



# Office of Addiction and Recovery - Monthly Webinar February 2025

<https://mn.gov/mmb/oar/>

- 11:00 a.m. Welcome and introductions
- 11:05 a.m. OAR Update
- 11:15 a.m. Overview of Minnesota Recovery Corps
- 11:30 a.m. Preview Minnesota Naloxone Saturation Strategy
- 11:55 a.m. Closing

# Hello and introductions

## Meeting logistics:

- All attendees, except presenters, will remain muted
- We will work to address all questions during the time allotted.
- Please refrain from using chat during presentations

- Medicaid and potential federal changes
- MOUD in Jails Report/Lunch and Learn with MN Sheriff's Association
- MDE Statewide Health Standards Rule Making
- Gov's Advisory Council Report
- Task Force on Holistic and Effective Responses to Illicit Drug Use
- PAARI Conference
- OAR Bills
  - Subcabinet membership
  - EMS OD Map data sharing



# Minnesota Recovery Corps



AmeriCorps



ServeMN



NATIONAL  
**Science & Service**  
COLLABORATIVE

# Introductions

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Minnesota Recovery Corps is an **AmeriCorps** program founded by recovery leaders in Minnesota. Minnesota Recovery Corps partners with government, nonprofit, and education organizations.

**ServeMinnesota** is the state commission on national and community service. We raise the funds necessary for AmeriCorps programs like Recovery Corps and we lead the country in developing high-impact, research-informed AmeriCorps programs.

**Ampact** is the nonprofit we partner with to implement the Recovery Corps program. They specialize in running high-impact AmeriCorps programs at scale.



# What does Recovery Corps address?



Drug use and overdose continues to challenge Minnesota, affecting thousands of people every day



Individualized peer support is in high demand and demonstrates strong promise

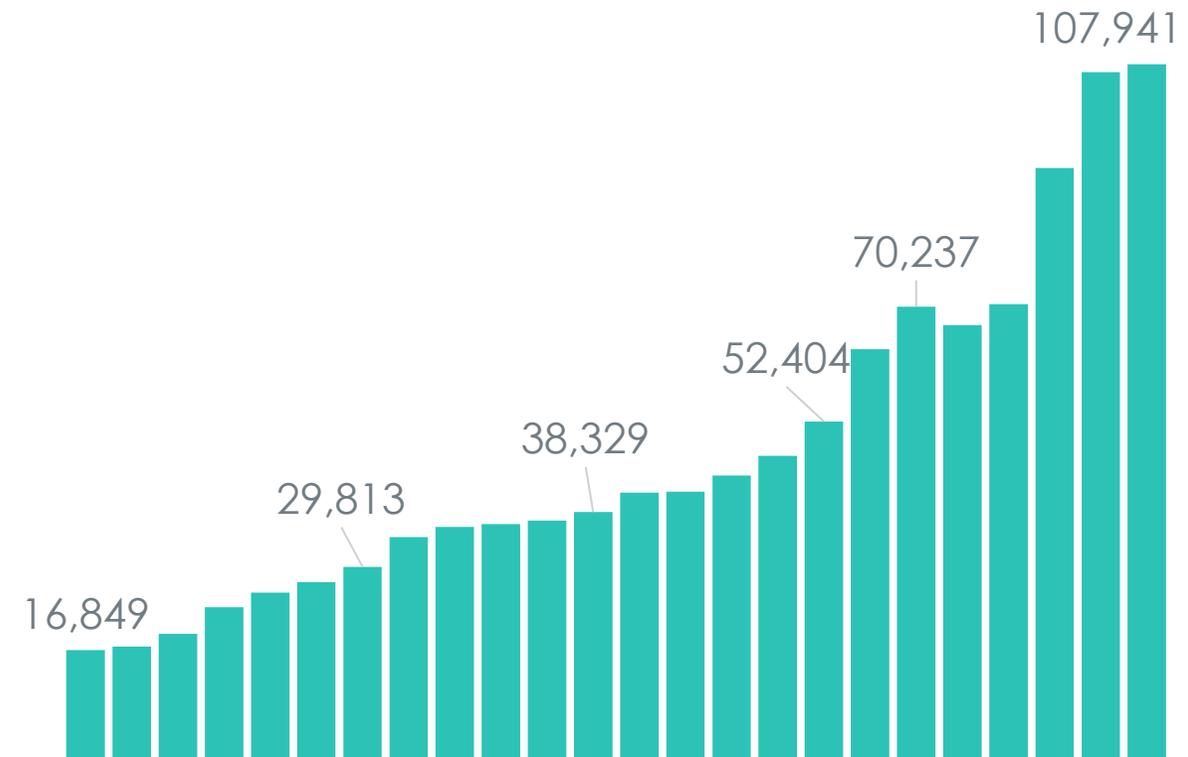


Immediate capacity gaps in organizations serving people in recovery



Long-term shortages in the peer recovery workforce

## Drug overdose deaths from 1999-2022



Source: Centers for Disease Control and Prevention, National Center for Health Statistics. <https://nida.nih.gov/research-topics/trends-statistics/overdose-death-rates>



