

Agenda

Agency Wellness Champions Team Meeting #52

Friday, June 7, 2013 8:30-10 am

Where

Centennial Building

Ladyslipper Room, Ground floor

658 Cedar St
St. Paul, Minnesota 55155

There are 3 MetroTransit routes serving the Centennial Building. There are bike racks in front and back. Parking requires 9 quarters for 90 minutes.

No need to check in with security. Entering from Cedar St., walk down stairs and turn left.

Item

Presenter

Notes

8:30 Welcome

8:35 Programs that
encourage movement

Linda Feltes

9:-00 Energy Break

Jill Winegar, Fitness Director
St. Paul Athletic Club

9:30 Updates

Bruce Zimmerman, MnIT
Jason Ledeboer, Hiway
All

9:55 Next Meeting

Date: July 30
Time: 1:30-3:00 pm
Location: Ladyslipper
Topic: Tobacco-free
Energy break leader:

