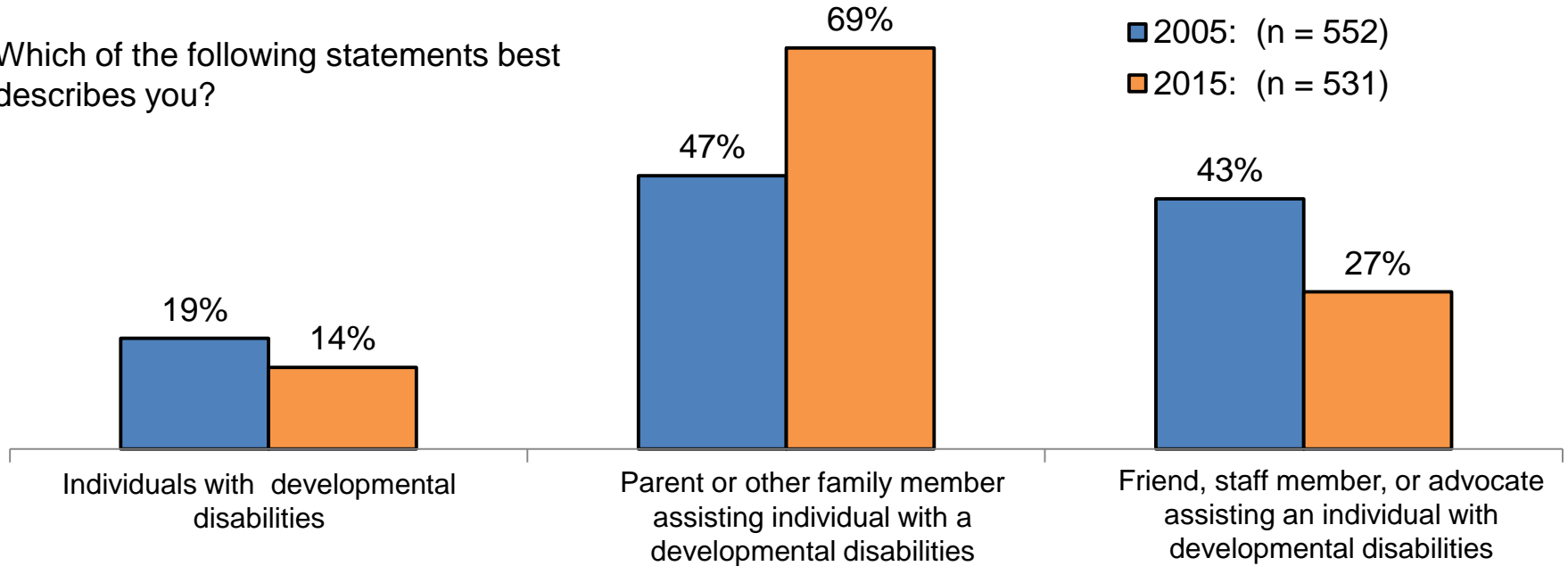


* MarketResponse reached out to these organizations and some individuals, providing hundreds of printed copies of the questionnaire and attending meetings of constituents to encourage and guide participation in the survey.

MR Research Overview -- RESPONDENT PROFILE

Slides 5 - 7 show comparisons from the survey done in 2005 and the current 2015 survey. The survey sampling approach was similar in both years, as are the resulting respondent profiles. In other words the samples are well matched and comparable.

Which of the following statements best describes you?

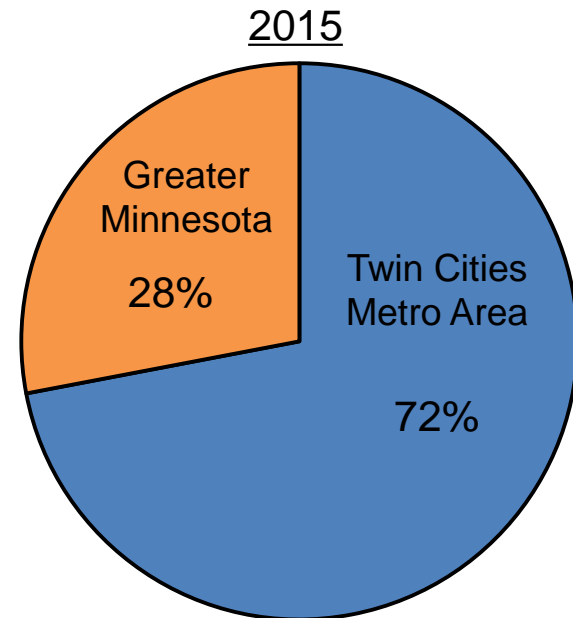
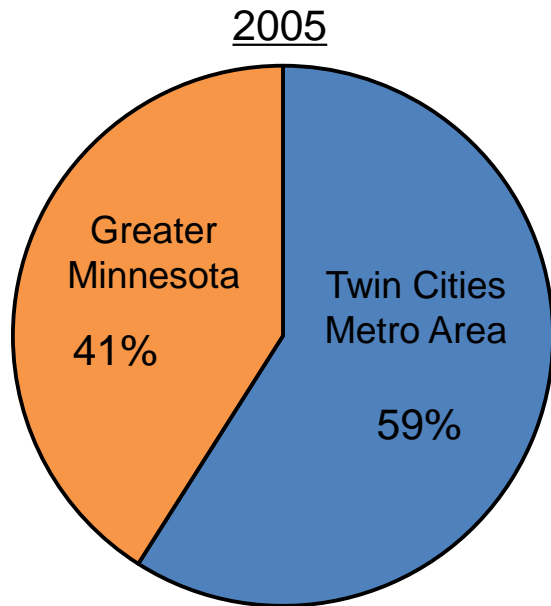


Note: Multiple responses allowed.

