

# Health Insurance 2019

## *Open Enrollment summary for retirees*

### **Exclusive Retiree Meetings**

Open meetings, no need to register

**October 22, 2018**, 10:00 a.m. - 12:00 noon - MSRS  
60 Empire Drive, St Paul 55103

**October 23, 2018**, 10:00 a.m. - 12:00 noon - MSRS  
60 Empire Drive, St Paul 55103

**October 24, 2018**, 10:00 a.m. - 12:00 noon - Brainerd Fire Dept.  
23 Laurel Street, Brainerd 56401

**October 25, 2018**, 10:00 a.m. - 12:00 noon - MnDOT  
1123 Mesaba Avenue, Duluth 55811

**October 30, 2018**, 10:00 a.m. - 12:00 noon - MnDOT Rochester  
2900 48th Street NW Rochester 55901

**October 31, 2018**, 1:30 p.m. - 3:30 p.m. - Southdale Library  
7001 York Avenue S, Edina 55435

**November 1, 2018**, 10:00 a.m. - 12:00 noon - MnDot Mankato  
2151 Bassett Drive, Mankato 56001

**November 2, 2018**, 10:00 a.m. - 12:00 noon - MnDOT  
3725 12th Street N, St. Cloud 56303

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# Open Enrollment for Retirees

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**Open Enrollment is held from November 1 - November 15, 2018.**

Retirees may change carriers.

- The BlueCross BlueShield Coordinated Plan premiums will increase by 14.9%.
- HealthPartners Retiree National Choice Plan will increase by 18% due to plan change.
- UCare Medicare Group premiums will increase by 3.1%.
- The Minnesota Advantage Plan premiums will increase by 3.0%.

## Steps for a successful Open Enrollment

- **Review the information in this booklet.**

Changes in the Minnesota Advantage Plan and Senior Plans for plan year 2019 are highlighted in this booklet and posted on the SEGIP website available at: [mn.gov/mmb/segip](http://mn.gov/mmb/segip).

- **Review the plan availability in this booklet on page 9.**

This tells you which health plans are available to you. You may choose any plan available in the county in which you live.

- **Review the 2019 insurance rate table on page 10 of this booklet.**

It lists the premium costs for each of the state's health plans. It also shows how premiums are combined for retirees and spouses under and over age 65.

- **Check your Advantage Health Plan Primary Care Clinic (PCC) to ensure participation for Plan year 2019. Some clinics have changed cost levels.**

There are changes in Primary Care Clinic cost levels for the Minnesota Advantage Health Plan. The same clinic may be listed as a different cost level depending on the carrier selected. The 2019 Clinic Directory is available on the SEGIP website at: [mn.gov/mmb/segip](http://mn.gov/mmb/segip). To access, click on the "Open Enrollment" tab. If you want to keep your current health carrier, but change clinics, call your carrier using the phone number listed on page 24 of this booklet. If you want to change from one carrier to another, you must complete and return **both** an Open Enrollment form and a Disenrollment form at the back of this booklet by November 15, 2018.

- **Complete and mail your applications if you want to make changes.**

Complete the Enrollment and Disenrollment forms in this booklet and mail them to the appropriate carrier listed on page 24. If enrolling in Senior Plans, you will receive additional enrollment forms from your new carrier at your home address. These must also be completed and returned to your new carrier as quickly as possible (prior to December 31, 2018). If your Senior Plan Forms are not received prior to December 31, 2018, you will not have coverage on January 1, 2019.

**Open Enrollment applications must be postmarked by November 15, 2018.**

**If you do not want to make changes, you do not have to complete the application.**

# Gathering Open Enrollment Information

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- **Employee and Retiree meetings.** Employee meetings will be held in select locations throughout Minnesota. For information on general Open Enrollment meeting times and locations, consult the SEGIP website available from the website at: [mn.gov/mmb/segip](http://mn.gov/mmb/segip). Retiree Open Enrollment meetings will be held October 22 through November 2, 2018. Details about the retiree meetings can be found on the Minnesota Retired State Employees Association (MRSEA) website at: [www.mrsea.org](http://www.mrsea.org) and the SEGIP website. There is no need to register to attend the retiree meetings. Questions about the retiree meetings may be directed to SEGIP at: (651) 355-0100.
- **Via the Internet.** The SEGIP website is: [mn.gov/mmb/segip](http://mn.gov/mmb/segip). This site has a special Open Enrollment tab. The SEGIP website provides links to the provider directories published by the three Minnesota Advantage Health Plan carriers: BlueCross BlueShield, HealthPartners, and PreferredOne. A list of participating doctors and clinics, accessible through the Minnesota Advantage Health Plan, is available to help you make your Primary Care Clinic (PCC) selection. This list also includes the PCC's number you need to write on your form in order to enroll. Each carrier has a unique number for the PCCs. To access, click on the "Open Enrollment" tab.
- **Via the phone.** You may call the carriers directly if you have questions or to request a plan's area provider list. Each health insurance carrier will provide a list of its participating clinics specific to your area and clinic numbers for Advantage. UCare Medicare Group, HealthPartners Retiree National Choice Plan, and the BlueCross BlueShield Coordinated Plan will provide directories for the plans to members age 65 and over. The carriers' phone numbers are listed on page 24 of this booklet.
- **SEGIP's Open Enrollment Service Center.** For answers to questions about rates, eligibility, and coverage or for help with enrollment issues, call SEGIP's Open Enrollment Service Center for help from October 2 through November 15, 2018. SEGIP representatives are available Monday through Friday from 7:00 a.m. to 4:00 p.m. (our office will be closed on Monday, November 12, 2018 in observance of Veterans' Holiday). Call 651-355-0100, or 1-800-664-3597 in greater Minnesota. Members with hearing or speech disabilities may contact SEGIP via their preferred telecommunications relay service.

# ***An overview of your health benefits***

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As a state retiree, you and your eligible dependents receive health insurance benefits through the State Employee Group Insurance Program (SEGIP).

**Open Enrollment will be held from November 1 – November 15, 2018.** This booklet is designed to help you make decisions about the SEGIP health benefits that you will receive during the 2019 plan year. Use it to learn about the Minnesota Advantage Health Plan design. Changes in Senior Plans and costs which may impact your selection of health plans are listed in this booklet. After Open Enrollment, you are encouraged to keep this booklet as a reference guide. Use it in conjunction with your Plan Summary or Certificate of Coverage to gain a greater understanding of your benefits.

SEGIP staff, in partnership with the Minnesota Retired State Employees' Association (MRSEA), will hold exclusive Retiree Open Enrollment meetings. Check the front cover or page 25 of this booklet for locations and times. **You do not need to register to attend a retiree meeting.** Presentations will be given to the group during the first hour. The remaining time provides retirees a chance to speak with individual carriers and gather information. Retiree meetings are also listed on the SEGIP website at: [mn.gov/mmb/segip](http://mn.gov/mmb/segip) and the MRSEA website at: [www.mrsea.org](http://www.mrsea.org).

## **Medicare Part D (Prescription Drug Coverage)**

**CAUTION: Members enrolling in the age 65 and over plans (Senior Plans) should NOT apply for or purchase Medicare Part D from another Part D carrier for prescription drug coverage.** Enrolling in Part D with an insurance company that is different from your SEGIP group carrier will terminate participation in the state's Senior Plans. As you approach age 65, Medicare beneficiaries will see marketing materials from several different insurance companies and pharmacies offering prescription coverage. If you purchase that coverage, you will **permanently lose** medical insurance coverage in the state's retiree group!

