



Confidentiality

Confidentiality is the cornerstone of the EAP Work/Life Counseling program's success. Any employee's contact with Deer Oaks EAP Work/Life Counseling will not be shared with any person or agency (including Human Resources or supervisory staff) outside of Deer Oaks without the client's written permission.

The one exception to confidentiality is specified under data privacy laws requiring counselors to notify authorities of significant concerns over someone's safety, especially when that person is a child or vulnerable adult. All clients are given a full explanation of the exceptions and other data privacy practices at the time of intake.

Deer Oaks EAP Work/Life Counseling may be used anonymously. Individuals are welcome to withhold their real identity while asking for help with their situation.

Contact us

Minnesota State Employee Assistance Program

EAP Work/Life Counseling

651-259-3840 – 800-657-3719

mn.gov/mmb/segip/health-and-wellbeing/

EAP Organizational Health

651-259-3841

mn.gov/mmb/segip/health-and-wellbeing/