MR Research Overview -- RESPONDENT PROFILE

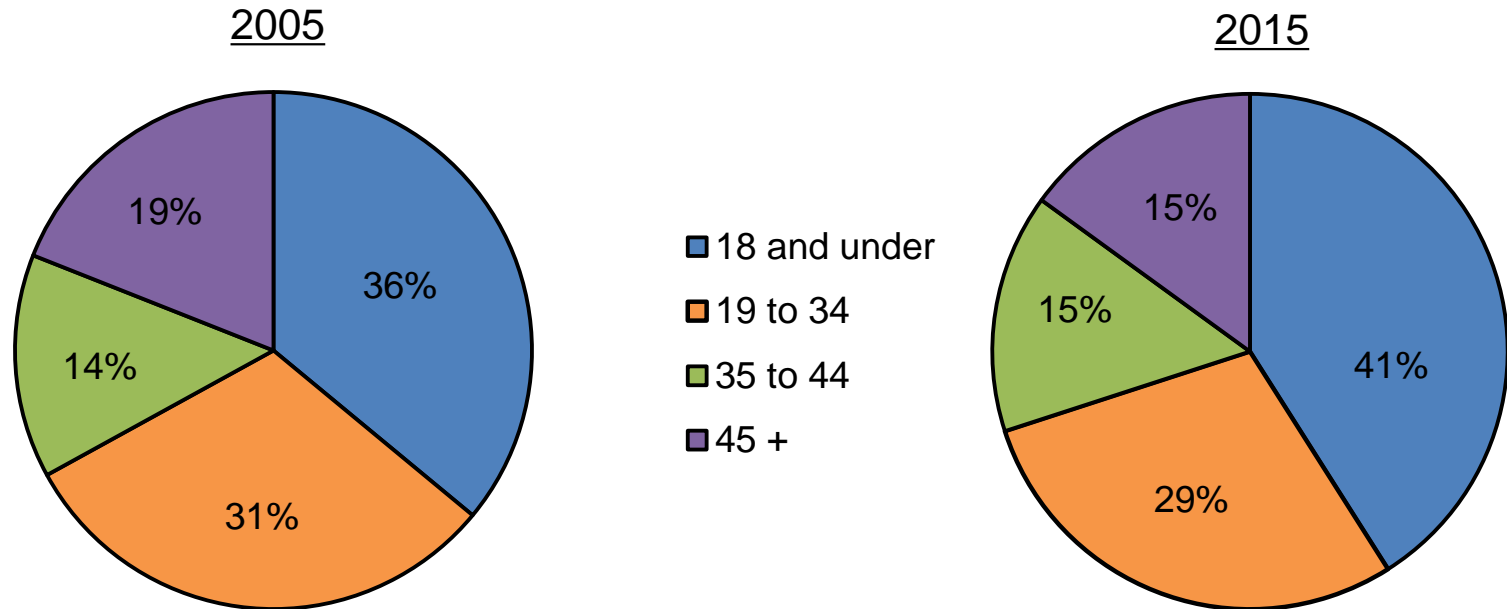
There was somewhat higher representation from the Twin Cities metro area in the 2015 survey, compared to the 2005 survey. (However, there were no differences in IPSII satisfaction between the 2 regions, in the 2015 survey.)

Respondents' home location based on zip code



The age group representation was almost identical between the 2005 and 2015 surveys.

Age of the person with the developmental disability?





Executive Summary



Executive Summary

There is no evidence of any improvement overall, over the past 15 years, in satisfaction with IPSII.

- Satisfaction with Productivity (based to a sub-sample of adults who work or volunteer outside of the home) has consistently been higher than satisfaction with SIII, in every year the study has been conducted.

All ISII satisfaction ratings from the youngest group (less than 14 years old) are statistically significantly lower than the satisfaction ratings from all adult groups.

- Improving IPSII among children with developmental disabilities is a *different challenge* from improving IPSII among adults.
- Measures of IPSII progress among children and adults with developmental disabilities should be analyzed separately.

For the youngest adult age group (ages 19-34) overall satisfaction with Integration and Inclusion were lowest, compared to the other IPSII ratings.



Executive Summary

For adults with developmental disabilities, ages 19 and older, having a job outside of the home appears to be highly correlated with satisfaction with all elements of IPSII.

- The youngest adult age group (ages 19-34) had the highest unemployment rate, with 51% without a paying job.
- Improving *real* employment opportunities (i.e., a paying job, 20 hours a week or more) among the 19-34 age group, would result in improved IPSII satisfaction levels.

Impressions of living in a community that is *a good place for people with developmental disabilities* appear to have eroded somewhat over the past 10 years.

- About two-thirds of all respondents believe their community is a good place for people with developmental disabilities, down from 73% in 2005.
- This impression may be correlated with the relatively low levels of satisfaction with Integration and Inclusion.



Executive Summary

The basic needs expressed by the following 3 statements represent areas of most needed improvement.

- I have enough money to live on.
- I know what to do if my health or safety is in jeopardy
- My future will be secure, even if something happens to my parents/current staff member, friend, or advocate.

The survey respondents offered their opinions regarding the most critical issues Minnesotans with developmental disabilities will face over the next 5 years:

- Access to services/support and adequate funding/resources are critical to all.
- Access to affordable, appropriate housing is most important to the 19-34 age group.
- Better employment opportunities is important to all ages, especially ages 14-34.
- Better access/inclusion in public education is most important to the younger age groups.

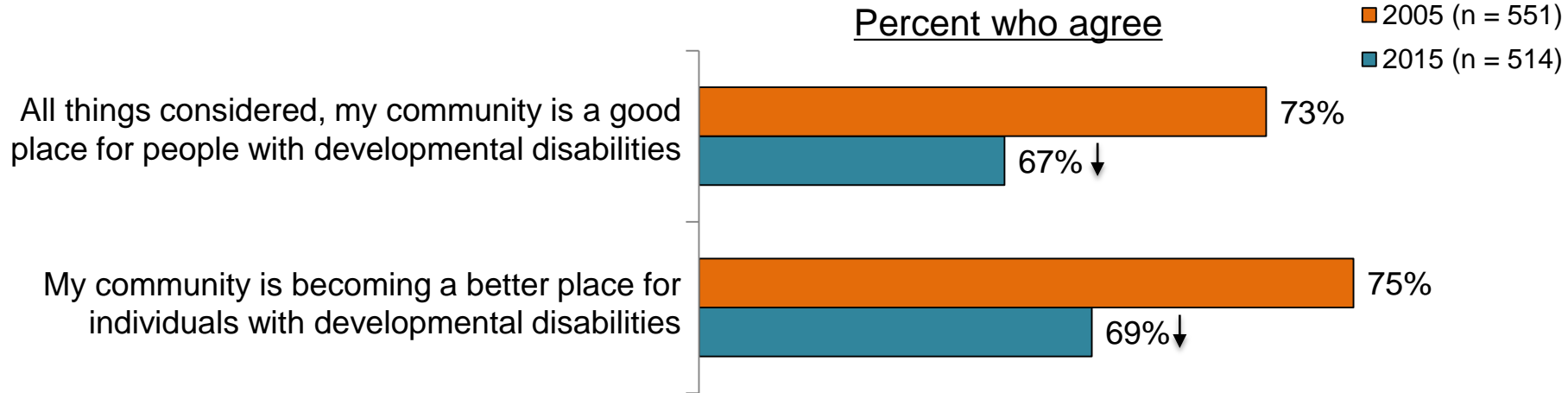


Community and Basic Needs

Impressions of living in a community that is *a good place for people with developmental disabilities* appear to have eroded somewhat over the past 10 years.

To what extent do you agree or disagree with each statement:

Disagree Strongly	Disagree Somewhat	Neither	Agree Somewhat	Agree Strongly
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↑↓ Indicates the proportion is statistically significantly higher or lower than the 2015 proportion, at the 95% confidence level

MR Perceptions of BASIC NEEDS

The basic needs expressed by the lower 3 statements represent areas of most needed improvement.

Basic Needs Statements:

I feel comfortable in the house where I live, it feels like home

I feel safe in the neighborhood where I live

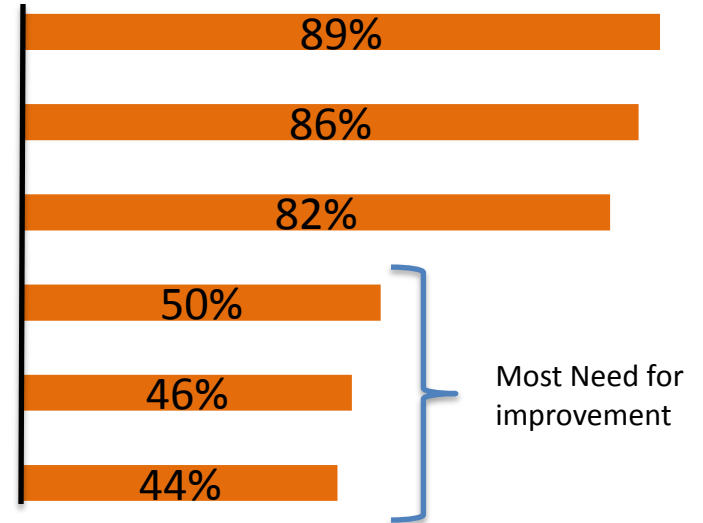
I have access to the healthcare I need

I have enough money to live on

I know what to do if my health or safety is in jeopardy

My future will be secure, even if something happens to my parents/current staff member, friend, or advocate

Percent who agree (n=506)



MR Perceptions of BASIC NEEDS

The older 3 age-group segments express higher satisfaction than the younger segments on several aspects related to basic needs.

<u>Percent Who Agree, by Age Group</u>	<u>Total</u> (n=506)	A <u><14</u> (139)	B <u>14-18</u> (74)	C <u>19-34</u> (144)	D <u>35-54</u> (108)	E <u>55+</u> (41)
I feel comfortable in the house where I live, it feels like home	89%	89%	89%	90%	88%	93%
I feel safe in the neighborhood where I live	86%	82% ^E	82% ^E	89%	86%	95%
I have access to the healthcare I need	82%	79%	74% ^D	85%	87%	88%
I have enough money to live on	50%	44% ^{DE}	39% ^{DE}	48% ^E	58% ^E	80%
I know what to do if my health or safety is in jeopardy	46%	32%	47% ^A	51% ^A	56% ^A	51% ^A
My future will be secure, even if something happens to my parents/current staff member, friend, or advocate	44%	32%	32%	50% ^{AB}	52% ^{AB}	63% ^{AB}

AB Indicates the proportion is statistically significantly higher or lower than the proportion in the column so labeled, at the 95% confidence level

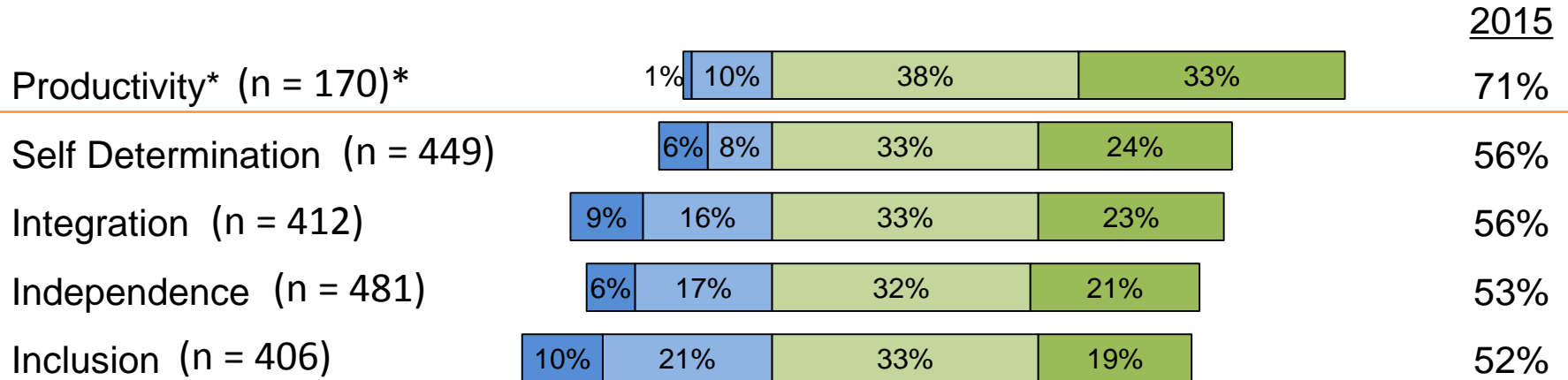
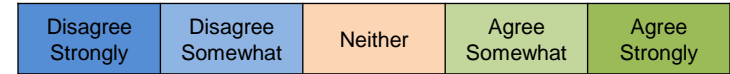


IPSII Summary

MR Satisfaction with IPSII -- 2015

Seven out of ten adults with disabilities (over 18 years old), who work or volunteer outside of their homes, are satisfied with their current levels of productivity. Just over half of all respondents are satisfied with the other 4 IPSII dimensions.

I am satisfied with my current level of...



* Productivity satisfaction only asked to those who work or volunteer outside of their home, and are 19 years of age or older

MR Satisfaction with IPSII -- 2000 to 2015

There is no evidence of any improvement overall, over the past 15 years, in satisfaction with IPSII. (There may have been some erosion in Integration and Independence since the year 2000.)

(NOTE: Satisfaction with Productivity has consistently been higher than satisfaction with SIII, in every year the study has been conducted.)

Disagree Strongly	Disagree Somewhat	Neither	Agree Somewhat	Agree Strongly
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<i>I am satisfied with my current level of...</i>	<u>Percent who Agree Somewhat or Strongly</u>			
	<u>2000</u>	<u>2005</u>	<u>2010</u>	<u>2015</u>
Productivity*	66%	73%	71%	71%
Self Determination	NA	61%	59%	56%
Integration	64% ↑	59%	54%	56%
Independence	64% ↑	60% ↑	55%	53%
Inclusion	55%	54%	50%	52%

*Productivity satisfaction only asked to those who work or volunteer outside of their home, and are 19 years of age or older

↑↓ Indicates the proportion is statistically significantly higher or lower than the 2015 proportion, at the 95% confidence level

MR Satisfaction with IPSII – 2015 AGE IMPACTS

All ISII satisfaction ratings from the youngest group (less than 14 years old) are statistically significantly lower than the satisfaction ratings from all adult groups. Among adults, Integration and Inclusion are particularly elusive to the 19-34 year olds.

<i>I am satisfied with my current level of...</i>	Percent who agree somewhat or strongly, by age					2015 Total
	A <14 (120)	B 15 - 18 (65)	C 19 - 34 (150)	D 35 - 54 (117)	E 55 + (43)	
Productivity	--	--	71%	71%	70%	71%
Self Determination	37%	53%	64% ^A	69% ^{AB}	66% ^A	56%
Integration	40%	57%	56% ^A	74% ^{ABC}	64% ^A	56%
Independence	35%	43%	64% ^{AB}	63% ^{AB}	72% ^{AB}	53%
Inclusion	37%	50%	57% ^A	65% ^A	60% ^A	52%

AB Indicates the proportion is statistically significantly higher or lower than the proportion in the column so labeled, at the 95% confidence level

MR Satisfaction with IPSII – CORRELATION WITH EMPLOYMENT, 2015

For adults with developmental disabilities, ages 19 and older, having a job outside of the home appears to be highly correlated with satisfaction with all elements of IPSII.