# What does Recovery Corps do?

## Recovery Capital

“The breadth and depth of internal and external resources that can be drawn upon to initiate and sustain recovery...Recovery Capital—both quantity and quality—plays a major role in determining success or failure of natural and assisted recovery” – White & Cloud (2008)

- ✓ Physical health
- ✓ Employment
- ✓ Health insurance
- ✓ Education
- ✓ Housing
- ✓ Transportation
- ✓ Self-awareness
- ✓ Self-esteem and efficacy

Personal  
Recovery  
Capital

Individual:  
Navigators

Social  
Capital

- ✓ Build/strengthen relationships
- ✓ Support from social network
- ✓ Access to sober outlets
- ✓ Connection to community orgs

Community Recovery Capital

Community:  
Project  
Coordinators

Cultural Recovery Capital



# Building Individual Recovery Capital Through Recovery Navigators

Multifaceted training, coaching, and supervision



Allows Navigators to deliver these activities



To **impact** these outcomes



**Recovery Navigators**

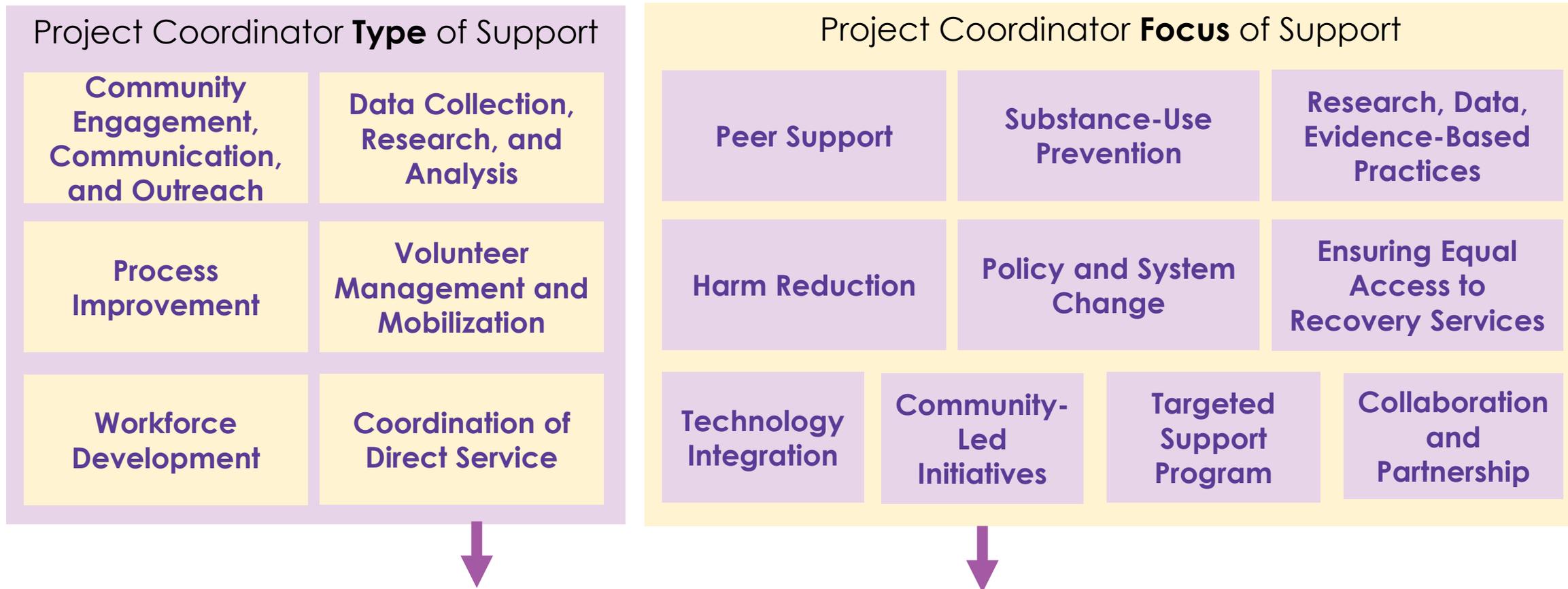
Recovery Navigators have at least **one year of lived experience** with recovery from a substance use disorder.

