

Agenda
Agency Wellness Champions Team Meeting #49
 Thursday, December 13, 2012
 11am - 12pm

Veterans Service Building

5th Floor
 20 W 12th Street (south end of Capitol mall)
 St. Paul, MN 55155

Bike racks are available. Directions, metro transit and parking information can be found at:
http://www.admin.state.mn.us/pmd/4-1_building_locations_maps.htm

Agenda Item	Presenter/Facilitator	Notes
11:00 Welcome	Linda	Notetaker!!
11:05 Physical Activity and the Brain	Deb Loy	
11:20 Energy Break		
11:25 Volunteerism and MLK Day of Service	Chris Barth and Linda Feltes	
11:55 Next Meeting	Date: Time: 1:30-3:00 pm Location: Topic/Featured program: Energy break leader:	