<i>I am satisfied with my current level of...</i>	<u>Adults, ages 19 or more, Employment</u>			<u>Total Agree</u> (170)
	<u>A</u> <u>Have Job</u> (143)	<u>B</u> <u>Volunteer</u> (34)	<u>C</u> <u>Neither</u> (80)	
Productivity*	75%	56%	NA	71%
Self Determination	73%^c	62%	56%	(n=400+) 56%
Integration	74%^{BC}	44%	54%	56%
Independence	69%^B	50%	64%	53%
Inclusion	65%	55%	55%	52%

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ISII Detailed Findings:

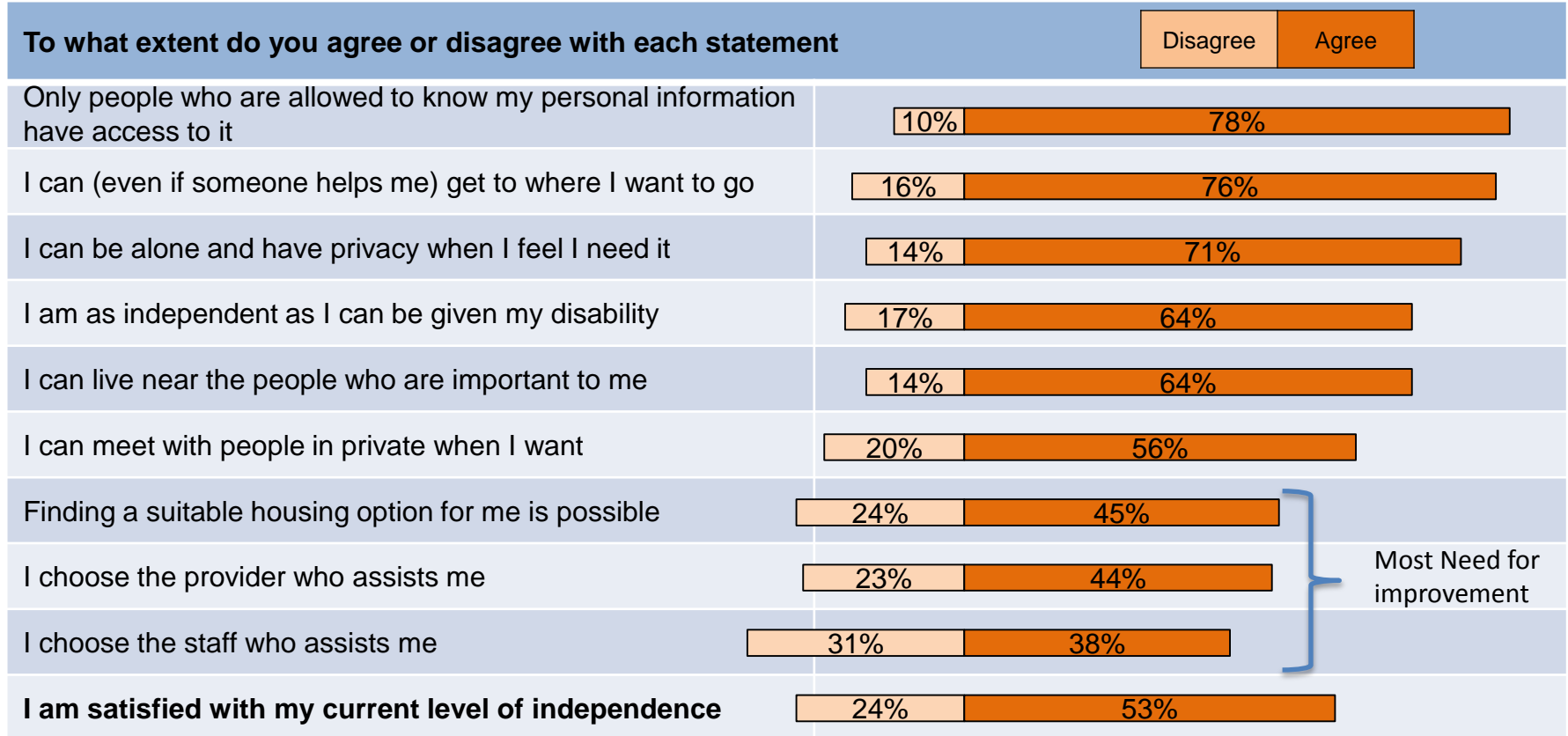
Independence

Self Determination

Integration

Inclusion

MR Perceptions of INDEPENDENCE



MR Perceptions of INDEPENDENCE

<u>Percent Who Agree, by Age Group</u>	<u>Total</u> (n=481)	A) <14 (132)	B) 14-18 (70)	C) 19-34 (136)	D) 35-54 (104)	E) 55+ (39)
Only people allowed to know my personal information have access to it	78%	73%	77%	84% _A	74%	85%
I can (even if someone helps me) get to where I want to go	76%	71%	77%	81%	74%	79%
I can be alone and have privacy when I feel I need it	71%	58%	76% _A	76% _A	77% _A	77% _A
I am as independent as I can be given my disability	64%	48%	64% _A	70% _A	75% _A	74% _A
I can live near the people who are important to me	64%	58%	59%	68%	66%	69%
I can meet with people in private when I want	56%	33%	57% _A	62% _A	70% _A	74% _A
Finding suitable housing options for me is possible	45%	28%	30%	48% _{AB}	63% _{ABC}	69% _{ABC}
I choose the provider who assists me	44%	42%	37%	49%	52%	28% _{CD}
I choose the staff who assists me	38%	37% _E	37%	36% _E	47% _E	21%
I am satisfied with my current level of independence	53%	35%	43%	64%_{AB}	63%_{AB}	72%_{AB}

