

Know Your Rights Easy Read Guide for Waiver Services

From [Minnesota Statutes 245D.04 Service Recipient Rights](#)



**DEPARTMENT OF
ADMINISTRATION**
GOVERNOR'S COUNCIL ON
DEVELOPMENTAL DISABILITIES

DISCLAIMER: The following is provided by the Governor's Council on Developmental Disabilities for educational purposes only. This information does not replace Minnesota and federal laws related to Minnesota Statute 245D.04.

Alternative Formats

To request alternative formats including audio tapes or Braille, please contact:

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Or visit our website: <https://mn.gov/mnddc/>

You Have Rights

My Rights!



You have rights to protect you.

Your rights need to be protected.

Understand Your Rights



Your provider must give you a copy of your rights in writing.

The provider must keep a record that you got a written copy of your rights from them. You have a right to get a copy of this record.

You can get a copy of your rights in a language or format that you can understand.

Your Service Planning



You can help plan your services.

You must get the services you agree to in your plan.

You have the right to know what changes there might be to your services in the future.

You can know about the rules for your services.

How Your Services are Provided



You have the right to stop or refuse services.

You have the right to know what your services cost.

You have the right to know what services are covered by insurance or by government money.

If your provider changes, your services must change smoothly.

Your services must be provided by a person who is trained.

Your Information is Private



Your information is private.

Staff must keep your records private.

Freedom from Maltreatment



You have the right to live without being treated badly.

You have the right to live without abuse.

Service Setting



Your services must be provided in a clean and safe place.

You have the right to be treated with courtesy and respect.

The Right to Be Yourself



You have the right to cultural, ethnic, and religious freedom.

Nobody can bully you because of your how old you are or what your race or gender is.

You have the right to love who you want and follow your own beliefs.

Grievances



You have the right to know your service provider's grievance policy.

You must be given the contact information of advocacy services.

You must be told how to file a complaint.

You can make a complaint without fear of retaliation.

Research and Experimental Treatments



You do not have to take part in a study or experiment.

If you choose to take part in a study or experiment you must give the OK in writing.

Rights of Association



You can choose your friends and others you want to talk to.

You have the right to privacy.

You have the the right to participate in activities that you choose.

Communication Privacy Where You Live



You have the right to use the telephone every day.

Your mail and email will be private. Staff may not read them.

Right to Use Living Spaces



You have the freedom to use the common areas where you live.

You are allowed to meet with family, friends, and people who advise you in private.

You also have the right to meet with people privately in your bedroom.

Rules about Rights Restrictions



Your rights can only be limited for your health or safety.

Limits to your rights must be written in your plan.

How limits to your rights will be ended must be in your plan.

Your plan must have schedule to review limits.

Limits must be approved by you or your legal representative.

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