If you attain age 65 and enroll in Medicare Parts A and B while you are participating in SEGIP as a retiree, your enrollment in Medicare Part D will be handled by enrolling with your carrier's Senior Plan (BlueCross BlueShield participants enroll in the Coordinated Plan, HealthPartners participants enroll in HealthPartners Retiree National Choice Plan and PreferredOne participants enroll in UCare Medicare Group).

Retirees under age 65 in the Minnesota Advantage Health Plan have existing prescription drug coverage that, on average, is as good as, if not better than Medicare Part D. This is important. It ensures that you will not be penalized with a higher premium or Part D penalty if you join a Medicare prescription plan after Medicare Part D was first made available to you. A disclosure is available on the SEGIP website.

**SEGIS Plan Benefit:** The pharmacy benefit of the Senior Plans will include and coordinate with Medicare Part D. Participants in the Senior Plans do not pay a separate Part D premium to Medicare or to a Part D carrier. The Medicare Part D benefit and premium are built into the premium paid directly to BlueCross BlueShield Coordinated Plan, HealthPartners Retiree National Choice Plan, and UCare Medicare Group.

**Enrollment: New members** to any of the Senior Plans that coordinate with Medicare must immediately complete the Senior Plan's enrollment form and Medicare Part D form sent to their home address by the carrier. Participants who turn 65 during the year and continue coverage in SEGIS must also complete and return both the Senior Plan enrollment form and the Medicare Part D form prior to the month in which they turn 65 to ensure timely coverage upon turning age 65.

## Premiums

The 2019 premiums will change:

- 3.0% increase for the Minnesota Advantage Health Plan.
- 3.1% increase for UCare Medicare Group to \$329.00 per month.
- 18% increase for HealthPartners Retiree National Choice Plan to \$338.00 per month.
- 14.9% increase for BlueCross BlueShield Coordinated Plan to \$340.00 per month.

## What's new

The removal of the \$10.00 copay for convenience care and online care started May 1, 2018. These services will remain available at no cost in plan year 2019 in the Minnesota Advantage Health Plan.

- Convenience care clinics
- Doctors on Demand at [www.doctorondemand.com/bcbsmn](http://www.doctorondemand.com/bcbsmn)
- Virtuwel at [www.virtuwel.com](http://www.virtuwel.com)

Convenience care clinics and online care services can provide quick diagnosis for simple medical issues.

The current deductibles, copays, coinsurances and out-of-pocket maximums will remain the same in the 2019 plan year. Remember, even though there are no changes to these cost sharing features, the cost level of your primary care clinic may change in 2019.

**Cost Plans:** The HealthPartners Group Freedom Cost Plan will be replaced as of January 1, 2019 with the HealthPartners Retiree National Choice plan.

This new plan will allow you to use any willing Medicare provider, meaning you are no longer restricted to maintaining a Minnesota residence. The new HealthPartners Retiree National Choice plan is a Medicare wrap-around plan with a Prescription Drug (Part D) Plan.

# The Minnesota Advantage Health Plan

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## Office visit copays

The Advantage Summary lists two copay amounts for office visits in all cost levels. Active employees may complete the State of Wellbeing health assessment and agree to a follow-up health call to receive the lower office visit copay. The health assessment **is not available to retirees who pay their premiums directly to the carrier**. Because you do not have access to the health assessment, you will automatically pay the lower copay amount. For example, the copay in cost level 2 lists \$30 and \$35 copays. You will pay \$30 after the annual deductible is satisfied.

**Retirees who pay all or a portion of their medical insurance premium to SEGIP** or MMB are required to take the State of Wellbeing health assessment, administered by a new vendor, Virgin Pulse, and agree to accept a health call to receive the lower copay. The health assessment can be accessed directly at: [join.virginpulse.com/segip](http://join.virginpulse.com/segip). Participants who receive an employer contribution to their coverage will need to use their new Retiree ID number to create an account. Retirees will need to create a new account to complete the health assessment. This process must be completed during the Open Enrollment period of November 1 – November 15, 2018. Please contact Virgin Pulse member services at 833-862-9188 if you have questions regarding this process.

## Primary Care Clinics and Provider Quality

There are changes to the 2019 Primary Care cost levels. Check your current Primary Care Clinic's (PCC) cost level at [mn.gov/mmb/segip](http://mn.gov/mmb/segip) on the Open Enrollment tab. Quality of care information will be provided through Minnesota HealthScores for most of Minnesota's PCCs on the website. Minnesota HealthScores is a nonprofit organization that monitors and reports how well physician groups deliver preventive care and manage a variety of health conditions.

Before you make or change your provider selection, be sure to review the quality ratings from MN HealthScores.

## Turning 65 in 2019

**If you or your spouse will be turning age 65 during 2019**, you should also review the Senior Plans. The Advantage Plan carrier that you have in place when you turn age 65 determines the Senior Plan that you will be eligible to enroll with for the remainder of the 2019 plan year. Turning age 65 and becoming eligible for Medicare does not give you an opportunity to switch carriers to access a Senior Plan affiliated with a different carrier.

## Under 65, Advantage Plan Primary Care Clinics

Check with your carrier during Open Enrollment to see if your Primary Care Clinic will participate in the carrier's provider network for the new insurance year. The Clinic Directory for the Minnesota Advantage Health Plan is available on the SEGIP website. **If under age 65, you should confirm the cost level of your Advantage Plan's PCC for the upcoming year, as there are changes to the 2019 Clinic Cost Levels.**

If your current clinic will be available to you through SEGIP in 2019, and you do not want to change carriers, you do not need to do anything during this Open Enrollment period. You will continue to participate with your current carrier in 2019.

Changes you make to your health insurance coverage will be effective January 1, 2019 through December 31, 2019.

## Other Enrollment Notes

- **Medicare participation.** When you enroll in a senior plan you will be asked if you are enrolled in Medicare Parts A and B. You must be enrolled and provide this information to ensure claims will be processed correctly. If you are changing carriers and are age 65 or greater, you must enroll with the new plan's Part D benefit. The plan will send you Medicare enrollment forms that must be completed immediately to ensure that your new senior plan enrollment takes effect January 1, 2019.
- BlueCross BlueShield will send plan membership cards to your home for 2019. HealthPartners and PreferredOne will only send cards to new members or members who have a change in the cost level of their PCC. Check your membership cards closely to ensure that all information is correct. If there are errors, call your carrier immediately.

## Important Plan Statements

- The state expects to continue the State Employee Group Insurance Program indefinitely. However, the state reserves the right to change or discontinue all or any part of the program, consistent with the state's rights and obligations under law and collective bargaining agreements.
- The Plan assumes fraud or intentional misrepresentation if a participant enrolls a dependent who does not meet the Plan's definition of dependent. Upon 30-day notice, coverage will be rescinded to the effective date of coverage. You may be liable for all claims paid by the Plan on behalf of an ineligible dependent.



# Health Plans offered

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## BlueCross BlueShield Plans

- Minnesota Advantage Health Plan – BlueCross BlueShield (under age 65)
- Coordinated Plan (age 65 and over and a Medicare Enrollee)

## HealthPartners Plans

- Minnesota Advantage Health Plan – HealthPartners (under age 65)
- HealthPartners Retiree National Choice (age 65 or over and a Medicare Enrollee)

## PreferredOne Plans

- Minnesota Advantage Health Plan – PreferredOne (under age 65)
- UCare Medicare Group (age 65 or over and a Medicare Enrollee)

You may receive information about other plans offered by some of the same insurance companies or carriers that offer the plans we have just listed. Be cautious. Plans not listed in this book are not state-sponsored. If you enroll in a plan that is not state-sponsored, you forfeit your membership in the State Employee Group Insurance Program (SEGIP) and will never be able to re-enroll in the state group medical insurance.