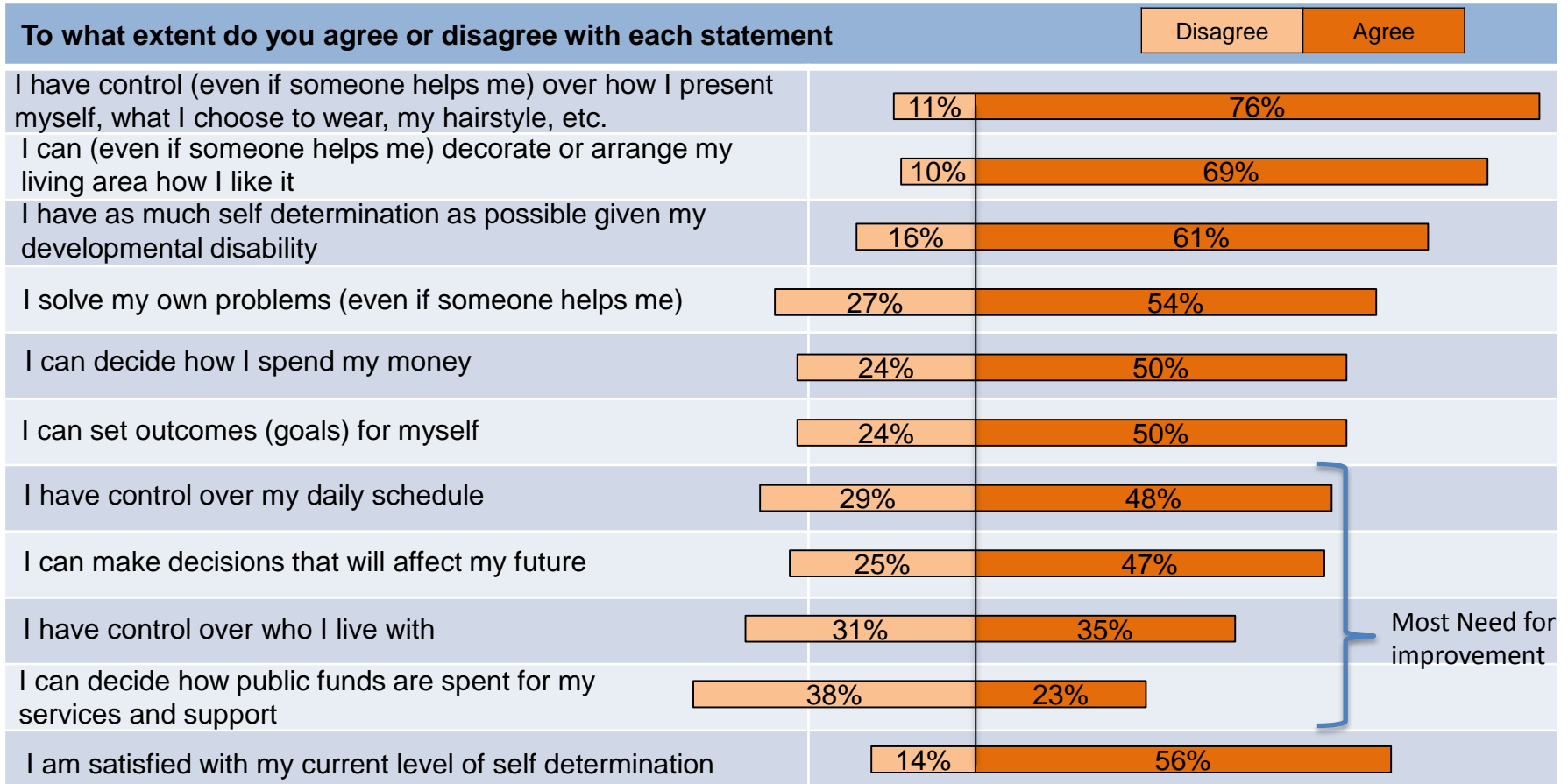
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MR Perceptions of INDEPENDENCE

<u>Top 2 Box Agreement</u>	Respondent		Employment			Location	
	a) Ind w/dd 58	b) Other 221	c) Job 143	d) Voluntr 34	e) Neither 80	f) Metro 205	g) Greatr MN 74
I can (even if someone helps me) get to where I want to go	76%	79%	85% ^{de}	71%	70%	78%	78%
I can meet with people in private, when I want	79%	63%	83% ^{de}	53%	44%	65%	70%
I can be alone and have privacy, when I feel I need it	78%	76%	86% ^{de}	68%	64%	77%	79%
Only people who are allowed to know my personal information have access to it	79%	81%	85%	71%	79%	81%	78%
Finding a suitable housing option for me is possible	67%	53%	64% ^e	53%	44%	56%	58%
I can live near the people who are important to me	72%	67%	72%	68%	60%	67%	69%
I choose the staff who works with me	64% ^b	31%	39%	53%	34%	39%	36%
I choose the provider who assists me	64% ^b	43%	52%	50%	40%	49%	43%
I am as independent as I can be given my disability	74%	72%	76%	71%	68%	75%	66%
I am satisfied with my current level of independence	71%	63%	69%	50%^c	64%	64%	66%

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MR Perceptions of SELF DETERMINATION



MR Perceptions of SELF DETERMINATION

<u>Percent Who Agree, by Age Group</u>	<u>Total</u> (n=449)	<u>A) <14</u> (120)	<u>B) 14-18</u> (66)	<u>C) 19-34</u> (127)	<u>D) 35-54</u> (98)	<u>E) 55+</u> (38)
I have control (even if someone helps me) over how I present myself, what I choose to wear, my hairstyle, etc.	76%	61%	79% ^A	80% ^A	82% ^A	89% ^A
I can (even if someone helps me) decorate or arrange my living area how I like it	69%	48%	68% ^A	80% ^A	79% ^A	79% ^A
I have as much self determination as possible given my developmental disability	61%	43%	56%	69% ^A	74% ^{AB}	71% ^A
I solve my own problems (even if someone helps me)	54%	37%	53% ^A	59% ^A	67% ^A	55% ^A
I can decide how I spend my money	50%	23%	48% ^A	61% ^A	64% ^{AB}	61% ^A
I can set outcomes (goals) for myself	50%	27%	47% ^A	58% ^A	67% ^{AB}	55% ^A
I have control over my daily schedule	48%	22%	39% ^A	60% ^{AB}	67% ^{AB}	53% ^A
I can make decisions that will affect my future	47%	19%	56% ^A	59% ^A	59% ^A	50% ^A
I have control over who I live with	35%	13%	27% ^A	48% ^{AB}	50% ^{AB}	34% ^A
I can decide how public funds are spent for my services and support	23%	13%	18%	29% ^A	34% ^{AB}	18%
I am satisfied with my current level of self determination	56%	37%	53%^A	64%^A	69%^{AB}	66%^A

