

PSYCHOLOGIST 1

KIND OF WORK

Professional psychological work.

NATURE AND PURPOSE

Under immediate supervision, provides psychological evaluation and treatment to assigned residents/clients within a residential treatment or correctional facility. Performs related work as required.

A Psychologist 1 will have knowledge of psychological theory and principles obtained through a Master's degree in Psychology. Problem solving is guided by technical supervisory direction as well as principles and standards of the practice of psychology, and by facility's policies and procedures.

EXAMPLES OF WORK (A position may not include all the work examples given, nor does the list include all that may be assigned.)

Assesses/evaluates residents/clients to determine their mental, emotional and behavioral status. This is achieved by: reviewing clinical histories, observing and interviewing residents/clients and administering assessment/evaluation instruments.

Interprets evaluation/assessment results to treatment team members to assure a uniform understanding of treatment and diagnostic issues.

Designs, plans, and conducts individual psychotherapy to restore or maintain residents'/clients' level of functioning. This is accomplished by observing behaviors; interviewing and discussing with residents/clients their problems, conflicts and feelings; and recommending a plan of corrective action to the client/s.

Plans and conducts group therapy sessions to ensure that residents'/clients' needs are addressed appropriately. This is accomplished by: observing behaviors; discussing with residents/clients their problems, conflicts and feelings; conferring with more experienced psychologists to discuss issues and group dynamics; and recommending plans of corrective action for group members.

Contributes psychological expertise to interdisciplinary treatment teams to provide a standardized valid basis for establishing new goals and programs for residents/clients and to ensure integration of treatment efforts. This is achieved by: updating and interpreting residents'/clients' psychological assessments; analyzing, reviewing and summarizing clients'/residents' behavioral changes in response to treatments and medications; and recommending alternative treatment.

KNOWLEDGE, SKILLS AND ABILITIES REQUIRED

Knowledge of:

Psychotherapy methods sufficient to provide effective treatment plan delivery.

Psychological tests and assessments and their interpretation sufficient to develop information that serves as a valid basis for recommending treatment plans and therapies.

Individual and group therapy methods sufficient to meet the needs of the assigned disability groups.

Crisis intervention principles sufficient to be able to respond to clients and to train others in crisis intervention.

Ability to:

Work with all professionals, psychologists, facility department heads, program evaluation staff and community providers sufficient to maintain and improve the integration of treatment programming.

Communicate effectively orally and in writing so that the interest of the clients and the standards of the psychology profession are represented in a facility's treatment policies and practices.

Est.: 4/10/40
Rev.: 8/2/50
3/11/66
3/87

T.C.:
Former Title(s):