Please note that if you and your dependents are all under age 65, you must all enroll in the same plan with the same insurance carrier. If you and your spouse or dependents are in different age groups (one is age 65 or older; one is under age 65) or you have other insurance-eligible dependents under age 65, you must select plans appropriate by age group. Both age appropriate plans must be offered by the same insurance carrier.

You may only change carriers during Open Enrollment. Upon turning age 65, you will have the opportunity to enroll in the senior plan affiliated with your current Advantage Plan carrier. Those approaching age 65 should receive an enrollment packet for the senior plan affiliated with their current carrier the month prior to the month in which they reach age 65.

## Cost

You pay the full cost of retiree health coverage for yourself and your insurance-eligible dependents. Since you are a member of the State Employee Group Insurance Program (SEGIP), you receive the advantage of group rates for high-quality plans. This makes your health care coverage more affordable for a very good plan, with a low out-of-pocket maximum, than if you were to purchase similar coverage on your own. Your monthly cost varies depending on which plan you choose and whether you cover your spouse, the age of your spouse, and whether you cover other eligible dependents. The Minnesota Advantage Health Plan rates and Senior Plan rates are listed in the table on page 10.

## Eligibility

If you and/or your spouse are Medicare-eligible and age 65 or older, you must be enrolled in Medicare Part A (hospital insurance) and Part B (supplemental medical insurance). Your Part D (prescription drug coverage) is included with your state group carrier and enrollment will be coordinated through your SEGIP senior plan for those ages 65 and older.

Participants in the state's retiree health insurance program may change carriers during Open Enrollment. It is important for you to carefully consider your option to continue your state-sponsored health insurance. If you turn 65 during 2019 you will be offered enrollment in the senior plan affiliated with your current Advantage Plan insurance carrier. **If you decide not to continue, you and/or your dependents will not be eligible to re-enroll in the state's health plans.**

## Family coverage

When you retired and became eligible to continue your participation in SEGIP's retiree plans, your eligible dependents were also able to maintain coverage.

If you chose coverage for yourself but not your dependent(s) when you retired, you may still be able to add your dependent(s) later. You may add dependent coverage if your eligible dependents, including your spouse:

- Lose other group coverage.
- If you marry after retirement.

At either time, **you must submit an Application to Change Insurance Coverage to the Employee Insurance Division** of SEGIP within 30 days of the event. A marriage certificate and other documents will be required to verify the marriage date. When losing other group coverage, you must send written verification from your dependent's employer. The employer's letter must state the exact date of the event that is causing the loss of group coverage. It must also state the date their current coverage will end. Adding new dependents will require that you verify dependent status. The policy holder verifies dependent status for newly added dependents by submitting specific documents. Failure to provide documentation will result in removal of coverage.

## Surviving spouses

A spouse who was covered by the state's retiree plans at the time of the retiree's death may continue participation in SEGIP indefinitely.

## COBRA Qualified Events – Dependent

If you have maintained coverage for a dependent child who reaches age 26, contact SEGIP prior to their 26th birthday to ensure that a COBRA offer will be provided to your dependent. Additionally, if you divorce after retirement, contact SEGIP to provide this information and inquire about continuation options no later than 60 days from the date of divorce.

# Availability by county

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The Minnesota Advantage Health Plan is available in all counties of Minnesota. However, the availability under each carrier may differ slightly. BlueCross BlueShield and HealthPartners offer the Advantage Plan in all counties of Minnesota. PreferredOne offers the Minnesota Advantage Health Plan in all Minnesota counties, except **Houston County**, where access is limited.

Each carrier offering the Minnesota Advantage Health Plan also provides a National Preferred Provider Organization (PPO) for members who permanently reside outside the state and service area (bordering counties) of Minnesota. Contact your carrier if you need access to Point of Service (POS) benefits for PPO providers, as not all carriers offer PPOs in every state. You must provide your permanent address and request access to this benefit before it is provided.

All three senior plans are available in all counties of Minnesota. The UCare Medicare Group plan offers coverage in some of the bordering counties of Wisconsin. (Please refer to the Wisconsin counties below.) For members age 65 and greater who live outside the state of Minnesota and the eligible border counties of Wisconsin, the BlueCross BlueShield Coordinated Plan and the HealthPartners Retiree National Choice Plan can provide your coverage. **The Coordinated Plan and the HealthPartners Retiree National Choice Plan are the only senior plans available to members whose permanent residence is outside the state of Minnesota and the surrounding Wisconsin counties.**

## UCare Medicare Group

### Wisconsin Counties

Ashland	Juneau
Barron	La Crosse
Bayfield	Monroe
Buffalo	Pepin
Burnett	Pierce
Chippewa	Polk
Crawford	Richland
Douglas	Sawyer
Dunn	Sauk
Eau Claire	St. Croix
Grant	Trempealeau
Iowa	Vernon
Jackson	Washburn

<b>2019 Monthly Rates</b>	Section 1		Section 2					Section 3			
	Retiree under 65	Retiree 65 & over	Spouse under 65	Spouse under 65 and 1 or more children	One or more eligible child/ no spouse	Spouse 65 & over	Spouse 65 or over and 1 or more children	Surviving Spouse or one dependent under 65	Surviving Spouse 65 and over	Two or more surviving dependents under 65	Surviving Spouse 65 & over and one or more dependent
<b>Minnesota Advantage Health Plan – BlueCross BlueShield</b>	649.72	—	1260.90	1260.90	1260.90	—	1260.90	649.72	—	1910.62	—
Coordinated Plan	—	340.00	—	—	—	340.00	—	—	340.00	—	1600.90
<b>Minnesota Advantage Health Plan - HealthPartners</b>	649.72	—	1260.90	1260.90	1260.90	—	1260.90	649.72	—	1910.62	—
HealthPartners Retiree National Choice Plan	—	338.00	—	—	—	338.00	—	—	338.00	—	1598.90
<b>Minnesota Advantage Health Plan - PreferredOne</b>	649.72	—	1260.90	1260.90	1260.90	—	1260.90	649.72	—	1910.62	—
UCare Medicare Group	—	329.00	—	—	—	329.00	—	—	329.00	—	1589.90

*Note: For retirees who wish to cover their families, the amount you pay is the total of the rate for yourself, under the "Section 1" heading, plus the appropriate rate under the "Section 2" heading. For survivors of retirees, choose the appropriate rate under the "Section 3" heading. Rates are subject to change on January 1, 2020.*

# Plan Summaries

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The next section of this booklet provides summaries of each SEGIP health plan offered to retirees.

- Retirees and dependents under age 65 should refer to pages 5 through 16 for plan features and types of services covered under the Minnesota Advantage Health Plan.
- Retirees and/or dependents age 65 and over who are Medicare eligible will find plan summaries and a comparison chart on pages 17 through 23.
- For definitions of some of the terms used in these descriptions, refer to the glossary on pages 26 through 28.

This booklet does not describe the many procedures and requirements established by the carriers to ensure quality and efficiency. For example, this booklet may state that coverage is 100 percent for a certain service, but coverage may also require the carrier's prior approval. You should become familiar with how your plan works in addition to its benefit levels and provider network. Each plan's Certificate of Coverage or Summary of Benefits describes these features. The Minnesota Advantage Health Plan Summary will be available on the SEGIP website. The age 65 and over plan certificates will be mailed to members after January 1, 2019.

## Provider Networks

Most health plans have a network of physicians, hospitals, and other health care providers through which you receive your care. To be sure that a particular doctor or other health care provider will be in your plan's network for the 2019 insurance year, call the plan's customer service number (see page 24).

