

# Advisory Committee Meeting #4

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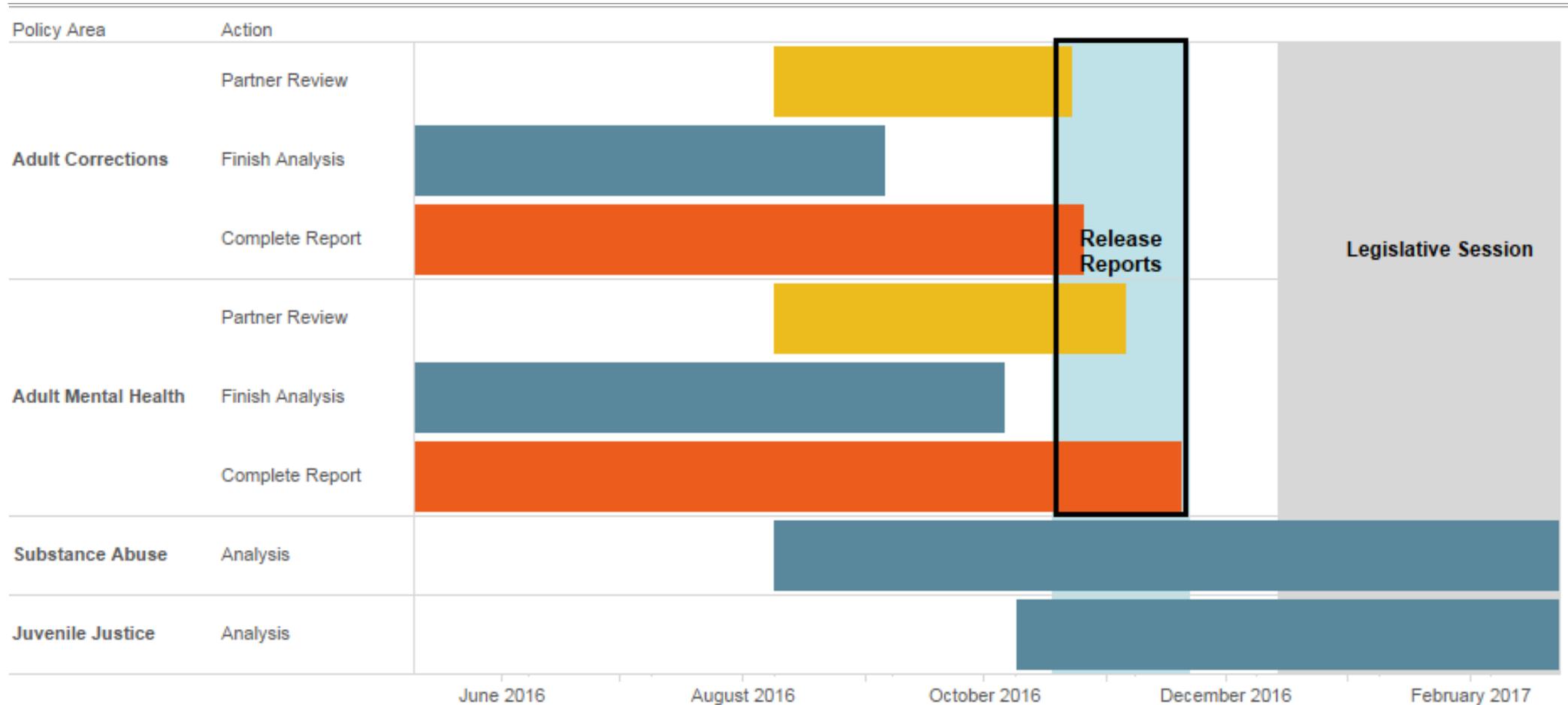
MINNESOTA'S RESULTS FIRST INITIATIVE

# Minnesota's Results First Initiative

- Goal
  - Produce benefit-cost estimates that are understood, trusted, and used by policy-makers
- Areas of Focus
  - Corrections
  - Human Services

Primary Data Collection Partners	
Adult Correction	Adult Mental Health
DOC- Prisons	DHS
DOC- Supervision	Hennepin County
Dakota County	Dakota County
Dodge, Fillmore, Olmsted (DFO)	Olmsted County
Stearns County	Otter Tail County
Itasca County	
Wright County	
Mower County	

# Timeline & Progress Update



# Results First Inventory

- Purpose
- Interpreting the findings

Levels of Evidence	
1	Proven effective
2	Promising
3	Theory-Based
4	No effect

*Preliminary findings – subject to change.*

# Example Benefit-Cost Analysis

**Cognitive-behavioral therapy (CBT, supervision):** CBT applies a cognitive behavioral curriculum that focuses on changing the thinking process of offenders through cognitive restructuring, social skills development, and developing problem-solving skills. It emphasizes individual accountability and teaches offenders how to identify and change dysfunctional beliefs, thoughts, and patterns that influence criminal behavior. The most common form of CBT used in Minnesota is Thinking 4 a Change.

**Benefit-cost ratio five years  
from the start of treatment:**

Level of evidence	Estimated recidivism reduction:	Average duration	Average frequency	Involved public agencies
<b>Promising</b>	9 percent	5-6 months	Two hours per week	Counties Dept. of Corrections

Benefit-cost ratio	Type	Total	Taxpayer	Other societal benefits
<b>\$6.10</b>	Benefits	\$3,540	\$1,680	\$1,860
	Net costs	\$580	\$580	\$580
	B/C ratio	\$6.10	\$2.90	\$3.20

Weston Merrick, Results First Coordinator

[Weston.Merrick@state.mn.us](mailto:Weston.Merrick@state.mn.us)

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