- Resource Navigation
- Data Driven Service
- Goal Setting
- Motivational Interviewing
- Relationship Building

- Recovery Capital**
- Quality of Life
- Self-Confidence
- Access to resources that improve overall health (e.g., healthcare, employment, housing, education)

1. Comprehensive “intake” data to guide service delivery
2. Dynamic approach to goal setting to illustrate growth
3. Regular progress monitoring (2 weeks) to reinforce progress and demonstrate impact

# Building Community Recovery Capacity Through Project Coordinators



## Recovery Corps Member Project

*Includes description of project, specific goals, and associated outputs*

## 7 Years of Data Support the Evidence Argument for Recovery Corps

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- ✓ Each year, participants are increasingly likely to stay engaged with their navigator.
- ✓ Participants improve across all outcomes, those gains have increased every year of the program, and exceed impact estimates published in the research literature.
- ✓ A larger number of sessions tends to produce stronger participant outcomes.
- ✓ Sites value program partnership.
- ✓ Members are better positioned for a career in the recovery field after 1-year of service.



# Recovery Corps Results

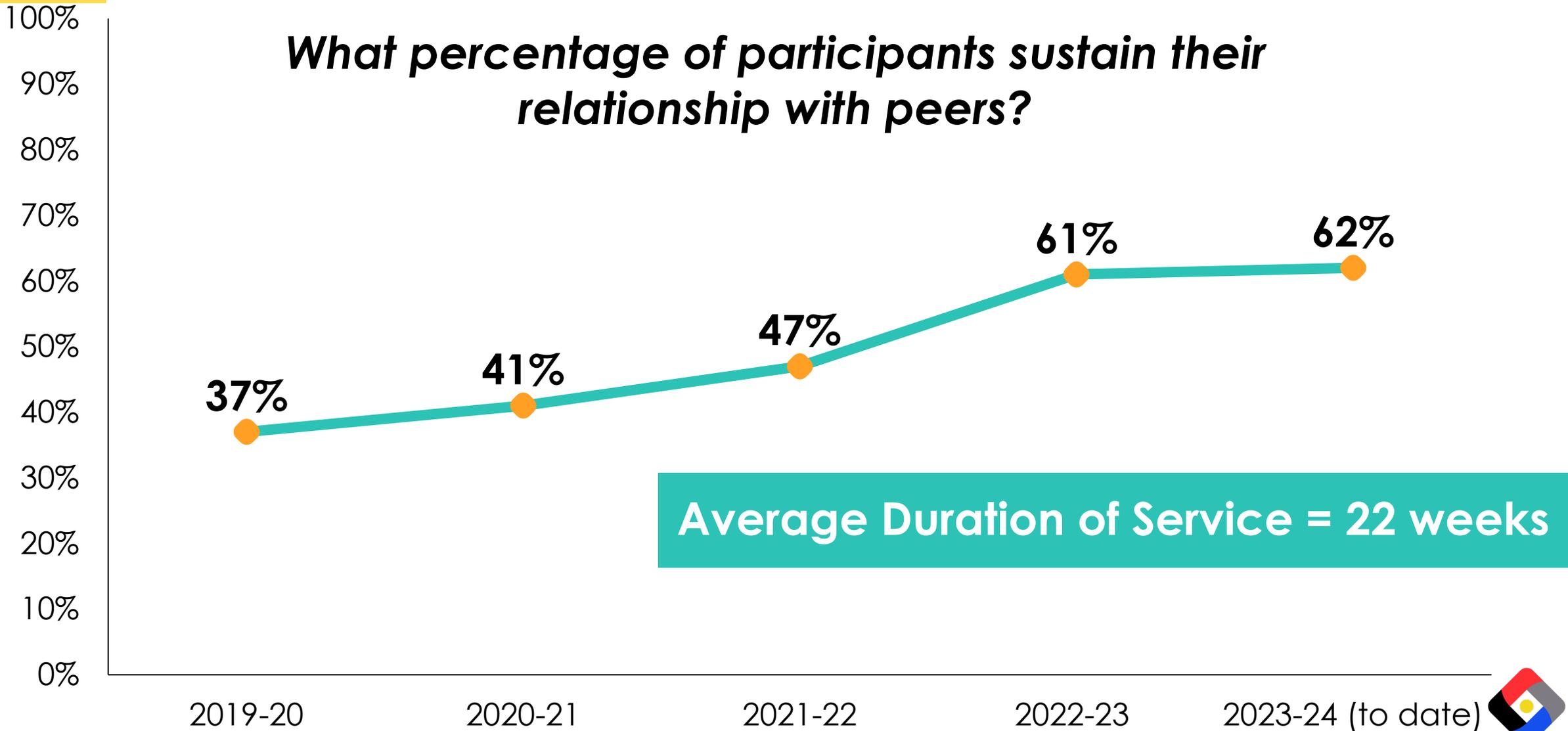
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- In survey data, supervisors at partner organizations are nearly unanimous in their support for the program, indicating they either “Strongly Agree” or “Agree” that their participation with Recovery Corps has a positive impact on their organization (89%), allows their organization to provide support to people in recovery who otherwise would not have received services (95%), and has a positive impact on those in recovery (95%).
- Navigators report significant increases in fundamental peer support skills, and report having a better understanding of what they want to achieve in their career, how to go about achieving their career goals, and who can support them in achieving their career goals.
- Last year, 28% of members had secured employment at the end of their term, 10% were seeking employment, and 54% of members planned to return for another year of service.