## Medicare Coordination

All SEGIP Senior Plans are coordinated with Medicare Parts A, B, and D for people age 65 or older. Medicare-eligible retirees and spouses age 65 and older are **required to enroll in Medicare Part A** (hospital insurance) **and Part B** (supplemental medical insurance) in order to participate in the state's group insurance plans. Enrollment in Medicare Part D (prescription drugs) is included with the state group carrier you have chosen for all medical benefits. Your enrollment in Part D will be coordinated through the carrier with which you participate.

## Important note

The following descriptions are meant only to highlight the benefits provided by each plan. Please refer to the Certificate of Coverage or Summary of Benefits for complete descriptions of all benefits and benefit exclusions. If there are differences between this document and the plans' Certificates of Coverage or Summary of Benefits, the Certificates of Coverage or Summary of Benefits will govern.

# ***Minnesota Advantage Health Plan (under age 65)***

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## ***Minnesota Advantage Health Plan is the medical benefits program for all retirees and dependents under age 65***

All state of Minnesota retirees and eligible dependents under age 65 who receive medical coverage under the State Employee Group Insurance Program (SEGIP) are enrolled in the benefits program called the Minnesota Advantage Health Plan.

### **Advantage Plan features**

The Minnesota Advantage Health Plan features include:

- Cost sharing features that help you better control health care costs, while maintaining flexibility in access to doctors and clinics.
- Uniform and comprehensive set of benefits across all plans.
- Out-of-pocket expense maximums for both prescription drugs and medical services to protect you from financial hardship.
- No copays charged for preventive care like immunizations, annual check-ups, etc.
- Most medical care is coordinated through your Primary Care Clinic (PCC) and you will generally need a referral to see a specialist.
- You may self-refer to certain specialists including:
  - Obstetricians/gynecologists
  - Chiropractors
  - Mental health/chemical dependency practitioners
  - Routine eye exam providers.

Access to this specialty care still depends on your plan network and possibly your PCC. Contact your carrier to verify clinic cost level participation.

- You may change your clinic and cost level as often as monthly.
- Referrals for office visits to a specialist are covered at the same level as your PCC office visits.
- We advise that you choose a plan that is available in the county in which you live.

### **Creditable coverage for prescription drugs**

It has been determined that the prescription drug coverage offered through the Minnesota Advantage Health Plan is creditable. This means the amount that the Minnesota Advantage Health Plan expects to pay, on average, for prescription drugs is the same as or greater than what standard Medicare prescription drug coverage will pay. This is important because if you are now eligible or become eligible for Medicare Part D, but enroll at a future date, you will not pay extra for that coverage. A disclosure is available to you on the SEGIP website at: [mn.gov/mmb/segip](http://mn.gov/mmb/segip).

## How does Advantage work?

Under Advantage, you will share in the cost of specific medical services you obtain by paying out-of-pocket costs (annual deductibles, office visit copays, coinsurance), similar to those paid by members of other employer-sponsored health benefit plans.

Health care providers have been placed into one of four cost levels. The cost level in which each provider is placed depends on the care system in which the provider participates and that care system's total cost of delivering health care. Participants pay the least out-of-pocket costs when using cost level 1 or 2 clinics.

Clinics have changed cost levels for 2019. To check the cost level of your clinic, refer to the Advantage Clinic Directory on the SEGIP website at: [mn.gov/mmb/segip](http://mn.gov/mmb/segip).

To access, click on Open Enrollment tab. Then click on 2019 Advantage Clinic Directory or call your insurance carrier listed on page 24.

The amount of cost sharing that will be paid when using health care services varies depending on the cost level of the Primary Care Clinic that is chosen. **Primary Care Clinics in the cost levels 1 and 2 provide the best value with the lowest possible out-of-pocket costs.** Members in cost level 1 or 2 have annual out-of-pocket maximums set at the lowest amounts available under the plan: \$1,200 for single coverage and \$2,400 for family. Participants opting for coverage in a cost level 3 or 4 clinic will have higher out-of-pocket costs, as the delivery of care under these cost levels has higher costs. Participants in cost level 3 will share in their cost of care up to the out-of-pocket maximum of \$1,600 single and \$3,200 family. Participants using cost level 4 clinics will share in the cost of their care to a maximum of \$2,600 single and \$5,200 family. Once you've reached your annual out-of-pocket maximum, the Advantage Plan will pay all remaining medical costs allowed under the plan for that year.

**CVS Caremark is the Pharmacy Benefits Manager for all participants of the Minnesota Advantage Health Plan** regardless of the carrier selected. Under the SEGIP plan, most drugs are covered under one of three tiers, regardless of the PCC selected. The formulary may be accessed at [www.caremark.com](http://www.caremark.com). The out-of-pocket maximum remains unchanged at \$800 single and \$1,600 family, regardless of the cost level of a participant's Primary Care Clinic.

## 2019 Minnesota Advantage Health Plan Schedule of Benefits

2019 Benefit Provision	Cost Level 1 - You Pay	Cost Level 2 - You Pay	Cost Level 3 - You Pay	Cost Level 4 - You Pay
<b>A. Preventive Care Services</b> <ul style="list-style-type: none"> <li>• Routine medical exams, cancer screening</li> <li>• Child health preventive services, routine immunizations</li> <li>• Prenatal and postnatal care and exams</li> <li>• Adult immunizations</li> <li>• Routine eye and hearing exams</li> </ul>	Nothing	Nothing	Nothing	Nothing
<b>B. Annual First Dollar Deductible</b> (single/family)	\$150/300	\$250/500	\$550/1,100	\$1,250/2,500
<b>C. Office visits for Illness/Injury, for Outpatient Physical, Occupational or Speech Therapy, and Urgent Care</b> <ul style="list-style-type: none"> <li>• Outpatient visits in a physician's office</li> <li>• Chiropractic services</li> <li>• Outpatient mental health and chemical dependency</li> <li>• Urgent Care clinic visits (in &amp; out of network)</li> </ul>	\$25/30* copay per visit Annual deductible applies	\$ 30/35* copay per visit Annual deductible applies	\$60/65* copay per visit Annual deductible applies	\$80/85* copay per visit Annual deductible applies
<b>D. In-network Convenience Clinics &amp; Online Care</b> (deductible waived)	\$0 copay	\$0 copay	\$0 copay	\$0 copay
<b>E. Emergency Care (in or out of network)</b> <ul style="list-style-type: none"> <li>• Emergency care received in a hospital emergency room</li> </ul>	\$100 copay Annual deductible applies	\$100 copay Annual deductible applies	\$100 copay Annual deductible applies	25% coinsurance Annual deductible applies
<b>F. Inpatient Hospital Copay</b> (waived for admission to Center of Excellence)	\$100 copay Annual deductible applies	\$200 copay Annual deductible applies	\$500 copay Annual deductible applies	25% coinsurance Annual deductible applies
<b>G. Outpatient Surgery Copay</b>	\$60 copay Annual deductible applies	\$120 copay Annual deductible applies	\$250 copay Annual deductible applies	25% coinsurance Annual deductible applies
<b>H. Hospice and Skilled Nursing Facility</b>	Nothing	Nothing	Nothing	Nothing
<b>I. Prosthetics, Durable Medical Equipment</b>	20% coinsurance	20% coinsurance	20% coinsurance	25% coinsurance Annual deductible applies
<b>J. Lab</b> (including allergy shots), <b>Pathology, and X-ray</b> (not included as part of preventive care and not subject to office visit or facility copays)	5% coinsurance Annual deductible applies	5% coinsurance Annual deductible applies	20% coinsurance Annual deductible applies	25% coinsurance Annual deductible applies