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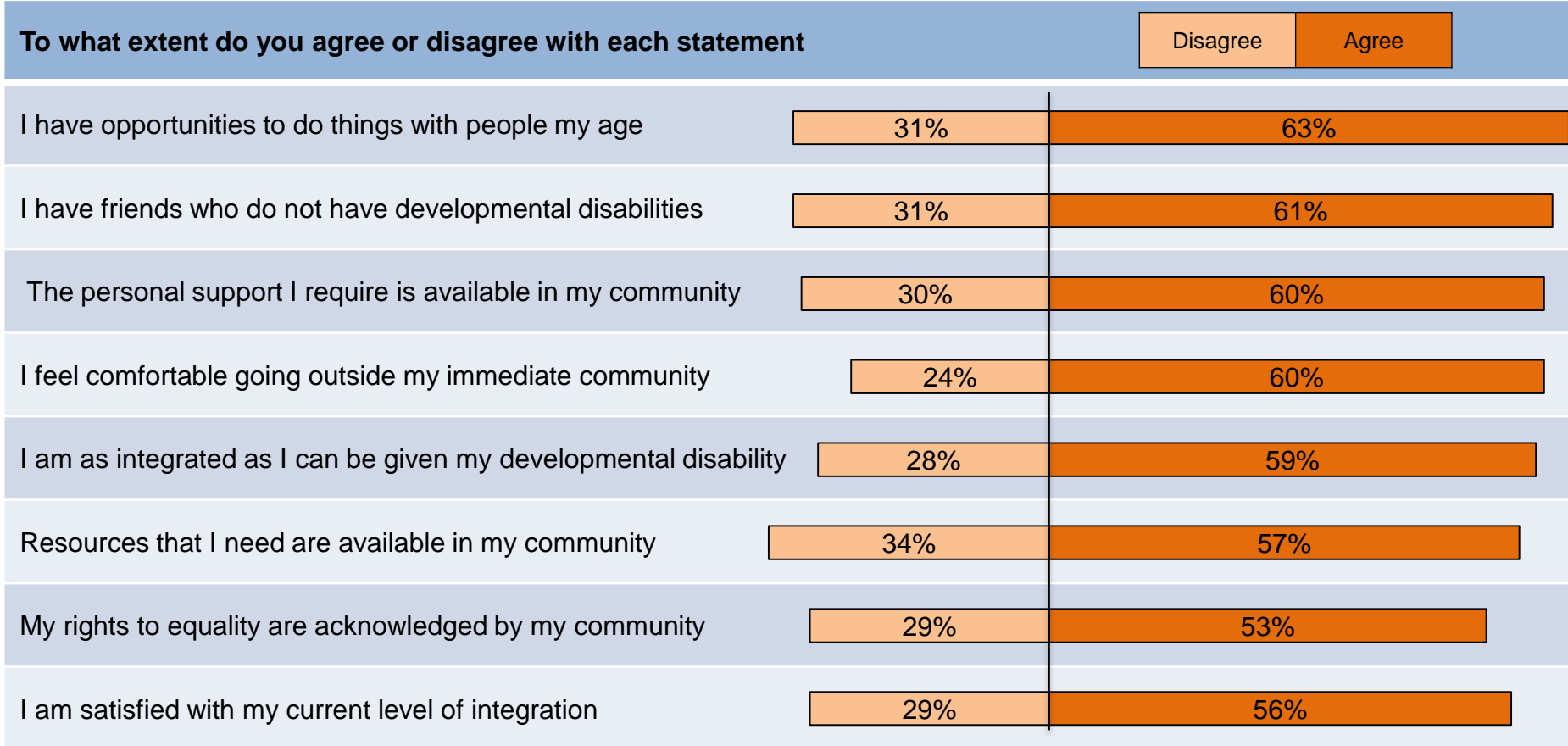


Perceptions of SELF DETERMINATION

<u>Top 2 Box Agreement</u>	Respondent		Employment			Location	
	a) Ind w/dd 58	b) Other 221	c) Job 143	d) Voluntr 34	e) Neither 80	f) Metro 205	g) GreatrMN 74
I can (even if someone helps me) decorate or arrange my living area how I like it	82%	78%	87% _{de}	71%	69%	77%	85%
I have control (even if someone helps me) over how I present myself, what I choose to wear, my hairstyle, etc.	89%	80%	90% _e	82%	68%	80%	87%
I have control over my schedule	84% _b	56%	72% _e	56%	45%	62%	61%
I can set outcomes (goals) for myself	80% _b	56%	69% _e	62%	48%	61%	62%
I can decide how I spend my money	85% _b	56%	73%	71%	41% _{cd}	61%	65%
I can make decisions that will affect my future	82% _b	51%	66% _e	62%	43%	57%	61%
I solve my own problems (even if someone helps me)	76% _b	58%	72%	65%	44% _{cd}	61%	63%
I can decide how public funds are spent for my services and support	53% _b	23%	31%	35%	23%	30%	27%
I have control over who I live with	76% _b	39%	49%	53%	39%	49%	41%
I have as much self determination as possible given my developmental disability	82% _b	68%	76%	65%	64%	70%	75%
I am satisfied with my current level of self determination	82%_b	62%	73%_e	62%	56%	64%	72%

ab Indicates the proportion is statistically significantly higher or lower than the proportion in the column so labeled, at the 95% confidence level

MR Perceptions of INTEGRATION



MR Perceptions of INTEGRATION

<u>Percent Who Agree, by Age Group</u>	<u>Total</u> (n=412)	A ≤14 (132)	B 14-18 (70)	C 19-34 (136)	D 35-54 (104)	E 55+ (39)
I have opportunities to do things with people my age	63%	56%	50%	65%	71% _{AB}	75% _{AB}
I have friends who do not have developmental disabilities	61%	63%	50%	63%	60%	72% _B
The personal support I require is available in my community	60%	47%	42%	65% _{AB}	77% _{AB}	72% _{AB}
I feel comfortable going outside my immediate community	60%	47%	48%	68% _{AB}	68% _{AB}	72% _{AB}
I am as integrated as I can be given my developmental disability	59%	47%	57%	58%	72% _{AC}	69% _A
Resources that I need are available in my community	57%	47%	47%	58%	66% _{AB}	75% _{AB}
My rights to equality are acknowledged by my community	53%	34%	48%	61% _A	66% _{AB}	61% _A
I am satisfied with my current level of integration	56%	40%	57% _{AD}	56% _{AD}	74% _A	64% _A

