

Results First Service Inventory: Children's Mental Health

This inventory presents information about children's mental health programs, practices, and services in Minnesota. The "Rating" column in subsequent pages indicates the extent to which research provides causal evidence of effectiveness. Where available, we show the child and family outcomes impacted. The research includes outcomes verified by respected sources (Washington Institute of Public Policy, Cochrane Review, and Campbell Collaborative, amongst others).

Number of services	Rating	Definitions
16	Proven Effective	A Proven Effective service or practice offers a high level of research on effectiveness for at least one outcome of interest. This is determined through multiple qualifying evaluations outside of Minnesota or one or more qualifying local evaluation. Qualifying evaluations use rigorously implemented experimental or quasi-experimental designs.
13	Promising	A Promising service or practice has some research demonstrating effectiveness for at least one outcome of interest. This may be a single qualifying evaluation that is not contradicted by other such studies but does not meet the full criteria for the Proven Effective designation. Qualifying evaluations use rigorously implemented experimental or quasi-experimental designs.
37	Theory Based	A Theory Based service or practice has either no research on effectiveness or research designs that do not meet the above standards. These services and practices may have a well-constructed logic model or theory of change. This ranking is neutral. Services may move up to Promising or Proven Effective after research reveals their causal impact on measured outcomes.
0	Mixed Effects	A Mixed Effects service or practice offers a high level of research on the effectiveness of multiple outcomes. However, the outcomes have both positive and negative effects on clients. This is determined through multiple qualifying studies outside of Minnesota or one or more qualifying local evaluation. Qualifying evaluations use rigorously implemented experimental or quasi-experimental designs.
1	No Effect	A service or practice rated No Effect has no impact on the measured outcomes of interest. Qualifying evaluations use rigorously implemented experimental or quasi-experimental designs.
0	Proven Harmful	A Proven Harmful service or practice offers a high level of research that shows program participation adversely affects outcomes of interest. This is determined through multiple qualifying evaluations outside of Minnesota or one or more qualifying local evaluation. Qualifying evaluations use rigorously implemented experimental or quasi-experimental designs.
1	Inconclusive Effects	Results from the meta-analyses are insufficient to draw conclusions because the underlying studies found contradictory results. More research is needed. This is determined through multiple qualifying studies. Qualifying evaluations use rigorously implemented experimental or quasi-experimental designs.
24	Category of services	These services represent groupings of settings, assessments, tools, and processes that a client may receive dependent on need. If the parent rating is Theory Based, some of the services within the category may be evidence-based, but the services have not been studied holistically. If the parent rating is something other than Theory Based, there is at least one qualifying study that assessed the effectiveness of the services holistically.
5	Culturally-informed intervention	Many communities have built their own programs, imbued with culturally-specific context. These programs often have practice-based evidence on effectiveness, but evidence does not yet use qualifying research designs. We have attempted to note these programs and their own evidence.

	Other definitions
	Favorable impact on the outcome
	Neutral or contradictory evidence of impact on the outcome
	Unfavorable impact on the outcome
*	Adequate research is not available
Effective for which age groups?	As available, we report the age groups identified in the source of evidence. Age categories: Early childhood (0-5); Childhood (6-12); Adolescent (13-17); Transitional youth (18-21). If Theory Based, column will be left blank.
Additional comment or expert opinion	Provides additional context from experts in the field.