2019 Benefit Provision	Cost Level 1 - You Pay	Cost Level 2 - You Pay	Cost Level 3 - You Pay	Cost Level 4 - You Pay
<b>K. MRI/CT Scans</b>	5% coinsurance Annual deductible applies	10% coinsurance Annual deductible applies	20% coinsurance Annual deductible applies	25% coinsurance Annual deductible applies
<b>L. Other expenses not covered in A-K above, including but not limited to:</b> <ul style="list-style-type: none"> <li>• Ambulance</li> <li>• Home Health Care</li> <li>• Outpatient Hospital Services (non-surgical)</li> <li>• Radiation/chemotherapy</li> <li>• Dialysis</li> <li>• Day treatment for mental health and chemical dependency</li> <li>• Other diagnostic or treatment related outpatient services</li> </ul>	5% coinsurance Annual deductible applies	5% coinsurance Annual deductible applies	20% coinsurance Annual deductible applies	25% coinsurance Annual deductible applies
<b>M. Prescription Drugs</b> 30-day supply of Tier 1, Tier 2, or Tier 3 prescription drugs, including insulin, or a 3-cycle supply of oral contraceptives Note: all Tier 1 generic and select branded oral contraceptives are covered at no cost.	\$14/25/50	\$14/25/50	\$14/25/50	\$14/25/50
<b>N. Plan Maximum Out-of-Pocket Expense for Prescription Drugs</b> (excludes PKU, Infertility, growth hormones) (single/family)	\$800/1,600	\$800/1,600	\$800/1,600	\$800/1,600
<b>O. Plan Maximum Out-of-Pocket Expense</b> (excluding prescription drugs) (single/family)	\$1,200/2,400	\$1,200/2,400	\$1,600/3,200	\$2,600/5,200

*\*The level of the office visit copay for the employee and his or her family is dependent upon whether the employee has completed the Health Assessment in each Open Enrollment period, and agreed to accept a health coach call. Employees who have completed the Health Assessment and accept a health coaching call are entitled to the lower copay. Employees hired after the close of Open Enrollment will be entitled to the lower copay.*

*This chart applies only to in-network coverage. Point-of-Service (POS), coverage is available only for members whose permanent residence is outside the State of Minnesota and outside the service areas of the health plans participating in Advantage. This category includes employees temporarily residing outside Minnesota on temporary assignment or paid leave [including sabbatical] and college students. It is also available to dependent children and spouses permanently residing outside the service area. These members pay a \$350 single or \$700 family deductible and 30% coinsurance to the out-of-pocket maximum described in Section O above. Members pay the drug copay described at Section M above to the out-of-pocket maximum described at Section N. This benefit must be requested.*

*A standard set of benefits is offered in all SEGIP Advantage Plans. There are still some differences from plan to plan in the way that benefits, including the transplant benefit, are administered, in the referral and diagnosis coding patterns of primary care clinics, and in the definition of Allowed Amount.*

# Coordinated Plan (age 65 and over)

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This is a BlueCross BlueShield of Minnesota Plan available for those who are:

- Age 65 and older.
- Enrolled in Medicare Parts A and B.
- Enrolled in Medicare Part D which is included with this plan.

**Requires immediate completion and return of forms to the plan. There are two forms entitled, “Enrollment Form for State of Minnesota Coordinated Plan” and, “Group Medicare BlueRx (PDP).” Forms will be mailed directly to your home address.**

## General plan features

The Coordinated Plan is available in all Minnesota counties and worldwide.

As a member of the Coordinated Plan, you are free to choose any health care provider. However, when you use providers that participate with BlueCross BlueShield Plans (BCBS), your claims will be filed for you and the BCBS payment will be made directly to the provider. In addition, BCBS providers have agreed to accept the allowed amount as payment in full. You are only responsible for any deductible, coinsurance, and copays for eligible services.

Health care providers who do not participate with BCBS may charge more for services than the allowed amount. When you use a provider who does not participate with BCBS you are responsible for the deductible, copays or coinsurance and any eligible charges that exceed the allowed amount. You may also have to file your own claims.

Some deductibles specified in the Coordinated Plan are based on 2019 Medicare deductibles which are subject to change through action by the federal government for 2019. Be aware that such changes could take place without warning.

## Inpatient admissions

### Inpatient services:

- General hospital
- Skilled nursing facilities
- Mental health
- Chemical dependency

The Coordinated Plan will process at 80% of the first \$3,000 of total eligible expenses, then 100% for a semi-private room up to 365 days, following your \$200 annual deductible.

- **Deductible:** A deductible applies to the first \$200.
- **Coinsurance:** After the \$200 inpatient deductible, each participant is responsible for 20% of the first \$3,000 (\$600) of the total eligible expenses.  
Eligible expenses in excess of \$3,000 each calendar year are covered at 100%.
- **Inpatient services out-of-pocket maximum:** \$800 per participant per calendar year (\$200 deductible plus 20% of the next \$3,000).

# Coordinated Plan (age 65 and over)

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## Emergency services

- After the Medicare Part B annual deductible, 100% coverage. The plan requires participants to pay the 2019 Medicare Part B deductible of \$183.00 for 2019.

## Health care services

There is an annual outpatient deductible for all medical (Medicare Part B) services. After the deductible is met, services will be covered as follows.

- **Preventive care:** 100% coverage. Preventive care is not subject to the deductible.
- **Physician services:** 100% coverage.
- **Eye and hearing exams:** One routine exam per calendar year. 100% coverage of the allowed amount. The Medicare Part B deductible does not apply.
- **Hospital outpatient and surgery center:** 100% coverage.
- **Outpatient mental health services:** 100% coverage.
- **Outpatient chemical dependency services:** 100% coverage.
- **Chiropractic services:** 100% coverage.
- **Physical, speech, and occupational therapy (in an outpatient hospital):** 100% coverage.
- **Home health care:** 100% of the Medicare-approved amount for medically necessary skilled care.

## Prescriptions and products

### Prescription Drugs: 30-day supply, including insulin.

- **\$10 copay** for generic drugs.
- **\$30 copay** for preferred brand drugs.
- **\$50 copay** for brand name drugs.
- **\$50 copay** for specialty.
- **25% coinsurance** for supplemental drugs. These are certain classes of drugs not covered by Medicare.
- SEGIP Retirees pay the appropriate copay while in donut hole or gap. SEGIP Retirees do **NOT** pay a greater percent of drug costs while in donut hole.
- **Catastrophic prescription drug coverage:** If out-of-pocket expenses total \$5,100 the prescription drug copay changes to the greater of 5% coinsurance or a \$3.40 copay for generics (including brand drugs treated as generic) and \$8.50 for other drugs for the remainder of the year.
- **Mail Order/Preferred Extended Supply:** (90-day supply). Generic Drugs - \$20 copay, Preferred Brand Drugs - \$60 copay, Non-Preferred Brand Drugs - \$100 copay, Specialty Drugs - \$100 copay.

### Prosthetics and durable medical equipment:

- 100% coverage after the annual Medicare Part B deductible.
- **Hearing aids** 80% coverage for hearing aids and accessories every three years. Check your Certificate of Coverage for more information.

### Fitness Program

- BlueCross Fitness Discount program

# ***HealthPartners Retiree National Choice***

## ***(age 65 and over)***

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This is a HealthPartners Retiree National Choice available for those who are:

- Age 65 and older
- Enrolled in Medicare Parts A and B
- Must enroll in Medicare Part D which is included with this plan.

**Requires immediate completion and return of forms to the plan. The form is entitled “2019 Retiree National Choice Group Plan Enrollment Instructions for Group Enrollees.” Forms will be mailed directly to your home address.**

### **General plan features**

As a participant in the HealthPartners Retiree National Choice plan you are free to use physicians and providers across the United States. You are not required to be a resident of the state of Minnesota. Participants will be able to use any Medicare provider.

The HealthPartners Retiree National Choice Plan has an open access network.