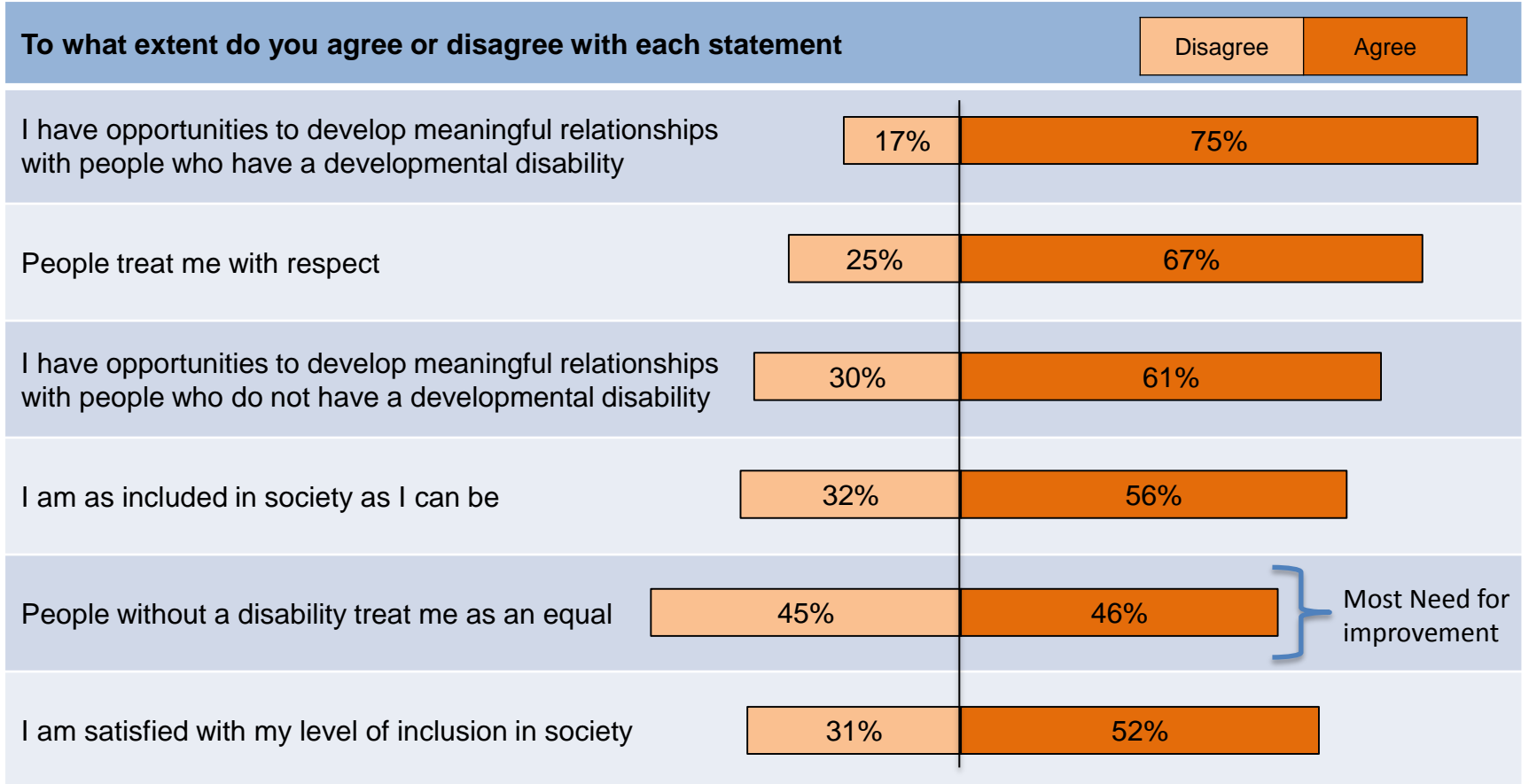
AB Indicates the proportion is statistically significantly higher or lower than the proportion in the column so labeled, at the 95% confidence level

MR Perceptions of INTEGRATION

<u>Top 2 Box Agreement</u>	Respondent		Employment			Location	
	a) Ind w/dd 49	b) Other 192	c) Job 133	d) Voluntr 32	e) Neither 76	f) Metro 176	g) GreatrMN 65
Resources that I need are available in my community	63%	64%	69% ^e	59%	55%	64%	62%
The personal support I require is available in my community	69%	71%	74%	69%	66%	70%	71%
I have the opportunity to do things with people my age	76%	67%	71%	72%	64%	69%	69%
My rights to equality are acknowledged by my community	78% ^b	59%	65%	63%	58%	61%	66%
I have friends who do not have developmental disabilities	82% ^b	58%	66%	69%	55%	64%	60%
I feel comfortable going outside my immediate community	84% ^b	65%	75% ^e	63%	59%	70%	65%
I am as integrated as I can be given my developmental disability	71%	64%	72% ^d	44%	62%	66%	63%
I am satisfied with my current level of integration	69%	62%	74%^{de}	44%	54%	61%	71%

ab Indicates the proportion is statistically significantly higher or lower than the proportion in the column so labeled, at the 95% confidence level

MR Perceptions of INCLUSION



MR Perceptions of INCLUSION

<u>Percent Who Agree, by Age Group</u>	<u>Total</u> (n=406)	A <14 (132)	B 14-18 (70)	C 19-34 (136)	D 35-54 (104)	E 55+ (39)
I have opportunities to develop meaningful relationships with people who have a developmental disability	75%	62%	75%	80% ^A	81% ^A	83% ^A
People treat me with respect	67%	56%	62%	72% ^A	77% ^A	74% ^A
I have opportunities to develop meaningful relationships with people who do not have a developmental disability	64%	59%	63%	59%	65%	57%
I am as included in society as I can be	56%	47%	52%	58%	66% ^A	57%
People without a disability treat me as an equal	46%	32%	42% ^A	53% ^A	53% ^A	57% ^A
I am satisfied with my level of inclusion in society	52%	37%	50%	57% ^A	65% ^A	60% ^A

AB Indicates the proportion is statistically significantly higher or lower than the proportion in the column so labeled, at the 95% confidence level

MR Perceptions of INCLUSION

<u>Top 2 Box Agreement</u>	Respondent		Employment			Location	
	a) Ind w/dd	b) Other	c) Job	d) Voluntr	e) Neither	f) Metro	g)GreatrMN
	48	187	131	31	73	171	64
People without a disability treat me as an equal	73 ^b	49	61	39 ^{ed}	47	57	45
People treat me with respect	85 ^b	71	79	61	70	75	72
I have the opportunity to develop meaningful relationships with people who do not have a developmental disability	75 ^b	57	64	71	51 ^{de}	62	58
I have opportunities to develop meaningful relationships with people who have a developmental disability	79	81	84	77	77	83	75
I am as included in society as I can be	73 ^b	58	64	52	59	58	67
I am satisfied with my current level of inclusion	71^b	58	65	55	55	57	69

ab Indicates the proportion is statistically significantly higher or lower than the proportion in the column so labeled, at the 95% confidence level



Employment and Productivity

MR Employment

The youngest adult age group (ages 19-34) had the highest unemployment rate, with 51% without a paying job, vs 37% and 43% for the two older age groups respectively

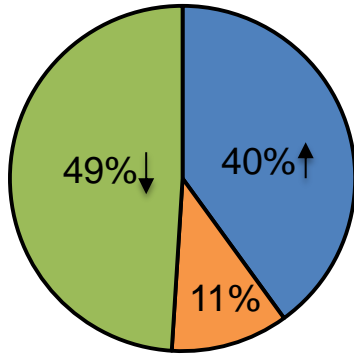
Do you work or volunteer outside of the home? (n=257 adults over age 18)

Yes, I have a job I get paid for (56%)

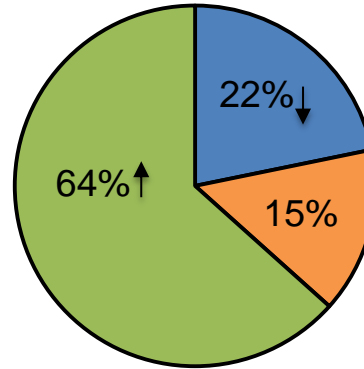
Yes I volunteer my time (13%)

No job or volunteering (31%)

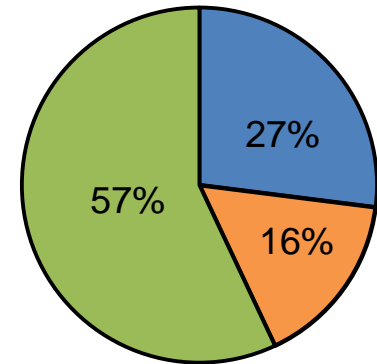
Ages 19-34
n= 124



Ages 35-54
n= 96









Ages 55+
n= 37



↑↓ Indicates the proportion is statistically significantly higher or lower than the corresponding proportion in another age group, at the 95% confidence level.

