

**Agenda**  
**Agency Wellness Champions Team Meeting #7**  
**Tuesday, October 28, 2008**  
**1:30-3:00 p.m.\***

**Transportation Building**

Room G-14  
 395 John Ireland Blvd  
 St. Paul, MN 55155

Enter from John Ireland, walk past cafeteria and turn right. Meeting room is on your left. You do not need a security badge.

Agenda Item	Presenter/Facilitator	Notes
1:30 Welcome, Introductions	Amy Krause-Reader	
1:40 JourneyWell benefit	Carolyn Buzza and Jessica Kinowski	
2:30 Energy Break	Linda Feltes	
2:35 Improving our Cafeterias	Melissa Wenzel	
2:55 Program Updates (time permitting) and Next Meeting	Date: <u>November 25, 2008</u> Location: _____ Welcome: _____ Skill topic: _____ Featured program: _____ Energy break leader: _____	
3:00 Facilities Tour	TBA	

\*Note shortened meeting time.