### **Extended absence benefit**

- Benefits while you are outside of Minnesota in the United States are available from anyone who accept Medicare Assignment.

### **Inpatient admissions**

- **General hospital:** \$100 copay and then 100% coverage for unlimited days.
- **Skilled nursing facilities:** 100% coverage for rehabilitative care after 3 days prior hospitalization for up to 100 days per benefit period. You must meet current Medicare coverage requirements. Requires preauthorization by HealthPartners.
- **Mental health and Chemical dependency:** \$100 copay and then 100% coverage for unlimited days.

### **Emergency services**

- **In the HealthPartners Retiree National Choice Plan service area:** \$50 copay for emergency room services. **100% coverage for ambulance service in the United States and US territories.**
- **Outside the HealthPartners Retiree National Choice Plan service area:** 80% coverage outside of the United States and US territories. **Ambulance Benefit:** Outside the United States 20% coinsurance for one-way (limited to ground ambulance to nearest appropriate facility).
- All members have access to **worldwide travel logistics** if medical care is needed at least 100 miles from permanent residence or in a foreign country.

# ***HealthPartners Retiree National Choice***

## ***(age 65 and over)***

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### **Health care services**

**There is a \$3,400 out-of-pocket maximum expense for health care services.**

- **Preventive care:** 100% coverage.
- **Physician services:** 100% coverage after a \$15 copay (\$15 copay does not apply to nutritional therapy for diabetics and renal disease).
- **Eye and hearing exams:** 100% coverage.
- **Hospital outpatient and surgery center:** 100% coverage.
- **Outpatient mental health services:** 100% coverage after a \$10 copay; \$5 copay for group therapy.
- **Outpatient chemical dependency services:** 100% coverage after a \$10 copay.
- **Chiropractic services:** 100% coverage after a \$10 copay, when meeting Medicare guidelines.
- **Physical, speech, and occupational therapy:** \$15 copay, then 100% for physical, occupational, or speech therapy.
- **Home health care:** 100% coverage. Must meet Medicare guidelines (no coverage beyond Medicare).
- **Online Care:** You pay nothing for online care visits to virtuwel at virtuwel.com.
- **Foot orthotics:** 90% coverage.

### **Prescriptions and products**

#### **Prescription drugs: 30-day supply**

- **\$10 copay** for generic and preferred generic.
- **\$30 copay** for preferred brand.
- **\$50 copay** for non-preferred brand.
- **\$50 copay** per prescription for specialty drugs.
- SEGIP Retirees pay the appropriate copay while in the donut hole or gap. SEGIP Retirees do **NOT** pay a greater percent of drug costs while in the donut hole.
- **Catastrophic prescription drug coverage:** If you reach the catastrophic level of \$5,100, then the defined benefit will be the Part D level of \$3.40 generic or preferred brand and the lesser of 5% or \$8.50 for all other drugs but not higher than the initial coverage level benefit of \$10 generic/\$30 preferred brand/\$50 non-preferred brand/\$50 specialty.
- **Mail order prescription options:** Three month supply of drugs available for only two copays.

#### **Prosthetics and durable medical equipment:**

- 90% coverage, including test strips and syringes for people with diabetes. (No more than a 90-day supply will be covered and dispensed at a time.)
- **Hearing Aid benefit:** 80% coverage for selected hearing aid for each ear (internal and external devices, no implant devices) and accessories every three years.

#### **Fitness Program:**

- Silver & Fit at no cost

# UCare Medicare Group (age 65 and over)

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This plan is available for those moving from PreferredOne to the UCare Medicare Group. This is for those who are:

- Age 65 and older.
- Enrolled in Medicare Parts A and B.
- Enrolled in Medicare Part D which is included with this plan.

**Requires immediate completion and return of forms to the plan. The form is entitled, "UCare Medicare Group Enrollment Request Form." Forms will be mailed directly to your home address.**

## General plan features

Health care services are provided through the UCare network of physicians, clinics, pharmacies, and other health care providers. UCare Medicare Group is available in all counties in Minnesota and 26 western Wisconsin counties listed on page 9 of this booklet.

Referrals are not needed for specialty care. UCare also provides coverage for services obtained outside the UCare network. This coverage is offered at a reduced benefit level.

As a UCare member, you select the clinic of your choice. Family members may choose different clinics.

## Point of Service

- Routine and non-emergency physician services outside of the UCare Medicare Group network in the United States are covered at 80% to a maximum benefit of \$100,000. The participant pays 20% to a maximum out-of-pocket of \$10,000 for eligible expenses per calendar year. The participant would be responsible for all charges above \$100,000. **New for 2019:** Physician office visits out of network will be covered with the same copays as in network office visits.

## Inpatient admissions

- **General hospital:** 100% coverage after a \$100 copay per admission.
- **Skilled nursing facilities:** 100% coverage for rehabilitative care up to 100 days. Must meet current Medicare coverage requirements. **No 3-day hospitalization stay required.**
- **Mental health:** 100% coverage, after a \$100 copay per admission.
- **Chemical dependency:** 100% coverage.

## Emergency/urgent care services

- In and out of area emergencies: \$50 copay, 100% coverage thereafter. Copay waived upon hospital admission. Worldwide coverage.
- Urgent care: \$20 copay, 100% coverage thereafter.
- Ambulance: 100% coverage after \$100 copay.

# **UCare Medicare Group** (age 65 and over)

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## **Health care services**

**There is a \$3,400 out-of-pocket maximum expense for in-network health care services.**

- **Preventive care:** 100% coverage.
- **Physician services:** 100% coverage after a \$15 copay per visit.
- **Eye and hearing exams:** 100% coverage.
- **Hospital outpatient and surgery center:** 100% coverage.
- **Outpatient mental health services:** 100% coverage after a \$15 copay per visit.
- **Outpatient chemical dependency services:** 100% coverage after a \$15 copay per visit.
- **Chiropractic services:** 100% coverage for Medicare-approved services. Must use a UCare Medicare Group affiliated chiropractor.
- **Physical, speech, and occupational therapy:** 100% coverage after a \$15 copay per visit.
- **Home health care:** 100% coverage for skilled care.

## **Prescriptions and products**

### **Prescription drugs: 30-day supply**

- **\$10 copay** for generic drugs.
- **\$30 copay** per prescription for preferred brand name drugs.
- **\$50 copay** per prescription for brand name drugs.
- **\$50 copay** for specialty drugs.
- SEGIP Retirees pay the appropriate copay while in donut hole or gap. SEGIP Retirees do **NOT** pay a greater percent of drug costs while in donut hole.
- Mail order or Preferred Pharmacy network which includes CVS/Target, Costco, Cub, Sam's Club/Walmart, and others: 90-day supply for 2 copays
- **Catastrophic prescription drug coverage:** If out-of-pocket expenses total \$5,100 the prescription drug copay changes to the greater of 5% coinsurance or a \$3.40 copay for generics (including brand drugs; treated as generic) and \$8.50 for other drugs for the remainder of the year.

### **Prosthetics, durable medical equipment and diabetic supplies:**

- 100% coverage for prosthetics.
- 80% coverage for durable medical equipment, including glucose monitors, test strips and Lancets for people with diabetes. **Syringes and insulin covered as prescription drugs.**
- 100% coverage for Part B diabetic supplies.
- \$500 toward hearing aid purchase once every 36 months.
- \$150 toward eyeglass frames and lenses once each calendar year.