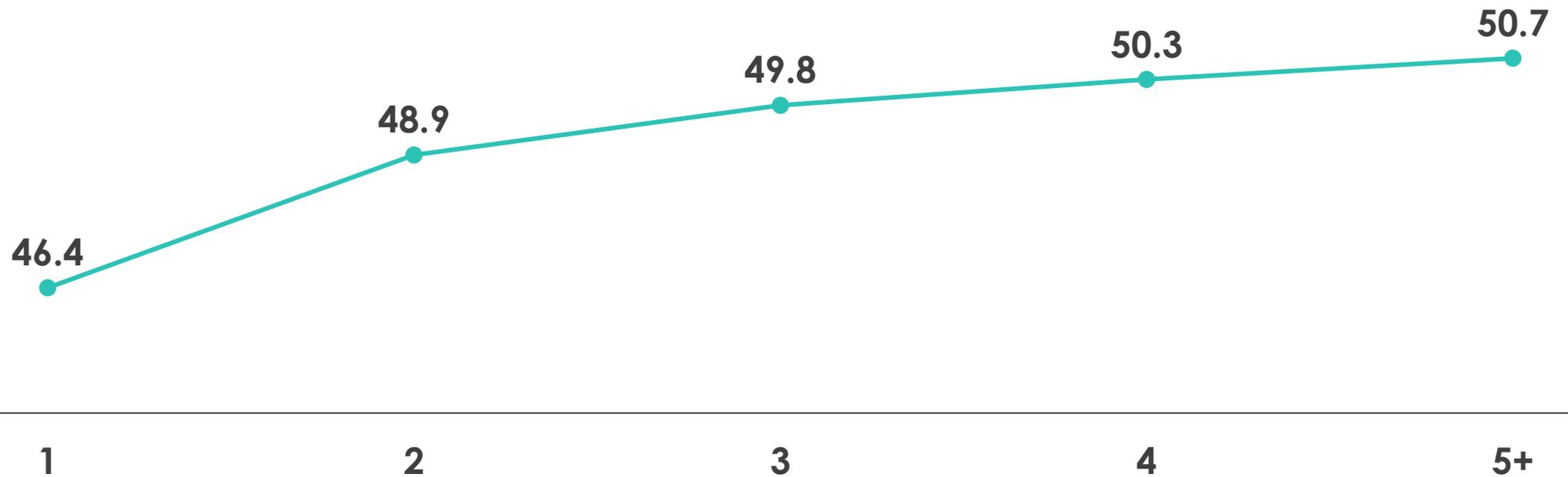
# Recovery Corps Results

***What percentage of participants sustain their relationship with peers?***



# Recovery Corps Results

*Average Recovery Capital scores by number of navigator sessions attended*



# How the Partnership Works



## Recovery Corps Members

- **Navigators:** Lived experience as a person in recovery
- **Project Coordinators:** Do not require lived experience, though many are drawn to the program because of personal experience with SUD



## Partner sites

- Provide direct supervision of members.
- Organizations all along the recovery/addiction care continuum
- Contribute at \$5,000 fee per Recovery Corps member



## Training and Coaching

- **Navigators:** Goal setting, relationship building, motivational interviewing, resource navigation, ethics and boundaries
- **Project Coordinators:** Project management & stakeholder management