MR Employment

Those with a paying job work an average of ~20 hours per week. Just over half (53%) of those who volunteer spend 5 or fewer hours per week in their volunteer position. Seven out of 10 of all workers believe they work the right number of hours, while 1 out of 4 think their working hours are too few.

AMONG THOSE WHO WORK OR VOLUNTEER: How many hours/week do you work or volunteer? (Total)	Paying Job (143)	Volunteer (34)
5 or fewer  18%	9%	53%↑
6 to 10 hours  14%	11%	26%
11 to 15 hours  9%	10%	6%
16 to 20 hours  23%	28% ↑	6%
21 to 30 hours  25%	31% ↑	--
Over 30 hours  10%	11%	9%
<i>Mean hours</i>	21 ↑	10
<i>Median hours</i>	20	5



↑↓ Indicates the proportion is statistically significantly higher or lower than the 2015 proportion, at the 95% confidence level

MR Productivity at home

Satisfaction with the 3 aspects of productivity at home were relatively high, with the exception of the youngest group having an appropriate amount of responsibility (which is challenging with any child under the age of 14).

<i>Productivity at home...</i>	Percent who agree somewhat or strongly, by age					<u>2015 Total</u>
	A <u><14</u> (120)	B <u>15 - 18</u> (65)	C <u>19 - 34</u> (150)	D <u>35 - 54</u> (117)	E <u>55 +</u> (43)	
I receive recognition for the things I do at home	84%	88%	81%	79%	81%	82%
I have been improving my skills at home	79%	72%	79%	75%	68%	76%
I have an appropriate amount of responsibilities at home	48%	70% ^A	70% ^A	71% ^A	81% ^A	65%

AB Indicates the proportion is statistically significantly higher or lower than the proportion in the column so labeled, at the 95% confidence level



Most Critical Issues – Respondents' Perceptions

MR Most critical issues

What are the most critical issues that Minnesotans with developmental disabilities will face in the next five years?

Issues Mentioned:	Percent mentioning each issue (n=378)	A	B	C	D	E
		<14 (n=103)	14-18 (n=53)	19-34 (n=106)	35-54 (n=82)	55+ (n=32)
Services/Programs	27%	35% c	21%	19%	29%	32%
Housing	26%	19% c	26%	40%	24% c	12% c
Funding/Financial	24%	20%	21%	27%	28%	24%
Employment	24%	21%	30%	28%	23%	15%
Education	10%	23%	13%	5% A	2% AB	3% A
Healthcare	10%	14%	9%	7%	12%	6%
Transportation	7%	5%	4%	9%	5%	18%
Other	39%	42%	40%	35%	38%	41%

ABC: Indicates statistical significant difference at 95% confidence level with other column(s) figures.

MR Most critical issues - Services - Housing -Funding/Financial - Employment

What are the most critical issues that Minnesotans with developmental disabilities will face in the next five years

Services: n=102

- Access to services related to specific needs
- Staffing shortages/turnover

Housing: n=100

- Housing - affordable/available
- Appropriate housing/living arrangements

Funding/Financial: n=92

- Funding - daily living/support
- For services/resources/programs

Employment/work: n=92

- Suitable/meaningful jobs
- Good paying jobs/wages

MR Most critical issues - Education - Healthcare - Transportation - Other

What are the most critical issues that Minnesotans with developmental disabilities will face in the next five years

Education: n=39

- Access to public education/inclusion in education
- Post high school / secondary education

Healthcare: n=38

- Healthcare - affordable/adequate
- Health Insurance / benefits

Transportation: n=27

- Transportation - be reliable/on time

Other: n=146

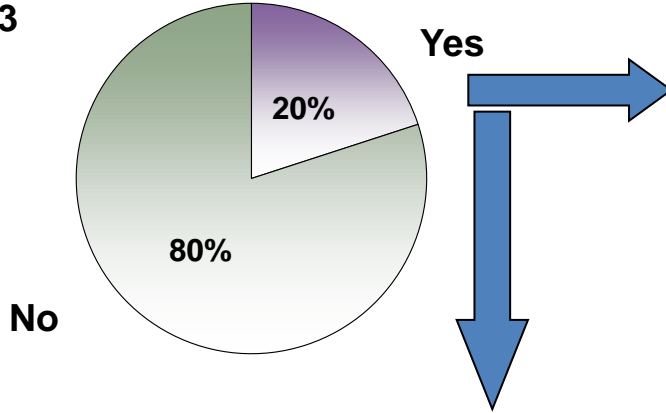
- Acceptance/respect/understanding
- Inclusion/integration in community
- Independence



Appendix

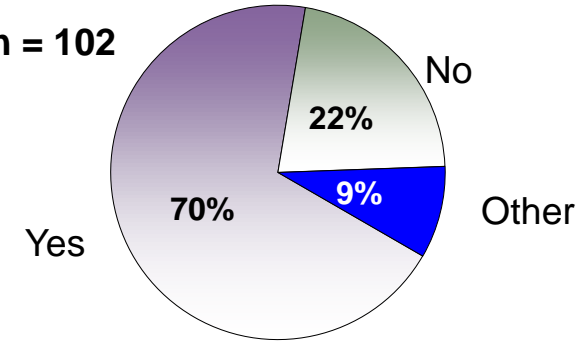
MR Have you or a family member ever been abused, neglected or exploited?

n = 523



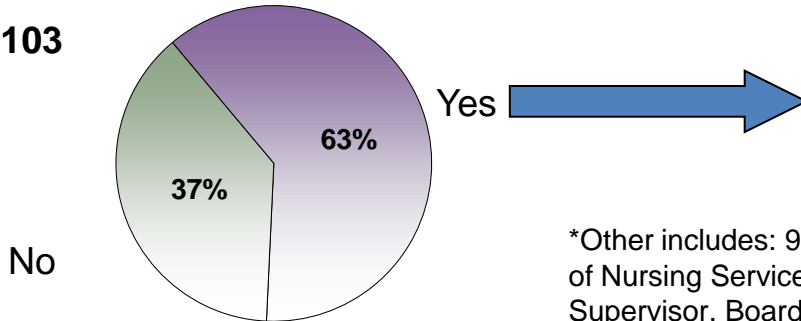
If YES, Did someone help you?

n = 102



If YES, did you call someone?

n = 103



If YES, who did you call?

n = 62

Family member	21%
Police	19%
Social Services	18%
Hospital staff	8%
Teacher/school personnel	8%

*Other includes: 911, friend, Department of Human Services, Arc, Therapist, VA CEP, Director of Nursing Services, Protective adult, Lawyer, Legal advocacy, Owner of facility, PCA Supervisor, Board of Social Work



Thank you!

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