

Agenda

Agency Wellness Champions Team Meeting #59 Tuesday, April 29, 2014 1:30-3:00 pm

Where

In Person:

Centennial Building

Ladyslipper Room, Ground floor
658 Cedar St
St. Paul, Minnesota 55155

*There are 3 MetroTransit routes serving the Centennial Building. There are bike racks in front and back. Parking requires 9 quarters for 90 minutes. **Walk or Carpool:** create time with a coworker or time to yourself*

No need to check in with security. Entering from Cedar St., walk down stairs and turn left.

From offsite via Ready Talk:

Please see email sent to you from Ready Talk for how to participate via phone and web

Item

Presenter

Notes

1:30 Welcome, Intros

Note taker:

1:35 BlueCross Blue Shield
Creating and Sustaining a
Culture of Health, Part 2

Kris Vogel, CHES, MBC

2: 30 Energy Break

Volunteer needed

2:15 BCBS Continued

Next Meeting

Date: May 27

Location: Centennial Building

Topics: Building Opportunities
for Biking and Walking

Review of Eat for the Health of
It challenge evaluations