## Funding

- Supported by a diverse portfolio of federal, state, and private dollars



# Partnership Overview

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- Open to nonprofit, government, tribal, and educational institutions
  - Not open to for-profit organizations
- Recovery Corps members must have enough responsibilities to fulfill their commitment of 40 or 25 hours per week
  - Cannot displace staff or volunteers
- Must have an employee who can provide supervision of Recovery Corps members
- Must actively partner with Recovery Corps to recruit Recovery Corps members
- Must provide a workspace for the Recovery Corps member

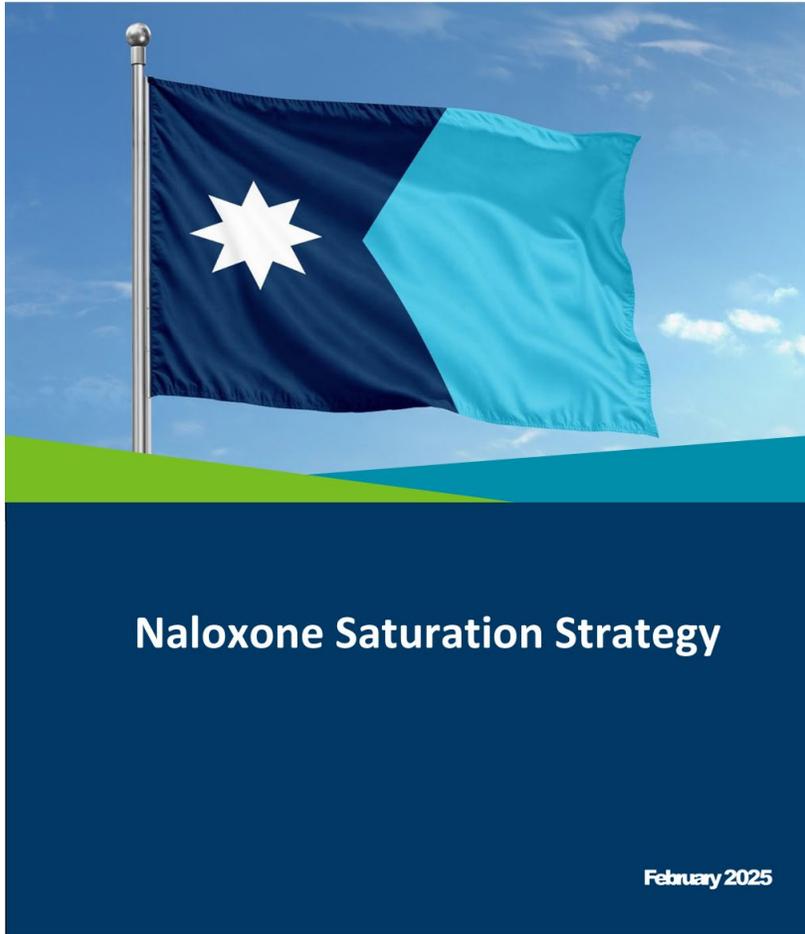
**Learn more and apply at**  
**<https://www.recoverycorps.us/become-a-site>**



- Please put your questions in the chat.

# Minnesota Naloxone Saturation Strategy

**m** MINNESOTA



# Minnesota Naloxone Saturation Strategy

- Evidence-based distribution methods
- Prioritizing at-risk populations
- Increasing the likelihood that naloxone is administered during a witnessed overdose



**Vision**

# Minnesota Naloxone Saturation Strategy

1. Improve quality and use of existing data to promote action
2. Create new understanding with better engagement at the frontlines
3. Improve consistency in data collection and reporting for state-administered grants

## Key Pillars

### Pillar 1: Data Integration



# Minnesota Naloxone Saturation Strategy

1. Support naloxone education
2. Create standards for training
3. Promote stigma reduction



## Key Pillars

### Pillar 2: Education and training

# Minnesota Naloxone Saturation Strategy

1. Create new and strengthen existing partnerships
2. Encourage secondary distribution and explore new opportunities for low-barrier access to naloxone
3. Use its convening power to bring people together

## Key Pillars

### Pillar 3: Partnerships and distribution

# Minnesota Naloxone Saturation Strategy

1. Both nasal and IM naloxone needed
2. Both/and approach to naloxone procurement
3. Blend and braid naloxone funding

## Key Pillars



## Pillar 4: Naloxone funding and procurement

# Minnesota Naloxone Saturation Strategy

- Continue engagement with:
  - Leading naloxone distributors in the state and their program participants (including people who use drugs)
  - Tribal Nations, Urban Indian leaders, and the American Indian Advisory Council
  - Other community stakeholders
- Move from planning to implementation
- Share strategy with convening attendees, engagement participants, and networks



Please put your questions in the chat.

# Thank You!

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