### **Fitness Program:**

- SilverSneakers®
- UCare Health Club Savings Program



# Comparison Chart for Senior Plans

2019 Benefit	Coordinated Plan	Retiree National Choice Plan	UCare Medicare Group
Extended Absence or Point of Service	Worldwide coverage	Worldwide coverage for emergencies.	Worldwide coverage for emergencies. May be outside service area for up to 6 months.
Inpatient Admissions General Hospitalization	\$200 deductible + 20% of the first \$3000 (\$600) = \$800 per patient per calendar year	\$100 copay per admission then 100% coverage	\$100 copay per admission, then 100% coverage.
Emergency Services	After Medicare B annual deductible, 100% coverage	\$50 copay or 100% ER visit if admission results	\$50 copay, waived if admitted
Out of Pocket Maximum	\$800 inpatient, Medicare B deductible and 20% on hearing aids	\$3,400	\$3,400
Preventative care	100% Coverage (no deductible)	100% Coverage	100% Coverage
Eye & Hearing Exam	100% (no deductible) for one routine exam per year	100% coverage	100% Coverage
Physicians Service	Medicare B deductible, then 100%	\$15 copay, then 100% coverage	\$15 copay, then 100% coverage
Inpatient Hospitalization	\$200 deductible plus 20% of \$3,000 (600) which is \$800 per patient per year.	\$100 copay per admission then 100% coverage.	\$100 copay per admission, then 100% coverage.
Hospital Outpatient and Surgery Center	After Medicare B annual deductible, 100% coverage	100% Coverage	100% Coverage
Outpatient Mental Health	After Medicare B annual deductible, 100% coverage	\$10 copay or \$5 copay for group then 100% Coverage	\$15 copay per visit, then 100% coverage
Outpatient Chemical Dependency	After Medicare B annual deductible, 100% coverage	\$10 copay, then 100% coverage	\$15 copay per visit, then 100% coverage
Chiropractic	After Medicare B annual deductible, 100% coverage	\$15 copay, then 100% coverage, subject to Medicare guidelines	100% Coverage for Medicare approved services at UCare Medicare Group Chiropractor.
Physical Therapy	After Medicare B annual deductible, 100% coverage	\$15 copay, then 100% coverage	100% coverage outpatient setting, after \$15 copay per visit
Occupational Therapy	After Medicare B annual deductible, 100% coverage	\$15 copay, then 100% coverage	100% coverage outpatient setting, after \$15 copay per visit
Speech Therapy	After Medicare B annual deductible, 100% coverage	\$15 copay, then 100% coverage	100% Coverage outpatient setting after \$15 copay per visit
Home Health –skilled care meeting Medicare approved guidelines	After Medicare B annual deductible, 100% coverage	100% Coverage	100% Coverage
30-day Prescriptions	Copay coverage thru gap	Copay coverage thru gap	Copay coverage thru gap
	\$10 Generic	\$10 Generic	\$10 Generic
	\$30 Preferred Brand	\$30 Brand Formulary	\$30 Preferred Brand Name
	\$50 Brand Name	\$50 Non Preferred Brand	\$50 Brand Name
	\$50 for Specialty drugs	\$50 for Specialty drugs	\$50 for Specialty drugs
	25% for supplementary drugs	n/a	Supplemental Rx Covered
Mail Order Available	Yes	Yes	Yes
Prosthetics	100% after the annual Medicare B deductible	90% coverage	100% coverage
Durable Medical Equipment	100% after the annual Medicare B deductible (foot orthotics 80%)	90% including test strips and syringes for diabetics	80% and 100% for Part B diabetic supplies
Hearing Aid	80% for hearing aids and accessories every 3-yrs any vendor	80% for hearing aids and accessories every 3-yrs any vendor	\$500 reimbursement every 36-months at any vendor
Eye Glasses	eyewear discounts available	Up to 35% discount on eyewear (100% per cataract surgery)	\$150 allowance toward eyewear per year



# Other information

## Health Plan addresses and phone numbers

Carrier	Address	Phone Numbers
<b>Minnesota Advantage Health Plan - BlueCross BlueShield, Coordinated Plan</b>	BlueCross BlueShield of Minnesota P.O. Box 64560 St. Paul, MN 55164-9756 <a href="http://www.bluecrossmn.com/segip">www.bluecrossmn.com/segip</a>	1-800-262-0819 771 - TTY
<b>Medicare Blue RX</b>	<a href="http://www.YourMedicareSolutions.com">www.YourMedicareSolutions.com</a>	1-877-838-3827 711 - TTY
<b>National PPO for Advantage - Blue Cross Blue Card</b>	<a href="http://www.bluecrossmn.com/segip">www.bluecrossmn.com/segip</a>	1-800-810-2583
<b>Minnesota Advantage Health Plan - HealthPartners</b>	HealthPartners Attn: Membership Accounting P.O. Box 297 Minneapolis, MN 55440-0297 <a href="http://www.healthpartners.com/segip/">www.healthpartners.com/segip/</a>	952-883-7900 1-888-343-4404 952-883-5127-TTY
<b>HealthPartners Retiree National Choice</b>	HealthPartners Attn: Membership Accounting P.O. Box 297 Minneapolis, MN 55440-0297 <a href="http://www.healthpartners.com/segipmedicare">www.healthpartners.com/segipmedicare</a>	952-883-7979 1-800-233-9645 1-800-443-0156 - TTY
<b>National PPO for Advantage – HealthPartners</b>	<a href="http://www.healthpartners.com/segip/">www.healthpartners.com/segip/</a>	1-888-343-4404
<b>Minnesota Advantage Health Plan - PreferredOne</b>	PreferredOne Administrative Services 6105 Golden Hills Drive Golden Valley, MN 55416 <a href="http://www.preferredone.com/segip">www.preferredone.com/segip</a>	763-847-4477 1-800-997-1750 763-847-4013 - TTY
<b>National PPO for Advantage – PreferredOne</b>	<a href="http://www.preferredone.com/segip/find-a-doctor">www.preferredone.com/segip/find-a-doctor</a>	1-866-241-7427
<b>UCare Medicare Group</b>	UCare Attn: Group UCare Medicare Group 500 Stinson Boulevard NE Minneapolis, MN 55413 <a href="mailto:Groupsales@ucare.org">Groupsales@ucare.org</a> <a href="http://www.ucare.org">www.ucare.org</a>	612-676-6900 1-877-598-6574 612-676-6810 – TTY 1-800-688-2534 - TTY
<b>CVS Caremark</b>	CVS Caremark Claims Department P.O. Box 52136 Phoenix, AZ 85072-2136 <a href="http://www.caremark.com">www.caremark.com</a>	844-345-3234 (toll free)

Carrier	Address	Phone Numbers
<b>Employee Insurance Division, State Employee Group Insurance Program MMB</b>	MMB - Employee Insurance Division 400 Centennial Office Building 658 Cedar Street St. Paul, MN 55155 <a href="http://mn.gov/mmb/segip">mn.gov/mmb/segip</a>	651-355-0100 1-800-664-3597
<b>Medicare</b>	<a href="http://www.Medicare.gov">www.Medicare.gov</a>	1-800-MEDICARE (1-800-633-4227) 1-877-468-2048 TTY/TDD
<b>Social Security</b>	<a href="http://www.socialsecurity.gov">www.socialsecurity.gov</a>	1-800-772-1213 1-800-325-0778

## Exclusive Retiree Open Enrollment Meetings

No registration is required. Please contact SEGIP with any questions about these meetings.

