

## SEGIP Diabetes Medication Therapy Management (MTM) and Lifestyle Program

The MTM Program provides health improvement and financial benefits to State of Minnesota Employees with diabetes. The average annual member cost for diabetic medications and supplies is \$343.55. These co-pays are waived for employees who participate in the program. That's a saving to you!

### **Additional financial benefits include:**

- Full coverage of the cost for face-to-face consultations with a MTM pharmacist.
- \$50 Health Reimbursement Account contribution for simply enrolling in the MTM program.
- \$200 Health Reimbursement Account contribution after completing a StayWell lifestyle program

### **Participating members have great things to say:**

“I am trying to heal from a major surgery and even though I feel like I am pretty knowledgeable about my diabetes I was really struggling. The pharmacist had suggestions which have made such a difference. I am so grateful to be able to join this program, not just as a cost savings, but to be able to add more resources to help me stay healthy and recover sooner. Thank you for all of your help, it is greatly appreciated.”

### **How to ENROLL:**

1. Choose a pharmacist from the [Directory of MTM Pharmacists](#) or at [www.mn.gov/MTM](http://www.mn.gov/MTM).
2. Make an appointment with that pharmacist.

Visit the program website and FAQ at [www.mn.gov/MTM](http://www.mn.gov/MTM). If your question isn't answered there, call Navitus at 1-866-333-2757.