Date	Time	Location
October 22, 2018	10:00 a.m. - 12:00 noon	MSRS Building 60 Empire Drive St. Paul, MN 55103
October 23, 2018	10:00 a.m. - 12:00 noon	MSRS Building 60 Empire Drive St. Paul, MN 55103
October 24, 2018	10:00 a.m. - 12:00 noon	Brainerd Fire Department 23 Laurel Street Brainerd, MN 56401
October 25, 2018	10:00 a.m. - 12:00 noon	MnDOT Duluth 1123 Mesaba Avenue Duluth, MN 55811
October 30, 2018	10:00 a.m. - 12:00 noon	MnDOT Rochester 2900 48 <sup>th</sup> Street NW Rochester, MN 55901
October 31, 2018	1:30 p.m. – 3:30 p.m.	Southdale Library 7001 York Avenue S Edina, MN 55435
November 1, 2018	10:00 a.m. - 12:00 noon	MnDOT Mankato 2151 Bassett Drive Mankato, MN 56001
November 2, 2018	10:00 a.m. – 12:00 noon	MnDOT St. Cloud 3725 12 <sup>th</sup> Street N St. Cloud, MN 56303

\* MSRS has free parking available on the third level of the parking ramp. You may enter the building from the ramp on the third floor and take the elevator down to the first floor.

# Glossary

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**Advantage Value for Diabetes:** A program that gives Minnesota Advantage Health Plan members (18+) diagnosed with diabetes access to reduced out-of-pocket costs for high-value medical and pharmacy services that are primarily for diabetes. Eligible medical services include physician office visits, dietitian office visits, diabetic retinal eye exams, lab tests, diabetic testing supplies, and pharmacist consults. Eligible pharmacy services include diabetic testing supplies as well as diabetes, hypertension, cholesterol, and depression medications.

**Allowed amount:** A set amount which an insurance company (often referred to as a plan) agrees to pay for a particular service or product provided by a doctor or health care provider. Under some plans, there may be a difference in the insurance company's allowed amount and the health care provider's fee for a particular service or product. In some of these cases, the insured person is responsible for paying the difference.

**Brand name drugs:** Prescription drugs that are sold under a trademarked brand name.

**Carrier:** An organization, such as an insurance company, that provides or administers programs that arrange for health, life or other insurance services. All of the companies that offer health, dental, life, and optional insurance plans through the State Employee Group Insurance Program may be called carriers.

**Certificate of Coverage:** A document available to plan participants describing details of coverage. Insured plans call this a certificate of coverage and self-insured plans call this a summary of benefits.

**Coinsurance:** This is a percentage of the cost that is charged for certain services after the deductible has been paid. For example, a coinsurance level of 90% means that the member first pays the deductible, then the plan would pay 90% of the costs and the member would pay the remaining 10% of the costs. Once the employee costs reach the out-of-pocket limit, the plan would pay all costs for the rest of the plan year.

**Copay:** A flat dollar amount that is charged every time a service is provided. For example, under Advantage, members will be charged an office visit copay for most visits to the doctor's office. (Copays will not be charged for preventive care under Advantage, such as immunizations, annual check-ups, etc.)

**Creditable Coverage:** Prescription drug coverage that is on average at least as good as the standard Medicare prescription drug coverage.

**Deductible:** An annual amount that must be paid each year before the plan starts paying for services. A "\$250 deductible" for example, means that the member would pay the first \$250 per year for certain services before the plan would begin covering the cost of services.

**Dependent:** Generally, the spouse/children of a covered person, as defined in the insurance policy or plan.

**Effective date:** The date on which an insurance policy or plan goes into effect and coverage begins.

**Eligible expenses:** Medical expenses for which a health plan will provide benefits. Some health providers may charge more than what an insurance plan considers eligible. In these cases, the covered person is responsible for paying the additional costs.

**Family coverage:** Health insurance for the retiree and one or more eligible dependents.

**Formulary:** A drug formulary is a listing of preferred high-quality, cost-effective drugs selected by a professional committee of physicians and pharmacists.

**Generic:** A drug that has been on the market long enough that no single manufacturer has an exclusive right on making and marketing.

**In-network:** The group of health care providers with whom a plan has contracted to provide services to members of the plan. Networks may change during the year, so ask if a provider is still participating with your plan before you seek services.

**Medicare:** The federal government's plan for paying certain hospital and medical expenses for those individuals who qualify and are enrolled in the Medicare plan, primarily those 65 and over. Benefits are provided regardless of income level. The program is government- subsidized and government-operated.

**Medicare Part A:** Medicare Part A, hospital insurance, pays for inpatient hospital services and post-hospital care.

**Medicare Part B:** Medicare Part B, Supplementary Medical Insurance, pays for medically necessary doctors' services, outpatient hospital services, and other medical services and supplies not covered by Part A.

**Medicare Part D:** Medicare Part D pays for prescription drug coverage for qualified Medicare beneficiaries.

**Open Enrollment:** The period during which participants in the State Employee Group Insurance Program have an opportunity to change from one plan to another.

**Out-of-pocket costs:** Fees and charges that an insured person is required to pay for products or services.

**Outpatient services:** Treatment that does not require hospitalization.

**The Patient Protection and Affordable Care Act (PPACA):** A federal statute that was signed into law in the United States on March 23, 2010. The law includes numerous health-related provisions to take effect over a four-year period, including expanding Medicaid eligibility, subsidizing insurance premiums, providing incentives for businesses to provide health care benefits, prohibiting denial of coverage/claims based on pre-existing conditions, establishing health insurance exchanges, and support for medical research.

**Preferred brand:** A group of brand name drugs that the pharmacy benefit manager has selected to be the most effective for the price.

**Preferred Provider Organization (PPO):** A group of physicians and hospitals that contract with an insurance company to provide medical services.

**Prescription Drug Plan (PDP):** Private risk-bearing entity providing stand-alone Medicare Part D coverage.

**Primary care:** Routine medical care, normally provided in a doctor's office, by an internist, family or general practitioner, obstetrician-gynecologist, osteopath or pediatrician.

**Provider:** A doctor, therapist, chiropractor or other licensed medical practitioner. A participating provider is a provider who contracts with a plan to provide services to members of the health or dental insurance plan.

**Summary of Benefits:** A document available to plan participants describing details of coverage. Insured plans call this a certificate of coverage and self-insured plans call this a summary of benefits.

# Minnesota Management & Budget Notice of Collection of Private Data

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Minnesota Management & Budget (MMB) administers the State Employee Group Insurance Program (SEGIP). This notice explains why SEGIP is requesting data about you, how we will use it, who will see it, and your obligation to provide it.

**What data will we use?** We will use the data you provide us at this time, as well as data previously provided us, about yourself and your spouse and dependent(s). We will use the data to administer existing programs, develop new programs, insure existing programs are effective and efficient, comply with both state and federal laws and regulations, and to process your enrollment requests. If you provide any data about you or your dependents that is not necessary, we will not use it for any purpose.

**Why we ask you for this data?** We ask for this data so that we can successfully administer employee benefits. This data is used to process your request to add, waive, or change coverage for yourself. The requested data helps us to determine eligibility, to identify you, and to contact you, your spouse, and dependents.

**Do you have to answer the questions we ask?** You are not required to provide the data requested. If you do not provide the requested data you may be unable to waive your state employee medical coverage.

**What will happen if you do not answer the questions we ask?** If you do not answer these questions, the insurance benefit transaction you requested for you, your spouse, dependent, or other insurance benefit transaction may be delayed or denied.

**Who else may see this data about you and your spouse and dependents?** We may give data about you, your spouse and dependents to your insurance carrier, SEGIP's other representatives, vendors and actuary; the Legislative Auditor; the Department of Health; the Department of Commerce; and any law enforcement agency or other agency with the legal authority to have the data; and anyone authorized by a court order. The parents of a minor may see data on the minor unless there is a law, court order, or other legally binding instrument that blocks the parent from that data.

**How else may this data be used?** We can use or release this data only as stated in this notice unless you give us your written permission to release the data for another purpose or to release it to another individual or entity. The data may also be used for another purpose if Congress or the Minnesota Legislature passes a law allowing or requiring us to release the data or to use it for another purpose.

August, 2017